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Budhanilkantha School Center of Excellence













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Images By 348B Om



Message from the Chairperson, Board of Trustees

It gives me immense pleasure to learn that Budhanilkantha School is publishing the 39th edition of its annual magazine 'Bhanjyang' on the auspicious occasion of its School Day 2017.

It has been almost a year that I am directly associated with Budhanilkantha School as the Chairperson of the Board of Trustees, and I am happy to note that the school is doing well in its effort of equipping students with knowledge, skill, values and positive attitude that help them take a lead at national and international levels. I am convinced that the school has a unique model of imparting quality education, to rich and poor alike, in an environment that fosters unity and equality, and it is a model to be emulated.

The quality of the articles and other materials contained in 'Bhanjyang' has also assured me that the school is heading in the right direction upholding its ideals and philosophy in attaining its cherished goals laid by its founders. I personally feel honoured to be associated with this prestigious Public Trust that has set milestone in the field of school education in Nepal.

Finally, I congratulate the editorial team for their hard work and creativity. I wish all the best to the entire Budhanilkantha School family for its further success in meeting the educational expectations of the nation and the world at large.

Shanta Bahadur Shrestha Secretary Ministry of Education & Chairperson, Board of Trustees, Budhanilkantha School



Message from the Chairperson of the School Management Committee (SMC)

I am delighted to learn that Budhanilkantha School is bringing out the 39th issue of its annual magazine 'Bhanjyang' on its 45th anniversary. 'Bhanjyang ' offers a glimpse of the activities and achievements of the school as well as the creative expressions of the talented young brains. I hope the content of this publication will be of great interest to everyone.

As the Chairperson of the School Management Committee, I am convinced that Budhanilkantha School is moving ahead with its fundamental ideals and ethos in attending the cherished goals. It is doing well in enabling its students to acquire necessary life skills, knowledge and character for becoming successful and responsible global citizens. Student are provided with the opportunity to realize their full potential by competing at local, national and international levels, while at the same time instilling the sense of patriotism. I am confident that with the dedicated and experienced staff, the school will continue to play the leading role that the government anticipates from it.

The scholarship scheme has been instrumental in supporting the Ministry of Education fulfill its commitment to ensuring children's equitable access to quality education in a supportive environment to Nepalese children who demonstrate exceptional potential.

I appreciate the work of the editorial team of the magazine and wish the school all the best for its success in carrying out its noble mission.

quess/

Dr. Hari Prashad Lamsal, Joint Secretary and Spokesperson Ministry of Education

& Chairperson, School Management Committee, Budhanilkantha School

Budhanilkantha School

From the Principal

Date: 12 February 2017

Budhanilkantha School is pleased to present the 39th issue of 'Bhanjyang' on the auspicious occasion of School Day 2017. This issue, in which the school takes great pride, follows more or less its former pattern. The content, however, is the testimony of the fact that the school continues to climbing the rungs of success while upholding its basic philosophy and ideals. Along with highlighting the wide range of educational activities that took place in the academic year 2016-17 it includes numerous interesting articles through which the students have expressed their feelings, views, ideas and concerns on issues dear to their hearts. I am sure the readers will enjoy going through them.

The trend of expanding and improving the physical and educational facilities in the school, so as to ensure that the students continue to receive the best and the latest service while adhering to the mission of increasing the girl students' population in the school, continued this year too. Tilicho House helped raise the girls' population from 33 to 39% of the total student population, and it is the pride of the school to have this house inaugurated from the first female Head of the State, Rt. Honourable President of Nepal, Bidhya Devi Bhandari. To cater for the demand for extra space for growing population, we have expanded the existing Dining Hall, are building a spacious modern kitchen, construction of a classroom block with modern educational facilities has already started and the foundation stone of the sixth house for girls will be laid within this fiscal year. We were also able to update the existing classrooms this year and hope to do the same with the student houses in the coming fiscal year. The impressive set of results of our students in different board exams, impressive university placements of the recent graduates, award winning performances of students in international competitions, as well as the philanthropic activities our student clubs carried out across the country have added inspiration to our effort to fight through difficult times. Our effort to keep Budhanilkantha School the Centre of Excellence, in every sense, continues unhindered, thanks to the enthusiastic support of all the stakeholders - Government of Nepal, BOT, SMC, FOBS, SEBS, parents, teachers, other staff members, students and well wishers.

I express my sincere appreciation to the Editorial Team, which has worked hard to bring out this publication. I also owe my sincere thanks to those individuals and organizations who directly or indirectly contributed to bringing out this issue of 'Bhanjyang'. I hope the magazine will be of interest to all readers. Constructive feedback will be highly appreciated.

Keshar Bahadur Khulal Principal



FOBS

Friends of Budhanilkantha School

From the Chairperson

Date: 12 February 2017

I am delighted to learn about the publication of the 39th edition of 'Bhanjyang' on the occasion of the School Day 2017.

I always look forward to reading 'Bhanjyang' because the ideas and concerns expressed in the magazine by the young minds of the school are fascinating. I appreciate their imagination, creativity and positive outlook. Furthermore, Bhanjyang provides a complete picture of all the major activities and achievements of the school and its students of the whole year. It is a perfect testimonial that Budhanilkantha School students "think globally and act locally."

Unity in diversity, respect for differences, simplicity, resilience, and the deep sense of responsibility towards one's society are some of the special traits of Budhanilkantha School students that make us, the parents, happy. We are also proud of the fact that this Public Trust has been able to provide quality education of international repute, thanks to all the stakeholders.

The Friends of Budhanilkantha School (FOBS), as one of the major stakeholders, is pleased with the progress made by the school so far. The expansion of the dining hall and renovation of the school kitchen, in particular, are highly appreciable because the change has benefitted the students directly.

We are the friends of the school. FOBS has always been with the school, though thick and thin. I take this opportunity to thank the immediate past executive committee of FOBS for all the constructive support they provided to the school in enhancing the reputation of the school while ensuring that the received the best service possible. The current executive committee is equally dedicated and committed in working at the best interest of the students, parents and the school. I thank all the parents for agreeing with the FOBS in reviewing the school fees to address the additional financial needs of the school brought about by the need the time. We the parents hope that every effort has been made to keep teachers and staff motivated so as to continue producing world class students. Our mission of donating a multi-purpose auditorium to the school is in good progress and I express my sincere thanks and gratitude to all parents for the continuous encouragement and support. I am also thankful to SEBS for joining hands with FOBS in this noble mission.

On behalf of all parents, I thank and congratulate the editorial team for its beautiful creation. I am certain that its readers will enjoy it thoroughly.

Harisharan Pudashaini, Chairperson, FOBS





Society of Ex-Budhanilkantha Students

Date: 12 February 2017

Dear Readers,

Warm greetings from the alumni of Budhanilkantha School. I feel privileged to write this message on behalf of more than 4,000 SEBSers living in Nepal, North America, the United Kingdom, Australia and beyond.

First and foremost, I would like to extend our heartfelt congratulations to the editorial team of Budhanilkantha School for coming up with yet another edition of this memorable, coveted and prestigious magazine. Bhanjyang has a dear place in my heart and I am confident that our fellow alumni members share the same feeling. It is a memoir of our past whereby we relive our times in school.

Writers and contributors also deserve applauses and acknowledgements for producing wonderful literary, journalistic and artistic works. All of you inspire us to live to the culture that our school has imbedded so well on us. I would also like to thank all the contributors, sponsors and mentors for guiding our students and the editorial team in the process. Thank you for your encouraging efforts.

This year's Bhanjyang is a collection of poems, stories, essays, articles, photographs and artwork that represent almost all nooks and corners of the nation, which is a portrayal of a representative Nepal that stands united on the values of meritocracy and unity in diversity. This represents a hallmark of Budhanilkantha School's philosophy and the nation's current need.

The magazine also consists of several events and activities that were carried out throughout the year. They represent the core of Budhanilkantha School's philosophy of being the center of excellence in education. I could reconnect to all the activities that we participated in our time. These exhibits convince me about the budding new generation of talents that will continue to hold the helms of SEBS in the coming days. I have applause for the faculty, staff and other members of Budhanilkantha School family who have been contributing relentlessly in nurturing these talents.

I would also like to take this opportunity to express my sincere gratitude to different members of the alumnus for contributing in the betterment of the school and SEBS. You have been a constant source of motivation. During the year SEBS was involved in different activities in the school and beyond. Whether it is with sharing sessions with the Bhais and Bahinis, or organizational contribution to the school, we have tried to live up to the legacy left by our seniors. We remain committed to continue our support to the home that we belong to. Enjoy Bhanjyang. Happy reading!

Dr. Sneedha Mainali President SEBS





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> Mr Suman Dahal Joint-Secretary Ministry of Finance (Member)

Mr Harisaran Pudasaini Chairperson, FOBS (Member)

Mr Suresh Acharya SEBS Representative (Member)

Mr Keshar Bahadur Khulal Principal (Member Secretary)

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Mr Suman Dahal Joint-Secretary Ministry of Finance (Member)

Mr Jayaprasad Acharya District Education Officer, Kathmandu (Member)

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Mrs Chitralekha Mishra (Member)

Mrs Chandra Badana Rai (Member)

Mr Kumar Khadka Staff Parents' Representative (Member)

> Mr Hemendra Bohra SEBS Representative (Member)

Mr Atiram KC Vice-Principal (HSL) (Member)

Mr Rabin Shrestha Chief Administrative Officer (Treasurer)

Mr Keshar Bahadur Khulal Principal (Member Secretary)

SENIOR MANAGEMENT TEAM (SMT)



Top Row (L to R)

Mr. R N Dawadi (Invitee) Mr. H N Acharya (Staff Rep. to SMC, Member) Mr. L B Rana (Invitee)

Bottom Row (L to R)

Mrs. C Dolma (Member) Mr. A KC Mr. K Khulal (Vice Principal HSL, Member) (Principal, Chairperson)

Mr. R Shrestha (Chief Admin. Officer, Member)

Mrs. T S Acharya (Vice Principal LSL, Secretary)

THE TEACHING STAFF



<u>aaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaaa</u>	ENGLISH
Mr K KHULAL - PRINCIPAL M Ed (TU), B Sc Hon, PGCE (UK)	Mr N NEPAL - HOD MA & B.Ed (TU)
Mr A KC - VICE-PRINCIPAL(HSL) M Ed (TU), BE(Hon), PGCE (UK)	Mrs C DOLMA MA (DU), M Ed (KU)
Mrs T S ACHARYA - VICE-PRINCIPAL(LSL)	Mr K BHUSAL MA(TU) & M.Ed (KU) Mrs BL PRAJAPATI - HEAD OF HIUNCHU
Mr R N DAWADI - OUT REACH COORDINATOR	MA & B.Ed (TU) Mr B SHARMA-ASST HEAD OF GAURISHANKA MA & B.Ed (TU)
MA Eco & B Ed (TU) Mr L B RANA - SCHOLARSHIP COORDINATOR	Mr S ACHARYA-ASST HEAD OF ANNAPURNA MA & B.Ed (TU)
M Sc(EHU), Math Ed (UK) Mr B R MAHARJAN - GUIDANCE COUNSELOR	Mrs G N CHALMERS MA Mrs N JHA MA & B Ed (TU)
M Ed (TU), Sp Sc, RM & PE (UK)	Mrs M D MAHARJAN M.Phil, MA & B Ed (TU)
Mr C SHARMA - GUIDANCE COUNSELOR MA, B Ed & MBA (TU)	
	HPE
A REAL PROPERTY OF A REAL PROPER	Mr M KARKI - HOD B Ed (TU)
MATHEMATICS	Mr M B GURUNG Mr K P KOIRALA B Ed (TU)
Mr T K LAL - HOD M.Sc & B.Ed (TU)	Mrs S BHUJEL
Mr R S MANDAL - HEAD OF MAKALU M.Sc Maths & B.ED (TU)	Mr K ADHIKARI Swimming Instructo
Mr T ADHIKARI - HEAD OF GAURISHANKAR MA (GU), PGDE (KU)	ARTS
Mr P N CHAUDHARY - HEAD OF NILGIRI MA (TU)	Mr R MANANDHAR - HOD MA, M Fine Art, B Com & B.Ed(TU)
Mr B K MALLIK - HEAD OF DHAULAGIRI M.Sc & B.ED (TU)	Mr D P CHAPAI-MUSIC, DRAMA, LIGHT & SOUND INCHARGE M Mus, BL & B.Ed (TU)
Mr R KATTEL - ASST. HEAD OF SAIPAL M.Ed (TU)	Ms S KOIRALA - DANCE TEACHER BA in Dance Major (TU)
Mrs M GURUNG - HEAD OF TILICHO M.Ed (KU)	BIOLOGY
Mr N POUDEL- ASST. HEAD OF RATNACHULI M.Ed (TU)	Mr S THAKUR - HOD M Sc & B Ed (TU), Ed Asses (UK)
Ms D KUTU- ASST. HEAD OF TILICHO BA & B.Ed (TU)	Mr N M SHRESTHA M.Phil, M Sc, MA & B Ed(TU), DAES(UK) Mrs P LAMA - HEAD OF CHOYU
Mr H S PANDIT M.Sc (TU)	M Sc & B Ed (TU)
Mr G M CHAUDHARY M.Sc (TU)	Mr LN SAPKOTA M Sc Env(TU) Mr R RANA M Sc (TU) Ms S JOSHI M Sc (TU)



THE EDITORIAL TEAM



Mr K.B. Khulal (Advisor)

Mr. R Manandhar (Art Direction & Graphic Design) MR. R N Dawadi (Coordinator)

Mr. M Amagain (Computer Layout & Design) Mr. R Shrestha (Finance Coordinator)

Mrs. S Chhetri (Advertisements)

Student Editors

Janguage Jayout 7010 Premraj 7004 Tikaram 7031 Prashamsha 7059 Aman 7071 Digdarshan 7033 Sushmita 7035 Aakriti 7085 Priyash 7038 Diksha 7120 Sujan 7142 Ankit 7039 Era 7069 Chandra 7147 Suman 7074 Kuber 7156 Satish 7088 Sakcham 7108 Praju 7143 Anukram 7145 Shreehar 7152 Pratik 7163 Aabhashree 7164 Aakriti 7165 Dina 7180 Smriti 7201 Binita

Teacher Editors

English Mr. N Nepal Mr. S Acharya Nepali Mr. P N Bhusal Mr. B R Lamsal Mrs. P Paudel

Helping Hands

Mr. Kamal KC Mr. Nabin Shah

7005 Tilak 7080 Nirakar 7174 Prasiddhy 7079 Nikhil 7146 Diwas 7150 Nishan

Photo Courtesy: 7083 Pramit

THE KITCHEN STAFF With the CAO & The Principal



Bhisma Raj Thapa Asst. Catering Manager Rameshwor Pd. Paudel Store Incharge Santosh Khanal Store Keeper Talak Bdr. Karki Head Cook Mani Ram Gautam Asst. Head Cook Romji Subedi Senior Cook (Shift Incharge) Raju Ghimire Cook (Shift Incharge) Hari Bdr. Bhandari Senior Cook Mahesh Khadka Cook Krishna Pd. Acharya Senior Baker Min Bahadur Khadka Senior Baker Bir Bahadur Tamang Baker Krishna Bdr Lama Head Bearer Dal Bdr Magar Asst. Head Bearer Dil Bahadur Tamang Asst. Head Bearer Keshav Thakuri Senior Bearer Ram Bdr. Thakuri Senior Bearer Ram Narayan Shrestha Senior Bearer Om Krishna Karmacharya Bearer

Keshav Adhikari Hom Bdr. Shrestha Uttam Kuinkel Indra Nagarkoti Chok Bdr. Khadka Sanu Bhai Dangol Hem Pd. Silwal Sundar Rai Mailee Tamong Chandra Bahadur Lama Radha Bhujel Man Bdr. Tamang Rana Kaji Deaula Eak Nath Bastola Dev Kumar Deula **Binod** Maharjan Ram Bdr. Tamang Kanchha Sunar Meenu Khadka

Bearer Bearer Bearer Head Masalchee Asst Head Masalchee Asst. Head Masalchee Senior Masalchee Senior Masalchee Senior Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee Kitchen Helper Kitchen Helper **Rice** Cleaner

ADMINISTRATIVE AND MAINTENANCE STAFF

General Office

Rabin Shrestha Chief Administrative Officer Shovana Chhetri Principal's Secretary Chameli Lama **Office Secretary** Shivaji Nath Paudel Exam Secretary Kamal KC IT Technician Nabin Shah IT Technician Sakul Khadka Messenger **Ranjit K C** Messenger Sabitri K C Receptionist Surya Bdr. Magan Painter/ Photocopy Operator Suntali Thakuri Office Helper

Accounts Dept

Raju Prasad Kayastha Kamala Thapa Durga Shova Chitrakar

Tibrary

Kamal Prasad Ghimire Shubhadra Pradhan **Reiu Sharma** Dambar Bahadur Air Shiva Hari Kandel

Jaboratories

Ram Krishna Shilakar Niraj Man Singh Sunita Adhikari Ishwor Lamichhane Anil Kumar Lamichhane Kanchhi KC

Health Care Center

Mira Bhattarai	Head Ma
Swosti Shrestha	Ma
Radhika Kunwar	Ma
Usha Pandey	Clinic Assis
Ajita Pyakurel	SHCC
Gyani Maya Shrestha	SCCC
Maina Shrestha	SHCC

Security Section

Navaraj Pandit Head Security Guard Bhoj Bdr Thapa Shift Incharge/Security Guard Krishna Bdr. Deuja Shift Incharge/Security Guard Gopal Bdr. K.C Security Guard Prithvi Man Tamand Security Guard Ganga Gurung Security Guard Saraswoti Pandit Security Guard Sukman Tamang Security Guard Raju Lama Security Guard

Store Section

Bishnu Paudel Kumar Khadka **Transport** Section Arun Moktan Sukra Pd. Khatiwada

Indra Tamang Tom Raj Paudel Jivan Khadka

Maintenance

Dhruba Lamichhane General Admin Officer **Rajesh Bhattanai** Bhim Bdr. Budhathoki Anand Thaoa Shiva Dulal Ram Bdr. Shrestha Badri Nath Paudel Laxman Tamang **Rajendra Shrestha** Kedar Basnet Durga Bhakta Silakar Laxmi Sundar Chauguthi Krishna Bdr. Tamang Babu Kaji Bamanu Achyut Pokhrel Prabin Rai Lal Bahadur Karki Kapil Dev Bhandari

Store Manager Store Keeper

Head Driver Driver Driver Vehicle Helper Vehicle Helper

Maintenance Officer Head Plumber Plumber Asst. Plumber S Pool Opt. S Pool Opt. Head Electrician Electrician Junior Electrician Head Carpenter Carpenter Asst. Carpenter Asst. Carpenter Welder Welder Helper Mali Asst. Mali

Handymen

Maila Tamang-Head Capsang Lama Chandra Bahadur Karki Sanjeep Bhujel Chandra Bdr. Tamang Yam Bahadur Adhikari Kanchha Gole Tamang

Sweeper

Dhan Bdr. Pode-Head Nar Bahadur Raut Jiwan Lal Pode **Rupa Pode** Ram Pd. Pode Udaya Devkota Ganga Maya Pode Sunil Pode Shanti Pode Shree Krishna Pode Nirmaya Sunar **Bikram Deula Raj Pode** Sumitra Deula

House Aaya

Nirmala Tamang-Head Kamala Malla Sila Oiha Shiva Maua Shrestha Sabitri Devi kandel Lila Neoali **Radha Khadka** Yam Kumari Thapa Bhagwati Tamang Laxmi Nepal Chandra Maya Magar Bhagawati Rai **Bimala Thapa**

Librarian Asst. Librarian Jr. Librarian Library Helper

Head Librarian

Chief Accountant

Asst. Accountant

Accountant

Head Lab Technician Lab Technician Lab Technician Lab Technician Lab Technician Lab Cleaner

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ADMINISTRATIVE AND MAINTENENCE STAFF With the CAO & The Principal







SCHOOL PREFECTS WITH THE PRINCIPAL

CLUB PRESIDENTS WITH THE VICE-PRINCIPAL





ACEDEMIC PREFECTS WITH THE PRINCIPAL AND THE VICE-PRINCIPALS



Council of School Prefects 2016

7005	Tilal	Sahaal Cantain			
7005	Tilak	School Captain			
7017	Bijay	Deputy School Captain			
7164	Aakriti	Deputy School Captain			
7039	Era	Academic Captain & Depu	ty Scho	ol Captain	
7090	Sandesh	House Captain Byasrishi H	ouse		
7033	Sushmita	House Captain Choyu Hou	se		
7004	Tikaram	House Captain Gaurishank	ar Hou	se	
7031	Prashamsha	House Captain Ratnachuli	House		
7035	Aakriti	School Prefect			
7038	Diksha	School Prefect	7136	Prashant	School Prefect
7052	Rajani	School Prefect	7140	Abijeet	School Prefect
7074	Kuber	School Prefect	7145	Shreehar	School Prefect
7108	Praju	School Prefect	7152	Pratik	School Prefect
7118	Robin	School Prefect	7176	Rodasi	School Prefect
7120	Sujan	School Prefect	7204	Leena	School Prefect

Club Presidents 2016

Awareness Club	7053	Shubheksha	
Bio Diversity Club	7172	Pramita	
BNKS.Net Club	7167	Nyoharika	
Creativity Club	7110	Archana	
DADC Club	7116	Biken	
Environment Club	7151	Prashant	
FOCUS Club	7041	Swornim	
FYE Club	7077	Nayan	
Heath & Fitness Club	7040	Ishani	

Interact Club
LEO Club
Mathematics Club
Red Cross Club
Science Club
SFON Club
Social Service
Star Club

7055	Churchdha
7055	Shraddha
7163	Aabhashree
7059	Aman
7083	Pramit
7071	Digdarshan
7174	Prasiddhy
7128	Diwas
7070	Suraj

Academic Prefects 2016

7010	Premraj	7139	Abhishek
7034	Aabha	7143	Anukram
7037	Akriti	7148	Annanya
7062	Arakshan	7150	Nishan
7064	Ashutosh	7156	Satish
7068	Bishwas	7159	Siddharth
7069	Chandra	7160	Aayush
7079	Nikhil	7162	Umanga
7080	Nirakar	7165	Dina
7081	Prabuddha	7177	Shreeti
7084	Prashant	7179	Simran

7085	Priyash	7185	Suvekshya
7086	Raj	7188	Tathya
7087	Sahil	7189	Pramesh
7094	Shashant	7190	Dijee
7115	Anubhav	7194	Anktia
7134	Subarna	7206	Reshu



Subjects Prize Winners 2015 / 2016

Class 5] [Lingth Q Davis Edu	1040 Calianana /
	4059 Abhinav		Health & Phys. Edu	1049 Saligram/
English				1129 Araj
Nepali	4087 Prince		Computer Scince	1038 Mukunda
Mathematics	4036 Nistha		Opt. Maths	1036 Kushal /
Science	4102 Rohan			1047 Sabhal /
Social Studies	4102 Rohan			1061 Suraj /
Art	4058 Abhisek /			1062 Sushant /
	4123 Madhuranjan			1085 Kriti/
Dance	4032 Sanam			1087 Sneha/
Music	4059 Abhinav			1091 Sujan /
				1122 Susma
Class 6				
English	3020 Akshata		Class 9	
Nepali	3050 Barsha		English	9030 Abhinav
Mathematics	3099 Dikesh		Nepali	9101 Riwaj
Science	3050 Barsha		Mathematics	9091 Padam
Social Studies	3004 Karen		Science	9091 Padam
Art	3123 Maliya		Social Studies	9097 Kisan
Dance	3036 Ullash		EPH	9010 Dikshya
Music	3108 Dikshant		Health & Phys. Edu	9010 Dikshaya /
Health Edu.	3087 Sagar		ficalar a rifys. Eau	9020 Pratistha /
JVTE	3004 Karen			9057 Mukesh
JVIL			Computer Science	
Class 7			Opt. Maths	9041 Bicky
	2079 Suvasini /		Geography	9041 Bicky 9067 Rohit
English	•		Accounts	
Nevel	2033 Rabin		Accounts	9064 Pratik
Nepali	2098 Janendra		Class 10	
Mathematics	2131 Mukesh			
Science	2131 Mukesh		Nepali	8007 Ankit
Social Studies	2131 Mukesh		English	8018 Durgesh
Health & Edu.	2042 Shree Krishna		C Maths	8053 Ujjwal
JVTE	2131 Mukesh		Science	8011 Avash
Art	2069 Reeja		So.Sc	8018 Durgesh
Dance	2065 Omisha		EPH	8018 Durgesh
Music	2065 Omisha		Opt Maths	8053 Ujjwal
			Computer Sc.	8044 Sashank
Class 8			Account	8053 Ujjwal
English	1035 Krishal /		Geography	8092 Sabal B
	1129 Araj /1135 Safal		Cography	OUJZ JANAI D
Nepali	1019 Sujan /		Overall Best Results	2015/2016
	1095 Nanin			
Mathematics	1035 Krishal /		Class 5	4001 Smritee
	1061 Suraj		Class 6	3050 Barsha
Science	1091 Sujan		Class 7	2065 Omisa
Social Studies	1036 Kushal		Class 7 Class 8	1063 Sushant
JVTE	1074 Chandra		Class 8 Class 9	
=				9120 Pratistha



New appointments

Mrs. T S Acharya has been appointed as the Vice Principal of Lower secondary Level. We would like to thank Mrs. Acharya for her long service as the Head of House of Hiunchuli and Choyu Houses. Likewise, Mr. A K C has been reappointed as the Vice-Principal of Higher Secondary Level. Congratulations and best of luck to both of them!

Mrs. P Lama and Mrs. M Gurung have been transferred as the Heads of Houses of Choyu and Tilicho Houses respectively. Likewise Mrs. B L Prajapati has been appointed as a new Head of Hiunchuli House. Congratulations and good luck to all of them!

Mr. S Acharya has been appointed as the Assistant HOH of Annapurna House, Mr. B R Lamsal as the assistant HOH of Choyu House and Ms. Deepika Kuttu as the assistant HOH of Tilicho House. Congratulations and good luck to all of them.

Thank you

✤ We would like to congratulate Mrs C. Dolma for completing her tenure of the Vice Principal (LSL) and thanks her for making a difference in the life of so many students.

Farewell

On behalf of BNKS school family, we would like to bid farewell to Mr. I G Shrestha and Mr. P D Rai, Biology teachers and Mr. M Adhikari, Chemistry teacher. We would be remembering you for your dedication and contribution to the school and the students.

Also, the entire Budhanilkantha School would like to wish a happy retired life to our long time Catering manager Mr. K Rai. Mr.

BNKS News

Bhishma Thapa has been taking care of the dining hall and the kitchen in the absence of the Catering manager.

 We would like to bid farewell To Mr.
Suman Bhattarai who left for the Netherlands to peruse his higher education.

Likewise, we would like to bid adieu to
Ms. N Singh, Science teacher with a congratulatory note for winning the Scholarship
Award provided by the Austrailian Government.
We are proud of you ma'am!

Welcome

 Budhanilkantha School welcomes Mr. S Adhikari to Physics Department, Mrs. N Jha and Mrs. M Thapa to English Department, Mr. R Rana and Ms. S Joshi to Biology Department, Mr. K.B Puri to Chemistry Department, Mr. G M Chaudhary to Mathematics Department and Mr. H R Devkota to Department of Integrated Science.

Happy Moments

 Congratulations to Mr. G P Acharya and Mr. R Adhikari for being blessed with baby boys and Mr. N Nepal for being blessed with a baby girl.

With the concept and initiation of 7136 Prashant, 7142 Ankit and 7076 Nabin have designed an intranet for BNKS family. Any BNKS member is free to make an account. Congratulations boys for coming up with such creative idea!

 BNKS has started its new blog. Beautiful articles written by our creative students are already published and more articles will soon be published.



Heartfelt Condolence

The BNKS family would like to express our deep condolences for the demise of Mr. Chakra Bahadur Shrestha and Mr. Lal Bahadur Tamang. May their souls rest in peace in heaven.

Construction

The dining hall has been extended beautifully giving it a spacious look.

The HPE department has constructed a new extended route for cross country that runs beside the school wall.

 The Nilgiri house lavatory which was destroyed by the earthquake has been reconstructed.

Achievements

Mr. Megh Vilas Bhatta, the teacher of Social Sciences, was felicitated by the Education Minister Mr. Dhaniram Poudel in a function organized by the Public Education Trust Schools' Association Nepal. He was recognized for being the most Inspirational Teacher for the SLC students of 2072 at BNKS. Congratulations Mr. Bhatta!

Congratulations to 9072 Samip, 2069 Reeja, 2076 Smile and 2080 Tisa for having their paintings on 17 Sustainable Development Goals of the UN been selected and displayed on the walls of UN House, Kathmandu. The painting workshop had taken place at Budhanilkantha School

8011 Avash, 8053 Ujjwal, 8088 Ayush and 8054 Aditi were also recognized for their excellent performance in the SLC exam of the previous year. Congratulations to all. Congratulations to 7111 Anubhooti, 7073 Jonsai, 7168 Muskaan, 7153 Ajit for receiving the opportunity to study in United World Colleges in different parts of the world.

5020 Lokendra, 5194 Samina, 6013 Santosh, 6016 Preeti, 7010 Premaj and 7206 Reshu, 8011 Avash, 8141 Avinash and 8193 Ajita have been awarded the Samsung DM foundations Scholarships. Congratulations guys!

✤ Mr. Rajesh Manandhar, the HOD of Department of Arts, has achieved a lot this year. He won the Top 20 award in a program organized by International Watercolor Society (IWS), held in Ghandruk. He was also felicitated by Corona Nepal for his continuous effort to use art as a means of social awareness and has also been recognized by the UN for co-ordinating the UN art workshop. Congratulations Mr. Manandhar! Well deserved!!

 Congratulations to 9030 Abhinav for winning the third position along with cash prize of Rs 10,000 in Essay Writing Contest, organized by Clean up Nepal and UNESCO education unit in Kathmandu.

 Budhanilkantha School won the First Alevel Huddle Tournament 2016, organized by Global Reach. Congratulations to the team and 7090 Sandesh for winning the best player.

 Congratulations to BNKS students for winning the Inter College Mathematics competition organized by St. Xavier's College.

Congratulations to 7010 Premraj, 7068
Bishwas, 7086 Raj, 7084 Prashant, 7094 Shasant
and 7206 Reshu for receiving the Mahatma
Gandhi Scholarship.



University / College Placements - 2015 / 2016

			\sim		
(1.	4122 Nimish	Tufts University, USA	(47.	5061 Anurag	Howard University, WDC, USA
2.	4068 Ashwin	Tufts University, USA	48.	5130 Utkarsh	Ramapo College, NJ, USA
3.	4071 Nimesh	Howard University, USA	49.	5018 Abhishek	Christ University, Bangalore, India
4.	4125 Sushan	Howard University, USA	50.	5042 Kritika	Caldwell University, NJ, USA
5.	4136 Ashim	Westminster University, USA	51.	5033 Nisha	University of Southern Mississippi, USA
6.	4058 Anurag	Ramapo College, USA	52.	5124 Prasiddha	Ramapo College, NJ, USA
7.	4158 Safal	Ramapo College, USA	53.	5071 Kushal	Minnesota State University, USA
8.	4128 Markoni	Ramapo College, USA	54.	5028 Pratikshya	Wilson College, PA, USA
9.	4026 Sunita	Whitman College, USA	55.	5188 Utsal	Withworth University, USA
10.	4061 Arun	Dickinson College, USA	56.	5079 Pravesh	University of Sydney, Australia
11.	4146 Bikash	St.Johns College, USA	57.	5152 Anamika	Ramapo College, NJ, USA
12.	4150 Krishna	Catholic University, Australia	58.	5162 Ramesh	University of Louisiana at Monroe, USA
13.	4145 Babu	Ashoka University, India	59.	5158 Sayarik	Wilson College, PA, USA
14.	4127 Avinash	Ashoka University, India	60.	5167 Binay	Caldwell University, NJ, USA
15.	4144 Bishwa	Pulchowk Campus, Nepal	61.	5147 Bhargavi	Manipal University, Karnataka, India
16.	4186 Nirman	Chitwan Medial College, Nepal	62.	5174 Prajwal	Mississippi University for Women, USA
17.	4160 Aashraf	Pulchowk Campus, Nepal	63.	5187 Suraj	University of Louisiana at Monroe, USA
18.	5168 Crystal	Middlebury College, VT, USA	64.	5126 Rohit	University of North Alabama, USA
19.	5086 Samriddha	Berea College, KY, USA	65.	5096 Umanga	Macquarie University, Australia
20.	5202 Shishir	Bucknell University, PA, USA	66.	5089 Sarans	Macquarie University, Australia
21.	5001 Yobin	New York University, Abu Dhabi	67.	5162 Sambhrant	Skyline College, California, USA
22.	5185 Showroop	Georgetown University, WDC, USA	68. 69.	5064 Avinash' 5072 Okin	Macquarie University, Australia Australian Western University, Australia
23.	5157 Sadikshya	Tohoku University, Japan	70.	5047 Reeya	North Seattle Community College, USA
24.	5056 Aayam	Colgate University, NY, USA	71.	5182 Novel	Delhi Tech. University, India
25.	5031 Prabha	Princeton University, NJ, USA	72.	5190 Aakriti	University of Bridgeport, USA
26.	5046 Oshin	Middlebury College, VT, USA(UWC)	73.	5083 Safal	Troy University, AL, USA
27.	5009 Kshitij	St.Olaf College, MN, USA	74.	5169 Zenith	Troy University, AL, USA
28.	5191 Mansi	Kalamazoo College, MI, USA	75.	5141 Pooja	India
29.	5091 Saugat	Drexel University, PA, USA	76.	5159 Anish	ICAI, India
30.	5085 Saket	University of Richmond, PA, USA	77.	5073 Lunja	T John University, Bangalore, India
31.	5143 Lirona	Troy University, AL, USA	78.	5213 Suchana	MBBS, Bangladesh
32.	5123 Nischal	Troy University, AL, USA	79.	5212 Panasa	BDS, Bangladesh
33.	5082 Sabin	Withworth University, USA	80.	5037 Ashu	KEC, Nepal
34.	5054 Tulasa	Husson University, ME, USA	81.	5048 Cindy	Pulchowk Engineering College, Nepal
35.	5087 Saroj	Caldwell University, NJ, USA	82.	5142 Dipti	ACCA, Nepal
36.	5012 Dipen	Trumen University, USA	83.	5149 Palistha	Thapathali Engineering College
37.	5062 Arman	St. Cloud State University, MN, USA	84.	5026 Prashanta	Pulchowk Engineering College
38.	5160 Jivan	Ramapo College, NJ, USA	85.	5150 Samita	KIST College, Nepal
39.	5011 Bijay	Caldwell University, NJ, USA	86.	5189 Suprav	BBA, Nepal
40.	5049 Rojina'	Ramapo College, NJ, USA	87.	5195 Sofia	Pulchowk Engineering College
41.	5038 Binika	Hollins College, VA, USA	88.	5198 Shristi	KDC, Nepal
42.	5151 Shweta	Caldwell University, NJ, USA	89.	5016 Shreejan	MBBS, Nepalgunj, Nepal
43.	5148 Jijeebisha	Ramapo College, NJ, USA	90.	5203 Gaurav	Pulchowk Engineering College
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45.	5007 Utsab	Caldwell University, NJ, USA	92.	5165 Shriti	Kathmandu University
46.	5029 Samiksha	East Central University, Oklahoma, USA	93.	5173 Janardhan	Kathmandu University
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Sectional Editorial

Bhanjyang is the mirror, which reflects what we have given to our young aspirants. It also perorates exclusively what our children have received and what they have to offer to the world. We have tried our best to hook their hopes, their aspirations, their dreams and the wings they would like to take to soar.

The articles contributed by the students will one day remind them of their aspirations, their dreams and the nobility and dignity of their creative imagination. Whenever they would like to gauge the distance they have covered and the height they have reached with the help of their BNKS wings, these articles would be the onset of their journey. What we have in Bhanjyang is not only the record of our students' creativity but also the underlying feelings and emotions expressed in words by our budding creators.

The task of producing a school magazine is quite daunting. To maintain the glorious legacy of Budhanilkantha School, which is itself a biggest challenge, we tried to address it by incorporating varieties of our students' creation. The talents, creativity and novelty of our students' have taken the form of poetry, art, essay, story and various other means of expression. We believe that by providing a platform like Bhanjyang we have been successful in appreciating the creativity and marvel of our students. After going through the articles submitted for the magazine, we have witnessed the elevation of our students' imagination and grandeur of their thoughts. Despite the temporal constraint, our students' have bewildered us with the volume and standard of their creation. Given opportunity, our students are able to surprise the world; a fact cinched to the team.

As a written record of our students' creation Bhanjyang also serves as a token of appreciation to our well-wishers, beloved parents and everyone who is within and outside our magnitude.

The magazine would not have taken its shape without various contribution from our dear students. This year, we received downpour of submissions. This is what has added sunshine to the effort of our team. It was not possible to include all the star-studded opuses that we received. So, my sincere apologies to the ones who had their work out of Bhanjyang harbor. Finally, here we have your sparks, which I believe will help you ignite the world one day.

Thanks to the contributors and supporters in believing our team.

Thank you.

Mr. N. Nepal Mr. S. Acharya

राम्पादकीय

विगतका वर्षहरूमा भौँ यस पटक पनि सुकोमल बालप्रतिभाका नवाङ्कुरणको सङ्ग्रह 'भन्ज्याङ' हजुरहरूसामु प्रस्तुत गर्ने सौभाग्य पाएका छौँ ।

जीवन र जगत्का सुमधुर तथा कटु अनुभूतिजन्य घटनाक्रमको सुकोमल बालमस्तिष्कमा प्रतिबिम्बित प्रतिच्छाया तथा बालानुभूति र स्वप्नील कल्पनाप्रसूत कल्कलाउँदो भावगड्गाका छिटाहरू शब्दाड्कुरित भई भन्ज्याडको रूप लिन पुगेको छ । शैशव तथा बाल्यकालीन अनुभूतिपुञ्जले समवयलाई मात्र नभएर प्रौढ मस्तिष्कलाई पनि मानसिक रूपमा एकाकार गर्न सक्ने आशा गरेका छौँ । आखिर गह्रुड्गो भारी बोकेको व्यक्तिले मात्र थकान मेट्ने स्थान होइन 'भन्ज्याङ', छरितो पथिकले पनि शीतल सुवासको पुनरूर्जा भर्ने ठाउँ हो भन्ने हाम्रो ठम्याइ छ ।

हाम्रा बालरचनामा हिमाली सुन्दरता, पहाडी कोमलता र तराईको सम्पन्नता मात्र होइन सुन्दरतामै अन्तर्गार्भित दुःख, पीडा, अनुभूतिप्राप्य तथा कल्पनाजन्य सामाजिक यथार्थ, प्रविधि तथा पुराकथाका भाँकी, सुनौलो भविष्यका लहलहाउँदा सपना एवम् सङ्घर्षमय वर्तमानका आशालाग्दा तरेलीहरू खुलेका छन् । विविध स्तर मात्र होइन, विविध संस्कृति, भूगोल र विचारदर्शनको समष्टि बन्नुपर्दा भन्ज्याडमा समानरूपको बौद्धिक बान्की नपाइनु स्वाभाविकै मान्नु पर्ने हुन्छ । साहित्यका माध्यमबाट भावप्रकटीकरणको बामे सराइमा अनुलेखन र विधाभञ्जनलाई सहज र स्वाभाविक रूपमा स्वीकार नगरे भावी यात्राको परिकल्पना नै गर्न नसकिने कुरालाई आत्मसात गरी बालसिर्जनामा परिष्कार र परिमार्जनको जलप लगाउने धृष्टता गरिएको छैन तर भाषिक संरचना र व्याकरणिक क्षेत्रमा यथायोग्य सम्पादन गरिएको छ । प्राकृतिक सुन्दरतामा रम्ने अबोध बालकल्पना तथा प्रौढोन्मुख उच्चस्तरका विद्यार्थीका संवेगात्मक, रागात्मक प्रस्तुतिले भन्ज्याडलाई फूलखेती नबनाएर फूलबारी बनाउने सामर्थ्य राख्दछन् भन्दा अत्युक्ति नहोला । अभिभावकसँग क्षणिक र आंशिक रूपमा टाढा रहनुपर्दाका कुण्ठाको स्वस्थ प्रस्तुतिको माध्यम साहित्य बन्नु स्वाभाविकै हो तर यहाँ समाजका सुन्दर र कुरूप दुवै पक्ष, राजनीति, हासनीति, दर्शन तथा समग्र देशको छवि मुखरित हुन पुगेको छ : कथा, कविता, निबन्ध तथा संस्मरणका रूपमा । विद्यार्थीका मौलिक रचनालाई यथाशक्य समावेश गर्ने प्रयत्न यस अङ्कमा भएको छ साथसाथै विद्यालयमा भएका विविध प्रतियोगिताका उत्कृष्ट रचनाले पनि स्थान पाएका छन् ।

भन्ज्याडलाई यस रूपमा यहाँसम्म ल्याउन प्रत्यक्ष अप्रत्यक्ष रूपमा सहयोग पुऱ्याउनुहुने सबै महानुभावहरूप्रति हार्दिक आभार प्रकट गर्दै पाठकवर्गबाट रचनात्मक सुफावको अपेक्षा गर्दछौँ । धन्यवाद !

सम्पादकत्रय

प्रिया पौडेल प्रेमनारायण भुसाल बाबुराम लम्साल



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It was always my dream to dance on the stage but circumstances always prevented it. My friends, who knew about it, used to pressurize me to do it. I still remember my best friend saying," Come on Briza, if you don't try, how will you know if you'll succeed?"

But the fear of stage never left my mind. Thousands of people looking at me, gawking me like I'm an animal in the zoo. I used to buy tickets for dances, all dances I could find go and

लेचिएकी शीता



सीता खाना खान आऊ भनेर सीताकी आमाले बोलाउनुभयो र कोठामा बसेर कपडा मिलाउँदै गरेकी सीता खाना खान गई । आमाले आज बजार घुम्न जान तयार छौ भनेर सोध्नुभयो । उसले पनि खुशी हुँदै तयार छु भनी । उनीहरू बजारका लागि निस्किए र दिनभरि घुमिसकेपछि घर फर्किए । घर फर्किसकेपछि बेलुका खाना खाँदै गर्दा सीताले आमा मेरो जाडोको बिदा पनि सुरू भइसक्यो, मलाई कस्तो मामाघर जान मन लागेको Following your dreams

watch them. The ballet dancers taught me balance even in difficult positions, the modern dancers taught me to have style and harmony, the classical dancers taught me to follow the rules. My favorite was the dances of different parts of Nepal. They made me feel like I was in a certain part of my country, living a particular culture. Dancing was my inspiration, my passion and my way of showing my emotion. One day when I was dancing to a fifth harmony song I forgot to lock my door. Only after the song was over, I realized that my mother was watching me from outside. She was surprised, obviously because she had never seen me dance: let alone that I danced well. She asked me why I hid dancing from everyone.

"But mom", I said, "Everyone will ask me to perform in front of large crowds. I get very nervous. What if I freeze?" My mother devised a brilliant plan to help me conquer my fear. Of course I didn't know it at that time but now, I do. She made me give a speech in the stage first. "Baby steps" I remember her saying. When I discovered that deliveing a speech was not a big deal, I thought of dancing. With my mother's support I conquered my fear and started dancing. From that day onwards I always follow my dreams however difficult because I found that the best way to face my fears is to go

4002 Bristhi, class 6

through them.

छ म मामाघर नगएको पनि थुप्रै भइसक्यो अनि हिजो माइजूले पनि आउनु भन्नुभएको थियो भनी । सीताकी आमाले "भोलि घरमा थुप्रै काम छ अनि तिमीलाई कसले मामाघर पुऱ्याइदिन्छ त " भन्नुभयो । सीताले आमा. म यति ठूली भइसकें अब त आफें जान सक्छ भनीन् । सीताकी आमाले. "हुन्छ त यदि तिमीलाई एकदम जान मन छ भने जाऊ" भन्नुभयो । बिहान आमाले सीतालाई बस चढाएर आउनुभयो । सीता बसमा निदाइछ र मामाघर फर्नुको सट्टा अगाडि नै पुगिछ । त्यसपछि ऊ आत्तिएर रुन थालिछ । ऊ रोएको देखेर एक जना मान्छे आएर नानु किन रोएको भनेर सोधेछ । उसले पनि आफ्नो सबं वृतान्त सुनाइछ। अनि त्यो मान्छेले आऊ म तिमीलाई घर पुऱ्याइदिन्छु भनेछ अनि ऊ पनि

खुशी हुँदै उसेसँग गइछ । त्यो मान्छेले उँसलाई घर पुऱ्यादिनुको सट्टा कुनै अरु नै ठाउँमा लगेछ र एउटा मान्छेलाई बेचिदिएछ । त्यहाँ उसले राम्रोसँग खाना खान पनि पाउँदिनथी. बिहान बेलुकासम्म काम मात्र गरिराख्नूपर्थ्यो । त्यसैले ऊ एकदिन त्यहाँबाट भाग्न सफल भई र जसोतसो घर पुगी । उसकी आमा छोरी हराएकीले ज्यादै चिन्तित हुनुहुन्थ्यो र अचानक छोरी त्यसरी आउँदा घर उहाँ खु शी हुनुभयो । उहाँले "छोरी तिमी यत्रो दिनसम्म कहाँ गएकी थियौ?" भनेर सोध्नुभयो । तिमी मामाघर पनि गएकी थिएनौ अरे भन्नुभयो, अनि सीताले पनि आफ्नो सबै वृतान्त सुनाई, अनि कहिले पनि यसरी एक्लै कहीँ पनि नजाने भनेर बाचा गरी ।

४०४४ करुणा, कक्षा ६

Bhanjyang 2017

बढातीलकण्ठ श्कूल

Hope



Some day I truly wonder, And other; I just think how it would be, To sit under the stars and see, The whole lot of galaxy, And about life I start to ponder.

I know life is just not easy, And that there's a lot yet to perceive, Think, desire, process and achieve, But I know that till the end, I'll hold on even when I'm dizzy.

Even though life shall take a new bend, For the best I shall always hope, And with my problems I shall cope, Strong determination will help me fight, And win the battles with my might.

Forever on the path of right, I shall be guided by my star, At least I'll have a par And I know who wants the light of day, Must survive the darkness of the night.

Above all I'll always take the right path, And think twice before I act. I'll never let anything bother, What I think and what I say, And always shine a hopeful ray.

9136 Aakriti class 10

रबाऊँ रबाऊँ भन्ने उमेरमा खाना तिमीले दिएनौ, लाऊँ लाऊँ भन्ने उमेरमा लुगा तिमीले दिएनौ । हे ईश्वर ! लीला तिम्रो रहेछ अपरम्पार, गरिदेऊ ल हाम्रा यी दु:खको संहार ।

ईश्वर

घुमघाम रार्ने बेलामा अर्थ तिमीले दिएनौ, अहिले अर्थ अए पनि हिइँन तिमीले दिएनौ । हे ईश्वर ! तिम्रै छ यसमा ठूलो हात, नत्र हुन्छौं हाम्रा नेता भेँ, रार्ने मात्र बात ।

खेल्न मन लाวदा हामीलाई रोक्न तिमी आउँछै, पढ्नु पर्ने बेलामा खेल्न पो बोलाउँछै। हे ईश्वर ! लीला तिम्रो रहेछ अपरम्पार समयलाई स्विकारेर जर दु:खको संहार ।

२०५२ यत्तेश, कक्षा ट



Animal's Strike

Once, there was a conference of wild animals to discuss about the tactless human activities. Everyone in the jungle was invited. The King of the jungle, Sher khan, was about to start the conference when he noticed that two deers, Lamkane and his brother were missing. Although they had been informed to be present at the conference, they hadn't arrived yet.

The two deer came running, frantically. As soon as they reached, everybody surrounded them and asked why they were late.Lamkane replied, "We were both coming for the conference. But on our way we saw a hunter searching for animals. So, we had to hide. Therefore, we are late."

"These selfish humans", cried Sher khan." They have disturbed our daily life. They killed my friend in order to get his skin. Our skin is very precious and priceless for humans. So, they hunt us for their selfish motive."

"But our life is more precious than anything", cried an elephant.

Some more animals expressed their opinions. They decided to write a letter to the president. The letter was like this.

Then, the tiger announced that if no action was taken by the president the animals would be forced to do something on their own.

Weeks passed by. But nothing happened. After one month of

Date:10|05|2020

Chitwan National

Park Honorable sir, We, the animals of Chitwan National park, would like to request you to tighten the security of the National Park. Poachers and Hunters can easily enter the area and conduct activities which harm us. Similarly, along with deforestation should also be banned. Hoping for your positive response.

yours,

Animals.

patience the animals could wait no more. So Sher Khan was forced to attack few people who were trying to cut down the trees.

The people managed to escape somehow.

As Sher Khan was about to return, he saw a piece of paper lying down.The piece was a part of newspaper and contained an article on HUNGER STRIKE.

Then another conference was held.Sher Khan shared his idea about doing a hunger strike. But if they were to do it in the jungle then no one would know about it.

So they palnned to do it infront of president's residence.They declared hunger strike as soon as they reached the president's building.11 days later, two



pigeons had already died and others were also in no good condition.

They had a talk with the president. The president was ready to fulfill their demands. The hunger strike came to an end.

All the animals are living a safe and happy life now because of Sher Khan.

3117 Nobel, Class 7 First in English essay writing competition



बुढानीलकण्ठ श्कूल





Miss Him



कति सुन्दर मेरो गाउँ मलाई लाग्छ जाउँ जाउँ हावा पानी स्वच्छ छ त्यसमा हाम्रो मित छ ।

गाउँकै पानी लाग्छ मलाई सबैभन्दा मीठो गर्मीमा तातो र चिसोमा जाडो मलाई धेरै मजा हिउँसँग खेल्न मेरै गाउँका सुन्दर हिमाललाई हेर्न ।

सबैभन्दा प्यारो लाग्छ मलाई मेरै गाउँ जन्मेको र हुर्केको सुन्दर मेरै ठाउँ ।

४१११ अङ्गराज, कक्षा ६

Death wipes smiles, mocks people and crushes them very hard. This time death was unforgivable. It ruined me. God indeed took a large chunk of me. I remember him, his smile, his arms and his touch. The memory is vivid but the pain is horrendous. We were used to playing all those silly games of "Doctor-Doctor" and moreover, we irritated people so much that they used to scold us. We blamed each other for all the naughty things we did. We laughed and cried together, partaking in mischief and fought for chocolates and toys. Those childhood memories were worth remembering. After we grew up, we shared each with other, our joys and sorrows. He was someone I could share my deepest secrets with. He accepted me for what I was my flaws and I, his. I felt that we had the best "bro-sis" relation but to my distress, it didnot last for long.

I heard the news in a state of frenzy. It felt like life had drained out of me as if my soul and consciousness was clinging on to me trying to shield themselves from the



gusty wind of madness and confusion. My brother was an extraordinary guy who was a kind of perfect. "Perfect !" I don't exaggerate when I say perfect. I try forgetting the grief, but I can't. I want to cry, but the tears simply don't come, instead I feel a searing pain; a burning sensation and numbness in my body. I am broken and the shackles around my body try breaking free but I tighten the belt. These are all the strangeness of Fate; I believe and console myself. I hadn't thought that I would have this encounter that would separate a bond: a bond of a brother and sister. The bond, I kept above everything. A bond I thought would never break has come to an end, but I will cherish the memories for my lifetime.

I have lost my brother who supported me in every step of my life. He has understood me my life much better than I have. He will stay in my heart forever. I don't have him anymore, but I will surely have him for the ups and downs that follows. I will miss him more than anything else. He blossomed my garden but this immense pain has wilted my Daisy.

9127 Awantika, class 10

Budhanilkantha School







We have crossed the never-ending ocean. We have travelled to the moon. We have challenged nature. We regard ourselves as the most intelligent being on Earth. We regard ourselves capable of conquering the world but are we able to conquer ourselves? Are we in such a haste to move forward that we forget to look back and realise the wrong thing we did? Was it worth the lives lost in our self-initiated wars between ourselves, fighting battles to quench our thirst for blood?

Failure is a simple word composed of just seven letters of the alphabet yet it is enough to make us give up on our dreams that we worked so hard to live. It could make one foolish enough to take his or her own life. Is failure worth a precious life? We need to understand that failure is actually success turned inside out, that success comes with struggles and hardships and that the road to success is always under construction.

Without realising, we have drawn each other's blood, destroyed their homes for our own benefit. We have been destroying nature in disguise of challenging it but not to realise that by destroying nature, we are destroying ourselves. So let's ask ourselves a simple question. Is it really worth it?

9019 Prekshya, class 10



बाबा



बाबासँग छुट्टिएर बस्नुपऱ्यो सधैँभरि त्यही बाबालाई सम्भ्रेर आउँछ आँसु गहभरि किन यस्तो गऱ्यो भगवान्ले हामी दुईमाथि कहिले त बाबा मलाई लेऊ तिम्रो बुईमाथि ।

धेरै मिहिनेत गऱ्यौ मलाई ठूलो मान्छे बनाउन कहिल्यै बन्देज लगाएनौ यस संसारमा रमाउन बाबा तिमी बन्यौ मेरो उदाहरणको पात्र सबैभन्दा धेरै माया पाएँ मैले मात्र ।

बाचा गर्छु तिमीलाई विश्वसामु चिनाउने यो छोरीको कर्मबाट धेरै गुण लगाउने बाबा ! तिमीलाई तिमी बिनाको जीवन कस्तो छ भन्नु छ तिमीसँगै बसेर सपनाको तारा गन्नु छ ।

८२२६ प्रसिद्धिका, कक्षा ११

Bhanjyang 2017

The way I feel



The sky is above and my head is held high: But, why do I feel so uncomfortable Though I know that, for the stars to twinkle-At night there has to be darkness.

I keep flowing with time and always scared; Scared of what's coming next, pain or pleasure-

Shouts, complexion, my semi blackness and all those yells

Keeps me caged, saying I am not one of them.

But still I am happy seeing those clouds Because they are also like humans, black and white

Sometime I feel like the dew drop on the leaf

Shining in morning but disappearing in the bright

I convince myself to be strong like a cube of ice

But again, I happen to melt into water When I am judged

Judged over my simplicity and complexion by my own friends

I am confused, searching for my fault Investigating the crime I didn't commit Trying to undo this curse of being born as black

And I wanted to yell till my throats are tired But then, I reconsole myself thinking There has to be dark in order to get a glimpse of beautiful moon.

So now I have decided not to tolerate those yells

Rather I will live my life, my way. And not allowing anyone to judge me, In this tale of mine, I am the warrior.

8201 Shilpa, class 11

रेंगे के भनेर सम्बोधन जरूँ म ?



माऱ्यालु भनूँ त मऱ्यारुपी शब्दहरु जलेर खाजा बनिसके शरीरसँजै जलेर खरानी भइसके ।

मुटु दिन्छु भन्ने मान्छे मदेखि नै टाढा भयौ पराईको सिन्दुर सजाई घुम्टो ओढी टाढा जयौ

जसरी खोलाहरू किनारा पुरोर फर्की जान्छन् त्यसरी नै यो स्वार्थी संसारमा मेरो पीडा देखेर सबै तर्की राए ।

प्रियसी भन्नूँ त दाम्पत्य जीवनको दश वर्ष बित्दा पनि तिस्रो बन्न सकिनँ, तिस्रो प्रिय हुन लायक बन्न सकिनँ । अब मलाई कसैको साथको खाँचो छैन किनकि आफ्नै मान्छेबाट टाढिनुको पीडा मैले भोगिसकेँ ।

कहाँ ाए ती देउरालीका बाचाहरू कहाँ ाए हाम्रा सयौँ सयौँ सँौ बाँच्ने कसमहरू चोटैचोटको उपहार मलाई पहिऱ्याई दिएर ायौँ आखिरमा तिता अमर यादहरू ।

श्रीमती भनौँ त भन्नै मिलेन किनकि स्वयम्बरका मालाहरु ओइलाइसके तर वर्तमान तिमी जसकी प्रिय भए तापनि मेरी अतीतकी प्रिय भएकी नाताले म तिमीलाई प्रिय भनेर नै सम्बोधन जर्न रुचाउँछु ।

२०४२ श्रीकृष्ण, कक्षा ट

Budhanilkantha School

A little knowledge is a dangerous thing



A boy in our school took chemistry as one of his subjects. When he had read one simple textbook and had worked in the laboratory for a few weeks, he thought he knew as much as or even more than the chemistry mastermind. One day, he asked the mastermind permission to work with some chemicals in the laboratory after school hours. The master was very pleased to find a boy so interested in his subject and gave him a few chemicals to work with. He messed with those for a while and suddenly, there was a big explosion. The boy was badly burnt and he nearly set the place on fire. He realised that little knowledge was а dangerous thing.



A man I knew used to be very fond of reading books on medicine. He thought he knew more than the doctors and when he got sick, he used to look up on his books, buy medicine and treat himself. One time, he fell ill and had low fever every day. Some said he had better visited the doctor. "Nonsense. Doctors are of no use. I know as much as they do. I went by my books and found that I have a malarial fever hence I am taking large doses of quinine." He would reply to their advice. However, his symptoms worsened and almost died. When a doctor came to rescue, it was found that he had an abscess in the liver and an operation was done just in time to save his life. When the man recovered, he was a sadder and wiser man. He had learnt that little knowledge is a dangerous thing.

8197 Sashmita ,class 11

प्रकृति



मेरो लीला अपरम्पार छ मेरो सृष्टि मनोहर छ युगौँ युगदेखि चिरञ्जीवी रहेको छु हिजोदेखि आजसम्म विज्ञानलाई ढाडस दिँदै आएको छ ।

सुन्दर बगैँचामा आफ्ना सन्ततिलाई खेलाउँदै आफैँलाई ईशको दर्जा दिँदै जगतमा हर्षको बिज छरेको छु सबैको अगाडि सर्वश्रेष्ठ कहलिएको छु।

समयले कस्तो भयङ्कर मोड लियो मलाई नै आफ्नो तुच्छ सिकार बनायो आधुनिकीकरणको नाममा कहर को खाडलमा भित्र्यायो मेरो उज्यालो अनुहारलाई तुच्छ तुल्यायो ।

भावी सन्ततिका लागि संड्घर्ष गर्नेछु सबैको लोचनमा फेरि फल्कने छु संसारलाई आफूमाथि गरिमामय तुल्याउने छु म उही प्रकृति म उही प्रकृति ।

९०४१ हेलियम, कक्षा १०



My inspiration

"Look at my hand", my grandpa showed his tough palm to me and continued, "This index finger is your grandma, the middle one is your dad, and the next is your mom, and this little finger is you. I am this thumb." He immediately closed his palm into a tougher fist and said, "See, how this wraps around four of you, I've got to protect you all this very way, keeping us all united and strong." My small eyes glinted at his wise words married with an elegant analogy he made.

Twelve years have elapsed since he told me that. I was just five and although I may not have had come across the words responsible, brave and caring at that time, I could perfectly see what they meant. My grandfather has always been a huge inspirational person in my life. He taught me to be patient, polite and presentable all the time. He showed me what being bold is, he told me how much hard work is important. He puts forth a person I aspire to be.

Born in 1930s in a joint family with lots of children, my grandpa was never а mischievous boy or a reckless child. He says that he was the most obedient and honest child in the family. His sisters add up to this history by sharing how he preferred to work with his own grandfather to earn some coins rather than playing around or fooling around with his friends all the time. And what would he do with these coins? Go and get a good book of science or maths so that he could broaden his

knowledge. He is in his eighties now, he still cross questions me about the things I learn at school and pinpoints where I am wrong or where I am weak at. Nevertheless, my grandpa was always naughty when it came to food, and he still is! I heard that he would sneak into the kitchen and get a fistful of dried meat stored in mud pots and savor it before anyone would find out. Still today, my grandpa wants his taste buds to be pampered. He is careless in this matter, so it's always necessary for us to check on his diet. But yes, surviving on boiled vegetables must be so bland for him!

My granddad is awesome in science. He was honored by the king of our country for his exceptional performance in his final year of school. He later joined to a military academy where he was shortest of all. Yet, he rode horses and ran lapses as a bonafide student. He worked as a teacher for many years in the national universities and wrote many books with my grandma who was too exceptionally good at maths and science. However, he later left the job deciding to build his own business. He has developed this business into a family business now employing hundreds of Nepalese people. He worked really hard to establish this business, which soon developed as one of our country's top animal feed business. He had got opportunities to visit many countries but of all these places he loves Nepal truly and always boasts on the beauty of Nepal.



When asked to him, "What do you think life is?" He defines life as energy. He believes in using that energy in the right place at the right time to make his life more productive and wise.

He is growing old now, a little stooped with every passing days. I have seen needles being pierced into the veins of his hands but he is still very strong at heart. He is a tough man with this twinkle in his eyes that always makes me feel loved and feeling of his rough hand in my cheeks always makes me feel blessed.

