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P.․ Bax Na.: 1ロ18, Tel: 4370248, 4371837. Fax: + $5771437184 \square$ URL: www.bnks.edu.np, Email: bnks_precontenet.np

Government of Nepal
MINISTRY OA EDUCATION

Ref. No.:

Singh Durbar Kathmandu, Nepal

## Message From The Chairperson Board Of Trustees



I am immensely pleased to learn that Budhanilkantha School is publishing the 37th edition of its annual magazine 'Bhanjyang' on the auspicious occasion of its School Day 2015.

As the Chairperson of the Board of Trustees, I am happy to note that Budhanilkantha School is doing well in its efforts for making its students realize their full potential as well as equipping them with knowledge, skills, values and positive attitudes that are essential for the personal and societal development. The quality of the articles and other materials contained in 'Bhanjyang' has also convinced me that the school truly deserved the National Award received by it on the occasion of Education Day, 2014. The school is heading in the right direction upholding its ideals and philosophy in attaining its cherished goals laid by its founders. I congratulate everybody involved, directly or indirectly, in attaining these achievements.

Finally, I congratulate the editorial team for their hard work and creativity. I wish all the best to the entire Budhanilkantha School family for its further success in meeting the educational expectations of the nation and the society at large.

Bishwo Prakash Pandit Education Secretary and Chairperson Board of Trustees Budhanilkantha School

## Message From The Chairperson School Management Committee




#### Abstract

Budhanilkantha School is bringing out the 37th issue of its annual magazine 'Bhanjyang' on its 43 rd anniversary. Bhanjyang, offers a glimpse of the activities and achievements of the school. It is clear from the content of the magazine that Budhanilkantha School strives for quality education that enables its students to be equipped with knowledge and skills required for becoming successful global citizens.


The scholarship scheme of Budhanilkantha School has been instrumental in mainstreaming children from marginalized groups as well as supporting the Ministry of Education's commitment to ensuring children's equitable access to quality education in a supportive environment to Nepalese children who demonstrate exceptional talent. Therese students, who are selected from different geographic and ethnographic regions, are the aspirations of the whole country.

I congratulate the school for winning the National Award on the occasion of Education Day 2014. The credit for the success of the school goes to entire school family, including the parents and the well-wishers of the school, who are putting in extra effort and energy to ensure the success of the students. There is no doubt that the dedicated and experienced staff will continue to impart quality education to students through the use of the latest technology so that they will be able to shoulder the greater responsibility required for nation building. May our outgoing students serve in the best interest of Nepal throughout their lifetime.

I appreciate the work of the editorial team of the magazine and wish the school all the best for its success in carrying out its noble mission.


Lava Neo Awasthi, PhD
Joint Secretary and Chairperson
School Management Committee
Budhanilkantha School
February 6, 2015

## From The Pricipal's Desk



Dear Readers,
Budhanilkantha School is pleased to present the 37th issue of 'Bhanjyang', which provides a glimpse of Budhanilkantha students' creativity and their major achievements in the year 2014.

The year 2014 proved fruitful to the school. The record setting SLC results enabled the school to bring home the 'National Excellence Award' awarded by the Ministry of Education on the occasion of Education Day 2014. The excellent A-level and HSEB results, the success of our students' in the national and international arena, the quality in of the annual events of the school as well as the philanthropic activities our student clubs carried out across the country throughout the year have done BNKS proud. With special programs for underachievers, the school was able to attain greater heights in all fronts across the spectrum in the year 2014. These successes were possible only through the concerted effort of all the stakeholders - Ministry of Education, BOT, SMC, FOBS, SEBS and staff and students. My heartfelt thanks to all for the support received in taking the school forward. Efforts are being made to increase girls' population, harness the immense potential that lies in its alumni for the development of the school and to make the progress made by the school more transparent to the outside world.

I express my sincere appreciation to the Editorial Team, that has worked hard to bring out this publication. I also thank all those individuals and organizations who directly or indirectly contributed to this issue of 'Bhanjyang'. I hope the magazine will be of interest to all readers. Constructive feedback will be highly appreciated.


> Mr. Keshar Bahadur Khulal Principal

## From The Chairperson Of FOBS

FRIENDS OF BUDHANILKANTHA SCHOOL


I am pleased to learn about the publication of the $37^{\text {th }}$ edition of 'Bhanjyang', Budhanilkantha School's annual magazine through which one can see how the school has maintained itself as the Centre of Excellence.

It is indeed a matter of great pride for every student, parent, and staff alike that Budhanilkantha School runs under the Public Trust and has won widespread public trust for imparting educational quality of international repute. The fully boarding nature of the school has instilled the feeling of equality and respect for the differences among students who come from all castes and creeds and bring cultural, geographical and socio-economic diversity. The scholarship scheme for the bright and needy is a pride of the school and it must be extended. Simplicity, self-reliance, integrity, adaptability and the sense of service are some of the special traits of Budhanilkantha students that make us, the parents, happy.
The Friends of Budhanilkantha School (FOBS), as one of the major stakeholders, is pleased with the progress made by the school so far. The winning of the National Award on the occasion of Education Day 2014 is testimony to the quality of education that the school has been imparting. On behalf of FOBS and all parents, I congratulate the entire school family for this success and look forward to similar achievements in the future.
'Bhanjyang' is the students' creation. The issues and concerns expressed in the magazine by the young minds of the school have drawn my attention and I appreciate their imagination, creativity and positive outlook. Thus, on behalf of all parents, I thank and congratulate the editorial team for its beautiful creation. I am certain that you will enjoy it thoroughly.

Finally, I express my sincere thanks and gratitude to all parents and all others associated with the school for their support to the institution and to the current Ex-Com of FOBS.
My best wishes to everyone!


Mr. Harisaran Pudaisaini
Chairperson

# From The Tresident Of SEBS 

SOCIETY OF EX-BUDHANILKANTHA STUDENTS

## Greetings from the alumni of Budhanilkantha School!



It gives me utmost pleasure to share a few words on behalf of SEBS through yet another issue of this coveted magazine. Bhanjyang is the perfect representation of the school's commitment as the center of excellence. A summary of different annual events, the magazine aspiring to share different academic, co-curricular and student development activities of the students, is highly regarded in the alumnus community. Bhanjyang in itself is a memoir of our past whereby we relive our times in school.

The editorial team deserves honorable acknowledgement in continuing a legacy that is getting only better every year. The issue of this magazine not only shows different journalistic and literary qualities that the students possess, but also reflects upon the school's philosophy of overall development of its students. The contributors, writers, editors and the Bhanjyang team deserve congratulations and gratitude. Kudos! My appreciation also extends to all the supporters, sponsors and well-wishers who were there besides the team in encouraging their efforts.

Similarly this magazine also exhibits different activities that were carried out over the year. As a reader one can witness the set of values that our students have and their promises of being good citizens of the nation. These exhibits convince me of a budding new generation of talents that will continue to hold the helms of SEBS in the coming days. I have applauds for the faculty, staff and other members of Budhanilkantha School family who have been contributing relentlessly to nurturing these talents.

I would also like to take this opportunity to express my sincere gratitude to different members of the alumnus for contributing to the betterment of the school and SEBS. You have been a constant source of motivation. During the year SEBS was involved in different activities in the school and beyond. In fulfilling the triple bottom-line philosophy of serving its members, the school and the society, the executive committee of 2013-15 will continue to work in the best interest of the school and the alumni.

Best wishes,


Dr. Sneedha Mainali
President


BOARD OF TRUSTEES

Mr Bishwo Prakash Pandit Secretary
Ministy of Education Chairperson

Mr Damodar Regmi Joint-Secretary
Ministry of Finance Member

Mr Harisaran Pudasaini Chairperson, FOBS Member

Mr Suresh Acharya SEBS Representative Member

Mr Shyam Adhikari
Municipality Representative Member

Mr Keshar Bahadur Khulal Principal Member Secretary


SCHOOL MANAGEMENT COMMITTEE

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Ministry of Education Chairperson

Mr Damodar Regmi Joint-Secretary Ministry of Finance Member

Dr Bal Krishna Ranjit Kathmandu District Education Officer Member

Dr Sneedha Mainali SEBS Representative Member

Mr Gopal Prasad Dhakal FOBS Representative Member

Mr Hom Nath Acharya Teaching Staffs Representative Member

Mr Keshar Bahadur Khulal Principal Member Secretary

Mr Harisaran Pudasaini Chairperson

Mr Gopal Prasad Dhakal Vice-Chairperson

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Member
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Member
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Mrs Narendra Chapagain Acharya Member

Mr Abikeshar Kattel Member

Mr Bidur Raj Adhikari
SEBS Representative
Mr Devendra Singh
Staff Parents Representative
Mr Atiram KC
Vice-Principal (HSL)
Member
Mr Rabin Shrestha Chief Administrative Officer Treasurer

Mr Keshar Bahadur Khulal Principal Member Secretary


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## Top Row ( $\boldsymbol{L}$ to R)

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Mr K. Khulal - Principal M Ed(TU), B Sc Hon, PGCE (UK)
Mr A. KC - Vice-Principal(HSL) M Ed (TU), BE (Hon) \& PGCE (UK)
Mrs C. Dolma - Vice-Principal(LSL) MA (DU), MEd(KU)
Mr R. N. Dawadi - Outreach Coordinator MA Eco \& B Ed (TU)
Mr L. B. Rana - Scholarship Coordinator M Sc (EHU), Math Ed (UK)
Mr B R Maharjan - Guidance Counselor M Ed (TU), Sp Sc RM \& PE (UK)
Mr C Sharma - Guidance Counselor MA, B Ed \& MBA (TU)

## MATHEMATICS

Mr T K Lal - HOD
M Sc \& B Ed (TU)
Mr T L Karna (Special Teacher) MEd (TU), MA (UK)
Mr R S Mandal - Head of Makalu M Sc (TU)
Mr S Kumar - M Sc (TU)
Mr T Adhikari - Head of Gaurishankar MA (GU), PGDE (KU)
Mr P N Chaudhary - Head of Nilgiri BA (TU)
Mr B K Mallik - Head of Dhaulagiri MSc \& BEd (TU)
Mr R Kattel - Asst. Head of Saipal M Ed (TU)
Mrs M Gurung - Head of Hiunchuli BEd (TU)
Mr N Poudel - MEd (TU)
Mr S Bhattarai - Volunteer Teacher BE (PEC, India)
Ms D M Shrestha - Part-Time Teacher

## ENGLISH

Mr N Nepal - HOD - MA, B Ed (TU) Mr K Bhusal - MA (TU), M Ed (KU) Mr T R Dhakal - Head of Pumori MA \& BEd (TU)
Mrs B L Prajapati - MA \& B Ed (TU)
Mr B Sharma - Asst Head of Gaurishankar MA (TU)
Mr S Acharya - MA, M Phil (PU) \& BEd (TU)
Mrs G N Chalmers - MA (Europe)

## NEPALI

 Mr G P Acharya-HOD MA (TU), Acharya \& B Ed (MSU)Mrs P Paudel - MA \& M Ed (TU)
Mr P N Bhusal - Asst Head of Hiunchuli MA Nep and Sociology \& B Ed (TU)
Mr S B Kunwar - Asst Head of Dhaulagiri MEd (TU)
Mr B R Lamsal - MA, M Phil \& B Ed (TU) Mr G Timilsina - MA (TU) Acharya \& B Ed (NSU)

## BIOLOGY \& ENV.

Mr S Thakur - HOD - M Sc (TU), Ed Asses (UK) Mr N M Shrestha (Special Teacher) M Sc, MA \& B Ed (TU), DAES (UK)
Mr I G Shrestha - M Sc, BEd (India), MA (UK)
Mr L N Sapkota - M Sc Env (TU)
Mr P D Rai - Asst. Head of Annapurna M Sc (TU), B Ed (TU)

## PHYSICS

Mr U Adhikari - HOD - M Sc \& B Ed (TU)
Mr V K Adhikari - Head of Byashrishi MSc \& BEd (TU)
Mr B Panthi - Asst. Head of Ratnachuli M Sc (TU)
Mr T R Ghimire - M Sc (TU)
Mr K Gurung - Asst. Head of Pumori M Sc (TU)

## SOCLAL SCIENCES

Mr G P Sharma - HOD - MA, PGDPC \& B Ed (TU)
Mrs T Acharya - Head of Choyu MA \& M Ed (TU)
Mrs S Shrestha - Head of Ratnachuli MA \& BEd (TU)
Mr D Singh - MA \& BEd (TU)
Mr H N Acharya - Head of Kanchenjunga MA \& BEd (TU)
Mr N P Paneru - Head of Annapurna MA \& BEd (TU)
Mr M V Bhatta - MA (TU)
Ms N Paudel - MBS \& BEd (TU)
Mr R K Chaudhary - Asst. Head of Makalu MBS \& B Ed (TU)

## HEALTH \& PHYSICAL

Mr M Karki - HOD - BEd (TU)
Mr M B Gurung
Mr K P Koirala
Mrs S Bhujel
Mr K Adhikari

## COMPUTER SCIENCE

Mr M Amgain - HOD MCA (PU) \& B Ed (TU)
Mr T N Chitrakar
M Sc - IT (India) B.Com \& B Ed (TU)
Mrs S Lamichhane
M Sc (PU), MA (TU)

## CHEMISTRY

Mrs M Karmacharya - HOD - M Sc \& B Ed (TU)
Mr U V Kansakar - M Sc (TU)
Mr D P Kayastha - Exam Administrator M Phil, M Sc \& B Ed (TU)
Mr R K Thapa - Asst. Head of Choyu M Sc \& B Ed (TU)
Mr S Thapa - Asst. Head of Byashrishi MSc \& B Ed (TU)
Mr S K Deo - Asst. Head of Kanchenjunga M Sc \& B Ed (TU)
Mr M Adhikari - Asst. Head of Nilgiri M Sc (USA)

ARTS \& CULTURE
Mr R Manandhar - HOD
MA (Culture), M Fine Art, B Com \& B Ed (TU)
Mr D P Chapai
Drama/Light \& Sound Incharge M Mus, BL \& BEd (TU)
Ms S Koirala (Part-Time) BA in Dance (TU)

## PART-TIME STAFF

Ms Yi Qi - Chinese Language Teacher Mr G Gwachha - Gymnastics Instructor Mr Sudeep Khadka - Karate Instructor

Mr B Shrestha - Scout Teacher
Mr S Khadka - Scout Teacher
Mrs D Shrestha - Scout Teacher


## The Kilichen SlaßB凹ivh UThe G@O \& the Principol



Kumar Rai
Bhisma Raj Thapa
Rameshwor Pd Paudel
Ram Chandra Thakuri
Rajendra Khadka Talak Bdr Karki Lal Bdr Tamang Raju Ghimire Mahesh Khadka Ramji Subedi Hari Bdr Bhandari Bhuwan Singh Thapa Mani Ram Gautam Krishna Pd Acharya Min Bahadur Khadka Bir Bahadur Tamang
Kanchha Magar
Dal Bdr Magar
Krishna Bdr Lama
Keshav Thakuri Dil Bahadur Tamang Chakra Bdr Shrestha Man Bdr Rai Ram Bdr Thakuri

Catering Manager Asst Catering Manager

Store Incharge
Head Cook
Asst Head Cook Asst Head Cook Cook Cook Cook Cook Cook Cook Asst Head Baker Baker Baker Baker Head Bearer Asst Head Bearer Asst Head Bearer Bearer Bearer Bearer Bearer Bearer

Santosh Khanal
Ram Narayan Shrestha Indra Nagarkoti Chok Bdr Khadka Hom Bdr Shrestha Keshav Adhikari Om Krishna Karmacharya Sanu Bhai Dangol Hem Pd Silwal Sundar Rai Bhandra Bahadur Lama Mailee Tamang Radha Bhujel Man Bdr Tamang Uttam Kuinkel Rana Kaji Deaula Eak Nath Bastola Dev Kumar Deula Ram Bdr Tamang Kanchha Sunar Binod Maharjan Ramesh Tamang Sharmila Tamang Meenu Khadka

## Bearer

Bearer Head Masalchee Asst Head Masalchee Asst Head Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee Masalchee
Masalchee
Masalchee Kitchen Cleaner Kitchen Cleaner Kitchen Cleaner Kitchen Cleaner Kitchen Cleaner Kitchen Cleaner Kitchen Cleaner Kitchen Cleaner Rice Cleaner

# The adminidiartive \& Illibinance Stafl 

## General Office

Rabin Shrestha
Shovana Chhetri
Chameli Lama
Shivaji Nath Paudel
Sakul Khadka
Sabitri K C
Kamal K C
Navin Shah
Ranjit K C
Surya Bdr. Magar
Suntali Thakuri

## Accounts Dept.

Raju Prasad Kayastha
Kamala Thapa
Durga Shova Chitrakar

## Library

Kamal Prasad Ghimire
Shubhadra Pradhan
Reju Sharma
Damber Bahadur Air
Lahoratories
Ram Krishna Shilakar
Niraj Man Singh
Sunita Adhikari
Ishwor Lamichhane
Anil Kumar Lamichhane

## Health Care Center

Mira Bhattarai
Chamal Sara Giri
Swosti Shrestha
Usha Pandey
Ajita Pyakurel
Gyan Maya Shrestha
Maina Shrestha

## Security Section

Navaraj Pandit
Bhoj Bdr Thapa Shift Incharge/Security Guard
Krishan Bdr Deauja Shift Incharge/Security Guard
Gopal Bdr K C
Shyam Bdr Gurung
Prithivi Man Tamang
Ganga Gurung
Saraswoti Pandit
Sukman Tamang
Raju Lama

Cheif Administrative Officer
Principal's Secretary
Office Secretary
Exam Secretary
Office Messenger
Receptionist
IT Technician
IT Technician
Office Messenger
Painter/ Photocopy Operator
Office Cleaner

## Chief Accountant

Accountant
Asst Accountant

Head Librarian
Asst Librarian
Jr Librarian
Jr Asst Librarian

Lab Technician
Lab Assistant
Lab Assistant
Lab Assistant
Lab Assistant

Head Matron Matron Matron
Clinic Assistant
SHCC Didi
SHCC Didi
SHCC Didi

Head Security Guard Security Guard
Security Guard
Security Guard
Security Guard
Security Guard
Security Guard
Security Guard

## Transport Section

Bir Bdr Tamang
Sukra Pd. Khatiwada
Arun Moktan
Indra Tamang
Tom Raj Paudel
Maintenance Section
Dhruba Lamichhane
Bishnu Paudel
Kumar Khadka
Bhim Bdr Budhathoki
Anand Thapa
Raju Tamang
Ram Bdr Shrestha
Badri Nath Paudel
Sanat Gurung
Laxman Tamang
Rajendra Shrestha
Kedar Basnet
Durga Bhakta Silakar
Krishna Bdr Tamang
Laxmi Sundar Chauguthi
Babu Kaji Bamanu
Achyut Pokhrel
Prabin Rai
Lal Bahadur Karki
Kanchhi K C

## Handimen

Maila Tamang Kanchha Gole Tamang
Kanchha Tamang
Chandra Bahadur Karki
Chandra Bdr Tamang
Sanjeep Bhujel
Sweeper
Dhan Bdr Pode - Head
Suk Lal Pode
Jiwan Lal Pode
Bhij Lal Pode
Ram Pd Pode
Ganga Maya Pode
Shanti Pode
Raj Pode

## House Didi

Nirmala Tamang - Head
Sita Ojha
Chandra Thapa
Sabitri Devi kandel
Urmila Karki
Yam Kumari Thapa

Head driver
Driver
Driver
Vehicle Helper
Vehicle Helper

Maintenance Officer
Store Manager
Store Keeper
Head Plumber
Plumber
Asst Plumber
S Pool Operator
S Pool Operator
Head Electrician
Electrician
Electrician Helper
Junior Electrician
Head Carpenter
Asst Carpenter
Asst Carpenter
Asst Carpenter
Welder
Welder Helper
Gardener
Lab Cleaner

Ganesh Dahal
Capsang Lama
Shiva Hari Kandel
Jivan Khadka
Nar Pode
Nar Bahadur Raut
Rupa Pode
Uday Devkota
Sunil Pode
Shree Krishna Pode
Nirmaya Sunuwar
Bikram Deaula
Yam Bahadur Adhikari

Bhagwati Khadka
Chandra Maya Magar
Bimala Thapa
Kamala Malla
Lila Nepal
Shiva Maya Shrestha

## 凹ith The cด○ \& the Principal



## Club Prexidlenka

## With The Vice-Principol



5124 Prasiddha(HFC), 5123 Nischal (Biodiversity), 5081 Rihen(Env.), 5086 Samriddha(Math), 5072 Okin(Interact) 5048 Cindy(Leo), 5038 Binike(Red Cross), 5144 Surgj(Awareness), 5059 Ankit(Science), 5077 Prasanna(dot NET) 5085 Saket(DADC), 5143 Lirona(SFON), 5152 Anamike(FYE) 5037 Ashu(STAR), 5146 Priyanka(Creativity), 5190 Aakrit(FICUS), 5028 Pratikshya(Social Service)

 5007 UFirb 5035 nisha 5043 Grishima 5001 Yobin 5019 Shreebi
 5091 Saugat 5185 Shomroop 5052 Shirulf 5748 Iffecbirha

## Ifademic Preftacth



5183 nirchal 5181 Jectendra 5020 Rafan 5013 Bifing 5217 Surendra 5186 Sufon 5026 Prarhantia 5080 Arhilerh 5205 Anond 5177 Suban 5163 Ramerh 5184 Ronart 5061 Anurag 5175 Siddhank 5160 Jiran 5153 Ojarui 5149 Palfirtha 5158 Snynafina 5195 Soffo 5047 Reayn 5196 Richo 5192 muna 5203 Gaurar 5108 Gryjial

Deputy Captairis - 5011 Bijay, 519\% Marisi, 5175 Sidehant (Agademic Captain) House Captains - $507 / 1$ Kushal, 5007 Uisab, 503 S Nishar, 5045 Grishma

## Subjects Prize Winners 2013/2014



| Class 9 |  |
| :--- | :--- |
| English | 7069 Chandra |
| Nepali | 7069 Chandra |
| Mathematics | 7069 Chandra / 7041 Swornim |
| Science | 7037 Akriti S / 7079 Nikhil |
| Social Studies | 7074 Kuber |
| Health \& P. Edu | 7120 Sujan |
| Comp. Science | 7079 Nikhil |
| Opt. Maths | 7037 Akriti S |
| Geography | 7012 Binod |
| Accounts | 7010 Premraj |
|  |  |
| Class 10 | 6047 Prakriti S / 6135 Saurav / |
| English | 6095 Sumit |
|  | 6011 Dipin / 6018 Prachanda / |
| Nepali | 6086 Samvandha / 6008 Sagar |
|  | 6011 Dipin / 6082 Ravi / |
| Mathematics | 6118 Pujan / 6069 Ishan / |
|  | 6135 Saurav |
|  | 6132 Anuj /6038 Apekshya |
| Science | 6011 Dipin |
| Social Studies | 6039 Aarju |
| EPH | 6086 Samvandha / 6133 Sashi |
| Account | 6117 Nirvik |
| Comp. Science | 6022 Asmit |
| Opt. Maths | 6047 Prakriti S |

## Overall Best Results 2013/2014

| Class 5 | 2065 Omisa |
| :--- | :--- |
| Class 6 | 1090 Bibek |
| Class 7 | 9072 Samip |
| Class 8 | 8011 Avash |
| Class 9 | 7069 Chandra |

## Best Achievers in Board Examination 2013/14

## Cambridge International A-levels

First 4122 Nimish
First among girls 4052 Vipasana

## 10+2 Higher Secondary Education Board

First 4026 Sunita
First among boys 4067 Bishal

## SLC-2070

First 6011 Dipin
First among girls 6039 Arju

## College/University Placements - 2014

Roll Name College/University<br>2113 Prashant New York University, Abu Dhabi 3001 Bibek<br>3003 Samikshya<br>3005 Sameer<br>3007 Mima<br>3008 Saroj<br>3009 Sangeet<br>3011 Ranjit<br>3014 Mukesh<br>3019 Shailendra<br>3020 Anil<br>3021 Samman<br>3025 Pritha<br>3040 Bindu<br>3044 Priyanka<br>3045 Priyanka<br>3046 Rasmita<br>3047 Raunak<br>3050 Selina<br>3051 Aadarsh<br>3058 Adhish<br>3061 Ashish<br>3063 Dikendra<br>3066 Nripesh<br>3067 Sarthak<br>3071 Priyesh<br>3073 Rajat<br>3075 Rashik<br>3080 Sajal<br>3083 Manisha<br>3089 Subhay<br>3093 Surya<br>3094 Sudip<br>3096 Tashi<br>3114 Manasi<br>3118 Yadav<br>3120 Shitosh<br>3123 Prashant<br>3127 Dhruba<br>3131 Aayush<br>3132 Achyut<br>3134 Saurabh<br>3136 Amrit<br>3137 Anjola<br>3138 Anuraag<br>3139 Ashik<br>3141 Bishwa<br>3143 Nimesh<br>3146 Pratik<br>3147 Rajnish<br>3151 Sunil<br>3154 Sangam University of Central Oklahoma, USA<br>3156 Shambhavi Delhi University, India<br>3157 Yangzum Kathmandu University, Nepal<br>3159 Sandhya Randolph Macon College, USA

| Roll Name | College/University |
| :---: | :---: |
| 3163 Bikesh | Advanced College of Engg. and Mgnt |
| 3165 Skandha | Venkateswara College of Engg. India |
| 3166 Kshitiz | KUSMS, Dhulikhel, Nepal |
| 3168 Pradhumna I | Institute of Engg., Dharan, Nepal |
| 3169 Roshan | Institute of Medicine, TUTH, Nepal |
| 3170 Sujeet | Institute of Engg., Pulchowk. Nepal |
| 3171 Aditi | Smith College, USA |
| 3172 Andi | Kathmandu Medical College, Nepal |
| 3173 Pratiksha | Chitwan Colle. of Medical Sc. Nepal |
| 3175 Anushree | Nepal Medical College, Nepal |
| 3177 Ayushma | Nepal Medical College, Nepal |
| 3180 Rojina | College of Medical Sciences, Nepal |
| 3181 Doma | Hampshire College, USA |
| 3184 Shreya | Himalayan Coll. of Ag. Sc. \& Tech. |
| 3186 Srijana | Nepal Medical College, Nepal |
| 3190 Anish | Institute of Engg., Pokhara, Nepal |
| 3191 Shuvashish | Army Medical College, Kathmandu |
| 3195 Pramod | Himalayan College of Engg., Nepal |
| 3196 Kismat | The Unive. of New South Wales, Aus |
| 4028 Dipana | Manipal Coll. of Medical Sc. Nepal |
| 4033 Pratikshya | Duke University, USA (Through IB) |
| 4043 Puja | Lumbini Medical College, Nepal |
| 4052 Vipasana | Wellesley College, USA |
| 4067 Bishal | Nepal Medical College (NMC) |
| 4075 Pasang | Nepal Medical College (NMC) |
| 4082 Savrant | Manipal Coll. of Medical Sc. Nepal |
| 4092 Dipak | Saint Olaf College, USA |
| 4148 Devendra | Howard University, USA |
| 4168 Rasmita | Nepal Medical College (NMC) |
| 4170 Apurva | KIST Medical College, Nepal |
| 4171 Niza | New Horizon Engg.College, India |
| 4175 Shivali | Nepal Medical College (NMC) |
| 4183 Salima | Wuhan University, China |
| 4184 Suniti | KIST medical College, Nepal |
| 4021 Krishna | NewYork Uni, AbuDhabi-Through IB |
| 4051 Supun | K U -College of Law) Nepal |
| 4054 Aazad | K U (Computer Science) - Nepal |
| 4139 Richa | KUSOM, Kathmandu |
| 4140 Prasamsa | Thames College, Kathmandu |
| 4155 Sandesh | Manipal Coll. of Medical Sc. Nepal |
| 4164 Rupika | Nobel Medical College, Biratnagar |
| 4176 Sampada | Thapathali Engg. College, Nepal |
| 4179 Prasansha | KU College of Engg., Kathmandu |

## College/University Placement 2015

| 4065 Bhushan | Tufts University, USA |
| :--- | :--- |
| 4050 Subha | Wellesley University, USA (IB) |
| 4003 Bibek | Tohoku University, Japan |
| 4011 Keshar | New York University, Abu Dhabi |
| 3017 Prabesh | Howard University, USA |
| 3099 Ananta | Colby College, USA |
| 3135 Aawaz | Gettysburg College, USA |
| 5031 Prabha | Princeton UniversityUSA-Through IB |
| 5168 Crystal | Middlebury College, USA |

4050 Subha Wellesley University, USA (IB)
Tohoku University, Japan

3017 Prabesh Howard University, USA
3099 Ananta Colby College, USA
3135 Aawaz Gettysburg College, USA
5168 Crystal Middlebury College, USA

## BNKS News - 2014

## New Appointments:

$\square$ Mr. N Nepal has been appointed as the head of English Department while Mr. G P Acharya has been appointed as the head of Nepali Department. Congratulations! Best wishes to both of them!
$\square$ Mr. B K Malik, Mr. T R Dhakal and Mrs M Gurung have been assigned the responsibility of the Head of House of Dhaulagiri, Pumori and Hiunchuli House respectively. Congratulations and best of luck to all the new Heads of Houses!
$\square$ Mr. B Sharma, Mr. P D Rai, Mr. K Gurung, Mr. M Adhikari, Mr. R Kattel and Mr. R Chaudary have been appointed as the Assistant Head of House of Gaurishankar, Annapurna, Pumori, Nilgiri, Saipal and Makalu House respectively. Congratulations and all the best to them!

## Welcome to the BNKS family:

$\square$ We would like to welcome Mr. N Paudel and Mr. S Bhattarai to the Mathematics Department on full time and voluntary basis respectively.
$\square$ Similarly we would like to welcome Mr. B R Lamsal and Mr. G Timilsina to the Nepali Department and Ms. N Singh to the Science Department. In the same way BNKS is happy in having Mrs. S. Koirala as our part time Dance teacher.
$\square$ We would also like to extend our warm welcome to Ms. Yi Qi as a teacher of Chinese language and Ms. D M Shrestha as a part time teacher.

## Welcome back:

$\square$ Welcome back to the school Mr. S Kumar! He has returned from Norway to rejoin the Mathematics Department.

## Good bye:

$\square$ We would like to wish Mr. Mukunda Prasad Sharma (Teacher of Nepali), Mr. Toyanath Lal Karna \& Mr. Maheshwor Sharma (Teachers of Mathematics), Mr. Shivsaran KC (Gardener) and Mr. Buddhi Bahadur Pode (Sweeper) a happy retirement life.

## Happy Moments:

$\square$ Many congratulations to Mrs M Gurung, Mr N Poudel and Mr. G Timilsina who have been gifted with a baby girl, baby boy and a baby girl respectively. We would like to wish them and their family the happiest of times.

## Heartfelt Condolences:

$\square$ The BNKS family is bereaved by the demise of the fathers of Mr. R. Shrestha, Mr. R Chaudhary, Mr K Adhikari and Mr. M Adhikari. May the almighty bestow them and their family with courage to endure the loss!

## Achievements:

$\square$ This year was very fruitful academically. The school was awarded the National Award for Excellence once again. This is fifth award of this kind won by the school since its establishment. The honour has left us overjoyed, once more.
$\square$ Many congratulations to the principal Mr. K Khulal for being awarded the inspirational teacher of the year by MIT.
$\square$ It delights us to inform you that the following teachers received the national honor for excellence in teaching:

Mr. V Adhikari
Mr. C Sharma
Mr. S Thapa
Mr. L N Sapkota
Mr. H N Acharya
We express our sincere congratulations to them!
$\square 5059$ Ankit published "The Compact Book of Scientific Knowledge", the second edition of "The Sea of Wisdom". Congratulations to him, we hope to see similar accomplishments in the future.
$\square$ Similarly 5028 Sabin is congratulated for winning Tunza Eco-Generation Essay award this year.

## Establishment:

$\square$ The school feels proud in being able to establish a field of Gene Bank at the Budhanilkantha School premises this year. It has been possible with the support of USC Canada Asia.

## Editorial

We are greatly delighted to have brought out yet another edition of Bhanjyang on the auspicious occasion of the School Day 2015. The role this glorious magazine has played in the life of students as well as other members of the Budhanilkantha School family has really been immense. This edition of the magazine has definitely added more to the long legacy of the school magazine.

Bhanjyang is the platform from which to give an outlet to the creative talents of our students. This magazine not only gives the budding minds of the school an opportunity to reflect on their writing skills in a wide array of literary genres such as stories, essays, poems, plays, skits, humor and satire and so on, but it also provides other stakeholders glimpses of all the activities, events and programmes carried out by different clubs, houses and departments throughout the year. Flipping through the pages of the past and the present volumes of the magazines, one can also easily figure out where Budhanilkantha School was; where it stands today; and where it is heading towards in the future. One can easily have a clear history of students regarding how they grow here at this school in terms of their academic as well as extra-curricular achievements. With the publication of the success stories of individual students, teachers and other members of the school family, this magazine has added one more brick to the noble task of building the history of Budhanilkantha School magazine.

The success story of the school this year in terms of its academic attainments have really been unprecedented. The brilliant performance of our students in the SLC examination, many of our teachers' getting recognized as best teachers in their subjects, a large number of our graduates' getting placements in so many top-ranking colleges and universities especially in the US, and more importantly, Budhanilkantha School's getting awarded as the best school of Nepal in the year 2014 are evident of our outstanding achievements. We are genuinely proud to have recorded all these in this edition of the magazine this year!

On behalf of the entire editorial team, we would like to congratulate everybody who achieved success this year and also wish others better luck next year! We would also like to appreciate and congratulate all the students who immensely contributed to the magazine with a great variety of articles. At the same time we would also like to apologize for not being able to publish all the articles we received due to so many constraints.

All the members of the editorial team would also like to thank everybody who was directly or indirectly involved in the publication of this magazine. As always we are sure our readers will enjoy savoring the great variety of articles presented in the magazine. We would also like to take this opportunity to request all of you to provide us with your valuable and constructive feedback for the betterment of the magazine in the days to come.

Happy and enjoyable reading!

