

aastha

ANNUAL PUBLICATION

Society of Ex -Budhanilkantha Students
(SEBS)

aastha

Annual publication 2055

sebs *editorial*

aastha in Nepali means belief, dependence and respect. This annual magazine of Society of Ex-Budhanilkantha Students (SEBS) got the name *aastha* due to the organization's belief, its dependence and its respect to brotherhood. Developing a feeling of brotherhood among the ex-students of the school is one of the major purposes of creating SEBS.

Not only among its members, but also in the society as a whole, SEBS has obviously been successful in making its mark by organizing various social and entertaining activities. SEBS is now growing steadily to become one of the best organizations with an example of promoting brotherhood.

This issue of *aastha* basically highlights the activities of the organization held throughout the year and provides a forum to the ex-students to express their experiences after they finished their studies in the best school of the nation.

Nationwide Scholarship Program, folk dance competition, painting competition, free health camp, fun food fair and photo exhibition are some of the activities of SEBS covered in this issue.

I would like to thank all the advertisers for providing support in producing this magazine. And last, but not the least, I would like to thank my colleague Ashish Shrestha for helping me in editorial and advertisement side.

On behalf of the executive committee, I would like to wish all the ex-students of Budhanilkantha School a prosperous future.

Editor

Kosmos Biswokarma

Assistant editor

Ashish Shrestha

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On the auspicious occasion
of
the 28th birthday
of

**His Royal Highness Crown Prince
Dipendra Bir Bikram Shah Dev**

we wish him a long life and happiness

**Society of Ex-Budhanilkantha Students
(SEBS)**

Putali Sadak, Kathmandu



शुभकामना

श्री ५ युवराजाधिराज दीपेन्द्र वीर विक्रम शाहदेव सरकारको २८ औं शुभजन्मोत्सवको शुभोपलक्ष्यमा यस बूढानीलकण्ठ स्कूलका भूतपूर्व विद्यार्थीहरूको संघ (SEBS) ले यो आस्था विशेषाङ्क प्रकाशित गर्न लागेकोमा अत्यन्त हर्ष लागेको छ । यस सहानीय प्रयासको हार्दिक स्वागत गर्दछु ।

नेपालमा राजमुकुट, राजसंस्था, सम्पूर्ण नेपालीको आस्थाको केन्द्रविन्दु भएको कुरा निर्विवाद छ । यस अर्थमा पनि श्री ५ युवराजाधिराज सरकारको शुभजन्मोत्सव एक राष्ट्रिय पर्वको रूपमा मानिनु पर्छ भन्ने मेरो मान्यता छ ।

यस संस्थाले आस्था जस्तो पत्रिकाको माध्यमबाट तथा अन्य किसिमबाट बौद्धिक, शैक्षिक कार्यहरूको गरेकोमा यस संस्थाको उत्तरोत्तर प्रगतिको कामना पनि गर्दछु । यस प्रकारका बौद्धिक कार्यहरूको निरन्तरताका लागि शुभ कामना व्यक्त गर्दछु ।

माथै श्री ५ युवराजाधिराज सरकारका जुनाफमा सुदीर्घ जीवन, सुस्वास्थ्यका लागि हार्दिक मङ्गलमय शुभ कामना चढाउँछु ।

सह-प्रा. पिताम्बर शर्मा दाहाल

अध्यक्ष

बूढानीलकण्ठ स्कूल सञ्चालक समिति

Kosmos heads the new committee

Society of Ex-Budhanilkantha Students (SEBS), an alumni of the ex-students of Budhanilkantha School, formed a new executive committee on August 16, 1997 under the presidentship of Kosmos Biswokarma of 1983 batch who was elected unopposed.

At a brief handover ceremony held at SEBS office, outgoing president Amitabh Rajauriya gave details about the activities of the organization to the new committee.

Newly-elected president Kosmos Biswokarma thanked the previous executive committee and hoped that all the members of the organization will help in the SEBS activities in days to come.

All the office-bearers of the committee were elected unopposed except the post of vice-president. Deepak Pathak defeated his only contender Manoj Acharya in the election for the vice-president. Others elected unopposed are general secretary Laxman Udas Pandey, treasurer Subas Risal and members Ashish Shrestha, Deepak Raj Wagle, Navin Sitaula, Chandraman Maharjan and Sudhir Rajaure. Niroj Bhattarai has been nominated as the member secretary. Subodh Shah and Navin Bhujel were the election commissioners.

Executive committee 1997/98*Kosmos Biswokarma**Deepak Pathak**Laxman Udas Pandey**Subas Risal**Ashish Shrestha**Deepak Raj Wagle**Chandraman Maharjan**Navin Sitaula**Sudhir Rajaure**Niroj Bhattarai*

First meeting on August 21

The first meeting of the new executive committee of SEBS was held on August 21, 1997 under the chairmanship of president Kosmos Biswokarma.

The meeting thanked the outgoing executive committee for its hard work in giving momentum to SEBS and running the organization smoothly.