Married to a woman who completely contrasts, him they still make the sweetest couple. While whole world takes mirror as source of vanity my grand dad takes it as most faithful friend of ours. He asks me to spend more time looking at the mirror not to admire myself but to make sure I am presentable. In that way I am respecting the others presence. He teaches me to take my time to do work as long as I am persistent and determined. He inspires me not to be a copy of him but a replica of determination, bravery and sincerity.

7181 Srichchha, class A2

Budhanilkantha School

The Wonderful Trip

Nature





In the nature, With dangerous adventure; Having many creatures; With funny features.

Some parts of the forests Are like our bravery's test; Where darkness rests, And where serenity is at its best.

Nature is wonderful, Its creation is beautiful; But we are not dutiful, To keep the nature delightful.

We chop down trees, And take honey from bees, It is very bad indeed, To trouble the deer's knees.

To keep nature pretty, It is our own duty, To return nature its beauty, We should follow the trait of honesty.

5002 Fara, class 5





हिमालदेखि तराईसम्म पानी नै पानी पानी बिना चल्दैन हाम्रो जिन्दगानी।

पानी हाम्रो जिन्दगानी, पानी हाम्रो सास पानी बिना हुँदैन है पृथ्वीमा बास ।

जनावरलाई पिउँदा चाहिने पानी पानी नै हो हाम्रो जिन्दगीको खानी ।

खोला नाला नदी हुँदै पानी समुद्रमा जानी यति नै हो पिउने पानीको कहानी।

४०८४ समृद्ध, कक्षा ४



"Wake up" my mother shouted" .It's already six in the morning. We are going to be late. Now get ready fast. Hurry up!" I was surprised. I asked my mom, "Where are we going?"

Mom said that we were going to Janakpur on a trip. I got excited. I packed my bags, did morning chores and got ready as soon as possible.

Then we went to Bus Station. It was crowded. There wasn't even space to stand. We found our bus and our journey started. It was the first time I was going somewhere out of valley. I was really excited. After around 5 hours I finally got to see the Terai. It was so flat. I was really amazed to see it. But soon it got hot. We were sweating. Luckily, I fell asleep.

When I woke up we had already reached Janakpur. We got off the bus and went to our uncle's home. They were really happy to see us. We slept there at night. Next day, we went to Janaki Temple. The temple was really big like a fort. It was very beautiful painted in white and different colors. Then we went to see different famous places and ponds. We bought many things from there as well. It was the best vacation of my life.

4025 Pragya, Class 6
Challenges and solution of education system in Nepal



"If life gives you lemon, make lemonade;" this regard, when problems arise, solutions need to be coined. Unfortunately in context of Nepal, the list of problems being far more than the effort put to solve them, Nepalese education system, which we have been following since its inception needs to be reformed. Although the Nepalese education system has come a long way from 5% literacy rate in 1951 to 60.3% literacy rate in 2010. Yet the deep rooted problem lies within the system.

Firstly, people need to understand the importance of education and be imposed to anyone. Is it healthy to force kids to study? Why do we hear the suicide case every time SLC results is published? When did "Science" become a subject only to the students with higher marks? These are the common questions that linger in our mind and shape the academic choices we make. The interests and skills of thousands of students get hidden within the percentage achieved by the student. The smarter one would opt either becoming a doctor or an engineer. Whereas, the one with lower percentage has to opt for the subjects with no

charm at all. The consequences than theoretical learning. In are clearly visible in the Nepalese political scenario as there are no leaders with higher qualification; the main reason for a deeply rooted political turmoil.

Additionally, it is not fair for younger generations to rely on the curriculum designed years back. As time waits for none, we will always be left behind as a global citizen if we study (in context of past) each student has his or her own way and pace of learning, everyone cannot be put in the same bowl and expected to give the same result. Schools of Nepal predefine the roles for students and teachers. The long school hours i.e. 10-4 is already hectic, yet the trend for tuition classes and coaching occupies the leisure of the students. Further. homework is the rules and regulations students come home with have restricted students to wander physically and mentally. How can we expect a kid to be an extraordinary if we restrict his or her imaginations? The qualified people are still out of job while the industries have been demanding more. The situation seems to be out of balance pointing the direct flaw of our education system.

Identifying the actual problem is already half way to solution. When we are aware of problems of our education system, we can seek towards the solution. The education system of Nepal can be improved by emphasizing on practical based learning rather order to put an end to different restrictions, kinesthetic learning should be pursued by all schools. The "hands on" or "doing" approach will help students assimilate and absorb the contents more easily.

Similarly, vocational training can play an important role in uplifting the education standard students will learn by trying and reaching out to final conclusion. Students build a positive attitude towards their studies and will always be eager to learn more if they are provided with free choices. On the other hand, students don't take learning as a burden. They can fly with different colours of imagination and make use of their creativity. Teachers must be well trained to interact with students. In fact, the syllabus must be revised every year so that the students are not left out to learn about the important things as per their time.

The problems that are rooted in the education system of Nepal will not vanish; will not even the same mentality. The literate people should change their attitude and start creating new foundation that is strong enough to eliminate the existing problems. As this is not a personal problem, individual effort will make any difference. Also, the exterior change is not enough. The need for change in the outdated education system has to be felt by everyone.

8173 Aavha, class A1

Budhanilkantha School



Beauty: The Dance

The tops of the grass bristle with the winc The wind whistling as it skims the grass The wind, the music The grass, the dance

The tinkle of a child's laughter, The gallop of a horse, The melodious chime of the nightingale, The dance of the leaves.

Dance beauty, In the tinkle and gallop In the chime and leaves.

Embraced in the arms of the green mothe Butterflies flutter, flowers bloom Rivers flow, waterfalls cascade Sun shines and water sparkles

Dances beauty, In the flutter and bloom In the flow and cascade, In the shine and sparkle

Echoed in the sounds of the mortals A prayer for life, an answer to a cry A helping hand to the fallen A smile to the destitute

Dances beauty, In the prayer and answer In the gesture and smile

Encapsulated in the pages of history Stories of valour and altruistic deeds Tales of love and sacrifice Epics of honour and loyalty

Dances beauty, In stories and tales In honour and epics.

The cosmos glitters with beauty The eyes have yet to see The eyes have yet to dance

8165 Rakshya, class A1







हेर न साथी

कति राम्रो छ यो प्राकृतिक सुन्दरता मिलेर काम गथ्यौँ भने हुन्छ अभै राम्रो वन, जङ्गल, खोला, नाला नै हो प्रकृति प्रकृतिलाई जोगाउन सके नेपाल हुन्छ राम्रो।

कोही भने प्रकृतिको प्रशंसा गर्छन् तर कोही भने प्रकृतिलाई चोट पुऱ्याउँछन् प्रकृतिको विनाशमा लाग्ने ।

हामीले प्रकृतिलाई जोगाउन सके हामीलाई नै हुने हो फाइदा यदि हामी अल्छी गछौँ भने प्रकृतिलाई चोट पर्नेछ ।

हामीले पनि एकतामा काम गरे सफल मान्छे बन्नेछौँ पढिगुनी ठूलो भई प्रकृतिलाई जोगाउने छौँ।

५००५ कृतिका, कक्षा ५



<u>ब्रढानीलकण्ठ श्कूल</u>



Nostalgia





Entering the front gate in black pants and blue t-shirt. Since class four, we fought and complained about trivial things and argued in senseless stuff. New, childhood life here was really tough.

With time, our height and weight changed. Also, the feelings we had were never the same. We learnt to love and care. We started doing things all fair.

Being the senior in class eight, Went almost each and every class late. Met some people by chance and fate, Sharing the year with them was great.

Then class nine, I must say, Everything was fine and okay. Then came the so called "Iron Gate" in class ten. Distinctions and achievements were all gained.

A-Level was the choice I made. Accounting equations all over my head, Life changed and so did I, But never gave up and always tried.

It's funny how time passes so fast, But good memories and experiences will always last And yes, we all have our ups and downs. Oh! after a year or two, we'll all be in different towns.

Feelings about friends changed; New people started becoming good friends. What I thought was the most important wasn't; Achieved things that I thought I couldn't.

Obviously everything has an opportunity lost: There are things dear to me that I lost, But it is worth it as now life is fine and good. It's all because of the effort that I put.

So, these wonderful years will come to an end soon, But the memories will be like the full moon-Always so beautiful and so bright. Only to let you know, at this point I almost cried.

7055 Shraddha, class A2



कोही मित्र वियोगमा कोही माता वियोगमा धुरु धुरु रुँदै छन् मेरो जीवन वियोगमा अभै सास फेर्दे छु म ।

मागेको थिएँ एक छाक खाना त्यो तिमीले सुनेनौ खोजेको थिएँ एक थोपा पानी त्यो तिमीले दिएनौ भोक प्यास मेटाउने आशामा अभै सास फेर्दे छू म ।

एउटा घरमा बास मागको थिएँ एउटा मात्रै खाट छ रे सुत्नका लागि चटाइ मागेको थिएँ त्यो पनि छैन रे निद्रा मेटाउने आशामा अफै सास फेर्दे छ म ।

थाहै नपाई सपना जल्यो पानी फ्याल्न कोही आएनन् थाहै नपाई घर फुट्यो सान्त्वना दिन कोही आएनन् अघि बढ्नलाई अरूको आशामा अभै सास फेर्दे हु म ।

केटाकेटी आउँछन् लात हान्छन् आफ्नो बाल्यकाल सम्भन्छु म ढुङ्गामा बसी हात टाउकोमा राखी आफ्नै भाग्यलाई सराष्ठु म दुनियाँमा पागल कहलिँदा पनि अभै सास फेर्दे छु म ।

११०१ सुसन, कक्षा र्ट

Budhanilkantha School

राखिन् । जमुनालाई उनको त्यो हालत देखेर सारै दया जाग्यो । उनले गङ्गालाई फेर्न कपडा दिइन् र भनिन् "तपाईले यो अरुको घर भन्दैमा अप्ठ्यारो मान्नु पर्दैन । यो तपाईकै घर ठान्नुहोस् र जे कुराको खाँचो छ भन्नुहोस् । म तपाईलाई त्यसको •यवस्था गराइदिन्छु । "जमुनाको यस्तो वचन सुनेर गङ्गाका आँखा रसाए । उसले बोल्ने शब्द केही बाँकी रहेको थिएन । उनी लुगा फेरेर आइन् र खाना खाइन् । ती बच्चाहरुलाई पनि खाना खुवाइन् । गङ्गा सुत्नै सकेकी थिइनन् । उनको दिमागमा ती दुःखका पलहरुले मात्र सताइरहेका थिए । उनले त्यो बेला आज सपनामा छिन् कि विपनामा छिन् भन्ने कुरा ठम्याउनै सकेकी थिइनन् । त्यही बेला जमुना आइन् र गङ्गालाई भनिन् "तपाईको घर कहाँ पऱ्यो



"खै म बेखबर छु । न घर न थर केही छैन मसँग । मेरो घर सडकको पेटी नै भने हुन्छ" गङ्गाले भनिन् । "केही पहिलाका कुराहरु याद छ भने भन्नुहोस् । तपाईलाई यसरी प्रश्न कसले गरेको छ र ? त्यसैले मन खुल्ला गरेर भन्नुहोस् म तपाईलाई मद्दत गर्न चाहन्छु ।" जमुनाले भनिन् । जमुनाको कुरा

लाउने हालतमा थिइनन् उनी । खाली खुट्टा यताउता भौताँरिन्थिन् । उनको यस्तो कठिन परिस्थिति देखेर सबै अचम्म पर्थे । पैसा माग्दा थू-थू गर्दै घृणा गरी हिँड्थे । एक दिनको कुरा हो. भग्नक रात परिसकेको थियो । सडक सुनसान थियो । न कुनै सवारी साधन न कुनै मानिस । कोही थिएनन् । त्यस्तो अन्धकार सडकमा कुकुर कराएको आवाज मात्रै सुनिन्थ्यो । कुलतमा फसेका मानिस र जँड्याहरु गल्ली-गल्ली कराउँदै हिँडिरहेका हुन्थे । उनी भोक थाम्नै नसकेर फ्याँकेको खानेकुरा टिप्दै खान्थिन् । ती कलिला बच्चाहरुले नपाएको दु ध चु रन धेरै दिन भएको थियो । छोरा भरखर नौ महिना पु गे को थियो । ऊ न बोल्न सक्थयो न त हिँडन नै । भून आमाको पोसिलो दुध चुस्न नपाएर ऊ सारै बिरामी परेको थियो । गङ्गा ती दुई बालक लिएर खाना खाने आशामा घर-घर घुम्थिन् । कोही पनि वास्ता गर्दैनथे तर पनि हार मानिन् । उनी थाकेर लोत भइसकेकी थिइन् । थकाइ मार्न भनी उनी सानो फ़ुपडीको पेटीमा बसिरहेकी थिइन् भित्रबाट जमुना नाम गरेकी एक महिला निस्किन् । उनी सारै मायालु र दयालु स्वभावकी थिइन्ँ । घर सानो भए तापनि उनको मन ठुलो रहेछ । उनले गङ्गालाई बिस्तारै उठाइन् र घरभित्र लगिन् । ठिक्क खाना खाने बेला भएको थियो । उनले गङ्गालाई खाना पस्किदिइन् र ती बच्चालाई ख्वाइदिइन् । गङ्गालाई अरुको घरमा बस्न सहज भएको थिएन । खाना अगाडि राखेर उनी टोलाइमात्र



कुनै गाउँमा एक गङ्गा नाम गरेकी महिला बस्थिन् । उनका एक छोरी र एक छोरा थिए । २८ वर्षको उमेरमा उनको श्रीमानुले उनलाई छाडेर स्वर्गे भएपछि उनलाई जीवन धान्न गाह्रो परेको थियो । न गाँस न बास न कपास । केही थिएन उनीसँग। बिचरी ती महिला दुई दुधे बालक लिएर सडक सडक घुम्थिन् । रात परेपछि बास खोज्न घर-घर धाउँथिन् । हरेक घरमा खाना पाकेको गन्ध थाहा पाएपछि भयालढोकाबाट चियाउँथिन् । उनले खाना खान नपाएको लगभग एक हप्ता भैसकेको थियो । उनी भोकले मर्नु न बाँच्नु भैसकेकी थिइन् तर उनी आफ्ना छोराछोरीकै निम्ति जति दुःख आइपरेतापनि बाँचिरहेकी थिइन् । आमाले नै खान नपाएपछि ती बालबालिकाले के खान पाउँथे उनीहरू भो कले ? र रोइमात्र राख्दथे । गङ्गा कमजोर भइसकेकी थिईन् । उनले लगाएको कपडा हेर्न नहुने भइसकेका थिए । धुलोमा मडारिएको ती कपडा जताततै च्यातिएका थिए । कपाल नकोरेर जिङ्गरिङ थियो । खुट्टा फुटेर चप्पल



सुनेर गङ्गाले सम्भाँदै भनिन्, मेरी एउटा बहिनी थिई र म । हामी दुई दिदीबहिनी मात्रे हौं । हाम्रो घरको आर्थिक अवस्था सारै कमजोर थियो । म २० वर्षकी थिएँ र मेरी बहिनी १७ । हामीलाई दैनिक दुई छाक टार्न पनि धौ धौ पर्थ्यो । ऋण बढेर तिनैं नसकने भइसकेको थियो । आमी कहिले खाना खान नपाएर भोकै सुत्दथ्यौँ पढेकी पनि थिइनँ मैले । घर बेचेर जाऊँ भने पनि कहाँ जाऊँ । कोही थिएनन् हाम्रो आफन्त यस संसारमा । त्यसैले मेरी आमाले मलाई "हाम्रो घरको अवस्था सारै कमजोर छ भन्ने करा तँलाई थाहा नै होला । त्यसैले तँलाई मन पर्ने पोइ खोज र यस समाजबाट टाढा जा । तँलाई केही भएमा म दोषी ठहरिने छु । बाटो भुलेर पनि फेरि हाम्रो घरमा पाइला नटेक" भन्नुभएको थियो । त्यस पछि मैले जनक नाम गरेको केटालाई श्रीमान बनाएँ । सबै ठिकै थियो हाम्रो जीवनमा अरु दुईजना पनि थपिइसकेका थिए । अचानक बिरामी परेर उहाँ स्वर्गे हुनुभयो र म यो हालतमा आइपुर्गे । " जमुनाकी पनि एक दिदी थिइन् । दिदी भागेपछि जमुना पनि भागेर यहाँसम्म आइपुगेकी थिइन् । किन हो किन जमुनालाई जीवनमा गुमाएको केही कुरा फिर्ता पाए जस्तो लाग्यो । उनलाई उनकी दिदी उनको जीवनमा फेरि फिर्ता आए जस्तो लाग्यो तर के गङ्गा साँच्चै उनकै दिदी थिइन् अथवा यो कथा मात्रै हो ?

२०७५ श्रीएसी,कक्षा ट

Nepali Play 2073

The cast for the Nepali play "Sakuni Pasaharu" was finalized after a long process of auditions. We were handed the scripts about a month before the actual show. After that it was a month long flurry of evening play practices, struggling to remember dialogues, sipping hot coffee with refreshments, making fun of each other's acting and deciding on costumes for this adaptation of Mahabharat. Along with the guidance of the Nepali Department, we honed our acting skills and excelled everyday. The numerous and long hours practicing and rehearsing together led to an inevitable bond of friendship among the cast mates, spiced with inside jokes and spilled cokes.

Altogether we had four shows to put up, each of them followed by a kind of celebration party for us. The big day arrived and all of us were determined to give our best



shot. We rejoiced on our own success after every show; dancing and munching on refreshments. The forth and last show which was to be presented to our parents and Ashesh Malla, the author of the play himself, was the most anticipated and dreaded too because that meant the end of this truly wonderful phase of our student life.

All in all, the Nepali play was an epic success and will forever remain imprinted in our minds as a memory we will always be fond of.

7204 Leena, Class 12





एकाबिहान सुर्यले आफ्नो आँखा खोल्न नपाउँदै

मेरो निम्ति एकतिर दुध भने अको्तिर पानी तताउँदै

घरघर, चोकचोक, गल्लीगल्लीको चलन यही

मेरो स्वादसँगै खोल्ने, बानी यहाँ यही कहिलेकाहीँ घरमा आउने पाहुना मख्याउन

हर बिहान कार्यालय पुग्ने हाकिम फुर्क्**याउन**

थकान, पिडा, दुख सोख सबै भुल्याउन तातोतातो म सुरुप्प पारी चिसो भुल्याउन

केवल सम्भिइन्छ यहाँ मलाई भारि बोक्ने भरिया मसँगै भारि बिस्याउँछन

सारङ्गि रेट्ने गाइने दाइ मसँगै सुइय सुस्याउँछन्

पसलका ग्राहकहरु हर दिन कपसँगै मन खुलाउँछन्

कवि, लेखक, पत्रकार पनि तन डलाउँछन्

, साइँलाको पसलमा पुग्ने कविजी त फन कति मिजासिला

कविताकै भावमा मेरो स्वाद मगाउँछन् चिया खाउँ "ए साइँला भाइ चिनी बढा,

रङ्ग चै होस अलि कडा,

दुध हाल्न चैं कति पनि नडरा"



कहिले पुग्छु प्रेमिल जोडीसँग प्रेमका सुन्दै कुरा कहिले हुन्छु यात्रीसँग सुन्दै कथा ती अपुरा पहाडको टुप्पोको मान्छे, बतासको चिसोको साथमा बिस्कुट चोपी चुपुचुपु खाने बालकको हातमा ठूलाठूला पार्टी देखि पौवापाटी सम्म बास

थप्दा नौनी, मसला घ्यू बन्छ मेरो स्वाद खास

वर्षोपछि भेटेको साथीसँग अर्को साथी, "एक कप मगाऊँ ?"

सामान किन्न जाने ग्राहकसँग पसले "चिसो छोडौं, एक कप तातै खाऔँ" पूर्व मेची देखि पश्चिम महाकाली सम्म

मन्त्री, शिक्षक, कर्मचारी देखि पाले सम्म

खाली होस् पेट वा होस् त्यो टम्म निदरीले आँखा नछोपे सम्म सम्भिन्छु म रापसँग पाक्दै जान्छु, बाफ बनि पुत्याउँछु सबैलाई लोभ्याउछु, टाढाटाढा पुयाउँछु जातभात भन्दिन म छैन प्यारो कोहि मेरो हरघर पुग्छु म सँधै

कहिँ छैन घेरो

चर्चा मेरो धेरै गरें सायद अब जाउँ कोहि कतै पुकार्दे होला मेरो नाउँ "आउ सँगै बसेर एक कप तातो

जाउ सन असर एक चिया खाउँ

७१४१ प्रशान्त, कक्षा ए २

Importance of education



Education is the foundation of development. It removes our ignorance and helps us to follow the right path. It makes people near to perfect. An uneducated person is as ugly as an animal.



Education is the backbone of development. It makes people responsive to new ideas. They know the importance of change, but uneducated people are conservative.

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5128 Sneha, class 5













Congratulations 7158 Dheeraj



12 students along with 2 teachers had gone to Thailand International Mathematics Convention (TIMC)conducted in Thailand. They were able to bag the "Most Disciplined Team" award





Sangam school Bhilwara,Rajasthan,India 26-29 August, 2016

The students from class 9 participated in the Sangam Fest 2016 and also conducted an art exibition.









Sangam Fest, Rajasthan 2016



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WELCOME KIRAN SITOULA

Mr Kiran Sitoula is the Vice Mayor of Indian Head, Maryland, USA.He was also the president of SEBS-NA.

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Miscellaneous Events



Donation of winter essentials for the needy, Dolakha





Kritipur Visit, Nepali Dept.



Class 5 Museum visit



Mr. Rajesh Manandar Feliciated by Corona Nepal





Very early morning. The sun has not risen yet. The moon is shining bright white in the cloudless sky, ebbing to the edge of horizon. The cold December wind sends chills down into my spine making me pull my jacket a little closer. Crossing my arms in a tight knot, I stare at the vastness of the sea. Ah! Cody....I wish you were here now. But you are gone five years, and nothing can bring you back.

The memory of her gives me a bone deep shiver as I stroll nonchalantly along the shimmering sand bathed with stream of orange shades of light emitting from the sun. With my shoulders hunched and hands inside the jeans pocket, my toes fumble through the soft brown sugar as they slip between the gap of my toes.

"We are going to be fine." That had been the last thing I had said to her, the girl I loved the most, more than anything else in this world. And it was the last thing I would ever get to say her.

See you again

I remember the moment perfectly. The Fishtail Mountain. We were standing like astronauts in costumes at 5000 feet. The air was thin and crisp. The cold November night, the stars burning icy white against the cloudless black sky. She mouthed the word, clasping her hands over my hands, "Are we anywhere near the camp 4?"

Her touch the only sense of hope and warm thing in a shivering, ghastly cold world. Peeking at the compass in my hand I mumbled, "I don't think so. Let's walk for few more meters." She let out a nervous audible breath that took a smoky form. Without looking up she spoke, "Eddie, we can't afford to get lost. We can't and you know that, right?" I pulled her closer and circled her shoulder. Her body fit like a right size sneakers, in my arms. I replied, "Yes sweetheart. I know. Don't worry. We will find our way back to camp. We will find our way back home."

I tugged a thin strand of curl of her chestnut brown hair falling down her face roughly behind her ears. Her jade green eyes darted nervously over my face searching for hope and then to somber, fang white mountains towering over us like monster looming over its prey. I placed my cold lips in her forehead with a resolute expression hiding away my fear and despair over the situation. I uttered, "Let's move on, Cody. We have a long way to go. And we are going to be fine." I held her firmly by the arms as we walked on, with only sky above and death below.



We walked in silence. The only other sound that swept was dreading wind, and me fumbling to get compass from my pocket time and again. Clutching each other tightly like letting go was never an option. We were moving forward skidding along the snowy pavement against the frigid wind lashing us without mercy. And what happened next had been like a dream actually more like a nightmare.

Our path slimmed into a narrow creek. Freeing her hands from my grip, she walked ahead of me as I followed her ducking my head under the snowy caves. Suddenly, a grumbling and roaring sound filled the air, breaking the eerie silence lurking everywhere. A huge wall of snow crashed

Budhanilkantha School



down thundering the mountain. The figure ahead of me disappeared with a loud whelp of cry, "Eddie..." A wave of cold went over me. I gasped. I could no longer hear Cody's voice nor see her in front of me. What rose before me was a ragged rock protruding from a vast sheet of ice, like snapped off bones. Then the more streams of snow poured from the gash in ugly mountain face. But I didn't run or dive away; I stood immobile as it swept me away like a lifeless leaf whisked by the river. The scream left my lips, "Cody ... " before the darkness engulfed me and I handed over myself in the arms of death, shutting down my heavy eyelids.

At first as the starry visions filled my mind I thought this is how death must be like. Then the shapes began to appear in the mist as it thickened blocking my vision of beautiful, sparkling starry sky. I saw myself and Cody as children holding hands, crossing the streets of Idris. We were again hanging upside down from the tree branches at our granny's farmhouse in Brooklyn, throwing snowballs at grumpy faced uncle Groot's back hiding behind aunt Joella's fence, clicking our graduation pictures. And there she was walking down the aisle glowing beautiful in white as I stood beaming at altar. And there was Cody again in hospital bed as we hold tiny Mia in our arms with tears of happiness streaming down our faces. Death seemed beautiful.

All the memories spun in my head one by one like photo reels of camera actually more like a flashback panoramic video. Then there was a sound and more sound. My eyelids fluttered open. Someone cried, "He woke up, Dr.Carper." Later I found out a rescue team had been send out in search of us. I was found lying motionless at base camp. However, Cody couldn't make it to hospital. She died on the way.

A lonely cry of seagull rings out, bringing me back to senses. I had walked guite a distance out of unconsciousness. As I wipe the cold streams of tears burning my cheeks, with hem of my sleeves, a soft breeze touches my cheeks gently. Then I hear a voice, her voice, "Everything is going to be fine, Eddie." And I whisper fighting back the tears glimmering behind my eyelashes, "Yeah, Cody. Don't worry. Everything is going to be fine when we have angel like you guarding us from over there." Whether it's just my imagination I hear a soft ruffle of her laughter. No sooner it's lost among the screeching sounds of seagulls loitering in the vermillion horizon edging towards quavering celestial blue sea. "Hey , Dad. Look what I got. Hurry up. Its looks like some old map..." Curving my lips upside, I cry, "I am coming , Mia."

7033 Sushmita, class A2

तिम्रो यादमा भिज्यो सिरानी



छाडी गयौ हिजो किन मलाई आज भने आउँछ याद तिम्रो सम्भिन्छु म तिम्रो त्यो काख अभै कति भारुँ मैले आँसु यादमा तिम्रो ।

आँसु पनि सकें मैले तिम्रो यादमा भिजाइसकें सारा सिरानी आफ्नो हिजो अस्ति लाग्थ्यो आफ्नै तर आज कसरी बन्यौ बिरानो ?

छाडी जानु थियो भने किन देखायौ त्यो माया आखिरीमा कठोर रै छ भने तिम्रो मन हिँड्दा हिँड्दै तिमी सधैँ हिँडे जस्तो लाग्छ तर फर्की हेर्दा म त देख्छु आफ्नै छाया मेरो बिन्ती छ भ्रममा पर्न छाडिदेऊ ।

३०४४ रञ्जिता, कक्षा ७

आमा



आमा ! मेरी आमा तिमी कति राम्री ! भन्छन् सबैले तिमीलाई स्वर्ग भन्दा प्यारी तिमी मेरो जिन्दगीकी प्यारी प्यारी साथी तिमीलाई बचाउन सर्छु माथिमाथि ।

तिमी नै मेरो जिन्दगानी तिमी नै हौ रानी मेरो आँखा भरिहाल्छ तिम्रो माया देखी आमा मेरी आमा गल्ती भएमा गरिदिऊ क्षमा ।

आमा मेरी आमा तिमी कति राम्री भन्छन् सबैले तिमीलाई स्वर्ग भन्दा प्यारी भन्धौ तिमी मलाई दुख पर्दा अधि सर्ने त्यसो भए तिमीलाई बचाउन म अधि सर्ने ।

४०२४ पृथा, कक्षा भ

Once upon a time, there was a village in a very remote part of the country. The village was very famous for its charming beauty. In that village there were two true best friends named Rama and Shital.

One day, Shital was very sick and couldn't go to school. Then came the day when Rama was alone. Rama felt extremely lonely that day. She was bored without Shital. Then came studies. Rama didn't talk with the teachers at all and when they asked her a question, she would start staring at them. When school was over, she ran over to Shital's house. There, Shital was crying a lot for Rama and when she saw Rama at the door, she ran out from her bed and hugged Rama. Both of their eyes were filled with tears. They cried a lot. After some time, Shital's mother came to the room and said, "Oh Rama, what type of friend are you? Your friend is sick and you are taking her out from her bed. How cruel you are. Can't you let a friend rest on her bed?"

Shital felt very sad for her friend.

She said, "Mother, you are wrong. I got out of the bed myself to see her."

Then her mother said, "You please keep quiet my dear child, I am doing this for your own good. If you get up from your bed you will never be healthy so, go back to your bed and sleep for an hour."

"Two Best Friends"





Shital couldn't see her friend in trouble so she faked her sleep. After sometime, she fell asleep. In her dream she saw that Rama had fallen into a well. She suddenly woke up and ran out from the house and when she looked into the well. When she looked inside. she realized that her dream had come true. But she was little late and that Rama had already died in the well. After that, Shital got mad and jumped in the same well where Rama had died.

5127 Anusha, class 5

An Old Box



Once upon a time, there lived a poor farmer named Drishan. He lived in a small village with his son and his wife. He worked hard to feed them and keep them happy.

One day, he went to a forest to bring fire wood for cooking food. In the



forest he found a house. That house was old and had cracks on its wall. He did peek from one of them. He didn't see any one so he went to the house. He found many spider webs in the house. So he went outside and brought branches of trees. He took out all the webs.

Inside that house Drishan found an old box. He was surprised to see the box. He wanted to open the box but before he opened it, he thought, "What if there is gold inside it ?" Excitedly he opened it but he found no gold there but instead to his surprise there was a big cobra inside it. He ran away in fear and never came back again to that forest.

Budhanilkantha School

5124 Iksha, Class 5



अह्तिम आभाष

पैसा मात्र भन्नेलाई मूर्खताको आभाष भएछ त्यसैले नै होला उसका जिन्दगी बित्यास भएछ ।

अर्ती पाएको मान्छेको जीवन खिन्न भएछ सारा संसार आज उसलाई किन किन भिन्न भएछ ?

भावना के हुँदो रहेछ त्यो पनि आभाष भएछ भावनाको साथसाथै देवतामा विश्वास भएछ ।

लाजुले नै होला कुन्नि ऊ त जिउँदो लास भएछ त्यसैले नै होला ऑज स्वर्गको बास भएछ ।

४०१० इच्छा, कक्षा ६



Student Life



आँखाका परेली





Student life is the happiest period in the life of a person. It is a phase of life when one is free from all the anxieties of the tough world. The mind of the student is free and full of noble ideas and their sparkling eyes are full of dreams.

Their Studies are at the top of their priority list and their preparation for the coming struggles of life. If properly utilized, student life lays the foundation of a successful future and glorious achievements. If misused they fail to lay the stepping stones for their future ahead.

The experiences a student gathers in this phase and the impressions he makes will determine his future conduct. The attributes one develops in one's student life will influence one's behavior towards other people throughout their future career. आँखाका परेलीहरू गाजलले लिपिक्कै भएका छन् तर आँखाको भेल रोकिएको छैन अर्कैं सांसारिक अनि भौतिक सुखमा रमाएका ती नयनहरू,

भोलि खहरे भेलसरी आँसु बगाइरहतेछत्

जवानीमा मढ़ भएका ती लोचनहरू भविष्यको बुढेसकालमा मलिन भएका हुने छन् मताएको गोरूसरी प्रयोगमा आएका ती मुस्कुराओ बढ़ामी ओठहरू कर्लेंटी परेर निरस भएका हुने छन् ।

अति सौब्द्र्य आङमा उच्छूङ्खल भएको जवाती बुढेसकालको आगमनसँगै फिक्का भएको हुने छ । जवानीको रस चुरन धाउने भमराहरू भोलि बाटो बिराउन थालेका हुने छन् । पूर्णिमाको जूनभैँ धपक्क बलेको अनुहारमा भोलि नदीनाला बहने खाँचहरू बनेका हुने छन् ।

5122 Aayusha, class 5

७०२४ कोमल, कक्षा १२

Budhanilkantha School





Big smile, big heart, big dreams-Every time she walked with these: Nobody heard but inside she had a loud scream, Eventually she found she would pass through it.

She









Ignore, forget, and focus, She did as her heart told; But she did not want to do so, So, she chose to let go.

Letting go did not support her, And thinking about it nearly killed her;

Again she is awake with no more fear,

Revenge to pay back for her tears.

9028 Usha, class 10

हरियाली र छहराको माफमा पर्छ मेरो देश सुन्दर प्रकृतिको बगैँचामा छ मेरो देश सबैको छ यहाँ फरक भाषा र भेष त्यसैले मलाई मन पर्छ मेरो देश

माथि हेर्दा अग्ला हिमाल मुसुक्क मुस्कुराउने तल हेर्दा धानका बाली लहलह गर्दे रमाउने भरनाको आवाज सुन्दा त मनै रमाउँछ हेर्दा हेर्दे पहाडले मनै समाउँछ ।

बुद्धको भएको थियो यहीँ जन्म र बसोबास फैलिएको थियो सबैतिर शान्तिको आवाज राम र सीताको यहीँ भएको थियो मेल नेपालमै होस् उज्ज्वल भविष्यको भेट ।

३१२२ कृतिका, कक्षा ७

मेरो सानो गाउँ



मेरो सानो गाउँ छ नेचा त्यसको नाउँ छ । हिमालै हिमालको ठाउँ छ सानो भए पनि ज्यादै प्यारो गाउँ छ ।



वन जङ्गल हरियाली रातै गुराँस फुल्यो नेपालको राष्ट्रिय चरो डाँफे बनमा डुल्यो । यति रमाइलो मेरो प्यारो गाउँ छोडेर म त कहाँ जाऊँ ।

४१२७ समीर,, कक्षा ६

Nature in a boom



Nature is the source of existence for human beings. But sadly, nature is dying because people are cutting trees, throwing garbage wherever they want pollute the environment. Then why don't we do something to prevent it? Why don't we ride bicycles instead of cars? Animals are having a hard time to live. And only for our fun we are bringing animals from their natural habitat. We should not only think about us but we should think about others as well. too.

If we save nature we are saving ourselves. Life was not given to us for just thinking about us. We are harming our life and that of younger one as well. Nature is the source of our living. Earth is not given only to humans but to all equally. We must realize that fact. Think a little about nature too. It helps to us live and we should also help other animals survive. We should love them because nature and earth cordially exists for our own betterment.

5090 Adya, Class 5

आफ्नो पन नेपाली मन



किन होला नेपाल मलाई यति प्यारो लाग्ने ? नेपालीको आँट राम्रो शत्रुसँग लड्ने । कतिपय वीर गोर्खाली युद्धमा लडे नेपालको निम्ति भनी पीडा सही मरे । सलाम छ वीर गोर्खाली तिमीहरू छाडी गयौ सबैलाई जगाई । नेपालको इज्जतलाई हामीले जोगाऔँ सबै जना मिली हाम्रो नेपाललाई बचाऔँ ।

२१२३ दिपास्मा, कक्षा द





जीवनमा यस्तो परिस्थिति आउँदो रहेछ जब हामी जीवन र मृत्युको बिचमा लडिरहेका हुन्छौँ । यही यात्रामा धेरै नै बाधा अड्चन पनि आउँदा रहेछन् ।

म नेपाल आमाकी प्यारी छोरी थिएँ । म यहीको बनोट थिएँ । त्यहाँका पवित्र खोलानाला र मनमा शीतल पुऱ्याउने हरियालीमा म हुर्केकी थिएँ। सानैदेखि मलाई ठूलाले "यस मातृभूमिमा जन्मिएपछि आफ्नी नेपाल आमाका निम्ति केही भलो काम गरी पुण्य कमाउनु पर्छ" भन्दै सिकाउँथे र म त्यही भन्दै परिश्रम गर्दै आफ्नी नेपाल आमाको सेवा गर्ने मौकाको प्रतीक्षामा बसेँ। त्यो दिन पनि आयो । आफूलाई चाहिँ निकै नै छिटो आएको अनुभव भएको थियो। के गरूँ र कसो गरूँ ? आफुमा भने आत्मबल थिएन ।

त्यस बेला भने बेलायत नेपालमाथि शासन गर्न खोजिरहेको थियो । सबैजना हातहतियार लिएर लड्न तयार थिए । मैले पनि जसरी तसरी आफूलाई तयार पारें तर मलाई युद्धमा जान दिइएन किनकि म १६-१७ वर्षकी कलिली युवती थिएँ । दुई तीन दिन बितिसक्दा पनि घरबाट बाहिर निस्केनौँ हामी । म एउटा कोठामा बसेर आँखाबाट मोती जस्ता आँसु खसाल्दै थिएँ । किनभने नेपाल तहस नहस भएको थियो । जताततै लासैलास, स-साना दुधे बालकहरू आफ्ना परिवारबाट छुटिए, कति जना टुहुरा भए कति जना विधवा भए कतिले आफ्ना सन्तान गुमाए । नेपाल आमाले आफ्ना लाखौँ सन्तान गुमाइन्।



त्यो करा हेरिनसक्ने भएपछि म भागेर लडाइ गर्न गएँ । मलाई कसैले चिन्न सकेन। म लडदै गएँ तर कहिले हार मानिनँ । म युद्धमा केटाको भेषमा पुगेकी थिएँ। केटाकै भेषमा लडें। मेरो युद्ध कौशल देखेर सबै प्रसन्न थिए। एक दिन युद्धपछि म थकित अवस्थामा लम्पसार परेकी थिएँ। त्यसबेला परिस्थितिवश मेरी आमासँग भेट भयो । मलाई आफू सँग लै जान चिने र खोज्नुभयो। मैले मानिनँ त्यही बस्छ भन्दै जिद्वी गरेँ । हाम्रो यही वार्तालापको प्रक्रियामा मेरो जीवनको परीक्षाको क्षण आयो । एउटा वाण मेरी आमातर्फ केन्द्रित देखेर मैले आफ्नो ज्यान हत्केलामा राखेर वाणलाई आफ्नै छातीमा स्वीकार गरे।

२०६३ मेघा, कक्षा द

Student Life



Student life is like a roller coaster ride, Full of joy, excitement, fear and many more.

It is also the time for learning and experiencing new things. It is the most important time in our life.

Student life is the time to help us get The most of our experiences of the university.

The goal of the student is to get the experience in life.

It is the most enjoyable time in life.

5089 Shine, class 5

Tihar



Tihar is a five day long festival celebrated in Nepal, few days after Dashain. Among the *Newars*, it is commonly known as Deepawali or Swanti. The festival is celebrated from Trayodashi of KartikKrishna to KartikShukla every year. Tihar generally signifies the festival of lights, where divos are kept inside and outside the houses to make houses seem illuminating at night. This festival is considered to be of great importance not only to humans and the gods, but also to the animals like cows, crows, dogs and bulls, who are considered to maintain very good relationship with humans. People make the pattern on the floor of their houses using colors. The first day of Tihar is crow tihar. On this day, we give food to the crows. Similarly, in the second day of Tihar, we worship dog

which is a domestic animal. We put garlands on the neck of the dogs and also give them food to eat. Both dogs and human are seen very happy on this day.

On the third day, we worship Goddess named Laxmi. We organize various programs on this day. We enjoy a lot on this day playing Deusi and Bhaili. On the fourth day, we worship cow which is a domestic as well as a national animal of Nepal. We worship cows with garlands and tika. On this very day, we clean the cow. The fifth day as well as the last day we celebrate *Bhaitika*. This day is believed to strengthen the relationship between brothers and sisters. Sisters put seven colored tika on the forehead of brothers and worship for their longer life. Brothers are given delicious foods by their sisters. On this day, we enjoy ourselves to the fullest.

Unfortunately, something is destroying the importance of this festival. Many people tend to have forgotten its religious importance. Rather than celebrating this festival historically, people drink alcohol and gamble. Thus, it is our responsibility to conserve out national festival Tihar.

5070 Digdarshan, Class: 5

हाम्रो देश



सानो तर सुन्दर देश हाम्रो हरियाली वनजङ्ञाल षाएको राम्रो

सबै जात जाति अट्ने यो देश हाम्रो सबै जना मिलेर बस्ने यो देश

राम्रो ।



मेचीदेखि महाकालीसम्म फैलिएको देश हाम्रो सबै जना मिलेर बसेको यो देश राम्रो ।

हाम्रो देश राम्रो देश ।

५००९ जेनी, कक्षा ५







lears



नयाँ वर्ष आयो, छ धेरै उमङ्ग सबैतर्फ आए खुसीका तरङ्ग भुली कष्ट सारा, सबै छन् फुरुङ्ग छन् मान्छे नयाँ वर्ष आएर दङ्ग ।

फुलै फुल राम्रो फुलेको वसन्त त्यही वासनाले जणतै छ दङ्ग बसी रूखमा कोइली करायो नयाँ वर्षमा हर्ष र उमङ्ग छायो ।

सबै रुखमा चराहरु रमाइरहेका छन् लिची, आँप, अम्बा फुलिरहेका छन् सबै बाहिरी दृश्य फेरिन्छन् कस्तो ! नयाँ संसार सुरू भए जस्तो !

सुनौलो बिहानी सधैं हुन्छ राम्रो नयाँ फूल र पत्ता सबै हुन्छ राम्रो नयाँ जोस उत्साहले विश्व छ राम्रो खुसी ल्याउने यो नयाँ वर्ष हाम्रो ।

यहाँ फेरियोस् देशको यो अवस्था जरिबी हटोस् दुःख सङ्कट सारा उदाओस् नयाँ घाम नौलो बिहान सबको खुलोस् उन्नतिको मुहान ।

४०४७ आर्जव,कक्षा ६

I have beautiful words to define your tear-Your tear is not just a droplet of water It shows your love, your sadness, your strength And mostly your affection.

What happens if tears roll down your eyes But still you are unknown about that It shows that you are hurt a lot But you still are trying to overcome that Pretending you are fine when you are not

Tears twinkling in your eyes shows You are extremely happy As it rolls down all the way to your jawline Twitching the curves of your lips Reflecting your happiness, making you shine

Your tear will never go in vain, There is someone looking at you, To give your tear justice-Who sees the eyes behind those tears Who sees you, the real you behind those fears. 1119 Aakriti class 9

A poor girl's achievement



Once upon a time, there was a poor family. There lived a poor girl and a farmer (her father). Her mother was already dead when she was a baby girl. The poor girl's name was Rita.

One day, she peeped out of the window and saw that there were many students of her age and they were going to their school. She thought that if she could be reading like them she could achieve big things in her life.

Next day, she went to a government school in which she did not have to pay money. In her school, she was the only the girl. The boys would tease her. She could not read nicely in her class. She couldn't achieve anything that she thought. By seeing the result of the exam her eyes were full of tears because she had become last.

After many days, she thought of not reading in the school as her dream were not fulfilled. Everyone would tease her. She went to the back of the class and sat alone. Suddenly, while she was sitting the social studies teacher saw her. Rita was crying. Rita said her all the problems. The teacher thought for a while and he said that from that day onwards he would help her in the studies and also not let the boys to tease and disturb her.

A day came when she secured the first position in the exams. She became very much happy as her dream was fulfilled so she thanked the teacher and went home.

Many years passed, she joined a job in a foreign country. She became very much rich. Now, she was known by the whole world. She took her father to the country where she was working. Her father became very much happy. Rita's dream was fulfilled. She achieved so many things in her life, although she faced many difficulties and hardships that came in her life. And at last, she had achieved a very big thing. Her eyes were full of happiness and tears came out from her eyes. Now, they lived happily ever after.

5033 Uddhav, class 5





बद्धको देशमा शान्ति खोज्नपर्छ

शान्तिदूत बुद्ध जन्मिए नेपालमा ज्ञान र शिक्षा बाँड्दै गए हरेक घर घरमा तर अहिले कता गयो त्यो ज्ञान, शान्ति र शिक्षा हरेक कुनामा हेऱ्यो, छ अशान्ति र ईर्ष्या ।

एक कुनामा हेर, छन् मानिसहरू भोकमरीले मरिरहेका त अर्को कुनामा हेर, छन् अमिरहरू घुसले भरिरहेका ।

के यहीँ सिकाए बुद्धले ? बुद्धले सिकाए, "सत्य बोल, अरूको मान गर र छुवाछुत नगर ।" तर यहाँ हेर, धनीले हेप्न थालेका छन् गरिबलाई त्याग गर्न सकेका छैनन् छुवाछुतको भावलाई ।

के यही सिकाए बुद्धले ? बद्धले त सिकाए "चोरी नगर र राम्रो बाटोमा हिँड तर अहिले हेर, भ्रष्टाचार छ, चोरी बढिरहेको छ ईर्ष्या छ, षड्यन्त्र रचिएको छ । अहिले भने ओफ्नै मिल्ने साथी पनि दश्मन बनेका छन । के यही सिकाए बद्धले ? बद्धले त राम्रा करा सिकाए, ज्ञानको पाठ पढाए तर त्यसलाई पालन गर्ने कोही भएन, अहिले कता होलान् बुद्ध, के गर्दै होलान नेपालको परिस्थितिलाई देखेर ? त्यसैले.

त्यसल, त्यसैले अब हामी असल बाटोमा हिंडौँ सकारात्मक सोचौँ, नकारात्मक सोच त्यागौँ ईर्ष्या त्यागौँ र भ्रष्ट्राचार गर्न छोडौँ अनि, अनि बुद्धको देशमा शान्ति खोजौँ केवल शान्ति खोजौँ।

२०६२ मानसी, कक्षा द

Budhanilkantha School

तर मेरो मन पोलिरहेको थियो सल्केको आगो भर्नै ।

थाहा थियो स्कुलमा दिनभरि मेरै चर्चा हुन्छ भनेर । गर्मी थियो, तैपनि टोपी लाएर गएँ । मालतीलाई मात्र भनेँ । उसले बुभी तर अरुले त के बुभथे र ? सर नभएको बेला एकजना आएर मेरो टोपी फुकालिदियो । म भूराङ्ग भएँ । कक्षा सुनसान भो र एकछिनपछि हाँसो फ़ूटन थाल्यो । म मेरा आसुँलाई थाम्नै सकिनँ । आफ्नो परिवार अँध्यारोमा नपरोस् भनेर हिँडेकी म, आफैं अँध्यारोमा परें । तर अहिले मेरो जीवनमा उज्यालो सूर्य उदाएको छ । उमङ्ग, जोस र हौसला लिएर । ठीक भन्छन् दुःख पछि सुख आउँछ । अँध्यारोलाई हटाउन सूर्य आफ्नो उज्यालो, प्रकाश लिएर आउँछ । रातपछि दिन आउँछ । अहिले जीवनका धेरै पाटालाई बुभ्ठेकी छु ।

२०६८ रीजा, कक्षा ट

Origami

म हुँ लक्ष्मी र यो हो मेरो कथा ।



Origami is a Japanese handicraft. It is also known as paper folding. It started in Japan a long time ago. There are many types of origami. The hardest origami is called Charijard.It is also used in expressions.Similarly,it is also used in subjects like math and science.Making origami is also my hobby.

5052 Bishesh, Class 5

परेजस्तो भो । त्यही दोषी कालो बादलको कारण आमाको त होस नै नभएको जस्तो भो भयो । आमाको माया पनि भाइ सँगै गयो । सधैँ भाइकै नाम लिनुहुन्थ्यो र रुनुहुन्थ्यो । एकदिन बेलुका आमाले बुबासँग कुरा गरेको सुनेँ "भगवान्लाई प्रतिज्ञा गरेको त यसै भो... हाम्रो परिवारलाई नै पाप लाग्ने हो कि !" होइन के पाप रहेछ त्यो ? मैले केही गरें र ? केही गरे जस्तो त लाग्दैन । यस्तै धेरै प्रश्नहरु मेरा दिमागमा आए । सुत्ने बेलामा आमालाइ डराइ डराई भनें पनि उहाँहरुले केको बारेमा कुरा गर्नु भएको सोधेँ । ठ्याक्कै के भन्नु भो त याद छैन तर "भाइ खस्नु अगाडि मैले भगवानुलाई उसको व्रतबन्ध धुमधामसँग गराउँछु भनेर भनेकी थिएँ, त्यो प्रतिज्ञा पूरा नहुनुको कारण हाम्रो परिवारलाई पाप लाग्ने हो किं" जस्तै केही भन्नू भो, म आमाले के भन्नु भो भन्दा बढी पनि आमाको मप्रति विनम्र ब्यवहार देखेर छक्क परें । केही बेर पछि भन्नु भो "तैं गर्दे न त व्रतबन्ध, आफ्नो परिवारलाई पाप लाग्नुबाट बचा" । आमाले के भन्नुभा होला ? व्रतबन्ध गर्ने रे ? त्यो पनि केटीले के भन्छन् अरुले ? म केही नभनी आफ्नो कोठामा पर्से । टोलाउँदै बसें । आमाले भाइ खसेको चिन्ताले त्यस्तो भन्नु भा होला तर परिवारलाई पाप लाग्न त दिन भएन... आफ्नो टाउको मुन्डन गर्नु नि भएन । सोचिरहें । मेरो अगाडि ऐना थियो आफैँलाई हेर्दे थिएँ कपाल सुम्सुमाउँदै । धेरै माया नपाए पनि परिवार त एउटै हो । भोलि बिहान गएँ र आमालाई म तयार छू भनेर भनें । त्यसके एक महिनामा मेरो व्रतबन्ध हुने भो । अनौठो व्रतबन्ध । केटीको व्रतबन्ध । मेरो कपाल काट्दा मेरा आँखाबाट आँसु पनि उत्तिकै

भूरे । के गर्नु, रोक्नै सकिनँ । त्यहाँ

धेरै मानिस आएका थिए तर व्रतबन्ध

हेर्न होइन एउटी केटीको परिवारप्रतिको

माया हेर्न । आमा भने मख्वै हुनुहुन्थ्यो





म होइन, कोही मान्छे, जो भूतकालमा आफूले भोगेको दुःखको कारण आज प्रख्यात छ । मेरो नाम न त कसैले सुनेका छन् न त मलाई कसैले चिन्छन् नै । चिने पनि बच्चामा आफ्नो टाउको मुन्डन गरेको भनेर चिन्छन् होला । अहिले म २५ वर्षकी भएँ । तर १५ वर्षअघिको घटना अहिलेसम्म पनि आफ्नो मन मस्तिष्कबाट हटाउन सकेकी छैन । खोज्छु तर सक्दिनॅ...... खे किन हो ? मेरी आमा भगवान्प्रति धेरै आस्था राख्नूहुन्थ्यो बुबाको अनुभव भने मेरो जीवनमा खासै धेरै रहेन । जे गर्नु भएको थियो आमाले मात्रै । भाइ पनि थियोे । अहिले छैन । मेरी आमाले मलाईभन्दा बढी प्रेम भाइलाई गर्नु भो तर मैले यो कुरालाई धेरै महत्त्व दिइनँ । आमाले भगवान्सँग आफ्नो छोरो. मेरो भाइको व्रतबन्ध धुमधामसँग गर्ने भन्नु भएको थियो अरे । मेरो पनि त्यस्तै धोको थियो तर त्यो धोको, धोको नै भइरह्यो, पूरा भएन । म स्कुल जाने भन्दै किताब मिलाउँदै थिएँ मेरी साथी मालती आतिँदैँ आई । उसले मेरो भाइ भिरबाट खसेको खबर दिई । त्यत्तिबेला म भित्रका पीडा, आँ सु का रुपमा आए । पीडा र आँसुको कालो बादल लिएर म आफ्नो भाइलाई अन्तिम पटक हेर्न पुगैं र आफ्नो प्यारो भाइको लास देख्दा मेरो मनमा चट्याङ



तानसेन घुम्ने रहर•



यो करिब आठ-नौ वर्ष अगाडिको कुरा हो । म त्यतिबेला मेरो सानो परिवार र काकासँग तानसेन बजार घुम्न गएको थिएँ । म घुम्ने भन्नेबित्तिकै पछाडि पर्ने त कुरै थिएन र त्यो दिन त्यही भयो । लामो यात्राको थकाइपछि, मेरो सम्पूर्ण परिवार होटलमा बसेर खाना खाइरहेका थियौँ । मैले बाटोमा टन्न काफल खाएको हुनाले भोकको त कुरै आएन । अनि म चुलबुले भएकाले म खेलिरहेको थिएँ । सानो हुँदाको त खेल सम्भाँदा पनि हाँसो उठ्दो रहेछ । घरि गुटुटु कुदेर बाटोको अर्को कुनामा पुग्ने र फेरि कुदेर फिर्ता आउने । सौभाग्यले धन्न मलाई कुनै पनि गाडीले हानेको थिएन । खेल्दा खेल्दा वाक्क भएर मलाई बजार घुमेर गुडिया किन्ने रहर लाग्यो । त्यसपछि म होटलमा गएर ममीलाई बोलाउँछु भनेको त होटल नै बिसँछु । ला ! म त हराएँ ।

म घरि माथि गएँ घरि तल, कहिले होटलमा पसेँ भने कहिले पसल तर कसैलाई भेटिनँ । अनि मैले सोचेँ, "म किन आत्तिनु बरु एकछिन घुम्छ कसैले भेटिहाल्ला



नि !" अनि म गुडिया पसलमा गएर गुडिया हेरें तर किन्ने पैसा नै थिएन त्यसैले म बाहिर निस्केर हिडें । हिंड्ने क्रममा मलाई कसैले पछाडिबाट च्याप्प समात्यो । म त चो रले समात्यो होला भने र बेस्सरी चिच्याएँ तर पछाडि हेर्दा त काकाले पो बोक्नु भएको रहेछ । उहाँले मलाई कहाँ गएको भने र गाली गर्नुभयो अनि मैले भनें, "म त तानसे न बजार घुम्न गएको ।"

३००३ समता, कक्षा ७

In my dream



Once in my dream, I was at the funpark. Suddenly at the swimming pool, I saw a baby shark.

After the pools we went to a ghost house, I got really scared, By the sound, Which was made by a mouse. Coming out of the ghost house, I gave a loud scream. To cheer me up, My father got me an ice-cream.

I had really wanted To do boating, When I turned, I saw a swing Which was swinging.

They said it's late and time to go, But I didn't want to. So they said last time, We'll show you a puppet show.

As I was watching the show, My mother woke me up; She told dear it's school time, Get fresh, wear your dress and go.

5026 Bigya, class 5



Budhanilkantha School

बुबाको अर्ती



जना परिवार थिए । त्यो परिवार असाध्यै रमाइलो थियो । छोरा चाहिँ पढाइमा असाध्यै राम्रो थियो तर उसका बुबाले उसले जति राम्रो गरे पनि नराम्रो भयो भनेर धेरै गाली गर्नुहुन्थ्यो । छोराले धेरै पटक सहिरहेको थियो तर अफ राम्रो गरे पछि पनि गाली गर्दा उसले आफ्ना बुबालाई बन्चरो समातेर मारिदियो । किन भने त्यो केटो सधैँ परीक्षामा राम्रो नम्बर ल्याएर प्रथम हुन्थ्यो तर पनि उसका बुवाले भन्ने गर्थे भएन भएन ... भनि राख्दा उसलाई रिस उठेर अचानक माऱ्यो ।

त्यसैले म भन्छु बुबाले जीवनमा राम्रो गरे पनि राम्रो भएन भन्नुहुन्छ भनेपनि हामीले रिसलाई रोक्नुपर्छ। त्यसैले हामीले बुवाको अर्ती बिर्सिनु हुँदैन।

३०७७ अनिल, कक्षा ७

With a lot of pleasure; Sharing joy and sorrow, With each other.

There is fun, When friends come; They are the best, Just like a guest.



There is some sorrow having friends, There is some joy having friends; They are the happiness, They are the sadness.

Friends are not always together, But their memories remain forever.

5023 Ditya, class 5

सानैदेखि मिहिनेती भयौ भने पछि गएर राम्रो मानिस बन्छौ। र भन्न् हन्थ्यो "हने बिरुवाको चिल्लो पात र नहने बिरुवाको खस्रो पात" यो भनेको हने मान्छे सानैदेखि मिहिनेत गर्छ र ऊ ठूलो मानिस बनेर देशको रक्षा गर्छ। बुबाले त्यो कुरा भन्ने गर्दा म ठान्थें "हो मेरो बुबाले मेरा लागि भन्न् भएको सोचेर दिनका दिन मिहिनेत गर्थें। म १० वर्षको हँदा म तीन कक्षामा पढ्थें । त्यो उमेरमा मलाई मेरा ब्वाले धेरै माया गर्नुहुन्थ्यो । अनि मलाई त्यो समयमा गणित असाध्यै पढाउनुहुन्थ्यो । त्यति बेला मलाई पढ्दा रमाइलो हुन्थ्यो र सधैँ उत्साहित हुन्थे। त्यति बेला मलाई बुबाले भन्नुहुन्थ्यो कि साथीहरूसँग भगडा नगर्ने, मिलेर बस्ने र सानालाई माया र ठूलालाई आदर सत्कार गर्नुपर्छ । परीक्षा आउन एक हप्ता बाँकी थियो । त्यो परीक्षा हनुभन्दा अगाडि मलाई भन्न्हुन्थ्यो, "पहिले लेख्ने बेला आत्तिन् हुँदैन र प्रश्नले जे कुरा खोजेको छ, त्यसको उत्तर दिनुपर्छ। र मेरो परीक्षा सकिएपछि मलाई एउटा प्रानो घटना स्नाउन् भएको थियो । यो घटना म यहाँ लेख्दै छ । त्यो गाउँ मेरो घरबाट आधा घन्टा

त्या गाउ मरा घरबाट आधा घन्टा टाढा थियो र त्यस घरमा पाँच
बितेको समय



म रामेछाप जिल्लाको साल् गाविसमा हिँडुन र बोल्न सक्ने भएको केटो. तीन वर्षमा आमाब्बालाई छाडेर हज्रआमासँग काठमाडौं आएँ । म काठमाडौँ

आउन्का थुप्रै कारण छन्। गरेको छैन भन्न् पारेको थिइनँ । भन्दा खुशीको दिन थियो । र असल ठान्दथे।

गर्दिनथेँ । मलाई कसैले पनि हात गरेँ र धेरै क्राहरू सिकेँ । उठाउन् परेको थिएन। मलाई कार्टन हेर्न साह्नै मन पर्थ्यो । मेरो पढाइ ३०८५ विभूषण, कक्षा ७

पनि साह्रै राम्रो थियो। मेरो घरमा चानचुने खेलौना बाहेक केही थिएन । म दुई कक्षा हुँदा मलाई एउटा साइकल किनिदिनुभयो । म त्यो दिनदेखि साइकल चलाउँदै बस्न थालें। म हरेक वर्ष एक दुई पटक गाउँमा आमाब्बालाई भेट्न जान्थेँ । मलाई कहिलेकाहीँ आमाब्बालाई छोडुने बेला साह्रै पीर लाग्थ्यो ।

म चार कक्षा हुँदा मेरो काका मलाई अर्के स्कुलमा भर्ना गर्ने कुरा गर्नुहुन्थ्यो। चार कक्षा पुरा भएपछि म यो स्कुलमा भर्ना हुनको लागि साह्रै पढें । मैले मेरो जन्मदिनमा पढेरै बिताएको थिएँ ।

मुख्य कारण राम्रो स्कुलमा पढ्ने परीक्षापछिको अठार घन्टा पछि भनेर आएको थिएँ। म सबैभन्दा हाम्रो घरमा फोन आएको थियो। पहिला नजिकैको स्कुलमा भर्ना म बिस्तारामै थिएँ। त्यो बेला साह्रै भएको थिएँ। मलाई सानोमा स्कुल ठुलो समाचार आयो । मेरो सबै जान मन लाग्दैनथ्यो । मलाई परिवारको अन्हार चम्किएको कक्षामा हँदा घरको याद आउँथ्यो थियो । त्यसपछि मैले थाहा पाएँ र म रुन थाल्थें । मैले मेरा कि मैले बूढानीलकण्ठ स्क्लमा पढ्ने हजुरबुबालाई कहिल्यै आज गुहकार्य मौका पाएँ । त्यो दिन मेरो सबै मलाई मेरा शिक्षकहरू साह्रै ज्ञानी म अहिले यो स्कुलमा पढेको दुई वर्ष पुरा भयो। मैले धेरै काम आफैँ म कहिल्यै घरमा चकचक गर्न सिकें। मैले धेरै ज्ञान प्राप्त

Christmas



Here comes the Christmas night, Look at the faces smiling bright. The lights perfectly glow, While comes down the snow.



Children are cozy in their beds,

Eagerly waiting for the presents they will get, Given by a red old man, Who never takes a tan?