## Chiranjivi Sharma

Nawaraj Nepal
Gaby Neuhaus' Chalmers

## सम्पादकीय

निश्छल, अकलुषित अनि सुकोमल बालमस्तिष्कका तरङ्गको समष्टिका रूपमा सुवोध बालसिर्जनाको नव अङ्कुरण प्रकाशन गर्ने सन्दर्भमा विद्यालयीय वार्षिक मुखपत्र 'भन्ज्याङ' तपाइंहरूसामु पस्किएका छौं। समसामयिक सन्दर्भ एवम् गतिविधिको प्रतिविम्ब स्वरूप निर्मित बालमानसछवि नेपाली ग्रामीण परिवेश, राजनीतिक अस्थिरता, सामाजिक एवम् सांस्कृतिक आवरणमा जकडिएका विकृति तथा विसड्गति विरुद्ध शङ्खघोष गर्दै कथा, कविता, निबन्ध र पत्रका माध्यमबाट सशक्त रूपमा प्रवाहित हुन पुगेका छन् यस अड्कमा।

सुन्दर संसारको कत्पनामा किशोरवयमै घरपरिवारबाट टाढिएका बालमस्तिष्कमा नयाँ ठाउँ, परिवेश एवम् परिस्थिति मात्र होइन, राष्ट्र्रेम तथा विश्वबन्धुत्वको भावसमेत सिज्चित भएको अनुभव हुन्छ बालमस्तिष्कप्रसूत सिर्जनापुन्जमा। भविष्यका कर्णधारका रूपमा हेरिने हाम्रा बालवालिकाका रचना पढ्दा उनीहरू वर्तमानका समेत सचेत, चिन्तनशील एवम् सिर्जनशील नागरिक प्रतीत हुन्छन्। विविधताको सङ्गम बनेको बूढानीलकण्ठ स्कुलको दर्शनमा हुर्केका बालबालिकाहरूले फरकपनको अनुभूति गर्न मात्र पाएका छैनन्, दूरदराजका संस्कृति, मान्यता र परम्पराको समेत स्वाभाविक परिवेशमा अध्ययन गर्न पाएका छन् साथीसङ्गातीका माध्यमबाट। जुन कुराको प्रतिच्छ्धाया उनीहरूका सिर्जनामा भड्कित भएका छन्। विद्यार्थीका रचनालाई उनीहरूका सुषुप्त भावनाको बाह्य प्रस्तुति तथा प्रतिभा प्रस्फुरणको अवसरका रूपमा मात्र नलिएर विविध मनोभावको विरेचनको उपयुक्त चौतारी बनाउने उद्देश्य अनुरूप अप्रौढ र स्वाभाविक प्रस्तुतिलाई बौद्धिक, स्तरीय तथा परिमार्जनका नाममा कृतिम बनाउने धृष्टता गरेनौं हामीहरू पनि । सायद गमलामै सजाएको गुलाबका रूपमा प्रस्तुत गर्न सकिन्यो होला भन्ज्याडका कोपिलाहरूलाई तर जड्गली गुलाबकै प्राकृत सुन्दरता स्वाभाविक ठानेर कडा छँटाइको कुर कैँची चलाएनौँ। यसले निश्चय पनि सुधारका लागि पर्याप्त ठाउँ रहेको सड्केत गर्ने छ तथापि बालसुलभ मौलिक अभिव्यक्तिले फरक र तिख्वर स्वाद अवश्य दिलाउने छ।

हाम्रा कलिला बालमस्तिष्कका उपज प्रस्तुत सिर्जनाहरूमा आंशिक रूपमा अनुकरण र अनुलेखनको छनक पाइएला, जसलाई बामे सर्ने बेलाका सकारात्मक लक्षणका रूपमा स्वीकार गरिदिनुहुन हार्दिक अनुरोध गर्दछौं। भावनाका तन्तुमा उनिएका शब्दका माध्यमद्वारा बालबालिकाका भोगाइ र कल्पनाका अजस्रधारा नियालेर तथा अभिसिन्चन गरी अतीतानन्दको अनुभूतिमा आह्ट्लादित हुन समस्त पाठकवर्गलाई आमन्त्रण गर्दछौं । बालानुभूतिमा वहने बेला अपरिष्कारको ठेस लागेमा वा कहाँ कतै खस्रो-मसो अनुभव भएमा क्षमायाचना गदै रचनात्मक सुभावको अपेक्षा गर्दछौं। धन्यवाद !

| विषय सूची |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| S.No. | Articles | Page | S.No. | Articles | Page |
| 1 | The one | 24 |  | Battle with Chemistry | 57 |
| 2 | The Choice is Yours | 25 | 34 | I'm Nature | 57 |
| 3 | The Prophet | 25 |  | मेरो सुखी परिवारमा कसले लगायो | 58 |
| 4 | सुगा र राजाको कथा | 26 |  | हामी नेपाली, हाम्रो नेपाल | 59 |
| 5 | चरी | 27 |  | नेता र संविधान | 59 |
| 6 | पानी | 27 | 38 | Cleopatra | 60 |
| 7 | $11{ }^{\text {th }}$ IMSO, 2014 | 28 | 39 | Sweet Family | 60 |
| 8 | The Science Club | 28 | 40 | The Clown | 61 |
| 9 | Innocent Love | 29 | 41 | My Sweet Brother | 61 |
| 10 | Hope?? | 29 | 42 | हिम्मत: ठूलो हतियार | 62 |
| 11 | शान्ति | 30 | 43 | मेरो लक्ष्य | 63 |
| 12 | कलमको महत्त्व | 30 | 44 | The First Day | 64 |
| 13 | समय कि उनी ? | 31 | 45 | The Titanic | 64 |
| 14 | विकास ??? | 31 | 46 | Chhaupadi-My Story | 65 |
| 15 | World Wars | 32 | 47 | My Small Home | 65 |
| 16 | True Friend | 32 | 48 | Mother Teresa | 67 |
| 17 | Acknowledgements | 33 | 49 | My Loving Brother | 67 |
| 18 | My Cat | 33 | 50 | Wishing for Freedom | 67 |
| 19 | पछुतो | 34 | 51 | E-Sports | 68 |
| 20 | मन | 34 | 52 | Sweet Sixteen | 68 |
| 21 | गुरुलाई लाखौं नमस्कार | 35 | 53 | Act of Inspiration | 69 |
| 22 | Fear of a Man | 36 | 54 | Walking with an Open Zipper | 69 |
| 23 | Hoping to See...... | 36 | 55 | Neither Ahimsa nor Vegan | 69 |
| 24 | Nature's Ballad | 36 | 56 | स्वागत: नयाँ युग | 70 |
| 25 | How My Sister Died | 37 | 57 | तिम्रो आशामा म | 70 |
| 26 | मेरो विरोध: मेरो उद्देश्य | 38 | 58 | Those Days | 71 |
| 27 | देशको विकास | 39 | 59 | Hope I'll Get a Ticket to Heav | en 71 |
| 28 | सानी सानी नानी | 39 | 60 | The Dreamer Boy | 72 |
| 29 | OMG It's..... | 40 | 61 | Your Love | 72 |
| 30 | Plants | 40 | 62 | Trip to Shivapuri Stupa | 72 |
| 31 | She | 40 | 63 | What is Love? | 101 |


| Table of Contents |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| S.No. | Articles | Page | S.No. | Articles | Page |
| 64 | मान्छे, हुनुको अर्थ | 102 | 95 | Family | 140 |
| 65 मेरो | मेरो संसार | 102 | 96 | GodSpeed! | 140 |
| 66 दय | दयालु आमा | 103 |  | खुशी | 141 |
| 67 | मेरो अठोट | 103 | 98 | जिन्दगीका आशाहरू | 141 |
| 68 T | Thrice a Week and Math Olympiad | 104 | 99 | यो देश हाम्रो | 142 |
| 69 | Joy of a Nature | 104 | 100 | दलित भन्ने नगर | 142 |
| 70 | 35 \& 29 | 105 | 101 | Love: A Disease | 143 |
| 71 | Not Every Story Ends Well... | 105 | 102 | Villanelle: | 143 |
| 72 | Innocent | 106 | 103 | The Man in The Bus | 144 |
| 73 | The Bus Ride | 108 |  | सरकारलाई मेरो पत्र | 145 |
| 74 | वेदनाको सागर | 110 |  |  | 145 |
| 75 | गुटुमुटु | 110 | 106 | That BNKS Moment! | 146 |
| 76 | हाम्रो कर्तव्य | 111 |  | cal Looks to Make | 147 |
| 77 | Who Am I ? | 112 |  | pal Looks to Make |  |
| 78 | A True Friend | 113 |  | My Frst Art Workshop | 148 |
|  |  |  | 119 | Pokali Waterfall | 148 |
|  | ‘मृत्यु: एक प्रश्न ?’ पर्दा अगाडि र पछाडि | 114 |  | Determination | 148 |
| 80 | जीवन के हो ? | 115 |  |  | 149 |
| 81 | साथीको सड़्त | 116 |  | गठ | 140 |
| 82 + | म र प्रतिबिम्ब | 116 |  | हाम्रो देश नेपाल | 149 |
|  |  |  | 113 | कहाँ हरायो शान्ति ? | 150 |
| 83 | मैले सकिन | 116 |  |  |  |
| 84 | जागिर | 133 |  | मन लाग्यो मलाइ | 150 |
| 85 | जिन्दगीको यात्रा | 133 | 115 | A Journey to Excellence | 151 |
| 86 | मेरो विद्यालय | 134 |  | When You Ignored Me | 151 |
| 87 | साथीको महत्त्व | 134 | 117 | My Pets | 152 |
| 88 | देशमा शान्ति आउँछ कि अब त ? | 134 | 118 | Adventure is Fun! | 152 |
| 89 | The Game of Fate | 135 |  | Siblings; Love or Rivalry | 153 |
| 90 | The Royal Shoemaker | 136 |  | The First Day | 154 |
| 91 | The Road: A Silent Teacher | 137 |  | Friends | 155 |
| 92 | They Say... | 138 |  | The Joker | 155 |
| 93 D | Death Wish | 139 |  | Penalty | 155 |
| 94 | My Pet Tom | 140 | 124 | परिवारको प्रतीक्षामा म | 156 |



Prithivi Narayan Shah. What strikes your mind when you hear the name of personalities like him? It's obviously their gravity of deeds, their patriotism and contribution to make Nepal a better place.

The Nepalese need to take a leaf out of the book from exemplary personalities. Their sense of patriotism is highly appreciable. There has been an awful increment in the number of people flying out for permanent settlement, probably attracted by the luxurious lifestyle out there. But what they tend to forget is the land that brought them up is Nepal. If every productive citizen sets their mind on going abroad, who will be the future Nepal?

Undoubtedly, the colors that our ancestors have thrown and the bravery that they have reflected have become our identity. However, there has to be a change now. After all, for a true Nepali, to sit idle extolling and boasting about the glorious past of ours is unacceptable.

The fallacious leaders of today are doing nothing effective but dispersing the dreams of thousands of Nepalese. The effect of their irresponsible behavior to the country's image is rather pathetic. Moreover, the only thing that we are proud of is our past. So, the question arises, ' Why aren't we being able to stand out today?' Most of us are known for our weaknesses and mistakes. But the only difference is that few of us are trying our level best to cover the loss authorities have made while some are cowards, covering our faces, flying out of borders and forgetting their duties. How simple is that?

However, the solution is not cancelling all the flights and bringing back Nepalese because it's high time we learnt some technologies and skills from developed countries. So, every one of us must understand the objective of our education, which is to develop one's life and give back whatever we learnt to the nation. Yet again, I am not criticizing the leaders of Nepal for the condition in which our country is,because the power of changing one is within oneself. So, what Nepal needs is not only constitution, but responsive and patriotic citizens who devote themselves with sincerity to embellish the nation with their creative ideas.

We have resources; we are blessed with the happy

Himalayas and playful Terai, we have foreigners' eyes set on us. We are small yet so united. So, from each of our sides, there must be an attempt. As a teacher, teach the students about country's love before telling them how undeveloped we are. As a father, dare to discourage your children from settling out of borders. As a youth, try to make a difference. And as students, concentrate, seek as much knowledge as you can. You can make use of them later to create a stronger and happier Nepal.

If you can serve other countries and accept whatever they provide you with, why not stay back and generate some idea on your own? If you are jealous of the technologies that other countries have, why not try and learn them and have them here? If you can die for money and tolerate humiliation at some stranger's office, why not respectfully earn some here? The questions are many, the only solution is to slacken the complaints and start working. After all, a country needs a leader, a responsive leader and you reading this might be interested to be THE ONE.


The Choice is Yours


Life is not just happiness and pleasure; it is also pain and despair. Unexpected things happen. Sometimes everything turns upside down. Bad things happen to good people. Some things are beyond control, such as physical disability and birth defects. We cannot choose our parents, or the circumstances of our birth.

For instance, on a clear day, there are hundreds of boats sailing in all different directions in a lake. Even though the wind is blowing in one direction, the sailboat is going in different directions. Why? It depends on the way the sail is set, and that is determined by the sailor. The same is true with our lives. We can't choose the direction of the wind, but we can choose how we set our sail. We can choose our attitude even though we cannot choose our circumstances. The choice is either to act like a victor or a victim. It is not our position but our disposition that determines our destiny.

It takes both rain and sunshine to create a rainbow. Our lives are no different. There is happiness and sorrow. There is
the good and the bad, dark spots and bright spots. We cannot control all the incidents that happen in our lives, but we know how we should deal with them.

Well, to sum up, when things go wrong, as they sometimes will, you can react responsibly or resentfully- the choice is yours.


The Prophet


To begin with words,
And end with applause.
To carry the burden,
And lead the way out.
To stand alone, barefoot And yet, head held so high!

To speak the truth, be bitter
Or sweeten the world, be sugar
To cure the ill, be a nun Or drive away the ghost Hold your gun.

To kill distrust, keep your oath, And harness your thoughts, Though you suffer, Hold the hands which have been offered.
And offer yours as well, In return of the favor,
Be harsh, if you ever have to,
But do not be a miser!

Wait a while but use your brain, Don't just leap at once.
For success is far beyond the horizon,
And there's morality to take as a stance.

Shed tears if you have to, And bid farewell to your love.
But remember you are of a brotherhood,

And yield love to make us human!

Shovel your field and sow the seed,
And water and weed it too.
For men are known for their muscles,
So yield energy to save us all!

The world has changed ever after,
And it keeps on changing a while.

To learn to struggle, and complain
To fall again, but blame no one
To make yourself a better human,
All that is required is determination!

Join the hands of your fellowmen, And create an energy field. To electrocute sin from earth And salvage mankind at once, All you need is a strong heart, Filled with total determination!

д0ん6

सुगा र राजाको कथा


जङ्गलमा धेरै सुगाहरू बस्थे। तिनीहरूको एउटा समूह थियो र त्यो समूहको एउटा मुख्य सुगा थियो। सबै सुगाहरू त्यही सुगाले भनेको मान्थे। एकदिन त्यो जड्गलमा एउटा सिकारी सिकार गर्न आएछ। त्यसले सिकार गर्दा त्यो सुगाहरूको मुख्य सुगालाई जालमा पारेछ। ती सुगाहरूले आफ्ना मुख्य सुगालाई बचाउन केही गर्न सकेनन्। सिकारीले त्यो मुख्य सुगालाई आफूसँग सहर लगेर बेच्नका लागि आफ्नो दोकानमा राख्यो । त्यो सुगा त्यो देशको राजाको नजरमा पच्यो र राजाले त्यो सुगालाई किनेर आफ्नो दरबारमा लग्यो। त्यो गालाई राजाले बडो प्रेमले पाल्यो र उसको ध्यान चाहिँ आफ्ना अरू सुगाहरूतिर थियो। त्यता जङ्गलमा अब को मुख्य सुगा बन्ने त भनेर छलफल गर्न थाले र एउटा सुगाले "आफ्नो मुख्य सुगाको आदेशको पालना गरौं र उहाँसँग नै यसको उत्तर माग्न जाओँ" भन्यो। सबैले यो कुरा माने र आफ्नो पहिलेको मुख्य सुगाको खोजीमा निस्के ।

दुई-तीन दिनपछि उनीहरूको खोजीको अन्त्य भयो र तिनीहरूले आफ्नो मुख्य सुगालाई एउटा राजाको दरबारमा

भेटे। उनीहरूले राजालाई पहिले भेट्ने भनेर निर्णय बनाए र राजाकहाँ गए त्यहाँ सुगाहरूले राजालाई सबै कुरा भने र अन्तिममा गएर यो अनुरोध गरे कि हाम्रो सुगालाई हाम्रो ठउँमा लग्न दिनुहोस्। त्यहाँ हाम्रो मुख्य सुगाले, हामीमध्ये को मुख्य हुन काबिल छ त भनेर छान्ने छन् र काम समाप्त भएपछि हामी हजुरको सुगालाई फिर्ता ल्याइदिन्छों। यो कुरा पहिले राजालाई पचेन, पछि उसले सोच विचार गयो र सुगाहरूलाई सोध्यो "तिमीहरूले यो सुगा फिर्ता ल्याउँछौ भने म तिमीहरूको इच्छा पूरा गई्छु।" सुगाहरूले यो कुरा स्विकारे। यी कामहरू गर्दा एक हप्ता बितिसकेको थियो। त्यता राजा पनि अब त्यो सुगा कहिले आउँछ भनेर पर्खिरहेको थियो। त्यही दिन, त्यहाँबाट अरू सुगाहरूले त्यो पहिलेको मुख्य सुगालाई पठाउन लागेका थिए। उनीहरूले राजालाई धन्यवाद दिन त्यो सुगासँग अमर बन्ने फलको बीज पठाए।

राजा सुगालाई कुरिरहेका थियो। र उसले त्यो सुगालाई आइरहेको देख्यो। उनले सुगाको मुखमा एउटा बीज देख्यो। उसलाई त्यो बीज

सुगाहरूले उपहारको रूपमा पठाएको जस्तो लाग्यो र बगैंचामा रोपे ।

छ महिनापछि त्यो बीज एउटा रूखमा परिणत भयो। त्यहाँ फलहरू पनि फले। यो देखेर राजाले भने "यो रूखबाट फलेर भुइँमा खसेको पहिलो फुल म खान्छु र त्यसपछि, जनताहरूलाई पनि खुवाउँछु।" यो सुनेर सुगा पनि खुसी भयो। जाडो महिना आइसकेको थियो। त्यसैबेला एउटा फल रूखबाट भुइँमा खस्यो। त्यो फल एउटा सर्पको दुलो अगाडि खस्यो र सर्पले विषालु दाँतले त्यसलाई टोकेर विषालु बनाइदियो । अर्को दिन पालेले त्यो फल खसेको देख्यो र उसले त्यो फल राजालाई बुकायो। राजाले त्यस फललाई हेयो र उसलाई कालो डाम देखेर शङ्का लाग्यो। त्यसैले उसले त्यो फल अलिकति टुका पारी आफ्नो कुकुरलाई खान दियो। त्यो फल खाने बित्तिकै त्यो कुकुर मयो । ऊ यो कुरा देखेर छक्क पन्यो र त्यो सुगाले उसलाई मार्न यो फल ल्याएको

त्यसपछि राजाले त्यो रूख वरिपरि कसैलाई पनि जान दिएन। यो कुरा बिस्तारै सबै जनताहरूमा फैलियो। केही दिनपछि ती जनताहरूमध्ये दुईजना बूढाबूढीहरूले पनि यो कुरा


सुने । तिनीहरू चाहिं ती जनताहरूबाट हेपिएका रहेछन् । हामीहरू मरे हुन्थ्यो भनेर उनीहरूले विचार गरे। तर उनीहरू आत्महत्या गरेर मर्न चाहदैनथे। उनीहरू कालगतिले मर्न चाहन्थे र यो फलको कुरा सुनेर उनीहरूले यही फल खाएर मर्ने विचार गरे ।

अर्को दिन तिनीहरूले राजालाई भेटे र आफ्नो इच्छा बताए। राजाले तिनीहरूलाई त्यो रूखनिर लगेर छोडिदिए र तिनीहरूले जतिसके त्यति फल खाए र राति घर गए। उनीहरू मरेका रहेनछन् परन्तु बाल्यकालमा फर्किएछन्। यो कुरा देखेर उनीहरू छक्क परे र यस कुरालाई उनीहरूले लुकाउन खोजे तर लुकाउन सकेनन्। यो कुरा बिस्तारै फैलिंदै गयो र राजाको कानमा पनि पुग्यो। यो कुरा सुनेर राजा पनि छक्क पयो। ऊ भोलिपल्ट नै ती बूढाबूढीहरूकहाँ पुग्यो । त्यहाँ उसले ती बूढाबूढीहरूलाई यो कुराको बारमा सोध्यो र तिनीहरूले राजालाई हामीले हिजो त्यो विषालु फल खाएका थियौँ तर हामी मरेनौं। भने राजा छक्क पयो र उसले सम्भ्भो कि यो रूख त सुगाले ल्याएको बीजबाट उम्रेको हो। त्यसपछि उसलाई पछुतो भयो र यस कुरालाई कहिल्यै पनि बिर्सन सकेन आफुले गरेको अपराध बोध भएपछि ऊ आप्नो राज्य छोडेर गयो। ऊ पश्चात्तापमा पय्यो र कहिल्यै पनि आफूलाई माफ गर्न सकेन ।


आकाशमा उड्ने चरी सिकारीको जालमा परी बच्चाहरू भोका परे आमा नभएर भोकले मरे ।

सिकारीले राख्यो चरीलाई नराम्रो पिँजडामा थुनी बिचरी चरी पिंजडा भित्र बस्छिन् वरिपरि घुमी।

आफ्नो बच्चाको चिन्तामा परी तिनैको यादमा आँखाभरि अनि त्यो रातमा पच्यो ठूलो पानी आमा चरी कराउन थाली जानी नजानी।

आकाशमा उड्ने चरी पापी सिकारीको जालमा परी रुँदै कराउँदै बचरी
पिंजडामा पीडाले मरी ।

## पानी

धेरै पानी खानुपई्छ है सानी यो कुरा सधैं सम्भी राख है नानी पानीको महत्त्व बुभी राख है सानी यही सधैँ सम्भेर ज्ञानी बन है नानी।

पानीलाई अर्को शब्दमा भनिन्छ जल पानी बिना बाँच्न सक्दैन प्राणी एक पल पानी हो हाम्रो जिन्दगीको खाँचो नभए हामी मर्छो，यो हो साँचो ।


नदी，नाला र खोलामा पानी छ नभएमा भने सबै सुख्वा नै सुख्वा हुन्छ स्वास्य राम्रो हुन्छ，भन्ने कुरा भन्छ पानीले हामीलाई धैरै पानी खानुपर्छ भन्ने कुरा भन्छ पानीले ।

पानी पानी यो धर्तीमा दुईतिहाइ पानी पानी खान नपाएर कति मर्छन् नानी। स्वास्थ्य राम्रो बनाउन पिउनु पर्छ पानी अमृत हो पानी，पानी हाम्रो जिन्दगानी ।


## $11^{\text {th }}$ IMSO, 2014



You may be wondering what IMSO is. Let me tell you, IMSO stands for the "International Math and Science Olympiad": a competition of science and math held annually in different countries around the world. This year, the $11^{\text {th }}$ IMSO was held in Indonesia's most noted tourist place, Bali.

12 students and 2 teachers participated in the IMSO from Nepal. I was one of them. We flew for our destination on $3^{\text {rd }}$ October, 2014. We stayed in Aston Denpasar Hotel and Convention Sector in Indonesia for 9 days.

On the very first day, we met the participants from various countries. There were participants from 14 different countries in IMSO. The very evening, we had the "welcome dinner". It felt great to taste their delicacies in the beautiful set- up of the hotel.

The following day, we had the opening ceremony where we were briefed about the program. Also we got to listen to the motivational speeches of renowned personalities of the place.

The third day was the day for the real competition. As representatives of Nepal, we gave our best in the competition. In addition to that, the organizers organized a puzzle competition for all. It was fun.

Besides the formal program, we got the opportunity to exchange cultures as we learnt the Balinese dance and performed each of our own.

On the following day, we were shown around the city of Bali. We visited an ampitheatre where cultural plays were put up for us. Also, we visited the beach of Jimbara. I'd seen such a place only on the television before. It was amazing.

On the sixth day, we went shopping for souveniers.

The next day was the day for the results. Though we could not draw many prizes home, we were satisfied as we had given our best. And so, we left for Nepal on the eighth day with a little disappointment and loads of experience and memories.

## The Science Club

Turning the pages of history, one can find that since its establishment in 1979 AD, the science club has set many landmarks. And in our tenure too, the legacy continued. We organized several programs spreading streaks of scientific knowledge and involvement in BNKS.

-The maintenance of Micro hydropower station in BNKS

Revival of the long-shut Metrological Station in Silver Jubilee Park
-Magic show (in association with FOCUS club)
-Held 'Robotics Mania', a small talk program which informed students about robotics, both practically and theoretically
-Organized "The Science Fiesta", an inter-college competition based on Robotics, science related research and exhibition


In a nutshell, with the immaculate support from the club members, the vice president, the Council of School Prefects and the coordinators, the club could have such an impeccable year. We thank everyone who supported us, and encourage everyone to be together, together for science.

## Innocent Love



I saw her as an innocent maiden
And became mad at the very moment of her sight
The daisies started blooming；
The cuckoo started singing and
The whole world cheered． So，there was I，with a letter of love
For my darling
She started with a smile and ended with anger on her face，

## So fierce，that I vividly remember her hand

 caressing my cheek and the letter being torn into thousands of pieces that fell around me one by one， each questioning the genuineness of my love And at that moment， The daisies stooped blooming；The cuckoo stopped singing and
The sky poured tears along with my eyes， putting everything to an end， but love，love I do，and never will stop loving her． なんの

Hope？？
Then and there，just like that everything comes to an end．．． after months and years of suffering when we finally think it＇s over．．．snap．．．the fragile string of hope．．．again．．．there is always a rainbow to come after a hurricane，right？But what if．．．what if in place of the rainbow that everyone looks for，comes a death－like silence， the one that deafens you， makes you wish you had never hoped for the music．．．everyone knows－the problems in life don＇t end．．．you keep on fighting with every single breath．．．but what if the reason you were fighting for don＇t exist anymore．．．What if after all the tears you have shed and all the thorns you＇ve walked upon give you no outcome？What if the motivation－the urge that was pushing you towards the finish line－suddenly vaporize．．．how do you make yourself cut the ribbon then？How will you still go on with the race？

How will you keep on living if one day you suddenly realize that the very reason of your existence doesn＇t itself exist．．．？ How will you survive if you don＇t know what for？People might say，＂Just move on－your life awaits you＂but how can you move on when you＇ve left everyone．．．How will you fill hole in your heart that has been chiseled，a hole that nothing can fill．．．how will you build your hopes again if the bricks and mortar are no longer within your reach．．．How will you stay

standing when you have to carry the heavy burden as you＇ll live．．．？

The deep，dark，bottomless pit which will swallow everything that was of you and finally even your true self．．．That wretched hole which will digest all of you into nothingness，leaving you hollow and drained for the rest of your life．．．And what is the solution for all this you ask？ There are two paths．．．Either you don＇t let anyone enter into the deepest core of your heart．．． or you push yourself forward ignoring that dark side of yours and who knows maybe one day you＇ll be able to make that hole to be the very reason made for you to go on and who knows you will be able to find the missing piece of the puzzle one day
（－Written after reading＇Handle with care＇by Jodi Picoult）

дoas


शान्ति

२०ュっ एकता कक्षा ६


हाम्रो पवित्र देश नेपालमा जताततै अशान्ति，अत्याचार，अन्याय，भ्षष्टाचार भइरहेछ। के बुद्धका त्यत्रा ज्ञान गुनका कुराहरू बिर्स्यों त हामी नेपालीले ？ अचम्म लागछ，त्यस्ता महान् राजा जनकले ल्याएको शान्ति त आफै बिलायो। अब कसरी ल्याउने शान्ति र संविधान ？मैले भनेको कुरा कसैले सुन्तान् त ？

हो，नेपालको विकास नभएको कारण यही त हो नि । घंरैजसो नेताहरू भ्रष्टाचार गर्छन，असल भावका अल्पसङ्ख्यक नेताले मात्र के गरून् र ？जनताले पनि त आप्नो मातृभूमिको लागि केही गर्नुपर्छ । अहिलेको युगमा शान्ति नआएर र विकास नभएर जनतालाई निकै दुख भएको छ। विचरा ！ती महिलाहरूले पनि पुरुषहरूको अत्याचार र हिंसा कति सहनु，निर्दोषीले कति अन्याय भोग्नु संविधान ल्याउने भनेर माग गरेको पनि युग बित्न लागिसक्यो। जनताहरू संविधानको लागि भिख माग्छन् तर कसले बुभ्लान् यिनको कुर। मान्छेहरूले अस्पतालमा उपचार गर्न पाउँदैनन् । दिन रात महिलाहरूलाई बोक्सीको आरोपले मार्छन्। बेरोजगारीले काम नपाएपछि लागु पदार्थ सेवन गर्न थाल्छन्，एउटा

जिल्लादेखि अर्को जिल्लासम्म जाने बाटो नभएर मान्छेहरू भीरबाट भर्छन्। जलस्योतको धनी देश भएर पनि बत्ती कहीं बलेको हुँदैन । रातदिन जाँड खाने र लागु पदार्थ सेवन नगरी तिनीहरूले कहिले देशको लागि पैसा खर्च गर्लान् ？किन मान्छेहरूले धर्मबिच यस्तो भेदभाव गर्छन् ？लाटो भए पनि आफ्नो आमाको सन्तान भएर आमाबाबुको सेवा नगरी किन उहाँहरूलाई अश्रममा छोंडिदिन्छन् ？ विदेशिनेहरूले पनि त्यत्रो पैसा कमाएर अलिकति त देशको विकासको लागि लगानी गर्नु नि ！आफ्नो देशलाई विर्सिहाल्छ्छन्। यी मान्बेहरूले पनि आफ्नो संस्कृतिलाई विर्से，खै अव त के नै बाँकी छ र ！हाम्रो देश त शून्य भइसक्यो। शान्तिको पर्खाइमा कोही रातदिन खट्छन् तर कोही भने हुन त हो，सरकारले केही गर्न सकेको छैन तापनि मान्छेहरूले केही त गर्न सक्छन् तर उनीहरूको यो बुद्धि भने पलाएन，सधैं सरकारलाई मात्र दोष दिन्छन्। अब फेरि बुद्दलाई फर्काउन पाए त ．．．．．．．．．．．．．। तर के गर्नु त्यस्ता मान्छेहरे यो दुनियाँ छाडेर गइहाले नि！यो सपना त अब अधुरो रहने भयो। कसले नेपालमा बुद्ध जस्तै गरी जन्म लिई देशको शान्ति फिर्ता ल्याउला ？म एक्लैले मात्र प्रयास गरी कसरी ल्याउने यो शान्ति र संविधान ？यदि，सबै जना


एकतामा काम गर्ने भए पो देश निर्माण गर्न सकिन्थ्यो।

यस्ता कुराहरू सोच्दा म त भावनामा डुबिसकेँ，तर अब यो कसरी साकार पार्ने हो थाहा छैन ।

なoan


लेख्ने काम गाई्छ नाम यसको कलम， अज्ञानीको पीडा दूर गराउने यो मलम कहिलेकाहीं लेख्न छाडे भर्नुपई्छ मसी अनि ज्ञान छर्न सकछौँ एउटै ठाउँमा बसी ।

हेर्दा खेरी काम प्रसिद्ध पई्छ नाम यसैले गर्दा विद्वान् भनी नाम सानो भए पनि गर्छ यसले मानिसमाथि असर， पार्छ यसले मरिसकेको लेखकलाई पनि अमर।

भन्छन् जहाँ पुगदैनन् रवि त्यहाँ
पुग्छन् कवि，
कलमले बदलिदिन्छ मान्छेको छवि， कलम किन्न मानिस जानुपर्छ पसल，

नराम्रो मान्छेलाई पनि
कलमले बनाउँछ असल ।

समय कि उनी ?


समय निकै निष्ठुरी र कपटी हुँदो रहेछ । हर्षका पलहरू छोटो अन्तरालको लागि मात्र प्रदान गर्ने, अनि पीडाका पलहरू लम्ब्याउने । समयको खेल यस्तै रहेछ।

उनी नजिक आउँदै थिइन् । उनको हिंडाइ रसिलो थियो । म त्यसैमा मग्न थिएँ। एकैछिनको बातचितपछि हामी छुट्टियौं। केही दिनसम्म यही कम जारी रह्यो - उनी आउँथिन्, मिठामिठा कुराले लोभ्याउँथिन् अनि जान्थिन्, भोलि भेट्ने बाचा सहित ।

हामी नजिकिैदै थियौं। म उमङ्गित थिएँ, तर समयले मेरो खुशी देख्न सकेन । हामी टाढियाँ। उनी र मेरो बीच के-के भयो मैले चालै पाइनँ। हिजो मात्र जस्तो लाग्छ उनी पहिलोपल्ट मेरो समीपमा आएको, हामीले खुशी साटेको । आज त्यो सबै टुङ्गिसक्यो । समयसित मेरो दुश्मनी सायद त्यतिबेला नै सुरु भएको होला।
त्यसपछिका हरेक पल पीडादायी रहे। उनको त्यो हँसिलो मुहार, चञ्चले स्वभाव सब मबाट टाढा थिए। म कुनामा बस्थँ अनि उनको यादमा घण्टौंसम्म डुब्थे। मेरो बाँच्चे इच्छा समयको आहारा भइसकेको थियो ।

तर त्यो कपटी समयले ममाथि दया गरेन। दोहोचाई तेहेयाई उनकै यादमा डुबाइरह्यो।

आजकल मेरो मनमा एउटा प्रश्न छ । के ती सबै पीडाको दोषी समय नै थियो र ? म दोधारमा छु। आखिर को चाहिँ निष्ठुरी रहेछ ? समय कि उनी ? म यसैमा निमग्न छु।

д๐ぃ
विकास ???

द०ち९ चर्चित कक्षा :९


ऊ आउँछ, निद्राबाट बिउँभेर आउँछ। ऊ जुर्मुराउँदै आउँछ। प्लेटोले भनेभैं दुईगुना टाढा भएर होइन जीवनमा ज्योति छर्दै आउँछ। मलाई विश्वास छ कि ऊ भरेभोलि नै आइपुग्छ।
कताबाट आउँछ ? मलाई थाहा छैन ।

स्वागत गर्ने दिशाबोध मलाई भएको छैन ऊ चिनाजानी गर्दै आफ्नै भएर आउँछ।
ऊ हितैषी र सहयोगी भएर आउँछ।
ऊ नुतन पल्लव, मगमग बास्ना । शीतल पवनको कोसेली बोकेर आउँछ।
ऊ फोहोर, मैला, बढाँद हुइँकिएर आउँछ। अश्रु ग्याँसले बाटो छेले पनि त्यसलाई उछिनेर आउँछ।
मक्किएका साँघुरिएका ॠतुहरू
विरुद्ध उत्साह र उमङ्ग थप्दै आउँछ, ऊ सबैको आँसु पुछ्इने रुमाल बनेर आउँछ।

ऊ व्यष्टिमा सीमित नभई समष्टिमा फूल बनेर फक्रिन आउँछ। जब आफन्तहरूको आग्रहमा आउँछ, ऊ महानगरीदेखि ओरालिंदैउकाँलिदै तराई र लेकसम्म आउँछ।
ऊ बिहानको सूर्यले भैं ताजा किरणहरू छर्दे आउँछ,
अनि औंसीको रातका ताराहरुले भैं अँध्यारो चिर्दै आउँछ, जसरी आए पनि ऊ चहक लिएर आजँछ। ऊ पक्कै पनि आउँछ एक न एक दिन फर्केर आउँछ।

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## Heartfelt Condolence



BNKS family is deeply saddened be the untimely demise of our plumber Mr. HarkaRai. We pray with the God for the eternal peace of his soul.

## World Wars


'The great war', World War I ended on the eleventh hour of the eleventh day of the eleventh month in 1918. Germany faced economic crisis and political instability and Kaiser Wilhelm was stripped off his powers. Many Germans wanted revenge. The one to exact it would be Adolf Hitler.

Adolf Hitler was born in 1889 in Austria. He later went to Germany and started working as a painter. He actively soldiered on the western front in the First World War. Upon the war's end he started taking an interest in politics and formed the NAZI party and eventually established himself as a dictator.

Huge rallies were held in support of the NAZIs as people covered their arms with bands to honour the self proclaimed Third Reich. As Hitler's popularity grew, his plans to invade Poland began to take shape. On September 1, 1939, the German army, under Hitler's orders marched into Poland. Poland was captured in two days and as a consequence, Britain declared war on Germany.

By 1941, the Germans had invaded France and Holland. It is widely accepted that these military advances were due to a brilliant war strategy called Blitzkrieg - lightning war. In late 1941, Japan attacked Pearl Harbor and killed nearly 3000 people. The very next day the United States declared war on Japan and her allies. That year the world also witnessed the first aircraft centered war. Luftwaffe raided London and the RAF retaliated by forcing them further east. The war seemed unstopable.

Then in 1944 April, the Allies planed the invasion of Normandy. On June $6^{\text {th }} 1944$ the Americans were to attack Omaha beach while the Canadian and British forces were to take Juno and Sword beach. Gruesome and intense fighting ensured that D-Day was a success. This helped the allies reach Germany. Surrounded by the Russian army and having suffered irreparable losses, Germany continued to resist. After incessant bombings of cities like Dresden and Berlin and Hitler's suicide, the Germans finally accepted defeat. They surrendered on May 2. The war on the eastern front ended only after the city of Nagasaki and Hiroshima were bombed. World War II had ended.


A total of 60 million lives were taken and countless more were physically scarred for life. The losses can never be estimated. History was rewritten as Europe stood divided by philosophy. The price of the war was devastating. We can only pay tribute to those brave people who fought for their country.


When I see your face, I remember the confusing maze, When I am stuck in a cage, | You come to help me filled with| rage.

You are the best among all, You have a lovely Barbie doll, You are beautiful just like her, You are the best among all.

You smile at me, I smile at you, Oh! My friend I love you,
This is what friends do!


He stood there cold and frozen. I thought it was my duty to warm him, to melt his anger and build his blocks of happiness. I tried my best. Yet every time, he denied. I gave him my time, he kept it reserved. He kept my heart, to be deceived one day. I was told, I was being fooled. I chose to ignore, after all they said ignorance is bliss. Believe me, it isn't. I had been warned, for the future that stood before me. I chose not to see, after all they said love is blind. Believe me, it is. His eyes were so full of love when I looked through him, I forgot to mind for whom those eyes shone. His words were so soothing, it made me felt cared for, I forgot to ask myself "were those true?" His warmth gave me strength, I forgot ,it made me weaker too, it drove my strength to live without his shadow. Not that his shadows followed me everywhere and supported my every deed, but instead I was a fool, I followed his tracks as he took the wrong turns and when I turned back I realised it was a long way backwards. Above all, I realised I was lonely, like I always had been. I cursed myself every day for loving, yet failing to be loved.

Maybe it was my fault, to let my imperfections block his
expectations from me. After all it was my fault, I couldn't mend my flaws even after he expressed his disapproval thousands of times. My walk, he said I needed to walk straight. I tried. My talk, he said I needed to filter my words. I tried. My visions, he just laughed at them. I stopped expressing. My dreams, he said, were just too mainstream to be achieved. I almost gave up. Almost. However, I do not blame myself for failing to change because it was my limits I was to reach, not his fancy imaginations. I see today where I am, I see I am alone on my journey backwards, but slowly I drive my strength from my loneliness and hug my fears while I search for solace. It was my life I aimed to colour not his fantasies. I am proud to represent my faults, which broke me; yet set me free. Happiness is to live my life, strive for those goals | set for myself, unlike his, trying to shape everything to unattainable perfection.

I find an unexpected ease in the broken connection between him and me. I find extreme comfort to address him as him and not "us" anymore. I feel free to break-free with a lesson learnt of trust and betrayal. I feel happy to recognize the truth after I have lived with the lie. I feel positive, finally I do. I thank him, for this journey of a million emotions, this journey which started with colours and succeeded to trick me into believing that there are happy endings although I doubt them again. Throughout this way I've
learnt a lesson that to be a choice would hurt when you aimed to be a priority in someone's life. I would however, still like to acknowledge his presence in my life, at least at some point in the past, because not all experiences can be good. If it could be so, then life wouldn't be fair, would it? I understand that goodness is balanced by bitterness. I understand that when we start to fly, we need bitterness in our lives to pull us down and lay our feet back on the ground. So, I acknowledge him and all those bitter memories he left behind. And finally, I'd like to tell; I don't exactly hate him; no, I don't, but if he was on fire and I had water, I'd rather drink it.


I have a cat, Which is very fat, He likes to wear a hat, He likes to sit on the mat.

His height is so tall, He sleeps in a big hall, He likes to play with woolen balls, But mostly he falls.

He is always happy, Because he is really healthy, He looks very lovely, Oh! My dear sweet fatty.