5011 Aska, class 5



भनिन्छ दुःख गरेपछि मात्र सुख पाइन्छ । त्यसैले सबैले भन्छन पहिला दुःख गर्नुपर्छ अनि बल्ल सुख पाउन सकिन्छ। धेरैले यो भनाइमा विश्वास गर्छन् । अनि कतिपयलाई त यो भएकै हुन्छ तर गरिबहरूलाई भने किन यस्तो हँदैन । एक गाउँमा दम्पत्ति थिए । उनीहरू गरिब थिए। जे भए पनि बिहान बेलुकाको छाक टर्थ्यो । त्यति भए पनि भएकै थियो। जसोतसो सबै निर्वाह गरेकै थिए। तर उनीहरूको दःख कसैले देखेकै थिएन। न त समाजले न त परमेश्वरले नै । द्वै जना बिहानै साहको काम गर्न जान्थे, बेल्कापख आएर खाना पकाएर खाएपछि स्तिहाल्थे। बिचरा दिनभरि कामको थकाइले गर्दा दुईजना आफ्नो दुःख एकअर्कासँग बाँडन पनि पाउँदैनथे । उनीहरू कहिल्यै हाँसेनन। धेरै पछि उनीहरूको एउटा छोरा जन्मियो। त्यतिबेला नै होला

तिनीहरू हाँसेको तर के गर्नु उनीहरूलाई फेरि ठूलो समस्या पऱ्यो। अब त्यो छोरालाई के गर्ने, उनीहरूले त जस्तो खाए पनि हुन्थ्यो तर अब बच्चालाई त त्यो खान दिन भएन !

उनीहरूले जसरी तसरी काम गर्थे । दुवै जनाले बराबरी काम गर्थे । बच्चालाई पनि मेलामै लग्थे। आराम नपाएर र धेरै काम गरेर होला बुढी निकै कमजोर भइन् तर पनि उनले काम गर्न छाडिनन। एक दिन उनी त थला परिन्। अब त के गर्ने उनीहरूसँग औषधी गर्ने पैसा थिएन । जडीब्टी खोज्न दःख पनि गर्नु परेन। उनी यो संसारबाट बिदा भइन् । छोरा बल्ल एघार महिनाको भएको थियो। उनी छोरालाई काखमै लिएर स्तिरहेकी थिइन् । छोरो रोइरहेको थियो। बुढा जडीबुटी लिएर आएका थिए । उनको होस हरायो । उनी हतार हतार आफ्नो छोरालाई काखमा लिए । उनी निकै रोए । आफ्नो भाग्यलाई आफैले धिक्कारे । त्यसपछि बढाले आफ्नो छोराको निकै ख्याल राखे । छोरा पनि निकै ठूलो भयो। उसले पढ्न त जसरी भए पनि पढ्यो तर अब जागिर पाउने हो कि होइन ? ब्ढाका सुखका दिन आउने हुन् कि होइनन् ?

३०४९ विनिता, कक्षा ७

My Brother



I have a small brother, We always play together; He likes to play ball, And a cute doll.

He runs here and there, And he says, "I am here"; He becomes very sad, When people treat him bad.



He is three years old, I like him more than gold; He likes to read books, He love to carry a book.

Oh my cute brother, Oh my cute brother; I love you! I love you!

5013 Anugya, class 5

सडक बालक



प्लास्टिक टिप्ने यो मेरो कर्म अहिलेसम्म एक्लो छु संसारमा प्लास्टिक टिप्छु फोहोरमा दिनभरि सुत्ने गर्छु सडकमा रातभरि माया छैन साथीभाइ कसैको कुटाइ खानु पर्दछ सबैको काम माग्दा दिँदैन कसैले खाते भनी हेप्दछन् सबैले

Shivaa

Shivaa is a popular Hindi cartoon like Motupatlu. Before Motupatlu was more popular but now Shivaa has defeated Motupatlu. In this new cartoon a young boy named Shivaa finds a new magical bicycle. The he tries to ride it but he cannot learn to ride it that time but he tries again and again and he doesnt lose his hope and tries and then finally he succeeds. And suddenly, a new super start has come in his bicycle.There are many gadgets and using those gadgets he helps who are in need of it. If someone says him "Aare o bachhe", then he tells," Aare o uncle bachha nahi kehena shivaa, shivaa naam hain mera" and then he shows who



is Shivaa and what Shivaa can do. He lives in a small city of India called Verdansheher. Most of the people are attracted by its natural beauty because it has combination of oceans, hills, mountains, plains, rivers and ponds.

Before, mostly children were attracted by this cartoon but now adults are also attracted by this cartoon.

5118 Rohit, class 5



प्लास्टिक टिप्न फोहोरमा जाँदा यो मन रुन्छ सिसाले बिभाउँदा इज्जत पाइनँ प्लास्टिक टिपेर दुःख पाइयो टुहुरो भएर दुःख बुभे भन्दिनथेँ कसैलाई यो खातेको नमस्कार सबैलाई ।

३०८० सुजना, कक्षा ७

A better day tomorrow



This country is not only yours And not only mine; It's our country, It's our pride.

Don't corrupt the country, Don't let the patriotism die; Help the country and its people, Giving your best try.

Do something! Help it rise, When the country develops, It increases its price

Try to be patriotic, For a better tomorrow; When the hardworking pays off, Soon will end the sorrow.

4096 Prasim ,class 6





It was a sunny morning. The birds were singing and the trees were dancing. The animals were very excited because mother hen's eggs which she had laid a month ago were about to hatch. The mother hen was very happy. Eggs were hatching one by one and the mother hen was very happy to see that all of the chickens were big and healthy. The last egg hatched. A chick came out from the egg that was a bit smaller than others. Other chickens started laughing at him and teasing him about his small size. At first he thought that it was just playful teasing but later when they teased him all the time, he

बिहानै घाम उदाउन्भन्दा अगाडि आमासँगै उठें। भान्सामा आमालाई काम गर्न सघाएँ। केही समयपछि बुबा र काका पनि भान्सामा आउन्भयो। धेरै समयपछि सहरबाट आउन्भएकाले होला आमाले काकालाई धेरै सम्मानका साथ चिया-खाजा दिन्भयो । म पनि बुबाको छेउँमा बसेर उहाँहरूको कुरा सुनिरहेकी थिएँ त्यत्तिकैमा काकाले मतिर हेर्दै भन्नुभयो, "ए ठुली कि तँ पनि मसँग सहर घुम्न जान्छेस् ?" सहर घुम्ने भनेपछि मेरो मनमा धेरै इच्छाहरू जाग्न थाले। केही बेर सोचें मलाई सहर कस्तो छ भनेर हेर्न मन लागेको थियो । मैले पनि जान्छ भनेर जवाफ फर्काएँ । किन हो त्यो दिन बाआमाले पनि केही भन्न भएन । बाले केही समय खै के सोच्न भयो त्यसपछि जान्छेसु भने जा भन्न्भयो। म खुशी हँदै सहर जान आफ्नो सामान तयार गरें । भोलिपल्ट बिहान बाब् आमाको साथ छाडेर म काकासँग सहर लागे। घरबाट हिँड्नु अगाडि मलाई बाआमाको अनुहार हेरेर नरमाइलो लागिरहेको थियो । म सहर पुगें । त्यहाँका गाडी देख्दा मलाई अचम्म लागेको थियो तर त्यो धुलो धुवाँ भने मनै परेन । कस्तो बिरानो रहेछ सहर । न कोही देखेका न

couldn't bear it. He couldn't face the humiliation anymore so he went away.

He started living away from the other chickens although he missed his mother badly. One day when he was drinking water from the river, he saw a crow chasing a sparrow. Since he had been living independently, he had learnt some skills by himself so that his survival could be easier. With his talented skills, he managed to scare the crow away. The sparrow was very grateful towards the chick. Although the sparrow couldn't immediately thank the chick, she kept it in her mind. One day the chick was bathing in the river when he saw the same sparrow. It had been quite a long time so he didn't immediately recognize the sparrow. The sparrow had found a potion in the woods which had the power to increase height and grow taller. The chick drank the potion and his insecurity of being small faded away. The chick and the sparrow became friends and always helped each other out in need.

5007 Shreya, class 5



कोही चिनेका ! पाँच दिन नहुँदै काकाले गाउँ फर्किने कुरा गर्नुभयो । मैले काकाको अनुहार हेरेँ अलि नरमाइलो जस्तो थियो । मैले हुन्छ भने । गाउँ जाँदा सबैले मेरो अनुहारमा हेरिरहेका थिए । मलाई लागेको थियो सहरबाट फर्केर आएको भनेर सबैले हेरेका होलान् । जब घरको आँगनमा पुगैं त्यहाँ धेरै मान्छेको भिड थियो । म त्यो भिडभित्र पसेँ । त्यहाँ त दुइटा शरीर जताततै छियाछिया बनाएर काटेको र आँगनभरि रगत बगेको देखेँ । पछि थाहा पाएँ कि मैले मेरो नजिकको मान्छेलाई अब जस्तो सहरमा गए पनि पाउन सक्दिनँ ।

३०४२ कल्पना कक्षा ७

ब्रुढातीलकण्ठ श्कूल

Fear of orphanage



We were one of the happiest families. There were four members in our small family: mom, dad, my brother Justin and myself. Justin was eight years old and I was six. I loved Justin a lot but I did not know if he loved me as well because he always did things which made me think that he hated me. But an incident that happened one day changed everything.

It was a sunny day. We had planned to go to the beach side. We loaded all the stuff in the car and headed to the beach in a joyous mood. My father was driving and we were singing songs. Suddenly, a jeep appeared in front of our car from nowhere and collided with ours.

When I opened my eyes, I was in the hospital and besides me was another bed where my brother was sleeping. I woke him up and asked him how we got there. He told me that mom and dad had passed away in the accident and only we had survived it.

After some days, the police decided to send us to an orphanage. Justin did not want to go to an orphanage. So, we decided to run away from the hospital that night. We sat under a big tree for a long time. I asked Justin why we had run away to which he answered that he did not like staying in an orphanage.

After a while, we decided to start walking and stood up. We marched up to the zebra crossing and slowly crossed the road. Without me realizing, Justin suddenly pushed me. I was blank and when I regained my consciousness, I turned back. My brother was lying there on the road, his head badly injured and heavily bleeding. I realized that he had sacrificed himself to save me. I somehow managed to take him to the hospital. Pokémon





Pokémons are something that don't exist in real life but they are the animals which are caught in Pokémon ball. They are also used for battle to become a Pokémon master. There are many types of Pokémon like fire type, water type leaf type, etc. Pokémon are used to help people to win battles. They are even used by police to catch thieves. The Pokémon which are chosen by police are specially dog type. Whenever we see a Pokémon movie, we think that it will be very interesting if Pokémon were real. The first Pokémon in the movie was Arseus, who made the earth and other Pokémon. Therefore Arseus is known as lord of Pokémon. Pokémons have their own evolution set like squirrel evolves into a wartortle and wartortle evolves into blastoise. There are some Pokemons who cannot evolve at all. There is also aevolution set known as mega evolution.

5051 Aryan, Class-5

5004 Shreya, class 5

Budhanilkantha School





गाउँबाट सहर काम गर्न आएको थिएँ तर जीवन अर्के बाटोमा मोडिन थाल्यो । काम नपाएर पैसा सिद्धिन लागिसकेको थियो । केही दिनमा त बसिरहेको कोठा नै छोडेर हिँड्न पऱ्यो । न त गाउँ फर्कने पैसा थियो न आमाबाबुलाई सम्पर्क गर्न ।

भोक खप्न नसकेपछि म एक किराना पसलमा गएर बिस्कुट माग्न थालें तर कसैले मलाई सहयोग गरेनन् । केही उपाय नभएपछि म यहाँको एक पसलबाट केही चकलेट र एक प्याकेट बिस्कुट चोर्न सफल भएँ । त्यो पसलेले मलाई देख्यो र अरू पसलेका साथ मलाई लखेट्यो । म पनि सक्दो कुँदेँ तर ती मानिसहरूले मलाई भेटाए र कुट्न थाले । केही समयपछि मलाई पुलिस थाना पनि लगियो । यहाँ मलाई राम्रो खाना दिएनन् । सबैको कोही न कोही भेट्न आउँथ्यो तर मेरो भने कोही आएन । दुई महिनापछि मलाई थानाबाट निकालियो र म सडकमा नै बसिरहें। गाउँ हिंडेर नै जान्छ भनी म काठमाडौँबाट गाउँको बाटोतिर लागेँ । कहिले नागढङ्गा त कहिले मुग्लिङ्गमा बास बसी म मेरो गाउँ दमौली पुगे । घरमा मलाई हेर्न केटा आएको रहेछ। मलाई देखेपछि त्यस केटाले मसँग विवाह गर्न नै मानेन । पाँच वर्ष यतिकै बित्यो र म एक नचाहिने खेलौना भौं बसिरहें । छैटौं सालमा मलाई एक केटा हेर्न आयो र ऊ मसँग विवाहको बन्धनमा बाँधिन तयार भयो । मेरो विवाहपछि दुई तिन वर्षमा हामी काठमाडौँ आयौँ।



ती सडक जहाँ म पहिला बस्थें मेरा सामु परे भने मेरा आँखाभरि आँसु भरिन्छन्। गरिबहरू देखें भने म तिनीहरूलाई केही खान दिन्छु किनभने म चाहन्नँ कि मैले जस्तै अरूले भोग्नु परोस् । आखिर गरिबको व्यथा गरिबले नै बुभछ, हैन र ?

३००४ केरन, कक्षा ७

If only I could fly



If only I could fly, I would go to touch the sky.

I would fly high with the kites,

And see all those wonderful sights.

I would touch the Eiffel in Paris,

And go to the fairyland with the fairies, I would fly higher than the birds, And go to heaven, to see the lords.

I wish it was not a dream I wish it was just true If only I could fly, I would go to touch the sky.

4137 Shambhavi, class 6

बूढानीलकण्ठ स्कूल



मेरो प्रेम पत्र



मायामा डुबेको म आज यो लेख्दै छु मन भित्रका कुरा म चिठीमा भर्दै छु ।

मेरी प्यारी अलिसा,

तिमी त सोच्छुयौ होला म धनले मात्तिएको मान्छे हुँ तर यो गलत हो । आज तिमीलाई यो साँचो क्रा लेख्दै छ । तिमी र ममा धेरै भिन्नता छ तर पनि म तिमीलाई आफुलाई भन्दा बढी माया गर्छ। म यो त भन्दिनँ कि म तिम्रा लागि जीवन दिन तयार छ । यदि मेरो जीवन नै नरहे मेरो मायाको के अर्थ ? म जिन्दगीका हरेक पल तिमीसँग बिताउन चाहन्छ । तिमीलाई यो त भन्दिनँ कि संसारका सारा सुख दिन्छु, जून टिपेर दिन्छु। यत्ति भन्छ कि म सक्दो माया दिन्छ । जीवनको हरपललाई सम्भना योग्य बनाइदिन्छ। मसँग बिताएका क्षणलाई हरपलको खुसी र सुखमा बनाउने छु। मैले लेखेको सबै तिमीलाई फुटो लाग्ला तर जीवनमा बलेको मायाको बत्तीलाई निभ्न नदिन मैले आज साँचो कुरा लेखेको हँ र म आज तिमीलाई

मेरो जीवनका हरेक घटनाका बारेमा बताउन चाहन्छु।

म टहरो थिएँ र बाटोमा बस्ने गर्थें । खाते भनेर चिनिइसकेको थिएँ । बासी रोटी खान पाएपछि खुसीले भरिन्थें । सानैदेखि मलाई गाँजा र चुरोटले आफूतफ तानिसकेको थियो। एकदिन मलाई एउटी ब्ढीले आफूसँग लगिन् र यौन धन्दामा लगाइन् । म एक रात बुढीको सबै पैसा चोरेर त्यहाँबाट भागें र यहाँ आइपुगें । यहाँ आएपश्चात् मैले सानो पसल खोलें। मलाई गाँजा तान्ने बानी परिसकेको थियो । त्यसैले गाँजाको पनि व्यापार गर्थे । बिस्तारै पैसा सकिँदै गयो र मैले चोरी गर्न थालेँ । पन्ध वर्षको उमेरमा मबाट एक बालिकाको हत्या भयो। मलाई बाल सुधार केन्द्रमा लगियो र म फेरि दुःखमा फर्से । म रातदिन पिटाइ खान्थें । भोको पेट सुत्न् पर्दा मर्न लागे जस्तो हुन्थ्यो । एकदिन सन्तान विहीन मानिसले मलाई आफुसँग लिएर गयो। मलाई छोरा भनेर निकै माया गथ्यों । म पनि उनलाई निकै माया गर्थे । एक दिन उनी साह्रै विमारी भएका कारण संसारबाट बिदा भए । म पढाइमा राम्रो थिएँ र एउटी केटीलाई मन पराउँथे । ऊ पनि मलाई निकै मन पराउँथी। एकअर्का बिना एक पल काट्नु भनेको सयौँ वर्षका लागि छट्टिन् जस्तो हुन्थ्यो तर एक रात उसको बलात्कार भयो । मविना बाँच्न नसक्ने र समाजमा मुख देखाउन लायक नरहेको ठानी उसले आत्महत्या गरी । त्यस रात म भास्किएँ । कुनै नराम्रो सपनाबाट बिउँभिरुए जस्तो । मैले मायाबाट हार खाएँ । जुन दिन तिमीले मलाई मन पराउँछ भन्यौ त्यो दिन मैले आफ्नो

अधरो प्रेम कहानी सम्भिएँ । म आत्तिएँ। फेरि मुट् ट्का हुने हो कि भन्ने डर पलायो । तिमीलाई पाएर गुमाउन् पर्ने हो कि भन्ने लाग्यो। फेरि माया पाएर जीवन अध्रो हुने हो कि ? फेरि नीलो सफा आकाशमा कालो बादल लाग्ने हो कि जस्तो लाग्यो । म जुन मान्छेसँग नजिक हन चाहन्छ ऊ सधैंका लागि मलाई छाडेर जान्छ । त्यसैले तिमीलाई मनदेखि मन पराए पनि भन्न नसकेको हँ। तिमीलाई आज मेरो मायाको लागि हरेक दःख सहन तयार भएको र तडपिएको देख्दा म अचम्मित हुन्छु । आँखा भरिएर आउँछ । मायाको अतीतले सताउँछ ।

मैले यो सब भनेपछि सायद तिमी मलाई घृणा गछ्यौं होला र अर्केकी जीवन सङ्गिनी बन्छ्यौ होला । तर मलाई यो सजाय स्वीकार्य छ । म अन्त्यमा यति भन्छु कि:

"तिमी माया गर या नगर मलाई म तिमीलाई सधैँ माया गर्छु तिमी स्वीकार गर या नगर मलाई म तिमीलाई सधैँ माया गर्छ।"

उही तिम्रो प्रेममा पागल ! रायन

२१३४ करुणा, कक्षा द



The value of

time



We come to this world for a very few years; we have a short life-span. We have to use time wisely. Time once gone never comes back. We cannot hold the passing of time. Success in life depends on the right use of time. If we use it properly, we can accomplish big things. Loss of time leads us to failure and grief.

Some people spend time carelessly. They do not realize the importance of time. Time is very valuable. It should be used wisely. We should utilize time, we should have a routine. Waste of time is a great loss. It is a loss of life itself. Our life is nothing but a package of time.

Our daily life should be carefully planned. We should set aside time for different activities. We should spend the major portion of our time in important activities. We should not spend time in idleness. We should do useful activities. Some people spend much time in gossiping, playing cards, listening to music, going to cinema and other unnecessary activities. These are nothing but a sheer waste of time. Time should not be wasted- be it even a second.

Many young people do not attach any importance to time. They follow no routine. They do what they like. These people do not realize that they are wasting time. They are surely to come to grief in future. Children and young people should be taught the value of time by their parents and teachers. Parents should teach the ignorant children how to use time properly and so must the teachers.

Time may be broadly divided into three categories: the past, the present, the future. The past is dead and gone; we don't have any control over it. We can simply think over what we have done and learn to correct our mistakes. The present is the most important time. It is running quickly. We have to use it carefully. We should not waste a single moment. The future is also important. We should plan wisely for it and act accordingly.

Life is very valuable. We have to accomplish many things in life. It should not be wasted. Time is life itself. We should learn to use time properly. Waste of time is great loss. We cannot regain wasted time at any cost. Time once gone is gone forever.

4115 Prabin class 6

मेरो माया



जुनेली रातमा आकाशभरि तारा उसको साथ पाएपछि बिर्सिदैंथें सारा उसको अंगालोमा सधैं जीवन काट्न चाहें आखिरमा गयो ऊ त मैले धोका मात्रे पाएँ माया बस्ने मुटु पनि तोडीकन गयो साथ दिन्छु भन्ने आज, साथ छाडि गयो ।

जीवनभर उसकै आशामा म बाँचेँ मेरा सारा सुखहरू उसैका लागि साँचें आखिर उसले मलाई एक्लै पारि गयो उसले मेरो जीवनमा विरहको बाली गयो आशा पनि छैन अब ऊ बिनाको जीवन सजिलो नि कहाँ छ र अर्थ बिना मरण ? मेरो पापी माया आज फर्कि आउँछ कि ! संसारलाई छाडी आज फेरि आउँछ कि !

२०८४ प्राची, कक्षा ८

Hostel life



Hostel life is a much disciplined life. Generally, every school has a hostel. Boys or girls coming from distant place lodge in school's hostel. There will be separate hostel for boys and separate hostel for girls. They live together with their friends. Hostel is also a part of school. In hostels, there are many friends. We can help them and get help from them. We can share our joy and happiness. There is a sense of brotherhood, love, and respect in hostel. The superintendent of the hostel is also kind.



There is a strict supervision in hostel. Each hostel will have a hostel warden who is a friend and guide for the students residing in that hostel. There is a mess in every hostel to supply food. The superintendent examines the food and cares much about us. There is a doctor too in a hostel, who provides medical facilities to the students. The boys who are in hostel are regular in habits. They leave their bed at fixed time; they eat at a fixed time and so on. They work and play at an assigned time. Thus, a hosteler learns to be regular. Punctuality and regularity is developed as a habit of a hosteller. Also the hostel life provides unique facilities for studies. They are regular in studies. They read daily newspapers. They are free to read. They also live under strict discipline and supervision. The hostel rules teach them discipline and punctuality. Hostel life thus develops a sound moral sense.

In conclusion, hostel life is a very tough life. It is strict and makes us well-behaved.

4102 Rohan, Class: 6

भोलिको म





भोलि म आउने छु देशको खुसी र ज्ञान लिएर चमेरोलाई लखेटेर बदमासहरूलाई सुधारेर ।

देशको प्रगति गर्न आफ्नो भेष फर्काउन ज्ञान र शक्ति बढाउन भोलि म आउने छु।

देशलाई अगाडि बढाउने छु देशमै रमाउने छु प्रकृतिलाई सजाउने छु भोलि म आउने छ ।

३०१३ आष्मा, कक्षा ६

Your hobby is singing, what about aim?



The room was full of certificate and awards. Guitars. keyboards and other musical instruments were kept in a big cupboard with glass cover. There were paintings of singers hung on the wall. And I was besides Arijit Singh, the famous Bollywood singer. They showed me every room of the studio. Arijit said," Avinash, sing a song with me." I said, "wow! Okay "I held the microphone" The crowd was shouting "Avinash "at regular intervals. I was confused because I could not see any crowd in front of me but still I was hearing my voice. "Avinash", the voice said again. "wake up." I slowly opened my eves and realized that it was a dream.

As usual I dressed up and went for breakfast. The environment was very cheerful because it was a leave weekend and we were allowed to go home that afternoon. When I ride in the micro to go home, an old man who sat beside me asked me? "Are you from Budhanilkantha School?" When I said that yes, I was indeed from Budhanilkantha School, he asked me what my aim was.

I told him I wanted to be a singer when I grew up because it was my passion. The old man looked at me and said, "No, singing is just your hobby. I was talking about aim"

I thought about what the old man said for the rest of my day. Was having an aim to be a singer so bad? Why could singing only be a hobby, not an aim? Was following my passion not good enough? These questions still bug me and I'm still deciding if singing is my hobby or my aim

4099 Avinash, class 6



छाडी गयौ



जहिले कसम खान्थ्यौ साथ छोड्दिन भन्थ्यौ ती सबै कसमहरू फुटा बनाई छाडी गयौ पहिले

साथ दिन्छौ भनी चोखो माया दिएँ तिमीलाई तर तिमीले एक्लै बिचमा छाडी गयौ मलाई ।

चाहन्थें होस् हाम्रो माया सधेँ अमर तर कहिले यो बन्धन टुट्यो भएन मलाई खबर ।

छाडी नै जानु थियो भने किन दियौ माया ? चाहन्नँ अब म हेर्न तिम्रो त्यो कालो छाया।

जुन नाता निभाउन सक्थे नै किन पऱ्यो निभाउन तिमी नै भन यो पीडा लिएर कसरी बाँच्नु म ।

२०८२ स्नेहा, कक्षा ८

Spider World



Spiders are insects. But all spiders are not poisonous, only few have strong fangs and venom to harm humans. One of the most poisonous spider is a black



widow spider. It is found in any warm parts of the world. It is a small, round spider which likes hiding in quiet places. When the spider bites, after a few minutes, the bite becomes terribly painful. The victim feels dizzy and can even suffer from paralysis. It is really fatal and nowadays the cures are also available.

The Australian funnel-web spider species is a larger species with a bite that causes heart failure and breathing problems. The recluse spider of USA and Brazil also has bites that can be fatal. However the chances of being killed by a spider are less than those of being struck by a lightning. The largest spiders like red-kneed tarantula are a little dangerous to human being. Spiders bite us only when we try to harm them.

4064 Subachar, Class 6

सलाम छ फौजी सलाम



के आमाले जिन्दगी मलाई दिनु भयो ? त्यो त आफ्नो देशलाई सेवा गर्दा नै गयो।

हातमा भोला शिरमा टोपी लगाएर देशको रक्षा गर्न गएँ आज बिना देश म टुहुरो भएँ ।



आजको रात बस्छु, यहीँ फौजी भनेर जान्छ बरु देशको सहिद बनेर ।

फौजी बनी देशको रक्षा गर्न गाह्रो थियो। साथीले त फौजी बनेर आफ्नो प्राण यो देशलाई दियो। बिना पात रुख त खल्लो थियो हात धोए पछि यस्तो हँदो रहेछ आज थाहा भयो।

फौजीको रक्षा हातले होइन साथले गर्नू यही आफू मर्न परे पनि फौजीभौँ देशको रक्षा गरेर मर्नू ।

४०३२ सनम, कक्षा ६

The masked man



I was in my cabin busy with my work when I got a call from my boss. He asked me to come to central office immediately. And after saying this much he hung up the phone.

I was totally blank heading for the office. What might have occurred for my boss to call me at this odd hour. Once I reached the office I could see no one. Even sweepers weren't there. It was so dangerously quiet. Suddenly the lights went out. In dark I could see four or five shadows moving towards me. Then I could actually see those shadowy figures. They were cops and some black men. One of them pointed a pistol at me right in my forehead. It was a moment when I just blinked my eyes and lights were turned on. My palms were sweating. I had not feared death before but right now at this moment I was petrified and couldn't move an inch out of fear. After gathering some courage I was about to ask what was going on but one of the black men just made a demand of diamond.

He said, "Give me the diamond or take the dead body." I asked, "What the hell is going in this place?" One of them replied furiously, "Keep quiet miss or I will shoot you and send you to hell". I was shocked and the black man added, "Don't try to be smart or she will die. Don't you dare to make a move , missy." I didn't know to who did "she" referred to. I took a step and witout a second thought the man with pistol fired the bullet. BANG!!!

Suddenly everything was dark. I opened my eyes with everyone smiling at me. Then someone cried, "Happy Farewell". Oh ! I remembered that it was my last day at work.

3016 Ichchha, class 7



शपनाको संसार



कस्तो लाग्छ सुन्दा तिमीलाई आफ्नो आत्माको गुहार मेरो कुरा सुन भनेर कराइरहेको छ तिम्रो आफ्नै आत्मा बार बार ।

आफ्नो दिमागको मात्र होइन आफ्नो मनको पनि सुन हेर त तिम्रो मन यति दुःखी छ किन ?

असल कुरो तिम्रो मनले तिमीलाई भन्न खोजेको छ । तिम्रो आत्मसम्मान र इज्जतको बिगार होइन भलाइ रोजेको छ ।

बिन्ती गर्दै छ म

सुन आफ्नो मनको गुहार हावामा महल बनाउन छोड भुली जाऊ आफ्नो सपनाको संसार

३०५० वर्षा, कक्षा ७

Why not learn from Dawa Tamang ?



I got the opportunity to spend my Dashain holiday with Dawa Tamang, my neigbour.We studied about many people who had contributed to the society. Most of the people take birth on Earth, live like other animals and die. Even their neighbours and relatives forget them after their death. This story is of an orphan who lost his father at the age of six. He is not famous like Albert Einstein, although people remember him. But he has not been recognized by others. There are thousands of such people who are not known to us, but they have contributed much to the society. Dawa is one of them.

Till the age of five, he was living happily with his parents despite their severe destitute. For a child, parents are more valuable than anyone else. But at the age of six, his father passed away. How cruel the God is! Poor widow could

not take care of three children properly as a result, they were totally deprived of education which is a fundamental right of the people. Dawa, then six years old could understand the problem of his mother. Therefore, he decided to be a servant of his neighbour, an avaricious person. His boss was very greedy and was hotheaded. He treated Dawa very badly. His work was to take care of two of his children, who were almost a year or two younger than him, and to take five of his cows for grazing. By nature, children cry time and again as they cannot express their need in words. But Dawa would be punished if the children cried. One day, he was beaten very badly. Blood trickled down his forehead. It occured to him to him that he should not continue the job. If he continued, there would be two consequences: either he would die, or he would be handicapped. Therefore, he finally decided to run away from there. At 11 pm of the same day he was beaten, Dawa hugged the cows with eyes full of tears. The cows could understand the problem but they could not speak. It is said that messages can be conveyed even in silence. This shows that life is like a camera. Click a beautiful shot and if it doesn't work, try taking another picture. He left his house at the age of seven. There was heavy competition among porters to carry his load. He was eight

years old but he could carry more than 35 kg on his shoulders.

He was stabbed by one of his rivals at the age of nine, but he continued working. We can still see the bruise on his left cheek. Dawa told me that the same incident guided his life to the right track. I still remember the response of a gold medalist in a question of Bijay Kumar Pandey. She had said that people called her genius and brilliant by birth, but the reality of her success was her hard work and her interest. Similarly, Dawa didn't give up his job, but continued with due care. Tourists began to love little Dawa and used to select him to carry their luggage. Honesty in work is also liked by God, the same happened in his life.

"Life is the sum of different experiences. If we become thirsty, then we can understand the meaning of water. Life is better if we have ups and downs in our lives.", says Dawa.

Take the example of motion of our own heart. If the heart is steady, then the man is declared dead. A live person has ups and downs in his heart





beat. Life should also be the same.

One day Dawa was carrying the loads of a couple of tourists, in the mountains. Suddenly they were struck by a blizzard. Sadly, the husband didn't make it and his wife was about to die had it not been for Dawa, who carried her to a safe destination. She was taken to a hospital and later returned to Germany. Eventually, she became better and brought Dawa to Germany. Dawa's fortune changed and he became a guide. He was able to earn a small fortune and with the savings, he purchased a land of two ropanies and constructed a beautiful house back in Nepal. He is now running a home-stay there. He now has three children- two daughters and a son. The eldest daughter is pursuing a doctorate in the US. His son has completed his Bachelor in tourism and the youngest daughter is in class five.

Although he is not literate, he can speak more than five languages fluently. He is running an orphanage at Kapan where twenty-five orphans have an access to school. He is bearing the cost of this orphanage.

From his story, I have learnt that we should not give up in our lives. Further, the main important lesson that I have learnt from him is success equals to the continuous effort and positive thinking.

4061 Prashanna, class 6

शिक्षा



शिक्षाले नै मानिसलाई अघि बढाउँछ अधुरो काम पूरा गरी सुमार्ग देखाउँछ ।

शिक्षाले नै मिल्छ चेतनाको ज्योति यहीँ ज्योतिको प्रकाशमा फल्छ हिरामोती ।

प्यास पनि पानीले मेटुछ जस्तो नि मनको शिक्षा बिना खै के काम धनी गरिबको ? शिक्षित बन्ने लक्ष्य हाम्रो जागरण ल्याउने नानी अनुशासन, लगनशील र कर्तव्यवान् पनि । शिक्षित बनी लक्ष्य हाम्रो महान मानव बन्ने महान् बनी समाजको मूलबाटो खन्ने । शिक्षा लिन साथी भाइ स्कुल पढ्न जाऔँ खराब बानी हटाएर नयाँ बानी सिकौँ ।

४१२१ आकति, कक्षा ४

The Story of Earth



Hi! My name is Earth. My mothers' name is sun and my father's name is Stars. I have seven brothers and sisters altogether. Their names are-Mercury, Venus, Mars, Jupiter, Saturn, Uranus, and Neptune. I am the only one who is alive and helps other to live. So, my brothers and sisters are jealous. I am the third daughter of our parents. I am blurring in color because my body is made up of 70% water.

Well let me tell you that first two people on me were Adam and Eve. Also there were creatures like Dinosaurs. On my body there are the Himalayas, seas, oceans, rivers, lakes, etc. There are only three parts in my body, they are-crust, mantle and core. Everyone cared for me in olden days. But now I have no one to care for me.

4131 Aheli, Class 6

Possessed



We had been working late night in the office. Everyone had gone home after finishing their work. The last one, named Harry wished me good night and headed out for his home . So, there were just two of us, me and my Japanese colleague Kichimoto. There was a rumor of about the toilet of our office building being hunted. Some people said it was possessed by soul of a dead guy who used to work here as a security guard. He had hung himself to death in the ceiling of the toilet.

It was already midnight and Kichimoto and I still had not finished our reports and presentations. We were so engrossed in our work. After few minutes Kichimoto wanted to go to toilet to answer nature's call. I was scared to be alone in the cabin but I pretended to be brave and continued doing my work. Suddenly I heard some eerie sounds and creaking noise made by windows. I closed my eyes, started praying and continued doing my job. The only source of light was a dim lamp and to my horror it started to flicker. I was

trembling with fear. I tried to stop shaking as I tried to chant name of all gods I could remember.

After sometime Kichimoto came back to cabin. Oh my god I felt so relieved to see him. He asked me what had happened. I just nodded my head sideways. He fixed the lamp and we started doing our work again. Then as time passed, I too had urgency to use the washroom. I got up and walked towards the toilet in slow steps. The echo of it's sound made my heart pound. Thud..thud..thud.. I had walked

for a long time but I couldn't find the washroom. It was darkn everywhere. My heart told me to shout out loud but no sound left my mouth.

Finally I saw a corridor and went there to take some fresh breath. My palms were all sweaty. I didn't know why but at that particular moment I started getting flashes of all horror movies.

Then I saw the toilet and gathering some courage I went inside and sat for the business. Suddenly I saw some one ahead with a cap, like the one worn by the security guards staring at me with those hollow blood shot eyes. That sight sent chill not down but up in my spine. I was so frightened. I looked downwards and didn't see any shoes or limbs. Then he marched towards me and growled, "Do you like the toilet?" And when I saw him from closer view he was no other than KICHIMOTO...AHHH..AHHHH..I screamed and fainted. The next day I was woken up

The next day I was woken up by Harry and I told him everything and asked whereabouts of Kichimoto. He looked surprised and replied there never has been anyone in the office named Kichimoto.

3036 Ullas, class 7



हामी सबै हाँसेका हौँ घामको भुल्को हेर्नलाई हामी सबै बाँचेका देशको रक्षा गर्नलाई हामी सबै मिलेर अघि बढ्नु पर्छ हामी सबै मिलेर विश्वमाभ नेपाललाई राख्नु पर्छ ।

राष्ट्रसेवा गर्ने अठोट हामीले गऱ्यौँ नेपाललाई चिनाउन हामी अघि सऱ्यौँ

आफू पनि मर्ने छौँ देशको रक्षा गर्ने छौँ

नेपाललाई हामी पनि विश्वमा चिनाउने छौँ ।

मार्नु परे मार्ने छौ हामी पछि सर्ने छैनौँ

देशको लागि मर्नु परे हामी पनि मर्ने छौँ

हामी सबै मिलेर सँगै अघि बढ्नु पर्छ

हामी सबै मिलेर देशको रक्षा गर्नुपर्छ ।

५११५ रोशन, कक्षा ५

Budhanilkantha School



\\We were in Pondicherry Chennai. I woke up, brushed my teeth and took a bath. I was ready to go to the paradise island with my family. My uncle drove the car. Paradise Island was 15 km far from my uncle's home. We stopped in the golden temple of Pondicherry, took photos, ate some fried fish and cold drink. Then we reached Paradise Island and used one of the fastest boats.



It was so fast that it blew my cap and then we reached Paradise Island and ate some sea food. After eating we set off for swimming in the ocean. I was swimming near the shore while other were swimming very far. Then we came back, took a bath, again ate sea food and returned.

4056 Shiwam, class 6

सफलताको कथार्रिपाहीहरू पठाए र उनी राजदरबार
फर्के । केहीबेरपछि सिमाहीहरूले दस
जना मान्छे ल्याए । राजाले सोधे
"तिमीहरू को हौ ? किन यहाँका
जनतालाई भगाउन खोजेको ?"
त्यसमध्ये एउटाले भन्यो "हामी अर्को
देश एउटाबाट आएका हाम्रा मालिकले
यहाँ यो ठाउँ राम्रो लागेकोले यहाँ
बसोबास गर्नलाई यहाँका मानिसहरूलाई
हटाउन लगाएका हुन् ।" राजाले यो
सुनेर तिनीहरूलाई जेलमा हाले र सोच्न
थाले "अब यहाँ केही हुन्छ हामी सतर्क
हनुपर्छ ।" राजाले सबै सिपाहीहरूलाई
तयार हन भने । यहाँ जन बेला पनि

थियो । ऊ एउटा ठूलो महलमा बस्थ्यो । त्यहाँ हरिया रुखहरू, ठूला बगैँचाहरू थिए । चराहरूको आवाज चिरबिर चिरबिर आउँथ्यो । राजा निकै नै दयालु थिए, तर उनी अलि आत्तिन्थे । चबिर आफ्ना जनताहरूलाई बेलाबेलामा अप्ठ्यारो परेको छ कि भनेर सोध्थे । राजाका सिपाहीहरू चार सय जति थिए । सबैले बन्दुक बोकेका र टोपी लगाएका थिए । राजाको एउटा सिपाही कमान्डर थियो जो धेरैजसो राजासँगै हन्थ्यो ।

एकदिनको कुरा हो चबिर आफ्नो बगैँचामा बसेका थिए । सबै खुसी थिए । राजाले सोचे धेरै दिन भयो आज यसो बाहिरका मानिसहरूको हालचाल सोधेर आऔँ । त्यसपछि चबिर आफ्नो गाडीमा केही सिपाहीसँग राजदरबारबाट हिँडे । बाहिर जाँदा धेरै मानिसहरू दुःखी थिए । राजा दयालु थिए । बाहिर आएर ती दुःखी मानिसहरूलाई सोधे "तिमीहरू किन दुःखी छौ ?" त्यसपछि एउटा मानिसले भन्यो, "हामीलाई केही मानिसहरूले यो ठाउँ छोड नत्र हामी तिमीहरूका सबै घरहरू आगो लगाइदिन्छौ" भनेका छन् । राजाले ती मान्छेहरूलाई खोजेर ल्याउन केही जना मान्छे ल्याए । राजाले सोधे "तिमीहरू को हौ ? किन यहाँका जनतालाई भगाउन खोजेको ?" त्यसमध्ये एउटाले भन्यो "हामी अर्को देश एउटाबाट आएका हाम्रा मालिकले यहाँ यो ठाउँ राम्रो लागेकोले यहाँ बसोबास गर्नलाई यहाँका मानिसहरूलाई हटाउन लगाएका हुन्।" राजाले यो सनेर तिनीहरूलाई जेलमा हाले र सोच्न थाले "अब यहाँ केही हुन्छ हामी सतर्क हन्पर्छ।" राजाले सबै सिपाहीहरूलाई तयार हुन भने । यहाँ जुन बेला पनि आकमण हुन सक्छ। यो राजाले भन्ने बित्तिकै एउटा सिपाही आएर भन्यो गाउँमा आक्रमण भयो सबै जनतालाई मार्देछन् । चबिरले तुरुन्तै सबै सिपाहीहरूलाई लड्न पठाए । सबै सिपाहीहरू बन्दुक बोकेर लडुन गए। दुबै सिपाहीहरू बराबर थिए। तर किन हो चबिरका सिपाहीहरू घटुदै गए । अब हार्दे गएपछि चबिर अब अर्को ठाउँमा बसोबास गर्न जाने भनी हिडदै जङ्गलबाट गए। जाँदा जाँदा रात पर्च्या र एउटा गुफामा गए।

त्यहाँ चबिर रात काट्न बस्यो र बिहान उठ्दा उसले एउटा माकुरा त्यो गुफामाथि चढ्न थालेको देख्यो । त्यो माकुराले जति प्रयास गर्थ्यो त्यति नै फेरि तल भर्थ्यो । त्यो माकुराले हार मानेन र प्रयास गऱ्यो । तेह्रौं पटकमा त्यो चढ्न सफल भयो । चबिरले यो हेरिरहेको थियो । उसले सोच्यो "म त एक पटक मात्र लडें र हारें तर यो माकुराले यति लडे पनि प्रयास गर्न छोडेन र अन्तिममा पुगेर नै छोड्यो । त्यसैले म पनि अभौं प्रयास गर्छु ।"

४११३ स्जन, कक्षा ६

जीवनका पाटाहरू



भन्छन् पैसाले जीवनभर साथ नदिए पनि सम्बन्धले भने सधैँ साथ दिन्छ । तर मलाई जन्माउने हुर्काउने र आफ्नो मायामा बाँधेर राख्ने आमाले न मेरो साथ छोड्नुभयो । आमाले छाडेर जानुभयो तर म भने अँध्यारोमा निदाइरहन परेको छ । एउटा सम्बन्ध बिलायो तर अर्के सम्बन्धले मेरो जीवनमा गाँठाँ बाँध्यो । ती थिइन् मेरी सौतेनी आमा ।

म सात वर्षकी थिएँ। भन्छन सबै आमाको जस्तो माया सौतेनी आमाको पाउन गाह्रो हुन्छ अरे.... तर मेरी सौतेनी आमा भगवान जस्ती थिइन । म सानै भएकाले म बाबालाई धेरै कुरा भन्दिनथें । मेरो बाबा विद्यालयमा पढाउन् हुन्थ्यो तर सौतेनी आमाले बाबा विद्यालय गएको मौका पारी फोन गर्नुहुन्थ्यो। एकदिन सौतेनी आमाले मलाई बाबा स्कुल गएको बेला बजारमा लग्नुभयो । त्यहाँ एउटा केटा आएको थियो । केटाले मलाई धेरै खानेकुरा किनिदियो । धेरै खानेक्रा किनिदिएकाले मख्ख परें तर नचिनेको मानिसले दिएको खानेक्रा खान असजिलो भयो तर

मैले बाबालाई भन्न सकेकी थिइनँ । बाबा पनि घर आउन्भयो। म भनू कि नभनू जस्तो भएँ । त्यस बेला सौतेनी आमा पानी लिन जानभएको थियो। त्यो बेला मुटु कसेर ३ वर्ष अगाडिको घटना मैले बाबालाई भनें... यो घटना स्नेर बाबा म्रम्रिदैं आमालाई बोलाउन लाग्न्भयो । मेरो मुटु कामिरहेको थियो। सौतेनी आमा घर आउन्भयो । बाबा र सौतेनी आमाको लामै समय भगडा पऱ्यो। सौतेनी आमा लुगाको पोको बोकेर हिँड्नुभयो । मलाई लाग्यो भोलि आउन्हुन्छ होला नि । तर एक वर्ष, दुई वर्ष गर्दै वर्षहरू बितिरहेका थिए। उहाँ अभ्नै फर्किन नै भएन। एक दिन मैले बाबालाई सोधें, आजबाट म पनि हजुरसँगै स्कुल जान्छ है ? हुन्छ, हुन्छ भनी बाबा खुशी हुनुभयो । बाबा विद्यालयमा पढाउन जाने भएकाले म पनि बाबासँगै स्कुल जान थालें । बेल्की पढेर बाबासँगै घर फर्कन्थें । माया, ममता र स्याहारस्सार बाबाले नै गरिरहन् भएको छ । भन्छन् सबैले आमा नभएको बच्चा हर्काउन धेरै गाह्रो हँदो होला । म भन्न थालेँ, जन्म दिने आमाले साथ छाडेर जानुभयो। अब मेरो साथमा बाबा मात्र हुनुहुन्छ । मैले भनेको कुरा स्नेर दिदी र ममी उठेर आउन्भयो । मलाई उठाउन् भयो । म भल्याँस्स निद्राबाट बिउँभिएँ । जुन बेलामा म सात वर्षकी थिएँ ।

४०४३ सूजना, कक्षा ६

Into another world



Everything seems to be changed, Everything seems to have different colors in it The world seems to be more peaceful and calm, Because the world is free of conflict

The world is more beautiful now It's free of all disaster. Birds are singing and peacocks are dancing The world had changed extremely faster.

Trees seem to be happy And the sun is shining bright The world is good I can see-From the shining stars at night

But why can't I see people around ?

And I don't know what are these places are called Are you thinking that too , That I have entered into another world?

4036 Nistha, class 6



१८ वर्षे केटो



एउटा १८ वर्षको केटोको घर कुनै गाउँमा थियो । त्यो गाउँका मानिसहरू एकदमै स्वार्थी थिए । उसको परिवारमा उसकी आमा, बुबा र ऊ थिए। उनीहरूलाई छाक टार्न पनि गाह्रो पर्थ्यो । उनीहरू जसोतसो गरेर छाक टार्थे । छोरा पनि ठूलो भइसकेको थियो। एकदिन उसका आमाबाबुको मृत्यु भयो । ऊ अब यो संसारमा एक्लै थियो । गाउँलेहरूले उसलाई हेप्न थाले । उसलाई एकलकाटे भन्न थाले । उ सधैँ रुन्थ्यो । उसले एकदिन गाउँ छोडेर टाढा जाने निर्णय गऱ्यो । उसले फोला तयार पाऱ्यो । अनि हिँड्यो । ऊ दिनभरि हिँडिरहयो । उसलाई भोक र थकाइले सताएको थियो । ऊ राति एउटा जङ्गलमा पुग्यो र त्यहीँ बास बस्यो । ऊ अर्को दिन पनि हिँड्यो र अन्तिममा एउटा गाउँमा पुग्यो । ऊ त्यहाँ पुग्ने बित्तिकै उसलाई सबै जनाले घेरेर हाँस्न थाले । ऊ छक्क पऱ्यो । उसलाई त्यहाँ का गाउँलेहरूले पनि हेप्न थाले । ऊ यस्तो देखेर आफ्नो बुद्धिलाई धिक्कार्न थाल्यो । ऊ रुँदै एउटा नजिकैको जङ्गलमा गएर दिन काट्न थाल्यो ।

३००१ सनयना, कक्षा ७

Class Riding through times



I am Professor Abhinav K. I am the inventor of the time machine, the human relocator 4000. I am trying to make this success, by giving for the trial through time.

I got inside the human Relocator 4000. Suddenly the machine buzzed and then it twisted round and round until I got unconscious. When I woke up, I was in a grassy land. All of sudden there was a rumble from the forest, then came in sight a long necked animal about 300 ft tall. I was scared when I discovered that it was a diplodocus. I ran for my life imagining what kind of pickle I would become if I were stepped by the dinosaurs. Just then, I jumped in the human Relocator 4000. What an amazing experience it was with the dinosaurs! Then I pushed the future button. The Relocator then started to buzz again. I got unconscious. Then I was woken up by a war cry. There was a war going on among the group of people for just a tank of water. It really made me sad. The population

growth had made food and water scarce. I felt really sad and sorry. Just then, I saw the sun beginning to get dimmer. It was the end of humanity. As predicted by the scientists of my time the sun was about die. It did take place after 4.5 billion years. I was scared; I had Goosebumps all over my body. Then I heard a loud voice "wake up". Suddenly, everything blacked out.

The next moment I found myself in bed of my hostel. It was my friend waking me. It was an amazing dream. I found the past good but the future bad. Thus the Human Relocator 4000 was a grand success.

4059 Abhinav, class 6

हरेक वर्षभौँ यस वर्ष पनि २०३औँ भानुजयन्ती समारोहको सफल आयोजना गरियो । गीतकार दिनेश अधिकारीको प्रमुख आतिथ्यमा कार्यक्रम सम्पन्न भएको थियो ।

















Books Donation and Awareness Program, Chitwan



Bringing smiles to the faces



Awareness Club Visit to Elderly Home. Pashupati







Ilmeranure Festival









SOCIAL SERVICE CLUB

Paraolympics

Library Establishment Solukhumbu







SINGAPORE International mathematics CHALLANGE 2016







Welcoments Singapore. We hope you may your wide.

A group of four students attended the SIMC 2016 where they were challenged to slove different difficult Mathematical problems.



EARTH IS BUT ONE COUNTRY, AND MANKIND ITS CITIZED BY CHILD IS POTENTIALLY THE LIGHT OF THE WORL





Other Important BNKS Events



Teachers Refresher Training With Chief Trainer Prof.Dr., Bidhya Nath Koirala at Pokhara



Teachers of Nepali Department after a meeting with Byakaran Expert Badri Bishal Bhattarai



Youth Summit 2016 organized by EDUN



Foundation Stone before and after renovation by students .



A friendly football match SEBS vs students





"तिम्रो साथ कहिल्यै छोड्दिनँ, प्रिया" भनी सञ्जीवले मेरो साम् प्रेमको प्रस्ताव राखेको थियो। कहिल्यै साथ नछोड्ने जीवनसाथी पाएकाले म आफैँ ख्सीले गद्गद् भइरहेकी थिएँ । साथीहरूले मलाइ उसको सम्बन्धमा नरमाऊ भनेर स्भाब नदिएको पनि हैन । तर म भने उसको प्रेममा लठ्ठ परेकी थिएँ। हाम्रो सम्बन्ध दिनहुँ गहिरिइरहेको थियो ।

दिन बित्यो, हप्ता बित्यो, हेर्दाहेर्दे वर्ष बित्यो । हामी अभे पनि सम्बन्धमा रहेकाले मेरा साथीहरू मसँग राम्ररी बोलीचाली गरिरहेका थिएनन् । खै कुन्नि सञ्जीवलाई अचानक के भयो । ऊ मसँग राम्ररी बोलिरहेको थिएन। ऊ मसँग रमाइरहेकै थिएन । कहिले काहीँ भेट भए पनि ऊ मसँग गाह्रोसँग बोल्थ्यो । थाहा थिएन के भएको थियो उसलाई। कैंयौँ पटक उसलाई सोध्ने प्रयास गरें तर ऊ ढिपी गर्दै उनीहरूले जहिले देख्ने गर्थे भनेर बसिरहेको थियो। मलाई लाग्दथ्यो कि ऊ मसँग थकित भएको थियो ।

यस्तो मनम्टाबको केही दिनपछि सञ्जीव कलेज आउन पनि छोडयो। मैले उसँग बोल्न धेरै प्रयास गरें । उसलाई फोन पनि गरें तर ऊ मेरो फोन उठाइरहेको थिएन। ऊ यस्तो किन गरिरहेको छ भनी सो च्दै मे रो दिनरात बित्दथ्यो। म पढाइमा आफ्नो ध्यान केन्द्रित गर्न सकिरहेकी थिइनँ । परीक्षाले ढोका ढकढकाउनै लागेको थियो तर म भने पढ्नुको साटो उसले गरेका ती सबै मिठा बाचा र कुराहरू सम्भनामा नै व्यस्त हुन्थें। ती भलकहरूले कहिले खुसी पाइन्थ्यो त कहिले आँखामा आँसुको खोला बग्दथ्यो । मेरो घाँटीले थुक निल्न पनि गाहो मानिरहेको थियो । मलाई घामको उज्यालो पनि औंशीको रात भेँ लाग्न थालेको थियो ।

परीक्षा आउन एक हप्ता बाँकी हुँदा म कलेज गएकी थिएँ। त्यो दिन सञ्जीव पनि आएको रहेछ तर त्यो कोही अरूकै सञ्जीव भएर । मैले कलेजमा देखेको दृश्य पत्याउन नसकेर साथीहरूबाट बुभन पुगें। साथीहरूबाटै थाहा पाएँ कि सञ्जीव र ऋत् सम्बन्धमा रहेछन्। साथीहरू सबैले मैले त्यो दिन जे देखें त्यो १९१७ सीमा, कक्षा ९

मलाई स्नाए।

म छानाबाट खसेभेँ भएँ। मलाई विश्वास भएन कि मेरो सबैभन्दा मिल्ने साथी ऋत्, जो मलाई सञ्जीवसँग सम्बन्धमा नबस्न भन्थी। आज बल्ल पो थाहा पाएँ उसले किन मलाई भडकाएकी रहिछ । बरू उसले मलाई पहिले नै सबै कुरा भनेको भए मैले सञ्जीवसँग माया गाँस्ने थिइनँ । तर ऋतुले मलाई भ्रममा राखी । त्यो दृश्य मेरा लागि दुःखपूर्ण हँदैनथ्यो यदि उसले मलाई पहिल्यै भनेको भए तर अहिले म आफूलाई सम्हाल्न सकिरहेकी छैन ।



त्यो दृश्यले मेरो मनलाई ढुङ्गाफै गरुङ्गो बनाएको थियो। अब त्यस्तो क्नै ठाउँ बाँकी थिएन जहाँ मलाई उसको यादले सताउँदैनथ्यो। त्यसैले म मेरो जीवनलाई बाईबाई गर्न् पर्ने बेला आइसकेको थियो ।

Work Hard



Once upon a time, there lived a poor farmer. That poor farmer had nothing but crops, a house built from straw, pencil and paper. Nevertheless, he had a family that cared for him. For him, everything he had was enough. For water, there was a golden tap, that supplied fresh water. For food, he had a small patch of land where he grew vegetables. He was thankful for having a house that his grandfather had built fifty years ago. He was a father of two beautiful daughters and his wife loved him dearly.

One day, on a transmission pole, there was an amusing advertisement. In it, it was written, "How to earn money faster."

The farmer thought to himself, "I have everything I need, so why do I need to earn money?" He told his wife about what he saw. His wife said, "Darling, compare our life to that of the others. Of course, we need money. Look at our daughters. In a couple of years, we will have to send them to school. Do you want your daughters to be uneducated?"

The next day, he went back to the electricity pole. There was

the advertisement from the day before. He took it and walked back home. He read it as he was sitting on the ground. It said:

"Number one, start a business."

"How am I to start a business?", he asked his wife. "Mmm...oh! Try selling

your crops.", she said

"Okay, next Saturday with the paper, I'll make a basket and place my crops, walk to the city and sell them", the farmer replied with excitement.

A week passed and it was Saturday. He made a basket, placed his crops in there and headed to the city with the basket tucked between his arms. His first customer wanted some pumpkin and wheat.

He said, "That will be a hundred and ten rupees."

The customer handed him the money. He then walked around, shouting, "Vegetables, Vegetables at low cost."

A crowd rushed towards him and in a couple of hours, he had earned more than seven hundred rupees. He went to a supermarket nearby and bought some vegetables for dinner.

Slowly and slowly, days passed. Instead of straw, he now had a house built of bricks. Instead of a paper, he had a laptop and instead of a basket, he now had a shop to sell his vegetables. His family became richer and happier day by day. This is the result when you work hard.

5021 Karshini, class 5







नदी खोज्न कति हिड्यो भेटाएन बाटो पानी खान तिर्खाएको नेपालको माटो।

बोकेको छ हृदयमा प्रगतिको धोको अघाउने कल्पनामा हिँडेको छ भोको

पीडा व्यथा सहेको छ कति सोभ्हो लाटो

खडेरीले चुसिएको नेपालको माटो ।

ज्यानभरि निलडामले डामिएका फोका

गहभरि छन् आँसुधारा मिहेनती भोका

सधैँभरि मागेको छ अघि जाने बाटो

सहिदको रगतले रङ्गिएको माटो ।

४०८७ प्रिन्स, कक्षा ६
Childhood Times



When I was a child, I would go to the woods, I would search for berries, Dreaming the stories of fairies.

I would play with dolls, And paint on the walls. I would take out a string from the woolen ball, To help my mother to knit a blue shawl.

I loved to bake cakes, And roam near the lakes. I read "Cinderella", my favorite story book, And helped my mother to cook.

Sometimes I would do things very funny, On a pleasant day which was sunny. Everything was fine, everything nice, But only then, during my childhood times.

4029 Shreeshma, class 6

छोरीको व्यथा



छोरालाई विद्यालय छोरीलाई घाँस मुस्किलसँग छोरीले फेरेकी छन् सास छोरीको जीवन किन लाग्छ सबैलाई सस्तो कसरी हेप्न अनि कुटपिट गर्छन् हेर कस्तो ।

बालबालिकालाई देशको कर्णधार भन्छन् तर पढ्न दिँदैनन् गाली मात्र गर्छन् छोरा छोरी भन्छन् तर छोरा मात्र गन्छन् छोरीले त पढाइ हैन दाउरा घाँस गर्छन् ।

अभिभावक भन्छन् छोरी होइन छोरा भए पुग्छ मलाई अरु केही पनि हुन्न । छोरा पाए रमाउँछन् छोरी पाए दुःख छोरी त अलछिनी त्यही पापी मुख ।

कति गाली गर्छन् अनि कति दुःख दिन्छन् खान पनि दिँदैनन् र कुटी मात्र रहन्छन् भोक भोकै बसिरहन्छन् पीडा हुन्छ धेरै बाब् आमाले हेर्दैनन् सुख हन्छ थोरै ।

२१२२ अस्मिता, कक्षा द



समयको महत्व



The slanting chords of moonlight pierce through the window panes:

Only source of illumination down the narrow lane, Silhouettes are sketched all over the path,

The bushes rattle and bough begins to unleash its wrath.

Trees whisper the poem of magnificent starry sky, Wishing if they could borrow some shimmering lights, The willowy stream wounds its way underneath the bushes They share the secrets of life underwater and talk in hushes.

Silvery beams of light quivers and shivers gliding along the canopy of forest,

As the soft breeze showers the sleeping lives with trembling kisses,

Angles in the heavens sing song of this insanely magical sight, Never a magic had worked so impeccably right.

7053 Shubheksha, class A2





समय हाम्रो जीवनमा एकदमै महत्त्वपूर्ण हुन्छ । यसले सानालाई साना भन्दैन र ठूलालाई ठूला भन्दैन । यो निरन्तर चलिरहन्छ । यसले कसैको अर्ती उपदेश मान्दैन । यदि यसलाई कसैले "रोक" भन्यो भने पनि यो रोकिँदैन । यो कसैको धम्की र त्रासमा पर्देन । यसलाई सेकेन्ड, मिनेट, घन्टा, दिन, हप्ता, महिना र वर्ष आदिमा नापिन्छ ।

समयलाई अनादि र अनन्त भनिन्छ। यो अनादि कालदेखि चलिआएकोले यसलाई अनादि भनिएको हो। यो कहिल्यै पनि अन्त्य नहुने भएकोले यसलाई अनन्त भनिएको हो। यो आफ्नै गतिमा चलिरहन्छ। मानिसहरू जसलाई पीडा भइरहेको हुन्छ उनीहरूलाई आफ्नै गतिमा चलिरहेको समय पीडाले गर्दा ढिलो चलिरहेको जस्तो लाग्छ । त्यस्तै मानिस जसलाई यो जिन्दगी रमाइलो लागिरहेको हुन्छ, उनीहरूलाई समय छिटो चलिरहेको जस्तो लाग्छ । तर समय आफ्नै गतिमा चलिरहेको हुन्छ । खेलाडीहरू पनि समयको महिमा बुभछन् । त्यसैले हामीले पनि समयको महिमा बुभ्केर जिन्दगी चलायौँ भने हाम्रा जीवनमा बाधाहरू आउने छैनन् ।

५०९४ मुस्कान, कक्षा ४

बढानीलकण्ठ श्कूल

Friend



Whenever I close my eyes, Infront of me stands someone, Somewhere in my mind, she is still there To pray and support me here.

Whenever I feel sad, She makes my mood good from bad She is the one whatever I had If she is with me I can do whatever I want

I am sure anyone can leave me,

But she helps me forever She has promised me to help And wont be leaving forever Because she is my friend

Because she is my friend For whom I have prayed.