पछुतो


एकादेशमा दुई जना दिदीबहिनी बस्दथे। दिदी निकै सोभी थिइन् तर बहिनी निकै चलाख थिइन्। उमेर बढ़दै गर्दा एक दिन दुवै दिदीबहिनीको विवाह गरियो । दुवै राम्रै गरी खाएका थिए तर एकदिन अचानक दिदीको खुशीमा कालो बादल छायो। उनको बुढाको देहान्त भयो। उनले अरूको घरमा भाँडा माभेर आएको पैसाले पेट पाल्न थालिन् । बुढाले कमाएको सम्पत्ति कति रहन्थ्यो र दुई दिनमै सकियो। उनी बेहाल भइन् । उनका दुई छोरा थिए। खान लाउन नपाएर होला हाडमा छाला बेरिएको जस्तो देखिन्थ्यो। एक दिन उनलाई मालिकले कामबाट निकालिदियो। उनी कामको खोजीमा भौँतारिंदै घर-घर डुल्न थालिन्। उनी घुम्दा घुम्दै आफ्नै बहिनीको घर आइपुगिन्। दिदी रुँदै डुल्दै आएको देखेर बहिनीले उनलाई बोलाइन्। दिदीले पनि बहिनीसँग आएर सबै कुरा बताइन्। यस्तो हालतमा उनलाई दिदीको माया लाग्नुको साटो भन् बिचल्ली पार्न मन लाग्यो। त्यैैले उनले दिदीलाई भनिन् "चिन्ता नगरीकन मेरो घरमा काम गर मैले तिमीलाई पैसा दिन्छु" दिदी खुशी हुँदै आज मेरा छोराले टन्न खान पाउने भए भन्दै काम गर्न सुरु गरिन् । बहिनीले दिदीलाई गोबर

सोर्न लगाइन्। त्यसपछि आफ्ना छोरीका जुम्रा सबै निखार्ने गरेर जुम्रा थुत्न लगाइन् । दिदीले जुम्रा हेरिरहेको बेला उनले गोबर उठाएर लगेर फेरि गोठभरि छरपस्ट बनाइन्। दिदीले जुम्रा हेरिरहेको बेलामा उनले एउटा जुम्रा चकटी मुनी हालिन् र जब दिदीले जुम्रा हेरेर सकिन्, उनले आफ्नी बहिनीसँग आम्दानी माग्दा बहिनीले गोठ फोहोर भएको देखाउँदै उनलाई पैसा दिइनन् र दिदीले जुम्रा हेरेको पैसा मागदा चकटीमुनीको जुम्रा भिकेर दिदीलाई देखाइन् र पैसा पनि दिइनन् । दिदी रुँदै जड्गलको बाटो हिंड्दा एउटी परी आएर उनलाई केही भनिन् । उनी खुशी हुँदै घरतिर लागिन्। उनी घर पुगदा उनका छोराहरू भोकै निदाइसकेका थिए। उनलाई परीले जसरी भए पनि एक भिखारीलाई सोह्र धुप, सोह अन्न र पानी दिनू भनेकी थिइन् । यसो गर्नाले उनको घरमा धन ओइरो लाग्यो । बहिनीको भने सबै धन सम्पत्ति हराउँदै जान थाल्यो र उनको घरको दैलो अगाडि गोबर र जुम्राको ठूलो बाढी आए जसरी आयो र उनले पूरा जिन्दगी गोबर र जुम्रा सोर्दे बिताउनु पन्यो भने दिदी चाहिँ ऐस र आरामले जिन्दगी विताउन थालिन् । बहिनीलाई भने दिदीलाई दु:ख दिएकोमा पछुतो लाग्यो।

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मन त अदृश्य भए पनि अनौठो छ। मन त अमर भए पनि अचम्मको छ। मन एकतिर दुटे पनि अर्कातिर जोडिने वस्तु हो एकातिर ढलेर एकातिर उठ्ने वस्तु हो कतिखेर भत्किन्छ, कतिखेर निर्माण हुन्छ थाहा नपाए पनि एकातिर विरोध गरी अर्कातिर शान्ति खोज्ने वस्तु हो।

शरद आए वसन्त चाहिन्छ वर्षा आए हेमन्त चाहिन्छ कोपिला पाए फूल चाहिन्छ फूल पाए बगैंचा चाहिन्छ कतिबेला के चाहिन्छ, आफैलाई थाहा हुँदैन कति बेला मन फेरिन्छ, पत्तै पाइँदैन।

मन एकातिर खुम्चिएर, एकातिर फुक्ने वस्तु हो युद्धको समयमा किन नहोस् प्रेममा बस्ने वस्तु हो अन्तिम सासमा पनि पानीको आस गर्ने वस्तु हो हातमा बन्दुक किन नहोस् शान्त ठाउँमा बास गर्ने वस्तु हो । $\% \% \%$


34

गुरुलाई लाखौं नमस्कार


अज्ञान अन्धकार हटाई ज्ञानको ज्योति छरिदिने
भविष्यका कर्णधार हामीलाई सत्मार्ग पहिल्याइ दिने बाटो बिराएका हामीलाई मार्गदर्शन गराइ दिने आफ्नो सबै स्वार्थ त्यागी हाम्रो निम्ति मरिमेट्ने

त्यस्ता महान् गुरुलाई लाखौं लाख नमस्का।

अन्धालाई आँखा दिने लाटालाई बोली दिने
अज्ञानीलाई ज्ञान दिने मरणबाट अमर बनाउने मृदुभाषी वाणीद्वारा चुम्बकले जस्तो आकर्षण गर्ने भगवान्जस्ता गुरुलाई कोटीकोटी नमस्कार।

प्रतिभाशाली, लगनशील र कर्तव्यनिष्ठ बनाइदिने सादा जीवन उच्च विचारको पाठ सिकाइ दिने

आफू बत्तीभैं जलेर हामीमा प्रकाश छर्ने
त्यस्ता महान् गुरुलाई लाखौंलाख नमस्का।

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# WITH BEST COMPLIMENTS FROM <br> J. N. CENTRE SUPPILERS 

Budhanilkantha, Kathmandu Phone : 01-4370592


A man does not fear the dark, But the unknown that cradles within
The monsters that crawl under his bed
It's naught but the doubt of sin
A man does not fear hereafter But the unpredictability it brings

The future his oracle holds
The fate his angel sings
And henceforth,
He doesn't fear death
But the doubt of what lies beyond
A drought of sin or a flood of blood
Or the sight of the devils hell hound

A man does not fear his past But the fast pace at which he forgets
The rain of the mistakes he carries
The choices he regrets
A man does not fear a test But the chance that he might lose And the shame of being a man who makes
Mistakes he did not choose
And alas,
He doesn't fear 'fear' itself
But he does fear not having a fearhimself


## Hoping to See......

I hope one day I will see, How beautiful this world is and can be,
It will be like Eden's garden Without any fruits forbidden

It will be as colourful as a rainbow, And as bizzaire as a castle of snow,

8115 Jagriti Class:9


Everyone will have cooperative face,

No people will jibe, The world be free of bribe,

People will unite, there will be unity
There occurs a merciful treaty. No one dies for a piece of land Everyone will work holding each other's hand,

No one will wish to go to heaven
Because it won't be as beautiful as our own land, And of course;
People will forget ludicrous things and worries
People will only have friends and no enemies.娄率

## Nature's Ballad

- A bull frog serenades his mate

With a booming baritone in anticipation to conjugate.

Whilst the wind hums softly, dry leaves rustle incessantly Within the vicinity, the bees buzz Why do you think it's because?


7111 Anubhooti Class:10


The melodious chirpings from birds
Visiting colorful flower and buds The wind croons in harmony A bearable monotony

Of sorts
All these exclusive happenings In exotic resorts.



I was six years old when my little sister murdered my dog Frisbee．

She was four years old at that time．I remember that year especially because that was the year my grandfather died．I remember that year not because my grandfather was an amazing old man and used to tell us stories and give us rides on his back，but because he snarled at me all the time and hit me when I asked for extra chocolates．He loved my little sister though． Sometimes I think the cruel streak that my grandfather had skipped a generation and passed on to my baby sister．

And so，on her fourth birthday， she cut her cake，made a wish，got her hands and face smeared with vanilla．And then when mom and dad went out to see all the guests off，she took my puppy and drowned him in a bucket full of water．She told me all about that the next day，as if we were having a conversation about the weather． I cried and cried and cried because I loved Frisbee more than I loved my sister，or my best friend Isaac． Mom and dad scolded her like mad，locked her in the bathroom for one whole night and she yelled from behind the bathroom door for the entire night，＂If grandpa had to die，then Frisbee had to die too，so l＇m not sorry at all！＂To this day I have not understood how that made sense．

Ten years later，on her fourteenth birthday，she had saved enough to buy herself a pet cat．She named her Frisbee．It was not just the dog she had a problem with． Over the years，she destroyed dozens of sweaters；a bracelet mom had brought me for my graduation，shoes，books， countless other unimportant things．And she bought exactly the same things for herself after she had destroyed mine．I was remembering all these things because Lucy，that＇s my sister，had called me an hour ago to ask me where I＇d bought the white sweater l＇d worn two weeks ago at a party．
＂Say，Cynthia，＂She said after I＇d picked up．＂Where＇d you buy that white sweater you wore at mom＇s a couple of years ago？By the way I＇m so sorry I ruined it in the wash the other day．I had no idea I＇d put the red cardigan in with the whites．＂

I gave her the address of the shop．
＂Don＇t go today，Lucy，＂I said．You
know there are protestors all over the streets today，and the police are shooting．＂＂You don＇t tell me what I should or shouldn＇t do，Cynthia．I＇m not a little kid anymore．＂She sneered．Then she hung up on me．

It is now two days later that I＇m standing at her funeral．

My little sister murdered my dog Frisbee when I was six and she was four．She threw my bracelet into the lake when I was twenty one．I am twenty eight years old now，and my sister is dead．She is dead because she didn＇t listen to me and a stray bullet caught her，right in her chest．She is dead because she was jealous of me， my belongings－shallow，futile useless things．
My sister died at twenty six and her old cat Frisbee is still probably waiting for her to come back home．

资资资

## Heartfelt Condolence

Mr．J B Tyson （Former Head Master）

To Late John Tyson：


Dear Mr．Tyson，you fathered Budhanilkantha School，shaped it and nurtured it．As envisioned by you，it has become the icon of quality in the field of education in Nepal．You planted the seed of Boarding School in Nepal and gave the world the best model for the eradication of social discriminations in the society． Budhanilkantha School，its students and the nation at large will remain indebted to you forever．You were a great man．We promise you that Budhanilkantha School will always embrace your vision，follow the ideals you have set and continue to be the leader．Your mission of coming to the Earth was a grand success for you made difference in the lives of so many． May your soul rest in eternal peace！

# मेरो विरोष ; मेरो उद्देश्य 



समय एकदमै संवेदनशील छ। आजका मानिस सध̈ँ अघि दौड्न चाहन्छन्। सबैलाई पछि पारेर जितको भयाली पिट्न चाहन्छन् । सबैको चाहना सफलताको शिखरमा पुग्नु हो। जितको आकाड्क्षा र हारको दूरदूरपना दिनदिनै बढ़्दै गइरहेको छ। अनि अरूलाई किचेर, मिचेर, सफलताको ढ्वाङ फुक्ने पनि करोडौँ भेटिन्छन्। अरूलाई प्रयोग गरी निच देखाएर अघि बढ़्नेको सङ्ख्या पनि अरबौँ छ। समयले बढाउँदै गरेको मानव मनमा ती अने कौं तृष्णाहरूले मानिसलाई खोस्टाउँदै गएको छ। मानिसको मुटुबाट मानवता नामको भावनालाई खोसिदिएको छ।

साना साना बच्चा सडकमा बसेर दुई सिता भातको आशा गरिरहेका छन् । छोराछोरीद्वारा बृद्धाश्रममा होमिएकी बुढी आमा आँसु पुछदै आफ्नो मर्ने दिन परिर्वरहेकी छिन् । ती अनाथ बच्चाहरू गल्ली गल्लीमा मेरा आमाबुवा कता छन् भन्दै ढुकिरहेका छन्। एक छाकसम्म पनि गाँस नपाउने मानिस सडकमा माग्न विवश छन् । आफ्नो बुढा मरेर विधुवा भएकी ती दिदी आज पलपलमा बलात्कृत भइरहेकी छिन् । आफ्नो गाउँघरलाई

सम्हालेर राख्ने ती छोरी आज बम्बई, दिल्लीमा बेचिइरहेकी छिन्। भर्खर नव दुलही बनेर भित्रिएकी ती भाउजू दाइजो नल्याएको आरोपमा जिउँदै जलाइँदै छिन्।

यो कुरा सामान्य घर गाउँको मात्र नभएर, पुरै राष्ट्रको हो। धनी आज कनै धनी बन्दै गइरहेका छन् र गरिब भनै गरिब बन्दै गइरहेका छन्। शोषितहरूको जनसङ्ख्या फनभन बढ़दै गइरहेको छ। भुप्रोमा दिनचर्या कटाउनेको सड्ख्या बढिरहेछ। मानिसले मानिसलाई मार्ने हक कहिले दिइयो र ? आज अरूलाई मार्ने काण्डहरू बढ़द् गएका छन्। अन्याय र कुरीतिलाई जरैबाट उखेलेर फाल्छु भनेर शपथ लिएका ती विद्वान्हरू आफैं शोषण गरिरहेका छन्। न्याय घरमा न्याय पाइन्छ कि भनेर भिनो आशा बोकी गएका मानिस अफैं त्यो जेलको कालकोठरीमा थुनिएका छन्।

इमानदार र सोभा नागरिकको त आज घाँटी निमोठिएको छ। यी सब विसड्गतिको विरूद्ध आवाज उठाउनेलाई जिउँदै जलाएका घटना पनि धेरै छन् । न्यायालयमा अन्यायको, सरकारी कार्यालयमा भ्रष्टाचारको सञ्जाल बढ़दै गयो भने त कसरी परिवर्तन हुन सक्छ र यो समाज वर्षौदेखि संविधान निर्माण गर्न जुटेका भनाउँदा ती नेता घुस खाँदै, कुर्सीमा सुतेर घुरिरहेका छन् । गरिबी, अन्याय, अपराध हटाउँछु भन्दै घन्टौँ भाषण छाड्दै हिड्ने ती नेताहरू, कुर्सी पाएको दुई महिनामै सेलाउँछन् । देशको निर्माणको लागि विदेशी मुलुकबाट

आउने डलर जनताको हातमा कहिल्यै पुग्दैन । सडक निर्माणको लागि भनेर छुट्याएको बजेट कान्छीको भट्टीमा उडिरहेको हुन्छ। विकासतिर बढ्दै गरेको समय आज फेरि ढुड़े युगतिर बढ़दै छ। मन्त्रीहरूको बैठकमा योजना पारित हुन्छ तर कार्यान्वयनको युग कट्छ। अब मानिसहरू यी विसङ्गगतिहरूको विरोध गर्न पनि गल्ती सम्कन थालेका छन्। गल्ती पनि कसरी नहोस् ? यस्तो कुरा अलिक दिन फैलिने बित्तिकै ज्यान जोखिममा पई अनि मानिसलाई आफ्नो ज्यानको भन्दा कसको माया लाग्छ र !

आज त्यस्तै एउटा मानिसको जरूरत छ, जो यस्ता विसड़तिको विरोधमा लड्छ त्यो मान्छे म बन्न चाहन्छु। आफ्नो स्वार्थको लागि ती निमुखा दिदी बहिनीलाई कोठीमा कोच्याउने ती स्वार्थीको म विरोध गछु। ती गरिबहरूलाई सहानुभूति हैन तिरस्कारको भावनाले हेर्ने ती मानिसको मुखमा थुकेर भन्न चाहन्छु "तँ पनि एक मानिस होस्, मानवताको भावना राख् एकदिन तँलाई पनि सहयोगको खाँचो हुनेछ। ती भ्रष्ट र स्वार्थी कुपुत्रहरूलाई जेलमा होम्न चाहन्छु। वनजङ्गल संरक्षणका लागि चुनिएका कर्मचारी रूख काट्दै हिड्नेप्रति मेरो विरोध छ। मिहेनत र पसिना चुहाउनेले उसको पारिश्रमिक पाउनुपई । अनि अरूको शोषण गर्नेले सजाय पाउनु पई्छ।

मेरो विरोध त्यो कालो जिरिङ्ग पार्ने अन्धकार हटाउनका लागि हुने छ। इमानदार मानिसलाई सम्मान दिलाउने हरेक कार्यमा मेरो अग्रसरता

हुने छ। कतै अन्तिम सास फेरिरहेको शान्ति बचाउन हुने छ मेरो प्रयास । सदा मानवता，नैतिकताप्रति बढेछन मेरा हरेक पाइला। मेरो जीवन समर्पित छ ती दीनदु：खी र गरिबीमा पिल्सिएकाको लागि। मेरो जीवन अङ्कित छ ती अनाथ पारिएका बालबच्चाको लागि। मेरो जीवन ती सब मानिसको लागि हो जो मद्दतका लागि हात फैलाइरहेका छन् ।


## देशको विकास



हाम्रो देश नेपाल एक सानो मुलुक हो। नेपाल एक विकास भइरहेको राष्ट्रहरूमध्येको एक राष्ट्र हो। प्राकृतिक दृष्टिले नेपाल एक रमणीय ठाजँ बन्न पुगे पनि अरू क्षेत्रहरू जस्तै：उद्योग，कलकारखानामा भने नेपाल पूर्ण रूपमा विकसित हुन सकेको छैन। हामी नेपालीहरूले अहिलेको यो २१ औं शताब्दीमा पनि देशको विकासमा ध्यान दिएनों भने हामीपछि आउने पुस्ताले देशको विकासमा कसरी ध्यान दिन सक्छन् र त्यसमा कसरी टेवा पुन्याउन सक्छन् ？

नेपालमा भएको कम दक्ष जनशक्ति， प्राकृतिक स्रोतहरूको कमी र कम साक्षरता नै देशको विकासलाई हानि पुर्याउने मुख्य तत्वहरू हुन्। देशको

विकास गर्नका लागि हामीले साना－ साना कुरादेखि लिएर सबै कुरामा ध्यान पुन्याउनु जरूरी छ। यसका लागि हामीले विभिन्न जिल्लाका ग्रामीण क्षेत्रहरूमा गएर अनेक थरीका अभियान र कार्यकम सन्चालन गर्नुपर्छ। हामीले हाम्रो समाजमा सबै जातजाति，धर्मसंस्कृति र रीतिरिवाज भएका मानिसहरूसँग आपसमा विभिन्न किसिमका मित्रतालाई बढी ध्यान दियौं भने मात्र हामीले समाजमा विभिन्न किसिमका सामाजिक कियाकलाप जस्तः：सरसफाइ，बाटो， खानेपानीमा जोड दिन सक्छाँं र समाजको विकास गर्न सक्छौं। यसै गरी हामीले हाम्रो समाजमा अनेक थरीका कुरीति，नराम्रा संस्कार， छुवाछुत，भेदभावको भावनालाई अन्त्य गर्न थाल्यौँ भने समाजको समृद्धि र विकासमा मद्दत गई्छ।

त्यसैले देशको विकासका लागि हामीले खानेपानी，बाटोघाटो सरसफाइ मात्र नभएर दक्ष जनशक्ति निर्माण गर्न सक्नुपई्छ। यसका लागि हामीले सबै नेपाली बिच हामी एक हौं भन्ने भावना जगाउनु आवश्यक मानिन्छ । तब मात्र हामी देशको विकासका लागि अग्रसर हुन सक्छौं। देशको विकासका लागि हामी सबै नौजवान युवाहरू साथसाथै सम्पूर्ण नेपालीहरूको महत्त्वपूर्ण भूमिका रहेको पाइन्छ। त्यसकारण，हामी नेपालीहरू साथसाथै हामी बालबालिकाहरू（भोलिका कर्णधार）नेपालको दिगो विकास र समृद्धिमा एकाग्र भई अघि जुट्नु पर्छ र नेपाललाई विश्वव्यापी रूपमा एक विकसित मुलुकको रूपमा चिनाउन सक्नु पई्छ।
$\diamond \diamond \stackrel{\rightharpoonup}{*}$


सानी सानी नानी म त वरपर डुल्छु दुख सुख जे भए नि फूलजस्तै फुल्छु। सधैंभरि सुख दिने मेरा बाबा आमा सबै कुरा छडी अरु गई्छन् राम्रो काम।

जून बनी शीतलता छरौं छरौं लाग्छ घाम बनी शत्रुजति भगाऊँ भगाऊँ लाग्छ। हिमालको छायामुनि सानो मेरो गाउँ यही गाउँको सेवा गरी राब्छु ठूलो नाउँ।

हिमाल，पहाड र तराईको
सुन्दर मेरो देश
साहै राम्रो लाग्छ मलाई आफ्नो भाषा भेष।
चाडवाड रमाइलो आफ्नै गीत राम्रो राम्रो देश पायँ साथी ठूलो भाग्य हाम्रो।

आफूभन्दा ठूलालाई ढोग गर्नुपई्छ सानालाई माया गर्न अघि सर्नुपई्छ। साना साना मिली हामी धैरे धेरै पढौं पछि हट्न हुन्न कहिल्यै अभै अघि बढौ।回回回



It was a cold rainy morning. The room was dark when I woke up at 4 o'clock. I held the blanket and covered my entire body, only my eyes were peeping out. I looked around the room. Suddenly, my eyes saw the self. I ran to my sister, Annie and said, "Can you see that doll?" I think there is an evil spirit inside it. But my sister didn't reply. I kept on staring at the doll. It had started raining and thundering. I was so scared that I jumped on to my feet. I tried to wake Annie, but when I pulled off the cover, Annie was not there but instead of her, there was a dummy. I screamed, 'Help! Help! 'Sorry, I will never try to hunt for ghosts now, so please don't hunt me! I searched in every corner of the house but couldn't find Annie. The room was silent. I could hear my heart pounding. I pinched myself hoping that all this was a dream.

But it was not. I tried to call my parents but the line was busy. How worse could it get? I was locked alone inside my house, the phone line was busy, electricity was cut off and all these paranormal things were happening to me.

I thought that I had to be strong. I could feel someone behind me. I was frightened. I turned behind.

I could see a girl in a white dress with her hair covering her face. In a trembling voice, I asked,' Is that you Annie?' Then she started giggling and said,' Happy Halloween! Sister. 'And I was like "Oh My God, it’s Halloween! And this all was a prank.'

## Plants

1051
Sampanna Class: 7


Hello guys, we are the beautiful green plants
We need you all to join your hands,
For we will make a request, a simplething,
Do it and you will be a true human being
You may think we are just little things
But you are wrong; we're not weaklings,
We are very important for you all

Even more than the world cup football
We always fulfill your requirements
And fill your gardens with good scents,
But do a simple thing and water us,
And we will make you all really healthy
Our world will be better and so will be yours,
And we can live our life without any fears
So please listen to us make simple request


That stories and ballads of glory, She passed without exaggerations.

From wrath and whims of nature,
She barred all of them;
For every single creature, nature's love she passed, all the same.

She gave away her fingers, to burn fires, to grow warm;

And the jolly bringers,
Were protected from harm.
When the devil sun rose up And hot, he made, She freed her hair up And let out the shade.

Then she grew weak and old,
Grounded wrinkles upon her face;
She was cut down and sold, And, yet she showed no solace.

First the axe puts its mark, Upon strong thighs held low; Then she was skinned of bark, She was graced down, slow.

She was caught by her hair, When the thigh was almost out;

Then came the wispful air,
She then fell all about. * * *

## PROFILE OF A2

E－mail
O Achievements
1）Aspirations
－That BNKS Moment
－Parting Words

## （5000＇D＇BATCH）



## 5001 YOBIN

ค Kailali
y yobin＿timilsena＠yahoo．com
－Brush twice daily．

h Nawalparasi
匀 utsab．pathak＠yahoo．com
O Set more than half a dozen school records in various sports
مि To link every corner of
Nepal with a railway network
－）Singing national anthem on stage in assemblies
$\bigcirc$ Life is like photography，you need negatives to develop．


A Dhading
圆 bj．karakheti＠gmail．com
O Deputy School Captain
ô To become a hybrid of Messi and C．Ronaldo．
（－）That goal against Saipal Academy and many more．．．


月 Rupandehi
if Good son，Good father．
－30th Feb．
$\%$ Happy Dashain，Tihar and Chhath！


5018 ABHISEK
ค Saptari
日 yadav＿abhishek＠outlook．com
O Learnt to dance
$\hat{\hat{\gamma}}$ To work at Wall Street and still live up to 90 years．
（）．Too many to list
$\bigcirc$ Never ever miss any opportunity to perform on the stage of BNKS．


## 5019 SHREEBI

A Khotang
－Leader
To build castles in the air．
（）．Scoring Bicycle goal in
the Football Tournament．
© Hustle，Loyalty，Respect


5029 SAMIKSHYA

## ค．Kaski

O Nine years of wonderful memories at BNKS．
to To bring a smile on my dad＇s face．
（－）Every BNKS Moment is＇That BNKS moment＇
$\Theta$ Don＇t Judge me when you don＇t know me well enough．


## 5026 PRASHANTA

## Morang

A prashanta．526＠gmail．com
Set record in Physics， 2013
O To go where the winds take me．
令 Gauri Picnic 2014
（）．Believe in your future：when
$\theta$ everything in your life is finished， you still have your future remaining．


A Parsa
B mishraleo32＠gmail．comSchool Prefect， $2 \times$ Cultural captain．
A）Running a business where money used will have my own signature！
（－）29th July， 2013 and RHCP－2014．
$\Theta$ Some drops of water on your work will turn it into an abstract art！


5038 BINIKA

## N Kathmandu

O Being a BNKS product and BFF of 5034
食To step up into the infinity
© 22nd April 2014
$\Theta$ If you want breakfast in bed， sleep in the kitchen


## 5028 PRATIKSHYA

## ค Syangia

O A social worker
To be a good daughter
© 27th June
$\Theta$ Be happy with what you have


ค Solukhumbu
O Academic Prefect，Deputy House Captain，School Prefect and House Captain all in the same year．
人 $\mathrm{V}-1-\mathrm{C}-\mathrm{T}-\mathrm{O}-\mathrm{R}-\mathrm{Y}$ ！
（）．Winning the bet on the night of the 3rd of August．
P In the end it＇s not what you have but who you have that really counts．


5042 KRITIKA
ค Nawalparasi
O Being able to run with the flaming torch on Sports Day．
St：Scuba diving
© Controlling laughter during class ten＇s Physics lesson．
－Keep Calm and support Manchester United


## 5043 GRISHMA

## ค Kathmandu

O House Captain of R／H and H／H．
格 Under Construction．
© Every pico－second spent in BNKS is special．
－Do not wait to strike till the iron is hot but make it hot by striking．

WISHING AlL THE A2 STUDENTS
BEST OF LUCK FOR THE UPCOMING TRIALS AND CAMBRIDGE INTERNATIONAL EXAMINATIONS


## 5047 REEYA

A Kathmandu
O Sometimes I felt so smart，I scared myself
菅 Dora
（）．All BNKS moments
Breathe and bathe


5050 SHRISTI

## A Syangia

O Lifelong friends，and a better perspective．
To earn a ridiculous amount of money and spend it all on a world tour
© Too many to write．
－If you can＇t beat＇em；join＇em．


## A．Kathmandu

O From Makalu to Byashrishi．
人）To discover me．
（）Too many．Don＇t be late for breakfast．


人 Lalitpur
O A BNKS legacy．Thank you Papa．
tr For my last words to be，＂Ileft a billion rupees under the．．．＂
（）Last chances with＇ 36 and＇ 46
$\bigcirc$ Money can＇t buy you happiness but it is much more comfortable to cry in a Mercedes than on a bicycle．


5054 TULASHA

## ＊Lalitpur

O Adream come true－
＂The School Band＂
合To be a real Chitrakar
－Only if you＇re crazy enough to think you can，you can！


5057 AAKASH

## A Kathmandu

O Extremely good handwriting up to class 10
To find the cure for Ebola
© Chicken Days with 5086 Samriddha
$\vartheta$ The only way to win bingo in picnic is to use toothpick to mark numbers

We don＇t lack qualities，some of us just need more time．


## 5059 ANKIT

A Saptari
Z Anka5059＠gmail．com
O Main Dancer of Bhojpuri in GHCP． Explored kunakapcha of BNKS．
To be wild and free
（Anka V／S Wild）and make a dream recording machinc．
（）．）When I was stuck in cave of BNKS；
Exploring every attic of BNKS houses
Making caves out of bushes．
P＂Kabhi Alvida Naa Kehena＂


## 5063 ASHISH

Dhanushaashishsharma＿63＠live．comMeeting His Excellency，the first President of Nepal，Dr．Ram Baran
To play for the Nepali Cricket team in The World Cup 2019 hosted by England and Wales．
© In Janakpur with 5007，5009． 5140,5185 and सोंस्टा 5186 （final day ko MAACHHAA）．
$\Theta$ Never miss Chicken Days at BNKS！


5071 KUSHAL

## －Gorkha

O Conditionally promoted to A－levels．
it To be a good husband．


## 5061 ANURAG

ค Dhanusha
® anuragyadav5061＠gmail．com
O Scored 113 in Flappy Bird
莫 To score more than 113 in
（）Flappy Bird
When I scored 113 in Flappy Bird
Q Life is not as short as they say


## A Kathmandu

囫 avinasgmalla64＠gmail．com
O Activated Mangekyo ［don＇t ask who ；）］
教 To become the Hokage．
－）Late night Okin Stories．
P Don＇t cry because it＇s over，smile because it happened


## 5072 OKIN

Һ Lalitpur
© okn．joshi＠gmail．com
O Learned wall climbing．
if To be a special someone，or simply rich
© Snowing（class 4），broken leg （class 6），midnight ghost hunting （Class 10），ghost stories（A1 \＆ A2）and counting ．．．


## 5062 ARMAN

h Kathmandu
国 arman．bajra＠gmail．com
O Designed this page
Learned to play Keyboard，Guitar，Congo Ghungroo，Madal，Bagpipe，Harmonium，
Flute，Tambourine，Violin and Ukulele
食－To finally be able to sing＂Surilo＂
（）．）Finding the number of moles
$\rightarrow$ Psychic type pokemon are weak to bug． dark and ghost type attacks because those types are psychological fears that people have


## 5069 DINESH

Dhangadhi
：5069dinesh＠gmail．com
O Stopped crying
合 To practice alchemy
（8）＂न्त हेत निनेशा！＂
© All you need is love．But a little chocolate now and then doesn＇t hurt．


5073 LUNJA
A Kathmandu
回 lunja＿73＠live．com
O Everything till now
食 To become a famous travel journalist
（）．A2 Business visit．
－Be a good person from zero to infinity ．．．That＇s your Range！


## 5077 PRASANNA

A．Kathmandu
O Survived Gaurishankar picnic with Sarans．Was never＇captured＇while playing＇capturing＇．
各 London．
（））When it was confirmed that ghosts were haunting Dhaulagiri House．
$\Theta$ All you need is Dinesh＇s parting words．But a little bit of Sarans＇s now and then doesn＇t hurt．


5081 RIHEN

## A Bhaktapur

O Survived Gaurishankar Picnic 2014
食 To become the Pirate King．
© Classic with 5070 Samip．


5085 SAKET

## A Kathmandu

Bkarkisaket＠gmail．comSurvived Gaurishankar picnic， grew 19 inches
th To finally manage to complete Further homework
（）School Play＂Fences＂
－He who cannot draw on three thousand years of learning is living hard to mouth．


## 5078 PRATYUSH

## A Kathmandu

食 To catch all 150 Pokemons．
Q मानिस ठुलों हिलले कन्द जातते हुनन।


## A Syangia

BSapkotasabin＠outlook．com O Nothing yet．
To be in Time magazine＇s front cover within 15 years from now．
（）Tiresome thirty minutes chase．
$\Theta$ The sky is the limit．


5086 SAMRIDDHA

## A Lalitpur

－Survived Gauri Picnic with Sarans and company．
－Played truth and dare in SIMC．
＂Chicken Table with Prassana， Saugat，Saket and company． ＇Coach of＇Chicken Day＇
if To return to BNKS with my friends once again．
（）．＇Khaseko Tara＇
－＇To see the rainbow，one must endure the rain．＇


5079 PRAVES
A Chitwan
Further Visit


5083 SAFAL
A Gulmi


A Kathmandu
O Improvement and Improvement
h To improve
（\％）Speaking words of wisdom
－Let it be


## 5089 SARANS

## AKathmandu

O Guide bhai of 4069
令 To walk with the kings yet not
lose the common touch．Q साग ₹ सिस्नों चनु ने चैस आनल्दी मनले।


## 5121 ANISH

へ Nawalparasi．
kafle＿anishji＠outlook．com
O Striving to achieve．
if To make my parents proud of me．
（s）Sharing one packet of noodle with 5 or more friends．
Respect other＇s suggestions but make your own decision and be confident about it


5126 ROHIT

## N Kathmandu

园 rohittamang5126＠yahoo．com O Completed Naruto
食 To be happy，to complete One Piece（PS－it never ends）
（）．Okin le bhoot ko katha sunaunda
$\Theta$ Life is a book and those who do not travel read only one page．


A．Kathmandu
twitter＠saugat91
Survived Gaurishankar Picnic 2014，Watched World Cup 2014 Final in Bremen，Germany．
菑 To have my own chapter in Hamro Nepali book．
（3）Further Maths Visit，CL Final 2014
9 Start Procrastinating Nowill


5123 NISCHAL

## A Syangia

OMay／June 2015
人）Dr．Nischal（Medical Hail）
© Out of the window and into the night．
$\Theta$ Live Limitless


## 5130 UTKARSH

## A．Illam

全 Being the President of Nepal
（\％）Sports Captain of Dhaulagiri House．
$\Theta$ Life is not a bed of roses； it is a bed of jasmine．


## 5097 UTSAV

## A Gorkha

Beupane．utsav03＠yahoo．com
O
School＇s tallest since class 10.
Named myself＇Penalty King＇of Basketball court football．
Good handwriting like that of 5057 Aakash
（）＂Hum Kis Galli＂．．
$\bigcirc$ Class Jaada Eraser Pani Lanu Parcha


## 5124 PRASIDDHA

A Kathmandu
prasiddhashakya＠gmail．com
O None to my knowledge
of To own a horse and ride it．
（－）Class 10－SLC times，dayroom football，bla bla and many more．
－Watch One Piece and remember to renew your identity card．


## 5132 SAMBHRANT

AKathmandu
D5132．dhakal＠gmail．com
－Education．
tेt To be a big boy．
© Okin！
P If you trust in yourself，and believe in your dreams and follow your star，you＇ll still get beaten by people who spend their time working hard and learning things and weren＇t so lazy．


5133 UTSAV
A．Dhanusha
O Everything till now．
$\Theta$ You will win，not immediately but definitely．


5140 ISHAN

## \％Hetauda

B ishandhakal＠yahoo．com
O Completed education up to A－Level first year．
相 Be a man of value rather than being a man of success．
（）．）When you are hungry and you get two pieces of chicken on chicken day．
Q The only thing you should possess is the faith in yourself．


5144 SURAJ
A．Nawalparasi
Bl surajbhandarib144＠gmail．com
O ＂The composer of＂Pragya Anthem＂ ＊Table Captain
of To grab the biggest piece of Britannia＇s＂Little＂Hearts＂
（＊）Lip syncing to the School Prayer on Monday Assemblies．
$\rightarrow$ Ciao！
And remember－the Partition Cocfficient may or may not be equal to 11


## 5134 PALISTHA

## AKathmandu

－Lifetime of friendship．
（－）PCB entertainments，SLC times， class 10 ＇${ }^{\circ}$ ．
Q Learn from the mistake of others， because life is too short to be satisfled with our own．


## 5142 DIPTI

## A．Chitwan

O Friends and memories
存 I don＇t say it， 1 do it
© Recalling the old times while writing for this profile


## 5145 NIKISUN

## A Kathmandu

B shresthanikisun＠hotmail．com
－Won＇THE＇Race．
P Don＇t waste words on people who deserve your silence．Sometimes the most powerful thing you can say is nothing at all．

\％Tanahun
2013－3rd in cross country 2014－2nd in cross country
宽 Not set yet
（）．Magic Show for the first time
$\Theta$ Live without rules if you can


## 5143 LIRONA

个 Kathmandu
O Back to back 3－Pointers
莫 Read．Write．Travel．
（－）संगे गेती q० वन्या ：＂
© Die with MEMORIES Not with DREAMS


5146 PRIYANKA
月 Kaski
© pparajuli22＠gmail．com
O Part of mini Nepal：）
© 7th September：2014


## 5147 BHARGAVI

## A．Lalitpur

© bhargavi5147karna＠gmail．com
O I made myself，a new identity that IIII take with me wherever I go，always！
To live in a world where the＂ M ＂of ＂ME＂will turn upside down．
© Parelima
\＆Horizon is only the end of your viewing capacity＇not the end of the world．Keep going－create your own new horizons．


5150 SAMITA
A．Kathmandu
Bemmalia96＠gmail．com
O National Anthem，Nepali dances， Nepali songs，Band Leader，BNKS student．
1）To To be known as Dr．Samita Gurung．
© Too many that I can＇t think of any at this moment．
$\odot$ Look back and always smile because two years were worthwhile： \＃OooPCBII


5153 OJASWI

## 月 Kathmandu

O
Being able to say that I look as scared in the picture above as I haven＇t ever been before．
A）Be happy，whoever lam，as I am，no regrets．
©）Spending time in the dining hall， with five awesome，crazy weirdoes． And＇FENCES＇the play，a time I will never forget．
9 Don＇t ever forget to dream．


5148 JIJEEBISHA
ค KathmanduAlmost pursued a full－science course
Prove Newton wrong！
© Blackbirds fly！
9 Pay attention when vector is being taught


## 5151 SHWETA

A．Chitwan
B shweta．sapkota5151＠gmail．com
O Made memories worth cherishing for this lifetime
食 To become someone worth giving a speech in BNKS．
（） 14 th June， 2014.l＇ll be back here on 14 th June． 2018