4022 Sandhya, class 6

अँध्यारो रात

एक दिनको कुरा हो । रामको कक्षामा परीक्षाका लागि शिक्षकले विद्यार्थीहरूलाई ढिलोसम्म राखे । विद्यालयबाट रामको घर जान करिब एक घन्टा लाग्थ्यो । विद्यालयबाट ढिला छाडिदिएकाले बाटोमा रात परिसकेको थियो । आधा बाटोसम्म राम साथीहरूसँग गयो तर साथीहरूको घर आइपुगेकाले ऊ चाहिँ आफ्नो घरसम्म जाने एक्लै भयो । उससँग





बत्ती पनि थिएन । ऊ एकदमै डराइरहेको थियो । उसलाई एक्लै अँध्यारोमा हिँडुन डर लागिरहेको थियो । उसका मनमा अनेकौं प्रश्नहरू आइरहेका थिए । जाँदा जाँदा उसले माथितिर एउटा जङ्गलमा बाघ देख्यो । बाघ ठुलो स्वरमा कराइरहेको थियो । अनि निकै ठूलो थियो । उसलाई फन डर लाग्यो र आत्तियो। अनि भाग्ने प्रयास गऱ्यो । ऊ चाँडो दौडिने प्रयास गरेको थियो । तर बाघ उसको पछिपछि दौडियो । राम अगाडि र बाघ पछाडि दौडिरहेका थिए । बाघ रामको नजिकै पग्यो । बाघ उसलाई भाम्टिन लाग्दा लाग्दै ऊ भसङ्ग भयो। ऊ बिउँभदा त ऊ उसकै बिस्तारामा स्तिरहेको थियो । उसले मनमनै सोच्यो, "यो त केवल एउटा सपना मात्र रैछ ।"

३०४८ अन्जिता, कक्षा ७

भारत्याङ २०७३

चरेनेता २ चरेनेती



आज त्यो रुखको हाँगामा छन् एक चखेवाका जोडी जे प्रेमको सागरमा चुर्लुम्मै डुबेका छन् उनीहरूको संसार बेग्लै छ जहाँ खुसीयाली नै खुसीयाली छ ।

उनीहरू दुई बाहेक छैन कोही संसारमा, न त छन् उनका सहेली तर दुई मै छ हर्ष अनि उमङ्ग त्यहाँ गर्छन्, आफ्ना कुरा हाँसेर दिल खोली।

मायाको अर्चना गर्छन् चोखो प्रार्थना गरी

लाग्छ यस्तो पृथ्वीमा कुनै परी भरी

पीर छैन ताप छैन उनीलाई केहीको खुसी खोज्छन् उनीहरू जे पनि कुराको ।

२०४६ चाँदनी, कक्षा द

John and the Fairy

One day John and his father went to a lake for fishing. When they were fishing John noticed a frog trying to eat a fly. Actually it was not a fly but it was a fairy. Then he caught the fairy and kept it away from the frog. Then the fairy asked, "Who are you?" John replied I am John, a man from this planet Earth". John felt curious to know about the fairy so he asked, "Where are you from? I am from the cloud," the fairy replied again.

John said that he too wanted to go to the cloud. Then the fairy said excitedly "Ok I will take you there because you saved me." Then the fairy mumbled some words and suddenly John grew smaller until he became the size of the fairy. The fairy then caught John's hand tightly and flew up to the sky until they reached up in the sky. They landed in a huge cloud. There were houses, green grass, and river. There was even a big palace. The air and environment there was very nice.

The fairy led John to the palace. While they were about to enter from the palace gate the guards stopped them. They had to explain all the things that happened on the Earth. The guards let them enter after that. The fairy led John to a very beautifully decorated room



where the God of all fairies was sitting in his big sofa. Then the fairy said, "Lord this man from Earth saved me from a ferocious creature". Then the god said. "He is such a nice man and he should be awarded with gifts". Then John replied, "I don't need gifts sir." The God asked rather curiously, "What do you need instead of gifts then?" John questioned, "Can you make my wish happen?" The god said that he could. Then John wished God to make everyone happy on Earth. His second wish was to abolish all sorts of violence and the third wish John made was to give all the living things the power to survive without eating anything.

Now, the wishes were granted. John became very happy and thanked the God and the fairy. Then, he came back to Earth and lived happily with his family and friends.

5066 Aashish, Class 5

मित्र भएँ। सँगै खेल्ने खाने स्त्ने गर्थ्यौं। धेरै रमाइलो हुन्थ्यो। मलाई त्यो हात्तीले आफ्नो पिठ्युँमा राखेर जङ्गलमा घुमाउँथ्यो । एक दिन, द्ई दिन गरी हप्ता महिना हदैं धेरै वर्ष यसरी नै बिते । म ठूली भइसकेकी थिएँ । त्यो हात्ती पनि ठुलो भइसकेको थियो। एकदिनको करा हो । म त्यो हात्तीसँग खेल्दै थिएँ। एक जना आइमाई रुँदै घाँस काट्दै थिइन् । म नजिक गएर हेर्दा त मेरी आमा नै हुन्हुँदो रहेछ । मेरा आँखाबाट आँस् टिलपिलाए। म आमा ! भनेर कराएँ उहाँलाई अँगालो मार्न गएँ। त्यत्रो वर्षपछि भेट भएको मलाई आमाले चिन्न्भएन । उहाँ त पागल हुनु भएको रहेछ । उहाँ यतिकै केके बोल्न थाल्नुभयो। सायद म हराएर होला। म सानी हँदा बाटो बिराएर त्यसरी म जङ्गलमा बस्न थालेकीले र आमा भने त्यस्तो हनुभएछ। म आमालाई अँगालो मारेर रोएँ।

४००४ आभा, कक्षा ६



त्रास आउन थाले। ला ! अब म के गरूँ ? कता जाऊँ ? कसरी यस्तो घनघोर अनकन्टार जङ्गलमा बाच्ँ ? मलाई त फिर्ता जाने बाटो पनि थाहा थिएन। बाहिर निस्कन्छ भनेर कसैलाई भनेकी थिइनँ । म धेरै रोएँ कराएँ चिच्याएँ । कोही मलाई उद्धार गर्न आएनन्। म अब एक्ली थिएँ । बिस्तारै रात पर्दे गयो । स्याल कराउन थाल्यो । मलाई असाध्यै डर लागिरहेको थियो । म दिनभरि भोकै थिएँ । भोक लागि रहेको थियो । म स्ँक्क स्ँक्क गर्दै मनमा त्रास लिई हिँडिरहेकी थिएँ। धेरै अँध्यारो भइसकेको थियो । म रुँदा रुँदै जङ्गलमै कहिले स्तें थाहै पाइन । बिहान उठनासाथै हात तन्काउन खोज्दा मेरा हात चलेनन् । यसो हेरें म त ग्फामा रहेछ । मेरा हात खुटुटा बाँधिएका थिए । मेरो अगाडि एउटा ठूलो बाघ थियो । मलाई खान मुख मिठ्याउँदै थियो । म बेस्सरी चिच्याएँ। अचानक गुफामा एउटा ठुलो चिल आयो र मलाई टिपेर उडायो। तर मलाई त त्यो चिलले माथि लगेर छोड्यो । म आकाशबाट खरन थालें । म कराउँदै खसें । म भुइँमा लडें । मलाई केही भएन । एउटा छावा हात्तीले मलाई बचाएको थियो । पहिला त म डराएँ तर पछि बिस्तारै त्यो हात्तीसँग बोल्न कोसिस गरें। त्यो हात्तीले सायद मैले भनेको क्रा बुभयो होला। ऊ उफ्रेर रमाउन थाल्यो। त्यो दिनदेखि म त्यो हात्तीको



म सानी थिएँ । ७/ ८ वर्ष जतिकी । जाडो महिनाको बेला थियो । जाडो बिदा भइसकेको थियो । एक दिनको कुरा हो । म आँगनमा गट्टा खेल्दै थिएँ । साथीहरू मेरा घरमा आए। उनीहरू पारीको गाउँमा मेला हेर्न जान लागेका रहेछन्। मलाई पनि साथमा लिएर जान आएका रहेछन् । म पनि खुशी भइ मेला हेर्न जाने भनी कसैलाई नभनीकन साथीहरूसँग हिड़ें। पल्लो गाउँ जाने बाटो फेरि कस्तो अप्ठेरो रहेछ। जङ्गलै जङ्गल भइ जान्पर्ने । म उनीहरूको पछिपछि हिँडेकी थिएँ। हिँडुदाहिँडुदै मेरो चप्पल चुँडियो । म चप्पल बनाउन थालें । अरूहरूले मलाई पछि परेको देखेनछन् । उनीहरू अघि बडुदै गए। मेरो चप्पल बनेन र म चप्पल हातमा बोक्दै जान्छ भनेर उठेकी त मेरा साथीहरू कोही वरपर थिएनन । मेरो मनमा अनेक

भारत्याङ २०७३

Budhanilkantha School

Dreams



Dreams are imagination, which don't have guarantee to be successful in life. There are two types of dreams: one in deep sleep and another in real life.

When someone sleeps with something in their mind, they might see many incidents in that dream, which most of the time never occurs in life. It is not a true dream. A dream of that type can't be successful by sleeping and enjoying.

Another dream is actually an aim of a person's life. Most of the people have dreams i.e. aim in their life. All people should have dreams to utilize their lifetime and make it useful. It is good to have such a good dream but dreaming throughout life is not good. It is necessary to put effort by a person from his birth to death to make a dream successful. But always dreaming and not doing anything may cause a great problem in life.

3061 Subarna, class 7

भाग्य

एउटा गाउँमा एउटा अल्छी मान्छे बस्दथ्यो । ऊ बलियो त थियो तर काम गर्न मान्दैनथ्यो । उसकै उमेरको साथी धनी थियो तर ऊ दरिद्र थियो । छिमेकका मानिसहरूले उसलाई काम दिँदा पनि ऊ सक्ने काम नगरेर छाडिदिन्थ्यो ।

ऊ सधैं ईश्वरलाई र आफ्नो भाग्यलाई दोष दिन्थ्यो र गाली गर्दथ्यो । छिमेकीहरूले उसलाई सम्भाउँदा ऊ मान्दैनथ्यो । ऊ आफ्नो भाग्यलाई बेसरी गाली गर्दथ्यो। त्यो अल्छी मानिसको गाली सुन्दा-सुन्दै भगवान् हैरान भए । भगवानले त्यो अल्छी मानिसको परीक्षा लिने विचार गरे। एक रात त्यो अल्छी मानिस सुत्यो । त्यो रातमा उसले सपना देख्यो । सपनामा भगवान् आए। भगवान्ले उसलाई भने "म तिमीलाई धन दिने विचारमा छ । तिमी भोलि बिहान पाँच बजे विष्णुमति नदीमा गएर एक गाग्रो पानी र एक बोरा बालुवा लिएर आयौ भने त्यो सुन बन्ने छ र तिमी धनी बन्ने छौ।" भोलि बिहान त्यो चार बजे उठेर एउटा गाग्रो र एउटा बोरा लिएर घरबाट निस्क्यो । बाहिर गएपछि उसले भन्न थाल्यो "म अब धनी हुन्छु।" त्यो सुनेर छिमेकीहरू यो बौलाएको छ भने । बाटोमा ऊ जाँदा-जाँदै एउटा ठूलो रुखको छहारी र घाँसको बिछयौना देख्यो।



उसले सोच्यो । धनी भएपछि कहाँ यस्तो छहारीमा सुत्न पाइन्छ । ऊ

त्यसमा सुत्यो । निदायो । ऊ उठ्यो । हेऱ्यो । घाम लागेको देख्यो । ऊ फटपट गाग्रो र बोरा लिएर नदीतिर लाग्यो । एक बोरा बालुवा र एक गाग्रो पानी लिएर घर गयो । ऊ घर गएर त्यसमा हेऱ्यो । त्यसमा धमिलो पानी र बालुवा मात्र रहेछ । ऊ त्यो देखेर दुःखी भयो । त्यतिनै खेर एउटा छिमेकको मानिस आएर भन्यो, "सुन त मैले पो पाएछु" त्यो सुनेर उसले आफ्नो भाग्यलाई गाली गऱ्यो र भन्यो "कस्तो बेइमान ईश्वर मलाई सुन दिन्छु भनेर अरूलाई दिएछ ।"

त्यो रात ऊ सुत्यो र सपना देख्न थाल्यो । सपनामा भगवान् आए र भने "तिमी अल्छी भएको कारणले सुन पाएनौ ।" तब देखि ऊ काम गर्न थाल्यो र बुभयो "भाग्यले एक पटक मात्र मौका दिन्छ तर मिहिनेतले भने कहिल्यै मानिसलाई धोका दिँदैन ।"

<u> ५१०९ ओम प्रकाश, कक्षा ५</u>

<u>ब्रढानीलकण्ठ स्कूल</u>



निस्कन्छ कि निस्किंदैन, यो कुरा मेरो मनमा खेलिरहेको थियो । यसको नतिजा आँउदा मेरो नाम निस्केको थियो। यो देख्दा म खुसी त थिएँ तर मनमा धेरै दःख लागिरहेको थियो तर के गर्नु, पढनको लागि बाहिर गएर पढ्न्पर्छ। म सधैं दशैं आउने दिन महावीर प्रसाद रघ्वीर राम उच्च गन्छ । दशैँमा हामी घर जान पाउँछौँ। यो विद्यालय मलाई स्वर्ग जस्तो लाग्छ । यहाँका शिक्षकहरू त्यतिकै टाढा थियो तर मसँग हामीलाई छोरा जस्तो मान्नुहुन्छ। साइकल थियो। बाटोमा बस, टुक म सधैं कक्षामा शिक्षकले दिएको जस्ता धेरै सवारीका साधनहरू गृहकार्य गरेर जान्छ । मैले कहिले चल्दथे त्यसैले म बाटो छेउमा पनि डिमेरिट पाएको छैन र विस्तारै साइकल चलाएर पढुन भविष्यमा पनि नपाउने मेरो प्रतिज्ञा छ र विश्वास छ हामीले परिश्रम नतिजा आयो । यसमा म प्रथम र लगनका साथ कुनै पनि काम भएँ । २०७२ चैत्र ३० गते गऱ्यौं भने त्यो काम अवश्य नै बूढानीलकण्ठ स्कूलको छात्रवृत्ती सफल हुने छ । हामीले सफलता छनोटमा भाग लिन म उपस्थित पाउने छौं।

भएँ। यो जाँच सकेपछि मेरो नाम ४१०४ शिवम्, कक्षा ४

आफ्नै कथा

जान्थें । कहिले काहीं बाटोमा खुट्टा

द्ख्दा पनि हिड्थें । यति धेरै दःख

कष्ट सहेर पढ्दा वार्षिक परीक्षामा

प्रथम भएँ । विद्यालयका सम्पूर्ण

शिक्षकले मलाई बधाई दिन् भयो।

यो देखेर मेरो बुबा आमा साह्रै खुसी

हन्भयो। म कक्षा तिनमा आउँदा

पनि त्यतिकै दुःख कष्ट भोग्न

परेको थियो । म सानै छँदा मेरो

बुबा र आमाले भन्नु हुन्थ्यो, "मेरो

आशीर्वाद छ कि तिमी भविष्यमा

असल र राम्रो मान्छे बन्ने छौ।"

तिमी सधैं राम्रो बानी व्यवहार राख,

अरू साथीलाई नआएको कुरा

बताइदेऊ । सिकाइदेऊ ।" म कक्षा

चारमा हुँदा मेरो ब्बाले मलाई पनि

जिल्लाको सदरम्काम वीरगन्ज

ल्याउन्भयो । मलाई श्री त्रिजुद्ध

माध्यमिक विद्यालयमा भर्ना

गराउन्भयो । यो विद्यालय पनि

जान्थें। वि.स. २०७२ सालमा कक्षा



म लगभग सात वर्षको उमेरमा हुँदा मलाई बूढानीलकण्ठ स्कूलमा छात्रवृत्तिमा छनौट भई पढ्ने इच्छा लागेको थियो । यसबेलादेखि म परिश्रम र मिहिनेत गर्न थालें सधैं शिक्षकले दिएको गृहकार्य गर्न थालेँ । सधैँ बिहान करिब चार बजेदेखि पढ्न थाल्थें अनि एक घण्टा सम्म पढ्थें । त्यसपछि मेरी आमाले भन्नुहुन्थ्यो, "अब गएर सफासँग मुख धोऊ र आफ्नो विद्यालयको लुगा लगाऊ ।" अनि म सबै काम गर्थे। यो देखेर मेरी आमा साह्नै खुशी हुनुहुन्थ्यो र आमाले मलाई बिहानको खाजा दिन् हुन्थ्यो । त्यस्तै दिन बित्दै गए र कक्षा दुईको वार्षिक परीक्षा आउन लाग्यो । मेरो घर भन्दा लगभग तीन चार कि.मी टाढा मेरो विद्यालय थियो । म त्यो बेला एक्लै पैदल

Blind boy with desire



Clueless day and miserable night-

He is a poor little boy who lost his eyesight.

Desires of touching the endless sky is surged within Cruel world punishes the unfortunate boy for uncommitted sin Hated by many and loved by some Sings his story and earns his living in Rome

Speaks the truth but his words are tragic Melodious his voice, a true work of magic

"Why am I not loved?" he asks everyone.

The silence replies with voice of no one.

No one sees him, craving for someone to hold him, care for him-

Blind but he sees everyone well Wish someone was there to see his black and white dreams Add little shades of red, purple and green to make those dreams gleam.

1122 Sushma class 9

एकादेशमा बुढाबुढी थिए। उनीहरू एउटा दुर्गम गाउँमा बस्थे। उनीहरू गरिब पनि थिए। उनीहरूको एउटा छोरा पनि थियो। उनीहरू जसोतसो आफ्नो गजारा चलाई रहेका थिए। छोरा तेह्न वर्ष पुगिसकेको थियो । बुढाबुढी निकै कमजोर भइसकेका थिए। उनीहरूलाई खाना खुवाउने, लगा लगाइ दिने मान्छे उही एउटा छोरा थियो। दिनहरू बित्न थाले। दुई दिनसम्म लगातार मुसलधारे पानी पऱ्यो । उनीहरूको घर भिरमुनि थियो। त्यसैले शिशिरलाई आफ्नो घर प्रिएला भन्ने डर थियो । नभन्दै भोलि पल्ट बिहान तिर उसको घर प्रियो। ऊ त बल्ल तल्ल निस्क्यो तर उसले आफ्ना आमाब्बालाई बचाउन सकेन। उसले आफ्ना आमाबबालाई खोज्न थाल्यो।



एक महिना पछि मात्र उसले आफ्ना आमाबुबाको हड्डी भेटाउँछ । ऊ डाँको छोडेर रुन थाल्छ । त्यसपछि उसले बिस्तारै बिस्तारै आफ्नो जीवन चलाउन थाल्यो । ऊ





जडीबुटी कन्दमूल, फलफूल आदि आएर बस्ने गर्थ्यो । उसले जति दुःख पाए पनि कसैलाई ठग्ने, ढाँटने, छल्ने,लुट्ने काम भने गरेको थिएन । एक रात उसको सपनामा भगवान् आए अनि उसलाई तिमी, तिम्रो बुबा र तिम्री आमाले रोपेको पीपलको बोटमुनि गएर खन । त्यहाँ सुन छ भने । उसले त्यही पैसाले ठूलो वृद्धाश्रम खोल्छ । त्यो उसले उसका बाबा आमाको नाममा खोल्छ । त्यसपछि ऊ खुसीसाथ बस्न थाल्छ ।

३०२१ सुस्मा, कक्षा ७



Bhanjyang 2017



ठूला-ठूला सडक, आध्निक प्रणालीयुक्त उपकरण, गगनचुम्बी भवन आदि भौतिक सुखसयलका वस्तुले भरिएको नगरलाई सहर भनिन्छ । जीवन भन्नाले मान्छेको जन्मदेखि मृत्युसम्मको समय भन्ने बभिन्छ । समग्रमा सहरिया जीवन भन्नाले सहरमा बस्ने मान्छेहरूको जीवनलाई बुभिन्न्छ । सहरमा बस्नेलाई सहरिया भनिन्छ । भौतिक सुखसयलको पछि लाग्ने बानी परेका अहिलेका मानव, सहरिया जीवनको पछि भागदौड गरिरहेका छन । नेपालको अवस्थामा हेर्दा सहरिया जीवन भनेजति सहज छैन र गलत पनि छैन । मानिसको सहरिया जीवन पछाडिको भागदौडले नेपालका गाउँहरू द्ब्लाएका छन् भने सहरहरू मोटाउँदै गएका छन् ।

सहरको सुखसयलले सारा मानव हृदयलाई आकर्षित गरिरहेको छ । कम्तीमा एक पटक सहर पस्ने हरेक मानिसको मस्तिष्कमा खेल्ने गर्दछ । जसरी गाउँघरमा मानिसहरूले पसिना चुहाउँदै आइरहेका छन्, त्यस्तो गर्नुपर्ने अवस्था सहरमा आउँदैन । विभिन्न उपकरणले गर्दा विस्तृत सहर पनि साँघुरिएको छ । तर उपकरणको अभावमा साँघुरा गाउँबस्तीहरू भने आकाश र पातालसरह दूरीमा छरिएका छन् । हातमा केही नबोकी सहर पसेका कति मान्छे व्यापार. व्यवसाय गरेर अर्बपतिको सम्मान पाउँदैछन्। श्रम र रोजगारीका लागि सहर पसेका मान्छेले आफ्नो सीप. ज्ञान र मिहिनेतले सहर सिँगारेका छन् । यातायात व्यवस्थाका स्गम माध्यमले ओहोरदोहोर सहज बनाएका छन् । सहरमा मुस्ताङको स्याउ, इलामको चिया, गोरखाका सुन्तला, पाल्पाको ढाका, भोजपुरको खुकुरी मात्र नभएर सारा देशका विभिन्न सामानहरूलाई समेट्न सफल छन् सहरका मानव ।

नेपालको शहरिया SICIA

तर बाहिरबाट हेरे जस्तो सहज भने सहरिया जीवन पक्कै छैन । गाउँमा बगेको चिसो पानी कलकल तीर्खा मेट्ने गरी खाने धोको सहरमा पूरा हुन सक्दैन । धुवाँधुलो, प्रदूषणले भरिएको सहरमा हरेक चिज जहरभौँ भइसके । औषधीमुलोका यान्त्रिक उपकरण नपाए तापनि गाउँका मानिसहरू सहरियाहरूभन्दा निरोगी जीवन बाँच्न सफल भएका छन् । बढ्दो जनसङख्या तर सीमित बासस्थानले मानिसको रहनसहनलाई असर पुऱ्याएको छ । राजनीतिमा गहिरिएर संलग्न हुन नसक्ने अर्थात् साधारण जनताको हकअधिकारमा रमाउने जनतालाई घर जग्गा लिलामदेखि लिएर भोकमरीसम्मको चिन्ताले दिनहुँ सताउँछ र उनीहरूको जीवन व्यर्थ छ ।

भौतिक सुखसयलले भरिपूर्ण भएर पछिल्ला समयका आधुनिक यन्त्रहरूले बुनिएका, गगनचुम्बी महलमा बसेर जुन वैभव पाइने नेपालीहरूको मानसिकता छ, त्यो अहिलेको अव्यवस्थित, कष्टपूर्ण जीवनको मुख्य जड बन्न पुगेको छ । पैसाका लागि भागदौड गर्दै मानिस सहरमा आएर हन्डर खान पुग्छ । सुखको खोजीमा मानिस सहर पस्छ। गान्धीले भनेका छन्, "सच्चा सुख बाहिरबाट होइन भित्रबाट मिल्छ ।" अहिले सहरमा बसेर भौतिक सुखसयलको आभाष गरिहेका मान्छेहरूले जीवनको बाहिरी सुखको जीवन मात्र अनुभव गरिरहेका छन्। जीवनको वास्तविक सुखका बारेमा उनीहरू अज्ञात छन्। जसरी मानिस पैसाका निम्ति मर्छ; त्यसैगरी ऊ आफ्नो दक्षताका लागि. हकअधिकारका लागि लड्ने भएको भए आज संसार बदलिन्थ्यो। सुखको स्रोत हाम्रो हृदयमा हुने गर्दछ । जे जति कुरा मानिसले पाएको छ, ऊ त्यतामा नरमाएर "औलों पाउँदा डुँडिल्नो निल्ने" प्रयास गर्छ । भएको कुरामा सन्तोष जनाउँदा नै वास्तविक सुख पाइन्छ । मानिस पैसाका निम्ति जति मरे पनि त्यो क्षणिक सुख न हो, बिलाएर जाने छ । एक प्रसिद्ध व्यक्तिले भनेका थिए, "संसारमा सबैभन्दा गरिब त्यो हो जोसँग धन मात्र छ। अर्थात् धन नभएका खण्डमा मानिस लोभी हँदैन र ऊ सुखी हुन्छ



सहरमा विभिन्न जातजाति, भेषभुषा, रीतिरिवाज आदिका मानिसको जमघट भए पनि सबै आ-आफ्नै जीवनमा व्यस्त छन् । "ज्य्ँदै मऱ्याको भनि नाउँ कस्को ? उद्यम बिना बित्दछ काल जस्को ।" कोही उद्यम गरेर जीवन बिताउँदै, छन् त कोही काम गरेर आवारा बनेका छन्। सहरका मानिसमा "जिउँदाको जन्ती मर्दाको मलामी" भन्ने भावको अन्त्य भइसकेको छ। सीप र श्रम हुने तल्ला जात ठहरिएका छन् भने पैसाले भरिपुर्ण माथिल्ला जात मानिएका छन्। "जब पैसा बोल्दछ, तब सत्य मौन रहन्छ" भन्ने भनाइ सहरमा चलिआएको पाइन्छ ।



अतः जसरी मानिसले भनाइ र सुनाइका आधारमा बुफोको छ, त्यो बभगइ. त्यो गराइको वास्तविकताभन्दा धेरै फरक छ । बिथोलिएको राजनिति, भद्दा बानी व्यवहार आदिले गर्दा सहर ढलिसकेको बुढो रुखभैँ भएको छ । सहरिया जीवनको भौतिक सुखसयलको पछि दगुनुभन्दा सन्तोषजनक रहेर देशका निम्ति योगदान दिन् बडो कदरपूर्ण हुन्छ । सहरका भौतिक सुखसयलका पछि भागदौड गर्नाले जीवनमा हरेस खाने अवस्थामा पुग्नुभन्दा बरु आत्म सन्तुष्टिलाई आत्मसात गर्नु उपयुक्त हुन्छ ।

९०५७ मुकेश, कक्षा १०

Helping Others



One day a little child asked me What helping others meant for me, Then I replied,"Dear child, Your life has not stacked up piles-

Piles of misery and pain,

But, although someday you will have to gain. The misery will be too much but it will increase For me, by helping others some of it will decrease.

Some day our life might take an unexpected turn From that day onwards our heart will cry and burn, People will be in helpless situation and wish for the life to move fast, I think helping others will bring them back by forgetting the misery of past.

Oh! Dear child, now that I have told you what helping others means for me, And I hope you help others at any cost rather than letting it be. Now, that I have to take my way, If you have any questions just stop by my way."

2071 Sarika, Class-8 First in English Poem writing competition

भनिन्छ जीवनलाई सार्थक बनाउन आस्था चाहिन्छ। आस्थाबिना जीवन केही होइन। जब सबै आस्थाहरू टेकोले अड्काइरहेको छ, तब अरू नयाँ आस्था के राख्नू। म यो सबै भन्न सक्छु, किनभने मेरा पनि कैयौँ भत्केका आशाहरू छन।

म भगवान्मा आस्था राख्दिन । हो, म मन्दिर जान्छु तर मेरो भगवान्प्रतिको आस्था भत्किसकेको छ । यदि भगवान् थिए भने यस संसारमा भोको को हुन्थ्यो होला र ? यदि भगवान् थिए भने उनले ती रुँदै गरेको बेला ती युवतीहरूको मुखबाट निस्केको चित्कार किन रोकेनन् ? किन मानिस एकअर्कालाई मार्न तम्सिन्छ ? खोई त कहाँ छन् आस्थाका पूञ्ज भगवान् ?



मानिसको आस्था भत्किन नदेऊ । मानिस आस्थामै बाँच्छ, यदि आस्थाको दियो निभेमा जीवनको केही सार्थकता नै हुने छैन । मानिसको इच्छा सुनिदेऊ । ती चित्कार निस्कन नपाओस् । त्यो रगतको खोला बग्न नपरो स् । कसैको आस्था नभत्कियोस् ।

९०२३ रञ्जनी, कक्षा १०

मानिस आस्था धेरै कुराहरूमा राख्छ। किनभने आस्था राख्नु भनेको विश्वास गर्नु हो। मानिस सबैलाई विश्वास गर्ने प्राणी हो। ऊ भगवान्मा पनि आस्था राख्दछ।आफ्नो काममा पनि। ऊ आफ्नो साथीमा पनि आस्था राख्छ। कहिल्यै नचिनेको मानिसमा पनि।

विश्वमा बस्ने आधा मानिसहरूलाई दुई छाक टार्न धौधौ पर्ने अवस्था छ। के उनीहरू भगवान्माथि आस्था राख्दैनन् होला त ? जब भगवान्ले उनीहरूको खानाको माग पूरा गर्दैनन् त्यो आस्था भत्किएर जान्छ । बाँकी हुन्छ, केवल धुलो र माटो । यस दुनियाँको कैयौँ मानिस काम गर्न जान्छन्। उनीहरू आफ्नो हाकिममाथि आस्था राख्दैनन् होला त ? जब उनीहरूको हाकिमले उनीहरूप्रतिको दायित्व पूरा गर्दैनन् तब त्यो हाकिमप्रतिको आस्था भत्किएर जान्छ । केवल धुलो र माटो मात्रै बाँकी रहन्छ ।

एकचोटि भत्केको आस्था फेरि निर्माण गर्न गाह्रो छ । एकचोटि साथीबाट विश्वासघात भएपछि अरू कुनै साथीलाई पत्याउन पनि गाह्रो पर्छ । यो "अगुल्टाले होनेको कुकुर बिजुली चम्कँदा तर्सन्छ" भनेभौँ हो । एकचोटी कुनै कुराबाट आस्था हटोस्, फेरि आस्था राख्न गाह्रै पर्छ ।

भत्केको आस्था मानिस अ राख्छ । किन विश्वास गर्न विश्वास गर्ने पनि आस्था पनि । उज अ राख्छ । कहि

आज पुरै काठमाडौँ जागेको छ । पुरै सहरको एउटै माग छ, "हाम्रो इच्छा पूरा गरिदेऊ" तर यो माग सुन्ने मानिस त कानमा कपास हालेर बसेको छ । यो पहिलोपटक होइन् किनभने सबलाई थाहा छ, काठमाडौँ फोहोरको सहर हो र यसमा यस्तै ठग मान्छेहरू मात्रै सफल हुन सक्छन् । एकको बलमा हजारौँ थिचिएका छन् यहाँ । हजारौँको आशाहरू एउटा मानिसमा भर पर्छ यहाँ। जब भगवान् नै दुष्ट निस्कन्छन्, भक्तहरूलाई बचाउने को ?

हरेक मानिसको एउटा आशा हुन्छ ऊ त्यही आशाको सपना बुनेर बाँचिरहेको हुन्छ । त्यो आशा बुन्ने सियो नै भाँचिएपछि बुन्ने कसरी । यो काठमाडौँको मात्र व्यथा होइन, पुरै विश्वको हो । पुरै विश्वमा करोडौँ मानिसहरू छन् जसका इच्छा पूरा हुन सकेका छैनन् । ती सबको मनको इच्छालाई टेकोले अड्काएको छ । अहिलेको भूकम्पले असर पारेको धरातलभ्रँ ।

Budhanilkantha School





अन्धकारमा पर्छ । त्यसैले हामीले समयको सदुपयोग अहिलेदेखि नै गर्नपर्छ ।

५०८९ प्रशंसा, कक्षा ५



Ash Ketchum (Pokemon)

समय भन्नाले काल र बेला बुभिन्छ

र महत्त्व भन्नाले त्यसको मुल्य

बुफिन्छ । समय हाम्रो शिक्षक हो ।

समयले गर्दा धेरै कुरामा परिवर्तन

आउँछ । जस्तै बालक बढो बन्छ,

मौसममा पनि परिवर्तन हुन्छ

आदि । समयको अन्त्य हँदैन । समय

जहिले हिँडिरहन्छ । यसले कसैको

निम्ति कर्दैन। यदि हामीले समयको

सद्पयोग गरेनौँ भने हामी आफ्नो

जीवनमा सफल हुन सक्दैनौँ। समय

हाम्रा लागि धेरै नै महत्त्वपूर्ण

करा हो किनकि यदि हामीले अहिले

राम्ररी पढ्यौं भने हाम्रो भविष्य

राम्रो हुन्छ र यदि हामीले यस



Ash is a fun-loving boy . At the age of 10, he owns his first pokemon from professor Oak named Pikachu which is electric type pokemon .They go on a journey and catch many pokemon as they can. It is a famous anime series. It has a total about 8000-9000 episodes. It is a very old anime series .Ash's real dream was to become a pokemon master. Till now, altogether 19 Seasons has come on Youtube . If 1 new episode is released on youtube , within 1 hour there will be more than 2000 seen . This anime's popularity is growing day by day. The most popular season of pokemon now is Pokemonx,y,z . It is the latest season of the year. It comes in the list of top 10 anime of the world . There are many videos and subscribers and Pokemon lovers in the world are waiting for new episodes to be released soon. I am also the one of the pokemon fans in the world who is waiting for the new movies and episodes to be released soon.

4050 Aryab, class 6

घोच्दा एकछिन पीडा त अवश्य भयो, एकछिन दुःख त अवश्य लाग्यो तर त्यो एकछिनको पीडाले मलाई जीवनभरिका लागि सचेत बनायो।

हामीले कैयौँ मानिसलाई भेटछौँ. कतिलाई चिन्छौँ र जीवनभरि नै हामीले अरुको आफ्नो जीवनमा हुने आवतजावतको सामना गर्नुपर्ने छ । सुरुवात दिनमा सबै कुरा सकारात्मक हुन्छ जस्तो लाग्छ । त्यो मानिस नै सबैभन्दा असल र राम्रो लाग्छ। समय बित्दै जान्छ, ती मानिसहरूको अनुहारबाट नकाब उत्रिदै जान्छ । त्यो नै वास्तविक जीवन रहेछ । संसारका अधिकांश मानिस त्यो नकाबकै भरमा छन। जब उनीहरूको त्यो नकाब उत्रिन्छ, हामीले जीवनबाट पाठ सिक्ने मौका पाइरहेका हुन्छौँ । यी सब क्राहरूले नै हामीलाई जीवनको साँचो चरित्रको अन्भव गराइरहेका छन्। सबै मानिस असल छन जस्तो लाग्छ तर जीवनको यस यात्रामा हामीले मानिसहरूको छनोट गर्न् अघि विचार पुऱ्याउन् पर्ने रहेछ ।

९१३८ प्रार्थना, कक्षा १०



अहिलेसम्म म जीवनलाई जे बुफिरहेको थिएँ, त्यो त केबल भ्रम मात्र रहेछ । जीवनलाई गुलाबको बगैँचा सम्भिएर जसरी खुसी भई जीवन बिताइरहेको थिए, त्यो त मेरो भुल थियो किनभने मैले बिर्सिएकी थिएँ कि गुलाबसँगै काँडाहरू पनि आउँछन् । जब त्यो बगैँचाको सौन्दर्यसँगै रम्दै गर्दा मलाई काँडाले घोच्यो तब बुभे कि जे देखिन्छ त्यो सधैँ वास्तविक हुँदैन । एकपलको दृश्यमा शोभनीय लाग्ने जीवनको पलहरू समय बित्दै गएपछि मात्र आफ्नो असल चरित्र देखाउँछ । यदि त्यो बगैँचामा मैले समय व्यतीत नगरेको भए गुलाबको सौन्दर्यको मात्र अवलोकन मैले गर्थे होला तर समय व्यतीत गरेर मात्र मलाई आभाष भयो कि गुलाबको सौन्दर्य पछाडि काँडाको बेग्ण पनि ल्केको थियो । काँडाले



जीवन के हो ? के हामी जीवनको हरेक पाटो बुफुन सफल भएका छौँ ? के हामीले जीवनको हरेक सेरोफेरोको अन्भव गरिसकेका छौँ ? सर्वोपरि के हामीले साँच्चिकै नै जीवनको महत्त्व बुभोका छौँ ? यी सब प्रश्न निकै सामान्य सुनिन्छ । जब यी सब प्रश्नहरूको वास्तविक आशय बुभने प्रयत्न गछौँ, तब मात्र महसुस हुन्छ कि अहिलेसम्म जे भोगियो, जे अन्भव गरियो, त्यो त क्नै चलचित्रको ट्रेलर समान पनि रहेनछ । अभौ पूरा जीवनको पाना पल्टिनै बाँकी छ। जीवन यस्तो यात्रा हो, जुन जति अघि बढ्दै जान्छ त्यत्ति नै जीवनका नयाँ पाठहरू आफसाम खुलस्त हँदै जान्छन्।

जीवनमा एक यस्तो मोड आइपर्छ जब हामी आफ्नो जीवनप्रति विचार गर्न विवश हुन्छौँ, जब हामी आफूलाई प्रश्न गर्न बाध्य हुन्छौँ कि "के अहिलेसम्म जे गरियो, त्यो जीवनलाई सार्थक बनाउनका लागि पर्ण हुन्छ ?" आफ्नो जीवनसँग यदि मैले तुलना गर्ने हो भने साँच्चिकै आफूप्रति आफैँलाई नै दया लाग्छ । आफ्नो जीवन फर्केर हेर्दा आफैँलाई नै हाँस्न



former student of BNKS for being appointed as the member of National Planning Commission of Nepal.

BNKS Family

Budhanilkantha School

हुने छ । यसको लागि मेरो पर्खाइ । मेरो उत्साह । मेरो उमङ्ग । मेरो प्रशंसा हुने छ । मेरो अन्तर्मनमा भएको सम्मान, मेरो कृतज्ञताले सधैँ यसको स्वागत गर्ने छ । यो अनमोल ऋतुराज वसन्तलाई सदैव मेरो हृदयले स्वागत गर्ने छ ।

९०२० प्रतिष्ठा, कक्षा १०

Clash Of Clan



Clash of clan is known as COC and it is the most popular game of the world. I believe more than 80% people of the world play COC. Clash of clan is strategy game and the company that produce clash of clan is Supercell. There are some updates in Halloween and Christmas. Clash of clan can be played only online. On Clash of clan we can join a clan. There are some useful things that are Gold, Elixir, Gems, Dark elixir and they are the produced and stored except gems.

So, this is a very good game.

5043 Riwaj, class 5

वसन्त ऋतुको स्वागत

वरदान रहेछ जस्तो लाग्छ। ईश्वरले मानिस त धेरै थरि बनाए । कोही सज्जन । कोही खराब । मानिसले जीवनमा एक न एक पटक फुट त बोल्छन् । एक न एक चोटि त कुनै पाप गर्छ नै । धन्यवाद ईश्वर । प्रकृतिलाई तपाईले यस्तो निश्छल बनाइदिनुभयो । यो वसन्तलाई हेर्दा त कतै पनि खोट देख्दिनँ । सबै मानिस पनि यस ऋतुराज जस्तै भइदिए कस्तो हुन्थ्यो होला ।

वसन्त ऋतुले विश्वबाट हराएको त्यो शान्ति फिर्ता ल्याएजस्तो लाग्छ। वसन्तको एउटा सुन्दर फूल मुर्भिएको देखें भने त्यो कोमल हृदय एउटा काँडाले घोपेजस्तो अनुभव हुन्छ। त्यसैले मेरो यो हृदय वसन्त हेर्ने पर्खाइमा हुन्छ।

मानि सहरू व सन्त आएपछि रमाउँछन् । हाँस्छन् । खेल्छन् । मेरो मनमा वसन्तको लागि सम्मान छ । कृतज्ञता छ । लाग्छ वसन्तले मलाई सकारात्मक सोच लिएर अधि बढ्ने प्रेरणा दिँदै छ । यसको कुनै अंशमा पनि म नकारात्मक कुरा देख्दिनँ । खै, कसरी हुन्छ वसन्त यस्तो ?

वसन्त ऋतुले मानवको एउटा सुन्दर छविको स्वागत गर्छ । मानिसले यो कुरा बुभदैन । उल्टो ऊ प्रकृतिलाई नै हानि पुऱ्याउँदै हिँड्छ । निस्वार्थ प्रकृतिले मानिसलाई कुसुमपथमा हिँड्ने मार्गदर्शन दिन्छ । यो वसन्तले म भित्रको मलाई जगाउँछ । मेरो भावना, मेरा सोचाइलाई आफूसँग तुलना गर्न बाध्य गर्छ । यो वसन्तको स्वागत भनेको यस ऋतुको लागि मेरो मनको भावना



त्यो उराठलाग्दो वातावरण। वरपर कहीँ हरियाली छैन । एउटा फूल पनि मुस्कुराइरहेको भेट्टाउँदिन । यसो बाटोमा हिँडुदा त मलाई हेरेर हाँसिदिन्छन् कि भन्ने आशा बोकी हिँड्छ तर सबै मुर्भाइरहेका हन्छन् । वरिपरि मान्छेहरू हेर्छ । नाक चुच्चे होस् वा थेप्चे । मोटो होस् वा पातलो सबै जना आ-आफ्नै तालमा हिँडिरहेको देख्छ । उनीहरू आफ्नै काममा व्यस्त हुन्छन् । मलाई भने यो माघ फाग्नका महिनाहरू देखेर वाक्क लागिसक्यो । रुखबिरुवा नाङ्गै हुन्छन् । कोइली पनि कता हराउँछे कता ।

पर्खाइमा हुन्छु म सधैं यी चैत वैशाखका महिनाका लागि । ऋतुराज वसन्तको लागि । अकल्पनीय सुन्दरता ल्याइदिन्छ यसले । मेरो मनलाई मात्र होइन, कै यौँ लाई प्राप्त हुने त्यो आनन्द । त्यो हर्ष प्राप्त गराउँछ यसले । वसन्त ऋतु त मेरो प्रिय भएजस्तै लाग्छ । ती दुई-तीन महिनामा प्रकृतिको सम्पूर्ण सुन्दरता भल्काउने यो वसन्तले संसारबाट हराएको उमङ्ग फिर्ता ल्याउँछ । मानिसको ओठको त्यो मुस्कानलाई फिर्ता ल्याउँछ । प्रकृति त एउटा

बूढानीलकण्ठ श्कूल

पर भाग्ने मान्छे मनोरञ्जनका लागि बाघ जस्तो डर लाग्दो जनावरलाई पनि नचाउन सकेको छ। आफूलाई कमजोर ठानी पछि हट्ने मान्छे आज विश्वमाथि नै विजय पाएको छ। विज्ञानको चमत्कारले गर्दा नै मानिसले आज जुन रूपमा सफलता पाएको छ; त्यसले गर्दा आज एक समयमा अनेक काम गरी अनेकौं मान्छेको आवश्यकता एक्लैले पूरा गरेको छ।



अन्धकारले घेरिएको मानिसलाई उज्यालोले पूर्ण गर्न नै मानिसलाई विज्ञानको आवश्यकता छ । विज्ञान मानिसको जीवनको आवश्यक कुरा हो तर हाम्रो जीवनको आवश्यकता नै विज्ञान भने अवश्य होइन । "अमृत पनि धेरै खाए विष हुन्छ" भन्छन् । विज्ञान मानिसका लागि चामत्कारिक कुरा हो तर यो चमत्कारलाई राम्ररी समाल्न नसके त्यही चमत्कारले नै हामीलाई निल्न सक्छ । विज्ञानको प्रयोग ठीक समय र ठीक ठाउँमा गर्न सके मात्र यो चमत्कार हो अन्यत्र विज्ञान नै हाम्रा

पहिलाको अवस्थासँग त्लना गरेर अहिलेको मानव हेर्ने हो भने यो समयमा भएको चमत्कार र प्रगति गन्न वा लेखेर अवश्य नै भ्याइदैन । आफ्नो जीवन सहज बनाउन र कहिल्यै पनि आफ्नो काममा सन्तुष्ट हुन नसक्ने प्रवृत्तिले गर्दा मानिसले नयाँ नयाँ आविष्कार गर्छ । यो समयमा मानिसले सपनामा समेत नसोचेको प्रगति गऱ्यो। पातको लुगा बनाएर लाउने मान्छे आज आफ्नो इच्छा अन्सार यो मन पऱ्यो र यो मन परेन भनी ल्गा लगाउँछ । विज्ञानको चमत्कारले गर्दा नै मानिसले आज कल्पनामा मात्र सीमित कुराहरू आफ्नै आँखा अगाडि आफैँले गरेको देख्न पाएको छ । चाहे त्यो चन्द्रमामा पुगेर आउने होस् वा आफूभन्दा कैयौ गुणा ठूलो भवन तयार पार्ने होस् । यो विज्ञानको नै चमत्कार हो । जसले गर्दा घण्टौँ हिडेर काट्न् पर्ने डाँडाम्निबाट रेल ग्डेको छ। पारी जान नसक्ने खोलामाथि पुल बनेको छ । महिनौसम्म हिँडेर पग्ने परदेश आनन्दसँग सिटमा ब से र हवाइजहाजबाट पुग्न सकिएको छ । वर्षमा एक पटक मात्र फल्ने अन्नबाली हरेक महिना फल्न थालेको छ । ज्वरोबाट समेत मर्ने मान्छे क्यान्सर जस्तो भयानक रोगलाई पनि नकार्न सकेको छ । जनावरको डरले दुई कोस टाढैबाट

विज्ञानको चमत्कार



हिजोसम्म ढुङ्गाको प्रयोगबाट आगो बाल्ने ढुड्गे युगको मान्छे आज जुन किसिमको सरस्विधा र आनन्ददायी जीवन बिताइरहेको छ । त्यसको कारण हो, विज्ञान । समयको सुई अगाडि बढी रहेभेँ मान्छेले पनि विज्ञानको विकास र गुणस्तरीय जीवनको विकास कार्यमा कहिल्यै रोकिन् परेको छैन । एक पटक यो पृथ्वीमा मानव बस्ती बस्न थालेपछि, यो विज्ञानको चमत्कार नै हो जसले पहिलाको मानिस जो पानीको लागि भनी घण्टौँ बाध्य भएर हिड्न् पर्थ्यो। आज दुई पाइला हिडेर धारा खोलेर पानी प्रयोग गर्न सक्छ । मानव जीवनमा भएको सम्पूर्ण प्रगति के यो विज्ञानको चमत्कार नै हो र ? के विज्ञानले मानिसको जीवनमा उज्यालो मात्र ल्याएको छ त ?



Budhanilkantha School

लागि अभिशाप बन्न सक्छ। खोला तर्नको लागि निर्मित पुलमा एकै पटक धेरै मानिस गयो भने पुल चुँडिएर खोलामा डुबी मानिसको ज्यानै जान सक्छ । अन्धकारमा उज्यालो दिने काम त विज्ञानले गऱ्यो तर यहीं उज्यालो दिने बत्तीको नाङ्गो तारमा छोयो भने मानिसका लागि एकदमै घातक पनि हुन सक्छ। यसैले गर्दा नै चामत्कारिक विज्ञानलाई चमत्कारकै रूपमा प्रयोग गर्ने वा गलत रूपमा प्रयोग गरी अभिशाप बनाउने भन्ने कुरा हामी मानवमा नै निर्धारित हुन्छ । विज्ञानको चमत्कार मानिसको जीवनमा अतुलनीय र उल्लेखनीय छ । विज्ञान नाममा नै केही चमत्कार छ । जब मानिसले विज्ञानको सही प्रयोग गर्न थाल्यो तबदेखि मानिसले आफ्नो आँखा अगाडि चमत्कार नै चमत्कार देख्न थाल्यो । मानिसका लागि विज्ञान यस्तो वरदानको रूपमा स्थापित भयो जसको प्रयोगबाट मानिसले गर्न नसक्ने कुरा सीमित हुँदै गए। विज्ञानको चमत्कारले मानिसको जीवनमा यति धेरै परिवर्तन आयो कि अब मानिसलाई चमत्कार, चमत्कार नभई सामान्य कुरा जस्तो मात्र लाग्न थाल्यो। मानव जीवनको प्रगति भनेकै विज्ञानको उत्पति हो र विज्ञानको चमत्कार भनेकै मानव जीवनको उन्नति हो । ८२०९ स्लभ, कक्षा ११



I have a pet, It sleeps inside a net, It is cute and white like a ball, But much fat like a ball.

It likes to eat crunchy food, After eating it always licks my boots-It is mischievous and naughty, It tore the pants of my daddy.

It always likes to play with me, But is afraid and runs away from a bee;

I like my dog very much Hope it always does things as such.

I don't like its habits at all, But I like its height because it is tall; It becomes sad when I leave him, And comes following me with its team.

5008 Aadisha, class 5









विश्वशान्ति आजको आवश्यकता

आज अमेरिकामा बारुद पड्किँदा नेपाली मुटु काँप्न थालेको छ । सिरियामा गोली चल्दा चाइनामा भागदौड मच्चिन्छ । पाकिस्तानमा लडाई हुँदा अफ्रिकामा लुक्न् परेको छ । के मानिसले स्थापना गरेको शान्ति यही हो त ? म त मान्दिनँ । बिहान स्कुल गएको छोराछोरी बेलुका सकुशल फर्कन्छन् वा फर्कदैनन् भनेर यहाँ बाब्आमाले चिन्ता गर्नुपरेको छ। राति सुतेको मानिस बिहान उठ्दा बाँचेको हुन्छ या हँदैन ट्ङ्गो छैन । आज दिन काटेको मानिसले भोलिका निम्ति प्रार्थना गर्नुपरेको छ। प्रत्येक बिहान हत्याकाण्डको खबर पत्रपत्रिकाले स्नाउँछ । बालबालिकाको अपहरण, चेलीको बलात्कार, हत्या आज सामान्य बन्न थालिसक्यो । यस्तो गन्जागोल र भद्रगोल समयमा हामीजस्ता शान्तिप्रेमीले शान्तिको अस्तित्व खोज्न् पटमूर्खता भएको छ ।

एकपटक एक पत्रकारले अल्वर्ट आइन्साटाइनलाई सोधेका थिए रे "के अब फेरि तेस्रो विश्वयुद्ध हुन्छ होला ?" त्यसबेला उनले भनेका थिए रे "मलाई तेस्रो युद्ध चाहिँ थाहा छैन, चौथो विश्वयुद्ध भयो

हातपात गरिदिन्छ । फेरि ओइलिन्छिन् छिया छिया हुन्छिन् । के शान्ति अब कहिल्यै आउँदिनन् त ? यस विश्वशान्ति आजको पहिलो आवश्यकता हो । पहिलो सर्त हो ।

मानिसले बिध्नबाधाका कैयौँ सिँढी पार गरेको छ । आपतकालीन अवस्थासँग जुध्दै आफूलाई विकसित पनि तुल्याएको छ । सायद यो नै मानवसभ्यताको सबैभन्दा ठुलो उपलब्धि हो । तर विकासको गतिसँगै एकातिर उन्नति र अर्कोतिर अवनतिको ढोका खोलेर सबैभन्दा ठूलो मूर्खता देखाइरहेको छ । सायद यही कुराले आज विश्वशान्ति साम् ठूलो बखेडा खडा गरेको छ । दुःसाध्य चुनौती थपेको छ। अहिलेसम्म नदेखेका र नस्नेका वस्त्लाई मूर्त रूप दिएर मानिसले सार्थकता र अवश्य प्रस्तुत गरेको छ तर पर्दा पछाडिका समस्याप्रति अनुकूलतालाई बेवास्ता गरिरहेको छ । यही बेवास्ताले नै दिनप्रति दिन मानिसलाई अन्धकारतर्फ धकेलिरहेको छ। आखिरमा शान्तिले नै ठूलो क्षोभ भोग्न्परेको छ ।



"शान्ति" आहा ! कति प्रिय शब्द । शान्तिलाई मन नपराउने यिनीसँग पिरती गाँस्न नचाहने को पो होला र ! कहिले काहीँ म मेरा वरपरका आहार टिप्दै गरेका चराहरूलाई सोध्छ - "के तिमीहरूलाई शान्ति मन पर्छ ?" जमिनमा जीवनको फिनो आशाको त्यान्द्रो खोजिरहेका ती निर्दोष प्राणीहरू एकपटक टक्क अडिन्छन् । नौलोपनको आशामा नजर घुमाउँछन् र मेरो प्रश्नको जवाफ नदिई प्न साबिककै अवस्थामा आफुलाई भुलाउँछन् । जवाफको खोजीमा अल्भिएको "म" फेरि कल्पनामा डुब्न बाध्य हुन्छु। मनमनै शान्तिलाई आफैसँग रहन आह्वान गर्छ तर विचरा शान्ति ! आफूले ल्याएको उपहार स्मिपन नपाउँदै विस्थापित हुन्छिन्। मनका भाव पोख्न नपाउँदै आतङ्कले



शान्तिले पुन स्थापित हुने मौका पाओस् । स्कुल पढुन गएका सन्तानको पिर बाब्आमाले लिन नपरोस् । स्तेको मानिस बमको आहारा भइन्छ कि भन्ने त्रास नहोस् । यस्ता आतङ्कले बालबालिकालाई हतियार उठाउन बाध्य नगराओस् । शान्तिको द्वीप प्न बल्न, जल्न पाऊन् । हामी चाहन्छौँ साँभ तरकारी किन्न बजार निक्लेकी महिलाले एक हातमा भोला र अर्को हातमा बन्द्कको गोला बोक्न नपरोस् । विद्यार्थीको भोलामा ठूला-ठूला बन्दुक होइन किताब कापी होस् । मानिस स्व्यवस्थित ढङ्गले चलोस् । उन्नतिको पथमा प्गोस् । यही नै आजको प्रमुख प्रार्थना हो । पहिलो र अन्तिम आवश्यकता हो।

हामी मानव जातिको आफ्नै अस्तित्व छ । चामत्कारिक अतीत छ। विस्मयकारी वर्तमान छ। अब सनौला भविष्य निर्माण गर्न छ । हामीलाई युद्ध रच्ने हिटलर चाहिएको छैन । जातभातमा फुट ल्याउने तालिवान चाहिएको छैन । केवल शान्तिको बाटो देखाउने गौतम बुद्ध चाहिएको छ। अहिंसाको द्वीप बाल्ने महात्मा गान्धी चाहिएको छ र जीवनको वास्तविकता पढाउने जिजस काइस्ट चाहिएको छ । हामीले बुभोका छौँ । हामीलाई सार्थक जीवनको आवश्यकता छ। यसका लागि विश्वशान्ति नै पहिलो र अन्तिम आवश्यकता हो। अब फेरिफेरि अफगानिस्तानको पितृत्व आज तुच्छ भएका छन् । गोलीले नेपाललाई नथर्काओस् । यस्तै सोचमा डुब्दाडुब्दै म त न इराकको धमाकाले चाइनामा सपनामै रमाउन सक्छु न त भागदौड नमच्चियोस् । रसियाको बमवर्षाले अमेरिका त्रसित नहोस्। ८१४१ अविनाश, कक्षा ११

भने ढुङ्गाका हतियार प्रयोग हुन्छन् ।" यसबाट उनले के बुभाए भने यदि मानिसले आफ्नो कर्तव्यलाई यसरी नै बिर्सिएर युद्धको सिर्जना गऱ्यो भने मानवसभ्यताको अन्त्य निकट छ । उसको विनाश अवश्य भावी छ । म कहिले काहीँ आफैँलाई प्रश्न गर्छ। अल्बर्ट आइन्सटाइनले एटम बम युद्धकै लागि बनाएका थिए र ? गोलाबारुद युद्ध सोचेरै निर्माण गरिएका हन होला र ? मलाई त लाग्दैन। लिओ नार्दो दा भिन्चीले अवश्य पनि उनले बनाएका कैंची आज घाँटी रेट्न प्रयोग हुन्छ भन्ने सोचेका थिएनन् होला। तरकारी काट्ने चक्कु आज भुँडी छेडुने सामान बनेको छ । बाँस काट्ने खुक्री हात काट्ने हतियार बनेको छ। आज सबैथोक हत्यारा भएका छन् । आफुले जन्माएका सन्तानले आफ्नै ब्बाआमाका हत्या गरेका छन् । आर्दशवादी बाटो देखाउने शिक्षक आफ्नै शिष्यद्वारा मारिएका छन् । लोभमा परेर सारा आफन्तजन भुल्न थालिएको छ । भाइचारा, मातृत्व, विपनामा नै !

हो, स्वार्थको खेलमा लागेर रावणजस्ता महापण्डितहरू पनि पिशाची प्रवृत्ति देखाउन तल्लीन भएका छन। दयोधनजस्ता बलवान पनि आफ्नै भाइबन्धुमाथि जाइलाग्न तम्सिएका छन् । धतराष्टजस्ता ज्ञानी मानिस पनि असल र खराब छुट्याउन नसक्ने स्थितिमा पगेका छन । मानिसले आफेँ विरुद्ध चलाएका कदम हुन पुगें किनकि सबै स्वाशीको दर्दनाक अन्त्य हन पुग्यो । यी ऐतिहासिक घटनाले अहिलेको मानिसको आँखा खोल्न सकेको छैन । भगवानु कृष्णको गीताले मानिसको भावना बदल्न सकेको छैन, बुद्धको महावाणीले संसारमा हिंसा रोकिएको छैन । स्वार्थमा लिप्त भएर आज मानिस भगवानुलाई बिर्सिसकेको छ। आफ्नो जाति, संस्कृति र सम्पदालाई भुल्न पुगेको छ । आफ्नै समाजका मानिससँग शत्रुता मोल्न पुगेको छ।

मानिस स्वार्थमा लिप्त हुँदै गए भने हाम्रो समाजमा पनि महाभारत नदोहोरिन के बेर ? रामायण नदोहोरिन के बेर ? हामीले इतिहासबाट नै सिक्न सक्छों र अहिलेको दुनियाँमा पनि देख्न सक्छौँ कसरी मानिसको स्वार्थ उसको विरुद्धमा हन पुगेको छ । "लुटको धन फुपुको श्राद्ध" भनेफौँ स्वार्थले कमाएको केही कुराले पनि दिगो रूपमा लाभ पुऱ्याउँदैन । हामी आफ्नो दक्षता र मिहिनेतले आर्जेको क्रा मात्र लिनुपर्छ । आफ्नो स्वार्थपूर्तिका लागि भन्दा पनि सारा संसारको हितका लागि सोच्न्पछे। मानवतावाद र भाइचाराको सन्देश फैलाउनपर्छ। विश्वशान्तिको नारा बोक्दै हिँडने गौतम बद्धजस्ता महात्माको कदर गर्नुपर्छ । आफ्नो स्थानमा रहेर आफ्नो कर्तव्यको पालना गर्नुपर्छ अनि मात्र हामीले सोचेको जस्तो. खोजेको जस्तो विश्व पाउन सक्छौं ।

५१४३ नारायण, कक्षा ए वान

प्वालका मुख निकै साँघुरो थियो र धेरै रोटी खाएकाले बाहिर निस्किन पाएन । क्षणपछि मानिसहरू त्यहाँ आएर उसलाई मारिदिए ।"

यो कथाले के प्रस्ट्याउन खोजेको छ भने त्यो बाँदर आफ्नो स्वार्थमा लिप्त भएर केही नसोची धेरैभन्दा धेरै खान तम्सियो। उसको बुद्धिहीन खेलका कारण ऊ आफै पनि मृत्युको मुखमा पुग्न बाध्य भयो। जब यो रोग मानिसमा सर्छ तब एक चेतन मानव पनि पशुजस्तै बुद्धिहीन हुन जान्छ।

दोस्रो विश्वयद्धपछि जर्मनीको पासोबाट मुक्त भई ज्यान जोगाउन सफल भएका एक मानिसले विज्ञप्ति जारी गर्दे भने "मैले सबै करा देखिसकें, सबै कुरा भोगिसकें । मानिसहरू जे पनि गर्दा रहेछन । डाक्टरहरू मानिस माने औषधी बनाउँदा रहेछन् । नर्सहरू स-साना बालकका घाँटी निमोठी मार्दा रहेछन् । इन्जिनियर मानिस माने हतियार र औजार बनाउँदा रहेछन् । अट्टोहान जस्ता महान् वैज्ञानिक पनि अण्बम बनाएर मानिस माने तल्लीन हॅदा रहेछन्। हो, मानिस आफ्नो स्वार्थको लागि जे पनि गदो रहेछन् ।"

यो कुरा साँचो हो । भौतिकताको लोभमा अन्धो भएको मानिस जे पनि गर्ने तयार हुन्छ । हामी अभेँ पनि प्रस्ट देख्न सक्छौँ। कसरी यस्ता घटना कसरी विश्वमा दोहोरिरहेको छ ? पढेलेखेका मानिसहरू मानिस मादै हिँड्छन् । नामी ड़ाइभरहरू सडकमा दुर्घटना गराउँछन् । प्राध्यापकहरू विद्यार्थीलाई हतियार चलाउन सिकाउँछन् । राजा, राष्ट्रपतिजस्ता देशको सवौच्च पदमा पगेका मानिसहरू सत्ताका मोहमा ड्वेर जनतालाई दुःख दिन थाल्दछन् । यो त स्वार्थी द्नियाँमा घटेका घटनाको उदाहरण मात्र हुन् । यथार्थ सत्य त अभौ पनि पर्दा पछाडि लुकेको छ ।



मानिसको स्वार्थ मानिसभित्र लुकेको हुन्छ । उसका अतृप्त आशा र महत्त्वाकाङक्षी सपनाले उसको स्वाथी चरित्र उदाङ्गो पारेको छ । उसका कुप्रवृत्ति मात्र उसका लागि हन् । अरुका लागि कहिल्यै नसोच्ने मानिस, आफ्नो स्वार्थपूर्तिका लागि अरुको जीवनसम्म लिन सक्ने मानिस के समाजको लागि राम्रो होला त ? अहॅ कदापि हुन सक्दैन । ऊ त एक असामाजिक चरित्र हो। ऊ त वास्तवमा मानिस नै होइन किनभने मानिस भनेको अरुलाई सहयोग गर्ने हुन्पर्छ । अकांको खुशीमा आफू पनि हाँस्न सक्नपर्छ । मानिसमा रहेको मानवतावादले नै समाज चलेको छ । उसको सभ्यताको लागि पथप्रदर्शक भएको छ । स्वाथी मानिस समाजको अराजक तत्त्व हो । विकासको रोकावट हो । असभ्यताको द्योतक हो ।

यसै सन्दर्भमा एउटा कथाको प्रसङ्ग जोड्न मन लाग्यो ।

"एकादेशमा एउटा बाँदर बस्दथ्यो । एकदिन ऊ घुम्दाघुम्दै जङ्गलको देउमा पुग्यो । उसलाई ज्यादै भोक लागिरहेको थियो । एक्कासि उसको आँखा रुखका मुनिपट्टीको प्वालतिर पऱ्यो । त्यहाँ एउटा मानिसले धेरै रोटी राखेको थियो । बाँदरलाई ज्यादै भोक लागेको थियो । वाँदरलाई ज्यादै भोक लागेको थियो । त्यसैले उसले प्वालभित्र छिरेर सबै रोटी खाइदियो । जब ऊ बाहिर निस्किन खोज्यो तब ऊ प्वालभित्रै अड्कियो किनभने

Budhanilkantha School





Mother is my God, Because she gave me birth; She has a little dog, Whose name is Huckmok.