5154 SWEACHHYA
Sweachhya＿154＠gmail．com
O Last bencher forever，made bubble from chewing gum for the first time．
人）To catch the world of peace with a smile when I＇m completely broken up so that there can be nothing that can break me next time．
© Waiting for the sky to fall upon me as we lay down on R／H terrace．
Q 100 words from a teacher in the class won＇t give you pain but a true friend＇s silence in the exam hall will．


5149 PALISTHA
ค Kathmandu
Bl palisthatuladhar＠hotmail．com
O Memories；experiences that III never forget；love that I＇Il always treasure and also Bio Visit 2014.
食 Always to be ME．
© Dining table talks and the times spent with five most crazy people．
－Try out everything．Don＇t fear．
Every experience will be a memory．


5152 ANAMIKA

## A．Chitwan

O＂First bench campaign＂with Pandey！ Some good friends to count on．．．
A）First lady Prime minister of Nepal．
© Holi 2014．．．Reminds me of my young days．
9 The person who knows＇How＇will have ajob．The person who knows ＇Why＇will be his boss．


## 5157 SADIKSHYA

## ASyangia

sadikshya．pandey＠gmail．com O Last bencher forever with 5154.
I aspire to inspire．
©）First Bench Campaign with Anamika．
$\Theta$ BNKS is not a resort！You need to work hard．


## 5158 SAYARIKA

## A．Kalikot

O Ratnachuli House Overflowing memories
食 To write an＇everlasting＇ constitution for Nepal
（s）Can＇t think of any（there are just too many）
$\Theta$ Start thinking what you＇ll write on your profile from today


## 5162 ADITYA

A Nawalparasi
OBeing cubicle mate of 5171 Anish
Ar To live a happy life．That＇s it
（）．Bio Visit
Beyourself！


5159 ASHISH

## A Kathmandu

Ba＿shish＠hotmail．comExplicit content．When（sometimes）you cannot figure out what you＇re having for lunch．
Q Painful though parting be，I bow to you as I see you off to distant clouds．
（Souree－quotegarden．com）


5163 RAMESH

## A．Dang

Q rameshbista．rb＠gmail．comThere were many but memory card unexpectedly unmounted！
To To nearly as successful as Anwaysak and Dipen．
（））Class 4 orientation of BNKS．Who says I＇m parting，huh？？


## 5166 PRAGYA

A Nawalparasi
घ subedi．pragyasagar＠gmail．com
O carnea to play Guitar，Keyboard． Congo，Cajon，Madal，Harmonium， Bagpipe，Dholak，Tambourine，Tabla， and Ukulele
or To finally be able to sing SuriloBeing the word in the mouth of the class
$\Theta$ Don＇t die with your song unsung inside you


5160 JIVAN

## A Gulmi

圂 jivan．kharel＠outlook．com
O Yet to achieve．
合 The tiger of Wall Street．
© When you lie in your bed for a 5 minute nap and wake up after 10 hours．
$\Theta$ We still love BNKS．


5164 ANUPAM
A Kathmandu
O Woke up before 7 o＇clock
15 To actually pick up a phone call
（－）If you dig a hole
Team Rocket is blasting off again


Kathmandu
B olibinay7＠gmail．com
O Being able to stand on my own feet and take decisions on my own．
舍 Want to be a role model for everyone， leaving my footsteps behind．
©）When I stood before the BNKS family and stared at them taking a deep breath plus my best memory： 14 th June 2014
Q I＇ll be back；and not alone．
God bless us all！！


## 5168 CRYSTAL

## A Kaski

B paudyalcrystal＠gmail．com
O After years of contemplating．I finally found what my aspirations are
全 Not yet discovered
＊）When I speak a thousand words and a thousand men listening to me can＇t discern a single
$\theta$ Life＇s handing you lemons？Make lemonade then！


## 5173 JANARDHAN

\％Chitwan
B janardhansilwal＠outlook．com
O BIO VISTIT！！Learned programming in C．Participated in QUANTA．该 To build the first ARC－reactor © GHCP 2014 © BYEBYE．


## 5176 KRISHANT

h Makwanpur
O＂Tuesdays＂
合 Partying lifetime．
$\bigcirc$ Everybody is damaged in their own way so keep calm and enjoy．


## 5169 ZENITH

A Kathmandu
ORapped，sang and played the guitar， violin and keyboard on stage
人 Unlock all the achievements that life has in store for me．
（）．When the teachers are a thousand times more worried about the exams than all the students put together．
P＂Life isn＇t about surviving the storm，it＇s about learning how to dance in the rain．＂


## 5174 PRAJWAL

## A．Gorkha

O Nothing significant yet．
食 Travelling a lot．
（）．BHCP，A level exams，lifelong friends．
－Live and let live．


5177 SUBAN
A Chitwan．
B suban．shrestha98＠gmail．com
O None．
佥 To return from the Bermuda Triangle．
$\Theta$ When teachers stopped checking my homework．
Perfection comes from patience， practice and persistence．


## 5171 ANISH

h Kathmandu
B anishkhatiwada25＠yahoo．comBeing the cubicle mate of 5162 Aditya
舍 To become a successful son， husband and a father
（）．Chilling out in the middle pitch
$\ominus$
Stay cool，calm and confident haita boys！


5175 SIDDHANT
A Siraha
Biddhantagrawal5175＠yahoo．com
O First honors merit list without taking most tests
tr Work for Khan Academy
© Zuzuzu．．．．hahaha．．．
९You were not born with a rule book in your hand．Create and plan the creation．


## 5179 ABHISEK

ค Bara
O Wires，Chips and Sensors．
it To conquer the unconquerable．
（）．Finally the simplified form， $n \sum x y-\sum x \cdot \sum y=b[\Sigma \times 2-n \Sigma x 2]$Do what you love and your world will be the way you love it．


## 5180 ASHLESH

## 个 Kathmandu

of To see the real face of Hatake Kakashi
() Leave Weekend!
$\Theta$ See you in $\qquad$ IWell, it's for you to decide: hell or heaven


5183 NISCHAL
\% Kathmandu
5183nischal@bnks.edu.np
O Survived Gaurishankar Picnic 2014
Tolive in a pineapple under the sea.
() Upcoming Further Visit

Y You are unique, just like everyone else


5186 SUJAN

## A Kaski

O Learnt to persevere.
() 2014, Tuesday at around 7:10Broke into pieces, never will forget.
Do whatever you like.


## 5181 JEETENDRA

\% Nawalparasi
Bjectendra.gupta.5602@gmail.com
O BNKS - 2 silver medal bin IYMC 2014
(\%) Reciting "Ack bewafaa kizakhme par... "LBR sir's classes, research work, discussions with teachers.
$\Theta$ Though uncertainty may govern the world, don't let it happen with your aim and your life. Enjoy every moment. And remember- "You are somebody in this world".


5184 RONAST

## \%Morang

: sronast@gmail.com
O Yet to achieve.
it To be a wise man.
© Upcoming F. Maths Visit.
© Make impossible possible.


5187 SURA

## A. Illam

O ohresthasuraj187@gmail.com

- learned to study, to dance and to play football
To play for Man U wearing \#7 shirt
*To be able to speak in front of the whole school.
()) There are infinite and still counting..
$\Theta$ If you trust yourself and believe in your dreams and follow your star, you'll still get beaten by people who spent their time working hard and learning things and weren't lazy.


5182 NOVEL
คChitwan
OBluetie!
To Toin the Justice League
-) "Now move the wall there. Can you see it?" "Yes sir!"

## $\bigcirc$ La Hastal



## 5185 SHOWROOP

## ค Morang

- pokhrelshowroop5185@gmail.com

O Learned the most stress relieving words "CHILL" and "BAAL"
食 To drain the ocean and build a mansion
© Cold showers before supper and "So . be precise" during Physics Practical
$\bigcirc$ "Keep Calm and follow the Marking Scheme."


Һ Kathmandu
utsal.shres@gmail.com
O Caressed a firefly and saw a meteor 'shower'
To see a real meteor shower
© Yo computer khaali chha?
$\Theta$ lam bad, and that's good. I will never be good and that's not bad, 'cause there's no one l'd rather be, than me. -Wreck it Ralph


## 5189 SUPRAV

AKathmandu
supravg@gmail.com
O Survived Gauri picnic 2014
令 To Travel The World.
(). The A2 Business visit.
© Everybody wants to go to heaven but nobody is ready to die.

| INDEX |
| :---: |
| - Home DistrictE-mailAchievementsAspirationsThat BNKS MomentParting Words |
|  |  |
|  |  |
|  |  |
|  |  |
|  |  |

manas


## 5190 AAKRITI

ค Kathmandu
O Learned how to solve the 4X4 Rubik's cube.
To be richer than the rich. ©) Which one? I have a bag full of them.

- Ever loved someone so much, you'd do anything for them? Yeah, make that 'someone' yourself and do whatever you want



## proflit of 12 <br> －Home District ब E －mall <br> O Achievements <br> A）Aspirations <br> －That BNKS Moment <br> －Parting Words <br> （5000＇D＇BATCH）

INDEX


5012 DIPEN
A Chitwan
凹notroshanfewa2＠hotmail．com
O Ascended Makalu，Kancherjunga Nilgiri and Gaurishankar
To ascend the remaining mountains
© Singing＇Sara jagat＇in music room
$\uparrow$ It＇s not easy to climb mountains


## 5016 SHREEJAN

ん Kathmandu
－Ascended Kanchenjunga，Nilgiri \＆ Gaurishankar．
㐱To ascend the remaining ones
P To climb so many mountains is easier said than done．But impossible is nothing


A Nuwakot
Q khanal＿bijay＠yahoo．com
If To be what my parents named metobe．
$\odot$ Many but not worth mentioning． Forget and Forgive


## 5020 LOKENDRA

A Surkhet
lokendrasnrO＠gmail．com
O Chilled a lot．
To chill all my life．
© Chilling．．．
$\rho$ Just Chill．


Ramechhap
－roshanfewa2＠hotmail．com


## 5021 RAJAN

A Baglung
ORed tie without a badge without even applying．
$\hat{\text { or }}$ To become the Chief of Army Staff of Nepal．
© My first prize in BNKS．
$\ominus$ Determination，Pride and patriotism will make you achieve anything．


## 5049 ROJINA

## A Gorkha

V rojinaisagoodgirl＠gmail．com
－5：49
I）To be the happiest person
（3）MD－1，MD－2，SD－4，SD－6，SD－8
R－6，R－9，R－10，R－20
$\Theta$ You don＇t cross the street without risk．So，what＇re you gonna do？Stay home？

＾Arghakhanchi
B pooja．45gir＠＠otmail．com
O School Prefect
食 To make my dreams come true．
© That onelll Maybe．
$\Theta$ If you don＇t want it then FLUSH it


## 5193 PUSPALATA

## ค Okhaldhunga

O To have had made many friends．
To To be rich and successful．
© Cat fights．
$\ominus$ Even the best fall down sometimes．


## 5096 UMANGA

A Chitwan
9 किमकिम मानु नकिक्काइ परेशी，भल्तुकँ हन्दु मा


## 5191 MANSI

A Morang
manshidahal＠gmail．com
－Experiences
舍 Self－satisfaction
（－）Prefects Presentation－2013
$\Theta \mathrm{A}$
A man＇s got to do what a man＇s got to do．A woman must do what he can＇t．


5194 SAMINA
ค．Sankhawa－Sava
B basnet＿samina＠yahoo．com
O Survived the winter of BNKS QUANTA－2014，Infinite memories \＆ countless friends to share them with
埌 To make the world recognize my mom by name．
© Thermos party＠RC－9821 Holl－2070，Class－11 practical exams：Top pitch vs．garden pitch．
$\odot$ If you can＇t be the best in something try not to be the worst．


5120 AASHISH
ค Lalitpur
O Became a student of Budhanilkantha School．
经 To become an artist．
（－）When everyone was exicited to have first Rara in tiffin．
$\Theta$ Stay calm．．．．whatever the situation．


A Rupandehi
O Became a better person than I was yesterday
To own a million chocolate： factories
（）．Every moment！
$\uparrow$ No decision is good or bad，it＇s what you make out of it


5195 SOFIA
A．Ramechhap
－Academic Prefect
if）To make people fathom my puzzle like thoughts into a complete jigsaw．
© 1 st January， 2014
9 Dreams are reality waiting to happen．


5196 RICHU
ค Dolakha
凹 richuthapa＠yahoo．com
O Learned to be independent．
人）To get to know who lactually am and want to be in life．
© Class 11 Board Exams，Thermos party，RHCP，Looking at the stars from the terrace．
$\odot$ Always love the way you are and cherish every moment you go through．


## 5199 ANWAYSAK

## A Chitwan．

合 To be as successful as Dipen and Shreejan．
© Class 11 Trial Exam ko tyo PLAN！
－When you were born，only you were crying and everyone was laughing． Live your life in such a way that when you die，you are the only one to laugh and everyone cries for you．


5203 GAURAV
Makwanpur
® gkhadka＠gmail．com
O Carom till 2a．m
人े To read 500 Novels in a year．
© Entrance Day


## 5197 SUSHMITA

A Gulmi
Sushmitakarki5197＠gmail．com
合 To smile forever，no matter what．．
© 10th and 11 th May，CC－23．
Be yourself because originals are worth more than copies．


## 5201 AbHIMANYU

A Siraha
Bjhaabhimanyu9＠gmail．com
O Many sorts of uncountable experiences！
1）＂To clear three debts of my life．and to be of some use to the world．
（）．Almost all of the times spent here．
$\Theta$ Home is where heart is．So，do things from the heart！


5204 SANJEEB
Һ Gulmi
Sanjiv＿Panthi＠yahoo．com
O－BNKS Student－being Sanjeeb．
or To be a good doctor，a good son and a good citizen and a good human as a whole．
（）．Each and every second spent in BNKS．
Q Be yourself，accept yourself and live your realities．


## 5198 SHRISTI

ค Baglung
Shristi198＠gmail．comLearned to live with small scrapes of chocolate．
Turn my dreams into reality．
－ 21 st November，Christmas day \＆ CP time．The less you care the happier you will be．


## 5202 SHISHIR

Dang．
圂 shishir．budhashrestha＠gmail．com
O Found out what I have to do for the rest of my life
is To be the master of my fate and captain of my soul．
© Every week lying in the top pitch and looking at stars．
\＆If you don＇t stand for something， you＇ll fall for anything．


5205 AANAND
A Rupandehi
O Won BINGO in the House Picnic．
领 To play cricket at Lords．
© CMS visit for IYMC 2014，Physics visit to Jhimruk．Elegance is an attitude．


## 5206 PRABIN

## A Gorkha

B lamichaneprabin＠gmail．com
O Getting placement in BNKS．
To get placement in PEA．
（）．Grade 11 trial exam time．
$\rightarrow$ Be the person better than you were yesterday．


5209 PAWAN
Nawalparasi
［3］pawan72891＠gmail．com


5212 PANASA
h Kathmandu．
－Third position in first try．
埌 To be the perfect role model for my brother．
（） 11 th May
$\theta$
Live and let live．


## 5207 RONAL

A．Kathmandu
Bronallama14＠gmail．comSinging with the best singers of 5000 ＇D＇batch
if To have a private island，house and all kinds of technology ever made． （A perfect family too．）
（））Playing football in the garden pitch and playing Holl before board Exams
© Don＇t miss any opportunities that come in your life


5210 MAHIMA

## Rupandehi

Bacharyamahima12＠gmail．com －Living hostel life for the first time 1⿳亠二口阝 To be the best of me．
－September 16－best birthday
－Your big opportunity may be right where you are now．


## 5208 PRAVIN

## A Surkhet

㨁 To be the best entrepreneur of all time and be on the cover of the Fortune magazine．
（）．Annual School Play 2071
$\because$ Dare to dream，Dare to try No goal is too distant，No star too far


## 5211 SURENDRA

## A Terhathum

③ surenkarki5211＠yahoo．com
O Ascended Gaurishankar
it To reach my destiny
©）Every moment that I shared with my batchmates，especially Gorkha visit，QUANTA and moments at GC 28 and 17
Forgive，try it．Forget，avoid it．

WISHING ALL

> THE CLASS 12 STUDENTS BEST OF LUCK FOR THEIR UPCOMING EXAMINATIONS

个 Sunsari
O Found best of best friends
if To be the best daughter and sister
©）10th May and mid night parties
$\Theta$ Don＇t fear the shadow，it only means that there is light out there somewhere


## 5213 SUCHANA



My battle with chemistry began the moment I realized it was a separate entity of science. The modern graded science book of grade 5 had four major headings in its contentsPhysics, Chemistry, Biology and Astronomy. I scanned through the different categories and instantly realized that Chemistry contained the topics I found most difficult. The toughest words- 'homogenous', heterogeneous', 'super saturation', etc were all related to chemistry. I, however, managed to overcome these difficulties. The difficulty increased as year after year and I started despising chemistry more and more. But still, I managed to score good marks.

Grade 10 was particularly annoying. The chapter 'Materials used in daily life' was just impossible to memorize. But, luckily, chemistry carried only 15 marks in the finals. Hence, through strong dedication and a tiny bit of luck, I managed to overcome my battle with chemistry. Until now!

The moment I stepped into Alevels, chemistry took its game to a next level. From 'naming hydrocarbons' to 'electrochemistry'.

I've found chemistry a big obstacle to overcome. Even then, I tried to evoke an interest in this subject. I was doing quite well with this until my $\mathrm{A}_{1}$ 's midyear report came. I'd barely passed the subject. Hence, my hatred increased....multiplied actually. I no longer wanted to study chemistry and found no hopes of ever liking this subject. I mean who enjoys titrating and finding out how many moles of iron reacts with chlorine? I did try to be enthusiastic about learning chemistry though. Despite my best efforts the poor grades that I continue to recieve discouraged me further. As a result, despising chemistry was the only option I had. Today, I've found solace by assuming that I and 'chemistry' were not made for each other. We share nothing in common and I doubt we ever will.

All in all, chemistry - I really hate you. Unfortunately, you're needed if I want to continue biology. And that makes you only more annoying. I devote most of my time revising you and still get the lowest marks in your paper. How much more annoying can you actually get? But mind you chemistry, l've still not given up. I am not going to lose that easily. That's why I'm challenging you. And I declare my challenge through this article. The final battle is scheduled in May and there's a lot of time for me to train. I hate you but I am still going to defeat you. It's going to be tough but you may have heard 'when the going gets
tough, the tough gets going'. And, believe me chemistry, I'm one tough guy!
P.S: This article intends to criticize only the subject 'chemistry' and not the wonderful, supportive chemistry department of our school. I personally thank the department for trying to evoke an interest towards this in me.
$\stackrel{\diamond \diamond}{ } \stackrel{\rightharpoonup}{ }$

## I'm Nature



As you know, I am green Everywhere I am seen In the light, in the shade
As you know I'm not made Hating me, very bad He is just like a mad Loving me, very good Everyone should
Nowadays everyone destroys
me
Trying to ignore me How bad are you
That I must have already known
What have I done to you?
That you are killing me
Have I ever harmed you?
If not why are you?
I am very sad now
Hating emotions coming to me, I don't know how
Now I don't like you
I loved your past, which never did last!
$\diamond \diamond \diamond$

## सरो सुछ परिबारसा क्सले लगायो छोला खार्या ?



सधँँ भैँ बुबा घरमा ढिलो आउनु भयो । के खानु भएको बुबा मःम हो ? भाइले प्याच्च सोध्यो ।

नकरा न, कति चल्छ यसको थुतुनो । बुबाले हारेको स्वरमा भन्नु भयो ।

आज बुबाको रूप फरक थियो । उहाँ हल्लिँदै आउनु भयो र सास पनि गन्हाएको थियो । यो कुराले पुष्टि हुन्छ कि उहाँले रक्सी खानु भएको थियो तर यो सत्य हुन सक्दैन। मेरो बुवा यति बिग्रिएको हुनुहुन्न । म आफैँसँग बर्बराउँदै थिएँ। आमा फेरि कराउँदै बुबालाई भात पस्कँदै हुनुहुन्थ्यो त्यसै बखत भाइले "आमा, आमा बुबाले म:म खानु भयो रे भात नखाने रे !"
"सुन्नुहोस् त । हजुरले के खानुभयो ? खाना नखाने हो ? आमाले शङ्कालु स्वरमा सोधनुभयो । "केही खा’ छैन, भात ले" बुबाले थर्काउनु भयो ।

आमा दगुर्दे बुबाको नजिक जानुभयो र सुघ्न थाल्नु भयो। "अब त अति भयो। म अब सहन सक्दिनँ हरे शिव ! मलाई कति दु:ख दिएको होला यो मान्छेले" भन्दै आमा रुन थाल्नु भयो। त्यसै बखत बुबाले हात छोड्नु भयो । भाइ कुद्दै "नहान मेरो आमालाई" भनेर

कराउन थाल्यो ? मैले भाइलाई समातेर अर्को कोठामा लगें र चुप लागेर सुत्न लगाएँ। शान्त वातावरणमा बुबा र आमाको भगडा प्रस्ट सुनिन्थ्यो । छिमेकीले पनि के भन्लान् । मैले अभै पनि बुबाले त्यस्तो गर्नुहुन्छ भन्ने सोचेको थिइनँ। मैले आफ्नो घरमा यस्तो समय आउला भन्ने सोचेको थिइनँ। एक शिक्षित परिवारको घरमा कुटपिट तथा भै-भगडा होला भन्ने समेत सोचेको थिइनँ। यस्तै कुरा सोच्दा सोच्दै म निदाएँ।

कुखुरा बासेको आवाज सुनेर म उठँ। भाइ मेरो छेडमा थिएन । आमाको शरीरभरि घाउ थियो । हिजो नराम्रो कुटपिट भयो होला। मैले घरभरि भाइलाई खोजें तर बुबा र भाइ दुवैलाई देखिनँ। मैले आमालाई उठाएर सोधँ उहाँ चुप लाग्नु भयो । केही दिनपछि, मात्र मलाई आमाले सारा कुरा सबिस्तार बुभाउनु भयो । मेरा बुबा र आमा छुट्टिनु भयो । म आमाको भागमा र भाइ बुबाको भागमा पच्याँ रे । "के हाम्रो भेट हुने छैन आमा ?" मैले आमालाई सोधाँ "केही दिनपछि हामी त्यहाँबाट सछौं रे" आमाले भन्नुभयो ।

केही दिनपछि हाम्रो घर तयार भयो । बुबा र आमाको घर एकै ठाउँमा तर अर्के अर्के दिशामा फर्किएको। म खुसी थिएँ कि मैले भाइलाई भेट्न पाउने भएँ । तर हाम्रो मिलनमा रोक लगाइएको थियो । हामी लुकिछिपी सुटुक्क भेट्दर्थाँ। पानी भर्ने बेलामा र विद्यालय जाने बेलाको मौका छोप्दै हामी एकअर्कालाई भेट्थ्यों । बुवाआमा छुट्टिएको कारण मलाई भाइले

बतायो । बुबाको विद्यालयमा एउटा शिक्षिकासँग प्रेम रहेछ। त्यसैले बुबा घर ढिलो आउनु हुँदोरहेछ। अब केही दिनमा उहाँहरूको विवाह हुन्छ रे । म र मेरा भाइ कहिले रुन्थ्यौं त कहिले बितेका पल सम्भिएर हाँस्थ्याँ।

आमा के काम गर्नुहुन्थ्यो मलाई थाहा थिएन । तर पैसा पाएपछि पैसा च्यापेर आँसु भार्नु हुन्थ्यो । हरेक रूपियाँ खर्च गर्न डराउनु हुन्थ्यो। एक दिन म बिहान उठँ तर आमालाई साथमा भेटिनँ। म छट्पटाएँ। मेरो मनमा डर थियो । आमा ढोकामा लडिरहनु भएको थियो । म आत्तिएँ। आमाको श्वास प्रश्वास बन्द थियो । मैले जसो तसो गरी लास बाहिर ल्याएँ। पल्लो घरको भ्यालमा बुबा देखिनु भएको थियो । वहाँ केही लेख्दै हुनुहुन्थ्यो । देखीदेखी पनि उहाँले आमा र मलाई वास्ता गर्नु भएन ।
"बुवा ! यो अन्तिम क्षणमा त सहयोग गर्नुस्। आमाको लास कहाँ लाने, के गर्ने त भन्नु होस् न बुबा" मैले गुहार मागें। तर उहाँ आफ्नै काममा व्यस्त भएजस्तो गर्नुभयो। मैले कति कराए पनि बुबाले आफ्ना आँखा यता फर्काउन कष्ट गर्नु भएन। आफ्नी श्रीमतीको लासलाई थुक्ने यी कस्ता बाउ होलान्। आखिर मेरी आमा नराम्री थिइन् र ?

गाउँलेहरू आए र लासको टुङ्गो लगाए। म त्यस दिनदेखि फर्केर त्यो गाउँ गइनँ। सुन्ने गर्थ मेरा बाउ त मातेर सिनु भएको छन् रे। मेरो भाइ कता छ भनेर थाहा पाउन जति कोसिस गरे तापनि मैले थाहा पाइनँ।


हामी नेपाली, हास्रो नेपाल


मर्कामा
स्कुल गएकी फुच्चीको बाटोमा
.......जनजीवन अस्तव्यस्त छैनन् आदि
इत्यादि ।

सबेरै
हातमा पर्ने ती प्रिन्टेड शब्दहरू
कथित सभ्य समाजका गरिब जनताका
ती प्रिन्टेड यथार्थता ।

मुलुकको एक कुनामा अनेक युवती गोठमा छन् पुरुष भट्टीमा छन् । तिनका बालबच्चा कतै गुच्चा खेलिरहेका छन्, कचेराका कत्राले आँखा छोपेको छ, सिंगानले गाला लिपिएको छ,


मैला लुगाले मैलो आङ लुकाएको छ।
सारा हालबेहाल छ।

यसै राष्ट्रको अर्को कुनामा कोही कक्टेल पार्टीमा मच्चिइरहेका छन्,
कोही बालबच्चा लिएर फनपार्क निस्केका छन्
कसैले चुरोट सल्काउँदै गफ छाँटिरहेका छन्। अनि कतै -
ठिटाठिटीहरू सेल्फी खिचिरहेका छन्,
फुच्चाफुच्चीहरू पनि ड्याडीले भर्खरै ल्याइदिएको रिमोट कन्ट्रोल प्लेन
फनन्न घुमाउँदै छन्। त्यहाँ जे जे हुन्छ, राम्रै हुन्छ।

यस्तै, यस्तै
अनेकताको यो भूमिमा
महल र छाप्रो
सुट र कात्रो
डिनर र फाँडो अनि
केके केकेको सङ्गम पनि छ। त्यहाँ के नै छैन र ?
यहाँ,

बिरामीको बिमारी भनै पिल्साइ दिनसक्ने

व्यक्ति नै सभ्य कहलिएका छन् ती पनि राष्ट्रका धब्बा बनेका छन् ।

परिस्थितिका दास भाग्यका कमारा
हामी नेपाली, हाम्रो नेपाल ।
 जय नेपाल ।

"I don't know how beautiful Cleopatra was..."

I stood still and stationary, when someone mentioned that there used to be a maiden; in fact, a queen of ancient Egypt, standing for the paragon of ever resplendent beauty. Known for her swindled blackberry eyes, wide and without mascara, her beautiful face was like a new charming moon - snowy and pure white. Cheeks like that of an apple and hair like that of Rapungel, her dazzling beauty could even penetrate diamond.

The paragon of beauty she was, she appeared in my dream; her eyes bejewelled with love and sympathy. Only a thin layer of air separated the touch between us. She wore a soft velvety cloth; spick and span. Above all, her adorned jewelleries of pearl, sapphire and emeralds resembled the flower in gladiolus and she, herself a carnation. My overwhelming desire to break her chastity would then suddenly plunge into darkness, leaving me behind thereafter, perhaps wanting my demeanor to be salutary.

My spasm would then disappear nowhere but along with the mascot of beauty in the dark. And I would bellow the demand of her captivating presence again. The ecstasy that nourished my body before would be gone and would make me poignant like a newlywed bridegroom separated from his bride. Occasionally, I would quiver for she was my dignity and my passion. But, never will I confer her and will not demean myself for I don't know how vivaciously beautiful Cleopatra was.


Sweet Family


Dear Mom,
You are so sweet such a darling, You are so loving and caring, Mom,
The one who helped me a lot is you,
And who corrected my mistakes too.
Dear Dad,
You are so handsome and tall,


And I am your sweet and loving girl,

> Dad,

Only sometimes at home you stay,
Why are you always away?
How can I forget,
My dear sweet bro,
Uttering words like a sparrow,
Always loves to watch
T.V and play,

Never goes from me far away. And,
Oh, my old, old granny,
Keeping a little sweet bunny,
Believe in God is what you always say,
Though from diseases you suffer every day. Oh yes, my old grandpa, Your old face is so wrinkled, And you water the garden with sprinkles,

You have got a pair of glasses,
Which protects your eyes, brows and lashes. Oh, dear me, I forget myself,

I am here sound and safe,
You can see it yourself, I look like an elf. That was all about my short and sweet family, They are all living happily. $\diamond \diamond \diamond$

The Clown


There is something different in the way he walks．His back is ram－rod straight while his hands swing freely beside him， as if they have a spirit of their own．His head is held high and his eyes focus straight ahead， not caring to look down on the path below．

His puffed up chest combines with these attributes to a curious effect．It appears as if his body is slightly bent backwards above his hip．It actually looks like his chest is proving to be too much of a burden to the rest of his body．

He is walking right in the middle of the narrow path．A boy is approaching towards him and there isn＇t enough space on either side for the boy to pass easily．This fact goes completely unnoticed by him． The boy has to twist his body to squeeze past the available space and in the process，a swinging hand lands on his stomach．

The boy＇s look of annoyance is not acknowledged．Our man walks on，ignorant of the inconvenience he has caused． His hands innocently continue their previous motion and
immersed on his own thoughts， he marches on．

He sees his friends grouped together．However，he has no intention of joining them．He does not consider them worthy of his valuable time．Of course，if they were to invite him and ask his opinions， it would be a different matter．

Coincidentally，he happens to have a brief eye contact with one among the group．In response，his friend raises his eyebrows．The gesture could have been passed as an act of mere courtesy，but to our man it becomes the invitation to enter the conversation．Some of the boys roll their eyes right in front of him，but somehow he fails to notice．He wastes no time in pouring out whatever knowledge he has about the subject of discussion．His friends remain unimpressed but that does not damp his enthusiasm．He laughs heartily at his own jokes．He does not sense the discomfort in the forced laughter of his friends．

A friend mentions about having to go somewhere． Others echo him．Our man also remembers that he has some chores to attend to．Reluctantly， he takes their leave．After he has left，the group of boys suffers from fits of laughter． This time the laughter is genuine．They are not laughing at our man＇s jokes．Rather，they are laughing at the one who delivered the jokes，the joker， the clown．回回回

## My Sweet Brother



My dear brother I＇ll always love you，
Your voice is sweet and soft like dove．
You are quiet and small， Like a cute，sweet doll．

Sometimes you make a real mess，
But I know that you are the best．
Oh my dear honey， You are like a sweet bunny．

My dear bro，
I wonder how tall you will grow． I always thank my mother， She gave me such a lovely brother．

The sweet words you say， Always make my day． Healthy and fit， You are God＇s gift．

Your face makes me happy， Oh your smile is so pretty． My dear sweet brother， There is just no other．


हिम्मत: ठूलो हतियार


भिसमिसेमै हर्के हतार-हतार गर्दै उठ्छ। आफ्ना लुगा र खेतको कामका लागि चाहिने सामग्री कोलामा हालेर हर्के काममा जानको लागि तयारी गर्दै हुन्छ । हर्केकी एउटी सानी छोरी पनि छिन्। उसको बाँच्ने सहारा भनेको नै उनकी छोरी रीता हुन्। रीताकी आमाको देहावसान केही वर्षअघि मात्र भएको हो , जसको गहिरो चोटले उनीहरू दुवैको घाउलाई भन ताजा पारिरहन्छ। आफ्नी कलिली छोरीको इच्छा आकाङ्क्षालाई साकार पार्न र उसका मनमा रहेका सपनालाई पूरा गर्ने प्रयासमा हर्के मेहेनत गरि नै रहन्छ। छोरी मस्त निन्द्रामा निदाइरहेकी हुन्छे, आफ्नी छोरीलाई ठोकाबाट मायाको दृष्टिले पुलुक्क हेरी ऊ खेततिर लाग्छ। खेतमा गएर सब अधुरा काम पूरा गई्छ र खेतको राम्रो हेरविचार गई्छ। बस्नको लागि सानो भुपडी र आफ्नो पेट पाल्नका लागि हर्केले गाउँको मुखियाको खेतमा काम गरी आफ्नो जीविकोपार्जन गर्दै आएको थियो। जति मेहेनत गरी काम गर्दा पनि मालिकको चित्त भने उसले कहिल्यै बुभाउन सकेको थिएन ।

हर्केले आफ्नी छोरीलाई निकै नै माया गर्थ्यो। उसका स-साना इच्छालाई पनि पूरा गरेर नै छोड्थ्यो । रीतालाई उसले कहिल्यै पनि आमाको मायाको

कमी महसुस हुन दिएन । हर्केले जुन मुखियाको खेतमा काम गर्थ्यो, त्यो मुखियाको व्यहोरा भने त्यति राम्रो थिएन । उसलाई राम्रो नियत र असल आचरणको मानिस भन्न सुहाउँदैन थियो । तर यो कुरालाई हर्केले बुभ्न भने सकेन, हर्केलाई केवल आफ्नी छोरीलाई कुनै कुराको पनि अभावको अनुभव नहोस् भन्ने थियो । सधैँ कैं हर्के खेतमा काम गर्न भनेर आफ्ना सरसामान लिएर खेततर्फ लाग्यो। खेतमा गएर हेर्दा त त्यहाँको अवस्था देखेर छक्क पयो। त्यहाँ त मालिकले अर्के खेतालो खोजी काम लगाएको देख्दा उसलाई निकै नरमाइलो लाग्यो । आँखा रसाएर आए । उनको मन भारी भयो । आफ्नै काम र मेहेनतको अपमान उसलाई असह्य भयो । उसले आवाज भने उठाउन सकेन । उसले केवल यति भन्यो, "मालिक ! यस्तो अन्याय नगर्नुहोस् । मेरी एउटी सानी छोरी छे। उसलाई सुखी जीवन प्रदान गर्नु एक बाबुको कर्तव्य हो। यो कामबाट बञ्चित गरी मेरी छोरीको भाग्य र सपनालाई तहसनहस नपार्नुहोस्"। मालिकको आँखा पहिलेदेखि नै उसकी छोरीप्रति थियो । त्यसैले उसले सहानुभूति देखाउँदै भन्यो "हेर हर्के ! म तिमीलाई यही काम त फेरि दिलाउन सक्दिनँ तर म तिम्री छोरीलाई राम्रो शिक्षादीक्षाको लागि राम्रो अवसर दिन


सक्छु। तिमी पनि छोरीको भविष्य उज्यालो देख्न चाहन्छौ नि, होइन र ?" आँखामा भरिएका आँसुलाई आशाको भावनाले पुछ्दै हर्केले भन्यो, "हो मालिक, मेरी छोरीलाई पढ़ने राम्रो व्यवस्था मिलाइदिनुहोस्। म हजुरको जस्तोसुकै कठिन काम पनि गर्न तयार छु।" यति भने पछि त मुखियालाई अरू के पो चाहिन्थो र, उसले मौकाको ठूलो फाइदा उठायो । आफ्नो अर्कै गाउँमा गाईवस्तुको राम्रो काम छ त्यसलाई सम्हाल्ने कोही पनि छैन हर्के, तिमी धैरै विश्वासिला छौ भनी उसलाई त्यो काममा पठाइदियो ।

यसरी मन नहुँदा नहुँदै पनि हर्के आफ्नी छोरीको जीवनलाई खुशी नै खुशीले भरिदिनको लागि छोरीको रेखदेख, बसाइ र पढाइको सब जिम्मा मुखियालाई सुम्पेर काम गर्नका लागि अर्के ठाउँमा बसाइ सयो । हर्के गएको केही दिन त मुखियाले रीताको राम्रो हेरविचार गज्यो । उसलाई आफ्नै परिवारको सदस्य कैँ व्यवहार गयो। रीता भरखर १३ पुगेर १४ वर्ष लागेकी थिइन् । शिक्षादीक्षाको अवसर नपाएको हुनाले उनीमा त्यति ज्ञान भने थिएन त्यसैले राम्रो-नराम्रोमा भिन्नता भने देखन सक्दिनथिन् । मुखियाले रीतालाई एकदमै नराम्रो नजरले हेर्थ्यो। समय बित्दै जाँदा रीतालाई घरका सबै कामको भारी बोकाउन थालियो । रीतालाई आफ्नो पढाइमा ध्यान दिन निकै नै गाहो हुँदै गयो । उसको जीवन भन कठिन हुँदै गयो । उसलाई खाना पनि समयमा दिन छाडियो । यसरी उसमाथि अनेक किसिमका कठिन कार्य थपिँदै गए र हुँदाहुँदा उसको पढ्ने लेख्ने भावनालाई

## मेरो लक्ष्य



एउटा लक्ष्य लिएर म हिड्दै छु त्यसमा सफल हुने आशा जागाउँदै छु जति मेरो मन अगाडि बढ़्न चाहन्छ

ती आशाहरू टुटेर,
मेरो मन दु:खी भइदिन्छ।

जति अगाडि बढ़ने कोसिस गर्छु मैले बाटो रोकिदिएको जस्तो लाग्छ कसैले मेरो मनले त हिम्मत हारेको छैन

जस्तो लाग्छ
त्यही पनि मेरो मन दुखी भइदिन्ध।

अब बाधाहरूले मेरा लक्ष्य रोक्ने छैन्त् ती अड्चलनहरूले मेरो आशा टुट्ने छैनन्
म हिम्मत जुटाएर अगाडि बढ़ने छु ती टुटेका आशाहरूलाई फेरि जगाउने छु।

कोसिस गर्दा गर्दै सफल हुन्छ
भन्ने विश्वास राब्दछु
आफ्नो मिहिनेतले आफ्नो खुट्टामा
आफें उभिनेचु
एक न एक दिन आप्नो लक्ष्य
पूरा गर्ने छु
परिवारजन सबैलाई खुसी
बनाउने छु।

The First Day


Dear Best Friend,

First things first: I MISS YOU!