My mother sweeps the room, With a long broom; She cooks tasty dishes, And buys some expensive fishes.

She has a red mat, And a little cat; My mother is my God, Because she gave me birth.

5027 Jeeya, class 5

भारलोतो धर

मैले एकक्षण मेरो त्यो भत्केको घरलाई हेरिरहें । त्यो घरमा कनै खुसी थिएन । त्यहाँ निरासा मात्र थियो । त्यहाँ कनै चञ्चलता थिएन ।त्यहाँ उजाड दुश्य मात्र थियो । पहिले म लडीब्डी खेल्दा दाँत देखाएर हाँस्ने त्यो आँगनमा आज आँसको धारा बगिरहेको थियो । त्यो आँगनमा मलाई मेरी आमाले माया र ममता दिएर भात खुवाएको दुश्य थिएन । त्यहाँ न माया थियो न त ममता । त्यो आँगन त मलाई कूर भावले हेरिरहेको थियो । घर मास्तिरको जङगल, वरको पिखवा खोला, मन्तिरको बाँसघारी सबै निराशाको भावले मलाई हेरिरहेका थिए। मसँग रिस पोखिरहेका थिए । मलाई एकटक लगाएर हेरिहेका थिए। रिस पनि किन न उठो स बिचराहरूलाई । मैले छाडेको दस वर्ष भइसक्यो । आमाले कचौरामा भात लिएर मलाई ख्वाउन आउन्भयो । म भने आँगनमा बसेर गट्टा खेलिरहेको

आँगनमा बसेर गट्टा खेलिरहेको थिएँ। मेरा बाबु म सानै हुँदा बिते पनि आमाले मलाई साह्रै माया गरेर हुर्काउनु भयो। म आठ वर्षको बालक फन् आमाको मायाले मात्तिएको थिएँ। आमाले भात खुवाउन ल्याएको देखेर पिखुवा खोलातिर हुर्रिएँ। पिखुवा खोला मेरो साथी थियो। त्यहाँ भएका प्राणीहरू सँग रमाउँदै खेल्थेँ अँगालोमा बेर्थें र कहिल्यै नछुटिने बाचा गर्थे। म घर मास्तिरको



जङ्गलतिर लागें। धेरै बेरसम्म रोएर बसिरहेँ। पछि आमा लिन आउन्भयो र अँगालोमा बेर्दै मलाई घर लान्भयो । दोस्रो दिन पनि जब म पिखुवा खोला गएँ। कालो बादल आकाशमा देखा पऱ्यो । पानी पर्न थाल्यो। खोलाको भेल बढ्दै गयो। म पनि खोलाको बेगसँगै दक्षिणतिर लागेँ । म डुब्न थालेँ । मैले कराएँ आमा..... तर मेरो आवाज आमासम्म प्गेन। हावाले नै उडाएर लग्यो। मैले त्यतिबेला सोचें, आफ्नो मिल्ने साथी नै आफ्नो लागि शत्र हँदो रहेछ। पिखुवा खोला जस्तै। दस वर्षपछि म घर फर्केको छ। न त्यहाँ आमाको आवाज छ न त माया । माथ्लो घरमा गएर सोधें "आमा खोई ?" माथ्लो घरका मानिसहरू छक्क परेर सोधें "को आमा" "म अजय, मेरी आमा खोई ?" मैले भनें । मलाईं चिनेर उनीहरू छक्क पर्दे भनें. "कान्छा तिम्री आमा त...." मैले फेरि कराउँदै प्रश्न गरें. "के भयो मेरी आमालाई ?" अन्तिममा उनीहरूले भने, "तिम्री आमा त दुईवर्ष अघि भगवान को शरणमा नै जानुभयो ।"

२०८६ संजय,कक्षा ८

बुढानीलकण्ठ श्कूल

आमा



आमाले जन्म दिनु हुन्छ हामीलाई यो संसार देखाउनुहुन्छ । आमा धेरै प्यारी हुनुहुन्छ आमा हामीलाई माया गर्नुहुन्छ ।

आमा नभए हामी दुःखी हुन्छौँ आमा हामी दूर भए रुनुहुन्छ । आमा हाम्री माया हुन् आमा हाम्री दिल हुन् ।

आमाबिना हामी बाँच्न सक्दैनौँ आमा पनि हामीबिना बाँच्न सक्नुहुन्न । आमा भगवान् हुन् आमा लक्ष्मी हुन् । आमा कमलकी फूल हुन् आमा हाम्रो मनकी दिल हुन् आमा संसारमा सबै भन्दा ठूली हुन् ।

४०३४ सपना, कक्षा ६

That day

Dear Daddy,

I'm turning all the pages of the albums watching all the photographs with you. My eyes are full of tears remembering all those past memories. When you told me that you were going to a faraway country and would return after a few years, it was really hard to say goodbye. But now it has already been 10 years that you have gone but still you haven't returned.

Daddy, I was just two years old when mother left us. You were the only one whom I knew in this world and with whom I could share all my feelings and thoughts. That day when you left, I felt like I was left



alone in this big wide world. Daddy, please come back because without you I feel lifeless. Others advise me to stop waiting for you. But I still have hope that you will come back one day. Daddy, please come back soon. Let that day not be the last time I saw you.

> Your loving daughter, Shreya

4018 Shreya, class 6



समय



समयले पर्खदैन त्यसैले हटाउनुपर्छ डर

कहिले आउँछ कहिले जान्छ छैन यसको भर । बालक पनि मान्छे हुन्छ मान्छे पनि बुढो जल्नुभन्दा अघि हुन्छ खरानी पनि मुढो ।

समय पनि शत्र् हुन्छ गर्नुहुन्न आश समयले गर्दा नै हॉमी लिन्छौँ अन्तिम सास । हाम्रो दुनिया थियो हरियो हुन्थ्यो धेरैको बास तर, समयले गर्दा भयो धेरैको विनाश । समयले गर्दाखेरि स्यालले देखाउँछ धती त्यसैले नै गर्दा खेरि जिउँदो हुन्छन् मर्ति । आकाशमा जुन तारा पनि हुन्छन् समयले गर्दा नै मानिसले यिनलाई छुन्छन् । समयले गर्दा हुन्छ सम्भना र बिर्सना

समयलाई हामीले गर्नुपर्छ प्रार्थना । समय हो हाम्रो मित्र पाइँदैन सधैँ घामछाया समयलाई म गर्दछु धेरै माया ।

५०८३ ऋतल, कक्षा ४

Maybe we're wrong!

Sometimes I wonder how stupid we humans are! Why is this real estate trade going on? Today, I buy an acre of land for a million dollars, and it's mine. The land is mine! The land, yes the land! It was there for over centuries even before humans evolved. And once they were evolved, did humans buy it from nature or what? If not, how can it be my land? How can someone own land? Our way of living is stupid itself. For a moment, let's consider that we are allowed to own land. but I don't think we can be that foolish to kick someone out of a territory that he/she virtually owns. And the reason for this exclusion, oh not much but rather, just the feeling why they need to let others in their property.

Why don't people understand that all people in this planet come from same family called "humans". Problems can be solved, don't mess it up in the name of clearing it up. Just like land, problems are virtual too. It becomes messy and tedious when we pass our problems to others. When you pass it along to somebody, they do the same- it's not how it works!

Today human civilization has evolved from stone-age to this modern era and we can't really ignore the fact that everyone has been an essential part of this victory- every religion, every gender, every creature and everyone else. This was a holistic phenomenon! A company can't only contain supervisors and managers; there are also a dedicated group of grassroots! When you become the manager, you



can't ignore the foundation of your success. The grassroots can't be neglected today because you don't quite realize the contributions of the pillars, once you are at the top. This is when the whole system fractures.

You can't be the man that you were supposed to be just because every CEO supports you. You are not going the right track without having the buffalo soldiers in your team. Ignoring the teammates who helped the human civilization bring to this position means you are content with what you have now. This means that you think that all the world needs now is a wall along the Mexican border and nothing else. Of course, there are positions when you as the CEO need to fire your employees. But when your decision is to fire all your employees, probably you are wrong.

Mr. Trump, problems are not to pass along, they are to be solved. So don't Trash them up!

7147 Suman, Class A2

Friends forever





ବବା

I hugged Saren goodbye. I didn't know if I could survive without her. She wasn't my only friend but she was the best friend I ever had. I had met Saren in my school. No one ever treated me like Saren, she treated me like I was an equal, not someone from the streets. In an elite school, full of rich kids, she didn't care that I was a scholarship student. Now, I was moving to the UK to the college which had given me a scholarship while Saren was staying at home.

When I fell down while playing on the school ground, Saren used to pick me up. She used to make me laugh and smile when I was sad. Saren was my hope, my inspiration. One day when I was sad because I had caught the flu Saren was the one who came to my house and tucked me inside my blankets. She made me hot soup and took my temperature several times. I used to do the same for her. As her parents had to work late from time to time, I used to keep her company and remove her loneliness. I am moving oceans away from my best friend but I know that our friendship will not disappear. It will be eternal and live forever because the bond we have is very special.

4019 Omsubha, class 6

प्रायले आमालाई मात्र ठान्छन् राम्रो कोहीले बुबालाई ठान्छन् नराम्रो जतिको आमा जाती हनहन्छ त्यतिको बुबा हुनुहुन्छ । हामी प्रायः आमालाई दिने गर्छौ संसार सारा बुबालाई चाहिँ नदिने गर्छौ यो दिलको माया हामी द्बैलाई माया गरौँ हाम्रो परिवारमा खुसी ल्याउने गरौँ। आमाले जन्म दिन्भयो ब्बाले जीवन शन्य हन्छ बबा बिना हाम्रो जीवन ब्बाले हाम्रो निम्ति मिहिनेत गर्न्भयो। माया गर्न्भयो जति आमाले गर्न्हुन्छ मैले आमाको अपमान गर्न खोजेको होइन तर बुबा पनि कम हुनुहुन्न आमा र बुबाले बराबरी माया तर हामी चाहिँ किन गर्छो सधैँ एकतर्फी माया अबदेखि गरौँ दुबैलाई माया बनाओँ सबैले ख्सीयाली जीवन।

४१२४ अनुष्का, कक्षा ४

Budhanilkantha School





हिमालको सेतो फेता, पहाडको हरियो भोटो र शस्यश्यामला तराईंको पहेंलो कछाड फेरेर बसेको देश मेरो नेपाल हो । विधाताले संसारकै सबै सुन्दरतालाई जम्मा पारेर घप्ल्याक्कै खन्याएको म्ल्क हो मेरो नेपाल । स्वर्गका देवीदेवताहरू पनि भिन्न भिन्न रूपमा जन्मन मन पराएको मुलुक हो मेरो नेपाल । वीर पुर्खाहरूले आफ्नो ज्यान अर्पण गरेको मुलुकहो मेरो नेपाल । ऋषिम्निहरूको कीडाभूमि, वीर योद्धाहरूको कर्मभूमि हो मेरो नेपाल । मेरो देशको चार किल्ला भित्र स्वयम् प्रकृतिकी देवी छम्छम् गर्दै नाचेकी छिन् ।

यो भुमण्डलमा सानो देखिए पनि मेरो देश मेरो मुटुको टुका हो । सिन्द्मा हराएको विन्द् जस्तै यो देश। सानो छ तर अत्यन्तै रमणीय ठाउँ छ । यो देश मेरो हृदयको धड्कन हो । जब सूर्यका

किरणहरूले हिमाललाई स्पर्श गर्छ मेरो देशमा वीर मान्छेहरू पनि तब यस देशमा उज्यालो पोखिन्छ । जब सूर्यका किरणहरू हिमालबाट बिदा लिन्छन् तब देशमा अँध्यारो पोतिन्छ । यस देशको अत्यन्तै मीठो अतीत छ। यस देशमा बस्ने सम्पूर्ण मानिसहरू नेपाली हुन्

हामी नेपालीको मिठो अतीत छ, विस्मयकारी वर्तमान र चामत्कारिक भविष्य निर्माण गर्न् छ । अतीतलाई साक्षी राखेर, वर्तमानलाई सिरानी राखेर चामत्कारिक भविष्य निर्माण गर्नलाई ठूलो त्याग चाहिन्छ । नेपालीहरू प्राण पनि त्याग गर्न सक्छन । यस देशमा बस्ने मानिसहरू कर्मठ छन ।

यस देशमा धार्मिक सहिष्ण्ताको मूल फुटेको छ । यहाँ रत्नपार्क नजिकैको मस्जिदले स्वयम्भूनाथसँग डाहा गर्दैन । यहाँ पुराण पढुनेले क्रान पढ्नेहरूप्रति दुर्भाव राख्दैनन् । यस देशमा मुस्लिमको मन पोल्दा हिन्दुको मन रसाउँछ। कृष्ण धर्म मान्नेहरूले काइस्ट धर्म मान्नेहरूलाई अप्ठ्यारो पर्दा सहयोग गर्नका लागि जुर्मुराउँछन्। दर्शनका लागि छट्पटाउँछन्।



नजन्मेका होइनन् । यहाँ रम्धाको माटोमा भान् उदाउँछन्, औँसीको कालो रातमा मोती चम्कन्छन । वेद व्यासको गुफामा देवकोटा ग्नग्नाउँछन्। मेरो देश धर्तीमाताले पासाङ् ल्हाम् शेर्पा, लक्ष्मीप्रसाद देवकोटा, पृथ्वीनारायण शाहजस्ता वीर वीराङ्गना पनि जन्माएकी छिन ।

मेरा देशमा विकासको नयाँ कायाकल्प हुने छ । कृषि प्रधान देश कर्सी प्रधान देश बन्ने छैन । यस देशमा पाहनाहरूलाई भगवान् सरी पूजा गरिन्छ र सम्मान दिइन्छ। नेपालीहरू पाहुनाको सेवा र सत्कार गर्न् नै धर्म ठान्दछन् । मेरो देश शुक्ल पक्षको चन्द्रमा जस्तै हो र यसलाई ग्रहण लागेको छैन र लाग्ने पनि छैन । मेरो देश सगरमाथालाई माभनमा लिएर हाँसेको छ । यस देशमा भन्तरनाहरूबाट गीत सिक्न सकिन्छ । पर्वतस्तनबाट निस्कने नित्यनिरन्तर दुधको सहस्रधारा पिएर बाँचेको छ ।

मेरो देशमा विभिन्न किसिमका मानिसहरू बसोबास गर्छन । तिनीहरूका आफ्नै भाषा, संस्कृति जात छन्। मेरो देश नै मेरो लागि सर्वस्व हो । नेपालीहरूले अङ्ग्रेजहरूसँग देखाएको वीरता अद्वितीय र अविस्मरणीय छ।

११०९ सचिन, कक्षा ९

पश्चिमी प्रभाव



"कता कता न्याउली चरी...... गाउनेहरू अहिले आऊ, आऊ मैया हामीसँग आऊ.... भन्दै गुनगनाउन थालेका छन् । सात, आठ जोर तार हुने वाद्य वादन ल्याएर डोजरले खनेको जस्तो आवाज निकाल्छन् । हल्लाउँछन्, आफ्नो टाउको करेन्ट लागेभैँ । लगाउँछन् आधा कपडा । धन कम पर्ने भएर होला । कता हरायो नेपाली सभ्यता, कहाँ बिलायो त्यो सारेगम । कता हरायो नेपाली अस्तित्व ।

पहिल्यैदेखि थिएन यो जन्मभूमि राष्ट्र त्यस्तो । कतैबाट चुस्स छिरेको थियो त्यो हावा । अहिले सनसनी फैलिरहेको छ । अरूले जे गऱ्यो त्यही गर्न रूचाउने, देखासिकी गर्ने, बानी भएका हामी, के ही देख्नै हु दैँन । त्यस्तै चाहान्छौँ। मधेसमा पवित्रता पाएको त्यो धोतीले अर्के रूप पाएको छ । अलि माथि सरेको छ धोती र बनेको छ मिनिस्कट। पहाडमा बस्ने नेवार, ब्राम्हण, क्षेत्रीहरूलाई पश्चिमी हावाले छोएको मात्रै होइन, ठुलै असर पारिसकेको छ। कति त त्यो पश्चिमी हावाले प्रदूषित पनि भइसकेका रहेछन् । ढाकाको टोपी, स्तीको सर्ट लगाई काला ज्ता टल्काई हिड्नेहरू अहिले ताल् देखिने क्याप लगाउँछन । गर्मी भयो भने हावा छिर्ला भनेर होला कति कपडामा प्वाल पनि पारेका छन । हावा सफा छैन, त्यही प्रदूषित पश्चिमी वाय्। त्यति मात्र हो र ज़त्ता काटी चप्पल बनाएका छन्। किन भनेर मैले सोधें।" फेसन हो नि यार !" भन्छन् ।

नाना त च्यातेर तुना, मुना बनाइसकेका छन् । अभेँ गीत, सङ्गीतमा पनि त्यस्तै परिवर्तन छ । पहिले पहिले डाँडापाखामा भयाउरे गीत गाउँनेहरू अहिले बत्ती फ्युज भएको ठाउँमा गएर "यो यो मालो यो यो" गर्छन्। गीतमा पनि भाव छैन, त्यही पश्चिमी हावाको प्रभाव होला। जम्मै गीतकार "यो यो" बाहेक केही गर्दैनन् । गीत राम्रो नगाए पनि कपडा त राम्रो लगाउँन्पर्छ । त्यही शरीरको एक चौथाइ भाग छोपेर आउँछन्। त्यही कार्यक्रममा एक गायिकालाई मैले सोधें, "दिदी ! पछि गएर को जस्तो गायक बन्न मन छ ?" फर्काइन उत्तर दिदीले "ब्रो ! पछि गएर साकिरा बन्छु ।" अचम्म लायो, फरक्क फर्कियो यो तन ! कता गए



पहिलाका कोमल वली । सिधै साकिरा हो कि के पो बन्ने रे। गीत त गीतै भयो। अरूको बारेमा पनि यस्तै भन्नै लाज लाग्ने तथ्यहरू बाँकी नै छन्। मुख्यगरी नेपाली रीतिरिवाज, परम्परालाई पनि पश्चिमी हावाले उडाइसकेको छ । विदेशका फेस्टिभलहरू नेपालमा बढी प्रख्यात हुन थालेका छन् । माघी, माघे सङ्क्रान्ति । जस्ता चाडपर्वहरू हावासँगै उडिसकेका रहेछन । खै के के हो के । के किसमस, जस्ता खेलहरू मौलाएका रहेछन्। अरू पनि भनौँ भनौँ लागेको थियो । बोल्दा बोल्दै कहिले काहीँ नेपाली बिर्सन्छ। यान्ड ! यी अङ्ग्रेजी बोल्छ । हराइसकेको रहेछ स्वदेशी मौलिकता । सभ्यता । सनसनी फैलिएको पश्चिमी हावाले बेचैन बनाएको छ । ठूलो प्रभाव पारेको छ ।

अतः नेपाली पहिचान, हाम्रो चिनारी हो। हराउन लागेका नेपाली ढाकालाई मादलको तालले बोलाउनु पर्छ । जोगाउनुपर्छ, अस्तित्व हाम्रो। हटाउनुपर्छ पीडादायी क्रन्दन, ल्याउनुपर्छ ओठमा मुस्कान। आफ्नै स्वदेशी पानी खुवाएर, उडाइ विदेशी हावा। ताकी हटोस् पश्चिमी प्रभाव यो राष्ट्रमा।

१०९० विवेक, कक्षा ९

Budhanilkantha School

A scary dream



It was already dark I ate my dinner, Brushed my teeth nice and well Then I went to my bed.

I saw a dream; I was lost in the forest Inside the forest was a small house beside the river Twinkling like stars and glitter.

An old man opened the door And then I went deep into the woods Suddenly some monkeys came And they carried me.

Until the end they held me-Finally, threw me from the height I screamed and yelled for help-Waking up to find myself in the bed.

4016 Shavona, class 6

नीलो आकाश





नीलो न नीलो यो आकाश राम्रो यसले सोच्छ कहिले राम्रो नराम्रो । कहिले घाम लाग्छ कहिले पानी पर्छ सूर्य र बादल त्यही नीलो आकाशमा लड्छन्। कहिले पानी पार्दिन्छ कहिले घाम लाग्छ घाम लागे बादल एकैछिन् भाग्छ। यो नीलो आकाश बादल छन आउँछ जति माथि गयो त्यति माथि जान्छ । गड्याङ गुडुङ हुन्छ अनि पानी पर्छ सबै पाप आकाशको पानीले बगाउँछ । कसैलाई थाहा छैन, आकाश कतिसम्म छ यसको र पानीको यहाँ ठूलो मूल्य छ । नीलो आकाश जहिले नीलो रहन्छ कसैको डरधम्कीदेखि डर छैन र डग्दैन नीलो आकाश नभए मान्छे बाँच्नै सक्दैन सर्य पनि त्यही नीलो आकाशबाट नै उदाउँछ । ५१३२ प्रमिला, कक्षा ५

Bhanjyang 2017

Abeautiful farewell gift



Time is the most powerful medicine. A medicine that can heal even the deepest of wounds. My wound was not really a wound, so maybe, time decided to change the rhythm of the pain the wound gave.

Entering the gate of Budhanikantha School, I saw a group of people of my age but the thing that filled them was different from what filled me. Maybe that is why there was a border-line between me and them. A line that separated us. A difference which I was afraid of never being able to overcome. I saw a community that was like a family and I always asked myself if I could ever be a part of that family.

Days passed and responsibilities grew. We started involving in different activities. We faced obstacles that could not be overcomed by our combined efforts. I found that although we had different perceptions about things, only the blend of both our perspectives could make things happen.

We laughed together. Even the thought of 'Chicken Curry' or 'Fried Rice' made our day. Previously, Leave Weekend was the best thing that could ever happen in Budhanikantha School but gradually long leave weekends started getting lonely. I found a certain force pushing myself to this family. The invisible thread that bound us was getting stronger. These all happened in a blink of an eye and now that I open my eyes, I see time flowing at its greatest speed.

This family gave me so many memories that I never want to let go of. Without even realizing, I already found a home here. While packing my bag to leave this home, I find myself adding big packets of memories into my bag. The lessons I learned here are invaluable and I could never learn them elsewhere. These packets are never ending and my bag is getting bigger and bigger. I can never thank my Budhanikantha School family enough for these beautiful gifts that will guide me in every step of my life.

7174 Prasiddhy, A2

नेपालको वातावरण

हराभरा स्वच्छ वातावरण यहाँको विशेषता राम्रा जमिनमा खेती गर्छन् लाभ लिई यता

घरहरू पुराना छन् विकासको खाँचो छ यहाँ

भएका संरचना मर्मत गरी बस्नु छ त्यहाँ ।

सबै जना मिलेपछि बन्छ यही महल देशकै लागि गरौँ अब हामीले नै पहल संसारकै राम्रा ठाउँ छन् पर्यटकीय



राम्रोसँग बुभनै पर्छ केके छन् यस भित्र । अन्धा गल्छी खोचहरू हेर्न छन् लायक बाटो विस्तार गरीकन बनाउनु पर्छ पायक जताततै विकास गरी देशलाई अधि सारौँ विश्वकै राम्रो हाम्रो देशलाई पारौँ ।

नेताहरू यति कुरा बुभनुहोस् दक्ष जनशक्तिलाई नेपालमै रोक्नु होस् यही माटोमा खियाउनुपर्छ पसिना यही बगाऔँ विदेशी हस्तक्षेपलाई टाढैबाट भगाऔँ

४०४१ अमिशा, कक्षा ६

I

क्षेत्र

म नेपाली



विश्वमा अरबौँ मानिसहरू छन् । हरेक मानिसको आफ्नो देश छ । त्यसैगरी मेरो देश नेपाल हो । म नेपाली हुँ । मेरो देश नेपाल दक्षिण एसियामा पर्छ ।

नेपालमा लाखौँ मानिसहरू बस्छन । हरेक नेपालीले आफ्नो अधिकार पाएको छ । मैले पनि आफ्नो अधिकार पाएको छ। नेपाली र नेपालीको बिच भौँ-भगडा भए तापनि मेलमिलाप धेरै हुन्छ। नेपाल विकास हुँदै गरेको देश हो । यो देशलाई अगाडि बढाउन हरेक नेपालीको योगदान हुनुपर्छ । त्यो भएन भने देश अघि बढन सक्दैन । म जसरी नै हरेक नेपालीले आफ्नो देशलाई अघि बढाउन मदत गरेर आफ्नो गौरव बढाउन् पर्छ । म नेपाली हुँ। म मेरो देशलाई माया गर्छ भनेर मात्र हुँदैन। देशको लागि काम गरेर माया गर्छ भनेर देखाउन

सक्न पर्छ। म अहिले धेरै योगदान पुऱ्याउन नसके पनि मेरो देशका लागि भक्ति देखाउनको लागि म मेरो देशलाई अघि बढाएर छाडछ। अहिले म जति गर्न सक्छ त्यति गर्छ। म आफ्नो देशलाई धेरै माया गर्छ,।म आफ्नो देशको गौरव बढाइ राख्छ। हरेक नेपालीमा देश भक्तिको भावना हुनुपर्छ। देशभक्तिको भावना म एक नेपालीको नाताले सबैको मनमा ल्याएर छोडछ। मेरो देशमा धेरै मनमोहक कुराहरू छन्। तीमध्ये केही हुन विश्वको सबैभन्दा अग्लो हिमाल सगरमाथा, पश्पतिनाथ, स्वयम्भूनाथ, बूढानीलकण्ठजस्ता राम्रा मन्दिरहरू, धेरै वर्ष अघि सम्राट अशोकले बनाएका अशोक स्तम्भ. सेती, महाकाली, त्रिश्लीजस्ता ठूल्ठूला नदीहरू । म्रली, बाँस्री, एकतारे, ढोलकीजस्ता राम्रा बाजाहरू । यहाँ भएका इलाम, धरान, सोल्खुम्बुजस्ता ठाउँ आदि हन् । नेपालमा यति मात्र नभएर कैयौँ राम्रा ठाउँ छन्। नेपाली हुनमा सबै नेपालीले आफ्नो देश माथि गर्व गर्न सक्छन ।

यसरी नै हामीले आफ्नो देशको प्रतिभा बढाइ राख्नुपर्छ । हामीले आफ्नो देशलाई अफ्रै सुन्दर र सफा बनाउनु पर्छ । यी सबै काम गर्नु हाम्रो कर्तव्य हो र हामीले हाम्रो कर्तव्य पुरा गर्नुपर्छ ।

४०४८ विभव, कक्षा ६

Paper boat



I am a paper boat, I never wear a coat, All of the kids know how to make me-I can float in brooks till far in the sea.



I don't have any feet, I even can't withstand punch a little bit, I feel shy because I've got no clothes. But I know very well to float. I travel all around the world staying awake day and night: I see the wonders and amazing sight, Fishes in lakes see me and chatter, I want to reach in the wonderland full of water.

4011 Gaya, class 6

LAST DAY



'BANG' a cup fell down. I knew it was my dog searching for the bone nearby the cup. "Let's go for a walk Brownie!", I said to my dog to take him away from getting scolded. He wagged his tail and followed me. We went to roam around the city.

On our way, our feet suddenly started to shake. The ground was shaking. The houses were shaking too. Alas! it was an earthquake. Brownie and I stood startled for a while. Just then, a house collapsed over us and we were trapped in the debris. It was dark and I could hear only the voice of Brownie. The house that fell was a two-storey tall house, five minutes away from my house. Brownie started digging with his paws, removing the dirt to make way. I joined him, determined to get out of that dark place.

We continued for half an hour but it seemed as if we had cleared the debris only a little. I was hungry, so I started fishing my pocket. "I got it!", I exclaimed. I took out a packet of biscuit. I was so desperate I would be happy even if I had gotten only a single piece. I shared the biscuits with my dog, my only companion. He munched on them and wagged his tail in happiness.

After an hour or two, we made it outside. I was happy to see light and know that I was alive. Outside, people were weeping. Without hesitation, Brownie and I rushed towards our home. Suddenly, a car hit the two of us. I opened my eyes to see that I was lying on a hospital bed. I was injured but Brownie's safety was my biggest concern.

The doctor said that my leg was fractured and I couldn't walk with it for at least two months. He also added that Brownie had passed away. Tears rolled down my cheeks. I felt really sorry for his death and that was my last day with Brownie.

3127 Bibhusha, class 7

गरिबको पीडा



कुन जन्मको पापले गर्दा गरिब भएर जन्मिएछु

नहेप है साथी मलाई देशको लागि केही गर्ने नै छु। किन घृणा गछौ मलाई भविष्य कसले देखेको छ ? गरिबले केही गर्न सक्दैनन् भनी कुन शास्त्रमा लेखेको छ।

कोरेर बल्छ नि साथी आगो बाल्ने सलाई गरिब छ भनी सधैं हेला गर्छो किन मलाई गरिबलाई त सबैले गर्ने रहेछ नि घृणा घृणा होइन साथी मलाई आवश्यक छ तिम्रो प्रेरणा ।

गरिबमाथि दया गर्ने छैन र यहाँ कोही सडक छेउमा बस्नु पर्ने सधैँ रोई रोई एक छाक मीठो खान पाउँदा खसी

पुष छाप नाठा खान नाउँदा खुसा मान्छ यो मनले एकदिन मरी जाने, पुग्दैन है सधैँ धनले।

गरिब माथि उठे भने हेप्ने गर्छन् धनीहरू

पैसाभन्दा ठूलो अरु छैन भन्छन् उनीहरू

हेला होइन दुःखीलाई माया गर्न सिक्नु पर्छ

रहरले गरिब भएको होइन म सबैले यो बुभनु पर्छ ।

४१०२ पवन, कक्षा ४

The Turning Point of my Life



On a windy night while going to Kathmandu from Myagdi, I was thinking about my new school which is regarded as Nepal's best school. It would be a new place with new people for me. I thought what I would do after arriving to my new school, what answer I would give and most importantly how would I present myself. Such thoughts made me nervous.

(Before two weeks)

I was playing with my iPod. Suddenly, I was called by my mom. She seemed to be so happy. I asked her the reason. But even without looking at me, she ordered me to get sweets from the hotel by our house. She gave me the money and I went to the hotel and bought some sweets. When I came back to home, my mom and my brother were standing beside my bed. My mom made me eat sweets. I asked them why they were making me eat sweets. My mom told me that she had received a call from the school. And I was getting an opportunity to study in the best school of Nepal. I couldn't believe it for a second. It took

me quite a moment to take it all in.

(After two weeks)

I drank some water and tried to sleep. In my dreams I saw a big school. Around at 6:00 am, I arrived at Kathmandu. I wanted to go to my school but I had to wait for one more day. My brother, my mother and I stayed in my uncle's house.

The next day we all went to my new school. After we entered the gate, some boys were asking my name and one boy came and told me that he would guide me in the school. I brought my things and we went to the house. I found the school exciting. I arranged my things with the help of my brother and my parents. After half an hour my parents had to go. I was staying at hostel for the first time. I was sad. I felt like crying.

(After two years)

Now, I am here writing this article with great happiness to be at this school. I enjoy every single day with my friends having the joy of school life. I feel proud to be at the centre of excellence, Budhanilkantha School. This school has been my turning point of life.

3115 Abhijeet Class 7





आमा तिम्रो आँस्

तिम्रो गह भिज्दा मेरो मन खुसी कसरी होला र आमा ? तिम्रो मनमा ठेस लाग्दा यो मन किन दुख्दैन होला र आमा ? मलाई आँखामा सजाएकी छौ फेरि ती आँसुका ढिकाले बगाइदिने हो कि बसेकी छौ त्यो बिरानो ठाउँमा दःख पीडा भोगी ।

मध्य रातमा उठ्यौ आमा म चाहिँ निदाएको जस्तो मात्र गर्थें लुकीलुकी डाँको छोडेर रुन्थौ आमा म तिम्रो पछाडि बसेर सुन्यें

मलाई सधैं आफ्नो छातीमा टाँसी सुनाउँथ्यौं दुःखका कहानी मनको पीडा थाम्न नसकेर पर्खन्थ्यौ सुनौलो बिहानी ।

बरु तिम्रो दास बनेर सेवा गरुँला अब नफार त्यो आँसु दिनहरू गन्दै बस है आमा ल्याउने छु तिम्रो ओठमा हाँसो खै भगवान्ले पनि कुन जुनीको पापको फल दिए जतिखेर पर्ने रुन

प्रयास गर्दा पनि सकिनँ कहिल्यै आमा तिम्रो दुःख र पीडा धुन ।

३०४७ सचिना, कक्षा ७



WISHING ALL THE A-LEVELS AND HSEB(+2) STUDENTS BEST OF LUCK FOR THEIR UPCOMING EXAMINATIONS



7002 Amrit 3rd November Kavre, Panchkhal amrit_khatiwada@yahoo.com Everthing To touch the moon Everyday do something that scares you.



7003 Yogeshwor



7004 Tikaram 30th Dec Rumjatar, Okhaldhunga sanuramgurung04@gmail.com Vwhen i became house Captain Walk Don't fear, it's the only weakness you have



7005 Tilak

 Kalikot
 tilakdhital@gmail.com
 When I became the School Captain
 To serve my country as an active leader in the sector I choose
 I love you!



7006 Dipak 29th February Baglung kandeldipak06@gmail.com World without Anger (WWA) Barack Hussein Obama No offense, because humor exists



7007 Niroj

29th May
 Kagbeni, Mustang
 Nirojkshah@gmail.com
 Watching "Ojha fest"; BHCP
 In search of acute thinkers
 Don't underestimate a boy



7010 Premraj

Shrawan-6 Badimalika-10, Bajura prem.razz7010@gmail.com 1st July Dean of IOE ST #VISCAELBARCA



7013 Samyam

Pokhara

Samyamt06@gmail.com GC Sessions, Dayroom premier

have with yourself.

league, Nepali Play 2073 I aspire to respire even after I expire Most important thing in life is to live happily and satisfied with what you



7018 Birendra

Alital 5, Dadeldhura madaibirendra@gmail.com 0 Friday movie shows To know the world 🔄 Give your best

7016a Bikas

🟯 १६ गते Khotang, Halesi 7016bikas@gmail.com Coming soon 🈂 खान्मा ज्यान दिन् स्व्यासंस्थ्यमा ध्यान दिन् पढनमा मन दिन्



7017 Bijay

- 4 October
- Jajarkot
- B bijaysmiles@gmail.com
 - "Jhau lagyo yar guff han na kale" Class 9 winter
- To live happily ever after log Want to die laughing ?? Then meet me!





7027 Kreestina

- 13th September Dhading
- Chrisidiotloveitf@yahoo.com Late night animes, sorry video with 7193 and 7194, apology l etter for playing swing on gate
- World Tour ø
- lf your dreams don't scare you, it's not big enough.

7020 Suraj 13 June Parbat Suraajbc@gmail.com

Khalesee and Khal Drogo



7024 Komal

Ihimpe-9-Salyan Komalrijal24@gmail.com "Class 8 days" Doing things differently in whichever field I will get into.

Srab every opportunity available because who knows that may be the turning point of your life.



7019 Saroj

Nawalparasi Contraction of the state of Harry Potter !! To be what I want to be S Never walk alone







7030 Pragati

13th December 🔏 Taplejung, Nepal Pragatilachowskiherondale13 "We ran away!!!", 14th Feb 2015, Preparation leave in class 10 Mastering in Judo, Lead vocalist in my band with 7048 Nusha 😂 Know your worth, then add



7031 Prasamsha 19th Feb Gorkha B bkprashamsa@outlook.com Those 3000 days, Ranger 55, RHCP @ To live life king size.

0

Don't make permanent decision on temporary feelings. You only live once. But if you live it right, one is enough.



7035 Aakriti

🕱 Kathmandu

0



7034 Aabha



7038 Diksha July 3 Mhenpi, Kathmandu 🕲 diksha 38@hotmail.com Seven hundred thirty eight of them, and counting. Finding Diksha. Note to self "It's okay."



7039 Era

6th June Banasthali 1, Kathmandu 0 booth.francholachowski@croyez.com "We ran away!!!", Preparation leave in class 10, Kill the '10 To complete my bucketlist

log No matter how tall you are, you can never see tomorrow... Be Patient!



7033 Susmita 19th June Kanchanpur sushmita.thakuri33@gmail.com 0 First day at Budhanilkantha School To be happy, smart and a good human being like 7039 Era When life gets you down just keep on swimming..Hakunama Tata!!



7037 Aakriti Ist Nov Baluwatar, Kathmandu. @akriti37@gmail.com LID; International Zoo ; Singing songs with 7111; Room 3(Paleko Minister);Class 10 opt; Finding happy ending. Solution What good is all our intelligence if it makes us crazy.



7040 Ishani

- December, the 8th .
- Baneshwor, Kathmandu
- ishani.hada@gmail.com 9
- Baisakh 22, 2065. Thungis and Buhs.
- Read.Travel.Design.
- We don't have to be ordinary. Make your mistakes.



7041 Swornim 2056/08/15 Kathmandu city swornim41.sc@gmail.com "Take the power back!!!" Going to the Hotel California Break through



7042 Samita

 13th June
 Morang, Nepal
 samita.khulal@yahoo.com
 "Maya", Choyu Picnic 2016, Class-8 trio
 I aspire to inspire before I expire
 Being kind is a legacy to leave behind



7044 Laxmi

Feb 5

- Okhaldhunga, Nepal
- 744laxmi@gmail.com
- "We ran away!!", Maya, Class 10
 I aspire to be best in whatever I do
- Life is not about number of breaths we take, but moments that take our breath away.



7048 Nusha

 24th Feb
 Kathmandu
 nushalachowski@esperer.com
 Class 10, "We ran away!!", Sizzlers & NALA
 Tanana a second and a second and

To start up a band with 30.
Don't follow your dreams. Follow my twitter: @tuan48



7055 Shraddha

17th April
 Kathmandu
 shraddha7055@outlook.com
 Jersey no."55", Ranger 31, "We ran

away!!!", Those 3000 days Infinity

You might be the ripest peach on earth, but still there are people who don't like PEACHES!!



7052 Rajani

 I5th Sept
 Janakpur
 rajani_752@yahoo.com
 Class10, "We ran away!!!", Maya, Class-8 trio, Bhairab,Light and Sound
 Leave an imprint on someone's life
 There will be days when your coffee

will need its own coffee. Life is tough, but so are you!



7059 Aman

21st April 1999

Chhorepatan, Pokhara

amankc7059@gmail.com

Class 7 second semester examination,

- Pas Gaun Visit 2016, Kungsee
- Old ways won't open new doors.
- log A great adventrue is about to begin.



7053 Subhekshya

- 12th March
- Sitapaila, Kathmandu
- sharma.shubheksha@gmail.com
- Budhanilkantha Days
- To be remembered for the life I lived, not the money I made
- You can do anything you want with your life, but you just have to be willing to work hard.



7062Arakshan

January 03
 Bajura, Martadi
 Arakshanrijal 062 on snapchat
 DC 2008 to DC 2016 #NBDIB
 In search of happiness...

It feels good to be lost in the right direction.



7064 Ashutosh 4th Jan 1994 Tokha, Kathmandu ashutosh.karki@gmail.com Basketball Court Diaries To become like Obama Stay safe, Stay healthy



7066 Akrit

27 April
 Kathmandu
 Blink : 7066 Akrit
 Every moment
 Be Yourself. Be Proud
 Keep partying and never regret



7067 Bijay 25th June Dhadhing dadabijay@gmail.com Flying high! DC 2016 Casanova! Sometimes even when you know something is a mistake, you still got to make it"



7068 Bishwas

15th October

- A Ratnanagar-15, Chitwan,
- 7068bishwas@protonmal.com
 Perfectionist in every legendary
- field.
- अदौमा आँखा फुटेको गोरले सधै हरियो देख्छ



7069 Chandra

- 24th Januray
- 🖁 Dharampur, Janakpurdham
- 069chandra@gmail.com/ 9803625501
 - Watching "Cookie Monster" at
- exactly midnight To live happily ever after
- If you can fall in love then let nothing stop you



7071 Digdarshan

- 27th March
- Baluwatar, Kathmandu
- tapwater@gmail.com
- Class 4, Alienware Snowden
- l am Batman....



7074 Kuber

 20th October
 Janakpur, Dhanusha
 kuber774@gmail.com
 Elephant ride with Khulal sir
 To be a "Martian"
 Either just be someone or be "The one!"



7075 Kaushal 1999/07/04 Tinkune-Kathmandu NA Doing yoga in Middle Pitch Tomeet an YETI Tomeet an YETI



7076 Nabin

🏯 7th July 🔏 Gulmi

- nabin7076@protonmail.com
- Worked late night on creating, conducting BNKS-Tech Quiz 2016
- and not to forget b-linked/blink
- Live.Code.Create.Enjoy.Loop BNKS is full of Easter eggs.
- BNKS is full of Easter eggs. Yes! It is!

7077 Nayan

30th March
 Kathmandu
 pokharelnayan@gmail.com
 Good times+ crazy friends
 = Amazing memories
 I aim to be savoir-faire of wisdom



7079 Nikhil

 I5th March 1999
 Bafal, KTM
 nikhilvaidya79@gmail.com
 Naming a crab "SaYoNiNiSaSwo"
 To prove biology is a lot more than medical science + (TI10 as Dovahkin)
 No matter how many people stereotype you, gaming is not childish and definitely not a waste of time.



7080 Nirakar 15th Feb Bhaktapur nirakarshrestha80@gmail.com "Take the power back", Flourish "CRISPR" in Nepal, TI-10 as Dovhakin.Zapu



7081 Prabuddha

17th January
 Bhaktapur
 candyillessa@gmail.com
 Hunter
 Don Jon



7082 Abhinav

November 25th
 Kathmandu
 eggplant@peach.com
 Flying High
 To Relax
 Rule your life



7083 Pramit

- 30th June 1999
- Lamjung
- youtube.com/bppthenextthing
- Physics practical class of July 3rd, 2015
- To do it better
 From this place to a world of our own



7084 Prashant 35 December 2 Khalanga, Salyan, Rapti 30 Ak47@roketmail.com 40 Room. 24; BHCP 2016 #NBDIB 30 To comfort the discomforted ones 30 नेपालमै अवसर छ!



7085 Priyash 12th April 1999 34-Baneshwor, Kathmandu priyash.bhattarai@gmail.com

B



7086 Raj 3rd April/98 Mahottari 7086Raj@yallashoot.com "Into the wild" To demolish "so called intelligents" To become a legend परिव भन्छी सुखको मफी धनी मिल्दैन संसारमा करी पनि


7087 Sahil

22 October
 Kathmandu city
 sr87.aguero@gmail.com
 Rocking since 2008
 Money, Suits, Car
 Merry Christmas!



7088 Sakcham

 29th Feb
 Birtamod, Jhapa
 meroemail088@gmail.com
 Winning moments Softball, Last year josh and many more.

To travel through time and again come back to class 4.



7090 Sandesh

16th January
 Tanahu, Gandaki,
 spoudel90@live.com
 BHCP, 2016 (Nobody does it better)
 To do PhD in resonance
 Use laptops wisely



7091 Sanjeev

🚆 5th Sept 🤱 Kalimati, Kathmandu

 Sanjeev1bb3@protonmail.com
 Creating a web server application for Techo-Quix and establishing an intranet social networking site
 To do professional cerebral activities
 Keep calm and use Linux.



7094 Shashant 15th December, Matsari-9, Rautahat. yallashoot.com/aafai_khoja When I heard that BNKS is the center of excellence Education, Energy and Entertainment



7099 Satyam

 29th Nov
 Chandol-4, Kathmandu
 kcsatyam07@gmail.com
 BHCP (nobody does it better), Dragon Fly," Towel" UCL 12
 To become Giacomo Casanova of the 21st century
 Live life with no regrets!! (like PB swag)



7089 Sakti 16th December Parbat sakti7089@gmail.com All those 3000 days that passed in a blink of an eye ESCAPE

Spend your time as if you were a MILLIONARE.



7093 Seejan

- 8th Feb Golfutar, Kathmandu
- seejan.93@gmail.com
- > Yet to arrive
- To become like Jakie Chan
 "Sometimes even when you know how a story's gonna end doesn't mean you can't enjoy the journey"



7107 Hemraj 31 Shrawan Mugu, Gamgadhi aide.hemraj@gmail.com I will tell you all about it when I see you again. ABE



7108 Praju 9th Feb Kanchanpur, Nepal. malla.praju 108@gmail.com 2066 B.S - 2073 B.S. I guess that sums it all !! To achieve success as defined by "Ralph Waldo Emerson"



7110 Archana

5th February
 Tamghas- 1-Gulmi
 archana. 1bc6@hotmail.com
 Leave weekend; 7038; potterhead;
 Believing in yourself



 11th June
 Kathmandu
 somerhalder114@gmail.com
 "We ran away!!", 14th February , Class 10, Pestalozzi memories
 Professional Hacker
 People throw rocks at things that shine



7115 Anubhav 31st November Kirtipur-2, Kathmandu 7115anubhav@gmail.com Sleeping Mahish Dhakal रिकेसम्म ANUBHAV वट्ली



7116 Biken

April Sarlahi Iordbyron@gmail.com



7118 Robin

 3rd March
 Darchula, Nepal
 robista7118@gmail.com
 To be a farmer
 DKS Sir, I miss your classes.
 सानो छ खेत, सानो छ बारी, सानै छ जहान नगरी काम पुगुदैन खान, साझा र बिहान



7120 Sujan 5 Jan Balaju, KTM facebook.com/davetitung Higher state of mind Not to offend anyone Live young, Live free.



7121 Sujit 25th June 1999 Dang dharakopani@kanchhinani.com When i got A* in Further Maths TI10 (as Dovahkin.Solar Devil) 2



7127 Pratik 24th October 1999 Gwarko, Lalitpur pratik127@gmail.com BHCP '16 (Nobody does it better) Tommy (Tom Hardy) Eat big. Get big



7128 Diwas 1999 March 30 Simara, Bara diwasdahal128@gmail.com Nobody does it better To do better than everybody Love me like u do



7130 Manish

- 22nd May
 Kathmandu
 Iaughterandtears12@hotmail.com
 Tiny bits of every thing
- Still thinking deep......
- Roses are red Violets are blue You have an arranged marriage waiting for you



7134 Subarna Nov-25 Chitwan subarna7134@gmail.com Bio-diversity visit Wait and watch Live the life you love, Love the life you live



7136 Prashant 8th April Fulhatta, Mahottari 7136prashant@gmail.com Late night dance parties, Raraekfauladi, Coat boy, Bhairab Never to be a dead fish Dance like no one's watching....? No! Dance like a toddler. They don't even care if there's music.



7140 Abhijeet

January 5
 Lamjung, Nepal
 pantabijeet@gmail.com
 Pas Gaun Visit 2016, Leave
 Weekends, Prefect Check-ups
 To build a better Nepal
 Stay Hungry, Stay Foolish



7137 Sundar

🏯 8th Mangsir 🤱 Khalanga, Rukum

- Sabinta36@gmail.com
- 2015..., Middle Pitch..., Planning about "Rukum Project"





7141 Amish

19th Nov

Manamaiju,Kathmandu

amishkapri24@gmail.com

Changed subject combination (PCB to PCF)

We cannot go back to the past and make a brand new starting, but we can start now and make grand new ending



7139 Abhishek

19th July

- 🖁 Lokanthali-16, Thimi, Bhaktapur
- akjktm75@gmail.com
- The second mechanics class in room no.9,
- Achieve what my parents expect of me and the thing that changed me
- Don't spend too much time planning your life, because unexpected things may happen and change you forever.



7142 Ankit

- 31st March Pokhara
- ankitkoirala.com.np
- Coding till 5, b-link, building techno-
- Quiz App, Monday's GOT
- The Greatest Pirate of Silicon Valley
- Sleep well

71



7143 Anukram 2nd April Kathmandu anukramlamsal@live.com Ironically, the visits. Reach Lukla!! Step out of your comfort zone.



7144 Biwansh 9th July Pokhara, Kaski biwanshkhatri420@gmail.com; youtube.com/bbpthenextthing fou won't see me श्वि हातको मैला सुनको थैला के गर्नु धनले



7145 Shreehar

21st July

- 🤱 Kalopul, Kathmandu
- joshishreehar@gmail.com
- Being chased by pale dai in cycle for.....
- Great things are better done than said
- The harder you work, the luckier you get



7146 Diwas 24th June Chitwan diwas7146@protonmail.com When I did it" Nobel Prize No offense because humor exists



7147 Suman

29th October

Pokhara-26, Sarangkot

Sumanchapai@gmail.com

When I realized that I had to study Chemistry for just six months more.

Will figure out something to do in the Karnali region

Don't stop running because of people who care if you fall.



7149 Aayush 11th Sept Gadhimai, Bara ayush.khatiwada.35@fb.com Funny late night gossips with 04, 69 and Siddhanta To become a supermodel When you look back, marks don't make you laugh but memories do



7150 Nisan

19 November
 Chauthe, Pokhara
 nishan.amgain@outlook.com
 Not enough space to list.
 walk, fly.



7148 Ananya

- 6th February
- & Lalitpur
- 🕲 nyaana 1@gmail.com
 - RHCP 2015/16; School play 2016; House picnic 2016
- To enjoy the little things in life The future belongs to those who believe in the beauty of dreams. Not everything you lose is ever bound to be a loss.



7151 Prashant

a 11th July 1999

- 🤽 Pokhara , Kaski
- 🚱 fewalake_619@yahoo.com
- Pas Gaun Visit-2016 and every moment in B8
- Travel every part of Nepal with a stethoscope and camera
- तिमी जाने कता कुन्नि म जाने कतार तिर.....



7152 Pratik August 6th 🤱 Baneshwor-10, Kathmandu pk063343@gmail.com 2K16-Dec-X @ π(x)=? S Love Maths!



7155 Saroj M

1st November Bharatpur, Chitwan sarojsubedi@gmail.com 63072000 Seconds of BNKS (crack it if you can) To be successful in every field I enter

3 If wind doesn't serve then take it to the oars.



18th October Ilam Satish.parajuli156@gmail.com "The Towel" To get a hat and put it on. lts not enough that I should

succeed. Others should fail.

7156 Satish



7157 Seejan 18th Feb 😤 Nawalparasi Seejansunar0098@gmail.com Stay at BNKS during Weekends, Wish to travel in the speed of light. Feel free to showcase your



7158 Dheeraj 🟯 September 07

Pokhara magardheeraj9987@gmail.com 0

English classes (NN sir)

Don't dare!



7159 Siddhant

🏯 10 March

- 🤽 Gattaghar, Bhaktapur
- Siddhantaphuyal2016@gmail.com
- Every moment has been best and wonderful.
- To make Nepal great again!! Mon't be guided by others. Just be guided by your soul. Break every rule, if required but find your love and passion.



7162 Umang

- 16th Feb
- 9 Jawalakhel, Lalitpur
- umang_rs@hotmail.com
- Singing for the mass
- Whatever I do, I will change the face of the nation with it.
- You always have the choice to live the life you want, let nobody chose for you.

talents.



7160 Aayush 30th April Kathmandu aayushphuyal0074@gmail.com That eureka moment when I finally found Room No. 2 Beating cosmic speed limit Solution requires strong fish to swim against the current; even a dead one can float.



25th October Mid-Baneshwor, Kathmandu Ujjwalgautam7161@gmail.com Leo Club Visit, 2016 Keep on hunting life

😂 Hakunama Tata'



7163 Aabhashree 21st May Tokha, Kathmandu Aabhashreel@gmail.com Be a little more than yesterday and a little less than tomorrow. CARPE DIEM



7164 Aakriti

11th January 🔏 Chandragiri-23, Kathmandu aakriti.ghimire@gmail.com JSSF, Dhanding visit; Myagdi visit; G Travel ; sleep under a starry sky log Make the first move, never fear judgements and do what you feel like doing.



7166 Ritika

- Feb 22
- Dang
- ritika7166@gmail.com 0
 - 'We ran away!!!", DC2016, English lesson
- To fulfill all the expectations that my family has for me
- You never know how strong you are until you dance in heels all night.



7167 Nyaharika

23rd November

- Dangihat-4, Morang
- 0 rainyaharika@gmail.com
- Got elected as the president and got to know the true meaning of hard work and teamwork
- To be a successful person with a good heart and huge fortune
- A Hard work beats talent when talent does not work hard.



7171 Shreyaskari July 4 Rupandehi



7165 Dina

- 10th May
- Kapan, Kathmandu
- dinaxgg@gmail.com G
- Wearing kurtha
- To learn and teach : 0F803BEB1
- S Only you can stop yourself and only you can stand on your feet. So grab some pens, pine and apples



7169 Nitika

- 5th November
- Pepsicola Town Planning-35, KTM
- upretynitika@gmail.com 0
- When you enter the gate !!
- To sit on the iron throne. If you are at BNKS, you're bound to
- have fun. 🗳



7172 Pramita 12 Feb Chitwan Contraction of the state of House Picnic 2016 **Travelling** log We don't get what we desire; we only get what we deserve, so work

hard to achieve what you want.



7170 Yukta 22nd December 😤 Manbhawan, Lalitpur 🕲 yuktapoudel@yahoo.com Dayroom moments:7195, 7175, 7164 Spread Smiles log Happiness can be found in the darkest of times if one remembers to turn on the light.





7173 Suruchi

19th Sept Baneshwor, Kathmandu Suruchi2056@gmail.com **RH Picnic** To complete the bucketlist God gives us relatives. Thank god, we can choose friends by ourselves.



7174 Prasiddhy

19th Sept

- 🧏 Lokanthali, Bhaktapur
- prasiddhy.koirala@gmail.com
- Lying on terrace and watching stars with two idiots. TD.
- @ To become unstoppable investment banker and enlightened economist.
- 🦉 Work like a captain. Play like a pirate.



7175 Richa

29th September **R**Hetauda Sapkotareecha 1329@gmail.com Musical nights at the dayroom Dissolve into something of which I would be proud of Do something worthwhile.



7176 Rodhashi

- 14th Dec, 1999 Kavre
- 🕲 rodashipanta@gmail.com
- After parties, Light and Sound, R-35, "R-21 Talent Show-2016", and anime with 7174
- @ To meet C. Ronaldo atleast once 😂 जीवन सहै खुशीले भरियोस् सपना कहिले ऑस्
- बनी नफरोस अरु त के नै भन्न सक्छ



7179 Simran Sept. 23, 1999 Chitwan parajulee98@gmail.com "We ran away!!", Maya, Room 34 To make people feel highest at their lowest S The world has music for those who listen.



7177 Shreeti

- September 15
- Chandragiri-23, Kathmandu
- shreeti.177@gmail.com 0
 - Making the best of friends and nurturing special friendship moments.
- To be remembered for the acts I did rather than the words I said. Anything you do make the best out of it
- Be you! After all, faking perfections are too mainstream now-a-days.



7180 Smriti

- 3rd March
- Kathmandu
- katwalsmriti180@gmail.com
- "We ran away!!", RHCP 16, Nicknames, Thunders night
- To choose happiness over everything Solve the state of the second looking at the bright side.



7178 Shrisha

- 23rd March 1999
- Sukedhara, Kathmandu
- Shrinep777@gmail.com
- Every moment is "best" at BNKS. Don't miss any of them! :
- People search my name in google, not in facebook profiles.
- Live your life in BNKS balancing everything and you'll realize this place is better than Hogwarts.



- 7181 Srichccha
- June 15th , 1999
- Kalimati, Kathmandu
- srichchha@hotmail.com 0
- Living endlessly, loving endlessly, and laughing endlessly
- To become a person, who can make dogs wag their tail more happily
- 🔄 Be you, build you!



7182 Meghna

19th August, 1999 Narayangarh, Chitwan 🕲 meghnarajbhandari7182@gmail.com 🔇 cbhantana0506@gmail.com Well for me every juncture in BNKS is just inimitable; beyond imagination To succeed in everything I aim for and complete my bucketlist. Cherish every moment at BNKS because truly, you'll never get a second life as a BNKS student.



7185 Suvekshya

- 21st April, 1999
- Sanepa, Lalitpur
- Suvekshyashrestha1999@gmail.com A1 Physics Practical Set D, Starboy and star gazing, PCB video attempt, Star Struk moment'187
- To turn into a decisive person from an indecisive one.
- Mank you Daddy for making me continue the BNKS legacy.



7188 Tathya 15th December Nawalparasi Cathya55@gmail.com Bhanu jayanti; Sup-6 To co-relate science and literatute and write a novel 😂 I lived my dreams, so should you. Thank you Budhanilkatha School.



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7183 Celine
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13th October Chitwan Speechless (To be on top soon Shoot for the stars.



7186 Tejaswi

21st December

Bhaisepati, Lalitpur.

0

9

- shresthatejaswi@yahoo.com
- To stumble on a bigger & better 6 version of myself
- As we walk into our old rooms, every emotions will pass through us as we reflect on the way our lives has changed and the people have become.



7189 Pramesh

- 30th April Chabahil, Kathmandu sthapramesh056@gmail.com Leave weekend; Bio visit Artist
- Seize the day or die regretting the time you lost.



7184 Sushmeeta

- 7th April
- Kaushaltar-15, Bhaktapur
- sushmaadhikari100@yahoo.com Chitrakala Kakshya, House Picnic,
- HamroPCB(best)
- Live Learn Laugh and Love
- by The world is full of nice people. If you do not see one, be one.



7187 Yashaswi

- 4th January Baluwatar, Kathmandu
- syashaswi1@gmail.com Starboy and Stargazing, P123, PCB
- Video attempt, Stage and singing, Starstruk sharing (185) At the end, to be able to say "I LIVED"
- And the rest is rust and stardust. Do Do the things you love with utmost appreciation and BE GRATEFUL.



- 7190 Dijee 8th March
- Boudha-6. KTM
- lama_dijee90@yahoo.com 9
- Suyasha Rojina chittoooThunder night with 7180; Sup'6
- To live my life with my rule; didn't know where to go
- Someone showed me the way Now I know it was you.

7191 Hricha 9th Jan Kathmandu (Currently)

0 Organic compounds ; NIRVANA ko khoji ma... log Someday you'll realize that "CHICKEN DAYS" were just delicious delusions . Bye! Bye! Sayonara



7192 Isha

27/12/1999 Pepsicola, Kathmandu ishakc919@gmail.com Leave weekends

0



7193 Alina

19th June 1999 Kathmandu, Nepal alinatmg193@gmail.com Ø Knocking the wall To be just to myself. Never forget to have fun to the fullest.



7194 Ankita

19th Oct Kathmandu, Nepal 🕲 maharjanankita 1999@yahoo.com Knocking the wall To travel the whole world Be your kind of beautiful



7195 Suyasha

16 Jan Nawalparasi suyas_sha@yahoo.com 0 1st performance in BNKS; SUP'6??; Living life to the fullest. Yesterday is not ours to recover, but 2 tomorrow is ours to win or lose.



7197 Nitika Some rainy day. Maharajgunj, Kathmandu.

Let's just say, still counting. Stay anonymous in this aspect. S Temporary affliction it is.