I really didn't have the slightest of the thoughts of addressing you as a best friend, after knowing how you've been behaving for the past few months. No calls, no texts, you don't even receive my calls. I always wonder what changed you. The thought of you gives me a ZING that flows within me with glass edges to it, practically cutting the stitches of my clothes and gradually into my skin. Drops of tears fight their way down all along my cheeks every time I think of you. I miss you.

Pages of memories flip in front of my eyes, those days of innocence when laughing, playing and smiling was all we had to do. I do remember the days when I had to console you as you cried when you lost a game. Those were the days when you laughed - I laughed: problem solved. We really have been such great friends from Kindergarten. And every single moment I thanked god for blessing me with such a wonderful best friend. Sadly, the only thing I have of you is
memory. WHO KNEW? I had to lose my best friend who meant everything to me, was everything to me. I miss you.

I'm extremely appreciative of you, not just because you have been my best friend but also because you were honest and supportive to me. I always wondered what I would do if I lost you as a best friend. You know, even a thought of this would send shivers down my spine. And I have always consoled myself saying "If there is anything impossible, then that's us being separated." I really miss you.

You, my best friend, were like the sister one can never imagine to have- the only girl to whom you can be totally yourself, the only girl to whom you can completely reveal yourself knowing she will never let a word slip out of her mouth. You were that girl. You were the sister I never had and probably will never have. I smile at myself as I recall calling each other with mean derogatory names, knowing we were joking. Those have now been days of past. I miss you. Times were there when you condoned me for my deeds and I did the same.

It's just hard to believe that I will be living this life without you to comfort me, be a shoulder for me to cry and be the person I share everything with and be totally myself. Bidding farewell to a friend is not an easy thing to do, but it
is something most people go through countless times. I have done it too, but saying goodbye to you has smacked me hard deep down beneath my chest and it hurts a lot.

You are the most amazing, wonderful and oddest best friend ever. Sometimes we both easily got mad but you dealt with me. Thanks for that. Thanks for being there for me. I just have to convey my thankfulness for being my best friend. I never cared about what people thought about us, but all I've ever known is that you are a true friend and I can always count on you.

I miss you.
You know me, don't you?
$\diamond \diamond \diamond$


The night looked down upon The Titanic as it stood still, Calm, upon the harsh wave hill For days and nights, until

The storm came as a drill
Drilling past, waiting for the kill And make the ship its meal. Shall the pain caused to the families ever heal?
Will the wounds ever seal?
Never will they again have the zeal... $\stackrel{\rightharpoonup}{*} \stackrel{\rightharpoonup}{*}$

Chhaupadi－My Story


I am a boy from a place called Bharta，a remote village in Kalikot district．I have been studying in Budhanilkantha School as a scholarship student for seven years．I gave my background in order to make you clear that the story that I am about to tell you really happened．

I remember my father strictly restricting my sister from entering our house for a week． At the time，I wondered why my father，who loved my sister more than anything else in the world， did not let his own daughter enter his house for a week．Later I came to realize that it was not only my father who did not let his daughter enter his house but all the fathers of my village did so．I was amazed and at the same time shocked to see my own sister going to sleep where my family＇s goats and buffalo＇s stayed，but I did not know why．

At the time this event occurred， I was nine and my sister was about thirteen．Being a young inquisitive boy，I didn＇t hesitate to ask her why she was going there．Instead of answering my question，she simply ignored me and walked away．I did not know that she was in the menstrual phase，and she had not answered my question；so I followed her to the cowshed where she was
sleeping ．My mother saw me following her from afar and called me back with a scolding tone．I was always afraid of my mother so I returned as soon as I heard her call me but I was still frustrated with my sister for ignoring me，so l asked my mother aggressively，＂Why do you send my sister to stay with the cows？Is she turning into a cow herself？＂I had pity for my sister and anger for my parents and I sulked the whole day that day．Then，to appease me，my mother said，＂I don＇t know son． Every woman does like this when her time comes．＂I asked her once again，＂Why don＇t I have to go and sleep in the cowshed？＂ She again told me；that is so because you are a boy．＂From that day，I started to think of women as inferior to me．It was amazing to feel superior to women and my attitude towards women became cold．Can you imagine a boy of nine years starting to take the whole race of women as inferior ones？My supposed superiority was not a result of my ignorance but was the result of the mistake of my society where I lived and introduced me to that line of thought．

After coming to Budhanilkantha only did 1 know about my mistaken thought．Today I am an advocate of gender equality and against all the discrimination that the females face because of their supposed inferiority．I don＇t ever want to see my sister going to the cowshed again．I know it is difficult to abolish the system of ＇chhaupadi＇from my society ，but we must do the best we can to stop sending sisters all over Nepal to the＇Chhaupadi＇．

资资资


I have a small home
And my family
I live with them
And enjoy my life．

Sometimes，we face problems
But we work together to solve them．
I also have a cat in my house
He catches mouse after mouse

We＇ve been working together for many days
And helping each other in many
ways
We all appreciate each other
To help，my brother

When relatives come to our house

We welcome them like our God They are very kind And gentle on the mind

My hobby is to learn Chinese So that I could be perfect in it But in my home only
Because in other places I＇d feel lonely

I know my home is small But that＇s not all
Cause I love my home
And dad and my mom．


Mother Teresa


In the field of social service， she is one of the most significant personalities．Being a European and moreover， being a woman，she devoted her life to helping the poor and the needy in Calcutta，India． She led the Missionaries of charity，an international order of nun dedicated to helping the ones in urge of help．

Her full name was Agnes Gonsha Boja Icthus．She was born in 1910 to a prosperous family of Albanian descendent． When she was nine，her father， a well－going businessman， expired and that left the family facing financial difficulties．The experience of poverty left her with the conviction to serve the poor of the country．

At the age of eighteen，Agnes joined a Roman Latabolu order of ruins，the sisters of Loreto in India．She served as a novice for nine long years and in 1937， she took the name Teresa．

In addition，she was given the Nobel Peace Prize in 1979， because of her contributions to maintain peace in the world by helping the needy．She used the prize amount to expand her work for the world＇s helpless．

In August 1997，she died in Calcutta and the world lost the lady of peace．Although she is not among us，her good deeds shall always keep her alive．
$\star * *$
My Loving Brother

1094 Pankaj
Class：7


Oh！Brother，do you remember those days，
When we used to play in those sunny days？
We used to run here and there，
Even without taking our own care．

We used to be on computer all the day，
Sat on the soft beds and just lay， You used to go top floor and see the city，
With your small cute pet，the Kitty．

Now you have gone somewhere to make your mind，
And leave the rest of the world behind，
You don＇t need to think about me all the time，
Because I am always same，fine， fine and fine．

You will come here after many years，
But you don＇t need to be full of tears，
When you come，you will be better than all，
And if you miss me，give me a call．
米类米

## Wishing for Freedom



Scared and terrified every moment

The moment I get any utterance Longing for the delightful sunlight
And wonderful flight with mom and dad．

Entrapped in a colossal cage
A frightening feeling running into my heart
My heart filled with fright and terror．

The terror of this world
With the presence of such creatures
Taking me to the end of my life I try to meander from turn But it seems the almighty has obstructed my path
The path which was enlightened forme
And after the destruction It has become extinguished

Just like the moonless sky It＇s like I＇ve lost all my cherished feathers．
Still in this dark
I＇m here with my soul，wishing
Wishing for something I really
need
Wishing for freedom！
$\stackrel{\rightharpoonup}{*} \stackrel{\rightharpoonup}{*}$


Who doesn＇t love to play games？In this era of computers，very few could be here，if any，who don＇t know about computer games．Some of you might have spent hours and hours of weekends playing a game or another，and might as well be very good in the game you play．Even then，some of you have never heard of E － Sports．

In simple words，E－Sports is a competitive play of video games；however，the term is usually used to describe games that are set up with clear，and decisive rules that determine a winner or a loser and have a professional scene．Nowadays， games must be playable over a network connection（usually over LAN or WAN）and should be skill based．These games might seem somewhat straightforward and simple at first glance，but are almost always have incredible depth to their gameplay．

Most games which are successful and have a professional scene are generally complex on how they are played，but are simple to watch．Skills necessary in these games aren＇t exactly normal skills．Most of these skills consist of quick reaction time
and the ability to control the mouse and press correct keys precisely and accurately．

Some leading games in E－Sports are Counter－Strike，Defense of the Ancients $(\operatorname{Dot} A)$ ，and League of Legends（LoL）．Such games have prize pools more $\$ 500,000$ in the International scene．＂The Internationals＂， which is the major tournament of DotA 2 started in 2011 with prize pool of $\$ 1.6$ million out of which the winner got $\$ 1$ million． In 2014，this prize pool for DotA 2 was increased to $\$ 10$ million by selling an in－game item of \＄10（limited to one per person） out of which $\$ 2$ was added to the prize pool per purchase．This will probably give you a general idea about how big the spectators of E－Sports are．

In Nepal，Counter－Strike，DotA and FIFA are the more common E－Sports．The major steps in Nepal for the development of E－Sports began when companies like Samsung and MSI started sponsoring for E－ Sports tournaments．The tournaments which used to have a prize pool of Rs．20，000 are now seen with prize pools of more than Rs．1，00，000．

With the advancement of technology E－Sports has grown very popular today－it has been predicted that it shall race ahead of Football and Cricket some day．Nevertheless，E－ Sports too boosts skills and hence is to make its space in the growing world of technology．

资资然

Sweet Sixteen


It was a lively night， I was alone and still not asleep； When suddenly I was stunned， By a lady with a fair complexion and eyes quite deep．

Her eyes hypnotized me， Her soft voice called me； I didn＇t deny， She took my hands and led me out of the house．

It was a horrendous situation， But her face could melt anyone＇s heart；
She took me to a cottage，my eyes were on her face， She left my hand and moved forward and entered the darkness．

I searched for her for hours and hours，
My heart was racing，panicking when suddenly，
Her voice＂Lilly＂gave me comfort and made me calm．

And when she came I was astonished to see that She was my mother，who had given me the Greatest adventure on my sweet sixteenth birthday．回回回

## Act of Inspiration



They are the hands that reach out
Without a face they assist To all those that cry out loud But expect no prize, no gift..

They are the voices that shout When the weak have fallen down
They say that there is no doubt
That we are the same all around
They are the ones behind the stage
That can teach us our lesson
I want to learn and follow
Their act of inspiration
They are the ones that plant seeds
To grow what were ones cut down
To build a nation of helping deeds
Instead of ignorant frowns
I want to be one of them
One of those who spread the grains
Not the ones who cut crop farms
And with lack of good cent complaint

So come on folks lets go and dance
And move to the tune of Dawn A deed of good is as strong a stance
As of those acts of inspiration.

# Walking with an Open Zipper 

Waking up early has always been hard for me. That day was no exception. So, I woke up and found myself getting late for school. Morning coffee was served to me right away. I took bread and biscuits for breakfast then I dressed up in a rush and headed outside.


As I walked a few paces from my home, it just felt ... ODD. Every eye had turned towards me in THAT place. Had I not dressed properly? Or was my hygiene questionable? All these sorts of questions started pestering my sluggish mind. I was feeling as if I were an assassin and everyone was gazing at me as if I were a villain. I looked around and yes!!

People were really gazing at me. In that situation, I started running as fast as I could. I ran non-stop for around 3 minutes and suddenly, I saw heaven in front of me-school. As I entered the school gate I saw one of my good friends nearby and ran to him. To my shock, he also laughed at me. Then, a thought hit my mind. Was it true? I checked my zipper and NO!! How could I forget to zip my trousers? Yes, throughout the morning, I had walked with an open zipper.
$\diamond \diamond \diamond$


Animals have always been subject to cruelty. For centuries, animals have always been disdained and victimized by the tyrannical practices of us, humans. These poor creatures are always duped and are always the means of enjoyment for human beings. In Nepal, large number of goats, chickens, pigs and buffaloes are sacrificed to please the "blood thirsty goddess".

No goddess would ever be pleased by the blood of their own creation. Have humans completely forgotten what humanity is? Likewise, thousand of sacrifices we Nepali perform to please the Goddess Durga or Goddess Gadimai is an unjustifiable belief that infests the Nepalese mind.

Nepal has always boasted that Buddha was born here \& , we practise a grotesque behaviour. We Nepalese are completely unaware of the fact that slaughter doesn't ensure spiritual gain or the like.
However, I'm in no way suggesting that we be vegans because our nutritional needs require us to consume proteins and vitamins obtained from animals. If we are to kill animals for meat, we should do so in a more humanly manner.

स्वागत: नयाँ युग

"संसार सुन्दा सानो, देख्दा ठूलो लाग्छ मलाई। आजकल यो अनौठो भूगोलमा मानिसले त्यो युगलाई कथा सम्भन्छ। सबैलाई सपना बनाउने स्वागत छ, यो नयाँ युगलाई....।

म एउटा साधारण छाक टार्ने परिवारको केटो! एउटा नयाँ सपना बोकेर यो युगको अनौठो अनुभव पाउन काठमाडौँ आएको थिएँ। सुन्दा रमाइलो लाग्थ्यो मलाई नेपालको राजधानी काठमाडौंको बारेमा आफ्नो पाइलाको पहिलो स्पर्शले चाहनाको धर्तीमा टेक्न पाउँदा मलाई अनौठो महसुस भयो।

मैले आफ्नो गाउँको सम्भैं। आफ्नो गाउँ र आफ्नो समाजको नाम राख्न आएको म केटो नौलो संसारमा रमाइ रहेको थिएँ। गाउँमा पैदल र कहिलेकाँही रहर लागदा म रिक्सामा चढ़थँ तर यहाँ त गाडीमै चढ्नु पर्ने रहेछ। म आफ्नो अन्तरको खुसी पाइरहेको थिएँ। कहाँ जाने, के गर्ने र कस्तो हो यो सहर मलाई केही थाहा थिएन, तैपनि म भित्रभित्रै रमाइ रहेको थिएँ। अचानक गाडी रोकियो । ड्राइभर मुनि भज्यो र अतालियो। गाडीका सबै मानिसहरू पनि ओर्लिए। म पनि आफ्ना भोला भ्याम्टा बोकेर तल भरें। रातो अबिर र पानी छरे भैँ खललल रगत बग्नै थियो।

यो कुरा र दृश्यले मलाई काठमाडौंको असली फलक दियो। म आफ्नो डेरामा पुगें। साँभको बेला मेरो मनमा दिनको दुर्घटनाको सम्कना आयो। भोलि नयाँ स्कुल जानु थियो। म थकित थिएँ। बिहानीको किरणले मेरो निन्द्रा खोल्यो। म सधै भैं आफ्नो नित्यकर्म सकेर स्कुलतिर जान थालें। दाइले "आफ्नो विचार गर्नू र चाँडै फर्कनू" भनेको मलाई अभैँ याद छ।

साँभपख घर फकंदा बाटोमा ठूलो भिड लागेको थियो। दाइले बिहान विचार राख्न भने पनि म आफैंसँग माफी मागेर भिडमा छिरें। मेरो आँखाबाट भलभली आँसु आयो। मुटुको ढुकढुकी बढ्यो। मलाई आफ्ना सबै आशा टुटेको अनुभव भयो। म बेहोस् भएँछु।

पाँच दिनपछि मैले मलाई गाउँकै अस्पतालमा पाएँ। मलाई केही याद अाएन । म बिस्तारै ढोकाबाट निस्किएँ। आमा, दिदी, बुबा सबैलाई फोक्राएको देखें। त्यहाँ दाइको अनुपस्थितिले मलाई त्यो कलकको एक चस्का पन्यो। बिस्तारै सबै कुरा याद आयो। मेरो कलेजको सपना र मेरो मनको रचित दाइप्रतिको प्रेम उनकै चितामा कागजका पाना भैं जल्यो । उनको पेटमा रोपिएको चक्कु मलाई अभै याद छ। त्यो जलनको निशानी।

आज पनि त्यो पीडा मेरो कलेजोमा विस्फोट हुन पर्खिरहेको ज्वालामुखी बनेर बसेको छ। यो युगमा आफ्ना कोही नहुने रैछन्। स्वागत छ, यो नयाँ युगलाई।
※ $\%$


कति एक्लै बसूँ म तिमी आउँछौं भनेर
कति पीडा सहेर बसूँ म ? तिमीले खुशी पार्छौ भनेर कति जिन्दगीलाई मोडूँ म ? तिमीले साथ दिन्छौ भनेर कतिन्जेल बसूँ तिमी आउँछौ भनेर ?

कति काँडा बनेर बसूँ ? तिमी
फूलभैं फुलाउँछौ भनेर कति हार खाएर बसूँ म ? तिमीले जिताउँछौ भनेर
कति अँध्यारो बनूँ म ? तिमीले
उज्यालो बनाउँछौ भनेर कतिन्जेल बसूँ तिमी आउँछौ भनेर

कति सपना मात्र देखूँ म ? तिमीले बिपना देखाउँछौ भनेर कति रोइ रहूँ म ? तिमीले अघि लाउँछौ भनेर कतिन्जेल बसूँ तिमी आउँछौ भनेर ।

कति आशामा डुबूँ म ? तिमीले पूरा गर्छौ भनेर
कति नर्कमा बसूँ म ? तिमीले स्वर्गमा लान्छौौ भनेर
कति मायामा डुबूँ म ? तिमीले गर्छौ भनेर
कतिन्जेल बसूँ तिमी आउँछौ भनेर $\stackrel{\rightharpoonup}{\diamond} \stackrel{\rightharpoonup}{*}$

## Those Days

## 2065

Omisa Class: 6


When I close my eyes, I can see my family,
Everybody staying together, With smiling faces,
Enjoying moments together.
Oh! What wonderful days they were,
I still remember them when I close my eyes.

I remember all those happy moments,
That I enjoyed with my family,
And all those sad moments,
When we all helped each other. Oh! What wonderful days they were,
I still remember them when I close my eyes.

Nowadays, I am away from my home and family,
This makes me quite lonely,
The memories I have,
Make me want to go to the past.
If there were a time-machine,
To take me back to the past, I would simply go there,
And enjoy all those days again.
I want to be small again,
To enjoy all those loving days, When everyone loved me,
And I got everybody's care, Oh how happy I was...

I remember it all,
How everyone played with me,
But now I am away from my family,
It makes me quite sad. Oh! What cheerful days they were....

## Hope I'll Get a Ticket to Heaven

That day, it was at Aaron's coffee shop. I mentioned 'that day' for those kinds of incidents happened to me every day. And it happened only because I was a man of so called lower class of the society and I was among the few who were always struggling against discrimination. I was 20 and that hot blood and adrenaline rush inside my body always led to trouble. I always ended up fighting with those who dared to talk about my wrongfully tagged class inferiority. Consequently, I was led to prison every time and furiously beaten until my consciousness could stand it no longer.

I returned to that day now. At that coffee shop, I was sitting on a chair with my coffee. About 5 people, staggering, arrived and started pushing me. "Why are these animals allowed here!", one of the hotheaded ones shouted, "Do animals drink coffee?!" They shared a laugh. Though these dialogues were not uncommon, I was furious and wanted to teach them a lesson. "I'll show you how powerful animals are",

I said and gave one strong punch on the face of that ne'er -do -well; the only son of chief administrator of the city. What happened next was disastrous. All five of them came upon me. I whisked a small pocket-knife

from my pocket. I failed to hear the cries from the onlookers, my rage had deafened me. Next thing I knew was four of them were lying on the floor, bleeding profusely. One of them had died. The fifth one, the son of the chief, was still standing. Without thinking, I pierced his body with my knife. Had it not been for its small size, the weapon would have reemerged from the other side of that beast. Red liquid of pain and anguish oozed out of him. That's when the cops arrived.

Though the remainder of my life is restricted to these prison walls, I cannot help but take pride in my deeds. I was the one, the fearless one, who, being a man from an unprivileged background was able to shake the ones who thought they are superior beings. That incident at the shop gave my people courage; a much needed courage to fight for a cause. Often it feels like I've done a justifiable crime. My crime may be considered petty by many but it's a significant thing for my people. In a world of 7 billion, at least 150 of them will rememberme.

Hope the God will take me to heaven.

The Dreamer Boy


I opened my eyes and I saw a different world like Japan．But no，it was more advanced than that；America？No it was more powerful than that； Switzerland？But then it was more beautiful than that．Even after much thinking，I could not know where I was．I tried to get a clue but instead，I got my answer in an advertisement．It said，＂Welcome to Nepal－The heaven of imagination．＂It was indeed a heaven．People were civilized．T
here were many people on the street but it was not crowded． The roads were clean．No one was travelling on the roofs of microbuses or hanging by the door．Everyone was wearing decent and respectable clothes．There was no difference of caste．Everyone believed that he／she was from Nepal and was Nepali． Everyone held his head high and thought about the nation． They asked themselves what they could give to the country， not what they could get from the country．The facilities of education，health and communication were free． Everyone was employed． Everyone followed the rules． Everyone spoke the truth． Everyone respected each other．

BANG．Then suddenly I heard a sound like someone was banging a table．I heard the sound again and opened my eyes．I was sleeping in my mathematics class．My teacher was standing furiously in front of me．＂The dreamer boy，＂he called me．My mind told me to stop dreaming because it was not going to come true．But my heart said it might become true after some time．

Your Love


My heart was filled with the warmth of your love， Your love was true like life Your caring arms made me glow You encouraged when I was slow．

You gave me a push whenever I stopped
You were the only one in the core of my heart
Your song was like a flowing stream
How could I ever forget your loving name？

When I declared my love it was heart shaking
I never thought your answer would be heart breaking I can＇t forget you－I can＇t ever Let＇s be together forever．

## Trip to Shivapuri Stupa



On Thursday November 27，2014， we，the students of BNKS，who had stayed back during the leave－ weekend，went to Shivapuri Stupa．We all had a lot of fun there．

After having our breakfast at 7：30 AM，we all returned to houses． We all got ready for the exciting trip to Shivapuri Stupa．We all assembled in front of the dining hall，packed our lunch，filled our bottles with squash，had our attendance registered by，and headed outside．

After about an hour＇s walk，we arrived at our destination．We took a look at the beautiful Stupa．Due to the long and tiring walk，almost all of us had grown hungry．Thank God！We had our lunch packed in our bags．We all started eating and surpringly，we suddenly found the school lunch tasty．After we all had filled our stomachs，we decided to see the famous Shivapuri waterfall．We had fun there．The water was clear and some of us，including me ，played in the water．

It was getting late，so we packed our belongings and returned to the meeting point．The duty teacher registered us once again and all of us returned to the school．

[^1]
## WITH BEST COMPLIMENTS FROM



MR. MITRA LAL KHAGI 9801068830

KAMAL BINAYAK-4 KATHMANDU


Students from classes 6-12 participated in the Korean International Mathematics Competition 2014. Anweshan, 1065 bagged a bronze medal in the junior individual category.


# Eureka International 2014 



Students from classes 5-8 participated in the Eureka International Art, Dance, Song and etc competition 2014 at Lucknow, India. BNKS group bagged a third prize in the junior category.


## नेपारी नाटक 'भुत्यु" एक प्रश्न'



नाटककार श्री सत्यमोहन जोशीद्वारा लिखित नेपाली नाटक 'मत्यः: एक प्रश्न'का फलकहरू




# नेषाबी नाटळ ‘भुत्यु: एक प्रश्न' 



प्राचार्य श्री केशरबहादुर खुलालद्वारा नाटककार श्री सत्यमोहन जोशी अभिनन्दित हुंदै



# Gcliocl गesr 7oifu 



## Swim Fest 2014




## Swimmers competing in the annual swimming fest 2014



## Sangam Fest 14, Rafasthan, India



Creativity
Club visits
Rukum to donate educational materials and conduct an art workshop.



At Nepali School in Tokyo


With the Admission officer of Asia Pacific University

Reunion of SEBS-Japan


Enjoying the variety of foods

#  



Budhanilkantha
Scouts trek to the White Gumba.



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What is Love?


My teacher asked me "What is love?"
I was perplexed for it was not a question to ask,
Friends giggled at me and made me red,
But then I said, "Tomorrow I will tell".

I went to my mother and asked
"What is love?"

She smiled and said, "Making you smile is love".
I couldn't understand and went to Dad,
He just said, "Bringing home food for the family is love".

Amazed at this reply, wanting to know more,
I asked my big bro, "What was love's intro?"
"Despite my work, I play with you,
That is called love my dear bro". I asked my sister for her opinion She started everything with ease "Helping you with your stupid homework;
Is the simplest form of love".
I then asked my friend, "What is love?"

## Adieu Note

## We would like to wish you best of luck for your retired life. Budhanilkantha School would like to remember your long services.



Mr. Maheshwor Sharma
(Mathematics Teacher)


Mr. Mukunda Prasad Sharma (Nepali Teacher)


Mr. Toya Nath Lal Karna
(Mathematics Teacher)

मान्छे हुनुको अर्थ


रूप रडले मात्र चिनिने बोलेपछि बल्ल छुद्धिने भई बाँचेर मानव हुनुको अर्थ के नै रह्यो र ?

विज्ञान युगको साम्राज्यमा सभ्यताको कुरुक्षेत्रमा आफैलाई त्यो अन्धविश्वासको कालकोठरीमा धकेल्ध र

त्यो मानिस छुत र अधुत छुटुयाउँदै बस्छ भने भन, त्यो मानव हो र ?

शिक्षाको कोला बोकेर उद्देश्य प्राप्तिका लागि
हिंडेको जीवन, किशोर जीवन, बिच बाटोमा हेरोइन र कोकेनको नास्तापछि चरेस र ब्राउन सुगरमा मोजमज्जा देब्छ र "ठूलो" उद्देश्य बोकेको जीवनलाई बर्मुडाको यात्रामा धकेल्छ भने हे युवा !
मान्छे हुनुको अर्थ के नै रत्यो र ?

मानव, विवेकी मानव
मानिस बाँच्चुमा, मर्नुमा हरेक कुरामा पैसाको भोगपछि
घुसमा भ्रष्टाचारमा सहज आय देख्छ, पैसाको आकर्षणमा, पैसाकै सुखमा, किनेको मोजमस्तीमा
दुई दिनको मोजलाई जीवनभरको सुख देख्छ भने हे मानव हो !
मान्छे हुनुको अर्थ के नै रत्यो र ?
संसारलाई स्वर्ग बनाउने मान्छेमध्येका हे मान्छे हो !

ज्ञानको विस्फोट भइरहेको युगमा
युग-यात्रालाई छाड्न हुन्न, आफ्नै अस्तित्वमा दाग लगाउन हुन्न

नत्र,
मान्छे, हुनुको अर्थ के नै रह्यो र ?
मान्छे आफैं,
आफ्नै सभ्यतामा, विकासमा तगारो बनेर उठ्दै छ
यस्तो आफैले आफैंलाई उँभो लाग्न नदिने भए
आफैंलाई सोधौं मानव,
मान्छे हुनुको अर्थ के नै रह्यो र ?


उत्साह र उमङ्ग मनमा छैन किन आज पहिला जस्तो रमाइलो संसार छैन किन आज ?

शिशिरले वसन्तमा पालुवा फेरे पनि परिवर्तन र उज्यालो जीवनमा छैन किन आज ?

पतकर थियो सबै हुरीले बढारी लग्यो तर पनि घामको प्रकाश मनमा छैन किन आज ?

कोसिस थियो मेरो सफलता चुम्ने रहर र आकाड्क्षा यो मनमा छैन किन आज ?

बिहानीको प्रभातलाई किरणले स्पश्ष गरे पनि गुलाफ फकिन रातो लाली छैन किन आज ?

सागरका ताराहरू अँध्यारोमा हाँसे पनि खुसी हृदयभरि छैन किन आज ? ※ $\%$

## दयालु आमा



बेरै वर्ष अघिको कुरा हो। एउटी बुढी आमा थिइन्। उनको एउटा छोरा थियो। आमा साहै दयालु थिइन् । आमा र छोरा साहै मिल्ये। एकदिन छोराको बिहे गर्ने कुरा भयो। उनीहरू केटी खोज्न हिंडे। उनीहरू एउटा घरमा गए। त्यस घरकी केटी बिहे गर्ने निर्णय भयो। केही दिन पछि उनीहरूले धुमधामसँग बिहे गरिदिए। त्यस दिन त केटी राम्रै जस्ती थिइन् ्तर आखिर केटी असाध्यै नराम्री रहिछिन्। तापनि त्यस केटालाई केटी मन पज्यो । त्यसदिनदेखि छोराले आमालाई माया गर्न छोड्यो र आप्नै बुठीतर्फ लाग्यो। उनीहरू कसैले आमालाई माया गरेनन्। विचरा ! ती बुढी कति रून्थिन्। आफूले यति माया गरेर हुर्कायो आखिर अर्काक छोरी तर्फ लाग्ने रहेछ भन्थिन्। उनीहरूले आमालाई माया नगरे पनि आमाले

भने उनीहरूलाई खुशी पार्नका लागि धिरै कुरा गर्थिन्। उनीहरूले मिठो पकाएर खान्थे। तर विचरा ! ती आमालाई नमिठो दिन्थे। एकदिन आमा घरमा रुदै बसिरहेकी थिइन्। गाउँको एउटा दयालु मानिस आयो र सोध्यो -"आमा के भयो ? किन यसरी रुनुभएको ?" आमाले भन्नु भयो -"हेर बाबु ! म मेरा छोरा र बुहारीलाई खुशी बनाउनलाई धेरै कुरा गच्छु तर उनीहरू मलाई हेला गर्छन् राम्रो खान दिंदैनन्" । त्यसपछि दयालु मानिसले भने, "आमा तपाई रुनु पर्दैंन, म तिनीहरूलाई सम्भाउँछु।" अर्को दिन विहानै त्यही मानिस आयो र भन्यो "तिमीहरूले आमालाई गाली गर्छौ रे, आमालाई राम्रो खान दिंदैनौ रे। तिमीहरू आमालाई माया गर नत्र समाज बोलाएर हामी तिमीहरूलाई गाउँबाट निकाल्धौं।" उनीहरूले माया गरेनन्। उनीहरूलाई समाजका सबै मानिस मिलेर सजाय दिए । त्यसपछि मात्र उनीहरूले सोचे हामीले आमालाई माया गर्नुपर्दो रहेछ, हामीले माया गरेको भए यसरी सजाय पाउने थिएनौं। त्यसपछि आमालाई माया गरेर उनीहरू मिलेर बसे।



मेरो बाल मानसपटलमा थुप्रै प्रश्नहरू खेलिरहन्छन् किन दुर्गम बस्तीहरूमा मानिसले औषधी खान नपाएर अकालमै ज्यान गुमाएका होलान् अँ, म डाक्टर बन्छु।

फेरि अर्को प्रश्न तेर्सिन्छ ! म जस्तै साना भाइबहिनीहरू घाँस दाउरा गर्न जङ़गल गएका होलान् ? नाइँ, म शिक्षक बन्छु।

अनि महिला हिंसा अपराध अत्याचारका दृष्यहरू आँखा अगाडि देखिन्छ्बन् लाग्छ म वकिल बन्धु।

भोकमरी र दरिद्रता अभाव र लोडसेडिङ तब मेरो मनले निर्णय गई्छ म नेता बन्छु।

अहो ! मेरो मस्तिष्कमा कति प्रश्न तेर्सिएका होलान् ? डाक्टर, शिक्षक, वकिल नेता सबै बन्ने मेंो रहर मेरो अठोट
मेरा सबै प्रश्नहरूको एउटै उत्तर अब सड्कल्प गर्दचु
म बन्नुपर्छ निष्काम समाजसेवी

## Thrice a Week and Math Olympiad


'Oe, telle daant maajna thalechha, aaja chicken day vayera', Samriddha points a finger towards me.

## 'Tanta jhan exercise garna thalis

 re ta, bihana kudna ni gais re, belka badi vok lagchha vaner', I fire back. Thus begins another adventurous chicken day.The miniature 'grandfather' clock in the dining hall strikes seven and the floodgates open. Torrents of hungry souls rush forward to have their share. Out of the first 10 people entering the hall- I assure you- 7 will be my table mates.

I eye a delicious-looking bowl from far off but to no one's surprise, Saket gets it first. A war cry escapes my throat and I close in on my next target. Puff!! That, too, slipped away. This time it was Saugat. I cannot give up nownot yet, third is still a good rank. Samriddha- the exerciser- was trailing right behind eyeing the same bowl. No, not this time. I lurch forward and grab my prize before anyone else does. Ah! Success at the last, or rather success at third trial. The swiftness of my act spills half of
the soup but it's a small price to pay for bigger rewards. The first round of the struggle is finally over.

Next, comes the rice battle. If you're not lined up second, don't ever make the mistake of being third; you'll have to raise the rice bowl for sure. After two fierce battles in a row, the show finally begins-and so do our performances. All seven of us bury ourselves under the pile stacked in our plates and start dumping- "gulping" is too mild a word- the contents in our mouths. Even gamma radiation would have been impressed by the frequency of our hands' motion.

Suddenly, Akash looks up. No! Not again- The bearer is doing the rounds- the final struggle has begun! Saugat- with remarkable agility for his size jumps forward with an empty chicken bowl in his hand and hope in his heart. Akash, on the other hand, forces the bearer to search for any stray piece of meat amidst the soup. Hoping against hope, 14 eyes look intently at the ocean of broth. Finally, a fragile piece is fished out of the tank of capsicum and tomatoes. Without a moment's hesitation, I whisk my bowl forward before Pawan does and the piece safely lands in my bowl. Yes!! A celebration is in order. It doesn't matter if I lost a battle or two, for I have won the war. Samriddha pushes me as if he is outraged and throws an insult or two in my direction. I return the favour.

Amidst all this laughter and gaiety, I find myself at peace with the world. My problems fade into the back of my mind. It feels refreshing, in a foolish way, when you act as if your very existence dependent upon that chicken piece. Whenever life pitches a ball of troubles in my direction, I am ready to swing the rice ladle and send it into the stands- until the next inning.

*     * 

Joy of a Nature


In vacant or pensive mood The bliss of solitude Makes me feel sprightly Tossing my life brightly

> I wandered up lonely
> But I am not alone
> I see the glee
> Made by the colors

A host of golden colors
Represents the daffodils A shade of blue Reflecting peace

Continuous as the stars
That shine and twinkle They filled my heart with pleasure I wanna mingle among them

Where clouds float through Sailing happily in the night Growing happily and beautifully What else it could be ! \& \& \&

## 35 \& 29

5183
Nischal
Class: A2


I have seen walls float across the room, mammothian-cakes cut themselves to unfair pieces, elephants fly and grow and shrink, basketballs to wrecking balls astray all over the floor, trucks collide and bounce away without single injury, large nonexistent pendulums swing against ducked heads, lions jump through fiery loops, spiders web their way in the space, planes take-off and javelins land, and edifices build themselves up. I have witnessed castles built in the air and learned why they still float. I have seen numbers come alive and dance a merry miraculous dance. I have been an audience of a magnificent play of numbers. I have feasted on infallible testimony of numbers.

I have locked up these fond memories in arbitrary rooms 35 and 29. I have been a PCF.

And again, for the sake of latecomers, I have been a PCF!


## Not Every Story Ends Well...

Once upon a time there lived two friends. They both were girls. Their names were Rani and Sita. They were very good friends. They helped each other through problems. They shared their joys and their sorrows.

They studied in the same school and were both very successful students so that they always stood first in their respective classes. When they grew up they were admitted to the same college.

2020 Jishan Class:6


They continued getting good grades. After some years one boy, whose name was Raja, got admitted to that college. He was very handsome, helpful and also very good in his studies. Both girls fell in love with him.

One day when Sita was coming from college, she saw Raja and Rani sitting together and talking. Sita was shocked and jealous. In the evening she called Rani and asked her, "Do you love Raja?" Rani said, "Yes, I love him, why do you ask? Do you love him as well?" Sita said, "Yes, of course." Rani said, "Ok. I will ask him tomorrow." Rani agreed.

The next day Sita asked Raja, "Who do you love, me or Rani?" Raja said, "I am so sorry Sita, I love Rani." From that day on they became enemies. They started hating each other. Love had made them blind. All those childhood memories they used to share turned into ashes in the fire of their rage.

After some years, Raja and Rani finished their studies and got married. Sita also got married but couldn't forget Raja. Rani and Sita both gave birth to one child each. The Raja-Rani family was living hapily and comfortably. Who would have guessed that life would bring a cruel twist in their story?

One day the whole family went shopping. The child was sleeping quietly in the car. They left him in the car, with the driver. As they got out of the car to go for shopping, their car exploded. Their child and the driver were both dead on the spot. They cried a lot for their beloved child. Later, it was discovered that the bomb blast was Sita's misdeed, that same old friend of Rani.


## Innocent



The evening had got me into power; every minute seemed like an hour. The insect noise of the ticking of a wall clock dully resonated inside the room, the wind howled outside, a mouse scratched the floor at the corner. The room smelt of boiled cabbage mingled up with the putrid stench of dead mice. The only source of light that erased the intermediate darkness that reigned in the room was a lonely candle that could go out any minute, standing alone on a dilapidated table weakened due to 20 years of termite biting and its uselessness. The fragile piece of furniture on which I was sitting against my own creaked sharply as it rocked gently. I could feel the blood in me throb inside the veins that irrigated the flesh in my hands; being tied to an armchair for hours had made my hand feel strangely uncomfortable. The world outside was rejoicing, and there I was, like a snug bug on a rug, pitying my own helplessness. Actually, it made me laugh.