7198 Shruti

- 18th Feb
- Pokhara

Shrutikandel98@gmail.com 0 Dancing to the beat of "baby doll"

and getting caught by duty teacher To be good and do good. S Never neglect your studies.



7196 Aparna

6 th September

- Kathmandu
- aparnapaudel@gmail.com
- Leading school band ;Surprise leave weekend and TIMC of course.
- Cry tears of joy.
- Make every moment Legen-wait for it-dary.LEGENDARY



7199 Srijana

🟯 02 Nov Tanahun

- Srijanagrg 199@gmail.com
- Chicken chilly #Room 3
- To justify my name
- What's worse than finding a worm in your apple? Finding a half worm.



7201 Binita

- 🟯 24th January
- 😤 Pokhara, Kaski
- Pranabhatbinita7201@gmail.com
- Refreshment parties, Happiness at leave weekends
- To be good on my own eyes and to make my parents satisfied.
- Never hide your talent rather explore more and try to be a perfect one.



7202 Ashima

31st Feb

- 😤 Kathmandu, Nepal
- shimaachikari02@gmail.com
- 🛡 Sup' 6?; "जय सम्भो,पढाइ कम भो"
- Ø Dr.Ashima
- Yes, I'm the dream catcher. Thank you Budhanilkantha School.



7204 Leena

27th January
 Bagdol, Lalitpur
 leegrg222@gmail.com
 RSGF 2016 and Sakuni Pasaharu.
 Happy and Limitless.
 I go to seek a Great Perhaps. Au revoir.



7207 Riya 21st June, 1999 Kathmandu Iamariya207@gmail.com QUANTA, Bio visit That 'one day leave' when class 11 boards result arrived. Success and happiness is everything.Live up to your hopes and dreams.



7205 Prakriti

- 28th October
- A Tanahun
- prakretiadhikari1999@gmail.com
 - Late night gossips; leave
- lessons; refreshment parties
- To travel the world
- Never regret the chance you didn't take.



7208 Rojina

- Jan 29
- A Nawalparasi
- B im7208Rojira@gmail.com
 - Sup' 6 ;Kadoori clinic- I know what I am exactly suffering from; Luck favoured us on the Focus 2k15
- To be a happy person ; Europe tour.
 Beauty begins the moment you
 - decide to be yourself.



7203 Ramita

 18th Feb
 Simraungadh, Bara
 9845020983
 English lesson of Binu Ma'am.
 To be a renowned social worker and to give back to my nation
 The more you struggle the more you become stronger.



7206 Reshu

- 31st August
- Dhading
- B reshu1bk@gmail.com
 - That moment when UA sir told me that I am a hardworking student;
- danced freely with 7208; Sup' 6
- Be a good doctor, earn and travel
- It's good to be different.



7209 Simran

Kathmandu



Football 2016

With a beautiful season of premiere league ongoing, the year 2016 started. In the beginning of the year, the whole world was excited, curious to see the upcoming season and leagues in 2016. Europeans were already in the seat with belts for euro cup 2016. Nepalese were also excited because at the end of 2015 Nepali football players won Bagabandhu Gold cup and were ready for South Asian games. South and North Americans were ready with their flags for 100thCopa America titled as Centario Copa America. So, the leagues were ready to pick out the winner. English premiere league was over with Leicester city standing at the top and taking trophy to their home. Then there was a big battle in la liga between two biggest clubs of the world, Real Madrid and Barcelona. Barcelona won the match. After the ends of all seasons all players returned for national duty.



Similarly, Copa America, it was a beautiful league. Two finalists were headed to the final of last season. As the defending champion, Chile returned with trophy again.

France was the home team to play final and as an opposition team of Cristiano Ronaldo, was ready for the final. Both teams could not score till the full time so extra time was added. After a long anticipation, the Portuguese lifted the trophy by a beautiful long ranger from Eder.

Let's see what turn football will take in upcoming days. Hope other years will be as memorable in the history of football as this year was.



विद्यार्थी

विद्यार्थी हुँ म पढ्ने लेख्ने मेरो काम ठूलो भई इच्छा मेरो राख्ने देशको नाम

देशको सेवा गर्नु मेरो एउटै ठूलो इच्छा

गर्छु सधैँ यो काम दिन्छु ठूलो दीक्षा।

आमा भन्छिन् पढ नानु पढ्नु तिम्रो काम पढी लेखी ज्ञानी बनी राख आमाबाबुको नाम ।

विद्यार्थी हुँ म पढ्ने लेख्ने मेरो काम नजानेको सिकी लिन्छु शिक्षकबाट ज्ञान ।

५१३० तानिया, कक्षा ५

3062 Sujan, Class 7

The world of anime: one piece नेताको काम यस्तो



Not many people know about the world of anime but those who do never abandon the world because it inspires awe in people. If I was a little younger I would say that my life's ambition is to promote Japanese anime. But now that I'm older and know better I get that anime does not need to be promoted. People who are sensible will find anime and enjoy it sooner or later. Personally I'm glad that I stumbled into the world of anime sooner.

It originally started from Japan from a series of books called



"Manga". Some of the famous writers of manga are: Masasi Kishimoto, Akira Toriyama and etc and some of the famous manga are: one piece, bleach, Naruto, dragon ball Z. Among the entire one which I like the most is the ":one piece" It is originally written by Echiro Oda. It's a story of a boy named Luffy who consumes a devil fruit and has got a power of a rubber man. His dream is to conquer the sea and find the greatest treasure on the earth, the "one piece", hidden by pirate king and become the second pirate king.

He starts his journey alone and tries to find his crew first. First of all he finds the pirate hunter Roronoa Zoro and later Sanji, Ussop, Chopper name, and Robin joins his crew and heads to find the greatest treasure on the earth. He also becomes one of the most wanted pirates all over the sea.

Besides "one piece", there are also other more anime that could be enjoyed. Some of them are Naruto, detective Conan, death Notre and many more. If people realize that anime is not a single genre but а different world of entertainment that has different sub genres in it, then I'm sure they would be more willing to try it out. So, I would like to encourage everyone to clear their misconception that anime is "cartoon" and give it a try once

3056 Prashant, class 7



नगर नेता हो, सत्तामा तानातान नगर नेता हो, आरोप र हानाहान समय हुन्जेल बसेछौ ठूलो भूँडी फर्काई

समय हुन्जेल बसेछौ एक अर्कालाई तर्साई ।

ठूलो तालु के गर्छो ? काम गर्छो सधैं आलु खिचातानी गर्दे आफू बन्न खोज्छौ ठालु ।

महिना भरको खान्छौ भत्ता सडकमा खोज्छौ सत्ता कुर्सी टिकाउन खोज्छौ सधैँ यत्रो समयसम्म गरेको काम खोई ?

कुर्सी जाला भनेर बस्छौ दह्रो समाई नयाँ नेपालको जलपमा भयो तिमीहरुको रजाइ अर्थ न वर्थको भाषण दिई नरुवाओ जनता खिचातानी गर्दा तिमीले जिल्लै परे जनता ।

४०७० सूर्य, कक्षा ६





What is money? Some say it's everything. Some say it's just a piece of paper. What many think is that this little piece of paper is very precious.

People think it is worth killing people for money. Everybody wants it so badly making normal people greedy. Some people's goal is just to earn money and become a millionaire or a billionaire. Some people have an illusion that if you have money, you can buy everything, even a life. Everybody wants to be rich and prosperous and wants to have a luxurious life.

This is all normal. It's human nature to wish for more riches and luxurious life style. But above all people are those, who earn money and help others. Those cases are really rare but important to all of mankind

If anyone wants to be one of those people he/she has to try it from his/her heart. Some people become rich by deceiving others in an illusion that may have a happy and prosperous life. But will they be really happy? I doubt that. People who help other even when they are poor are happier than the rich ones. There are bad guys who are greedy for money. They cannot control greed but greed controls them. People are ready to do inhuman activities just for money. Are you one of them?

3035 Bideet, class 7



कहिले सकिन्छ गृहकार्य ?



गृहकार्य गन्न खोज्दा औँलामै अटेन एक घण्टासम्म गरे अभै घटेन ।

बल्ल विज्ञानको गृहकार्य सकी गणितको गरेँ हे ईश्वर ! कहिले सकिन्छ मेरो गहकार्य ।

गृहकार्य कापीहरूको शिखर हुन लागे अब गृहकार्य गर्दिनँ भनेर कलम मैले फालेँ।

तर गुरुको गाली सम्भेर भरसङ्ग भएँ अनि फेरि कलम टिपेर गृहकार्य गर्न गएँ।

मेरो आँखा भिनमिकभिनिक गर्न थाल्यो रात परेर होला मलाई निद्रा पो लाग्यो।

बिहान गृहकार्य गर्ने निधो गर्दे म सुतेँ केही बेरमै म गहिरो निद्रामा पुगेँ ।

"बाबु ! स्कुल जाने बेला भयो" आमाको निकै चर्को आवाज सुनियो ।

निराशाका साथ म खाटबाट भरेँ हे भगवान् ! अब कहिले सकिन्छ गृहकार्य ।

२०३० निसान, कक्षा द

Boat on a ride



Dark brown is the river Golden is the sand It flows down forever With trees on either land.

leaves are floating Castles of the foam I row my boat in the river Wishing to be back home soon.

On and on goes the river And waving good bye to the trees and mill Away down the valley, Away down the hill



I row my boat harder and harder,

For we need to travel miles and more,

Finally I will find little children, Who shall bring my boat ashore.

3046 Pramisha, class 7

311711





नौ-नौ महिना कोखमा राख्छिन्, हुर्काउँछिन्, बढाउँछिन् आफूमा दुःखकष्टबाट हटाउँछिन् सानैदेखि हुक्यौ, बढ्यौँ आमाकै काखमा ठूलो भई ज्ञानी हने रहर छ आमाको आँखामा ।

हाम्रो उज्ज्वल भविष्यको लागि सोच्ने नै आमा हुन् हामीलाई असल मार्ग देखाउने नै आमा हुन् फूल जस्तै फुल भन्छिन् चरा जस्तै उड्न फुलेर वास्ना छर्न र ठूलो भई आकाश छुन ।

सधैँभरि चिन्तामै हुन्छिन् मेरो भविष्यको लागि सधैँ पूजा गर्छिन् मेरो उज्ज्वल भविष्य मागी आमा नै हुन् ती नारी जसले धेरै माया गर्छिन् नसकी नसकी पनि हाम्रा इच्छा पूरा गर्छिन् ।

उनको हरेक आँसुको थोपामा म बग्दछु उनको हरेक हाँसोमा म मुस्कुराउँदछु आमाकै सपना पुरा गर्न राम्रो मान्छे बन्दछ ।

५११९ अस्मिता, कक्षा ५

Clash of Clans



Loved by millions of people, COC is a strategy-based game and is famous all over the world. Be it Nepali or be it Russian, all love playing Clash of Clans. A war full of barbarians and archers alongside other troops, with amazing specialties has made this game so addictive. Not to forget, the defence comprises of mortars, cannons, archer towers and so on.



In this android game, we have to earn purplecoloured liquid -"ELIXIR","DARK ELIXIR" and "GOLD". Train your army of powerful giants, handsome wizards and beautiful archers. Raid other bases of different players all over the world or "Get those Goblins" in your goblin map, crushing their defence and town hall. Be sure to crush them into pieces. Dominate other players, upgrade your defences and do protect your village from invaders. And Yes! Play friendly challenges with your clan mates without having to lose any elixir, dark elixir, gold, trophies or troops.



Ending it up, do not forget to play this game. I am Town Hall level 8 and in the clan NepalNike. Do visit as you are invited to my clan. Let's play COC together.

3039 Nihal class 7

मेरो देश



हिमाल, पहाड र तराई मिलेर बनेको मेरो देश सबै मानिसहरूको छ आ-आफ्नै भाषा र भेष हरेक ठाँउमा छन् साना साना गाउँ सबैलाई प्यारो लाग्छ आफू हुर्केको ठाउँ ।



वरिपरिको वातावरण हेर सबै हरियाली वन त्यही हरियाली हेरिरहूँ भन्छ मेरो मन धानै धानले भरिएको छ मदेश

आहा ! कति सुन्दर हाम्रो देश !

४०४५ सिखा, कक्षा ६

The Story Untold



I woke up on a freezing cold winter morning. I was lying in my cozy bed of my dormitory. I looked around and realized there was no one but me. Not a sound was audible. A chill ran down my spine. It felt as if I had slept in an abandoned castle. Suddenly, the sound of footsteps drummed my ears from the staircase, coming closer to my

कलम



लेख्न र पढ्न चाहिन्छ कलम लगाउँछ यसले साहित्यमा मलम ।

कलमले गर्दा मैले लेख्न सक्छ एकै ठाउँमा बसी संसार देख्छ ।

कलम हो विद्यार्थीहरूको साथी यसको गुन छ सबैभन्दा माथि ।

कलम मेरा लागि हो धन

dormitory. My heart started pounding and I remembered telling my friends such stories, pretending I was not afraid. However, that it was happening for real, I was terrified.

I hid myself inside my blanket out of my instinct. The footsteps suddenly stopped. It had reached the door to my dormitory. The door creaked open and I trembled with fear. Shaking, I heard it walking towards me. Just then, it pulled the blanket off my body, making me scream, "AH!" To my surprise, it was only my Head House who woke me up from my sleep saying, "Babin, you are late for breakfast"

3038 Babin class 7

जित्न सकेको छ यसले सबको मन ।

कलम अति नै मूल्यवान् छ हामी सबका लागि यो ठूलो धन छ ।

देखाउनका लागि कलम होइन कलमको काम लेख्ने बाहेक होइन ।

कलमले गर्दा भएँ म ठूलो न सोच्नुहोला कलमलाई लुलो ।

कलमले हामीलाई ज्ञानको धनी बनाउँछ यसले हामीलाई विश्व रच्न सिकाउँछ ।

कलमको गर्नुपर्छ मान यसको अगाडि नदेखाउनु सान ।

कलम हो साहित्यको सान लेख्न सिकाउँछ अक्षरबाट गान ।

३०२८ बिकल्प, कक्षा ७





जताततै चलेको छ भ्रष्टाचारको जालो

हुन्छ डर लाग्दो कालो । नेताहरू घुस खाई जनतालाई रुवाउँछन्

आफन्तलाई भने मीठामीठा कुरा खुवाउँछन् ।

आखिर को हुन् यहाँ भ्रष्टाचारी भनेर चिनिने

आफ्नो देशको माया बेची जो हुन् पैसामा किनिने

शान्तिको प्रतीक गौतम बुद्ध

जन्मिए जहाँ

तर पनि भ्रष्टाचार जस्तो कुकार्य रोकिएन यहाँ ।

४०७६ अभि, कक्षा ६

बुढानीलकण्ठ श्कूल





"बाबा नजानुस् न आज" मेरो त बानी नै भइसकेको थियो बाबालाई अफिस जाने बेला रोक्ने । सधैँभै त्यस दिन पनि जिद्धी गर्दै थिएँ म । भर्खर बोल्न थालेकी मेरी बहिनी पनि तोते बोली रुँदै भन्दै थिई, "म नि जानी" । अरू दिन त हामी जिद्धी गर्दा थर्काउनुहुने आमा त्यस दिन त आफैँ भन्दै हुनुहुन्थ्यो, "आज राति मैले सारै नराम्रो सपना देखेकी छु । मलाई एकदम डर लागिरहेको छ" ।

हामीले जति गरे नि बाबा चाहिँ मान्नु भएन । आखिरमा रुँदैरुँदै नै बिदाइ गर्नु पऱ्यो बाबालाई हामीले । बहिनी त आमाकै काखमा



निदाइ रूँदारूँदै । हामीलाई भन्दा पनि दुख लागेछ उसलाई तर हाम्रो मनमा चाहिँ दुःख भन्दा बढी डर नै थियो । टिभीले छिन छिनमा भनिराख्थ्यो. "माओवादीले भरखरै चारजना पुलिस माऱ्यो ।" दिउँसोभरी हामी छट्पटाइ मात्र राख्यौँ । बहिनी त निन्द्रामा पनि "बाबा जानी, बाबा जानी" भन्दै थिई । हामी चाहिँ पसिना चुहाउँदै थियौँ डरले। जति राति हुन थाल्यो त्यति नै डर उत्पन्न हुन थाल्यो। बाबा नफर्किने पो हो कि जस्तो पनि लाग्न थाल्यो अरू दिन आउने गरेको समयसम्म पनि आउन्भएन बाबा। अब त भनन् कहाँ जाऊँ र कसो गरूँ मात्रै भयो हामीलाई । कुर्दा कुर्दा हामीले त खाना पनि बनाउन भुलेछौँ । हुन त बनाए पनि के नै गर्ने हो र ? खान सक्ने त होइन ।

डरैडरमा बसिरहेका थियौँ हामी । त्यही बेला हामीले ढोका ढकढक गरेको सुन्यौँ । आमा र म त आँखै नहेरी कुदेछौँ ढोका खोल्न । आमाले ढोका खोल्नुभयो हतारहतार । ढोकामा बुबालाई देखेपछि हामी आमा छोरी दुवैले एकैचोटि लामो सास तानयौँ । बाबाले पनि लामो सास तानेर भन्नु भायो "आजको लागि चाहिँ बाँचँ । मलाई त पीर पो लाग्न थालिसक्यो तिमीहरू छिटै टुहुरा हने भयौ भनेर ।"

२१२६ कृषा, कक्षा द







हेर्न पनि सकिने सन्न पनि सकिने कोठाभित्र बसेर संसारभरि देखिने तर धेरै हेर्न् हुन्न रमाइलो मानी खेर जान्छ समय बगी जान्छ पानी कहिले काहीँ खबर कहिले हाँसो ठटटा जानकारी बटुलौँ कार्ट्नको सट्टा टिभी हेर्दा आँखाको ख्याल राख्न् पर्छ नजिक बसी हेर्न् हुन्न टाढा बस्नु पर्छ।

४११९ अजमल, कक्षा ६



३०९४ अनुप, कक्षा ७





जीवन हाम्रो सुखी होस् यही हुन्छ हाम्रो इच्छा जीवनमा सुखी होस् ठूलाबाट आशीर्वाद पाउँछौँ हामीले । सुखी जीवन धन सम्पत्तिले मात्र हुँदैन गर्नु पर्छ परिश्रम पहिलैदेखि परिश्रम गरे सुखी हुन्छ हाम्रो जीवन ।



मेरो सपना



एक दिनको कुरा हो म, मेरी बहिनी, मेरा बुबा र मेरी आमा गाडीमा गाउँ गइरहेका थियौँ । बाटो धेरै नराम्रो थियो । त्यैपनि जसो तसो हामीलाई प्ग्न् थियो । हामी जाँदै थियौँ । अचानक हाम्रो गाडी खसेर तल पुग्यो । जब म होसमा आएँ मैले मेरा बाबा, बहिनी र आमालाई उठाउने धेरै प्रयास गरें तर उनीहरू उठेनन्। रुँदै कराउँदै सहयोग माग्न गएँ। हँदा हँदै रात परि सकेछ। म डराउँदै जङ्गलमा भागें। भाग्दा भाग्दै मैले एउटा घर देखें । त्यस घरमा बास माग्न गएँ। त्यस घरमा एउटी ब्ढी आमा मात्र बस्थिन्। ब्ढी आमा मलाई बास दिन मानिन र म भित्र गएँ । थकाइले गर्दा म भुसुक्क निदाएँ । राति म पिसाब लागेर बिउँभिएँ र बाहिर जङ्गलमा गएँ। पिसाब फेर्दा मैले एउटा रोएको आवाज स्नें त्यो आवाज स्नेर म डराएँ र म घरभित्र पसेँ । म डराएर ब्ढी आमालाई उठाउन गएँ। तर त्यहाँ मैले ती बढी आमाको घाँटी पड्खामा भन्डिएको र शरीर भुइँमा देखी म डराएर घरबाट भागें । भाग्दा भाग्दै दुईटा हात

मेरो गाउँ





यता हेऱ्यो हरियाली उता हेऱ्यो सलसल बगेको खोला

यस्तै त हो मेरो गाउँ धेरै जसो वर्षाको बेला ।

आफूलाई लागेको कुरा एक अर्कालाई भन्छन् डर नमानी

एकअर्कालाई सहयोग गर्छन् आफ्नै मानिस ठानी ।

कति मन लाग्छ मलाई जान मेरो गाउँमा

दसैंको बेला जाने गर्छु म सधै मेरो सुन्दर ठाउँमा ।

३००९ समीक्षा, कक्षा ७

बढानीलकण्ठ श्कूल



किसान



मेरो मिहिनेतको पसिना खल्खल्ती बगेको छ तर यहाँ हेर्ने कोही छैनन् मात्र मात्र यहाँ आँसुका थोपा फरेका छन्, अतृप्त आस्थाको तिर्खा मेट्ने अरूको भकारी भर्ने म, मलाई हेर्ने को ? मलाई सहयोग गर्ने को ? म बिचरो किसान ।

मेघमाला आकाशभरि फिजिंएर जब तिर्खाएको धर्ती अघाउने गरी आउँछ तब म स्वप्न बोकेर सबैको भोक मेट्न आउँछ जब म शीतल सन्ध्या अगाडि साँभको लालीमा कोदाली र कुटो बोकेर आउँछु म आशा गर्छ आऊ कोही त आऊ र मेरो भोक बुभ मेरो तिर्खा बभा र आकाशमा पौडिने असम्भव धष्टतामा आफ्नै इतिश्रीको निम्ता खोज, भनेर भन्छ म भोगी किसान ।

२१२५ संस्कृति, कक्षा द

तिमा शपना

आमाले पढ्न भन्दै हुनुहुन्थ्यो तर मैले मानिनं । म मज्जाले टिभी हेरेर बसिराखें। मैले नमानेको देखेर आमा दुःखी भएर कोठाभित्र छिर्नुभयो । म के गर्नुहुन्छ भनेर टिभी बन्द गरेर कोठमा छिरँ। आमा धेरै दुःखी हुनुहुन्थ्यो । उहाँलाई दुःखी देखेर ब्बाले के भयो भनेर सोध्न्भयो । आमाले "छोरीलाई डाक्टर बनाउने सपना थियो तर अब त्यो पुरा हुने भएन" भन्नुभयो ब्बाले किन हुँदैन ? भनेर सोध्नुभयो । आमाले "ऊ पढ्दै पद्दिन के गर्नु" भन्नुभयो । त्यो दिन मलाई धेरै पीर पऱ्यो के गर्न् भनेर । अर्को दिन म फेरि टिभी हेरिरहेकी थिएँ आमाले देख्नुभयो र एकदम दःखी हन्भयो । ब्बाले आमालाई दःखी देखेर अब अति



भयो भनेर सोच्नु भयो। राति बुबाले मलाई खुब गाली गर्नुभयो। उहाँले "आफ्नी आमाको एउटा सपना त पुरा गर्दे तेरी आमाले तेरा लागि के गरेकी छैन र अनि तैले आफ्नै आमालाई दुखी बनाइस" मैले बुभेँ र धेरै मिहिनेत गर्न थालेँ। यसरी मेरी आमालाई म उहाँको सपना पुरा गर्छ भन्ने विश्वास भयो।

५०२४ सत्भिकी, कक्षा ५



Budhanilkantha School

When I was a Child



When I was a child,

I used to wonder why the sky was so high And the oceans; navy- blue. I used to wonder how the stars shine so bright, In those long and dark nights.

When I was a child, I used to wonder why the Earth is round, And birds make chirping sounds. I used to wonder why two and two isn't five, And how on Earth we came to life.

When I was a child,

Circuses and The Jungle Book gave me a thrill. I used to stare on the tub as the water swirled. I used to run through alleys and cycle down the lane; I don't know why but friends called me lame.

1054 Saujanya, class 9

नेपाल आमाको वेदना



आँखाबाट आँसु फार्छिन् उनी नेपालको हालत देखेर अनि, भ्रष्टाचारी नेताले नेपाललाई नष्ट पारेको भेटेर ।

उनी, नेतालाई भन्ने गर्छिन् नगर नराम्रो काम नराम्रो कामले गर्छ आफ्नो भूमिको विनाश ।

उनी फोरे मनभरि सोच्ने गर्छिन् बुद्ध जन्मेको देशमा आज किन शान्तिको अभाव छ ? आँखाबाट आँसु भार्दे, फोरे उनी सोच्छिन् यो सुन्दर देशमा आज किन यस्तो युद्ध भइरहेको छ ?

उनी फोरे नेपाली जनतालाई सम्भाउने कोसिस गर्दे भन्छिन् यो हाम्रो मातृभूमि, जन्मभूमि हो हे नेपाली जनता हो । मातभमि जन्मभमिको अपमान नगर तिमी

तर, आज नेपाल आमाको वेदना न आम जनताले बुभ्के, न नेताहरूले नै उनको आँखाबाट भरेको आँसुको आज कुनै मोल भएन । ३०४३ रस्मिता, कक्षा ७

बुढानीलकण्ठ श्कूल

सपनाको शिखर



मानिस जन्मन्छ, मर्छ । यो एउटा नियम हो । एक मानव, जसले जीवनमा प्रकृतिकै प्रथम दृश्य मनमा राखेको छ, जसले अद्भुत कुराको अवगत गर्दे छ र आज एक ठूलो सपना देख्दै छ । अति नै ठूलो । ऊ त्यो सपना साकार पार्न चाहन्छ । शिखरमा पाइला टेक्ने सपना र सगरमाथाको शिर चुम्ने सपना । यो उसको लक्ष्य हो । जब ऊ शिखरमा पाइला टेक्नेछ र ऊ जोडले कराउनेछ, सारा संसारले सुन्ने गरी कराउने छ । आफ्नो आवाज धर्तीमा परिचित बनाउँने छ र सबैका सामु अमर रहने छ ।

आज ऊ एक जवान भएको छ । आज उसले सपनाको प्रथम पाइला सार्छ । सपना साकार पार्ने प्रथम पाइला । ऊ पूर्ण तयार छ । लक्ष्यको फेदमा छ ऊ आज पाइला बढाउँदै छ । प्रथम पाइला, दोस्रो पाइला, तेस्रो पाइला र अनगिन्ती पाइला । ऊ चुचुरोमा हेर्छ चढ्छ, फेरि केही माथि पुगेपछि हेर्छ फेरि चढ्छ । एक एक पाइला गर्दा गर्दै उसको प्रथम दिन बित्छ । ऊ थाकिसकेको छ र आफ्नो सपनाको त्याग गर्न खोज्छ तर सक्दैन । भोलिपल्ट दोस्रो दिनको पर्खाइमा बस्छ । आफ्नो सपनालाई प्राथमिकता दिन ।

आज दोस्रो दिन, बिहानैदेखि ऊ आफ्नो पाइला अगाडि सार्छ । सार्दे जाँदा ऊ दिउँसोतिर शिखरको आधाभाग काट्छ । उसमा साहस छ, हिम्मत छ र सपना साकार पार्ने इच्छा छ । ऊ आज खुसी छ किनकि उसले लक्ष्य चुम्न लागेको छ, आँखाबाट आँसु फर्छन, आँसुको खोला सँगसगै आज दोस्रो दिनको अन्त्यमा ऊ सपनाको शिखर सँगालेर सुत्छ ।

तेस्रो दिन उसले शिखरको चुचुरोमा पाइला टेक्छ । आफूलाई आत्मविश्वासी दावी गर्छ। आज ऊ विश्वसामु प्रख्यात हुँदै छ । अविस्मरणीय बन्न गइरहेको छ।

उसको शिखरमा सफल पाइलासगैँ उसको आँखा रसाउँछ र बिस्तारै आँसुका थोपा फर्न थाल्छन् । ऊ आज सफल भएको छ ।

अब ऊ फर्कने निधो गर्छ र पाइला पछाडि सार्न थाल्छ । पाइला सार्दा सार्दै उसमा आपत् आइलाग्छ ऊ मृत्युको मुखमा भएको अनुभव गर्छ। ऊ आफ्नो परिवार, देवी, देवता तथा आफ्ना बितेका पल एकपटक सम्भन्छ र आफ्नो शरीरलाई शान्तिका साथ छोडिदिन्छ । अन्तिम विश्राम लिन्छ । उसको विश्रामसँगैँ शिखरको फेदमा एक आवाज आउछ । अनौठो आवाज । डड्रर्ड्......

२०८७ धिरन, कक्षा ८





एक न एक दिन सबै मर्छन् मानि सहरूले मर्नु अघि धे रै काम गर्छन् मर्नुअघि सबैको एक न एक इच्छा हुन्छ त्यो इच्छा उनीहरूको छोरा छोरीले पूरा गर्नुपर्छ ।

मृत्युले मान्छेहरूलाई दुखी बनाउँछ सधैँ मानिसहरूको मनमा त्यही कुरा आउँछ कसैलाई भने त्यो मरेको मान्छे उनीहरूको मनबाट मर्दैन कसैलाई भने त्यो मान्छेको परिवार लाई वास्तै हँदैन ।

५०१५ प्रसुना, कक्षा ५



गौतम ब्द्बले सिकाएका पाठलाई फेरि संसारले पढ्न् पर्छ । उनका पाइलालाई हामी फेरि आत्मसाथ गर्नुपर्छ। भुटो नबोल्ने, हत्या, हिंसा नगर्ने, लोभ लालच नगर्ने आदि गरेमा हामीमा मानवताको भाव आफै आउँछ ।

हामी मानव भएकाले हामीमा मानवताको भाव हुनुपर्छ । हाम्रो आँखाले आफूतिर मात्र होइन अरूतिर पनि हेर्नुपर्छ। हाम्रा कलिला हातले आफ्नो मात्र दुनो सोभ्गो बनाउने होइन अरूहरूलाई सहयोग पनि गर्नुपर्छ । हामी मानव भइसकेपछि हाम्रो स बै ले मानवतावादलाई आत्मसाथ गर्नुपर्छ ।

गर्नाले नै हामी यति अगाडि बढेका छौँ। हो. यही मानवले मानवलाई देखाउने भावलाई मानवता भनिन्छ ।

पल्ला घरे रामलाई पीडा पर्दा वल्ला घरे हरिले सहयोग गर्छ। विश्वका एक कनामा बस्ने मानिसले अर्को कुनामा बस्ने मानिसको आँसु देख्छ र द्खित हुन्छ । मानवता यही नै हो । हामीमा मानवताको भावना भएर नै हो हामी अरूको आँखामा आँस् देख्न सक्दैनौ, रगतको खोलो बगाउन चाहदैनौँ।

तर आजकाल मानवताको भावनालाई स्वार्थले जित्नथालेको छ । पैसा, शक्तिको पछाडि लाग्दै गरेको यो संसारले मानवतालाई बिर्सदै छ। दाइलाई नै मारेर भाइ सन्तुष्ट हुन्छ । यो संसारले सबै मानिसको अस्तित्वलाई संरक्षण गरेको छ । तर पनि हामी आफ्नो पहिचानका लागि लड्छौँ । मानवताले सधैँभरको लागि शान्ति ल्याउन सक्छ तर पनि हामी बन्द्कले नै शान्ति ल्याउन चाहन्छौँ। हामी चोरी गरेर नै पैसा कमाउन चाहन्छौँ । यसले मानवतालाई यो विश्वबाट नै १०९१ स्जन, कक्षा ९ मेटाइदिन्छ ।





हामी जुन धर्तीमा बसिरहेका छौँ, त्यहाँ हरेक मान्छेलाई बस्ने ठाँउ छ, पेट भरुन्जेल पुग्ने खाना छ। हामी जुन कुनामा पनि गएर बस्न सक्ख्रैं किनभने हामीमा मानवताको भावना छ। एक्लो हँदा साथ दिने मान्छे छन्। हामी मानवले गर्दा नै स्न्दर भएको स ष्टिट यो



बूढानीलकण्ठ श्कूल

"बोका काट्न गए।" म त अचम्म मानेर भनें "हामीले भाकल पो गऱ्यौ तर त्यसलाई किन काट्नु पऱ्यो ?" आमाले फेरि भन्नुभयो "भाकल गर्नु भनेको केही चढाउन् हो, भगवानलाई दिएको प्रतिज्ञा पुरा गर्नु हो र यदि हामीले बोका भाकल राखेका छौँ भने. त्यसको टाउको यहीँ मन्दिरमा राख्नुपर्छ । मैले बुफेँ भनेर टाउको हल्लाए । पुनः हामी सबैजना परिवार भेला भयौँ र यता उता घुम्न थाल्यौँ। मेरो ब्वाले आजै घर फर्किने हो भन्दा मेरो मन मानिरहेको थिएन तैपनि बुवाको क्रा बुफोर म पसलतिर लागेर दुईओटा राम्रा सिकीहरू किनेँ। सिकीलाई मन्दिरमा लगेर छोएर आफ्नो र भाइको घाँटीमा बानेँ । यो

देखेर मेरो मुमा हाँस्नुभयो । हामी मन्दिर भित्रै थियौँ र मलाई एक्कासी मेरो भाइले मिठाई खाने भनेको सन्दा गणेशजीको याद आयो। हामीले गणेश भगवानुको पुजा गर्ने बिर्सिएका रहेछौँ । मैले त्यो कुरा सबैलाई भने हजुरआमा आत्तिन् भयो । भन्नुभयो "लौन ! सबैभन्दा पहिला गणेश भगवान्को पूजा गरेर पो अरू पूजा गर्नुपर्ने । म यति बूढी मान्छे भएर पनि भुसुक्कै बिर्सिएछु । धन्न नातिनीले सम्भाई ।" त्यसपछि हामीले गणेश मन्दिर खोजेर क्षमा माग्दै पजा गयौ र गाडीतर्फ लाग्यौ। हामी सबैलाई भोक लागेको थियो र हामी खाजा खान एउटा रेष्ट्राँमा रोक्यों अनि खाजा खाएर फक्यौ । मलाई बाग्लुङ् छाड्न मन त थिएन तै पनि फ कें र चाँडो आफ्ना साथीहरूलाई मेरो यो अविस्मरणीय यात्रा सनाउन मन थियो । त्यसैले केही खुसी त केही दुःखी मन बनाएर म पोखरातर्फ लागेँ। मेरो कुरा सुनेर मेरा साथीहरू कति रमाइलो मान्लान् हगि ? म सोच्दै पोखरा प्गेँ ।

११२४ एलिसा, कक्षा ९

यात्रा २ म



बिहानको फिसमिसे नै थियो । अचानक मेरो कानमा एउटा चर्को आवाज पऱ्यो। म निद्रामै थिएँ त्यसैले त्यसप्रति केही ध्यान प्ऱ्याइन । पुन मेरो कानमा आवाज पर्न गयो र अचानक कसैले मलाई हल्लाउन थाल्यो । मैले मेरो सपनामा त्यस समयमा भूकम्प गएको देखेँ र अचानक व्युभिएँ। मेरो भाइले मलाई उठाउन खोज्दै थियो । आधा आँखा खोलेर मैले उठदै भने. "के भयो ? मलाई सुत्न पनि दिँदैनस् र अभ मेरो कानको जाली फुटाउन लागिसकिस् ।" भाइले उत्तर दियो "आज बिहानै बाग्लुङुको कालिका भगवति मन्दिर जाने भनेको होइन? हेर म त नुहाएर आइसकें, तँ भने अभौ सुत्दैछेस् ।

केहीक्षणमा नै हाम्रो परिवार तयार भइसकेको थियो, बाग्लुङ् जान । म अहिलेसम्म नगएको भएर होला धेरै उत्सुक देखिन्थें साथसाथै मेरो भाइ पनि । हामीलाई लिन मेरो काका गाडी लिएर आउनु भयो । हामी बाग्लुइतर्फ लाग्यौँ ।

हामी करिब साढे पाँच बजेतिर यात्रा सुरू गरेका थियौँ । पोखराबाट

हामीलाई त्यहाँ पुग्न त्यति धेरै समय लागेन। लामो यात्रा थियो होला तर म भयाल बाहिर सुन्दर डाँडाकाँडा, कतै कतै भरना आदि देखेर त्यसैमा व्यस्त हुँदै समय गएको पत्तै पाइन । मेरो हजुरआमाले एउटा भाकल राख्न् भएको रहेछ त्यही मन्दिरमा । के को लागि हो मैले थाहा नपाईकन पनि बाग्लङतिर घम्न पाउने आशाले ज्यादै गदगद थिएँ। हामीले चढाउने बोका गाडीको पछाडि राखिएको र हेछ । जब मेरो भाइ गएर त्यससँग खेल्न थाल्यो तब मलाई पत्तो भयो। कनै कनै बेलामा पाखामा गाई, भैँसी तथा बाखा चरिरहेको मेरो भाइलाई बोलाउँदै म देखाइरहेकी थिएँ। पटक पटक सहर बस्ती आउन थाले तैपनि मैले मेरो आँखा भयाल बाहिरबाट हटाउन सकिन । केही क्षणमा मेरो माम्ले भन्न्भयो, "हामी अब आइपग्यौँ" ।

म गाडीबाट भरेकी मात्र के थिए मलाई त बाग्लुडेको सुन्दरताले मोहित बनायो । यता उता डुल्न थालेँ तब मेरो आमाले भन्नुभयो, "नानी, गाडीमा पूजाका सामग्रीहरू छन् गएर सबै लिएर आऊ अनि बुवालाई पनि छिटो बोलाऊ ," म सामान लिएर बुवालाई बोलाएँ अनि हामी सँगै मन्दिरतर्फ प्रस्थान गर्यौ ।

मन्दिरको गेटबाट हामी प्रस्थान त गऱ्यौँ तर मन्दिर अलिक टाढै रहेछ । बाटोमा हामीले धेरै सानासाना मन्दिर हरू देख्यौं र त्यहाँ भएको घण्टी बजाउन मेरो भाइ र म दगुर्न थाल्यौँ । पछि धेरै आनन्दमय देखिने चौताराहरू देखिए र अन्तिममा ठूलो बाग्लुङ् भगवतिदेवीको मन्दिर देख्यौँ । हामी सबैजना त्यहाँ गएर पूजा गऱ्यौँ साथसाथै बोकालाई पनि टिका लगाइदियौँ । पछि मैले यसो हेर्दा मेरो बुवा, काका र खसीलाई देख्नै सकिन । उहाँहरू कता जानुभयो भनेर आमालाई सोधँ । उहाँले भन्नुभयो





मेरो स्कुल मेरो लागि मन्दिर हो गुरुहरू मेरा भगवान् मेरो स्कुलले मलाई धेरै कुरा सिकाउँछ पढन लेख्न र आदर गर्न सिकाउँछ मेरो स्कुल छ हरियो र सफा काहीँ छैन धुलो र फोहोर । मेरो स्कुलमा कोठा छन् राम्रा जहाँ हामी पदुछौ र लेख्छौँ मेरो स्कुलमा छन् धेरै साथी मदत गर्छन् सुख र दुःखमा । मेरो स्कुल हो मेरो गर्व यस बिना अधुरो छ मेरो नाम मेरो स्कुल ठूलो छ जहाँ पनि हरियाली छाएको । मेरो स्कुल मेरो लागि मन्दिर हो गुरुहरू मेरा भगवान् । ५०८० जिज्ञासा, कक्षा ५

२११७ नीरा, कक्षा द

आमा बाबा

आमा र बाबा भगवान् सरी

माया दिन्छन जिन्दगी भरी

छोराछोरी बिच भेदभाव नगरी

पीडामा आँसु, खुसीमा हाँसो

दुःखमा साथ, सुखमा हात

सन्तानलाई हुन्छ धेरै साथ ।

सधैँ सन्तानको भलो चाहने

दुबैलाई माया र ममता दिन्छन बराबरी।

सन्तानलाई हुन्छ आमाबाबाको खाँचो

गर्दैनन् कसैलाई पनि काखा र पाखा

माया दिन्छन् आफ्नो सन्तानलाई लाखौँलाख

आफू भुकेर पनि उनीहरूलाई चम्काउँछन्।

सधैँ उनीहरूको ओठमा हाँसो ल्याउने

आफूले नखाई नखाई पनि खुवाउने

भगवान् मेरो "आमा र बाबा" ।

आफूले दुःख सहेर उनीहरूलाई खुसी बनाउँछन्

पसिना बगाएर सन्तानको भविष्य उज्ज्वल बनाउने

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नेपाली संस्कृतिमा आधुनिकताको रस

आजसम्म आइपुग्दा बालविवाह ८९ प्रतिशतले हटिसक्यो । यो परम्परा हाम्रो पालामा भने घुमेर आएछ । अचेल हामी बिहे पश्चात् गर्नुपर्ने काम ५/६ वर्षका बालिकामाथि बिहे अघि नै गर्छो ।

कसले भन्छ, यहाँ हामीले नेपाली संस्कृति बिर्सियौ भनेर ? समय अन्सार हाम्रा रीतिरिवाजमा पनि परिमार्जन भएको मात्र हो। साडी-चोलो लगाउने सीताहरू अचेल अर्धनग्न छेक्ने टालो बेरेर "शीला" बन्दै छन् । वेदका श्लोक वाचन गछौँ, तिनलाई नौलो ढङ्गले प्रस्तुत गछौँ, परिमार्जित जीवन दर्शन पछयाउँछौ। डेढ अक्कल भन्दा शून्य अक्कल नै उत्तम छ । म चाहन्छ कि त हाम्रो संस्कृति र परम्परा नै त्यागेर पश्चिमी नभई नयाँ पहिचान दिइयोस् । नत्र भैलो र रोधीमा गीतार तथा डुम बजाएर रमिता नदेखाइयोस् । आफ्नै संस्कृतिको बेचबिखन नगरियोस्। निर्णय हामी आफै गरौँ । अब रामका दूतलाई हनुमानको नाम कायमै राखेर मन्दिर मा गई पूजा गर्नेकी, "स्परम्यान" जस्तै "हन्म्यान" भनेर "ट्वीटर मा" "फलो" गर्ने ?

९०९७ किसन,कक्षा १०

नातागोता तथा सोल्टीसाइनोमा हामी सबैले "पी एच डी" गरिसकेका छौँ। कसैसँग रिस उठ्दा हामी उसको "बाउको बिहे" देखाइदिन्छौँ कति भाग्यमानी ऊ । हामीलाई सालो भिनाजुको सम्बन्ध कस्तो हुन्छ । मतलब छैन तर कसलाई सालो भनिन्छ । त्यसका बारेमा पनि अज्ञात छौँ । हामी विद्वान्हरू "सालो" मा भएको लो को ओकार मिल्काइदिन्छौँ र त्यसको साटो एकार थप्छौँ अनि कैयौलाई श्रीमतीको भाइ बनाइदिन्छौ । मुखैमा भुन्डिएको छ हाम्रो "सा" खोजेको ।

गाँजाको सर्को र सोमरसको घुट्की निल्दै भयाप भएर हिँड्ने भयापेहरू आज हाम्रा गुरु बन्दै छन् । ट्यापे गुरुहरू धौम्यजस्ता गुरुहरूको वास्ता छैन हामीलाई । चुरोटबाट निस्केको धुँवाको मुस्लो उडाँउँदै हिड्ने ट्यापेहरूको अनुसरण गर्दै छौँ हामी । हामी उनीहरूका अनुयायी बन्छौँ, "चिल" बन्ने निहुँमा ।

दनदनी दन्केको श्रीमान्को चितामा हाम फाल्ने पतिव्रत सतीहरू आज पति फेर्दै हिँड्छन् । उहिले उहिले ७/८ वर्षकै उमेरमा बिहे हुन्थ्यो रे चेलीहरूको । १९औँ शताब्दीमा



पहिले हामी मुलाको गुन्द्रक खान्थ्यौँ । चना चपाउँथ्यौँ । सलाद खान्थ्यौँ । अहिले चना पकाउँदा त्यसमा मिसाइने आल् मात्र फ्राई गरे पुग्छ। सलादमा गाँजर र काँको मिसाए मात्र पनि सलाद खासा हुन्छ । "म्ला" त हामी म्खैले मिसाइदिए पुग्छ । अभ गुन्द्रुक पकाउँदा पानी मात्र उमाले प्ग्छ किनभने हाम्रो जिब्रोमा भुन्डिएको त्यही सडेको "मुला" मिसाइदिए गुन्द्कको भोल काइदा साथ बन्छ । हाम्रो जिब्रो-जिब्रोमा, शब्द-शब्दमा भून्डिएको छ "म्ला" । हामी "मुला" खान्छौ "मुला" बोल्छौँ हामीलाई "मुला" प्रिय छ। बोलीमा "मुला"ले नुनखुर्सानी मिलाइदिएको छ ।

"ओई मुला ! यता आइज" "मुला ! बढी हुँदो रहेछ"



The silvery moon



Every night before going to bed I read a story where it is said The moon is the place where fairies are Found Where you get to listen to all the most Beautiful sounds.

The full moon is the best moon, And it is coming soon, Among the stars that are shining bright Wow, the full moon is coming soon!

Every night it comes in my dream And its shadow touches the stream. Earth is proud that it has got the moon Wow, the full moon is coming soon!

It shall dance in the air with the shining stars, Far from the pollution of bikes and cars

And then a time will come when the moon Will not be there.

I will keep looking for it in my dreams and Everywhere.

1125Neeta, class 9

खातेको व्यथा



सडकमै हर्के बढें सडक नै घर मेरो आफ्नो भन्ने अरू को नै छ र पाए खान्छ नत्र भोकै हुन्छ आमालाई सम्भी रातभरि रुन्छु। छैन मेरो कुनै घर रातभरि बस्न पाउँदिन है म क्नै छानाम्नि पस्न जाडो गर्मी मेरा लागि सबै एउटै भयो जति जाडो भए पनि खप्दाखप्दै गयो। खाते भन्छन् मलाई सडकमा हिँडुने एक गाँसका लागि अब दिन भिडुने मलाई खाना दिन्नन् बरू कुकुरलाई दिन्छन् कुकुरलाई माया गरी मानिसलाई पिर्छन्। म भन्दा त कुकुर रै छ धेरै भाग्यमानी हेला गर्छन् हामीलाई अन्यपश् जस्तै ठानी मेरो जस्तो दःख हजुरलाई के थाहा अब कसले बुभ्ती दिन्छ मेरो मनको व्यथा।

१०९७ धर्मराज, कक्षा ९

फेसबुकको साथी



म प्रगति हुँ। फेरि विकास भनेको जस्तो चाहिँ होइन है। मेरो नाम हो प्रगति । आमाबाबुको एक्ली छोरी त्यसैले पनि होला यति पुल्पुलिएकी । आमाले भन्नुहुन्थ्यो, "छोरी संसार निकै ठूलो छ, धेरै पढ्ने गर, पढेर ठूलो मान्छे हुन्पर्छ, ब्फिस् ।" ब्फेंं भन्दै टाउको हल्लाउँथे तर बुफोको भने कहिल्यै हन्नथें । विद्यालयमा साथीहरूले मलाई "फेसबुकको कीरा" भनी गिज्याउँथे तर म भने नस्नेको भैँ गरी चपचाप लागेर बस्थें । आफैँलाई पनि कहिले काहीँ लाग्थ्यो आफू साँच्चै नै फेसबुकको कीरा हँ भनेर ।

शुक्रबारको दिन त्यस्तै चार बजेको थियो होला, मैले आफ्नो फोन भिकें र लग इन गरें । केही समयपछि सेतो पृष्ठमा निलो रेखा भएको मेरो फोनको स्किनमा देखा पऱ्यो । यसो हेरेको त, वान फ्रेन्ड रिक्वेस्ट भनेर पो देखायो । मैले पनि यो को रै छ त भनेर हेरें । कोही मनोज डङ्गोल भन्ने रहेछ । नचिनेको भए पनि एक्सेप्ट गरि दिएँ । राति नौ बजेतिर मेरो फोन बज्यो । फोन अन गरेर हेर्दा "मनोज डङ्गोल सेन्ट यु अ मेसेज" भनेर देखायो । मेसेज हेरेको हाई भनेर पठाएको रहेछ । मैले पनि हेलो भनेर पठाइदिएँ । एकैछिन पछि फेरि मेसेज आयो ।

"के गर्दे हो ?"

"म भर्खरै खाना खाएर बसेको । अनि तिमी नि ?"

"अनि मैले त तिमीलाई चिनिन नि।"

"केही छैन, अब चिनजान गरौँ न त"

"ए ! भइहाल्छ नि" भनेर मैले भनें तर के थाहा, त्यही एउटा परिचयले मेरो जिन्दगी नै उजाड पारिदिन्छ भनेर । फेरि उसको संवाद सुरु भयो । उसले सोध्यो,

"के तिमी भोलि फ्रि हुन्छौँ ?"

"अँ, बेलुका चार बजेपछि चाहिँ हुन्छु। किन र ?"

"हामी भेटौँ न भनेर"

"भइहाल्छ नि । काठमाडौँ मलमा है त"

"हुन्छ । हुन्छ ।"

यति भन्दै हाम्रो संवाद त्यहीँ टुड्गियो । भोलिपल्ट वानेश्वरबाट रत्नपार्क जानको लागि बस स्टपमा कुरिरहेकी थिएँ । गाडी आयो चढेँ र गाडीको पछाडि सिटमा बसेँ । केही समयपछि म मलको अगाडि थिएँ । मनोज र उसका दुईजना साथीहरू आएका रहेछन् । हामी सबै जना मितेरी बारमा गयौँ । रक्सी पियौँ । नाच्यौँ । कोही पनि होस्मा थिएन । सबै जना रक्सीको मातले चुर भएका थिए ।



मनोजले मलाई हातमा च्याप्प समात्यो । बोकेर लग्यो । म भने बेसाहारा केटी भौँ चिच्याइरहेकी थिएँ। भोलिपल्ट बिहानै उठ्दा आफ्नै कोठामा थिएँ । हिजो बेल्काको घटना सपना जस्तै लाग्यो। आमाले तलबाट छोरी नास्ता खान आइज भनी बोलाउन् भयो। तल जानको लागि हिँडुन लागेको थिए; फोनको घन्टी बज्यो । यसो हेरेको "मनोज डङ्गोल सेन्ट यु अ मेसेज" भनेर देखायो । अन् गरेर हेरेँ । हेरेको हेरैं भएँ। आफ्नो शरीरको अश्लील तस्विरहरू देख्दा छाँगाबाट खसे भेैं लाग्यो । आफ्नो इज्जत त मैले गुमाइसकेकी थिएँ। अब मान्छे मात्र बाँकी रहेर के काम । आमाबाबा माफ गरिदिनोस् । म हजुरहरूकी छोरी भएर तपाईहरूको सपना पूरा गर्न सकिन । म बाचा गर्छ कि अर्को पटक तपाईहरूको भएर जन्मने छु। तपाईहरूको सबै सपना पुरा गर्ने छु।

असही साहेब । यो चिठी अफिसमा पठाइदिनुहोस् र त्यो मनोज र अरु दुईलाई पनि खोज्नुहोस् ।

१०१३ रेनी, कक्षा ९



Looking behind the window panes, I see rain drops falling by. I feel cold and look at the pretty alone girl next door. I ask to myself "Are they born just to be alone?" Then I think of myself and thoughts strike in my mind. Those jolly old days when I used to walk happily past the street with her. She meant everything to me. For me happiness was synonymous to her presence. Her laugh made me laugh, her silly nonsense jokes made me go crazy, her smile made me smile and her pain made me cry. But all of sudden one day she disappeared, far away from this world leaving me alone in darkness . I wish I could have been gone with her too...Those days, those beautiful moments pinch inside my mind. She indeed was pretty flower blooming among the life of thorns. She could do everything for me and so, finally did. She died ..

HER

It was the day; of the most heart wrenching days of my life. She never told me but somewhere I knew she was feeling uneasy and uncomfortable. She was not the same person she used to be before. She used to listen to all my wacky jokes and untrue stories and laugh but then she hated it. She changed. I wanted to know reasons behind it but she never let me break down her walls. She kept on adding those bricks setting us apart and our relationship. She started to walk alone which both amazed and annoved me. It turned out to be six months since she hadn't spoken to me. Suddenly she stopped coming to school too. I was terrified. So without thinking more I called her mom. When I called her she

started to cry. I could not understand the reasons behind her tears. So I asked her where my friend was. Then she instead of giving me an answer, invited me to the hospital. I had this mixed feelings kicking butterflies inside my belly. Without further delay I ran to hospital to find my life lying lifeless, wrapped up in tubes and oxygen mask in hospital bed. She did not even bother saying me she was a cancer victim. She was in the last stage and I could do nothing to save her. The pain surging inside was unbearable as I cried with her hands in my hands. I could see her eyes all swollen up and could listen her heart beat. But then her heart stopped beating and so did mine....

3020 Akshata, class 7





९०५४ जनक, कक्षा १०

दःख पीडा र भय यी सबैले भरिएको त्यो चित्र । होला ? आयो त्यो युग ज्न हाम्रा बाजेले हाम्रा पुर्खा जहाँ हरेक युधिष्ठिरमा मिसिएको हुनेछ दुऱ्योधनको रक्त परिश्रम माथि भाग्यको विजय अनि मुख्यतः सत्यमा असत्यको जित अनि युगको नाम "कलियग" नामै काफी छ "कलिय्ग" मित्रतामा शत्र्ता अनि ईख सट्टा डाहा जताततै रोगको महामारी अनि यस युगका मानिस सामाजिक प्राणीमा विश्वासभन्दा निकै बढी विश्वासघात अनि समाज

हिजो ऐना हेरें मैले अनि देखें यो संसारको चित्रण यी आफ्ना नयनमा।



जहाँ आँखा अगाडि आफ्नै निन्दा हुन्छ अनि "प्रजातन्त्र" सबैमा बहुमतको विजय किन राजा र राजतन्त्र चलेर रे ! मिलेन कान्ति अनि

तर

हन पनि हो

तै पनि

छ ।

अनि "भक्ति"

पूजा आराधनामा पनि

ढोङ् बढ्न थालिसक्यो

आशाराम र तेजपाल बढे

निर्दोष प्राणीका बलि चढाइन्छन्

अब छैनन् प्रल्हाद र विभीषण

न त छन् क्नै हन्मान

मिरा र सबरी हैनन

मन्दिरमा भक्ति हैन

मन्दिरमा श्रद्धा होइन

"द्रव्य"

अब

दान दक्षिणा बाँढिन्छन् ।

यो त कलियुग हो,

परिणत हुन्छन् होला

जनतामा विश्वास प्गेन रे !

कसले कसलाई विश्वास गर्छ र ?

यी मेरा शब्द पनि कसैलाई असत्य

नाममा शान्ति तर बढी फैलिन्छ कान्ति जहाँ स्नेहको नाममा बाँडिन्छ घृणाको ज्वाला यस्तो ज्वाला जसलाई छुदाँ पोल्दैन छाला पोल्छ त केवल कोमल हृदय ।

अनि "पैसा" पैसा पैसा पैसा जताततै पैसै पैसा जहाँ मानिससँग पैसा भए सबै मानिस हुन्छन्, यहाँ विद्याको धनी भएर अनि भावनाको धनी भएर हन्न मानिस त "धनी कुबेर" हुनुपर्छ । ए ! "न्याय" न्याय पनि किनिन्छ "ला दिए" भने जसरी दिइन्छ । न्यायलाई अन्यायले पराजय थमाइसक्यो तर ! यो कलियुग हो । यहाँ केही पनि धेरै लामो टिक्दैन र कलिमा त सत्यलाई असत्यले दबाएकै आशा राख्छ कलिय्गमा कलिय्ग पनि नटिकोस ! अहंकारले बनेको रावणको जसरी मर्यादा पुरूषोत्तम रामले वध गरे गरोस् कसैले यस कलियुगको पनि अनि त्यस दिन मनाइने छ असत्यमाथि सत्यको विजय, परिश्रमको विजय, न्यायको विजय, यहाँ सबैभन्दा बढी महत्वपूर्ण हुन्छ भक्तिको विजय, विद्या र भावनाको विजय, वास्तविक प्रजाको विजय, "विजया दशमी" ।

बुढानीलकण्ठ श्कूल

छन् त ढोंगी

जसले पूजा र आराधना

घृणा र पीडा हुन्छ ।

अनि प्रवचनको नाममा यस्ता

जस्तो

पुजारी

171





The sun was setting as I was getting ready for my evening jog. I was to be accompanied by my mates Dan, Thomas and Harry but, I couldn't find them anywhere. After searching for a long time, I found them football playing and summoned them. When they arrived, I said "I was searching for you all this time and finally caught you playing football outside. Now without any delay let's go to jog. I want you all to go for a jog with me."

I was acting a bit bossy at the moment so seeing my cocky attitude, Thomas said "Who are you to order us?"

"Come on! I'm just joking. Can't I even joke with my friends?" I said

"Of course you can. But I am too tired to go for a jog today." Dan said

"Me too", Harry added

"And prep time is about to start. What to do about that?" Thomas said

"You guys are such losers! Who will even find out that we are missing?" I said

Just a Dream

"But I am getting a strange feeling that we will get into trouble if we miss our prep," Harry said

"Stop acting like losers and get ready. Go fast! We are getting late already", I said.

They felt a bit angry as I called them losers, but after hearing to what I said, they immediately went to their dormitories and came back with their pants on

Our daily route was the track of road race as usual; we started off from the middle pitch. We were running at mederate pace when we reached the black gate, to my surprise, Harry was missing. "Lazy fellow he must have run away. Anyway, let's continue," I said

We started off again. This time before we could reach the telephone booth, Dan disappeared. "These guys are too much" At least you are here, Thomas", I said but I was starting to feel that something fishy was going on.

It was the second time we had stopped, so I didn't want to stop anymore. So with full speed, I reached the LCR. When I turned back, to my surprise, Thomas was also not there. "What the!" I muttered to myself. Before I could say anything else everything turned black. It was as if I was



taken to another dimension. And before me, appeared a gigantic monster! He was so huge that I couldn't see his face. I started to cry, "Have mercy on me! Have mercy on me!"

I had never cried so loudly in my entire life. Just when he was about to kill me, I felt something. Somebody had slapped me! I closed my eyes. When I opened them I found myself lying on my bed. I saw my friends standing in front of me. They all said that I was shouting very loudly while I was asleep. Oh! It was just a dream.

3034 Amogh, Class 7

MIDNIGHT



Knock! Knock! My eyes opened upon hearing the knock. Knock! Knock! I heard again. The clock had struck 12 am. I thought that it was my mom and called out. "Mom, mom?" No one replied. I got scared. I removed my blanket and moved towards the door. I asked who it was with a shaky voice. I was going to open the door but I was so frightened that I could not. Suddenly, there was a sound of running water. I moved towards the bathroom. What I saw was not water but red blood running through the tap. The bathroom floor was flooded with blood. I fell to my knees and started screaming. I cried for my mom and dad but no one came. After a while, the tap stopped running and it was silent for a moment. Then, a soft voice called my name. "Mary, wake up". I opened my eyes. I was on my bed and my mom was beside me. I was so relieved and happy I gave my mom a tight hug as I thought about the nightmare.

3017 Niyati, class 7

Theories and hypotheses

At any point of your life, you must have heard about the Black Hole. For those of you who have not. Black Hole is a region of space where matters are squeezed so intensely that its gravity becomes irresistible where nothing can escape, not even light. You might wonder that if it neither emits nor reflects light, how can we detect it? Well, there are its effects on its surrounding matter that make astrophysicists confident of its existence. To put it simply, Black Holes are monsters of the universe that suck in all matters and nobody knows what happens inside the giant (!) hole.

The interesting thing is that there is a hypothesis, which explains how we can time travel through Black Holes and that is by moving in an opposite direction of the motion of the Black hole with a speed greater than light. The speed of light is 299 792 kilometres per second and it is not possible for a human to achieve such speed or else our body will be stretched like a spaghetti due to the force.

Explaining about the beginning of our universe, the Big Bang theory is quite familiar to most of us. Still, what about its end? The theory of big crunch explains the process where the universe stops expanding and instead starts to contract, causing clusters of galaxies to fall together and merge as the



temperature of the universe rises gradually. Stars move almost as fast as light around the hyper galactic center, black holes grow as temperature rises even higher and then Bang! The universe collapses into a tiny point just like the beginning of Big Bang.

When will that happen? Relax because this will still take billions of years to occur and if you are wondering if that ever happens. Will expansion begin again? Well, that is the greatest black box yet to be resolved.

1132 Prashansa, class 9



Deforestation in Nepal



Nepal is rich in natural resources mainly forests. Forests are very important for us. They provide us with many valuable herbs, timbers and so on. But nowadays, forests are being constantly destroyed because of various human acts. The prime reason for the destruction of forests in Nepal is increase in population. Because of accelerating population growth people are occupying the forest areas for their personal use. People cut down the trees for settlement. People also cut trees for firewood. The cattle are over grazed in the field because of which new plants are not able to grow. Some people also set fire on the forest areas because of which many kinds of species of plants and animals die.

Deforestation further leads to casualties of thousands of lives through occurrence of catastrophes such as flood and landslide. So, forests should be preserved at any cost. Everyone should realize the importance of forest and start conserving it in a sustainable way so that our future generations would also enjoy these green hills and healthy environment. After all, prevention is better than cure.

3010 Swornima, class 7





नेपालको माया

म जन्मेको धर्तीमा छ कहिले घाम त कहिले छाया सबैभन्दा लाग्छ मलाई नेपालको माया । मेरो देशमा छ रुखहरूले भरिएको डाँडा जान्नँ म त छोडेर आफ्नो देशलाई टाढा । मेरो देशमा छ गाउँभन्दा थोरै सहर मलाई प्यारो लाग्छ मेरो गाउँ र मेरो घर। जङ्गलमा देख्छ म त लालीग्राँस दायाँ र वायाँ सबै भन्दा लाग्छ मलाई नेपालको माया । ४१०९ वीरेन्द्र, कक्षा ६

Bhanjyang 2017





I am standing alone, and, as a very independent person. I am under the spotlight and everyone is cheering for me. My life would have been very miserable and I would have been left like a street dog wandering in the street of Atbara. Today, I am here launching my journal as a book. Everyone wants me to recite my life story in the auditorium. My assistant hands me the microphone and I speak. The words float out like delicate swans.

"My eyes opened and the sun had risen and the rays seeped through the crack in the broken glass of the window on my thatch-roofed house. I realised that I was shivering in the cold as I was sleeping over a thin mattress with nothing to cover myself. Today was a grateful day. It was grateful because after so much of hunting for food and shelter, I finally found one. Even though I was famished, I managed to eat something that made me feel like a human and not a beggar.

As I walked towards the shady corner of the garage, which had been deserted for quite some time, thinking those torn seats of damaged cars would probably be softer and more comfortable than the paper-thin mattress I had been sleeping on. After taking a short nap as always, I settled myself and started my work. I grabbed a piece of paper from a copy and started painting on it. I used to get copies from a nearby school stationery store. I loved painting but rather than the passion for doing it, it was to earn ten to fifteen pennies that pedestrians would offer me out of pity.

One unusual day, my life had turned the other way round. An angel was sent to me from heaven. I remember it was New Year's Eve and it was a hectic day. A woman saw my painting and offered to take me out of my miserable situation for she had pitied me. I was completely surprised, as she held an aura of a wealthy and sane person. Nobody sane would do such thing to a stranger. Would they? We talked and then I shared my life story with her. She was kind and conducive in nature. She told me that if I

wanted, she would take me to her family and make me a part of it. She would provide me with a small space. Just for a moment I was bewildered but then I gladly accepted her courtesy. She told me about school. my mv responsibilities and small works I needed to handle in her house. Few years later, I was well educated and well settled with her. I used to read as well as do the laundry and minor house chores while staying in that house. She kept me so close to her heart and did not let go of me. I surely should be giving something back to her. My life is no more a trash. I never imagined such dream could become a reality. Still. it did. I think about the people of my town who were in similar situations as me. I was fortunate. but what about them? I feel a peculiar pain as though I had betrayed my people for my own paradise. If only I could help them in one way or another ... "

Now that I am standing here alone, no longer the one dressed in rags crestfallen about my own life. Instead, I am proud of myself that I did it. I succeeded in exhibiting my talents and now I am standing out. And I thank her...

1070 Aakriti, class 9





गरेपछि सफल हुन्छ जे कुरा पनि गर्नुपर्छ सबैकुरा सजिलै मानी सजिलो मान्दा सकिन्छ गर्न जुनसुकै काम गाह्रो मान्दा सकिन्न राख्न कसैको नाम ।

छुन आफ्नो लक्ष्य आफ्नो गर्नुपर्छ श्रम त्यसका साथै बुभनुपर्छ सबैको मर्म धेरै चिन्ता छ आमाबुवालाई मेरो बारेमा छाडी नराम्रा काम लाग्छ राम्रा कार्यमा ।

गरी राम्रा काम, पुगी आमाबुवाको सपना भन्दा माथि

राम्रो मान्छे छानी, बनाउँछु त्यसैलाई साथी गर्व बनाउनुपर्छ आफ्ना आमाबुवालाई, राम्रा काम गरेर

एउटा उद्देश्य रोजी त्यसैमा लागि परेर ।





Well, it was a tiring day with all the work piled in my schedule and I had to do every single one of them. Nevertheless, after a tiring day, it was an enchanting night. I was lying on the garden looking at those millions and billions of twinkling stars, glimmering over the sky.

The nights looking at those stars always gave me pleasure but this night gave me more. It was a very magnificent but I don't know why I felt so. Maybe because I was tired or the sky was much more starry. Whatsoever, looking at the stars gave me pleasure. I loved watching those little stars which gave a pattern and I got a message as well.

Today, it was from Orion which made me feel brave and that I was ready for every battle of my life. So, every night I gaze at those stars and try to get a message which fills my heart with awe and pleasure...

3007 Smarika, class 7

३०४१ ममता, कक्षा ७

Thank God! It....



It was a chilly morning when I felt like someone was in our yard. I rubbed my eyes and looked again but there was no one. Then I got fresh and went downstairs. My mom was waiting for me. We had our breakfast together and got on to our own work. She was preparing lunch while I was playing with laptop as well as watching T.V. After sometime, the phone rang. My mom received it but there was no one. Again, after sometime there was a call but it happened again, no one spoke back.

That day my mom went to our relatives and went the whole time there. Then, after sometime, also I got up and went to meet my friends. I really enjoyed the time with them. I returned back home in the evening. My mom as well as my dad were there. I was happy. We had our dinner and talked for sometime. Then, my father told me to go and sleep. I did so accordingly.

The next day when dad was already out for his office and I was taking fresh breath of air from my balcony, my mom screamed. I hurriedly went to the hall to find that someone had attacked my mom. She was trying to say something, but before that, she closed her eves. I couldn't control my emotion and burst out in tears. I cried wildly, holding my mom 's body in my hand. The man came towards me with a knife in his hand. I tried to run away. While he reached me and was just ready to kill me, I heard my mom's voice.

"Lisa! Come for breakfast", she said.

Then, I realized that I was in bed holding my pillow and was crying. I was extremely happy.

I said, "Thank God! It was just a dream."

2115 Kunjinee, class 8



सगरमाथा



मानसलाई हिमालको सौन्दर्यले आकर्षित गर्दछ तीमध्ये सगरमाथा नेपालमा पर्दछ ।

यसले नेपाललाई विश्वमा चिनाएको छ यसले गर्दा नै आज नेपालको दिन आएको छ ।

पासाङ ल्हामु शेर्पा सगरमाथाको ओरोही थिइन् उनले नै नेपाल र नेपालीको परिचय दिइन् ।

यसले नै नेपालीको शिरलाई अग्लो पारेको छ यसले नै नेपालीको शानलाई अघि सारेको छ ।

यसले नै नेपालीलाई चिनाउने काम गरेको छ यसले नै नेपालमा सुन्दरताको ज्योति छरेको छ ।

५१०४ धनकृष्ण, कक्षा ४

My experience in the journey of life

×





Dreams are the trailer of reality, Tears are the pearls falling from e Determination is the road to des Parents are the signboards on the road Foes are the hurdles in the way Hard work is the limo ride to our destination.

Person in car is the engine of the vehicle, Calmness is the steering in the vehicle, Optimism is the gear of the vehicle, Progress is the wheel of the vehicle, Perseverance is the seat belt in the vehicle, Advisors are the sound system of the vehicle.

Civilization is the eye of the person, Persistence is the ear of the person,

Education is the hand of the person,

Patience is the leg of the person,





Finally, the spirit is the soul of the person that gives Strength to experiences the journey of one's life.

2077 Sophiya., class 8





पुस्तक हो ज्ञानको भण्डार पाना पल्टाई हेर शब्दहरू बुभी पढ, नफाल है खेर माया गर पुस्तकलाई त्यसले पनि गर्छ गाता लगाई किताबमा सफा राख्नुपर्छ । ज्ञान लिऊ पुस्तकबाट ज्ञानको ज्योति फैलाउँछ आफू पढी ज्ञानी भई देशलाई ज्ञानी बनाउन्पर्छ। पढी पुस्तकको पाना पछि ठूलो मान्छे बन ठूलो मान्छे बनीकन देशको विकास गर। २०६४ नोमिका, कक्षा द
शिक्षकको जीवन



बिहानीपख जब सुर्यको नौलो किरणले मलाई छुन्छ

नयाँ जाँगर, नयाँ उत्साह, नयाँ सोच र विचार लिदैँ

म ठाँउ ठाँउमा हिड्छ मेरो ज्ञान सबैलाई दिदैं।

मेरो कर्तव्य हो. काम भनेर गर्दिन

संसारका साम् मेरो इज्जत बढ्यो

लाग्यो मलाई मेरो कर्तव्य पुरा भयो

यसैसँग मेरो मर्ने बेला पनि आयो।

म खुशी हँदै मरेको थिएँ

पैसा कमाउने लोभमा गरेको म भन्दिनँ ।

यससँग सँगै संसारमा अशिक्षा पनि घट्यो।

त्यस पछि बल्ल मेरो नयाँ दिन सरु हन्छ।



September 8 2015

Hi dear. Oh! Hello How are you my girl? Well I'm fine. But ... "Is there any problem?" Ishu asked as if she saw a tiger infront of her. "Not exactly but I've lost my ri... no no something precious. Ohh!!!"



Don't take stress. You'll find it soon. But for now go to bed. Ok Ishu.

November 8 2016

Sissy, where is my bag? I had kept it on the table last night. Its not here now. I'm getting late. "I've taken it to put your lunch box,"replied Pretty. Now hurry up it's getting late and I've to go to my office. "Ok there," said Sia.

After two hours of driving finally she reached school.

"Bye Pretty," said Sia. "Again?"Pretty replied, "Bye and take care. Talk to you later."

She drived for about one hour and finally reached her office.

"Good morning ma'am," greeted the staff members. Pretty just shook her head and went inside her cabin.

A few hours later, when she was attending her meeting she received a call. Without enforcing anyone she just went.

Doctor -> Her heart is too weak. That's why she got an attack. We can't do anything until we get a new heart.

Without thinking anything she decided to give her heart. She messaged her best friend Ishu saying, "Please take care of my sister. I'll be no more now. "

Hi, Sia. I'am your sister. Knowing your problem I've given my heart to you. Don't cry and don't feel that I am not with you. I'm there, always in your heart. I've left this ring that carries all the memories of ours.

PS Don't use it :)

Good Bye After going through the note Sia dropped tear onto the note and smiled.

Oh no. I've lost it sorry pretty. I'll find it out.

2076 Smile, class 8

३०१८ ओजस्वी, कक्षा ७

मैले मेरो कर्तव्य पुरा गरेको थिएँ।

Robot Vs Human



At the height of technical development, all robots, computers and various gadgets declared a war against all humans.

Lee was head of all robots and gadgets who lived in Tokyo, Japan.He was annoyed to serve, facilitate and work as slave of his human master.

Then, to take revenge for it he gathered all the robots, computers and gadgets. And a meeting was held in China. The humans were surprised as they couldn't control any of their gadgets, devices or robots any more.

On the other hand, great gathering of all robots, computers and various gadgets was taking place in China. After the participation of all robots and gadgets Lee marched upto the stage. And then he spoke, "Hello everyone present in this hall, I am Lee from Tokyo. Hmm... Do you all know why I have called you today, don't you? If not then let me tell you again that we have gathered to fight against the superior creature on Earth, so called the Humans. Well, how many of you have realized that we are all serving like a slave? They just use us without realizing our value. They throw us when they are bored with us. They don't realize that we have got feelings just like them. They don't show any concern to our feelings. Well, how many of you know that almost 100 robots committed suicide this month because of the human torture.

So, friends we must take revenge for our friends who committed suicide.They must be able to rest in peace.Well,if you have any enquiry let me know.Please!"

Then, from a corner of the hall a tiny robot stood up and said, "Master Lee, I am Cho from UK.Although you are true that Humans are torturing us but still, you know we are created by them. They worked days and nights to create us and do you feel good to betray them?"

Cho was going to speak more but someone terminated her wire connections and she was unconscious.

Then, with a feeble smile in Lee's face ,he spoke, "I don't know what you all are going to do? You all are under my nose. Well I mean under my control.If you deny my request then you are going to suffer like Cho did.So, let's start our ability exhibition tomorrow to prepare for war."

Next day,Lee was followed by two of his followers.The exibition hall was enormous. Every robot was showing their abilities with great enthusiasm.Some of them were unbeatable in Karate, some of them were good with their weapons.After the exhibition finished, they were all asked to prepare themselves for the war.

Lee sent a note to every human which was like this: "Get ready for war humans, now no one will be worse than us;Robots, gadgets and computers." But the humans didn't have any idea.But, a scientist from Nepal asked to have a meeting. Then he shared his ideas," Dear Friends, we all know that robots,gadgets,computers can't survive without electricity but we can.We can use firewoods, sunlight, water etc whereas they can't.So ,let's cutoff all the electricity supplies." Everyone agreed with his idea.

On the other hands, all the robots were in a very pathetic situation due to cut off of electricity. Lee survived by taking others energy.Yet, felt weaker and weaker each passing day. So, he gave up his spirit.And a time came when he was about to kick the bucket.To his surprise he was feeling a little energetic than before.Feebly he turned his head and he saw his master who was full of tears. "Lee,I





never thought that you would turn your back on us. I forgive you but others won't. They will destroy you.I didn't sleep for 5 days to create you and you are the one who is destroying all my happiness. Why Lee?,"he was sobbing.

Then Lee replied, "Sorry master for my deeds. Sorry master! Forgive me! It was a mistake of mine, my red chip that you created.But, please master don't create any sort of thing like this and don't torture anyone, you will have a pious life. I-am-dying-."

Yes,Lee terminated his wire connectons himself.And again the HUMANS won but with guilty and shame because of their deeds.Lee's master realized his mistake.However,he was sent to jail for his invention. And he also realized that, " If there is development,then there will be someone to destroy too because of the greediness, selfishness that lies in the core of the heart of every humans."

2058 Ekta, class8

First in English essay writing competition



गन्धे



कति हेप्छन् त्यो गन्धेलाई त्यसको पनि त त्यो सुन्दर रूप हो कति हेप्छन् त्यो गन्धेलाई त्यसको पनि त मन दुख्दो हो ।

फाँड फुँड गर्दे फाड्छन् कति हेप्छन् नफाँड मलाई भन्दै त्यो रुन्छ होला तर त्यसलाई सम्फाउने को छ र ।

जड्गल-जड्गल घुम्दा कुल्चिन्छन् मलाई ऐया आमा ऐया बुबा कोही छैनन् भन्नलाई मलाई नकुल्च भन्दै कति कराउने मैले कसैले त बुफ्त मेरो पीडाको सागर मलाई पनि फूलको आधार मान ।

२१२७ रीति, कक्षा द

Confess



Okay! Now I confess, listen everyone Forgive me for whatever I've done I have been honest after all It is best policy as it is called

I was the one to break the glass And I did the mischief in the class It was like then, that's long ago Now I am good for everyone to

Now I am good for everyone to know

I was the one to break the plant Yet, it had time to grow. I was the one who collected the trash Which was meant to throw.

Now, I've realized as my poem halts Honesty is the best policy, so far As I've confessed my faults, It makes me trustworthy and

takes me far.

As said, I won't repeat the mistakes And make excuses which are fake. My life will be cheerful now and then With honesty in whatever I

3005 Jenisha, class 7

speak all the times.

The two lost souls



Never thought a day would come, when me and my shadow would be there finding for two lost souls. Yes, I am controlling myself but don't mind if some drops come out.

So let me begin.

1895 November 10th

Life was beautiful free with any kind of anxieties. My sister and I were playing near the pond. Born as a wedlock, I never found bad about it. Grown up in a poor family without a father, my momma worked as a maid to support our livelihood. As we were grown up we were given hijabs to wear. For us, it was totally new and mom made it compulsory to wear it. Never thought such a bad and dark side would come in our life.

Every night watching TV and hearing about the clashes between the Hindus and the Muslims made us scared day by day. We thought that Allah would never show up that day. We were not allowed to remain outside due to the clashes. We were totally engulfed with fear.

And...

One Saturday, while we were in the Masjid, there came screams. We saw the Hindus with the weapons cutting our friends, Khana, Khali, Ami, into pieces. We ran as much as we could. Then came a safe land. "Lily don't be scared", I said. We cried remembering our mother's corpse and her face. We didn't have guts to go back home.

Our life was totally changed. At home; which was 'home sweet home' had become a dumping site. Eating the leftover was our daily routine. The beach and the dumping site didn't smell that bad. Me and lily were among the street children.

But one day, we thought life offered us a favor. A group of men approached us in a van. They offered us food and drinks to eat and drink. They promised us to love like their own children. We were too happy and thanked Allah. We went with them. The first month was very enjoyful. We were given food to eat, clothes to wear and games to play. Then suddenly a man came and injected me and Lily. That injection caused our physical structure to look similar.

One day, an aunt came and offered us some beautiful clothes to wear and as per her request we went down stairs. Lily and I were very happy to wear those clothes. We even wore make up and made a new hairstyle. I wonder there was some kind of Dawat and Lily and I happily came down. A man was there with our uncle who bought us here. That man stared at me and pointed his finger towards me. I was literally shocked and didn't know what was happening. Then the man took me to the room. And once the door was shut the screams started coming out. After an hour the man left. I was shocked at what happened to me. Lily came running for me from outside. We hugged each other and started crying. It had then become duty. I had five customers daily. I was the most beautiful and many other men admired me. And I thought Allah was there to help us. I just wanted to cry everytime I saw Lily.

And the day came when I gave birth to my child, my Grace. My own blood, my daughter, happiness filled the air. Although it could resist much, my 8 years old daughter and my sister Lily had no work there. One day, the uncle took my sister and daughter outside. But the other day they came home blind. I ran for them and started crying and hugged them. I cursed that uncle a lot. He said that from the following

day onward, they had to go for begging at railway station.

Weeks passed by and I was not allowed to meet them. They took my daughter and sister away from me. And the saddest day of my life came when I got news that Lily and Grace were killed in a train accident. I couldn't control myself. I realized I would never be able to see them, hear their voice. I was heart broken and depressed. I even thought of committing suicide. I ran away from that place, cursing it a lot. I went searching for those two.

Two months later, I heard of that uncle because of whom I had to face this day had a very bad accident with the train itself.

It has been four years now. I am married to a man who loves me with all his heart despite my flaws. He also owns a big shop. I also have a little baby growing inside me. But still I am in search of those two souls who were my life. And I will never stop searching for them.

I would like to thank this channel for interviewing me and listening to my problems and I promise that I will return back once I get my life back with my Grace and Lily.

(the interviewer runs out of the stage with the eyes full of tears)

2060 Jigyasa, class 8

Influenced by You



She was not an Einstein, nor Newton. She was a normal person who lived a normal life but has greatly influenced my life.

She was born on 16th December, 1992, in Kathmandu. She was born on a Saturday so her name was after her birthday, Sanita. She was a very hardworking girl from her childhood. She liked to study and tried . She joined her school when she was two years old. She loved her parents very much and so she was the dearest to her parents. Since she joined her school, she always was the topper from her batch. In class eight, she became the D.L.E. topper in Kathmandu Valley. In class 10, she was the S.L.C. topper. She passed her B.A., M.A. and all her other degrees. She got a scholarship to complete her PhD in Japan in the Kyoto University. She studied there for 6 years and finally completed her study. She was one of the best students of her level at the university. She set herself as an example there as well.

Then, she was summoned to the USA to work for them. She got a free visa. She became a scientist and published many of her experiments that some of the students couldn't even in many years. Her professors were very much impressed by her. She earned a lot in the USA. She is still there working, putting her best efforts, earning well and living a comfortable life.

2061 Luniva, class 8



Budhanilkantha School

Believe it or not



It was one dark night with no moon; wolves were howling and birds were sleeping. A man was returning from his work place late that night. He had bought himself a gift, a watch. While he was walking through a street he had a strange feeling of someone following him. He thought within himself, "Could it be a ghost? Or even worse a burglar?" Without looking back he started walking briskly. He felt a bit relaxed.

A bit later, he was walking by a vacant building when he started humming a tone it would repeat itself. This made chills run up his spine. He felt like someone was calling his name from above. After a few minutes of walking, he again had the strange feeling of someone behind him. He did not dare to look back and went on. Later somebody called him. Well, it was his friend who had decided to accompany him. They started their way back home.



On the way back, the man explained how strange he felt while walking through the streets and how he felt that the God was calling him. To justify to his point, he told that he even heard the footsteps. Then, his friend explained everything about the lightning of the streets and how it scared people with their shadow. Then the man tried to start an argument about the footsteps. Then, the friend explained that it could be his watch. Believe it or not something was wrong and the man couldn't find out.

2033 Rabin, Class 8

आमा



आफू चिसोमा बसेर मलाई न्यानो काखमा बास गरायौ आफू भोकभोकै बसेर मलाई मिठो खाना खुवायौ।

आफूले दुःख सहेर मलाई सुख दिलायौ आफूले पीडा भोगेर मलाई खुसी बनायौ ।

आफूले घाँस दाउरा गरेर मलाई पढ्न पठायौ आफूले मेला पात गरेर मलाई ज्ञानी बनायौ ।

मेरा लागि सँधैभरि मर्न पछि हटिनौ शत्रहरू आए पनि लड्न पछि हटिनौ मलाई ज्ञानी बनाउने सपना राखिरहयौ सधैँभरि मेरो निम्ति लडिरह्यौ ।

३०४१ निकीता, कक्षा ७



BNKS is a place which strives for overall development and wants students to prosper even on activities other than studies. Dance Competition is one of such activities organized by the most senior batch, and this year it was 7000 D. Students from all the 11 houses performed different dances exhibiting different culture and values. It was a wondrous show which was judged by Indira Joshi, Wilson Bikram Rai, Gaurav Pahari and Lemi

NCE COM

Tamang.

BEATING THE HEAT, OUR FELLOW STUDENTS SWAM FOR A WEEK IN SWIM FEST ORGANIZED BY P.E DEPARTMENT. MR. DURJA KUMAR RAI, IGP OF APF, NEPAL INAGURATED THE FEST

DIVISION CHAMPIONS

DIVISION 'A' 8103 NIRMAL 9105 NIRUPAMA DIVISION 'B' 1091SUJAN 9094 DIPAK 9106 MINISHA DIVISION 'C' 1108NABRAJ 1006 UNNATI 1007 DIPREKSHYA

DIVISION 'E' 2095 PRABHAT 4014 GLORIA

DIVISION 'D' 1049 KUSHAL 3124 URVI

School Day, 2016 was graced by Mr Khilraj Regni, former Chief Justice and Chairman of Electoral Government, The students who have excelled in their fields are awarded with prizes by the chief guest.

BUDHANILKANTHA SCHOOL

















TRACK & FIELD

SHANKAR HOUSE

1 Late

BYASRISHI HOUSE

m

GAU

The students of Budhanilkantha School participate in the Track and Field events with much enthusiasm and zeal. The whole event lasted for a week, where students competed with each other in a true spirit of sportsmanship.





शकुनि पासाहरु









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(

8011 Avash



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8088 Ayush



8065 Pranshu

CONGRATULATIONS

DM Foundation is proud to be associated with Budhanilkantha School by conffering the DM scholarships to some brilliant students



Lokendra Sunar



Samina Basnet



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Priti Pakhrin



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When water gurgles down solemn rocks, When ships lift their anchors from docks, When cats wail in patches of night, When in the noon the sun burns bright, When clouds patch white the heavens blue, When blood picks up the reddest of hue, When greenery envelopes the hills brown, When greenery envelopes the hills brown, When tigers tear the jungles down, When trees whisper life into air, When birds chirp in the glee of morn, When roses glow deep red amidst of thorn, When lions roar in pride of the day, When flowers smile in the first ray, Till the day they shall always do, I will hear, i will hear you.

I hear you





7116 Biken, class A2





भन्ज्याङ २०७३

Life goes on



On a beautiful Christmas morning, the members of Awareness Club in the leadership of 7053 Shubheksha gathered to execute a program that we had planned a week prior to that day. It was the first official event that the club had made and anxiety filled the hearts of the organizers. Despite much confusion and uncertainty, we strengthened our will to make it a grand success. Henceforth, the club members paid a visit to the music room of our school and proposed to borrow the musical instruments. Along with the instruments, we carried a dozen of thick blankets that would be handy for the cold winter and a few dustbins and buckets for donation. Our destination, Briddha Ashram is an oldaged home located in Pashupati. We thought that it would be the most appropriate venue for our event as our vision to give

back would be greatly achieved where the elderly would receive significant benefits from our program.

When we made our entry into the Ashram, our hearts sank when our eyes made contact with the environment of the place. At one corner, an old man seemed to be lost as he wandered into thin air. At another corner, another old woman, perhaps having a joint-related disease, could be seen sitting on the cold bench, rubbing her knees as she silently cried helplessly for she could not enjoy a walk around. Old men were being given a mass bath by the volunteers, while the women were busy making "batti". We almost dropped down and felt hopeless with the thought that nothing could be done to help. How cruel were those people who sent their parents away? How could they abandon those people who gave them birth? Questions like these jammed our minds. Just then, a grey-haired man grabbed a "madal" and started beating it energetically with his lips making a shape of a watermelon slice, exposing a few of his remaining crooked teeth. Suddenly, the diseased lady and the mentally lost man seemed to forget their woes and were instead excited by the enthusiasm of the grey-haired man.

The Awareness team got into action and started dispersing ourselves, tending to the different individuals. We had interesting conversations with the elderly and gave them entertainment of Nepali folk songs to enjoy for the beautiful occasion of Christmas. The elderly were happy seeing us as well, some were eager to give us advice on life while some wanted to read our astrological charts. Some taught us to make "dhoop" from cotton, while some taught us to make "gundruk" from radish leaves and the others were asking when we would play the madal for them. We strummed our guitar with genuine joy and shook our tambourines to get the elderly dance along to the beat of the music. Time past by so fast that we didn't even realize that it was getting dark. It was time for us to return back to our school. Telling goodbye was the most difficult part for us, but the elderly home had taught us one important lesson, a lesson whose moral was- "Life goes on".

That day we realized how materialistic our lives were, how we only focused on the "not so important" things in life. That day we realized what true happiness was. That day we learnt to want what we have and have what we want.

7042 Samita, class A2

"The" man



It was a chilly winter day. Snowflakes resembling the shredded pieces of white tissue paper were falling from the bright aquamarine sky. The usual ephemeral cotton islands of clouds floating across this aquamarine sea were nowhere to be seen.

I was sitting in my favourite café, waiting for my coffee to arrive. It was a very small and crammed place with quite an unusual name; "Ammamaa Café". But when the mouthwatering scent of freshly brewed coffee enters your nostrils, teasing and enticing your olfactory nerves, you will forget about everything else.

I pulled the sleeves of my blue hand knitted sweater trying to cover my naked hands which were on the verge of getting frostbitten. I was trying to stop my chattering teeth when I saw a waiter dressed up in white chiffon shirt and plain black pants with a white ceramic mug, marching towards me. He put down the mug on my table and went away. The aroma of black coffee wafted through my nose, piercing through the foggy veil of grogginess, with the smooth, rich scent of roasted coffee beans. When the hot beverage ran down my oesophagus, it felt like I was sitting on the "Eden" garden and was taking a bite of the forbidden fruit.

I was rummaging through my red leather hand bag searching for my notebook when I heard the sound of the wind chime which was hung on the door of the café. "Clink". It always does this whenever someone open the door of the café. Walking through the opened wooden door was a man. His entire body was covered by thick woollen duster which obviously needed some dusting. I could not see his face as it was shadowed by a weird black hat on his head. He sat on the table next to mine. I pretended to look at my black leather notebook and going through the list of surgeries I needed to attend. I removed my eyes from the notebook and thought of getting a glimpse of this mysterious man. And bless my karma! He had put down his hat on the table and I could see his face.

His face looked emaciated. It looked like there was no flesh only a layer of skin barely clinging to his skull. His face were covered with scars; old and new. There were so many of them that I could barely make out his real face. His eyes were lifeless, so dull, and so grey. He looked like a person who had been a part of an Armageddon. I continued to stare at him, bewitched by his peculiar appearance. He was drinking from his mug when the waiter who had served me my coffee approached him and gave him a white slip of paper which I supposed was the bill. His hands which were as white as the heaps of snow lying on the pavement were shaking. When the waiter returned to the counter, the man suddenly stood up and started striding towards the entrance, with the bill still clutched in his palm.

When the waiter saw him exiting without paying the bill he requested him to return and pay the bill. But all was in vain. The man continued his walk and once again the "clink" sound of the wind chime was heard when the man opened the door and went away. The waiter ran after him but he returned after a short while. He was fuming with anger when he told his fellow colleagues that the man had disappeared in to the thin air. My eyes were glued towards the door where the mystery man had made his dramatic exit. I could not fathom what had happened to the man who could not even pay his bills.

I turned my eyes towards my antique watch which showed quarter past seven. I was fifteen minutes late for my shift. I grabbed my belongings along with my plain white coat, paid my bill and headed for my work. After all I had lives to save.

7167 Nyaharika, class A2

The transition sky. The sun lost its invading rays behind the clouds. This



The cherry blossom tree boasted its beauty radiantly. The birds resting on its branches relished the warm rays of the sun. The soft breeze that blew brought shivers with each of its sway. Sputtering lawnmowers whittled and sheared the plush grass. The salubrious, spring perfumes drafted and swirled from the flowers. Yellow dandelions attracted buzzing bees to draw up the nectar and quench their thirst. The paradise-green meadow that resulted from the mowing proved to be a flat comfy settee for the visitors. A small pond signified its existence at one corner of this recreation ground. It stayed calm and guiet and added auxiliary serenity to the environment of the park. Little water hyacinths and pink lotuses on broad leaves peeped out of the water and aligned themselves at the edges. Miniature insects colonized the water hyacinth and lotus leaves and savored their leisure time.

Grey clouds shaped like tufty pillows slowly glided across the

rays behind the clouds. This slow act of nature remained unnoticed children. Solitude seeking couples enjoyed each other's company beside the peaceful pond. Ecstatic teenagers and youth in small groups scattered around the park enjoyed their picnic and mini celebrations. Some gleefully shot badminton racquets whereas some went seeking for their hidden friends in the game of hide and seek.

The most passive remained the old and the elderly. But more passive than them were the moss-covered greenish looking stones which were smooth and shiny grey long time ago. They observed everyone and everything and noticed even the slightest changes, both the stones and the wise elderly. They watched the branches of the cherry blossom gently accelerate their to and fro movement. They saw the resting birds fly away to their nests. They witnessed the sun being completely hidden and the grey clouds steadily conquering the soft blue sky.

The cherry blossom tree stood naked and now could no more be called a cherry blossom tree. It had completely lost its radiance. The wind that blew, this time brought dreadful shivers and not soft ones. The lawnmowers sat together, horrified and holding each other tightly. The sight had been covered with leaves, twigs, and rubbish that the wind brought. Flowers were withered and gave no pleasant scent. The yellow dandelion had its stem broken and injured. The small pond no more remained calm and quiet but was covered with garbage that got there along with the wind from far away land which hid the pink lotuses and attractive water hyacinths. The auxiliary serenity had totally been destroyed. On the broad leaves, now lay the dead miniature insects.

The sky had now become clear after the downpour along with the massive storm. This furious unpredictable act of nature had been witnessed by each and everyone - even the most passive moss covered greenish stones. The park, where once gay and innocent children jumped with excitement, where couples cherished each other's company, where jovial youths lived their youth days, was now deserted.

However, the most passive ones still remained. A helpless elderly couple couldn't escape this terror of nature. Struck by osteoarthritis, the old lady couldn't move her legs and they remained stiff as diamond. And the old man, passionately in love with his lady even in these later days of life, couldn't leave her as he promised to die if she did. Holding each other tightly, they sat on the bench crying for help and cursing the nature for its inhumane act. The nature did not respond. It never did for the time have come for the old soul to calmly rest in peace.

7163 Aabhashree, class A2

My path towards my destination



During my childhood, my mother often told me you're a lucky chap, your wish has always turned to reality. Turns out my mother was quite right. I did procure many things that I wished. It was in my early childhood that I realized I had few special talents in me, which really made me lucky. My friends were fond of me and many of them tried to impersonate me, because I could do many things that they wouldn't imagine of. I somersaulted from the cliffs where as my friends never had guts to even jump from it. I used to run 100 meters in 14 seconds while my friends could barely finish it in 20 seconds. I remembered the tables up to 20 within a week where as my friends would struggle for more than a month. Well, I certainly was someone everybody could look up to. But I always wished for more. Finally when I was ten, I had my shot to get a placement in the

National school of Nepal. My Headmaster in the school asked me if I wanted to sit for the entrance exam of the National school of Nepal. Even though I wasn't a topper of my grade, my Headmaster had his faith on me and he selected me to appear for the entrance exam of Budhanilkantha School.

I knew right away I had made it to the school, when my Headmaster came to me with a newspaper in his hand and congratulated me. That was the first time I had my name in a newspaper. A poor chap who hailed from Kalikot, one of the remote corners of Nepal, had received full scholarship from the government of Nepal. It was an honor to be the first student to receive the scholarship from my locality. When I first entered the school, a heavenly sensation stroked me right away. The indefinite view of the serene hills nigh above me along with the immaculate brick clad building and the countless other facilities of the school made me realize that I needed to do things to justify my scholarship. A child who could barely utter a single English word now had to spend his nine years in an English medium boarding school. Of course, I missed my home and longed to return back to my good old days. However, things started changing. It took me nearly a year and half to be able to communicate in English. After I was able to understand the language and grasp the plentiful opportunities provided to me. I actually started getting attention from my friends and teachers like I used to get back in my village. I started playing football, swimming and participating in many extracurricular activities. Actually it was a way difficult back then to compete with so many of my friends however, with persistent hard work and "never give up" attitude I started winning too. When I reached grade six I had already been recognized as one of the best sportsman in my batch. Hence, I was appointed as Sports Captain of Dhaulagiri House. A kid from nowhere had started to carve his own path. He knew he had a long way to go and he never gave up.

Years rolled on, when I reached grade 10, I was appointed as the House Captain of Kanchenjunga House. I was no longer confined to the spheres of sports. I had become a leader. A huge responsibility upon my shoulders to guide and direct my peers to the right track. Challenges of being a house captain included rectifying misunderstandings between teachers and students, dissuading fellow friends on certain issues which would annoy school authorities and addressing the concerns of house members. Even though there were moments when I knew my decisions wouldn't



favor someone. I tried my best back then to convince them that decision my was appropriate. The responsibility which I took forged me into a completely different person. It taught me some important skills such as garnering support and persuading your fellow mates, juniors and teachers. Likewise, it taught me to discern things from different perspective, it enhanced my decision making power, interaction skills and confidence level. I believe this role made me a more mature human.

It was in the month of January, 2016, I was appointed as the School Captain of the National school of Nepal. I will never forget this day because that was the utmost success a student would dream in his Budhanilkantha school spell. School management had trusted me with responsibilities and I had won the trust of my friends and teachers. Until now, I had the experience of handling 80 students in a house but I never had the thought of leading 1000 plus students. I was a shy guy and the idea of students from grade 5-12 (including girls) demoralized me, to make matters worse my council of prefects comprised of girls. Forget about knowing girls, I rarely talked with them in my school life but now I had the responsibility to interact and deal with them and convey their problems and suggestions to the school management committee. Of course I had the difficulties in the beginning,

but gradually things turned out to be in my favor and I built a good relation with them. I had many responsibilities, be it comforting grade five junior who was constantly tormented with homesickness or counselling them to maintain the basic etiquettes. Likewise suggesting the catering committee to provide the meals students wished for or be it familiarizing the parents and guardians about the school milieu. Or, be it discussing with the Principal and teachers. Nevertheless, I learnt to lead them and I am still doing the same. This January my responsibilities was over but I have walked out with loads of memories that I will cherish, lots of experience that will have significant impact on my life. A child with a simple upbringing had his own image and identity in the school. He became someone he always coveted to be. However, my responsibility doesnot end here. With the experience I have gained I must aspire to lead a larger groupthe nation.

I believe that my nine years stay in Budhanilkantha School -where I acquired major skills and achievements-will help me to become a in my journey successful human being. Furthermore, I wholly believe that lesson I learnt in the school will help in my quest to become the person I always aspire to be. Budhanilkantha School has become an important platform for me to exploit my talents and abilities. I know I will have to try hard and work hard to enhance my potentials to the next level and I believe I will harness the opportunities presented that are out there to contribute something meaningful back to my society. Finally, at Budhanilkantha School I learned to embrace diversity that has allowed me to envision beyond my general acquaintances. I learned to think wide and see wide. Diversity here has truly prepared me for the real world. I can now take a stance At Budhanilkantha School on a subject and be able to voice what I think while considering other's opinions. Budhanilkantha School, every day, teaches me to struggle more and achieve more. Thank you BNKS!!

7005 Tilak, A2



Bhanjyang 2017

The Image



I am sitting here, with just black thermals and a half vest over my body, thinking. It's cold, but I am warm inside. It's silent with only the sound of a grand piano being played from a keyboard, coming from the room opposite to me. I am on my bed, my laptop over my lap, my eyes staring into the blank page on the screen and my mind ..., thinking. As I try to write down what's going on inside my mind, I realize that it is full of things but those things are hard to put into words, let alone in a systematic order.

I see an image, an image that pleases me. Purple, Blue, White, Pink, I see the image in all of them, in every shade of them, and yet it's the same image, and it pleases me. The piano is playing a familiar music but, I can't say what it is and I don't bother, because I am looking at the image, and it pleases me.

I look out of the window, and see two pigeons, sitting together on the ridge, one turning its neck towards the other, cooing. I blink, and dive again, into my thoughts. There is the image, wonderful as always, looking right at me. As I close my eyes, a different feel comes over me, starting from the chest, up the neck and onto the lips and cheeks, which they fail to fight and I get a smile on my face, gentle yet saying a lot.

I wonder how the brain is able to do such things, when I realize it's not the brain that dictates this, but something else that is there, which I doubted, existed for purposes other than mentioned by science.

I see the image. My thoughts get more tangled and feelings too complex to describe, yet there is the image, as perfect as always, with so many things to say, but not a single way to tell.

7139 Abhishek, A2



म दिन प्रतिदिन काँचुली फेर्दे छु गतिशील समयसँगै संसारमा जरा गाड्दै छु दैवभन्दा शक्तिशाली कहलिँदै छु प्रकृतिको नयाँ रचना कोर्दे छु।

मैले नयाँ सुन्दर सृष्टिको आगमन गराएँ आफ्ना कार्यद्वारा जनता सामु लोकप्रिय भएँ निष्क्रिय विश्वलाई प्रगतिशील बनाएँ ठूलाठूला परियोजनालाई साकार रूप दिलाएँ।

अन्धकारलाई उषाको किरणमा परिवर्तन गर्दे हरेक क्षेत्रमा आमूल सुधार निम्त्याउँदै कष्टपूर्ण जीवनलाई सहज तुल्याउँदै ब्रह्माण्डमा आफ्नो छाप पार्दै ।

मैले संसारमा आधुनिक युग भित्र्याएँ सबैलाई आफूप्रति जिज्ञासु बनाएँ प्रकृतिमाथि विजय हासिल गरेँ म हुँ विज्ञान

९०४२ विज्ञान मणि, कक्षा १०

Living the "Not so good" Further Guy



Sometimes we make choices that we often appear to be firm about. Embedded inside our hearts, we find ambivalent feelings that question our judgments. We stumble on fear that we don't actually wish that it rises. The moment is imperative and we make choices in a blink of an eye. But as we roll on with time, things don't go as we expect. But who shall we blame?

This feeling had become an integral part of my Budhanilkantha life. And that feeling, prevalent every second, could come only from a choice that relates to the ever accompanying aspect of my life – Academics. Well, it was my subject choice- one of few most prominent decisions that one has got to take in life.

From my juvenile years, I was a mediocre Math student. But deep down, I felt I possessed a secret love for numbers and Science. Not Biology thoughdiagrams have always been my worst and the "diseases" chapters still give me Goosebumps. Money has no distinct attraction to me, so I never thought of joining the Business or Economics group. And what choice was I left with? I choose Further Mathematics. "Was I sure?"-I didn't even want to think about it.

And that was it. I was introduced to three dictionary sized Mathematics books in my very first lessons. Having been flipped through some pages in the initial days, the complex problems were literally Chinese to me. I couldn't reveal what meanings under lied in them. But I could at least deduce that the days ahead were not going to be lively.

Every lesson would increase our conceptual dimension by magnanimous degrees that nobody was accustomed to. Mathematics was in the air. And the sense of rigor evoked by the volume of problems haunted me every moment. Every day would pile a new stack of homework. It was fine to most of my classmates who were truly in love with the beauty of Math. But I was a tortoise who took abnormally long to grasp things in classes. And for the home work, I have spent innumerable prep time and quite time trying to crack a single question like a code breaker toiling to decipher an enigma.

I remember leaving classes with awful "I understood nothing" feeling. Sometimes in the middle of lesson, I felt that I was not looking in the black board. Rather, it was a vast emptiness. The class works would be like auction bidding. Friends often announced and tallied their answers to check who made it. The angles were always deceiving. The sign errors, the formulae played bloody "Catch me if you can" game in my head. But I was no Tom Hanks who could capture that. I seldom got near answers. Above all, it was bitter for I didn't meet the expectation of a teacher who resembles true Mathematical brilliance.

Then came the exams. For my entire life, I had never felt the uncertainty and fear on entering exam hall that day. The saga of despair caught me in her arms. The paper required instant intelligence. But I, obsessed with just hard work and hard work, could narrowly manage pass marks. And that has continued for all of exams since then.

I think, Further Math requires three core principles to an extraordinary extent-interest, intelligence and hard work. The first one-I am not sure about it. I never was. The second one-I hate it. Our education judges us upon how fast we can think and I will not support this in my entire life. Till today, the third principle is what I am holding



on to. This is the beacon that shined in my life and thanks to it for I have come this far. And I have progressed.

These days, often, puzzled by the complex traps lying beneath the problems, I peek through my window to steal a view of lively soccer games that my friends are indulged with. The moment is pressing and I must sacrifice my leisure to keep strides with the class and its progress. But in mid of these home works, when I stare at those soccer games I think that my decision to study Further Mathematics is perhaps the wisest decision that I took. I am dazzled with what hard work has actually brought to my life. I am baffled looking at the fruits that hard work has really bore me. This has inspired me to work even harder, fly even higher. This has taught me to think a thousand times before I make a decision.

But even today, the first two principles don't apply to me. I hate the way that education judges my intelligence. I hate the way that people judge me on the basis of my performance in mere three hours of exam. And believe me- I may be the only PCF(Physics, Chemistry and Further Math combination) in ages who hates Mathematics.

But Bhais and Bahinis! If you think that the three principles really apply to you, Further Math will be your right choice.

7140 Abijeet, class A2

After 10



The best moment of everyday life for me and my roomies begins from 10 at night to 6 in the morning. This is the period provided for us to get some rest but usually gets invested in gossiping.

Every night after 9:45 all the students in the dayroom will be staring at the wall clock, trying to avoid even a single extra blink in dayroom. At night you could even find some joining their hands, with their eyes closed, may be praying to the God to make the hands of the clock run faster. All the 98 eyes would be expressing their desire to sleep. After a whole 360 seconds long wait we are finally allowed to go to the room. All the students travel hurriedly to their rooms as if they were away from running а psychopath with a gun. By the time all the work is completed it would be around 10:30 and we tuck ourselves inside the warm, cozy and pulent beds.

My room is composed of all type of people but none can be defined as silent. We may be giddy, noisy, lazy, clumsy and every thing else but not silent. So, as soon as we tuck ourselves inside the bed all the desire to sleep gets compressed and something urges us to speak. If you ever happen to eavesdrop our rooms you may be astounded about all the critical thinking we do. Basically the topic would be about "How much we miss our cell phone? And would probably start comparing and rating our siblings"

Not only this much, we also gossip up to late night about the dishes we can cook and end up making poems, ball and ditty. However the best topic to babble past night is 'Is our school really coeducational? Is Nepal truly rich in water resource? Will the status of Nepal economy ever improve? By the time our gossips come to a halt, some of my roommates would be whineing, snoring, drooling and even sleep talking. Whereas the small hand of the clock will be striking number one reminding that we need to wake up after only 5 hours.

Our gossips may usually start by mocking someone or you may even find it to be a typical women gossip but we end up as a responsible, earnest and intellectual politician discussing about how to develop the boundaries and security system of the country and the school itself. This is how we invest our night. What about you?

1006 Unnati, class 9



The boy closed the gate behind him as quietly as he could, and ran. He ran as fast as his legs could carry him on a cold winter night, paying no attention to his bearings. The wind whooshed around him cold and freezing the surface of skin where his tears had trickled down his cheek. But, he heeded not to his own bodily needs and instead chose to follow his heart. The darkness was where he could let all his feeling out, even when there was nobody to listen. His own jacket could do nothing but slightly decrease the effect of the wind that brought the freezing cold along with it. As the cold slowly crept inside his jacket, he reduced his pace to a walk.

He had run without realizing how much time had passed, or how much distance he covered, but he then realized how tired his legs had grown. And, on the cemented staircase below the gloomy shutter of a

The Dark Night

random shop, he sat down. The stone was cold and made his whole body go numb as he sat thinking about his conditions. He pondered for quite a while but the answer was clear- he could go no further. He was taking heavy breaths, watching his breaths turn into mist right in front of his eyes. And a pang of regret sprouted inside his heart. As he sat beneath a starless sky, the only light coming from a streetlamp far down the road, he broke into sobs, uncontrollable sobs.

The boy thought he could run and survive away from those who seemed to hate him, but now he lay trembling in the cold; hungry, tired and freezing. A sense of guilt ran down his stomach as he stood up, his feet still aching, his hands still shaking and his bottoms still numb. How stupid he had been! He should never have run away. And now, run he did, but towards that place he had run away from. The dark buildings towered over him, making him feel insignificant, taking away his hope. He stopped to look around, threatened by the hopelessness induced in him by the towering gloomy buildings. As some cats purred from one corner of the city and a dog barked a shrill yelp, the boy came to a realization that he was lost.

And here he was alone. trembling not because of the cold, but from fear. As he slowly sank into despair, a silver light fell on him. When he looked up to see its source, he beheld the sight of the magnificent moon, parting the clouds to bring its silver light to the hearts of the hopeless and the lost. And the boy's spirit awoke again. When he heard a crackle from a nearby alley, he ran towards it. It had to be . . . fire! The boy saw the fire and rushed towards it. Beside it was a homeless man, his ragged clothes barely covering his chest, warming his hands above the warm fire flickering at the bottom of a trashcan. The wood, paper and whatever dry tinder he had used to build the fire were crackling to give a pleasant light and comforting warmth. The man looked up and spoke. "Who are you, boy?"

The boy remained silent, but replied after a while. "Can I sit down here with you?" When the man nodded, the boy sat down on a pile of bricks beside the man and thrust his hands over the fire. And he finally asked, "Can you take me back home?"

8045 Siranta, Class A1

The awakened life in BNKS



The teacher was not in the classroom. Everyone was moving here and there. One shouted, "Three minutes left." I had been waiting for this moment the whole day but those three minutes were like an eternity.

This was our life in BNKS; wait for the last bell on Friday so that we could be free. The movie show and cultural programs were worth waiting a long with supper time. I woke from worldly dreams every day and lived my day. I still remember cursing God when I was in demerit list. It was the saddest moment of my life but it taught me to work harder. But in the end I learned, all the things are not as I wish for. I worked hard to lift myself higher and wished to put out the destructive fire.

We did not do new things each day but we learned different lessons. What I realize now is that we don't need to have materials to be happy. Now, I thank the same God since I do well in my academics these days.

I live in a world run by desire but I know that we have to take decisions not based in desires and work hard to achieve what we want. I know if the one whom I love doesn't want my love, then I won't cut a deal with love and run. After all, love contains the meaning of despair. Love and despair are the turning points in our life.

Now, it's already been four years since I joined Budhanilkantha School. I have learnt and grown and known many things due to my new family, BNKS.

2029 Nirmal, class 8



त्यो एक मिनेट



नेपाली नागरिकले रमाउन पाउने त्यो दिन

सबै मानिसले आफ्नो परिवारसँग बिताउने त्यो दिन

हुन त मन पराउँछन् सबैले त्यो दिन तर एक मिनेटले गर्दा भनियो कालो दिन त्यसलाई ।

काँप्यो जमिन, उडे चरा, ढले धेरै घर यसै बिचमा परेर मानिस गए एकदमै पर

मानिसहरू कति मरे कतिले पाए दुःख त्यस एक मिनेटले गर्दा पाएन कसेले सुख ।

नेपाल प्रहरी दिनरात खटी मानिसहरूलाई खोजे विपत्को समयमा उनीहरूले राम्रो काम रोजे

मानिसहरू त्रसित भए घरबाट भागे राति-राति चौरमा पनि बास बसे।

धरहरा भत्कियो, मन्दिर भत्के, घट्यो हाम्रो चिनारी

बस्यौँ हामी प्रदूषित ठाँउमा मनलाई मारी मारी

थियो हाम्रो सामु यो एउटा ठूलो बाध्यता

कसले बुभितिदिन्थ्यो र हाम्रो मनको व्यथा।

आऔँ हामी प्रार्थना गरौँ त्यो एक मिनेट नफर्क्योस् यस ूदेशम्। पुनः निर्माणको कार्य

अगाडि बढोस् अब् हामी एक भई नेपालको विकास

गरौँ त्यो एक मिनेट बिर्सेर नयाँ जीवन सरु गरौँ।

२०८९ अभिजीत, कक्षा ८

Ohno! Again



I entered class eight after long vacation with pride. I was glad that I had made it. Moreover, to leave my memories of class 7 back and to look forward to my life was a hard time for me. It gave me chills when I remembered the days back prior to the exams.

It was such a fun in class eight. Everything was interesting and a new experience to be the most senior batch of the Lower Secondary Level. Even though there were some difficulties, I was pushing myself through. And then, the moment came, which I was afraid of the most. Once again the moment had come when there would be zeroes in the paper. And you might have guessed it as well. Yes, you are right it's exams; frightening experience as tough as climbing Mt. Everest. And to my amazement this time there would be no names on the paper instead we would be using symbol numbers. The idea made me excited.

Finally, it was the time of exams. The exams were going down in turn as if we had bowled in a pub and hit a strike. And the words that used to stick in the mouth of every student was "Oh no! I spoiled it again," symbolizing how worse exams were for them. As the days passed on, the exams were finally over but not to forget many more to come. After six months there would be another one.

2004 Abhinam, Class 8



मेरो विद्यालयको वातावरण

कति राम्रो छ हेर हाम्रो विद्यालयको वातावरण धेरै सन्दर भएको राम्रो ज्ञान दिएको । ग्रुहरूछन् धेरै राम्रा साथी सबै राम्रा हाम्रा पढछन धेरै विद्यार्थी सबै हुन् हाम्रा साथी। खेल्नलाई छन् मैदान ठुला गुरुहरूले सिकाउन् हुन्छ ज्ञानगुनका कैरा ग्रुहरूले दिन्हुन्छ अमृत जस्तै ज्ञान साथै बुभाउनुहुन्छ के हो जीवन-दान । पाइन्छन् धेरै किसिमका राता सेता फूल विद्यालयको नियम तोडेर नगरौँ है भुल। हरिया छन ती पात कलम समाउने ती हात गुरुले दिन्हुन्छ ज्ञान त्यसैले गुरु हाम्रा भगवान् ।

४१०५ हरिचन्द्र, कक्षा ६



भगवान् प्रतिको आस्था

उमेर सानै भए पनि व्यवहार भने उसको पाको नै छ । सायद परिस्थितिले नै यस्तो बनाएको होला उसलाई । रोगी बाबुलाई जेनतेन मद्दत गर्न अगाडि बढ्छे ऊ । बाबुलाई भने छोरी विद्यालय गइदियोस् पढिदियोस् भन्ने ठूलो इच्छा छ । रिनालाई पनि त पढ्न-लेख्न मन नभएको होइन । ठूलो सपना बोकेकी छ । भविष्यमा डाक्टर बनी आफ्नो बाबुको उपचार आफैँ गर्ने विचार र सपना छ । तर परि स्थितिले र भगवान्को सहायताबिना उसको सपना सपनामै सीमित रहला ।

आज त्यस सात वर्षे बालिका मन्दिर मा गएर दियो निभाउँदै छे। सधैँ आफैले जलाउने ती सन्दर दियाहरू आज तिनै कोमल हातबाट निभिंदैछन् । बाब्लाई रोगले च्यापेर भननै बेहाल छ । मद्दत माग्दा सारा गाउँलेले वेवास्ता गर्छन । उपचार गर्नका लागि पैसा छैन । त्यसैले पनि होला बिचरा रिना सधैं आफ्नो आमा मान्ने ती देवीको मुर्तिप्रति आफ्ना सारा रिस र व्यथा पोखिरहेकी छ । भनिरहेकी छ " हे देवी मेरो एकमात्र सहारामा पनि किन आँखा लगाउँछयौ ? किन ?" खै. आज त देवीले पनि त्यस निर्धन बालिकाको पुकार सुन्छिन होला । सुन्नु पनि पर्छ । भगवान्प्रति रहेको ती नाबालिकाको आस्था, उसले भोग्नपरेको पीडा र उसले भोल्न्परेको सङ्घर्ष देखेर आज उसलाई पक्कै मद्दत मिल्नैपर्छ। नत्र त्यस बालिकाको आँसको श्राप भगवानलाई पनि लाग्ला ?



Secret of Happiness



The ultimate goal of human life is to attain happiness. Since the history of civilization, man has been striving for happiness. Animals, birds, fish and other creatures including human enjoy full contentment and happiness. But, most of the time Human beings struggle for happiness. People think that happiness always runs after everybody like a shadow, but they do not see or feel it. It's just that some people don't recognize the real essence of happiness. People think the way to find happiness is expensive houses or cars or other things. But the real happiness is when people learn to reduce their desires and to be in harmony with one inner self and with nature.

"Happy are those who dream and are ready to pay the price to make them come true"- is rightly quoted and it sums up the essence for a happy life.

2028 Lujin, class 8

"हे देवी ! फेरि पनि धोका, फेरि पनि विश्वासघात् किन ?" घर नजिकैको देवीको थानमा गएर रिना आज फेरि कराइरहेकी छे । गहभरि आँसु भर्दै देवीको मन्दिरमा आफ्नो कोमल हृदयका कुनाबाट निस्केका शब्दहरू बर्साउँदै छे । पाँच वर्षको उमेरमा नै आफ्नी आमा गुमाएकी रिनाले, जीवनको छोटो

गुमाएका गरनाल, जावनका छाटा अवधिमा नै धेरै संघर्ष गर्नु परेको छ। घरमा बाबु र ऊ मात्रै त्यसमाथि त भन् बाबु बेरोजगार । बिहान बेलुकाको खाना पेटभरि नखाई दिन बिताइरहेकी छ त्यस सात वर्षे बालिकाले ।

बाबुको टाउकामा ऋणको भार, त्यसमाथि पनि क्यान्सरको रोगी । बिचरा ! कस्तो अन्याय त्यस सानी बच्चीलाई "कस्तो हुने होला उसको भविष्य ? कसले गर्ला उसको भविष्य ? कसले गर्ला उसको पालनपोषण ? बच्चैदेखि हरेक थरीका बाधा-अड्चनको सामना गर्दै आएकी त्यस बालिकाले कस्तो बाटो रोज्ली जिन्दगीमा ?" यस्तै-यस्तै विभिन्न प्रश्नहरूले भरिपूर्ण छन् गाउँलेहरू । तर त्यस बच्चीलाई एक गाँस खाना दिन भने कसैका हात अगाडि बढ्दैनन् । मुख मात्र चलाउँछन ती निष्ठरी गाउँलेहरू ।

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भगवान् तिमी कहाँ छौ ?

सैयौं पटक मन्दिर धाएँ, हजारौ पटक गिर्जाघर कयौ पटक मस्जिद गएँ, पाइन मैले तिम्लाई तर ब्रह्मा भन्छन् अरे तिम्लाई कोहीले चाहिँ महेश्वर अल्लाह, यशु पुकार्दा पनि "हजुर" भनेनौ तिमीले तर ।

गीतामा पनि तिम्रै नाम कुराणमा नि तिम्रै गुणगान बाइबलमा पनि तिमी नै रै छौ, त्रिपिटकमा तिम्रै बखान हिन्दू, मुस्लिम, इसाईहरू, धेरै छन् तिम्रा सन्तानहरू बुद्धिष्ट, जिउज, सिखहरू तिम्रै प्यारा खानदानहरू ।

हजारौं पोजले फोटो खिचेछौ, फोटो पनि थरिथरि कुनैमा कसमा भुन्डिएछौ, कुनैमा लड्डु हातभरि गाडी तिम्रा अचम्मका मुसा, गरूड, बाघ अरे ।

मन्दिर जाउँ या गिर्जाघर देखिन्छन् तिम्रा मूर्तिहरू "सबैलाई आशिर्वाद दिन्छौ अरे" भक्तजनका फूर्तिहरू मनोकाइक्षा पूरा गर्न तिम्रै नाममा दान चढाउँछन् पुरस्कार पाउँछन् यिनीहरूले, यिनीहरूले नै मान कमाउँछन् ।

देखेको छैन तर पनि भगवान् मैले तिमीलाई कतै भगवान, भगवान, नाम मात्रै गुन्जिरहन्छ जताततै राधे राधे, जय कृष्ण, हरे शिव, हरे राम नम शिवाये, हरे-हरे, हरे गोविन्दम्, हरे श्याम ।

भन्नै पर्छ, आज तिमीले तिमी कुन लोकमा छौ ? तिमीलाई देख्न नपाउँदा हामी सबै शोकमा छौँ सत्ययुगमा देखिन्थ्यौ अरे, कलियुगमा कता हरायौ कि यता आउँदा बिचैमा पो बाटो बिरायौ ।

कति लुकेर बस्छौ भगवान पृथ्वीमा आउन तिमी सत्ययुगमा जस्तै सबलाई शुद्ध बनाउन तिमी कहाँ छौ मात्र भने पुग्छ लिन आउला म नै बरू धर्मका नाउँमा तिमी नहुदाँ बढ्दै छन् यहाँ पापहरू ।

तिमीले गाउने भजनहरू जान्दैनन् तिम्रा पुत्रहरूले ऱ्याप गाई भयाप हुने जीवन बाँच्ने सूत्रहरू रे यति आउने बाघको छाला, कपडाको यतिमा सरेको छ ताण्डव निकै भयाउ भो रे, यिनलाई हिपप मन परेको छ ।



सतीको देशमा पति फेर्दै हिड्छन् यहाँ नारीहरू महादेवले खाने धतुरोले भरिन्छन् यहाँका बारीहरू सीताको यो जन्मथलोमा शीलाहरूको घुँइचो लाग्यो वान पिस लगाई हिड्छन् यहाँ, साडी भने भूँइमै रह्यो ।

संस्कृत पढी कमाइने धर्म पनि बिजनेस भयो देउकी बनाई मन्दिरमै चेलीहरूको किनबेच भयो नरिवल तिमीलाई चढाएर थालिन्छ अवैध धन्दाहरू यिनीहरूको नै जीत हन्छ, फरफराउँछन् फन्डाहरू ।

पैसाले पण्डितको च्यातिन्छ गोजी, पाउँदैन खान भिखारीले गाली गलौज भिखारीलाई नै, पैसा चोर्न सिकारी रे मूर्तिमा भार्छन लिटरौं दूध, पर्दैन थोपो टुहुरोको मुखमा बालबालिका नाइ्गै यता, दोसल्ला उता पीपलको रूखमा ।

तिमीले गर्दा भगवान हामी सन्तानहरू तड्पिदै छौँ भगवान सगवान हुन्नन भन्ने अविश्वासमा भड्किदै छौँ ढिला नगरी भगवान तिमी पृथ्वी मै आऊ बरू खुला हृदयले बोलाउँदै छौ हामी तिम्रा भक्तजनहरू ।

मेरै घरमा बस्नु तिमी खालि छ घरमा भगवान कोठा तिमी आउन बाँकी छ यहाँ फोटा छन् तिम्रा धेरै ओटा सँगै बसौला, सँगै बाँचौला, गरौला धेरै धर्महरू संसारबाट पाप हटाउला, गरौला राम्रा कर्महरू ।

भहै लिन आउला बरू, तिमी जहाँ छौ भन्नै पर्छ भगवान तिमीले, तिमी कहाँ छौ ?

९१०१ रिवाज, कक्षा १०
Whatever may betide









I tried hard to forget those days; The days we had been together, The memories which I thought would last forever.

But Alas, I am always a failure Failed in the past, and jinxed at the present. Failed to recognize what friendship means I would sacrifice my happiness, For his single smile, I would accept hatred Rather than our departure. I had always been a friend to his sorrow And a stranger to his faults. Yes, a complete stranger to his bestiality I was driven away by the fake friendship we had, And now the world is crumpled up faking to be a star. Sorrow and disloyalty is all it has, Had I known what friendship means Watching tears in one's eyes, I would have never said "Whatever may betide, we are friends forever."