The door creaked, and a chill ran down my spine because of that
godforsaken noise. A man in his late sixties strutted inside the room, and dropped a heavy briefcase on the wooden floor, making it shudder.
"The police people are comin'," the man quacked taking his dirty looking overcoat off.
"Do I get somethin' like a bonus minute to live if I tend to care?" I replied abruptly, as the sides of my mouth quirked to form a strange smile.
"Yes I thought you might," he said in an uncanny tone, as he pulled a sidearm from the holster that was crazily hanging on his belt.
"Talking about killing the only man who can pull you out of the doldrums tormenting you... that makes no sense at all," I said in a surprisingly serene tone.

He looked like an actor of an Western movie preparing himself for a voyage to save his damsel in distress. He had a moustache like that of Theodore Roosevelt, and wore spectacles like that of John Lennon, which portrayed two candles each in its circular frame at the present. He had deliberately pulled his pants up to his belly, and his shirt looked like a canvas ready to get painted. Overall, he looked ridiculous.
"There is a million dollars..." the man started nervously.
"Shut up!" I interrupted in a rude tone.

The man hurriedly raised the pistol, trying his best to make himself look as if he were going to shoot.
"In that briefcase," he continued.
"Cool," I said, "but that doesn't change the situation, right?"
"The police will be here in a minute, aren't you concerned about that?" he hollered, his gesticulations extraordinarily incongruous with the words he spoke.
"The briefcase is by your side, and you're the one who's panicking unnecessarily. Sherlock Holmes and the police would conclude that straightaway ..."
"Shut up!" it was him who said it now, "You're an idiot," he faintly added.

I burst into laughter. Literally, I couldn't help it. That made the face of the fellow standing in front of me go expressionless like that of a goat.
"Let's say I am vain, envious, malicious, base, vindictive, stupid, idiotic... and all those
other synonyms．．．and well， perhaps even peppered with a hint of insanity．But does that change the situation？＂I said， as the times of laughter that tailed my voice ended．

The man retook his aim at my forehead．
＂All right，calm down．．．＂। breathed，＂Let＇s talk of something else．Where did you get that huge amount of money from？And yes．．．you haven＇t even told me why you＇re keeping me here like a．．．＂

## ＂SHUT UP！＂

＂Why should ！！＂I remonstrated．
＂Look，if the police come here we＇ll both be in trouble．My boys had stolen this briefcase from the mansion of Dr．Friedrich Wohler，and now the police have found about it．What I want you to do is take this bunch of crap，go to the north far end of this city where you＇ll find a street named St Oliver＇s street．Go to house no 21，and hand this briefcase to the owner，savvy？＂

For a second，I was speechless．
＂Then why did you tie me up here for an entire hour？＂，l asked
＂To stop you from running away like a crybaby！＂he shouted．His voice seemed to stick into my brain like jagged splinters of glass．
＂Why did you choose me to do this？＂
＂Because ．．．I had no choice！I needed a guinea pig to complete this task！My choice was purely arbitrary．I chose you because I found you．．．＂
＂Why did you have to steal the money．．．in this age of yours？＂
＂Listen boy．．．now you＇ll have to answer my question first，＂he said as he grabbed his pistol harder，＂do you fear death？＂
＂Prior to the present and looking at things from a pragmatic point of view．．．no，I don＇t．Cause you ain＇t gonna shoot me here．＂

The door banged open a myriad of policemen flooded inside． Within a few moments，the room was no different than my pocket；stuffed with nonsense．

The next thing I saw was a world class drama which even Shakespeare wouldn＇t have imagined of．The senile donkey standing in front of me collapsed on the wooden floor， crying．In a few seconds he was pointing at me stubbornly and complaining，＂This man blackmailed me！He＇s the one who told me to do this！I＇m innocent！May the merciful lord forgive my misdeeds！Oh God．．．＂

Without uttering a single word， two of the policemen marched towards me，dashed their hands into my pockets and started taking things out；a stuffed tie，a pocketknife，a
cigar lighter，a pen，a confetti of theatre tickets．．．
＂Would you mind untying me first？＂I interrupted politely．

They did，and grasped my shoulders as they continued fishing into my pockets．
＂You＇re arrested for breaking the laws of the society，and harming and torturing the innocent！＂one of them announced in a formal， dignified tone．

I kept quiet．The last thing they pulled out of my pocket was my ID card．The police looked at it as if it was a crafted piece of gold．And that was it．They humbly apologized to me， rushed towards the mustached man and handcuffed him immediately．
＂What．．．what have I done？I＇m innocent！＂he cried like a lunatic．For that，it was a blow on the back for him．

Finally，my turn to speak had come．
＂My dear．．．whoever you are．．． before you forced me to do hideous things that I didn＇t expect from an old man like you，you forgot a very important thing，buddy．＂

Silence．
＂I＇m Dr．Friedrich Wohler．＂

回回回

## The Bus Ride



A bus ride has always been massive curiosity in me. People who have travelled with me know that I prefer to sit on the back seat from where I can watch different people getting on and off the bus. Their expressions sometimes amaze me. It feels as though there is a secret message encrypted on the expressions inviting me to decrypt them. I also prefer to sit at the back because I can look at all the people seated and standing in the gap between the columns of seats without being noticed.

Bus rides were a regular chore for me when I was in grade 10; I had to board a bus to reach school every morning. It was one of those mornings when I had a peculiar encounter with someone.

It was already 5:30 AM. Usually by this time I would have already been seated on my cozy seat comfortably but today my routine was disrupted. It was mainly because it was pouring and I could find neither my umbrella nor my rain coat. So, I hurried towards the bus stop at twenty past five. Already half drenched in cold water I tried my best to keep my nerve. I stood in front of a closed coffee shop shutter at dawn looking through the rain for the headlights of the bus which would take me to Baneshwor. That waiting was
getting tedious and tiresome. I only wished the downpour would stop by the time I reached Baneshwor.

After another 5 minutes of desperation, which felt like an eternity to my cold body, I climbed into the bus. I had been taking the same bus at the same time regularly for nearly six months then and I was always amazed to realize that I could not recognize even a single passenger. They, too, didn't seem to recognize me or may be they just preferred denying recognition. After all, I was just a student rushing to school.

Usually the passengers in the bus would be men with occasional woman. Today was differentthere was a girl, a student like me. I had never seen her before and when I saw her for the first time, she was sitting on my seat the one that I loved to sit on. I hid my frustration of losing my seat and started to ignore everyone in the bus, but the same cannot be said of the other passengers. After all, being the only person half drenched in rain and the only person standing, I was easily noticeable. Everyone looking at me made everything exceptionally awkward. But I didn't pay much attention to it much because sooner or later someone would give me company standing, or I would get a seat. So, I just kept by looking out of the window. The rain was still pouring down and some droplets entered the bus through the broken window. It was really cold outside.

At the next stop an old woman climbed onto the bus. I was happy that I was not a lone sufferer anymore but it angered me to see that none of the
people sitting offered her a seat. When I turned back thinking I would have sacrificed my treasured seat for her, I noticed that the girl had left her seat and was coming up to me. The old woman took the seat happily without a word. Maybe she was overwhelmed by the generosity. Initially I thought she wanted to get off, so I gave way to her but she just stood beside me holding on to the ceiling bar for support.. I think I would never have talked to her or known her had she not said those words. I was never talkative and never someone to start a conversation. Smiling she said to me-"It seems your seat is serving a good purpose."

I was taken aback at such an approach. Still trying to process what she had said, I felt that my face was growing redder. Adrenaline rushed through my veins. I looked at her, then towards my seat, then again towards her. I was still speechless.

After a few seconds I realized that I was staring at her. So, I turned away regaining control of myself. I still didn't speak. I was still wondering how she had known that it was my seat. When I turned towards her she was looking at me. I felt like she could sense what was going on in my head. I tried to smile and she smiled back at me. The bus came suddenly to a halt and I found that the old woman got off. Two of the back seats were empty. Actually half the bus was empty but I did not care about other seats. I just wanted one seat, my best one. I was considering where I should sit when I was again interrupted. "Let's sit there, I don't mind if you sit on your seat, which originally belonged to me," she mocked.

She was practically moching me. However, that didn't make me furious. I was simply amazed how she could be so frank with a stranger.

Once seated, I felt it my duty to start a conversation. I thought that if I didn't talk about something, she was probably going to make jokes about me and my seat again. I asked where she was headed. She said that she studied at grade eleven at some college (I don't exactly remember the name of the college). She was studying science, she informed me. I was really amazed. I had thought that she must have been studying in grade 8 or 9 because of her childish look. That was one of the reasons I was trying to act mature but now I realize she was well my senior. Today, indeed, was full of surprises, I thought to myself. She told me that she was from outside the valley and was staying with her brother who was currently doing his Master's degree. She revealed that her brother's bike was not in good condition, so she had taken the bus. However, she never told how she had known which my seat was.

She had so many questions and I patiently answered them all one by one. She also managed to ask me what I wanted to do in life. I answered with full confidence that I wanted to study science after SLC and then study on to become a doctor. She didn't speak for a while just looked at me as if thinking what to say. A few moments later, she revealed that her plans matched with mine but mocked at me again stating that I would be her junior. The very feelings being with her again someday made me smile. She smiled, too, but I don't think she saw the deep affection in my smile.

Time was my greatest enemy that day. My watch indicated that I had only five minutes before I had to get off. She told me that she would be getting off at the same stop where her friends were waiting. Looking at her, I realized how young she looked. She resembled my mother when she was in school herself. At that moment, I could not distinguish between her and my mother because both were similar in almost every aspect.

Hoping that she will not take it inappropriately, I asked her, her age. She took an expression that in beyound words to describe and said she was born in the year 1997. She didn't state the exact day and I didn't ask her either. We didn't talk further, just sat silently. We got off at our stop. I paid the
bus fare. I had thought she would insist on paying or try to pay her own fare but she just smiled at me and said, "Thank you. Have a great day."

I have never seen her again. We don't know each other's name. We didn't share each other's number. We had no way to keep in touch. However, a feeling persisted that some day our paths would cross once again, and I certainly hope it will.

The last thing I remember about her is watching her hug her friends under their umbrellas. Her auburn, long, black hair danced in the gentle breeze. Her simplicity and clarity of thought really inspired me.

That day after I reached home I went through my mother's photo album once again and looked at it for a while. My heart was light as if something heavy had been lifted from it.

We never know what lies ahead on our path but still we choose to walk on it. Sometimes, we spend years and have nothing to remember it for and sometimes a few moments are worth a lifetime. Truly Magical Moments.


वेदनाको सागर

"खुशी धेरै दिन टिक्दैन रहेछ। मैले यो कुराको अनुभव गरें। खुशी त केवल एकैछिनको लागि मात्र रहेछ। दु:खले त्यसलाई भम्टिहाल्दो रहेछ । बल्ल मेरा दु:खका दिन सकिए र खुशी मेरो जीवनमा अव चिरस्थायी भयो भनेको त होइन रहेछ ! दुई चार पैसा जम्मा गरेर आए आँप गए भटारो भन्दै जग्गा किनेको थिएँ। अस्ति भर्खरै गएको पहिरोले सबै बगाएर लग्यो। मेरो वर्षौको मिहेनत बालुवामा पानी खन्याएभैं भयो। यो दु:ख त मैले सहें तर त्यहीं काम गरिरहेको मेरो छोरो, एकमात्र सन्तानको वियोग........।

एक हप्ता भइसक्यो अभमे पनि मेरा आँसुका धारा रोकिने प्रयास गदैैनन्। आँखा सुन्निसके, ओठ सुके तर पनि त्यो वियोगको व्यथा मबाट भाग्न

चाहैदैन। डेढ वर्ष जति मात्रै भयो मेरी श्रीमतीले मलाई छोडेको, सायद छोराको राम्रो स्याहार गर्न नसकेर हो कि भगवान्ले छोरोलाई पनि लगेको। कस्तो कठोर हृदय त्यो ईशवरको ? ईश्वरप्रतिको निकटता पनि मबाट भाग्न खोजिरहेको छ। पहिलेको जति बल अब ममा रहेन आलस्यताले खाइसक्यो, जीवनको सुवास र आलोक हराइसक्यो, शिखर प्रतिभा खिइसक्यो, वेदनाले मनलाई खाइसक्यो। यस्तो जीवन म चाहन्ने। व्यथा बिसाऊँ भने न त छोरो छ, श्रीमती नै छ। भगवान्लाई म प्रश्न गर्छ "अब म के गरुँ ?" वर्तमानको परिस्थिति देखेर खिन्न छु म, संसारलाई धिक्कार्छु म, यो नियतिमाथि थुक्छु र ईश्वरलाई घृणा गर्छु। अब म कालदेखि डराउन्नँ किनभने म आफें काललाई पुकार्छु। आफ्नो वियोगको गाथा भन्दै भगवान् समक्ष उपस्थित हुन चाहन्छ्छु।"
लासको नजिकैको टेबलमा रहेको यो चिठी प्रहरीले पढेर सुनाए। विचरा ! त्यो डम्बर बहादुरको जीवन देखेर मलाई डर लाग्न थाल्यो। हुन त हो अचानाको पीर खुकुरीले जान्दैन । हामी त बटुवा थियौं हल्ला मच्चिएको हुनाले के भएब भनेर हेर्न आएका !
$\%$ *



वसुन्धरा घुमिरहेछ। समय चलिरेछ। अनि त्यो समयको भुमरीमा म पनि । जब त्यसको सुरुवात हुन्छ अनि त्यसको तीररूपी किरणले मेरो देहमा स्पर्श गर्दा म आत्तिन्छु - टन्टलापुर घाम पो हो त। खुला आकाशमा रमाई म स्वयम्लाई पोख्न खोन्ज्धु अनि म अड्किन्छु। मेरा पाइला रोकिन्छन्। केही कुरा बाधक बन्छ र मेरा प्रयास व्यर्थ ठहरिन्छन् । लाग्छ, मेरा गालामा कूर थप्पड परेको छ। लागच, मेरा पाउमा ठेस लागेको छ। मेरो बोली फुट्न पाइरहेको छैन। लाग्छ, म म नै होइन।

त्यस पश्चात्..
त्यो आउँछ । मेरो हृदयमा खुसी छउँछ। म रमाइलोपनको सागरमा डुबुल्की मार्न पुच्छु। मेरा कन्दन सबै हराउँछन्। हण्डर र ठक्कर मबाट टाढा भइसके। मेरो बाँच्जे आकाडक्षाले अभौ चुली चढ्छ। विचारको क्षितिज भनै फराकिलो बन्न पुच्छ। चौतर्फी हिसाबले म लाभान्वित हुन्छु। म स्वयम्लाई प्रस्तुत गर्न लायक पाउँछ्छु। म स्वतन्त्र हुन्छु। आखिर योसँग गहिरो लगाव पो छ त।

ए! म त यसैमा पो छु त। न्यानो स्वप्न बुन्दै गुटुमुटु परी बिस्तारामा।

288

## हाम्रो कर्तव्य



रामायणमा एउटा श्लोक छ, "जननी जन्म भूमिश्च स्वर्गादपि गरीयसी", अर्थात् जन्म दिने आमा तथा जन्मभूमि स्वर्गभन्दा पनि प्यारा हुन्छन्। यस संसारकी सृष्टिकर्ता, आमाको गुणगान गर्न त सायद असम्भव नै छ। एउटा व्यक्तिका लागि आफूलाई जन्म दिने बाबुआमाजस्ता महान् सायद कोही पनि हुन सक्दैनन् । आमा एउटी मात्रै त्यस्ती जीवन्त पात्र हुन्, जसले अरू सबैको अभाव पूरा गर्न सक्छिन् तर यस धर्तीमा अर्को त्यस्तो कुनै चिज छैन, जसले आमाको अभाव पूरा गर्न सकोस्। एउटा रोटीको चार टुका होस्, खाने व्यक्ति पाँचजना, त्यतिबेला पनि ...... (मलाई भोक लागेको छैन, तिमीहरू खाओ) भनेर आफ्ना छोराछोरीको पेट भर्न सक्ने व्यक्ति केवल आमा हुन्।

अथाह सम्पत्तिको मालिक हुँदैमा कसैलाई धनवान् भनिंदैन । वास्तविक धनवान् त्यो हो जोसँग आफ्ना आमाबाबुको सेवा गर्ने समय छ। सानो हुँदा अामाबुवाले आफ्नो सन्तानलाई खाना खुवाउन कति करगर्नुहुन्छ। धैरै पर्दैन ठूलो भएपछि, त्यसको एक पतिशत मात्र उहाँहरूलाई खुवाउन कोसिस जसले गई उसको जीवन अवश्य धन्य

हुन्छ। यदि जन्म दिने आमाबुबालाई कसैले कुनै सर्वश्रेष्ठ उपहार दिन चाहन्छ भने धनसम्पत्ति र हिरामोती हैन, सत्चरित्र र सत्कर्मरूपी महान्तम उपहार दिने प्रयत्न गर्नुपई्छ। जीवनमा एउटा व्यक्तिले जे जति हासिल गई्छ, त्यो सब आमाको ममता र बुबाको शुभाशीषको प्रतिफल हो । तसर्थ आमाबाबुप्रति सदैव कृतज्ञ बन्नु सबैको कर्तव्य हो।

हाम्रो समाजमा यस्ता धेरै मानिसहरू भेटिन्छन्, जो सानो छँदा चाहिँ आमाबुबाबाट एक पल पनि टाढा बस्न सक्दैनन् तर जब आमाबुबाको देनले उनीहरू आफ्नो खुट्टामा उभिन सिक्छन् तब उनीहरूलाई बाबुआमा कोही चाहिंदैन। सानो हुन्जेल जुन बाबुआमाले बोल्न र शब्द उच्चारण गर्न सिकाए, ठूलो भएपछि तिनै आमाबुबालाई चुप लाग्न बाध्य बनाउने छोराछोरी यो धर्तीका कलड्कित सन्तान हुन् । एउटी आमा अर्काको भाँडा माभेर पनि तीन चार छोराछोरी पाल्न सक्छिन् तर कस्तो बिडम्बना ! तीन चार छोराछोरीकी एक्ली आमाको बुढेसकालमा पालिने ठाउँ हुँदैन । सानो छँदा छोराछोरीबीच कगडा हुने गर्दछ, "आमा मेरी हुनुहुन्छ। ......... होइन मेरी हुनुहुन्छ," भन्दै, तर ठूलो भएपछि भगडा सुरू हुन्छ, "आमा तेरी हुन्, आमा मेरी मात्रै हुन् र ?" यसरी आफ्नी आमालाई भार सम्कने मूर्खता बिर्सेर पनि कहिल्यै गर्नुहुँदैन। अनि अर्को कुरा, आमाबुबालाई आदर नगर्ने व्यक्तिलाई भुलेर पनि साथी बनाउनु हुँदैन। जो व्यक्ति जन्म दिने मातापिताको हुन सकेन, ऊ कसरी तिम्रो हुन सक्ला र ?

मन परेपछि मात्र कसैलाई जीवनसाथी (पति-पत्नी) बनाइन्छ जब कि आमाबुबा जन्मसिद्ध उपहार हुन् । पछि गएर जोडिने नाताका कारण आमाबुबासँगको जन्मजात पवित्र नातालाई अपमानित र तिरष्कृत गर्ने दुष्प्रयास कहिल्यै गर्नुहुँदैन । यो संसारमा आमाले आप्ना सन्ततिलाई गर्ने माया मात्रै साच्चै निःस्वार्थ र निष्कपट हुन्छ। बाँकी अरूको मायामा त कतै न कतै स्वार्थ र खोट जोडिएकै हुन्छ। थाहा छ, प्रेम किन अन्धो हुन्छ ? किनकि आफ्ना बच्चाको अनुहार दे खनु भन्दा अगाडिदेखि नै अामाले आफ्नो बच्चासँग प्रेम गर्न थालिसक्नुभएको हुन्छ।

अरूले जस्तै हामी पनि धनसम्पत्ति कमाउने, सफलता प्राप्त गर्ने र मानप्रतिष्ठा आर्जित गर्ने इच्छा राख्ने गर्दछों, तर याद गर्नुपर्ने कुरो, यो अन्तहीन भूलभुलैयामा आफूलाई जन्म दिने आमाबुबाको प्रेम र त्यागलाई बिर्सने गल्ती कदापि गर्नुहुँदैन । सदासर्वदा आमाबुबाको हृदय जित्ने प्रयास गर्नुपई अन्यथा संसार जिते पनि हामी विजेता होइन, पराजित व्यक्तिमा गनिने छों। वृद्ध हुन् वा कमजोर मातापितालाई कहिल्यै पनि भार सम्कनु हुँदैन, ती भार होइनन्, भाग्य हुन् एउटा बुढो रूखले फल नदेला, तर शीतल छाया अवश्य दिन्छ।
"मातृदेवो भव, पितृदेवो भव, आचार्यदेवो भव !"
**

Who Am I?


For some of us this question might sound like a silly one. Who am I? I'm Binam, 6065. Well not really. Binam is my name and 6065 is my roll number. Yes, of course, it's my identity-since it differentiates me from other people. However, it is not who I am. So, who am I? A better answer would be: I am a human being. Well, that's only one of the possible answers. What that means is that we are essentially what our body is; a biological system. It means that we are the product of trillions of cells that work inside us to make us who we are and to keep us alive. We are not individual beings, but rather an integrated system.

Yet, the boy could just be a system that keeps us alive-but not necessarily who we are. What I mean from that is that I could replace my legs with bionic limbs. I could remove my heart and replace it with a mechanical one. Even if I do those things, neither would I change my perception of who I am. I would essentially be the same person.

So what could be the thing that uniquely identifies me, and
defines who I really am? My genes, of course! My genes uniquely define. This contains nearly all information, about the functioning of my body from my height to the color of my hair to the hormones that generate emotions in me. Moreover, my genes are spread through my body, contained in every cell of mine. However, it would be foolish to say that I am my genes. Although my genes contain information about my physiological functioning and structure, it's not my genes that give the perception of consciousness in me. Moreover, my genes do not contain all the information about my behavioral characteristics and my psychological being.

Its all in the brain; that's what modern day scientists believe. Indeed, it's our brain that creates the perception of things which surround us. It's our brain that stores memoriesevents that so deeply transpire feelings in us and create unique responses in individuals when faced with a similar situation in the future. Our brains are the center for our movement control, logical thinking and analysis and also for the acts we do unconsciously. In essence, our brain is the center of our reality and the way we react to this reality as modeled by our brain.

So indeed, my brain must be the thing that gives the feeling of "I" in me. It must be the root of my consciousness. In fact, most neuroscientists now
believe that this feeling of consciousness stems from a particular region of the brain called the thalamus. However, many still believe that generating consciousness is not limited to a particular part of the brain but is spread throughout- just like memories.

So are we just the mere feelings generated by billions of neurons working together in a complex mechanism and, our existence a mere illusion? It is hard to agree, especially

> My genes are spread through my body, contained in every cell of mine. However, it would be foolish to say
> that I am my genes.

looking at the haunting implications it has on the other issues related to life. It would mean that we have no free will. It would also mean that we cease to exist once our brain ceases to function. But it does have positive implications as well. For instance, this would mean that with a highly skilled level of programming, we can induce this feeling of "me" even in the robots. Moreover, it would also mean that our consciousness can be altered and even possibly, in the distant future- transplanted from one body to another. It's hard to imagine what its implications would be or if it's even possible
or not. After all, nothing that we have known so far is conclusive. In fact, many people believe that we will never really know who we are.

Its not a new question, after all. The question of "who am I?" has been one of the major issues of discussion in almost every religion. We need not look further than the Bhagvad Gita, in which the self has been described as a part of the


Oh my sweet friend, where are you?
When I find you, what will you do?

Oh my sweet friend, you are the best.
When you are tired, I'll let you rest.

Oh my sweet friend, you are a kind mate.
Your value in my life is great.

To have you as my friend is my luck,
Because together, we rock!
supreme spirit or the God. The Gita describes the self as a form of energy, soul or something which is immortal and whose existence is independent of the very body in which it resides.

Isn't it ironic that we know so much about the world around us and yet so little about who we are? To me, it sounds funny. But that's the harsh reality-its so easy to study something that's out there and so utterly
difficult to comprehend what's inside of us. Still, what I believe is that we must not give up and sooner rather than later be able to discover who we are. We must continually search for the answers, because it matters to us. We might well be on our way towards opening a new chapter in human history, who knows?

So Who am I? As for now, I really don't KNOW!

"मृत्यु: एक प्रश्न ?" पर्दा अगाडि र पछाडि


भनिन्छ, अभिनय अन्तर आत्माको दर्पण हो । भित्री सतहको एउटै बिन्दुमा साँघुरिएर बसेको यथार्थपरक र कल्पनातीत अनुभूतिलाई प्रस्फुटन् गराउने ज्वालामुखी हो रे । जहाँसम्म मलाई लाग्छ, अभिनय कल्पनाको सागरमा डुबुल्की मारेर मोतीरूपी हाउभाउलाई मूर्त रूप दिने कला हो। उक्त मोतीलाई बजारे सुनचाँदीकै नापतौल गरेर उचित मूल्य दिने काम दर्शकको भएकाले अभिनय अवश्य नै एउटा चुनौती पनि हो ।

यो चुनौती हाम्रो अगाडि पहाड भएर खडा भयो जब नेपाली विभागले वार्षिक स्कुल नाटक स्वरूप "मृत्यु एक प्रश्न ?" शीर्षकको नाटक मञ्चन गर्ने जिम्मेवारी हाम्रो काँधमाथि थमाइदियो । त्यो हाम्रो सौभाग्य पनि थियो । व्यक्तिगत जीवनमा सायदै मृत्युको आभास नगरेका अस्मित भाइले मृत्युञ्ज्जय बनेर यसको रहस्यलाई प्रकाश गर्दे मृत्युमाथि विजय गर्ने जमर्को गरेको हिजै जस्तो मात्र लाग्छ। कुशल, महिमा र सुजन भाइको यमराजरूपी परिवारले यमलोकमा जमाएको प्रभुत्वको स्मरण अभ्कै पनि यो मन-मस्तिष्कमा ताजै छ। अभ दिप्रेक्षा, रेनी, लुना, आकृति र अक्षता बहिनीहरूले यमलोकमा गरेको नृत्यमा आल्हादित नहुने कोही थिएनन् । सभासद्को भूमिका निर्वाह गरेका सृजन र लोकेन्द्रसमेत नृत्यको तालमा मन्त्रमुग्ध भएको अनुभूति हुन्थ्यो । चुनौती, हाँसो, रोदन र अन्योलको कुशल सम्मिश्रण भएको त्यो नाटक स्मरणीय छ। पालेको भूमिका गरेका योविन र प्रबिनले भुइँमा बजार्ने लठ्ठीको तालमा भय र मनोरञ्जनको मिश्रित अनुहार लिएर विवेक भाइले सबैलाई हँसाएको कुरा कसरी भुल्न सकिन्छ ? दर्शकको मन-मन्दिरमा प्रवेश गर्ने साभा लक्ष्य बोकेका हामी चारित्रिक संसारमा रुभेका थियौं। लाग्यो, चरित्रको तरड्ग चौतर्फी प्रवाहित भइरहेको छ।

अहिले सम्कन्छु, त्यो यात्रा त्यत्ति सजिलो थिएन । दर्शकलाई मर्त्यलोकदेखि यमलोकसम्म डोग्याउनु निश्चय नै ठूलो चुनौती थियो । हामी त रङ्गमञ्चका पात्र न थियौँ, त्यस यात्रालाई सही

गन्तव्यसम्म पुच्याउने कारक त नेपाली विभाग थियो, हाम्रा आदरणीय गुरु-गुरुआमा हुनुहुन्थ्यो । हाम्रो अभिनयलाई मूर्त रूप दिलाउन भुत्ते कर्दलाई रेती लगाउनजस्तो सजिलो मात्र पनि कहाँ थियो र ? हामी त कुनै ठोस आकार नभएका तरल वस्तु जस्तो न थियौं। त्यस तरलपनालाई ठोस रूप दिन गुरु-गुरुआमाहरूले कम सङ्घर्ष गर्नु परेको थिएन। उहाँहरूको वाणी अभै पनि मन मस्तिष्कमा गुन्जिरहन्छ, "आफूलाई विर्सेर चरित्रमा प्रवेश गर्न सक्नुपई, अनि मात्र तिम्रो अभिनयले सार्थकता पाउने छ।" पहिले त लाग्थयो, आफ्नो अस्तित्त्व नै मेटाएर अर्काको अनुकरण गर्न पनि सम्भव छ र ? केही अप्ठ्यारो महसुस हुन थालेको थियो । आखिरमा त्यही मूल-मत्त्रलाई शिरोपर गर्नाले नै नाटकले सबैको मन जित्न सफल भएको थियो ।

पूर्वतयारीका दिनहरू सम्कन्छु, शरीरको हाउभाउ एउटा हुन्थ्यो अनि बोलीको लवज अर्के। हामी आजित हुन्थ्यौं, आत्मविश्वासको स्तम्भ कमजोर हुन थाल्थ्यो। धन्य हाम्रा गुरुगुरुआमा, त्यो स्तम्भलाई ढलिहाल्न दिनुहुँदैन थियो । उहाँहरूको प्रेरणाले त ओइलाएको पात पनि हरियो हुन्छ जस्तै लाग्थ्यो । समय यसरी नै बित्दै जाँदै थियो । शिशिरको तलतलीलाई मेटाएर वसन्तको आगमन भएको पनि पत्तै भएन । त्यो वातावरणमा भिज्दै गर्दा एउटा उद्देश्यमूलक परिवारले पनि जन्म लिन पुगेको रहेछ। सायद दुनियाँको नजरमा त्यो केवल नाटक परिवार मात्र थियो, तर यथार्थमा त्यो सामिप्यता र एकताको संसार पनि थियो । अनि बल्ल महसुस हुन थाल्यो, त्यो उद्देश्य सँगसँगै अर्को एउटा चुनौती पनि थपिन पुगेको रहेछ, गुरु-गुरुआमाहरूले अहोरात्र मिहिनेत गरेर हामी मार्फत् देख्नुभएको सपनालाई साकार पार्नुपर्ने चुनौती । हामीप्रतिको विश्वास देख्दा

आत्मविश्वास बढेर आयो, अब त म आफू होइन, चित्रगुप्त नै पो हुँ कि जस्तो लाग्न थाल्यो । यो मेरो मात्र नभई सबैको अनुभूति थियो । चञ्चले लिरोनाको मातृत्व, मिजासिलो प्रविनको कठोरता, कलिली प्रतीक्षा बहिनीको बुढ्यौलीपना, सज्जन सञ्जिवको पेट मिचाई-मिचाई

हँसाउने चातुर्य हाउभाउ र अन्य सबैको फरक-फरक रहनसहन देख्दा लाग्थो, कतै म साँच्चै आफ्नो संसारबाट हराएर अर्के संसारमा त आइनँ ? सायद नाटकलाई समृद्ध बनाउन यो भावनाले पनि पक्कै ठूलो भूमिका खेलेको हुनुपई ।

जीवन के हो ?


जीवन आखिर मृत्युतर्फको निरन्तर यात्रा हो। जीवनमा आफूले चाहेको, आफ्नो मनले चिताएको हुने भए सायद जीवनको सार्थकता नहुने थियो । जीवनरूपी यात्राले हामीलाई कहिले सफलताको शिखरतर्फ अग्रसर गराउँछ त कहिले कहालीलाग्दो सागरमा डुबाइदिन्छ, परिश्रमीहरूको लागि जीवन वरदान हो। तर धेरै मानिसहरूका लागि जीवन दु:खको भोली भएको छ। दुर्घटनामा परी सास फेर्न समेत गाह्रो भइरहेको मानिसलाई त सुनौलो जीवन पनि ठलो भार बनेको छ। जीवनले कहिले खुसीको प्रकाशतपर्万 फुकाउँछ हामीलाई त कहिले निराशामय बादल ल्याइदिन्छ । प्रे मी-प्रे मिकाहरूले जीवनलाई प्रेमरूपी सागर भने पनि जीवनले सदैव हामीलाई प्रेम तथा ममता प्रदान नगर्दो रहेछ।

ठूला-ठूला महलमा बस्ने स्वार्थीहरूले त जीवनलाई सुखको पहाड भन्छन्

र विचरा ! गरिबीमा थिचिएका र कुर्सी र पदमा सीमित छ, तर हामी पिल्सिएका मानिसहरूले त काल्पनिक ने पालीहरूका लागि त जीवन महल समेत तयार गर्न सकेका छैनन्। संविधानको पर्खाइ बनेको छ। मेरो मानिसको दृष्टि दोषी छ भने सारा सृष्टिमा दोष देखिन्छ भन्थे, तर प्रकृतिकै सृष्टि पो दोष देख्छ मन हामी सबैलाई उत्तिकै सशक्त र सक्षम बनाइदिएको भए पनि हुन्थ्यो होला नि । जीवन गुलाबको ओछ्यान रहेछ जसमा सौन्दर्यभन्दा बढी काँडा रहेछन् । जीवन त पीडादायी यात्रा रहेछ। सास फेर्नका लागि मात्र हो जस्तो छ जीवन । जीवनसँग समानता, समता, न्याय, प्रेम र आदर्शको भावनासमेत छैन । यही जीवनले कसैलाई बस, जहाज दुर्घटनाबाट मारेको छ त कसैलाई नेपाल जस्तो अलौकिक, सुन्दर र स्वर्गजस्तो स्थलमा जन्म दिएको छ। यही जीवनले कसैलाई रत्नाकर जस्तो कुख्यात बनाएको छ । जीवन आफैमा नराम्रो-राम्रो रहे नछ । विचरा ! भोकमरीले मृत्युको मुखमा परेकाहरूका लागि त जीवन शून्यता हो ।

जीवनले कसैलाई खुसी दिन्छ त कसैबाट भएको खुसी पनि लुटिदिन्छ। नेताहरूका लागि त जीवन

जीवनले मलाई अवसरको वर्षाद गराइदिएको छ। बूढानीलकण्ठ जस्तो राष्ट्रिय स्कुलमा अध्ययन गर्ने सुवर्ण अवसर प्रदान गरेको छ। मलाई जीवनले विद्यालयीय, सर्वस्व सुख एकैसाथ प्रदान गरिरहेको छ। मलाई यही जीवनले नै वीर गोर्खाली भई शिर ठाडो बनाएर बाँच्ने हक प्रदान गरेको छ। भगवान् सरह अभिभावक दिने पनि यही जीवन नै हो । जीवनमा उतारचढाव त भइरहन्छ। दिनपछि रात र रातपछि दिन भनेभैं मेरो जीवनले पनि मलाई कहिले खुशी त कहिले रोदन दिन्छ, मलाई महामानव र शान्तिका अग्रदूतको भूमिमा बाँच्ने मौका पनि आखिर जीवनले नै दिएको हो । मैले पनि जीवनलाई मानामुरी दिने प्रयास गरेको छु। आखिर जीवनको महिमाको बारेमा जति व्याख्या गर्दा पनि कम नै हुन्छ किनभने जीवन हाम्रो सृष्टिकतर्ग, सुखसम्बृद्धिकर्ता, गुरु, अभिभावक सबै थोक हो, जीवन हाम्रो सर्वस्व हो।

[^2]साथीको सड्रत


एकदेशमा एउटी विद्यार्थी थिइन् । उनी जहिले इन्टरने टमा पने सबुक चलाउंथिन् । उनको फेसबुकमा एउटा केटा साथी थियो । उनी ठूली भइन्। ठूली भएपछि पनि त्यही केटासँग सधैं फेसबुकमै कुरा गर्थिन्। त्यसो गर्दा गर्दा उनको पढाइ पनि बिग्रियो। उनको बुवाआमालाई पनि थाहा थिएन कि उन्को एउटा नराम्रो केटासँग सड्गत छ र उनी जहिले आमाबुबालाई पढ्छु भनेर कोठाको ढोका बन्द गरेर ल्यापटपमा फेसबुक चलाउँछिन् । एक दिन त्यो केटाले उनलाई फेसबुकमा "भोलि बिहान चौतारामा मलाई भेट्न आऊ" भनेर लेखेको रहेछ। उनी बिहानै लुगा लगाएर बाबुआमालाई कलेज जान्छु भनेर चौतारातिर गइन् । उनी चौतारामा त्यो केटालाई पर्खंदै थिइन्। एकछिनपछि त्यो केटा लुकी लुकी आएर उनलाई बाँसले ड्याङ हान्यो। उनी एकैछिन बेहोस् भइन्। एकछिनपछि उनको होस् खुलेपछि हेर्दा उनलाई कसले डोरीले बाँधेको रहेछ। त्यसपछि त्यो केटो आएर भन्यो "तेरो बुबालाई छिटो फोन गर । उनले डराउँदै फोन गरिन् र केटाले उनका बुबालाई भन्यो "आप्नो छोरीलाई माया गई्छस् भने चौतारामा लिन आइज तर हातमा दुई करोड

रुपियाँ हुनुपई्छ।" बुबा डराउँदै : चौतारामा जानुभयो र दुई करोड दिएर छोरीलाई लिनुभयो। छोरीले रुदैं भनिन्: "बुबा अब म त्यस्तो काम कहिल्यै गर्दिनँ म नराम्रोसँग फसँ"।

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बबिता

## कक्षा :९



अटुट यात्राहरू जब निरन्तर बन्छन् पाउहरू विश्राम खोज्दै सुस्ताउँछन् तिम्रो स्वरूप
यही हो जस्तो लाग्छ। अनि मन्द गतिका कदमहरू पुनः
स्वचालित यन्त्रभैं अघि बढ्न थाल्छन् कमबद्धता पाएजस्तै, मभित्र पनि कताकता चञ्चलता जाग्छ।