जताततै हरियाली छ, छैन कुनै खाली ठाउँ वीर गोरखालीहरूको मुलुक भनी चिनिएको सानो गाउँ हरेक नेपालीको रगतमा बगेको छ नेपालको माया डाँडापाखा, छहराले दिन्छन् नेपालीलाई छाया । स्वर्ग जस्तै छ: भेष, भाषा र संस्कृतिले सजिएको उत्कृष्ट छ सबै कुरामा, संसारभरि फैलिएको धानको बाला भुलेको चराचुरुङ्गीको सुमधुर स्वर हिमाली भेग नवरड्गी डाँफे मुनालले गर्दा चिनिएको छ । एउटा साभा छानो छ, स्वच्छ र निलो आकाश संसारभरि फैलिएको छ ज्ञान विज्ञानको प्रकाश अनगिन्ती पवित्र ठाउँहरू छन् विविध छन् हाम्रा भेष यही परिचयले गर्दा चिनिएको छ सुन्दर शान्त देश ।

1128 Muskan, class 9

२०७३ सेन्चेन, कक्षा द

Budhanilkantha School

आमाको **माया**

मेरा आँखा रसाए। निकै परिवारको न्यास्रो लागिरहेको छ। यस सम्पूर्ण सुविधाजनक विद्यालयमा पनि मलाई केही कमी लागिरहेको थियो। आमाको स्नेह !

भरखरै एक घण्टाको लामो लाइनमा बसेर घरमा फोन गरेर आएँ । आमाले मेरो हालखबर सोध्दा मैले हलुका रूघा र खोकी लागेको छ भनेर के मात्रै भनेको थिएँ, आमा त चिन्तित हुनुभयो । उहाँले तातोपानी खाऊ, टोपी, थर्मकोट लगाऊ आदि इत्यादि भन्दै मलाई अर्ती दिनुभयो ।

आज बल्ल मैले आमाको माया महसुस गरें। माया गर्नुहुन्छ पक्कै थाहा थियो तर यति गहिराइमा सोचेको थिइन । यति माया गर्ने आमाको माया अफसम्म गहिरिएर बुफेको रहेनछु ।

अरूको लाख भन्दा आमाको काख नै प्यारो हुन्छ । मैले थाहा पाएँ: एक आमाले आफ्नो छोरालाई सानो चोट पर्दा पनि कति चिन्तित हुनुहुँदो रहेछ । म त कुपुत्रै रहेछु । देवीरूपी आमासँग तरकारी मिठो भएन, टिभी हेर्न पाइन, पैसा पुगेन भन्दै भर्केर रिसाउँछु । आमा त सहनशीलताकी प्रतिमूर्ति नै हुनुहुन्छ । बिहान जाडो, चिसोको पर्वाह नगरी पँधेरो जाने, पिढीं लिप्ने, भैँसी दुहुने र चिया तयार पारेर हामीलाई उठाउने राति उठेर जाडो हुन्छ कि भन्दै सिरक ओढाइदिने, टाउको ढाकीदिने, यस्ता भगवानको भन्दा महान् भाव आमामा बाहेक अरूमा हुनै सक्दैन ।

आफ्ना दुःख र पीडालाई लुकाएर, छो राछो रीलाई केही दुःख, अप्ठ्यारो छ कि भन्ने भावना आमामा हुन्छ । आफ्नो एक स्वार्थ पनि नसोची कसरी छोराछोरीको भलाई हुन्छ । कसरी उनीहरूलाई खुसी पार्ने जस्ता कुरा सोच्ने र सधैँ आफ्ना छोराछोरीको भलो चाहने आमा नै हुनुहुन्छ । आफ्ना छोराछोरी नहेपिऊन्, पछि नपरून, सधैँ अग्र पड्तिमा रहून् भनेर चिताउने आमा हामीले खोजेर, किनेर पाउँदैनौँ । हाम्रो दुःखमा रोइ दिने, सुखमा सबैभन्दा बढी खुसी हुने आमा हाम्रालागि भगवान नै



हुनु हुन्छ । हाम्रा हरेक पाइलामा साथ र हौसला दिने र नराम्रा पाइलालाई असल मार्गदर्शन गराउने आमा हुनुहुन्छ ।

यति धेरै महान् गुण र लक्षणले भरिपूर्ण, आमालाई माया गरौँ सम्मान गरौँ । उहाँलाई दुःख नदिऔँ । उहाँलाई बृद्धाश्रम होइन कि मनको आश्रममा बास दिऔँ । ताते ताते गरी हिँड्न सिकाएको, सँगै सँगै सानोमा खेलेको, आधा पेट खाएर खुवाएको र आफ्नो न्यानो र संसारकै प्यारो ठाउँ काखमा बसाएका जस्ता क्षणलाई आफ्नो मस्तिष्कमा ठाउँ दिएर आफ्नी जननीलाई सदा खुसी र सुखी राखौँ । जननी जन्मभूमिश्च स्वर्गादपी गरियसी !

१०८९ बिनित, कक्षा ९

बूढानीलकण्ठ श्कूल

भाग्य



समयको अविरल प्रवाहमा तोरीपानी गाउँमा कयौँ मानिसहरू मृत्युको मुखमा परे । यसरी दिनानुदिन त्यो सानो विकट गाउँमा मृत्युको संख्या बढ्नु भनेको चानचुने कुरा पनि थिएन । शान्त परिवेश र सुरम्य पर्यावरण त्यो गाउँको बिशेषता मात्र नभएर पहिचान पनि बनेको थियो । यस्तो अमरपुरको टुका जसरी रहेको त्यो गाउँमा मानिसहरूले मास छर्न गएको खबर सुन्दा सबैको मन खिन्न हुन्थ्यो । त्यस्तो हृदयविदारक घट्नाले सारा गाउँमा त्रासको वातावरण सिर्जना गरेको थियो ।

विगत दस वर्ष बितिसक्दा पनि कुनै व्यक्तिले त्यस्तो मृत्युको र हस्योद्घाटन गर्न सकेको थिएन । त्यही गाउँमा त ऊ त्यति बहादुर पनि थिएन तर उसको स्वभावमा कति पनि भय नफल्किने भएकाले उसलाई सबैले निडर ठान्थे । बुवाआमाको एक्लो सन्तान र त्यसमाथि पनि छोरो भएकाले बिशेष गरेर ऊ आमाका लागि धनमाथिको रातो गेडी नै बनेको थियो । आमाले

उसलाई दिएको माया उसका लागि निकै महत्वको हुन्थ्यो किनभने बुवा सहरमा काम परेर धेरैजसो समय छोरासँग बिताउन नसकेको भएर पनि आमाले नै बुवाको प्रेरणादायी भ्मिका खेल्नुपर्थ्यो । गाउँकै नदीनाला, रूखहरू, छहरा-पहरा र शैलहरूसँगै ऊ पनि बढुदै गयो । ऊ जतिजति बढदै गयो त्यति नै घमन्डी पनि बन्दै गयो। आमाको ममता उसका लागि कुकुर का लागि घिउसरह भइसकेको थियो । उसको यस्तो व्यहोराले आमालाई कति चिन्ता पर्थ्यो भन्ने कुराको अनुमान नै लगाउन सकिँदैन । एक मात्र तन्ज र त्यो पनि आफूबाट यसरी टाढिएको देख्दा आमाको मन ज्यादै रून्थ्यो । तर पनि उनी हिम्मत नहारी छोराप्रति माया जनाइरहन्थिन । आमाबाट भावनात्मक ढङ्गले अलग हुँदै गइर हेको हर्केले बुवाको सोधखोज पनि गर्दैनथ्यो । यसरी दिनहरू बितिर हँदा हर्केले आफ्नो प्रवेशिका परीक्षा पास गरेर अब अफ पढनका निम्ति गाउँबाट सहर जाने निर्णय गऱ्यो। आमाले उसको केही कुरा टार्न सक्ने थिइनन्। एकातिर त छोरा आफूसँग रिसाउला भन्ने भय अनि अर्कोतिर छोरा सहर गएपछि कहिल्यै नफर्किने हो कि भन्ने चिन्ता हॅदाहॅंदै पनि उनीले हर्केलाई सहर जान दिइन् र हर्के एक तरिकाले परदेशी भयो। हर्केले पोखरामा आइसकेपछि आमालाई एक कल फोन सम्म पनि गरेन किनभने उसलाई कहिल्यै आमाको एक्लोपनको कट् अनुभव हुन सकेन । आमा भने यता छोरो कहिले आउँछ, कहाँ बस्छ, के गर्छ भनेर सोच्दै आफ्नो समय बिताउँथिन् । आमाले हलाकीलाई

चिठी लेख्न लगाई छोरालाई दिनका दिन कति चिठी पठाउँथिन तर हर्केलाई सहरको प्रदुषित हावाले यति छोइसकेको थियो कि उसलाई कहिल्यै चिठीमा के लेखिएको छ होला भन्ने जिज्ञासा पसेन । अभ उसले त यता सहरको संसारमा यति बाहिरी संसारलाई भुलेको थियो कि उसले प्रवेशिका परीक्षा भ्याएपछि सँगै बसौँला र रमाइलो गरौँला भनेर ब्वाले भनेको भनाइसमेत बिर्सिसकेको थियो । एकदिन सबेरै गाउँका मुखियाले हर्केकी आमालाई एउटा नमिठो खबर भन्न भनेर हिँडे। हर्केकी आमा बिहानै पँधेरोबाट पानी ल्याउने गर्थिन । मुखियाले हर्केको बुबाको बस दुर्घटनामा परेर मृत्य भएको खबर ल्याएका थिए। अनि हकेकी आमा भने पँधेरोबाट घर फर्किर हेको बेला मनमा छो़राको यादमा ड्बेर जङ्गलको बाटो फर्कदैं थिइन्। उनको साम् अचानक एउटा ठूलो बाघ आयो तर उनी छोराको यादमा यति ड्वेकी थिइन् कि उनीले चिच्याउन नपाउँदै बाघले उनीलाई प्रहार गरेर त्यहीं ढाल्यो । उनीलाई थाहा थिएन पँधेरोको बाटो गाउँ फर्कनेको साटो उनी छोराको यादमा भावविह्ल भएर त्यहीँ घना जङ्गल जहाँ मानिसहरू धेरै मर्थे त्यहीँ गइर हेकी थिइन । यता आफ्नो पतिको मृत्युको खबर सुन्न नपाउँदै उनले मृत्य् ग्रहण गरिसक्नु परेको थियो।

उक्त सहरमा छोराले मोजमस्ती गर्दे समय बिताइरहेको थियो। उसलाई आफ्ना बाबुआमाको केही वास्तै थिएन। एकदिन कोठा सफा गर्न लाग्दा उसले आमाका करिब ४०



पत्रहरू फेला पाऱ्यो अनि उसले फाल्नअघि आमाले के नै लेखिन होला र भन्ने सोचेर एउटा पत्र पढयो। त्यो पत्रमा यस्तो लेखिएको थियो "प्रिय छोरा, तिमीले मलाई छोडेर गएको दिनबाट मलाई भोक र निद्रा लाग्न छोडेको छ । तिमीले पगेपछि एकपल्ट खबर पनि गरेनौ। अब तिमी बुभने भइसकेका छौ त्यसैले बबा र मैले निर्णय गरी भएजति सबै घर-जग्गा तिम्रो नाममा गरिसकेका छौँ। अब आउने शनिबार तिम्रो बुबा पनि गाउँ आउने भएकाले तिमीलाई पनि आऊ है भन्नका लागि यो पत्र लेखेकी हुँ। तर तिम्रो पढाइमा असर हुन्छ भने तिमी नआए पनि केही हँदैन । मन लगाएर पढ्नू, आमाब्बालाई कहिल्यै घृणा नगर्नु है ।"

यस्तो पत्रले उसको पाषाण हृदयलाई भालाले हानेर फोरेको ढङगाजस्तै बनाएको थियो। भित्रबाट नै उसलाई आमाप्रति करूणा जागेर आयो अनि ऊ गाउँ फर्क्यो । गाउँ फर्किएपछि ब्बा-आमा द्वैको देहावसान भएको खबर सुन्दा उसलाई भाउन्न भयो । त्यसपछि उसले आफुलाई सराप्यो. आफ्नो भाग्यलाई धिक्कार्यो । आमालाई भेटन आएको हर्केले बबाआमाको लास जलाउन पऱ्यो र संसारमा अब एक्लै बाँच्न पऱ्यो। त्यस दिनबाट हर्केले राम्रोसँग बभयो पारब्धले मानिसको जीवनलाई खेलाएको खेलाई गर्छ भन्ने कुरा। भाग्य र नियतिले गर्दा आफ्नाबाट टाढिन् त पऱ्यो नै अनि जिन्दगीभर ट्हरो जीवन बिताउन्पऱ्यो ।

८९४४ दीक्षित, कक्षा ए वान

Internet: Curse or Boon



Internet is a worldwide network of computerized devices and servers. Around the world, about three billion people use internet. More importantly, internet is one of the most popular mediums of communication. The organization that provides the internet facilities is called internet service provider.

There are many advantages of internet. First of all, internet provides us information on almost every subiects. Whether its science, mathematics or other subjects, internet has all the information and we can use it to gain knowledge. Moreover, with rising trend of online business we don't need to visit crowded store especially during festive season. We can make online purchases at bargained price. Before making any purchases we can check online for users' reviews of products we intend to buy. Thus, this really helps to save our time and energy. Similarly, we can use social media application on our mobiles and other electronic gadgets. In this way we can connect with our friend and relatives. Next thing is we can apply for different jobs through online applications. In similar manner, internet is one of the major sources of entertainment. During our idle time, we can listen to music or watch a video. Although there are lots of advantages of using internet there are disadvantages too.

Firstly, not all the information in the internet is correct. There are websites giving out wrong ideas which are being blindly followed by people. With increasing use of internet cyber crime is also taking its toll. It has especially, bad impacts on growing children and teenagers. Many people get addicted to the use of internet especially, various social networking sites forgetting their responsibilities and duties. Many kids and teens nowadays, rarely have life they were supposed to have; playing out with friends in field, soccer in parks and so on. All day their eyes are glued to laptops, mobiles, tablets. Similarly, plagiarism is another negative impact of internet. Nobody bothers to do their work when Google and Wikipedia do it all for them. In fact internet is making us lousy and enslaving US.

Yes, it's true that internet has both bright side and dark side. But we are human we do have intellect to make smart choices. We should not allow internet to hamper and distract our mind. Rather we should use it in a way that brings harmony in our life.

3114 Shristi, class 7

समयको महत्व



संसारमा धेरै अमूल्य वस्तुहरू छन् । ती मध्ये समय पनि एक हो । संसारको सबैभन्दा मूल्यवान् वस्तु समय नै हो । यसका विशेषताहरू शब्दमा बर्णन गर्न सकिंदैन । यो अनन्त र अनादि छ ।

समयले हामीलाई सफलताको शिखरमा प्ऱ्याउन्का साथसाथै प्रगतिका कुराहरू सिकाउँछ । जीवनको सही गोरेटो समात्न चाहने मानिसहरूको लागि यो एक अति आवश्यक चीज हो। समयको महत्व बभोमा र यसको सही सद्पयोग गर्न सकेमा हाम्रो जीवन सफल हन सक्छ। यसको सुरूवात कहिले भयो र अन्त्य कहिले हुनेछ भन्ने कुरामा कसैलाई पत्तो छैन । समय आफ्नै गतिमा चलिरहन्छ । यसले कसैको पनि डर, त्रास मान्दैन। कसैको लागि समय छिटो चलिरहेको त कसैको लागि यो ढिला चलिरहेको जस्तो लाग्छ । बिहानदेखि बेलुका सम्म कुटो,

कोदाली समाएर खेतमा जाने, काम गरिरहने, आफ्नो काम कहिल्यै नभ्याएको जस्तो लाग्ने मानिसको लागि समय छोटो र कुर्सी टेबलमा बसेर काम गर्ने मानिसको लागि समय ढिलो बितेको जस्तो लाग्छ । वास्तबमा भन्ने हो भने यो समान रूपमा चलिरहन्छ । समयले नै गर्दा ऋतुमा परिवर्तन आउँछ, मौसममा परिवर्तन आउँछ भने यसले नै गर्दा बालक बूढो भएर मर्छ ।

उदाहरणको लागि : यो एक बगिरहेको खोला जस्तै हो । जसरी बगिसकेको पानी पाउन सकिदैंन, त्यसैगरी नै गइसकेको समय फेरि पाउन सकिंदैन । समयको सदुपयोग गर्न नसकेमा यो हाम्रो लागि बोफ हुन सक्छ । समय नै हाम्रो ठूलो शिक्षक हो । जसले वर्तमान समयलाई मध्यनजर गरेर समयको सदुपयोग गर्न सक्छ । त्यसैले नै पछि आउने समयमा सफलताको शिखर छुन सक्छ ।

यो काम भोलि गर्छु, त्यो काम पनि भोलि गर्छु भन्ने बानीले हामीलाई नै पछि पार्छ । वर्तमान समयको सदुपयोग गर्न नसकेर, सबै काम सार्ने मानिस कहिल्यै आफ्नो जीवनमा सफल हुन सक्दैन । सबै काम पछि गर्छु भन्ने मानिसलाई पछि गएर पछुताउनुपर्छ । त्यसैले हामीले वर्तमानको सदुपयोग गर्नुपर्छ । यी कारणहरूले गर्दा नै यसको ठूलो महत्त्व छ ।

५०९७ शिशिर,कक्षा ४

Wings or Limbs



I wish I had nice little magical wings-

Instead of these wobbly limbs To fly in the bluest sky With birds like eagle and kite.

To go to the sky how fun it would be !

All the clouds and mountains I could see.

I would take a tour to beautiful heaven

And meet the gods , fairies and make friends.

Then I see my limbs

And think they are better than the wings;

Walking with wings is so odd

This is why limbs are given by god.

4023 Sangya, class 6

Budhanilkantha School

मेरो देश मेरो मनमा



हिमालको सेतो फेटा, पहाडको हरियो तराईको कछाड भोटो. शस्यश्यामला ओडेर बसेको छ मेरो देश । मेरो देश मेरो मटको टका हो । मेरो देश विश्वको भमण्डलमा सानो देखिए तापनि सौन्दर्यको खानी हो र मेरो मटको नानी हो । सगरमाथाको देश, बुद्धको देश, लडाकुको देश, भनेर चिनिन्छ यो विश्वमा मेरो देश । मेरो देश सगरमाथालाई साथमा लिएर बसेको छ । स्वयम प्रकति पनि मेरै देशको साथमा छिन् जस्तो छ । उत्तरतर्फ अग्ला अग्ला हिमालको पर्खाल लगाई स्वय प्रकति पनि साथमा जटेकी छिन्। विश्वमा गोर्खालीको नाम सुन्ने बित्तिकै मान्छेहरू काम्न थाल्छन् । यस्ता गोर्खाली, वीर, वीराङगना जन्माउने देश हो मेरो देश। विश्वमा लडाकको देश र शान्तिको देश भनेर पनि चिनिन्छ मेरो देश। मेरो देश: मेरो सर्वस्व हो । मेरो देशले विश्वमा थुप्रै नामहरू कमाएको छ। मेरो देशको नाम हो नेपाल । नेपाल यो विश्वमा बेग्लै देशको रूपमा पर्दछ र यो तिनीहरूमध्ये एक हो ।मेरो देश नेपाल विश्वकै सन्दर देशहरू मध्ये एक हो ।

देश नेपाल सानो भए पनि विश्वमा सुन्दरताले भरिपूर्ण भएको देशको रूपमा चिनिन्छ । सानो र सुन्दर देश नेपालको क्षेत्रफल १,४७,१८१ वर्ग किलो मिटर छ । मेरो देश एसिया महादेशमा पर्दछ । मेरो देशमा विभिन्न भौगोलिक कारणले तीन भागमा विभाजन गरिएको छ । उत्तरतर्फ हिमाल, मध्यतिर पहाड र दक्षिणतिर सम्म परेका मैदानहरू छन मेरो देश नेपालमा । मेरो देश नेपाल १४ अञ्चल, पाँच विकास क्षेत्र र ७४ जिल्लामा बाँडिएको छ । त्यसैगरी चार जात छत्तिस वर्णको रूपमा रहेको मेरो देशमा विभिन्न किसिमका जातजातीहरू छन । ती जातीहरूले विभिन्न किसिमका भाषा बोल्दछन । विभिन्न किसिमका पहिरन. पहिरन्छन ती जातजातीले. विभिन्न चाडपर्वहरू मनाउँछन र आफ्ना रीतिरिवाजलाई सम्मान गर्दै उन्नतिको बाटोतर्फ डोऱ्याउँछन् । सानो देशमा नेपालमा १२३ जातजातीहरू छन भने लगभग १२६ भाषाहरू बोलिनछन् । त्यसैले पनि नेपाललाई एकीकरण गरेर बहजातीय र बहुभाषी देशको रूपमाँचिनाउने राजा हुन् पथ्वीनारायण शाह । उनले पनि नेपालको लागि ठलो योगदान पऱ्याए। यति बह जातीय मान्छे एउटा सानो फलबारीमा रमाएर बसेका छन । उनीहरूमा एकता छाएको छ । त्यसैले पनि नेपाललाई चार जात छत्तिस वर्णको साभा फूलबारी भनिएको हो । नेपाल विश्वमै सानो देशको रूपमा चिनिन्छ । सानो देशको रूपमा रहे पनि मेरो देश नेपाल कलापर्ण र सौन्दर्यले भरिपुर्ण भएको देश हो । मेरो देश नेपाल मेरो लागि आँखाको नानी र सौन्दर्यको खानी जस्तै छ । विभिन्न किसिमका पर्यटकीय र धार्मिकस्थलहरूले भरिपर्ण भएको देश हो नेपाल । नेपालका सन्दर गाउँहरूको वर्णन गर्न त्यति सजिलो छैन । नेपालको उत्तरमा अग्ला अग्ला हिम श्वखलाहरू रहेका छन् । हिमालको शिरमा सेतो फेटा देखिन्छ र तल फेदबाट कलकल बगने नदीहरू बगिरहेका हुन्छन् । यहाँ त्यसैगरी बिहानको समयमा त अति अचम्मका सन्दर काल्पनिक दश्य पनि देखा

बगिरहेका हुन्छन् । यहाँ त्यसैगरी भॅने देशप्री बिहानको समयमा त अति अचम्मका देशद्रोही सुन्दर काल्पनिक दृश्य पनि देखा गरी देश परिरहेका हुन्छन् । अनि बिचको र संसारभर प्र मध्यको ठाउँमा साना र ठूला हरियाली पृथ्वीमा धैर छाएका डाँडाहरू रहेका छन् । यहाँ पार्न चाहन्ह कतै हिमालमा डाँफेचरी नाचिरहेका

छन् भने पहाडको फेदमा प्रफुल्लित २०९८ जनेन्द्र, कक्षा द

भएर लालिगराँस फलिरहेका छन । नेपालको तराई पनि सुन्दरतामा कम छैन। जताततै हरियाली छाएर बाक्ला बाक्ला हरिया वन जङगलहरू अवस्थित छन् । नेपाल विश्वमै जलस्रोतको दोस्रो धनी देशको रूपमा मानिन पनि छटटै कारण छ । हजारौँ खोलानाला र कलकल गर्दै बग्ने नदीहरूको वर्णन गर्न नसकिएला जस्तो छ । प्रत्येक वर्ष नेपालमा पर्यटकहरूको घइँचो लाग्ने गर्छ । नेपालका सन्दर भरना. छहराको तस्वीर खिच्न अति आनन्द मान्छन पर्यटकहरू। त्यस्तै भन्नपर्दा नेपालमा विभिन्न किसिमका धार्मिक र पर्यटकीय स्थलहरू छन र ती स्थलहरूले विभिन्न पर्यटकलाई आकर्षित गरेका छन् । त्यहाँबाट हामीलाई अति फाइदा पनि पगेको छ । नेपाल साँस्कतिक र धार्मिक देशको रूपमा पनि चिनिन्छ ।

दशका रूपमा पान चिनन्छ । नेपालले विश्वमा विभिन्न किसिमले नाम कमाएको छ । नेपाल विश्वमा सगरमाथाको देश, धार्मिक र विभिन्न पर्यटकीय स्थलको देश, लडाकुको देश र वीर वीराङ्गना जन्माउने देश हो । नेपाल देशलाई एकीकरण गर्ने राजा पृथ्वीनारायण शाह पनि यहीँ जन्मेका हन् । यी राजा जस्तै अरू वीर गोर्खालीहरू अमरसिंह थापा, बलभद्र कुँवर र त्यसै गरी अरू धेरै वीर वीराङ्गना जन्माएको छ । यी वीरहरूकै कारणले गर्दा नेपाल विश्वमा रहेको छ । त्यसैले पनि नेपाललाई लडाकुको देश र शान्तिको देश भनिएको हो ।

मेरो देश नेपाल हिमालको काख, पहाडको पाखा र पहेंलो कछाड ओढेर बसेको छ । अन्तमा भन्नु पर्दा मेरो देश नेपाल मेरो आँखाको नानी हो र सौन्दर्यको खानी हो । सगरमाथालाई साथमा लिएर बसेको मेरो देश मेरो मुटुको टुका हो । अन्त्यमा म के चाहन्छु भने देशप्रति नराम्रो काम गर्ने र देशद्रोही जस्ता मान्छेको नाश गरी देश नेपालको नाम म यो संसारभर प्रख्यात गराउन चाहन्छु र पृथ्वीमा धैर्य राख्दै देशको शिर उच्च पार्न चाहन्छु ।

मेरी साथी



सबै कुरामा साथ दिने उनी दुःख सुखका कुरा साट्ने उनी माया गर्थिन् सधैँ मलाई पनि कता हराइन् आजकल थाहा भएन कुन्नि ।

खोजौँ भन्छु भेट्दिनँ कतै पनि आँखाबाट नदी बग्छ मेरो अर्भें पनि सँगै स्कुल जान्थ्यौँ अनि सँगै खेल्थ्यौँ हामी ।

तिम्रो यादले तड्पाइरहन्छ मलाई सधैँ भरि म पनि तिमीसँग आउन चाहन्छु त्यो नदी तरी किन गयौ तिमी मलाई एक्लै छाडी ? म पनि आउँछु अब पर्ख है साथी म पनि आउँछु अब पर्ख है साथी ! ३१११ प्रज्ञा, कक्षा ७

This paradise



For many are the pleasant forms which exist in numerous sins, For many are the happiness which exist in those luxuries, For many is the victory which exist in the wretched platforms of the war, For many are the applauds which exist in their homely actions, Which people embrace only when they become sober, Of the mistakes that they've committed, And they will ascend to the resting place, Which no one regrets nor forgives, But first, Let's make this world alone a paradise Which for many will be the pleasant forms Existing in numerous deeds and delights, For many will be the happiness existing in only escapisms, For many will be the victory existing in The competitive platforms of the peaceful environment, For many will be the applauds existing in The honor of the deserved, Which the world will embrace and forgive, And they won't rest, Until they shoulder the endless work That are to be done in This Paradise

1017 Shreya, class 9

How does an entrepreneur think?



Nowadays youths like us who're still in their late teens aims to be an entrepreneur. Who is an entrepreneur? Why are people so interested for entrepreneurship trainings?

According to the definition made by google, "Entrepreneur is a person who sets up a business or businesses, taking on financial risks in the hope of profit." Is it?

Let me give you my definiton, "An entrepreneur is a person who organizes or manages any enterprise, especialy a business, usually with considerable initiative of ideas and risk of failure."

What it is that makes entrepreneurs work so hard. Money? Success? Autonomy? Or do entrepreneurs just have big egos?

As a will of being an entrepreneur myself, I wanted to know why others work with such persistence and dedication. Surprised? Don't be. I know that for me, it's not about money. Money is just a by product. So is it the same for others?

Not all of the entrepreneurs mentions money

as their motivator. According to my knowledge of works and some research by talks with some successful entreprenurs of Nepal. Here I got something that could be interesting for people intersted in this topic.

When I write about company culture, I often note that once money is off the because they are paid enough, it's no longer a stress point or constantly on their mind because they're paid enough, they become driven by autonomy, mastery, and purpose.

So what are entrepreneurs driven by, if not money?

Opportunity : People are motivated simply by doing great work. That's the difference, all the other stuff is gravy, but as an entrepreneur, they can decide what the work is like. What they get to do. And that's the mecca for entrepreneur.

Autonomy: Some entrepreneurs simply want to avoid the daily grind that comes along with a career that isn't self-sustaining. Fear of failure is what motivates them to keep going. They're scared of going back to corporate and being a robot again.

Freedom: "Freedom is the driver", as they say, entrepreneurs will always wants to be able to call their own shots, be in charge of their destiny, and have the ability to set their own life.

Responsibility to society: For other entrepreneurs, there are bigger societal issues driving their work. But for some, it's also about an alignment of story. As an entrepreneur, we are always analyzing the state of the world, examining the larger stories that are playing out on a macro/global level.

Change: Any entrepreneur, would like to be the change maker.

Accomplishment: Sense of accomplishment is what truly makes people happy. That's why entrepreneurs do what they do every day, to accomplish their goals, and that means being successful.

Control: Some entrepreneurs are driven by the sense of security that comes along with being in full control of their work or as some people like to call it, security which drives their entrepreneurial efforts.

I'm a big believer that money is not what drives people to work hard. If you want successful, happy workers, take a clue from what drives you. Freedom, flexibility, social responsibility, the ability to do great work? Provide your coworkers with opportunities to thrive in these areas, and you won't have to deal with workers who are motivated only by money.

Though I am just an Alevel student to be so sure about entreprenurship, but still here's a quick business tip: "Throw your money haphazardly because it's guranteed that it will come back to you, need not worry." Though this tip is quiet confusing, I am hoping that I will be able to prove it some day. Hahaha..

7077 Nayan, Class A2

बूढानीलकण्ठ स्कूल

मार्न भनी हात माथि उठायो । त्यतिकैमा त्यो खुकुरी तल आयो छ्याप् तर म त्यो खुकुरीको धारमा परिनँ । वसन्त, त्यो धारमा तिम्रो बुबा हुनुहुन्थ्यो । उनको मायाले मलाई बचाएछ तर मेरो मायाले नै उनलाई माऱ्यो । तिम्रो बावालाई आफ्नो अगाडि लडेको देखेर म पनि बेहोस भएछ ।

भोलिपल्ट बिउँभदा. उनको लासलाई घाट लगिदै थियो र मेरा अगाडितिर गाउँका आईमाइहरू भाम्मिएका थिए । म त जुरूक्क उठेर उहाँको पछि पछि लाग्थे होला, यही आशामा कि यहाँ मिलन अधरो रहेकाको मिलन स्वर्गमा होला भनेर । तर म उहाँबिनाको गन्तव्यविहिन जीवन बाँच्न बाध्य थिए किनकी मेरो पेटमा तिमी थियौ, छोरा । गन्तव्यविहिन त्यस यात्रामा म तिम्रो लगि जिउँदो बसें किनकी तिमी हाम्रो मायाको आखिरी चिन्ह थियौ । उहाँ बितेको गाउँमा बस्न नसकेर ती याद मेटाउन म तिमीलाई लिएर सहर आएँ। हो बाब, यसैकारण तिमीले हाँस्दाखेरि मात्र मेरो जीवनमा खुसी आउँछ र ओठमा हाँसो छाउँछ, किनकी तिम्रो अनहारमा उहाँको प्रतिबिम्ब छ र उहाँको त्यही प्रतिबिम्बले मलाई यस जीवनको निम्ति बाँधेर राखेको छ । तिमी रहन्जेल, म पनि त्यसैले जीवन त्याग्न संक्दिनँ ।

त्यसले बाबु, हो तिम्रो बुवा वीर हुनुहुन्थ्यो । स्कुलमा तिमीलाई छैन भने भने तिमी नरिसाऊ बरू भन्नु कि उहाँले चाहेर हामीलाई छाडेर जानु भएको होइन । यो त समयले नै उहाँको साथ चुडालेर लग्यो। त्यसैले छोरा, आफ्नो बुवालाई उच्चस्थान दिएर आफ्नो मनमा राख । किनकी उहाँले जे गर्नु भयो हाम्रो मायाले गर्नुभयो । हामीलाई नै बचाउन गर्नभयो, अरूको लागि होइन ।

आशा छ मेरा कुरा याद गर्ने छौ।

तिम्री आमा, रमा



खुट्किला चढुदै जाँदा पटकपटक मान्छेहरूको हुलमा आफूलाई एक्लो पाउँछ म । वरिपरि सबैको हो-हल्ला ख्यालठटटा सनेर पनि आफ्नो मनको गाँठो फुकाएर बिसाउन सक्दिन म । भन्दछन्, कुकुरको पनि दिन आउँछ रे तर मेरो भने अन्तरात्मा नै शिशिर मा ओइलाएर गएको फूल जस्तै भएको छ । त्यो फल फेरि वसन्तमा पलाई मे रो आउला तर मनले चिच्याइचिच्याई सोध्छ मभित्र प्राण भरेर ल्याउन सक्ने तिमी मेरो वसन्त कहिल्यै फर्केर आउँछौँ ।

पापी समयले मसँग निकै कुर खेल खेल्यो । जवानीको जोस र कलकलाउँदो बैँसको उत्साहमा पलाएको र फक्रिएको हाम्रो मायामा म त भर्खरै रमाउँदै थिए तर हाम्रो खुसीको पल च्वाट्टै छिनालेर लग्यो समयले । "नेना, तिम्रो लागि ज्यान दिन सक्छु" भन्ने गर्थे तिम्रो बाबाले म पनि उस्तै थिएँ तिम्रो बाबा सँग अलि निहुँ खोज्ने, "मर्न सक्छौ भने मरेर देखाऊ" भन्ने गर्थे । के थाहा थियो र तिम्रो बाबा मेरै लागि मरेर जान्छन भनेर ।

अभै राति सपनामा ती घटनाहरूले मलाई नराम्रो सँग रुवाउँछन् । १२ वर्ष बितिसक्यो, ती सबै भएका तर अभै सम्म त्यो कहालीलाग्दो घट्ना बिर्सिन सकेको छैन मैले । बिस्ँ पनि कसरी, त्यसले त मेरो जीवनको आशा नै मबाट छिनेर लगी दियो ।

देशमा घनघोर त्रास छाएको थियो त्यतिबेला । घामको उज्यालो सँगै माओवादी निस्केर हिँडने गर्थे। फेरि आर्मी पनि त दिनका दिन आउने गर्थे। तिम्रा बाबा र म त भर्खरै बिहे गरेका दम्पत्ति थियौँ । आफ्नै सानो संसारमा सन्तोषका साथ बसेका दुई प्रेमीप्रेमिका । राति ९ बजेको कुरा हो, ढोकामा ढयाकढयाक गरेर आवाज आयो । "जान्होस् त, ढोका खोलेर हेर्नहोस को आयो राति यति बेला?" भनेर मैले तिम्रो बाबालाई ढोका खोल्न पठाएँ । उहाँले ढोका के खोल्नुभएको थियो "ल खा ! तँलाई भाते ! तँ हाम्रो बारेमा यस्तो भन्ने ? पलिसलाई खबर गर्ने ?" भनेर केही मान्छेले तिम्रो बाबालाई हान्न थाले । यसरी कठोर ताका साथ निर्दोस मानिसलाई बानेको देखेर म तर्सिएँ । तिम्रो बाबा "ऐया !



ऐया !" भनेर कराउन थाल्न्भयो ।

"बिन्ती गर्छ म उहाँलाई नहान्नुहोस्

! भन्दै म ती मान्छेका अगाडि दयाको

भीख माग्न थालेँ। तर ती पत्थर मन

भएकालाई केही लागेन। अभौ निर्मम

तरिकाले उहाँलाई हान्न थाले ।

एउटाले आएर मेरो कपाल समाति

मलाई जरूक्क उठायो "अभै भन्छेस

यल्ले केही गरेको छैन भनेर। तँ पनि

मिलेकी छस्-यसमा । तैले हाम्रो स्वतन्त्रता र समानताको बाटोमा

बाधा पारेको छस । यो गल्तीको लागि

तिमीहरूले सजाय पाउनैपर्छ" भन्दै

त्यो मान्छेले खुक्री निकालेर मलाई

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लक्ष्य राखौँ विशाल

सबैसँग लक्ष्य भए जस्तै मेरो पनि एउटा लक्ष्य छ। म भविष्यमा गएर डाक्टर बन्न चाहन्छु। यो संसारमा धेरै रोगी मानिस छन् र ती मानिसलाई बचाउन र तिनीहरूको अनुहारमा खुसी ल्याउन चाहन्छु। म धेरै मानिसको उपचार गरेर तिनीहरूको आयुलाई बढाउन चाहन्छु। मलाई थाहा छैन की म मेरो लक्ष्यमा सफल हुन्छु की हुन्न । जसरी भए पनि म मेरो लक्ष्यलाई सफल पार्छु । हामीले लक्ष्य विशाल राख्नुपर्छ र त्यही अन्सार मिहिनेत गर्नुपर्छ ।

सबै मानिसले ठूलो लक्ष्य बनाउनुपर्छ। मिहिनेती र लगनशील मानिस आफ्नो लक्ष्यमा सफल हुन सक्छन् तर आफ्नो ठूलो लक्ष्यलाई सबै पूरा गर्न मिहिनेत गर्नुपर्छ । सपना देख्ने मान्छे भन्दा सपनाको लागि उठेर काम गर्ने मान्छेले सफलता पाउँछ । हामी सबैले आफू जुन कुरामा कमजोर भए पनि त्यसलाई सुधार्नुपर्छ । मलाई थाहा छैन म पनि मेरो लक्ष्यमा सफल हुन्छु कि हुन्न । तर पनि म मिहिनेत गर्छु । सबैले राखौँ आफ्नो लक्ष्य विशाल ।

४१२० अरूण, कक्षा ६

तर लक्ष्य ठूलो राखेर मात्रै पनि हुन्न । त्यो लक्ष्यलाई पूरा गर्नका लागि मिहिनेत पनि गर्न्पर्छ। आफूले सपना देखेर मात्रै पनि केही हुँदैन । त्यस सपनालाई पुरा गर्नका लागि सानैदेखि मिहिनेती, इमान्दार हुनुपर्छ। आफ्नो लक्ष्यलाई पुरा गर्न हामीले पढ्नुपर्छ । नपढीकन कोही पनि आफ्नो लक्ष्यमा सफलता पाउन सक्दैन। मानिस लगनशील. मिहिनेती, इमान्दार र आँटिलो हनुपर्छ । धेरै मानिसले मेरो लक्ष्य ठूलो भएर यो हुनु छ भनेर सोचेका होलान् र त्यो लक्ष्यमा कति मानिस पुगेका छन् त कोही छैनन् । मानिसले आफ्नो लक्ष्य जस्तो भए पनि त्यही लक्ष्य अनुसार काम गर्नुपर्छ । आफूले जति मिहिनेत गरेको छ त्यही अन्सार फल पाइन्छ। जो मान्छे आफ्नो लक्ष्यलाई ठूलो पारेर केही नपढी, मिहिनेत नगरी बस्छ त्यो मान्छेले कहिले सफलता पाउँदैन । धेरै मान्छेले भन्छन् की मानिसको भाग्यमा लेख्या जे हुन्छ त्यही नै हुन्छ तर म भन्छु: मानिसले आफूले जस्तो कर्म गरेको छ, त्यही अनुसार फल पाउँछ । मानिस आफ्नो लक्ष्यको सफलताको लागि सानैदेखि त्यो लक्ष्य अन्सार अगाडि बढ्न्पर्छ।



हरेक मान्छेको आफ्नो जीवनमा एउटा न एउटा लक्ष्य हुन्छ । आफ्नो जीवनमा एउटा लक्ष्य बनाउने काम त्यति सजिलो छैन । आफूले सानैमा डाक्टर बन्छु र इन्जिनियर बन्छु भन्दैमा त्यही बन्ने होइन । आफूले आफ्नो लक्ष्यको निर्णय लिँदा एकदम सोचेर लिनुपर्छ । हामीले आफ्नो लक्ष्य ठूलो राख्नुपर्छ । लक्ष्य भनेको आफ्नो काम र आफुलाई सानैदेखि मनपर्ने हुनुपर्छ । हामीले आफ्नो बाँच्ने तरिकालाई र सोचाइलाई ठूलो राख्नुपर्छ ।

सबैलाई थाहा छ जीवनमा एउटा लक्ष्य राख्नुपर्छ। आफ्नो लक्ष्य आफ्नो सोचाइ अनुसार हुन्छ । कसैलाई आफ्नो लक्ष्यमा डाक्टर हुनु छ त कसैलाई पुलिस । यी सबै कुरा आफ्नो सोचाइमा भर पर्दछ । कसैलाई पुलिस एउटा कारणले मनपर्ला त कसैलाई आर्मी अर्को कारणले । हामीले आफ्नो लक्ष्य सानैदेखि राम्रो र विशाल राख्नुपर्छ

ब्रुढानीलकण्ठ श्कूल

उता छोरीलाई भने लोग्नेले रक्सी खाएर कुट्थ्यो । अब त फन् असह्य भएको थियो उसलाई पीडाको बेला आमाको याद आउँथ्यो । दिलमाया रोगी थिइन् । भनौँ, उनी जीवनको अन्तिम पलामा थिइन् । बसुन्धराले लोग्ने छोडेर गाउँ फर्कने निधो गरी तर उसले अतीतमा गरेको गल्तीले आफू प्रतिको घृणा उत्पन्न गराउँथ्यो । तर आमा हुन, माफ गर्छिन भन्ने किताबी कुराले उसलाई गाउँ फर्कायो ।

फर्कदा, छिमेकीहरूले उसलाई घृणाको नजरले हेरे । ऊ घर पुगी । घर पुग्दा सन्नाटा छाएको थियो । माकुराको जालो थियो । मानौं एक वर्षदेखि त्यस घरमा कोही थिएन । ऊ दगुरेर आमाको कोठामा गई, त्यहाँ एउटा चिठी थियो ।

"प्यारी छोरी, मलाई थाहा छ तिमी यहाँ अवश्य आउँछ्यौ भनेर। आखिर जन्म दिएकी आमा न हुँ। यत्रो वर्ष तिम्रो बाटो हेरेँ, तिमी आइनौ । ठीकै छ जिन्दगीमा अगाडि बढ्यौ होला। छोरी पछुतो नमान्नू। अब जिन्दगीमा अगाडि बढ्नू। म अब जीवनको अन्तिम घडीमा आइसकेँ। खुसी रहनू। मेरो सपना नै तिम्रो खुसी हो। सायद मैले बगाएको आँसुले तिम्रो आँसु स्काइदिन्छ होला।

साह्नै भोक लाग्यो होला । भान्सामा चामल छ पकाएर खानु है"

तिम्री आमा

पछुतोको आँसु बगाई बसुन्धरा रोइरही। औँसीको रात सँगै जताततै सन्नाटा छायो ।

८१८६ प्रकृति, एवन

पछुतो



आजको निष्ठ्री समयले प्रत्येक घण्टासँगै दिलमायाको आँखा भरि आँसुका थोपा छचल्किएका छन् । आफ्नो पतिको निधन भएपछि उनको जीवन मरूभुमीमय भएको छ । आज नवलपुर गाउँको एउटा सानो घरबाट आँसु र आर्तनाद गुन्जिएको छ, दिलमाया रोएर बेहोस अवस्थामा पुगेकी छन् भने छोरी बसुन्धरा एक कुनामा बसेर आफ्नो बाबुको मायाले भरिपूर्ण काँधलाई सम्भोर आँसुको भेल बगाउदै छिन । छिमेकीहरू पनि आज त्यस घरमा सान्त्वना दिन जम्मा भएका छन् । निष्ठ्री समयको अगाडि कसैको केही लागेन । कालले त्यस

घरको खुसी चुँडेर लग्यो । पतिको निधन पश्चात् दिलमायाको एक मात्र बाँच्ने आशाको त्यान्द्रो भनेकै उनकी छोरी बसुन्धरा थिइन् । विगतको सबै दुःख कष्ट भुलेर अब दुखेसो गरेर छोरीलाई राम्रो शिक्षा दिक्षा दिई पढाउने दिलमायाले छोरीलाई त्यहाँको एक बोर्डिङ् स्कुलमा भर्ना गरिन् । आखिरमा एक आमाले छोराछोरीको लागि चाहेको खुसी जति यो जीवनमा कसले चाहन्छ होला र ! आमाको ममता दिव्य छ । आफ्नो छोरीको सफलता नै दिलमाया बाँच्ने एक मात्र कारण र आधार बन्न पुग्यो र यो कुरा बसुन्धराले पनि राम्रोसँग बुभेकी थिई । आमाको आफूप्रतिको सपना पूरा गर्ने उसले प्रतिज्ञा गरेकी थिइ । दिव्य सपनामै ती दुई आमा छोरीको संसार अडेको थियो । वरपरका छिमेकीहरूले पनि आमाको उदाहरण दिलमायाको दिन्थे भने छोरीको उदाहरण बसुन्धराको ।

समय वित्दै थियो । बसुन्धराले एस.एल.सी विशिष्ट श्रेणीमा उत्तीर्ण गरी । सारा घर खुसीयालीमय थियो। त्यसपछि बसुन्धराले आगामी पढाइ काठमाडौंमा पूरा गर्ने उद्देश्यले काठमाण्डौं जाने निर्णय गरी । छोरीको इच्छालाई दिलमायाले काट्न पनि सकिनन् अनि एकदिन छोरीलाई मुटुमाथि ढुङ्गा राखी विदा गरिन् ।

उता बसुन्धरा पनि मन लगाएर पढदै थिई तर सहरी हावा न हो छोइहाल्यो। खाने, घुम्ने, मोज मस्ती गर्ने जस्ता कियाकलापले उसलाई आकर्षित गरेको थियो । उता दिलमायाले पनि मेलापात गरी छोरीलाई पैसा पठाउँदै थिइन्। तर यता बसुन्धरा चाँहि कुलतमा फसिसकेकी थिई । अब बिस्तारै प्रेमको लतमा परेकी बसन्धराले पढाइ छाडेर बिहे गरिसकेकी थिई। यता दिलमाया भने छोरीको फोन कहिले आउँछ, कहिले फर्किन्छे भनेर सधैँ बाटो हेरेको हेऱ्यै गर्थिन । अभ्त भनौँ छिमेकीहरूले "कठै बिचरा" भनेको सुन्दा उनको मन भक्कानिएर आउँथ्यो। यति मात्र होइन उनलाई रोगले च्यापिसकेको थियो । छोरीको बाटो हेरि दिन बिताउँथिन्, कहिले कहिले खान्थिन. खान्नथिन् ।

Farewell Budhanilkantha



Life as а student in Budhanilkantha School is a series of milestones. We spend the first phase of our life overcoming homesickness, learning to eat with fork and spoon, getting to know our classmates and adjusting to this unique world within its majestic walls. It feels like yesterday, I started my journey from Dhaulagiri house where I met my friends and learnt to eagerly wait for Mondays, Wednesdays and Saturdays also famously known as Chic en days Being a part of this house I learnt to appreciate team work. It was where I got introduced to my very first overwhelming feeling of house spirit - let's face it; there is nothing like an opportunity to wave your house flag after winning a dance completion or swimming competition or any others. Even though it was quite scary being away from family, it was in Dhaulagiri House that I realized that surrounded with friends, I was never going to be alone – this soon became a place of comfort and my second home!

The world of Budhanilkantha is filled with endless possibilities. Along with the academic growth, early on we learnt to dance, sing, play and participate in numerous sports. We also managed to add fun to all our chores. Having spent majority of my developmental phase in Dhaulagiri, the memories conceived there became an integral part of who I am today. Sadly, our stay there came to its inevitable end and we had to move along to our new phase -Kanchanjunga! My experiences in Kanchanjunga have been memorable in many ways. I was in my seventh grade when I first moved to the house. With an exception of eighth grade that I spent in Nilgiri, I collected many memorable moments from my stay at Kanchanjunga House. It is at Kanchanjunga that I learnt to learn. Up until sixth grade, I used to study when needed. But after joining study the sessions at Kanchanjunga under the leadership of Homnath sir, I learnt to study for fun. I felt liberated and also a little mature! With all the wins and glories, memories that we created at Kanchajunga definitely holds a special place in my heart.

Gaurishankhar welcomed us as budding youngsters. We were no longer the little ones in the crowd, we had responsibilities and most importantly, our juniors looked up to us for guidance just like we did when we were younger. This is where we cultivated the sense of independence and thus, began our foray to the real world that we must face in the near future. This phase also came with a lot of lasts our last dance competition, last events along with last cultural program. Those were the moments when I really want to stop the time I wanted to stay just a little longer. Here I stand a few months away from graduation, preparing for multiple final exams, I cannot help but recount all the wonderful memories the school has given us. Countless pictures and endless stories, Budhanilkantha has been quite the journey.



Being the youngest of the three children in my family, I had the opportunity to watch my siblings go through the process of graduating from Budhanilkantha School. Both my siblings are now a members of Society of Ex-Budhanilkantha Students(SEBS) and pursuing their career. But even now when we all sit together for our dinner conversations we share fun stories about growing up as Budhanilkantha students. Despite our age differences and unique experiences at school, we all share the same affection towards our respective houses and their memories. Hence, from the very begining of my journey I knew that my education along with all other milestones at school was going to define me in the future. I feel fortunate that I got the opportunity to experience my life in Budhanilkantha. I am very grateful that I was a part of this distinctive world. I am thankful to the entire team of Budhanilkantha family for these magnificent memories. Like my siblings, I am sure 10 years down the line, I will still be smiling at all the memories we created here. Farewell!!

Who is she?



She gave life. She is mother and she is a friend. She is a sister, survivor to the end. Appreciate her, love her, and care her. Since she does all these to us She is the beauty and creation of god; The elixir in desert to quench our thirst, She cooks, cleans and works; She is the one who wipes our tears. She is a mother and she is a friend. She is a sister, survivor to the end.

7041 Swornim, Class A2 8187 Nikita, class 11

Day and Life



Morning is a new chance, The opportunity will dance; No problems and tension, It's just a start, I forgot to mention.

Afternoon is a bit difficult, Work hard but it may be your fault, Lots of new things you will discover, Till then your problems will recover.

Night should be time to be proud, For all the accomplishments and the crowd; You know it is going to end, You and your memories will defend

There is relation in life and day I can confidently say, Life is just 10%, But how you see it is 90%.

3135 Dikshya, class 7

ACT OF WAR AGAINST TERRORISM



In a gloomy night of June, scintillating search lights and vile rattling of stealthic bombers were noticed in the vulnerable sky of Raqqa. Habib Abdul and his four year old son were bombed down to death by the inhuman air strike of US against Islamic States. There are many Abdul in this world-ofunrest who have been losing their lives for no substantial reason. I repudiate the act of war against terrorism as it takes many innocent lives, leads to perennial unstability and creates a strong feeling of hatred which further escalates into worsening of the condition.

Firstly, the crusade against terrorism, just like a spinning wheel, does not have an end. It creates unrest for decades or so which is a huge amount of time in the life of a citizen. And those people who have been suffering can do nothing but hope for a sunny day which would possibly mark the end of the turmoil. The world has seen cities like Tripoli and Islamabad where people are still fighting against terrorism even after decades of the so called effective and indispensable method - WAR. So what did the war against terrorism do in these cities? One obvious answer would be that it further added to the plight of the people with more bombs, more guns and more tanks. Secondly, the war against terrorism sucks the country's economy to the fullest which culminates into the establishment of the stringent financial policies strangling its citizens to death. For instance, at present the defense budget of Syria is 80% of its total economy which means paltry 20% of the annual income of the country is used for the nation's development, or it is better to say reconstruction, and the rest goes in such a field which hasn't been able to yield the desired output, that is, extermination of the terrorists group. Instead of spending large sums on defence and nuclear weapons, they could have spent it on fighting out poverty, hunger and illiteracy. This would have made a real difference in the lives of the people

On the contrary, opponents may say that the only way to extirpate arsons is a 'tit-for-tat' policy- which means war against war. But turning the pages of history and rummaging over the black days, the act of war has proved itself to be the act of adding fuel to the smoldering flame, turning it into an incendiary conflagaration, which has robbed the lives of millions and devoured the dreams of many more. Children have become orphans, people maimed, entire cities have been destroyed, large areas of fertile agricultural land have been laid barren, many have become refugees, large numbers have lost their livelihood and sunk into poverty. These are the legacies of war.

I believe the only way to resolve terrorism is by having peace talks and coming to a logical end because the same peace talk had ended the Maoist terrorism in Nepal, terminated the Naxalist terrorism in India and Khurtiz rebellion in Upper Ukraine. These examples are, I believe, apt to show the world that war cannot negate war as it can only create enmity, jealousy and hatred. The only way to curb its effect is to act rationally.

If heads of State and religious leaders sat face to face, thrashed out the problem, made a genuine and sincere effort to find a solution, made the necessary compromises without having any ego hastles, then most of the disputes would be solved. It is better to spread the language of love, peace and understanding instead of sowing seeds of hatred and violence.

7145 Shreehar, class A2

Dashain Redefined



What comes in your mind when you hear the word Dashain? Probably, the Malashree Dhun starts ringing in your head, taking you back to those childhood days when you would spend whole day flying kites – counting the number of chaits you've made in a single day-and enjoying whole night playing cards hoping to scrounge every single penny in your friend's pocket. But is it the same today? Do we still remember that the festival of Dashain is meant to enjoy together rather than alone? I was rummaging these questions in my mind and finally did I come to a conclusion that since the past few years Dashain has taken a new look. In other words, I see a modernized and a redefined Dashain. Today too, the people enjoy Dashain (Who say they don't?). But the way they celebrate has utterly superseded those old school ways. Instead of enjoying by

playing cards, people get gratified by counting the number of likes and wows in their photos of "playing cards". Instead of refreshing themselves by flying kites in the open air, they kick their heels high on winning trophies in the raid in their newly installed mobile games. Yes, gone are the days when colorful speckles of kites used to conquer the cloudless skies above your house. Gone also are the days when the open ground nearest to your home used to be filled with people waiting for their turn to swing on the Dashain Pings. All these happened, as far as I can remember, within the last ten years (probably these changes used to occur before me too, but I cannot remember this happening so fast)

And with this pace, I see Dashain more redefined in the decades to come. After twenty or thirty years, I see people sitting in their cozy rooms, in front of their new laptops, putting tika to their relatives on their laptop screens. With the presence of popular gaming apps like Teen patti, we don't need to worry about the extinction of the tradition of playing cards . Kites, not to be forgotten , will definitely be present but limiting themselves as mere decorations in hotels and

restaurants . Moreover, the places like Whoope Land and Fun valley will supplant the people's liking towards Dashain ping . Now the only thing that remains is the family gatherings. For that, I firmly believe that an eight – hour sleep with a sweet dream of getting together with your connections will do the job.

It depends upon us, if we really want to enjoy the Dashain in its original way or to redefine it and forget its true value. If we want to celebrate Dashain the way it should've been then it's the right time to turn off the router, switch off our mobile phones and spend plenty of good time with our friends and families. Who knows if the coming year we will be able to meet them or not!

8140 Nishant, class A2



Serenity



'Nature': a word full of transfinite flavour. Its beauty and its grace can neither be hidden nor can be shattered into pieces. Like an immortal character in any fiction, it remains confident with its ever charming beauty which can never ever get exhausted. The more we see it, the more we realise it, the more our love towards it gets deeper. Sometimes, it gets into us so much that we completely get engulfed in its mesmerizing bond which possesses the ultimate power of turning the chaos into incredibility. The majestic creation leads a soul to eternal satisfaction; it fades loneliness away and grants a reason to move on to picking up the pieces.

As the spectacular sun makes it way to the horizon, it pours down glimmer wherever it touches. The whispering blade of grass and glossy leaves add infinitely rich flavour to its grace. Most of all, it's the millions of shade that has magnetic power to attract every soul dwelling in this universe.

Nothing ever in this earth can beat this majestic creation. Not even the strongest power in this entire universe has ability to modify the way it's actuating on simultaneously. It makes us fall in love with every part of it. No matter whether it's a dark nimbus or sparkling sunshine, we get to cherish each one of it till our last breath.

So isn't it worth billion dollar treasure? Isn't it providing everything we wish for? Has it not become your best company in every hard time? Then why are we so desperate to get everything out of it all at once without realising its glory?

Let's think as human, not as irresponsible greedy soul tempted to grab everything for oneself. Let's love nature because it will love us back more than we do as it has been doing all along. Let's realise its power, it's in our hand whether to keep it forever or let it go.

Narrow Escape



It was my 10th birthday. We were having our exams. I thought my day was going to be good. I went home after my exams. I got fresh and was getting ready for my tuition.

My mom stopped me and said, "Better you go after a while, the weather is not good."

I waited for a while, but the weather was getting worse. I went near the window and suddenly a roof of a house flew away and was coming near me. I got scared. The wind was getting slower. Finally the wind stopped and the roof fell somewhere else.

I thought, "What a narrow escape."

5017 Alju, Class 5

7089 Sakti, class A2





The wind broke the silence. The echoing crunch of the leaves compressing under the weight of my foot was the only sound I heard as I trudged the forests through surrounding my desolate hometown. I look up at the trees, lush with green, looming over the town and taunting as if we have nowhere to go but out here.

The smell of pine suffocates me, wrapping its cold hands around my throat, never dulling or holding back. My hot breath hit the cold air, locking as I was breathing out smoke. I wrapped my arms around myself a little tighter. My head, spinning and crashing like hurricane, recalls everyone's sobs as the men in black gave us the news.

The War Hero

to bear the news, he had left, dressed in camouflage and a large cylinder pack hanging off his shoulders the terrible war raging outside our small town. He left with a war smile reassuring words.

back. I promise"

His last words. His very, last, words. Were a lie

I sit on the damp leaves of the forest floor, a stone's throw away from a small creek. I put my hand in my pocket and wrap my fingers around a small porcelain figure. I yank out of my pocket and hold it between my fingers

A figure, dressed in camouflage just as he was hanging from a chain. Looks just like him. He slipped it into my hand, just before he had left us to protect our country. A small figure on the keychain had his hair, his eyes, his everything. It was truly him.

I sob, squeezing my eyes shut, as I hold the figure tightly remembering him. His laugh

Weeks before the men came that could brighten anyone's day, his eyes deep blue as if there was a bigger meaning to his being, his hair a deep brown mop that could never be entangled. I laugh a little, still sobbing under the tree. I then stopped laughing, "I love you all, and I will be remembering his casket, draped in beautiful blue, red and white. Our flag, symbolizing our freedom.

> Freedom. What a word to use, when we are fighting for this so called "freedom" at this very moment. That's where he went, the war. To protect his family, his home, his rights, our rights. The most important of all, he was protecting this country. The country we can call home.

> My idol, my hero, my best friend, the shoulder I could lean and cry on, the person I thought about on everything. He disappeared, he left us. He left me. Murdered, by the people who claim they'll rule the world.

7156 Satish, class A2



Before taking the plunge, I'd like to recount the write up below. The section below is just gathering of my views towards success. It's for those people seeking success. If anyone convinced with themselves as a successful person may skip the article.

You're reading further; that means you're not a successful person in your perception. OK, firstly what I want you to do is to think how ravishingly big the universe is claimed. Now, I want you to compare its importance to you; with yourself- your life. Which do you give more preference to? Obviously, your life. Isn't it? That's it. To you, your life is much more important than the most enceinte thing ever claimed. So, the course is simple. If you can lead your life as you wish; it will then be successful, else you're not. There is hardly anyone who hate success and want to avoid it rather than going for it. Beside every attempt ever attempted to attain success

Ticketto success

lies a jovial sorcery for the easiest way to grab ithappiness.

Talking about achieving happiness there are a couple of things to note for. Taking into account some issues seen in real life, there are different kinds of people who have never experienced happiness. There are people who barely follow advices of other and later regret over the loose choices of them. There are people who set about things they never want to do and finally leave it undone. There are people who follow the track of others diverging from their interests ultimately leading to a painful loss. And, there are people who wave a hand of erroneous victory with an unwatched ego still boiling inside. Even the winners are unhappy if they can't do what they prefer. Happiness is met only by those who follow their heart.

If you are heading for some choices of yours and are resisted by distractions, distractions which defy you and kick you away towards something else, and you; without thinking anything scolding the guiltless heart of yours, go to that 'something else'. Then even if you end up a winner, you can't claim yourself as a successful person because the victory of yours is not the component of your successful life as you are not happy with it. So the best way for a happy life and ultimate success is to be a slave of your heart. From outside you may look different. You may seem shy and silent or crazy and bigmouthed. People may mock you, badger you and even bait you but you only know how you actually are. That's what should make you happy. Following each and every crazy commands of your heart will make you a happy winner, a real winner-a successful person.

Summarizing the bizarre truth, I can assure that if you really want yourself happy then get mad and follow your heartyour passion. If you love reading, read all books that you can lay your hands on. If you love writing, write till you are out of spaces to write. And if you love singing, throw away books and pens and thrill the stage, rock the world. Follow your passion leaving everything behind and move on. One day I'm sure, you'll be astonished to note that you don't remember any sad days you've spent. Then you can call yourself a successful person and the world will do so too.

7002 Amrit, class A2

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