अस्थिर मनस्थिति आज भौंतारिन्छन् शरीरबाट आत्मा छुट्टिएभैं शून्यमा टोलाएका नयनहरूमा सेतो बादल लाग्छ। अनि तिम्रा सारा डढेलो लागेका बस्तीहरू भिजाइदिऊँ जस्तो लाग्छ मेरा आँखावरिपरि

वसन्त आए जस्तो लाग्छ।

तिमी हुनुको सार्थकता, मभित्र कता-कता
विवेकशील प्रतिबिम्बभौँ लाग्छ।
हृदयको गहिराइभरि

एउटा छाया हरपल निहित भए
जस्तो
तिम्रो आकृति, मेरो आँखाबाट
जब धमिलिंदै जान्छ, आप्नोपन आफैसंग भाग्छ पट्यार लागदो जीवन निस्तब्ध भै लाग्छ।

परन्तु
तिम्रो उपस्थितिमा हौसला र प्रेरणाहरूले पछ्राइराखे जस्तो लाग्छ।
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मैले सकिन्न"

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आर्जब
कक्षा :5


आकाशभरि तारा थिए गन्न मैले सकिनँ। मुटुभरि व्यथा थिए पोख्न मैले सकिनँ । म जन्मेको भूमिलाई त्याग्न मैले सकिनँ। पल-पलको सुख दु:ख भुल्न मैले सकिनँ। खोलाभरि पानी थियो पिउन मैले सकिनँ। आँखाभरि आँसु थियो पुछ्र मैले सकिनँ। आमाको धैरै माया थियो महत्त्व बुभ्न सकिनँ।




7001 Anish Morang


7006 Dipak Baglung


7012 Binod Baitadi


7018 Birendra Dadeldhura


7002 Amritbabu Kavre


7007 Niroj Sarlahi


7013 Samyam Kathmandu


7019 Saroj Nawalparasi


7003 Yogeshwor Kathmandu


7009 Parikshit Chitawan


7014 Milan Bhaktapur


7020 Suraj Parbat


7004 Tikaram Okhaldunga


7010 Premraj Bajura


7016 Bikash Khotang


7021 Uma Manang


7005 Tilak Kalikot


7011 Bikash Dolakha


7017 Bijay Jajarkot


7023 Anita Jumla


7024 Komal Salyan


7029 Nina Mahottari


7034 Aabha Chitwan


7039 Era Kathmandu


7044 Laxmi Okhaldhunga


7025 Kranti D Panchthar


7030 Pragati Taplejung


7035 Aakriti A Kathmandu


7040 Ishani Kathmandu


7045 Susham Kathmandu


7026 Kranti R
Rolpa


7031 Prashmsha Gorkha


7036 Akriti G Kathmandu


7041 Swornim Kathmandu


7046 Kaushal Tanahu


7027 Kristeena Dhahing


7032 Mukta Siraha


7037 Akriti S Kathmandu


7042 Samita
Morang


7047 Lina Kathmandu


7028 Charu
Bara


7033 Sushmita Kanchanpur


7038 Diksha Kathmandu


7043 Puja T Kathmandu


7048 Nusha Kathmandu


7050 Puja S Siraha


7056 Simran Kathmandu


7064 Ashutosh Kathmandu


7069 Chandra Dhanusha


7075 Kaushal Kathmandu


7052 Rajani Dhanusha


7058 Aayush Lamjung


7065 Avash Kathmandu


7071 Digdarsan Morang


7076 Nabin Gulmi


7053 Shubheksha Lalitpur


7059 Aman Kaski


7066 Akrit Kathmandu


7072 Jatin Kathmandu


7077 Nayan Kathmandu


7054 Sarita Kathmandu


7061 Anup Kathmandu


7067 Bijaya Dhading


7073 Jonsai Dang


7078 Nikesh Kathmandu


7055 Shraddha Kathmandu


7062 Arakshan Kathmandu


7068 Bishwas Chitawan


7074 Kuber Dhanusha


7079 Nikhil Kathmandu


7080 Nirakar Kathmandu


7085 Priyash Kathmandu


7097 Ujwal Kathmandu


7103 Santosh Bara


7081 Prabuddha Kathmandu


7086 Raj Lalitpur


7091 Sanjeev Kathmandu


7098 Salil Kathmandu


7104 Dil Bdr
Myagdi


7082 Abhinav Arghakhanchi


7087 Sahil R Kathmandu


7093 Seejan Lalitpur


7099 Satyam Kathmandu


7105 Shreyanshu Lalitpur


7083 Pramit Lamjung


7088 Sakcham Jhapa


7094 Shashant Kathmandu


7101 Sandeep Terathum


7106 Abhishek Saptari


7084 Prashant Kathmandu


7089 Sakti Parbat


7096 Sudip Kathmandu


7102 Ram Udaypur


7107 Hemraj Mugu


7108 Praju Kanchanpur


7113 Prashansa Kathmandu


7126 Apurba Kathmandu


7131 Chandani Kathmandu


7109 Puja Bajhang


7114 Sneha Kathmandu


7120 Sujan Kathmandu


7127 Pratik Kathmandu


7132 Raj Bhaktapur


7111 Anubhooti Kathmandu


7116 Biken Sarlahi


7122 Utkrist Kathmandu


7129 Aarohan Kathmandu


7134 Subarna Kathmandu


7112 Larisha Kathmandu


7118 Robin Bhaktapur


7124 Rajat Kathmandu


7130 Manish Kathmandu


7135 Aayush Kathmandu


7136 Prashant
Mahottari


7137 Sundar Rukum


7138 Pradip
Bajhang

bernets
$\theta$



The Chief Guest C.G.S. Nepal Army Gen. Pawan Bdr. Pandey feliciated by the Principal

## A Glimpse of the opening ceremony of our annual Sporting Event.




## Sports Day 2014




Seven students of 4000 D and 500 D batches, accompanied by Mr. R. Kattel represented Budhanilkantha School and Nepal in the International Tournament of Young Mathematicians (ITYM) 2014 in Bremen, Germany. In a competition dominated by European teams, the team from Nepal stood out among the crowd.
The team narrowly missed out on the prizes but won the hearts of the audience with
their reasaning and problem solving skills



## MNK NMAN 201CB




## 



At the invitation of Ashoka University, two Guidance Counselors,Mr. Bijay Ram Maharjan and Mr. Chiranjivi Sharma attended the Guidance Counselor's conference in December 2014.



Activities of Budhanilkantha School Biodiversity
Programmes with the support of USC Canada Asia 2014-15


## जागिर


＂तपाइंको प्रमाण－पत्र हेद्दा त तपाइंको स्तर हाकिमभन्दा कम छै।＂त्यहाँको कर्मचारीले भन्यो। त्यसपछि फेरि म तर्फ फर्के सोध्यो，＂तपाईको नाम चाँहि के पच्यो ？＂＂विजया।＂मैले विनम्रताका साथ भने। उसले खुशी हुँदै भन्यो，＂तपाइँलाई हाम्रो कार्यालयमा स्वागत छ।＂म खुशी हुंदैद आप्नो सपना साकार हुने कुरामा यति भित्र पुगिसकेकी थिएँ कि त्यहाँको मान्छेले फेरि बोलाएको पनि सुनेन छु। पछि फेरि मैले कार्यालयमा फर्केर आप्नो गल्तीको माफी माग्दै बोलाउनुको कारण सोधाँ। उसले भन्यो， ＂तपाईको थर चाहिँ के पच्यो नि ？ ＂नेपाली＂मैले भनें।＂छि छि यस्तो मान्छे पनि हाम्रो कार्यालयमा आउँदो रहेछ，यसको पहिल्यै थर सोधुनु पर्ने， छिटो जा ？＂उसले घृणा र आक्रोशपूर्ण भावले भन्यो। त्यसपछि म आप्नो विशिष्ट श्रेणीमा पास गरेको प्रमाणपत्र च्याप्दै लुरुलुरु घर फर्किएँ। मेरो जातले गदा नै मैले जागिर नपाएको कारण म आमाको विथोलिएको सपना सम्भदैं रैंदै घर गएँ। ममा छुवाछुतले पारेको कठोर घाउ असह्य दुख्यो। जातभातले पारेको खाडलमा म पनि पुरिएँ।

आखिर किन मलाई जातकै कारण जागिर दिइएन । मेरो योग्यताको कदर

नगरी किन अपहेलित गरे ？के जागिर पनि ठूला जात भएका मान्छेलाई मात्र हो ？जागिर भनेको एक प्रकारको दु：ख बनेको छ। जनताले आफ्नो जीवन सुखी पार्न जागिर खोजेका हुन्छन् तर धनी गरिब，जातभातको निहुँमा उनीहरूलाई यस कुराबाट बव्चित गराइन्छ। उनीहरूको भनै विचल्ली पारिन्छ। सायद，उपल्ल जातहरूले आफू मात्र सुख लिन खोजेका होलान् ।

अब मलाई भन्नु त केही पनि छैन। मेंरो जीवन त अब फेरि खेतबारीबाटै सुरू हुने छ। तैपनि लाखौं नेपालीहरू म जस्तै हालतमा पुगेको हेर्न चाहन्नँ। म उनीहरू सुखी र खुसी भएको हेन चाहन्छु। तसर्थ म आज आम नेपाली समाजलाई समक्ष व्यक्तिलाई जात नहेरी जागिर दिन अनुरोध गदर्बु। यससंगै सुखी，सम्पन्न र समृद्ध नेपालको कामना गर्दछु।
$\stackrel{\diamond \diamond}{ } \stackrel{\rightharpoonup}{ }$

## जिन्दगीको यात्रा

जिन्दगी हिमाल जस्तै सधैं शिर
उठाउन खोज्ने
बगिजाने खोला जस्तै कहिल्यै नफर्किने।
मौरी जस्तै मिलेर सधैं काम गर्न खोज्ने
तर म भन्छु जिन्दगी सृष्टिको
अमूल्य उपहार हो भन्ने।
यहाँ जिन्दगीलाई गर्न सक्नु पई्छ नियन्न्रण।
नत्र भए ज्वालामुखी जस्तै फुट्छ मन


जताजतै मिलेर बस्नु पर्छ यहाँ। अरुलाई दु：ख नदिई सुखसँग राख्नुप्च यहाँ। जिन्दगी एउटा यात्रा हो जसको निश्चित सीमा छैन लाग्नुपई्छ，जुध्नुपर्छ पाउन यहाँ चैन जिन्दगीमा दु：ख आउँछ，रून पर्छ कहिले
हिम्मतलाई साथ दिई लाग्नुपई्छ जहिले।
जिन्दगीको पाइला पाइलामा सफलता खोज्नुपर्₹ जिन्दगीमा सुख ल्याउन सड्घर्ष गर्नुपद्छ
सफलताको पछि लागदै हिड्ने
मानिसको यो जिन्दगी कर्तव्यदेखि सधैं पर भाग्ने यो जिन्दगी।
回回回



मेरो विद्घालय


काँडे काँडाको जिन्दगी यो पन्छाउँदा पन्छाउँदै समय गयो सङ्घर्षशील विद्यार्थी जीवन यो सड्घर्ष गर्दागदैै समय बित्यो।

बच्चादेखि पढ़न थालें विद्यालय नै मेरो घर भयो साथीहरूसँग खेल्न थालें गुरहरू नै मेरा माता पिता हुनुभयो।

विद्या सिकाउने गुरुलाई सधैं आदर गर्ने छु बूढानीलकण्ठ स्कुलमा पढेर देशको सेवक बन्ने छु।

सबैले गर्दछन् माया ज्ञानी सज्जन नानीलाई नराम्रो बानी सुधारी दिने स्वागत छ यस विद्या मन्दिरलाई।

## साथीको महत्त्व



जो हरेक दु:ख र सुखमा साथ दिन्छ, गलत काम गर्दा रोक्छ र असल काम गर्दा प्रोत्साहन गर्छ ऊ नै असल साथी हो। विद्यार्थी जीवनमा साथी अत्यन्त जरुरी हुन्छ। साथी विनाको जीवन भनेको त पानी बिनाको माछा जस्तै हो। जसरी धान उम्रिन पानी चाहिन्छ, त्यसरी नै आवासीय जीवनमा साथी नभई नहुने कुरा हो।

हामीलाई खेल्नको लागि होस् वा पढ़नको लागि होस् साथीको नै आवश्यकता पई्छ। जुन कुरा हामी आप्नो आमाबाबुसँग व्यक्त गर्न सक्दैनौं त्यो कुरा साथीसँग व्यक्त गर्न सजिलो हुन्छ। असल साथीले दुबै सुख र दुख़मा साथ दिन्छ। जुन साथीले दुखमा साथ दिंदैन उसलाई असल साथीको रूपमा लिन मिल्दैन।

कोही साथीहरू आफ्नो स्वार्थको लागि मात्र साथी बन्ने प्रयास गर्दछन् र स्वार्थ पूरा भएपछि छोडिदिन्छन् । त्यस्ता साथीले कुनै दुखमा साथ नदिने भएकोले उनीहरूबाट हामी सचेत हुनुपर्छ। सच्चा साथीले त जस्तै सुख र दु:खमा पनि साथ दिन्छ। गलत काम गर्दा रोक्छ र असल काम गर्नका लागि प्रोत्साहन गर्छ। असल साथीको कर्तव्य भनेको कुलतमा फस्न नदिनु हो र असल बाटोतिर डोच्याउनु हो। अन्त्यमा

बाहिरी देखावटीपनले मात्र हुन्न उसको मन असल भए मात्र असल मित्र बन्न सक्छ। जसरी विद्यार्थी जीवनमा अनुशासनको महत्त्व हुन्छ त्यसैगरी आवासीय जीवनमा साथीको महत्त्व हुन्छ।

## देशमा शान्ति आउँछ कि अब त?



बाहौं वर्षेदेखि मडारिएको कालो बादल आकाशबाट हट्छ कि अब त!
ईर्ष्या र अहड्कारले भरिएको मुटु प्रेमले सिश्चित हुन्छ कि अब त !

दशकौंदेखि सुतिरहेको कुम्भकर्णको निद कोही
आई जगाउँछ कि अब त बन्दुक फाली देशमा शान्ति ल्याउँछ कि अब त।

बाहौँं वर्पेदेख रोइरहेका विधवाहरूको मुहारमा खुशी आउँछ कि अब त सहिदहरूका सपना पूरा गरी देशामा खुशी आउँछ कि अब त ।

हे नेपाली निद्राबाट बिउँभौँ अति भो अब त
देशलाई अघि लम्काई आमालाई खुशी पारौं अब त। $\diamond \diamond \diamond$

## The Game of Fate



The cold was unbearable. The month would soon come to an end and pay-day would arrive for Rishav. It was one of the few things in life that he cherished. Twenty six, single, with the dreams that pushed him forward in life, Rishav worked as a labourer in the construction of the mall where Ranjana Hall had stood proud, attracting every single passerby, until one day, when it burned to the ground.

The woman at the tea shop, where he was having talks with his fellow construction worker and friend, brought two steaming glasses of tea on an old alumunium tray with visible dents. She quietly put the two glasses on the wobbly table. Bishal, his companion cut abrupt the talk they were having and remarked sharply," Baini! Is it true that the rate has gone up?" the woman clad in dirty kurta and an old woolen sweater gave a shy smile,"Dai, what I am charging is still less compared to what the Ghumti is charging. See dai, the price of milk has increased by two rupees so this seemed necessary. Besides, we were planning to do so as nothing
comes cheap these days." She went back to the small stall to attend to the needs of her other customers in the cold December morning.
"Oh Rishav, what foes fate has left for us now? Even this small cup of tea has become dearer. This used to be a luxury on such chilly days and soon it will be unaffordable." He took a sip and let out a breath, forming a small vapour that vanished a second later. Rishav sipped his own tea and yes indeed, it was a luxury he thought.
"So Bishal, how are your parents back home? And did your sister find a husband fit for her?" He asked his friend who, by now had finished half of his drink. Bishal looked at the sky above, its dull grey reflected in the brown of his irises. Rishav thought his friend was a handsome lad and believed he would find a beautiful wife for himself who would bestow him with valuables. He had styled his hair similar to a Bollywood heartthrob's famous pompadour which enhanced his facial features.
"My father's been bed ridden with pneumonia since the seventeenth and today, it's already been five days. He shows no sign of improvement. my sister has decided not to marry now. She is eighteen already and cannot understand the value of it. How much trouble she would save my ailing father and ever lamenting mother. And not to forget, me too."

He pulledout a pack of Pilot cigarettes and held one lightly between his nicotine-stained fingers offering another one to Rishav. Rishav declined, for he thought it was too early to light up one.
"Oh is it? Then why don't you bring him here and take him to the Bir? You know the cost there is comparatively cheap!", Rishav heard himself say. Something like "sorry to hear that" would have been too obvious to say, he thought. Bishal blew out smoke and laughed. His face changed from sad to aggressive. "The Bir you say has cheap services huh? See Rishav, that's where I say that I hate you at times. My entire month's salary would be eaten up in a single day. And who am I to believe a man dressed up in white, claiming to work wonders with mere pieces of metal swung by palms covered with rubber gloves? The village man is far more reliable with his mantras and powder herbs. My mother says she has been healed from severe headaches twice by that man."

Rishav could slowly feel his jaws tighten. He could not keep his eyes fixed at Bishal's determined glare. He shook his head lightly after a minute's pause.
"And you talk about what fate has for us?" He shouted sarcastically. "Man! Hats off to your audacity! ... Look at what
the world has become now， how the times have changed． And yet，you have your feet fixed in history．＂

Rishav tried to make Bishal see what he needed to know but utterly failed at every attempt．Bishal was blinded by what his family followed， what his village believed in．

The woman at the shop came towards their table，hurrying． She had a panicked expression glued in her dark face．Her chinky eyes slanting on either sides，reflected the fear she felt inside．＂Bishal dai， there＇s someone on the phone and he＇s asking for you．He says it＇s from the village！＂
＂Oh Baini！Okay．＂Bishal went to the stall，his pace was calm．A few minutes later，he hurried back to Rishav．He didn＇t sit．He just laughed hysterically attracting the attention of people around them．
＂What＇s the matter？＂Rishav asked in an inquiring tone this time．

Bishal replied，tears welling in his eyes，＂My father＇s dead，my sister＇s committed suicide and my mother has been in a deep state of shock for the last two days．．．．＂his voice croaked，＂．．．．．．．fate．．． fate has done it again my friend．＂

Rishav was shocked to hear about the state of Bishal＇s family．At a loss for words，he heared his friend mutter．As soon as I reach the village，I am going to ask that village man to make me a pendant that will surely protect me from these evil games of fate．＂

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## The Royal Shoemaker



There was once a shoemaker who was very honest．He always worked hard to make shoes and he made very fine shoes．He never lied to his customers．If a shoe was of good quality，he told them that it was good and if a shoe was of bad quality，he told them that it was bad．He mostly earned enough for himself but time came when he had no money to buy leather for making shoes．

One day，the King announced ＂Whoever makes the best shoes for me will be rewarded．The person will also be made the royal shoemaker．＂The honest shoemaker wanted to make shoes for the king but because he had no leather，he couldn＇t do so．

God was watching all of this from heaven，and came in
secretly in the form of an old man．The old man left fine leather and other materials in the workshop of the shoemaker．

The following day，when the shoemaker woke up，he was surprised to find leather in his workshop．On top of the leather，he found a note saying ＂Do your best and leave the rest＂After looking closely at the leather，he found that it was genuine and really fine．

He immediately started making the leather into a shoe．He worked very hard and made a pair of very fine shoes，and gave it to the king＇s men．The king tried on the shoes and was put them to the test by setting them on fire，soaking them on water and wearing them to feel how comfortable they were． The king tried on shoes after shoes but all the other shoes failed the test．

Finally，it was the turn of the shoemaker＇s shoe．The king also set them on fire and soaked it on water but to his surprise， they survived all the tests．The king was very happy with the shoemaker and gave him various gifts．He was also made the royal shoemaker and always received fine leather to make many shoes for the king and his subjects．The shoemaker lived happily ever after．


## The Road: A Silent Teacher



Roads beckon travellers; the east-west highway even more to me for, it runs to my hometown. But even without my hometown at the end of it, that road is magnificent. So and so, I got on the bus once again, heading home to relaxation, to old acquaintances and, to whatever the road has to offer.

The road is a somnolent, calm and inviting stretch. It is passively involved in the lives of those who tread it; always silent yet always speaking. The highway only shows us the way, it doesn't tell how to travel. It lies there in its flattened existence, perhaps looking skywards, studying the beautiful monotony of the sun.

Inside the bus, my mental capacities are stretched as I try over and again to concoct simple answers to the complex questions of a child. Innocence and curiosity are a dangerous mix, and I learn that in a couple of hours from a child next to me. I keep the window ajar, for the wind to flow in, and for catching glimpses of the fleeting scenery. The child directs irresistibly innocent questions to me as the bus attains a silence that comes together with great speed. The child fears that a dinosaur might at any time overturn our bus. He confesses this to me, with a look in his eyes that is neither of fear, nor of comfort. I assure him that nothing of that sort will happen. The answer fails to satisfy him, but it gets him thinking, probably of another round of questions. For me, it is a rare despite. The bus speeds forward, swallowing long stretches of the road.

The glow of the sun begins to wane, with the red orb descending slowly in the space between two hills. The sun seems like a large coin, tucked by some invisible hand in the slit between the hills,
which looks like a piggy bank. The picture depicts the action of giving. Nature has just pushed down another precious coin into the piggy bank for us to savor. And, nature will give again tomorrow. Maybe that is what makes sunsets so beautiful, the promise of a new day in the moment of another's death.

The bus seems to be chasing the road, the road the sinking sun, the sun the horizon, the horizon the falling sky, the sky the darkness to flaunt its celestial jewels. I chase in the thoughts, letting them wander in one direction, then another, and then returning to where I started. We are all chasing something. And, that, my friend says, is the best part. Our bus stops at a roadside eatery, with torrential showers usurping the silent reign of the night. The journey resumes.

I am woken up by the bus conductor, who is rallying the drowsy passengers, exhorting them to unite in opening the road block. Ahead on the road, a vehicle had hit a girl- fatalities, financial compensation demanded, demands not met and thus, logs placed across the highway, with hundreds of passengers stranded.

As I walk towards the road block from our bus, I can see silhouettes of people, scattered in small groups. Small fires are burning on the road. It offers a scant light, but enough to see the anguish in the people's faces- the anguish of not having what one wants. The passengers want the block to be cleared so that they can move on, the blockers, the villagers, desired to keep the road blocked so that the authorities take notice. Conflict is brewing.

There were small groups around the roadblock. Groups of rationalists trying to find an amicable solution; groups of cynics, despising the blockers as well as the passengers; petulant groups, restless and threatening to turn violent any minute. The night passes without any result. In the morning, we stormed the police station, shouting slogans, someone abruptly kicks down the fence, and the signpost is turned down. I remember my friend remark about how we are quick to unite for destruction. The roadblock is cleared soon thereafter, and we move on.

After a few kilometres, comes by another! blockade. This time it is a rainwater-swollen ${ }^{1}$ stream. The water, undulating, lies in front of us, a i fluid testimony of nature's strength. It takes two ' hours to abate. And we are on our way again. The ' road certainly teaches you one thing- patience. It i is not merely an object but a picture of patience. I Lying there, motionless, yet always providing for ${ }^{\prime}$ motion to take place; it is educative. The road ' taught me to take things like it does, like a mirror, i which the poet Chuang Tzu says: neither ${ }^{\prime}$ welcomes, nor refuses anything.

## They Say...

Wish for tranquility when I awake Wish for prosperity with no need to fake Instead open my eyes to wires all around me A wounded bird, never once to be free.

I do not remember that fateful day
But the hurt that I clearly do
Enough not to believe my creator's say
For I had not just caught the flu.

My bed is strangely very soft But then
I do not know the hardest of hard For I never ventured, outside of these taunting walls.

They say you have to work hard outside Care for yourself; the young and the old Struggle to take a single step in the stairs of life For that, you have to be oh-so-bold

They say you should take care of humanity Help someone whenever you can Be honest even when it comes to paying cash on the lorry
Do not do drugs, they should be banned

They say you need to make improvement in every facet of life
Even to save a creature in distress Walk ahead, let no- one no longer digress


They say your time should not be wasted You are god's most beloved
Use this privilege to your advantage
Force yourself out of fear's dreadful cage
They say you should complete your assignments on time
Listen to what you elders experienced: their valuable words
You will need them all, eventually over time, For words are meant to soften even the meanest of lords
They say you must be a responsible citizen
Living with also a purpose to serve the law
Open to all different sorts of criticisms Saving innocents from the corrupted hateful claws

But for me, These words these warnings, Mean nothing at all But total non-sense in my sight

How ironic is my cycle of life! How ironic that I'll be lost in one of these days

How ironic of cancer to cradle me now When that all I did from thee awakening

This leaving me at a critical situation Where I do not understand A single word 'They say'.


## Death Wish

The first thing he saw after coming back to his senses was a dark space ahead that seemed to extend to eternity. He didn't know where he was. His mind was still floating in subconsciousness and he didn't have any recollection of the events that had gone by.

After some time,he realized that two huge figures were escorting him somewhere unknown.But where?; he couldn't fathom. He couldn't muster enough courage to enquire about it to the two ruthless gentlemen, who seemed to him more like robots than humans,even in his subconscious state.

They had tightly grabbed him with their powerful hands right by his hands and the place where they had grabbed him radiated steadily increasing pain. Uncertain of what was to come ahead, he tried to remember how he got stuck in such a daunting situation. He slipped into unconsciousness again.

He could see a towering building, where on one of the floors, he could see himself sitting on a lavish and large chair. As he tripped even deeper into his thoughts, he could see a picture right on the wall, at the far end of the room, in which he could recognize himself; the other two were aliens to him. Just when he thought that he could finally
understand something, the creepy sound of the water droplets splashing against the floor distracted him. He was again brought back to his senses.


When he woke-up from his subconscious this time,he could see a dim light shining from above. He could feel the presence of other formidable figures pressing him from every side, no less daunting than the figures right by his side. As he tried to regain his lost senses, he could see a blur figure ahead. Right below the light coming from the heavens, the figure seemed to be seated in a chair, two larger figures in attention by his side. It struck him, they might be bodyguards.

As the unknown figure stood up from his seat and signaled something with his hands, the two gentlemen by his side, left him. Slowly as his senses came to life, he could make out the figure clearly. The figure seemed tall and well-built although the brightness seemed to blur his face.

He started 'Saito, you do remember me?'.He was bewildered as to whom the figure was referring to. After a
while, he realized, as some of his memory came to life, that the figure was referring to him. He stammerred ' Y -Yes, I do' even though he didn't. 'You look tired form the journey. Didn't the guard treat you well?' he added with a sardonic grin that was visible even in the dark. A huge laughter burst all around. The unknown figure scowled, 'Silent!, you idiots. Major John is on his way to rescue poor Saito.' Another burst of laugher came along. He remarked 'Welcome to the realm of Don Vento'.

He had heard the name before .But where? Was he related in some way to Don Vento? He couldn't remember anything. Worst of all, he was freaking out because of the demeanor of the place. He wanted to escape, but he could see that there was no way out.

Then the unknown figure shouted 'Do you plead guilty for the offense to Don Vento?' 'How should I know?', he thought . 'I don't even remember myself' he mumbled. 'Saito!' he raised his voice again. 'I am speaking to you ! Don't you feel guilty for what you've committed?' Out of fear, he popped out:-' $\gamma-Y$-Yes

sir＇．＇Then you must be punished＇．He added．

Before he was able to protest，it was all black again． He felt pain in his shoulders and his back．It was piercing． Then pain seemed to grow even more and more．After a while， he thought he was dead．But when he saw the face of the unknown figure in front of him again，he plunged back to reality．For the first time，he wanted to die．

## My Pet Tom



I have a pet in my home， A naughty guy
He is small and naughty But bites people on their thighs

He is a dog
But I call him a friend rather
He brings the newspaper from the front door
To my beloved father

He guards my home With real care
Not only in the night
But also during the town fair
He is loved by everyone
He is a really good pet
Love and food from his master Is what a good pet should get


Once there was a family， The members of which were rich．
The father was kind and lovely， All mother did was stitch．
The two children were Mary and James，
Mary like her father，very friendly
James was naughty but fond of games．
One day the parents started a fight，
Then James and Mary were in worry．
They began to think，so that they could make it right， James being more worried asked Mary to think in a hurry．
But no idea was striking their minds．
The couple had not finished their qarrel，
And with anger they were blind．
Then an idea came to Mary
She told James and he liked it too，
They ran down in a hurry．
James took the photo album of his mom and dad，
That was the memory of their marriage．
Full of cherishable moments，not the bad，
With the couple sitting in a beautiful carriage．
Mary looked at the photo And took it away，
left it on their parent＇s room
And the time was passing away its way．
The night came，
And it was time to go to bed．
When the couple saw the photo，
They felt like crying．
＂Sorry for that！＂they told each other
Now happy，they remembered a saying，
＂Everything happens for your own good＂
Oh！How lovely those moments were
Now the family lives happily，
Happily as they should回回回

## GodSpeed！



Tears trickle down my face， As I crash into the blood tainted soil
I feel naked and weak
As if I＇m crumbling into oblivion．

Havoc has been gifted
And wars have been waged
We have won the battle
But we＇ve lost the war．
So now I muster enough strength
One last time for the sake of the dead
I whisper into the moist earth＇s soul
＂Godspeed！＂

बुशी


यो संसारमा खुशी नचाहने मानिस को होला ？कहिले काहीं यो प्रश्न मेरो मनमस्तिष्कमा खेलिरहन्छ। खुशी नचाहने त अवश्य कोही छैन तर खुशीको परिभाषा के हो त ？सुख， धन，सौख वा सम्पत्ति यी सबै कुराको खोजीमा लुब्ध छ यो २१ औं शताब्दी अनि २१ औं शताब्दीका सभ्य भनाउँदाहरू । खुशी चाहनु गलत त कहाँ हो र ！तर आफ्नो खुशीको लागि अरूलाई दु：खमा पार्नु पनि त सही होइन नि，होइन र ？खुशीको सागरमा पौडी खेल्न चाहने मानिस अरू आँसुको भयङ्कर समुन्द्रमा डुबेको किन देख्दैन ？मानिस भन्छन्， जीवन सुखदु：ख बिसाउने चौतारी हो रे। तर बिडम्बना कसैलाई जीवन दु：ख बिसाउने चौतारी होइन सुख बटुलेर राख्ने भकारी बन्न पुग्छ भने， कसैको जीवन पूरा जीवन त्यहीँ एक चौतारीको खोजीमा बित्दछ । समानताका गाथा खोक्दै हिंड्ने मानिसहरूले समानताको परिभाषा बुभेका छैनन् यहाँ। तिनीहरूलाई के थाहा，असमानतामा पिल्सिएर बाँच्नुको पीडा ।

महाकवि लक्ष्मीप्रसाद देवकोटा भन्छन् ＂सबै खोज्छन् सुख，सुख त्यो कहाँ छ，आफू मिटाई अरूलाई दिनु जहाँ छ ।＂म कुनै बखत सोचदछ

महाकविले भनेका यी कुरा मनन गरेर सोही अनुरूप संसार चल्यो भने स्वर्ग धर्तीमै बन्न पुग्थ्यो होला। तर मानिसहरू त आफ्नो खुशीको लागि अरुलाई मेट्न मेटाउन पछि，पर्दैनन् । अड्ग्रेजीमा＂टनेल भिजन＂भनेभैं मानिस आफ्ना दुई आँखाले आफ्नो खुशी मात्र देखन चाहन्छ। उसले मनमस्तिष्कमा अाफ्नो खुशीको बारेमा मात्र सोच्दछ।

सत्य तितो हुन्छ रे，तर सबै तितो सत्यलाई अस्वीकार गर्न पनि मिल्दैन । आजको संसारको एक तितो सत्य यो हो कि मानिस खुशीको खोजमा，भन दु：खी हुँदै गएको छ। धन सम्पत्ति मोज अनि मस्तीको खोजीमा मानिसले आफ्नो जीवनलाई सन्त्रासको गुफामा लगेर राखिदिन्छ। हरबखत खुशीको नाममा ऊ अरुभन्दा अगाडि कसरी बढ़ने मात्र सोच्दछ। त्यस्तै कुबुद्धिले गर्दा मानिस त्यही सत्त्रासको गुफामा हराउँदछ। यही सत्यलाई स्वीकार गर्न नसक्नु मानिसको मूर्खता भन्ने कि भूल ？हुनसक्छ，त्यही सत्त्रासले गर्दा मानिसले आफ्नो जीवनका हर उमङ्गित क्षणहरूसँगै आफ्नो जीवन पनि गुमाउँछ । मानिसहरूले आत्महत्या क्षणिक दु：खले गर्दा नभएर सुख पाउन नसकेको दु：खमा गई्छन् रे ！ कोही आफूले खोजेको कुरा पाएर जीवनमा खुशी हुन्छन् । उनीहरूको लागि जीवन खुशी प्राप्त गर्ने एउटा मौका हो भने कोहीका लागि जीवन खुशी प्राप्त गर्न नसक्नुको विडम्बना पनि हो ।

आखिरमा जीवनमा खुशी पाउने चाहना त सबैलाई हुन्छ नि । होइन र ？
$\diamond \diamond \diamond$

जिन्दगी का आशाहरू


अब म डराउँदिन，असफलतासँग सफलता पाउने आशैआशामा मिहिनेत पनि गरेकै हो।

तर हार खान्न म अभौ पनि जिन्दगीको त्यो लामो यात्रामा एक्लै यात्रा गछ हार खान्न म ।

एक्लै छु म न म कसैको छु न त मसँग कोही छन् छ त मेरो यात्रा अनि मेरो उद्देश्य।

सङ्घर्षको त्यो यात्रामा धैरै आए धैरै अवरोध पुच्याउनेहरू तर अब म डराउने छैन । किन किन अभै छन् आशाहरू जीवनको अन्त्यसम्म पनि प्राप्त गर्न खोज्ने आशाहरू अभै मरेको छैन र मर्न दिने पनि छैन ।

त्यसैले त हाँसोहरू ओठमै सीमित छन्
आँखा मिलन र अनुहार पनि तर पनि आशा छ निर्मल र निश्चल एक दिन बन्न चाहन्छु हिलोमा

कमल
潾摂摂

## यो देश हात्रो



हरियालीले भरिएको यो देश हाम्रो सफा，सुन्दर गरी बनाऔँ यसलाई राम्रो।

मेचीदेखि महाकाली कति छन् राम्राराम्रा ठाउँ। गर्व गर्छु म यो विशाल गोर्खालीको गाउँ।

बसोबास छ धैरै जातजातिहरूको यहाँ यस्तो सुन्दर देश पाउँछौं हामीले कहाँ।

सुन्दरताले भरिएको
यो देश हाम्रो
प्यारो लाग्छ मलाई यही मेरो लागि राम्रो।

बुद्धको शान्ति फैलिएको
यो मेरो ठाउँ
हिमाल，पहाड，तराई，जोडिएर बनेको
यो मेरो गाउँ।
当当当类


## दलित भन्ने नगर

सबै जना पुज्छन् मूर्ति मैले पुज्न सकिनँ दलित भन्छन् मलाई मैले बुभ्न सकिनँ। बोली चाली उस्तै हो काटे आउँछ रगत व्यवहार पनि उस्तै हो केमा देख्यौ फरक ？

## कसले बनायो ठूलाबडा

 कसले बनायो तल्लो जाति थिचोमिचो गर्छन् यहाँ२०२१ कविन कक्षा ：६


व्यक्तिले नै व्यक्तिमाथि । हामीले पाउँछौं अधिकार सहँदैनौँ अन्याय र अत्याचार सानो ठूलो नगर हामीलाई दलित भन्ने नगर ।回回回

## With Best Compliments

 from

Rautaha Devi Marga Chattekulo－20 Kathmandu

Phone ：4418571

## Love：A Disease



I saw，I tried and I loved but she never came to me．Time changed and with it，people．I thought I needed to change myself too．Love is malignant； an incurable disease．After it gets in you，it slowly intoxicates you and ultimately turns you mad．It then starts killing you，bit－by－bit．

I was madly in love with her．She was the sweetest thing I ever knew．She was the most precious，the most invaluable treasure of my life．She was everything for me．I stopped playing and stayed locked up sullen．I started to detest studies and my grades plummeted．My interest in everything shrunk and the only thing I did was to lie down and think of her．

She continued to mesmerize me．As soon as I closed my eyes，I could see her face tantalising me．She had rosy－ red cheeks on her ．．．．．a chocolaty complexion，and fescinating little eyes．Her cheekbones were a fraction higher than those of other girls． Her mouth was a little larger； not a big mouth but a playful one．It could stretch into a grimace at will．Sometimes it
flew open in a great laughter and rocked her whole body．She was eloquent and I loved it．I loved the short soft hair that sprang over her forehead even more．

Coming back from school on Friday on a bitter day，I saw her slip and fall；her belongings strewn all over the puddle．No one else was around so I decided to go for her rescue． She had already begun to hoist herself up and was rubbing her wrist by the time I reached her． She got up clumsily，soaked in mud but still she looked as beautiful as ever．I helped her with her belongings and unconsciously blurted out that I loved her．My plan to reveal her was grander but folly was


Never noticed how pious tears are shed，
Nor watched how sorrowful their mothers cry，
When their sons return home in bloody red．

Once heads held high and chests youthfully raised，
Never sees their father proud but sadly lie，
Never noticed how pious tears are shed．
done．I tried to squeeze out as much love，as much intensity， as I could．But I suddenly became aware that she was speaking．And the mouth I had dreamed so fondly said that she hated me．

The words fell on me like a catastrophe．Tears trickled down my eyes and even the sky couldn＇t hold itself and it started raining．I stood there open，broken and vulnerable． The rain slipped into my hair， through my collar，inside the lace holes of shoes but the only thing I felt was a resonating ache．I once loved a beautiful girl but alas！She loves me not． I can do nothing but change and change I shall．

## 回回回

In moments their parents＇ happiness fade，
Never noticed，to smile，how hard they try，
When their sons return home in a bloody red．

Never noticed how lonely their graves are laid，
Nor seen how quickly eyes turn moist from dry，
Never noticed how pious tears are shed．

As their kins pronounce them，＂ immortal dead＂，
None noticed；within their parents do die，
When their sons return home in bloody red．

When their parents mourn deeply at their bed，
All day and night，people turn around all high，
Never noticed how pious tears are shed，
Till their sons return home in bloody red．

## The Man in The Bus



It was getting dark. There was no time to waste. I quickly put all my files in my briefcase and rushed out of my office. I walked briskly down 'Cape Lane' to the main road and finally to the bus stop. I was happy to know that the last bus was yet to arrive. I waited... patiently.

It had been a long busy day. As it was the end of the month, there was a lot to be done in the office. I, too, was very busy the whole day. I had been to the Electricity Office to pay the bills. I had deposited ten vouchers in the bank. I had been to the "Everest Hotel" to book two rooms for our upcoming guests. Like a taxi cab, I had been all around Kathmandu the whole day. But it was over now. I felt victorious and moreover relieved.

There are much fewer buses in Kathmandu compared to the number of people living here. After the electricity and water problems comes the problem of public vehicles. Moreover, the public vehicles halt after dark. Thus I call Kathmandu 'the city of shortages'.

Fortunately, a bus stopped. I scrambled inside. There wasn't
a seat except for the on $e$ at the very back. I quickly moved through the crowd and sat on the seat. I was wondering why the seat had been left unoccupied. Was it simple luck or was it that I had eaten more green vegetables than a bus full of people? But it didn't matter. I was more than happy.
"Are you going to Narayansthan too?" said a voice suddenly. I looked towards my side. My companion was a peculiar looking man; he looked pretty old but was wearing a T-shirt and a pair of shorts. His hair had already grown white. Yet he had a very clear voice. He was staring out of the window. "Are you going to Narayansthan too?" he repeated. "No. I'm going further up to Muhanpokhari", I said.

For about ten minutes, we stayed silent. "There is a real scarcity of buses in Kathmandu, isn't there?" he said then. "The buses don't run at night. It is very difficult to get a bus. Moreover, they are always packed. I wish there were more public vehicles."
"Me too", । said. "The government doesn’t give importance to small things nor complete its big plans. But that's Nepal government, always the same."
"Yeah!" said my companion. "What do you do for a living?" he asked.

I work for DHL. I am an officer there. We are a private postal service provider. We transport letters and goods all around the world." I said. I detected a sudden change in his expression. He looked relieved. "What do you do for a living?"। asked. "I'm an old man. I've already retired. I live on my pension from the Army. ", he said with some hesitation.

We had a pretty long conversation about our lives. He seemed quite humorous. He was a good man to talk to. After half an hour, we reached Narayansthan. He got off the bus. I waved him a hand and the bus moved on. The bus was quite empty now. Muhanpokhari was the last stop. I looked around. Suddenly, I saw a mysterious box on the stranger's seat. "It must be the stranger's", I thought and took it with myself.

On the way home, I passed a police station. There was an officer sipping his coffee outside. When he saw the beautiful box in my hand, he jumped on his feet, grabbed me by my soulders and said . "Sorry sir! But you're under arrest. You're in possession of a very precious stolen property."


## सरकारलाई मेरो पच



मिति: २०७० मड्सिर ૪ आदरणीय,
सरकार
यो विशाल संसारमा स्क्ष्म म, सानै भए पनि खुशी छु। खुशी छु किनभने मेरा नशा-नशामा कालीगण्डकी, कोसी, महाकाली बगदछ् । म खुशी छ किनभने मेरो अङ्ग अङ्गमा ती सधैं मुस्कुराइरहने सेता हिमाल उभिएका छन्। चार कोसे भाडी भएको म कहिल्यै रुन परेन। रून परेन जबसम्म सरकार तिमी यो शरीरमा आएनौ।

तिमी यो शरीरमा आएर मलाई सधैं पीडा दिइरहेका छौ। कहिले काहीं यस्तो लाग्छ कि तिमी मलाई पीडा दिन नै आएका हौ, मलाई सिंगारेर यो संसारलाई चिनाउन होइन । तिमी आयौ, मलाई सुख दिन भनेर तर तिमीले दिन खोजेको सुख मैले कहिल्यै महसुस गरिनँ । तिमी आयौ मेरा छोराछोरीहरूको ओठमा हाँसो ल्याउन भनेर तर मैले हाँसो त के एउटा मुस्कानसमेत देखेको छैन।

तिमीलाई हुकुम गर्ने ती मन्त्री र नेताहरूलाई म घरी-घरी आँखा तन्काई-तन्काई हेछ्छु। भन्न त भन्छन् "सुन्नुहोस् नेपाली दाजुभाइ तथा दिदीबहिनीहरू। तपाइंहरूको पीडा भन्नु मेरो आप्नै पीडा हो जस्तो लाग्छ। मलाई हाम्रो समाजको यो

द्गर्ति हेन पटक्कै मन छैन। मलाई यो ठाउँ विकास गर्न मन लागेको छ र यो मेरो सपना पनि हो। यो हाम्रो ठाउँ विकास गर्ने सपनाले मलाई बेलाबेलामा भस्काइ रहन्छ तर मैले यो ठाउँ विकास गर्ने मौका पाएको थिइनँ। अब पाएँ मौका दाजुभाइहरू, यो चुनावबाट। मात्र एक भोट खसाल्नुहोसू, म तपाईहरूको सेवा गर्ने एक असल नेता बन्ने छु।" तर कहाँ छन् ती नेता सरकार ? कहाँ छन् ? जसले मेरा छोराछोरीहरूलाई विकासको नाममा ठगे।

तिम्रा नेताहरूलाई भनिदेज कि तिम्री आमा रोइरहेकी छिन् भनेर । एक न एक दिन त्यो आँसुले तिमीहरूलाई चुर्लुम्म डुवाउँछ र तिमीहरू तड्पिदै मर्ने छौ भनेर अनि ठूलो स्वरमा भनिदेऊ। तिम्रा नेताहरूलाई यो पनि भनिदेज कि चिल्लो कारमा हिंडेर मात्र समाज बन्दैन। सयौं सिपाहीको सलाममा कोही महान् हुँदैन ।

घुस लिन होइन सरकार, ती नेताहरूलाई माया दिन सिकाइ देऊ। भाषण दिन होइन सरकार ती मन्त्रीहरूलाई भावना बुभ्म सिकाइ देऊ। यही छ मेरो बिन्ती सरकार तिमीलाई।

धन्यवाद !
तिम्री
नेपाल आमा

आमा


आमा तिमी संसार मेंरो प्राण दियौ मलाई नौ महिना गर्भमा राखी जन्म दियौ मलाई।

आमा तिमी भगवान् मेरो हाँस्त सिकायौ मलाई घाउ भए यदि मलाई दुख्यो हजुरलाई।

आमा तिमी शिक्षक मेरो बोल्न सिकायौ मलाई ताते ताते भनीकन गाई ठूलो बनायौ मलाई।

आमा तिमी नयन मेंरो संसार देखायौ मलाई वरिपरि सबै ठाउँ घुमाई ठूलो बनायौ मलाई।

आमा तिमी सेवक मेरो सेवा गचौौ मलाई जति टाढा गए पनि म त सम्फिरहन्छु तिमीलाई । $\div \%$ *


## That BNKS Moment!

Which is my "That BNKS moment"?

Upon facing the overwhelming task of filling the lines of "My Profile" in Bhanjyang, my mind went into complete overdrive. Which moment should I choose to immortalize in a copy of Bhanjyang, and look back upon with fondness even after 30 years? Surely, I could single out the greatest moment of my stay in BNKS, couldn't I? Yep, I thought, I could list everything out and shortlist the best moment to be included in the fateful entry. I started making the list, but to my dismay, I filled out a full notebook and wasn't even close to marking out THAT moment. Nonetheless, I toiled on and 43 hours and 11 thick notebooks later, I finally completed the list of my BNKS moments. Then came the task of short listing everything. Even after trying as hard as I could, I could not find out my BNKS moment. I started worrying about it; I started missing meals and maybe even shed a few pounds and a handful of hair.

Finally, I experienced an epiphany (or an Archimedes moment where he leaped out of his bath and ran around the city naked). I could immortalize all of my BNKS moments in Bhanjyang, and it didn't have to be only in the profile. I could write an article where I could explicitly state the instances that meant the most to me. It was truly my Eureka moment.


So, here we are: me writing about the times that meant the most to me and all of you reading about them. The first and the best moment of my 17 years (Yes! 17 years!) in BNKS must be the day I first set foot in BNKS. No, it was not in 2006, when I started my schooling in BNKS but in 1998, when I was just a year old. I can be forgiven for not remembering the moment clearly but I can never be forgiven for not stating this in the article.

For a BNKS student, the best days of the week are the chicken days. Every chicken day with my tablemates was a pious affair for me. A chicken day was special for me not because of the quality chicken, but because of the friends whom I shared the chicken with. The banter that I shared with them on the course of a meal is the best banter that I will ever share. The chicken days of BNKS deserve to be my other "That BNKS moment".

The Bhojpuri dances of the cultural programs have always held a fascination for the students of BNKS. I was no stranger to the notion and will always cherish every minute that I spent shaking and wriggling every organ of my
body. I could never understand the meaning of the words nor the reason why the singers sang such songs but memorized every lyric of the songs. I won't be surprised if I hum the tune of Lollipop Lagere for the rest of my life.

Being a School Prefect is another highlight of my time in BNKS. The day the prefects for 2014-2015 were announced, and the Principal announced my name in the assembly hall, I got a spine tingling sensation. It was nothing like anything that I had ever experienced before and will be nothing like anything I will ever experience later. You might think I am just advertising for Micromax mobiles, but the time when my name was announced was another great feeling for me.

I have many more moments and anecdotes to share but because of laziness and the word limit, I need to sign out. Budhanilkantha School is the best thing that has ever happened to me and the best thing that will ever happen to me. The 11 thick notebooks will remain with me forever, always reminding me of the wonderful and at times crazy stuff I did in my school days. When I look at this article after 30 years, I will truly know what my "That BNKS moment" was. For now, I will have to manage with "Those BNKS Moments".
P.S: For those of you who are wondering what happened in Gaurishankar Picnic 2014, stay tuned for my blog which will come out in July 2015.

[^3]Nepal Looks to Make Case as Neutral Venue

5063 Ashish Class:A2


With pleasant weather, enthusiastic public and a brand new ground on its way, Nepal could make a serious case to become the next neutral venue for international cricket.

Home to eight of the ten tallest peaks in the world, it is only apt that Nepal is called 'the Home of the Gods'. It seems appropriate, therefore, that Nepal's newest cricket stadium, the half-complete Mulpani Cricket Ground in Kathmandu, is located atop a hill, a little bit closer to the heavens. The ground shares its acronym with a more celebrated stadium from the southern hemisphere, but the Mulpani ground possesses its own charm, with panoramic views of the Himalayas and the growing metropolis of Kathmandu.

Part of the romance associated with cricket revolves around the arena where all the action unfolds, whether it is the ocean-side Arnos Vale Stadium in St Vincent, or the grass banks of the Queenstown Events Centre surrounded by the remarkable mountain range in New Zealand. With Nepal
unlikely to receive Test or ODI status in the near future, there is a reason why the half-built stadium at Mulpani and the other existing grounds in Nepal could be on their way to becoming one of the most picturesque locations for world cricket. This is because Nepal's Mulpani stadium has a chance of becoming a neutral venue, open to year-long cricket due to a climate that makes play possible even during the height of the sub-continental summer. Now, if only the stadium could get ready in time.

Once this picturesque ground is ready, Kathmandu could at least hope to give itself a chance to take the stage as the world's next neutral venue on the lines of Sharjah, Singapore and Toronto. There is no reason why Nepal cannot become a popular neutral venue since the country has good weather for almost nine months in a year and the locals love the sport.

Apart from the Mulpani stadium, Nepal does have a few grounds such as the Tribhuvan University International Cricket Ground (TU Ground) and the Pulchowk Cricket Ground in Kathmandu, which have hosted ICC and ACC events in the past. Outside Kathmandu, there are a few cricket grounds, the best known in Pokhara, Nepal's third-largest city. The TU Ground can accommodate about 20,000 spectators but the others don't have sophisticated seating facilities and are limited to hosting around 5000 fans.

Yet there is a strong case to be made for cricket in Kathmandu - its climate. Temperatures rarely climb above 30 degrees Celsius during the year. June is the hottest time of the year and it can be safely said that most people wouldn't consider it anything short of pleasant. The average rainfall is highest during July-August, but it is rarely more than 400 inches (approx $10,000 \mathrm{~mm}$ ). Between April and September, when the heat and the monsoon restrict South Asia's cricket season, the temperate climate of Kathmandu offers a tempting window for cricket in the region.

Another reason that makes Nepal a promising neutral venue is the local support for the game. Unlike, other smaller cricketing nations, such as UAE and Hong Kong, where teams are largely made up of expatriates, Nepal's national team, comprises indigenous players who have usually come through the ranks playing age-group cricket. Walk into a sports shop in Kathmandu, and one can see that cricket has its place. A quick chat with taxi drivers, security guards and hawkers on the street will tell you that football is still the country's number one sport, but the growing appetite for cricket among Nepal's public is unquestionable, something that national and global administrators of the sport would do well to capitalize on.
$\stackrel{\rightharpoonup}{*} \stackrel{\rightharpoonup}{ }$

## My first art workshop in Leprosy Mission Hospital in Lele，Lalitpur



I am happy to take part in art workshop for leprosy affected people．This workshop was done to encourage the people who were affected by the leprosy disease．Even though the affected people can do better the than normal people． Yet they donot get appreciation or job in the society they are much discriminated．So，leprosy hospital can help leprosy affected people by teaching them some basic skills．

I am also very proud because I got chance to stay and to take part in this huge art workshop with great artists from Nepal and France．Even those reputed artists appreciated my work in the canvas and I was awarded with the cash prize．It was a very wonderful workshop．In this art workshop the greatest artists also helped the leprosy affected people to paint and they also told they should work hard and do much better than that．It was an enjoyable and inspirational workshop for me．

回回回

## Pokali Waterfall

Nepal is a beautiful country full of places oozing with natural beauty．The numerous rivers， hills and mountains have always played a vital role in increasing the name and fame of Nepal．One waterfall which， for me，stands out among the many natural beauties in Nepal is a waterfall，＂Pokali Jharana＂． It is located in Leti village，on the southern parts of Okhaldhunga district of Nepal and is one of the most famous tourist destinations of the area．


The waterfall has definitely helped in increasing the reputation of Okhaldhunga and Nepal as a whole and is one of the most peaceful locations one can find in the country．So next time，when you＇re in a dilemma of choosing new places for travelling，don＇t forget to consider Pokali Jharana of Leti village as a possible destination．

## Determination

7078 Nikesh
Class：10


Determination，I＇m determined to see
See its strength and where it could take me
＂Success，that is where it gets us free＂
Said my teachers and family
Determination，I＇m determined to feel
To feel and to witness is what I believe in
Feel its assistance and respectful command
Up there to success I want you to direct me

Determination，I＇m determined to find
Cause I＇m pointed at for not being determined
But＂I＇m determined to find it＂， I appeal
＂You＇ll never find it pouring over anything＂they shout at me

I never understood what determination is
But I work hard and aim too high，
Too high，although successful is what I really want to be


मिठो सपना


विहानीको घामको सुनौलो किरणसंगै मैले आफ्नो घरको आँगनमा पाइला टेकें। आज कताकता सबै अनौठो महसुस भइरहेको थियो। मलाई त्यो सानो भुपडी आज महल जस्तै लागिरहेको थियो। करिब एक दशकपछि आफ्नो जन्मभूमिमा पाइला चाल्न पाउँदा, मलाई स्वर्गको अनुभूति भइरहेको धियो। ती बूढी आमाको हँसिलो अनुहार अनि वरपरको शान्त वातावरण मलाई नौलो लागिरहेको धियो। घरको पल्लोपट्टि रहेको त्यो नाड़ो पाखामा आज घना जड़्गल देखा पच्यो। सोचें, गाउँलेले रूख रोपेछन् क्यार ! दिउँसोतिर घरबाट बाहिर पाइला चाल्दै थिए, परतिर सड्गीतको मधुर धुन सुनें। अचम्म लाग्यो। मनमा अनेकौं प्रश्नहरू जागे।

म त्यतैतिर लागें। सबै बाटा सफा देखिन्ये। ती फोहोरले भरिएका खाली ठाउँमा समेत रड्गीचड्गी फूलहरू फुलेका थिए। ती फूलमा भमरा र माहुरीको हुल देखिन्थ्यो। मानौँ त्यहाँ कुनै मेला लागिरहेको छ। हिंडद्दै धिएँ, मैले सडकका पेटीमा भोका र नाड़ा बच्चा पनि देखिन, पछि थाहा पाएँ आजकाल त ती बच्चालाई त सरकारले पढ्ने, खाने र बस्ने व्यवस्था मिलाइदिएको रहेछ। वरपर हें, त्यो मधुर आवाज मबाट अलि टाढा हुँदै धियो। मैले अभ छिटो पाइला चालें।
"संविधानले हाम्रो देशमा शान्ति ल्यायो ।" चौतारोमा बसेर बूढापाकाहरू गफ गर्दै थिए। ठूलाठूला साइनबोर्डहरू ठूलाठूला घरमा टाँसिएका थिए। ती साइनबोर्डमा लेखिएका शब्द देखेर सोचें "सायद मेरी सानीभैं अकालमा कसैको ज्यान जांदैन होला।" मेरो अगाडिबाट साना साना विद्यार्थीहरू विद्यालय गइरहेको दृश्य देखियो। खुसी लाग्यो, छोरीलाई पनि स्कुल पठाउन थालेछन् भनी।

सयाँ दूरी टाढा सुनिने त्यो स्वर बिस्तारै आफूतिर नजिकिदै आइरहेको महसुस भयो। बाटामुनि सधैं रक्सी बेच्चे भद्टी भएको मलाई अभ पनि याद धियो। तर आज अचम्म लाग्यो त्यहाँ त रक्सी होइन किताब, कापी बेच्न राखिएको धियो। अचानक त्यो मिठो ध्वानि एक कडा अनि बेसुर स्वरमा परिणत भयो। यस्तो लागिरहेको धियो मानौं बम नै पड्केको धियो। अचानक मन भारी भयो। त्यो डर लागदो आवाज मेरो कानमा नराम्रोसँग गुण्जिन थाल्यो। दुवै हातले दुवै कानलाई छोपें अनि अकस्मात मेरा आँखा खुले। म भसक़ भएँ। मेरा वरपरका दृश्य विश्वास गर्न गाहो धियो। मेरो छातीबाट रगत बदैै थियो। वरपर हेरें, मेरा सबै साथीहरू रगतमा पौडिंदै धिए।

म त सपनाको संसारमा पो डुबैछु। हुन पनि सपना यति राम्रो थियो कि दुस्मनले गोली लाग्दा पत्तै भएन तर आमालाई दशैंमा जसरी पनि घर आउँचु भनी, सधैंका लागि घर नफर्किने गरी जादैदछ भन्ने कुरा थाहा पाएर मुटु दुख्यो। ती रङ्गीन सपना अनि बूढी आमाको अनुहारसमेत

बिस्तररै धमिलो हुंदै गयो। "के मेरा ती सपना साँचा थिए त?" आफैलाई प्रश्न गदैं धिएँ तर अचानक मलाई निन्द्राले आफूतिर तान्यो, अनि म पनि आँखा चिम्लिंदै सधैंका लागि निन्द्रामा परें।

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हाम्रो देश नेपाल सुन्दर, शान्त, विशाल प्यारो लाग्छ मलाई अनि बन्नु छ म असल।

मेचीदेखि महाकाली फैलिएको मेरो ठाउँ प्यारो लाग्छ मलाई यहाँ हो मेंरो गाउँ।

प्यारो लाग्छ मलाई यहाँको विशाल संस्कृत प्यारो लाग्छ मलाई यहाँको सुन्दर प्रकृति ।

यहाँ हो म जन्मेको
यहाँ हो म हुर्केको गर्व गर्छु म नेपालीहरूको र यिनै वीर गोर्खालीको।



प६३ बि．सी．मा जन्मेका शुद्धोधनका पुत्र गौतम बुद्धले नेपालमा शान्तिको बिउ छरे र वृक्ष पनि उब्ज्यो । तर खै आज त त्यो वृक्ष छ कि छैन शङ्कै लाग्छ। शान्तिको दीप बुद्धको जन्मस्थल नेपालमा अहिले शान्तिको कमी भइ रहेको छ। सबैको मनमा एकैचोटी प्रश्न उठ्छ＂कहाँ हरायो शान्ति＂？

भन्डै २७，००० मन्दिर तथा स्तुपा भएको हाम्रो देशमा यसो सोच्दा त शान्ति त चारैतिर छ जस्तो लाग्छ। मन्दिर，स्तुपाजस्ता पवित्र स्थल त शान्तिको संरचना हुन् । तर यति धेरै पवित्र हुँदा हुँदै पनि किन छैन त नेपालमा शान्ति ？

हाम्रा पुर्खाले कायम गर्दै आएको शान्ति आखिर हामीले किन कायम गर्न सकिरहेका छैनौं। यो हाम्रो कमजोरी भन्ने कि व्यक्तिगत स्वार्थ ？नेपालमा शान्ति नहुनुको मुख्य कारण कानुनको पालना नगर्नु हो । पृथ्वीनारायण शाहले नेपाली भूमि त एकीकरण गरे तर नेपालको यो हालत देखदा नेपालीमा एकता ल्याउन भने भुसुक्कै बिर्सेछन् जस्तो लाग्। विश्वको जलस्रोतमा धनी देश नेपालमा आखिर किन विद्युत् कटौती हुन्छ। वीर गोर्खाली बनी जन्मेका हामी नेपालीले सारा

संसारलाई त जित्यौं तर भारतले यति धेरै सिमाना मिचिसक्दा पनि हामी किन चुप लागेर बस्छौं।

शान्ति त नेपालमै छ तर लुकेर बस्न बाध्य छ；यो सबै हाम्रो अराजकताको कारण हो । समाजको सर्वश्रेष्ठ प्राणी त बन्यों तर खै हामी भन्दा अरु प्राणी अभौ बुद्धिमान् छन् जस्तो लाग्छ। मानव सर्वश्रेष्ठ भएको भए त किन शान्ति लुक्थ्यो होला र ？किन चोरी डकैती，हत्या，हिंसा हुन्थे होला र ？ शान्तिको प्रतीक मानिने परेवाको दिनहुँ मासु खाने हामीलाई शान्तिको महत्त्व के थाहा । शान्तिको महत्त्व थाहा भएको भए नेपालको हालत यस्तो हुँदैनथ्यो होला ।

अब त नेपालमा फेरि शान्ति ल्याउन कि त अर्को बुद्धले जन्म लिनुपई्छ कि त हामी नेपालीले हाम्रो बानी र आचरण सुधार्नु पई। नत्र कहिल्यै भित्रिन्न नेपालमा शान्ति । हामी नेपालीकै हातमा छ नेपालको भविष्य， अहिल्यै हामीले हाम्रा नकारात्मक सोचलाई बदल्यौँ भने नेपाल अवश्य शान्त र विकसित देश हुन्छ। वर्षौदेखि संविधानको पर्खाइमा बसेका नेपालीको सपना，पूरा हुनु，वर्षे पिच्छे कयौं नेपाली दाजुभाइको हुने मृत्युको सड्ख्या घट्नु，विद्युत् निकाली नेपालमा विद्युत् कटौती नहुनु；यी सबै नेपालमा शान्ति भित्रिए पछि मात्र सम्भव छन्।

त्यसैले हामी सबै अब एकताबद्ध हुनु पई्छ।＂एक थुकी सुकी，सय थुकी नदी＂भनेकैं हामी मिल्यौ भने नेपाल अवश्य विकसित हुन्छ र नेपालमा अवश्य शान्ति आउँछ।
$\stackrel{\rightharpoonup}{*} \stackrel{\rightharpoonup}{ }$

## मन लाग्यो मलाई



पहिलो पाइला चालिसकेँ， गन्न मन लाग्यो मलाई गन्दा गन्दै सय पुग्यो भन्न मन लाग्यो मलाई ।

वसन्त ॠतुको आगमनसंगै
फुल्ने फूलहरू
नयाँ पालुवा बनेर भुल्न
मन लाग्यो मलाई
गन्दा गन्दै सय पुग्यो
भन्न मन लाग्यो मलाई ।

नयाँ वर्षको समयमा कोकिलले
बोलिदिंदा
यस्तै यस्तै खुशीयाली सुन्न
मन लाग्यो मलाई
गन्दा गन्दै सय पुग्यो भन्न मन लाग्यो मलाई।

च्यातिएको गजल लिई आई दिंदा तिमी सियो र धागो लिई उन्न मन लाग्यो मलाई गन्दा गन्दै सय पुग्यो भन्न मन लाग्यो मलाई ।

पहिलो पाइला चालिसकें गन्न मन लाग्यो मलाई
गन्दा गन्दै सय पुग्यो भन्न मन लाग्यो मलाई।回回回


The fine attachments of my emotional strings with my family members is no less than the perfect blend of colours by an artist to create a masterpiece. That became the chief reason to turn this not so big deal called "adjustment" into my greatest nightmare.

I knew the way a larvae has to emerge out of its cocoon to become a butterfly ! I too had to come out of my comfort zone to become a better and stronger version of myself, but the step of mine into a hostel life was similar to the day when I was thrown into a swimming pool without a life jacket. This time the condition was more pathetic because my dad was not there to provide me a helping hand.

Even today observing the sky, the bright diamonds that looks like mystic troops above me makes me remember that clear horizon, the deep purple sky on my very first day to Budhanilkantha School. Not grown up in many ways I did not know how life looked in its magnified form. After I came out of my shell only then I realized I had overestimated my
capabilities. I know I was a mess but the worst thing I did was letting the thought of running away overshadow myself. As they say, you can see stars only when its dark enough.

My parents trust in me that I had the capacities to turn situations upside down was the only sparkle of light left. First ten days almost killed me but yes, what did not kill me made me stronger. Slowly I turned my weaknesses into my strengths. I still remember replacing homesickness + nervousness = tears into confidence + hope $=$ smile in my life diary.

It is not always the strongest or wisest who is commendable but it is the one who is most adoptable to this unchanging phenomenon called change. Being back to the happy soul had brought the smile back into my face, again observing the things people missed and moments some ignore. 'Smiling from within is the prettiest thing' was what I believed, but this journey enlightened me with the warmth that the most beautiful thing is to see others smiling and even beautiful is knowing that you are the reason behind it. Stepping into a milestone called BNKS taught me it was just a driving desire to do something that could make miracles happen.

This is how my first chapter, a journey to excellence at Budhanilkantha school started.

When You Ignored Me


It was a lovely day of July, Rain was pouring all about, I was with the one on whom I relied
But in heart, love was a rout.
The dance fest had come to an end
And the trophy brought you pride,
Our hearts left unclaimed But still you didn't come to my side.

And then you passed by, I mumbled your name; When you were nearby You were drowned in fame...I caressed the shame!

I addressed my fear, You ignored me, I lost my voice; I lost my mind, my dear, I dived into the sorrow in joy.

And then I thought it over, I analyzed at least you had the fame;
And my heart will forever remain unclaimed.


My Pets


I have one pet that is a dog,
He always chews the same old log;
He is huge but only one year old, His name is bold.

I have another pet that is a cat, Who always sits in a pink mat;

She is cute and beautiful, When she is angry, she acts like abull.

I have other pets that are fishes;
I give them food from green dishes;
There are many fishes in my jar; I take the jar when I travel in the car.

See, how friendly my pets are with each other,
They never ever fight with each other;
Like the dog doesn't chase the cat and the cat doesn't eat the fish,
See! There's no unity amiss.


## Adventure is Fun!

Across the sea, forests and towns
Meeting different people; celebrations with gowns
Meeting new faces and tasty talks
Horrible riding with painful walks
Seeing people sad and people who cry,
Making them smile with a few tries

WiNht




## Siblings: Love or Rivalry



In most societies siblings often grow up together, thereby facilitating the development of strong emotional bonds. After growing up with one younger brother, I have found that the eldest child becomes an authoritative figure and more dominating in nature, but at the same time holds a sense of responsibility towards the younger siblings.

The eldest acts as a teacher and model, and in doing so, enjoys a better status, power and position in relation to the younger ones. I have also noticed that the younger ones tend to feel insecure and inferior and believe that they are always second in line, like when it comes to getting a new bike or a car. This tendency of the younger ones to have insecurity fuels feelings of discomfort which, in turn results into intense jealousy towards the elder sibling.

Sibling rivalry seems to be a feature of siblings who are close to each other in age or of the same gender. Even though the siblings love each other, it
is not uncommon of them to bicker about something and have malice towards the other at times.

The rivalry increases when a child feels that he or she is receiving less attention from his or her parents. The silent competition going on between the siblings is not always negative because the each of the siblings can teach the other new things. Along the road, there might be some conflicts but in the end, the conflicts serve to teach each of the
siblings to be more mature and make sacrifices to be more compatible with each other in the future.

Our relationship with our siblings, for better or for worse, is until death so it is in our own best interests to make the most out of it. The bond among the siblings is among the most special and intimate bonds that one can experience in his/her life. But the true nature of this bond is unknown; is it love or is it rivalry?
$\stackrel{\rightharpoonup}{\diamond} \stackrel{\rightharpoonup}{ }$


## The First Day



I opened my eyes．My head hurt and I was feeling really dizzy．I was staring at an unfamiliar white－washed ceiling．The air was filled with the smell of medicine and a constant beep； only to be broken occasionally by distant shuffling of feet．

It did not take me long to realize that I was in a hospital bed．I was confused．Everything felt wrong．My body ached and as I tried to sit up，a nurse rushed to me and made me lie back onto the bed again．

Moments later，my mom walked into the room and sat beside me．She held my hand． Her hands felt soft and warm against my cold ones．She gave a flickering smile；tears held back．She said，＂You＇re okay honey．＂I was puzzled and wondering what had happened to me when my mind suddenly clicked on．The gunshot．．．

That day began with the somber songs of the birds．In the morning we had heard about the demise of our friend，Fred． He was always at the top of his class and was the favorite of all the teachers．So naturally，we were all shocked when we
heard that he had killed himself with a handful of sleeping pills．

Rest of the day went normal．．． Up until the break．Friends and I were walking through the corridor；the normal blabber of gossip and giggles．That＇s when it happened．Bang．．．The gunshot cut through the whole school，the chatter all dead in its wake．The next thing I knew， the hallway was a blur of motion，and my feet carried me behind the running students．

I found myself inside a crowded library；Students talking in hushed tones and crouching low．The librarian slowly opened the window and motioned us to get out．The students slowly and silently started jumping out the window，as we were in the ground floor．

There was a man in the corridor with a gun．Everyone was scared and some of my friends had even started crying．The man suddenly shouted in a shrill voice that sent chills down our spines．He said， ＂Come out，my son was killed yesterday and someone here killed him．＂Our principal arrived as we heard her voice saying，＂Mr．Charlie please calm down．No one killed your son．．．He committed suicide． None of us are to blame for it．＂
＂No．．．All of you are guilty．He has written to us in his last letter，all of you are guilty．＂Mr． Charlie screamed，now sobbing．
＂He didn＇t have friends．He was alone．Every day，he excelled in his studies but didn＇t have
people to talk to．．．My beautiful son．．．．So come out．Nobody goes anywhere until I find the culprit．＂

Suddenly we heard the police sirens．By that time only some of my friends and I were left in the library．As soon as he heard the sirens the man panicked．He shouted，＂You called the police？ How dare you？＂and he shot our principal．

Hearing the principal shout as the bullet penetrated her belly， I rushed out of the library in utter confusion．The man saw me and aimed．I could see him pointing at my heart and BAM． He shot me．

It was all silence for me after that．When I woke up in the hospital bed，my mom told me that the principal was going to be alright and the man was arrested．She also told me that I had been lying there for eight days now without any response．

Now I realize I am given a new birth．This is my first day on earth and I am with my mother． She is the first person I saw and I am getting the chance to be a renewed person who does not let anybody be an outcast．I have a chance to be the person who helps everyone in need and it is my rebirth．

I have a chance to enjoy my new life and live it to the fullest until death comes to take me away． There＇s a new optimism in life and lam ready to face the world． I also realize that I have become invincible．I beat death now and I am not scared of anything．

絭法类

## Friends



Friends are those who can be trusted
Without friends the life is not counted.

Make friends who have good manners,
Do not forget that they are God's showers.

Make many friends, not few
They are like God, watching over you

Learn to love, not make wars Then you will become the future stars

They are friends who cannot be sold.
Can you recognize who they are and what they hold?


## The Joker

His eyes were gray, they had a mysterious dot, His brows were hidden, he had lashes of invisible sort. There were black dots splattered around his eye socket He had razors up his sleeve and a gun in his pocket.

His hair had green of lime and yellow of shine,
He was a mastermind but hadn't earned a dime.
The cheeks had red, stitched cuts on both ends of the lips, Smiling icily, the head off his rival, he rips.


The white colour had chipped off from the wrinkles on his skin, No beliefs, values or norm, did he have a kin?
His hideous teeth were yellowed, his breath smelled foul;
That noise he made, was it a bark, a roar or a howl?

He wore a tacky purple coat with striped trousers in black, He had no affection or kindness, and common sense he did lack.
He said humans are selfish in everything they do,
Near him, a palpable feeling of creepiness gripped you.
He talked of destructive ideas and always had a pessimistic thought,
Perhaps, he needed a friend or feared becoming naught.


The phone rang. As Ram picked it up, he heard his mother's voice. It said, "Son, Hari is dead."

Childhood memories flashed through his mind. Hari was Ram's cousin and back in their childhood days, they had attended a marriage ceremony together.

The marriage was a great affair and a competition of sorts was organized for the kids. They had to search for some cards that were hidden and the first one would get a reward.

As the competition started, no kid was left standing. Soon enough, a little kid found the card and was just going to return it when someone snatched it from her hands.

The boy submitted the card and won the gift. All that time, Hari had witnessed everything and yet, he remained standing. As the little girl went away, grief could be seen clearly in her face and she started crying. Later, I went searching for Hari. When I found him, he was sitting crouched in the corner, crying, just like the little girl.
$\diamond \diamond \diamond$

## परिवारको प्रतीक्षामा म



राम्रै चलिराथ्यो जीवन खुसी थियो परिवारमा जहानले अन्डा कोरत्दाको आवाज मेरा लागि सुमधुर सङ़्गीत धियो छोराछोरीको चिरबिर मेंरो सपना थियो।

तर, एकदिन यस्तो पय्यो जब वरि परि चारो भेटिएन
सधैं चामल छर्ने ती बाजे पनि
खै कुन्नि किन आएनन्
अब भोकले पेट कराउन थाल्यो घर छाडी जान मन नलागे पनि आहारा त खोज्नु नै थियो पापी पेट पाल्लु नै थियो त्यसैले म उडें।

उड्दा उड्दै मैले पछाड्डि फर्केर हेरं ऊ अभ\% अन्डा कोरल्लमै लागेकी थिई तर मलाई पनि हेरिरहेकी थिई
फर्केर आउँदा आहार ल्याउने कल्पनामा
हो, त्यही कल्पनामा उसले मलाई हेरिरहेकी थिई।

अलि अगाडि पुगेँ अभै केही भेटिएला जस्तो भएन यस्तो लागिरहेय्यो कि आज दैवले नै यो ठाउँलाई आहाराबाट बच्चित गराएको छ।

अभै अगाडि जान भने एकछिन हिचकिचाएँ
किनभने यस ठाउँपारि म कहिल्यै गएको थिइनँ
त्यहाँको हावा, पानी, जमिन

मेरा लागि अन्जान धिए
तर पनि अधि बढें। तर अफसोस् त्यो मेरो भुल थियो एउटा ठूलो भुल
कारण यो कि एकछिन अगाडि बढ़न नपाउंदै
एउटा व्याधाले प्याट्ट गुलेली पड्कायो
र थाहा छैन कुन पापको सजाय पाएँ मैले
तीव्र गतिले छुटेको त्यो मट्याइ्रा मेरो छातीमा पयो
अनि म भरें।

एकछिन पछि उठँ म अनि उठेपछि आफैलाई धिक्कारें किन उठें म ??

मेरो वरिपरिको दृश यस्तो अचम्मको धियो
मलाई लाग्यो, यो देख्नु अधि मेरा आँखा किन फुटेनन्
मेरो खुट्टा बाँधिएको धियो र चरौतितर भुत्ला र रगतको रास धियो।

एकैनोटि मैले त स्वर्गमै आँखा खोलेछु
थाहा छैन कुन पुण्यको कारणले होला म त्यहाँ पुगेछु
मेरो वरिपरि मलाई आवश्यक सब
सरसामान थियो, भोजन थियो म त खुसी हुनुपर्ने हो तर ममा हर्ष धिएन

आफ्नो घर फर्कन म यो सुखमय जीवन त्याग्न उद्यत थिएँ
तर खै मरेपछि बाँच्च नपाइने रहेछ त्यसैले शोकमै मेरा दिन बिताई रहेछु $\stackrel{\rightharpoonup}{\diamond} \stackrel{\rightharpoonup}{ }$


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