The meeting decided to nominate president as a representative of SEBS to the Friends of Budhanilkantha School (FOBS), the organization of school parents.

The meeting also decided to include Immediate Past President of SEBS as an ex-officio member of the executive committee. The decision was taken to utilize the experiences of previous executive committee. For this, the meeting has decided to put forward an amendment to the SEBS statute in the next annual general meeting of the organization. The AGM will be held at the end of the tenure of this executive committee.

Crown Prince requested to become patron of SEBS

The executive committee meeting of SEBS, held on November 6, 1997 decided to request His Royal Highness Crown Prince Dipendra Bir Bikram Shah Dev to become a patron of the organization.

A formal request was registered at the Royal Palace gate on November 7.

Crown Prince Dipendra studied in Budhanilkantha School from 1981 to 1988.

SEBS made the decision with a view that the presence of the Crown Prince as a patron will give new impetus to the organization.

Even as one of the hundreds of general members, Crown Prince Dipendra has been actively participating in various SEBS activities.

Auditing by Bhattarai

The auditing of the financial report of SEBS in the year 1996/97 was done by Rajiv Bhattarai and Company.

SEBS would like to thank Bhattarai for his kind cooperation.

*Happy
birthday*

*Crown Prince
Dipendra*

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Bir Bikram Shah
Dev**

a very happy birthday

Bhaktapur Guest House
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Bhaktapur
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Ph: 610670/ 610267

sebs health camp

More than 700 benefited from free health camp

"There are many needy ones who expect organizations, like ours, to do something for them," this was probably in the minds of everybody who went to Nagarkot that day. The day was 4th Ashwin 2054, when SEBS organized a Free Health Camp at Naldum, Nagarkot.

The camp was organized jointly by SEBS and Nagarkot Nal Dum Paryatan Bikas Samiti. It is to be noted that Naldum is in the neighborhood of many resorts and hotels at Nagarkot.

Even such location has not been able to provide basic medical care to the people there. The existing health post is quite far and was closed some time ago.

The place had various health related problems, specifically ophthalmic, vitamin deficiency and many bacterial diseases.

With this background, buildup for the program started a month earlier. Various organizations and individuals were contacted for help. The effort did face many difficulties as lots of public holidays and regular "bandhs" called by political parties prevented us from contacting people and working on the program. However, the response from these organizations and individuals was very generous and the help was mainly in the form of free medicines for the camp. Doctors were contacted to lend their time on this social venture. The response from the SEBS member doctors was heartwarming. List of donors are as follows-

Lotus Pharmaceuticals, Om Hospital and Research Center, Deurali Janta Pharmaceuticals, Medicare, CTL Pharmaceuticals, Christine's Help Foundation, Hoechst Pharmaceuticals, Dr. Jyoti Agrawal, Tridev Pharma and Subendra Joshi.



Local people of Nagarkot turned up in large number at the free health camp of SEBS

On the day of the Camp, a group of 11 doctors and 31 volunteers gathered at the SEBS office. People braved the early morning laziness to assemble early in the morning. The bus left for Nagarkot at 7.30 am. The weather was pleasant and the mood was enthusiastic. The ride to Nagarkot was full of merrymaking and fun, helping to drown the agony of a long drive in a crowded bus. Upon reaching Naldum, an hour late, everybody was taken by surprise. The crowd that had gathered for free health camp was big. The team of 11 doctors (mostly SEBS members) and volunteers had a very busy day from 9.30 am till 5.30 pm.

The following doctors attended the patients at the health camp-

Dr. Abul Kalam, Dr. Shambu Saran Shah, Dr. Bhubanesh Bhatta, Dr. Dhiraj Narayan Tuladhar, Dr. Bishwanath Koirala, Dr. Siddhartha Tuladhar, Dr. Sampurna Tuladhar, Dr. Surendra Chowdhary, Dr. Bhuvan Kayastha, Dr. Dipendra Parajuli and Dr. Mukunda Raj Joshi.

The camp was able to draw many people from Nal Dum and other villages in its vicinity. From dawn to dusk everybody had sweat on their

More than 700...

brows and at the end of it 731 people had been provided health checkup and free medicines worth Rs. 300,000. The number exceeded everybody's expectations and it was good to see so many people responding to this SEBS event.

The camp can safely be called a success, but many questions and insights still arise. The camp was basically a primary one and need for many preventive health programs was felt by all. A very important question also arises, "what was the impact of the camp?" The need for follow up and looking at the problem in a holistic manner was also brought up. More regular and specific free camps was the call of the day. It also surprised many that the place, destined as important for

tourism and only an hour and half drive from Kathmandu, does not have a health post or a proper health care unit.

There are many needy ones out there for us to help and all the donors and people involved certainly need to be thanked for responding to the SEBS call for this social event. Though a very small effort, it must be taken as a step towards helping people in need. SEBS is committed to working for the needy ones and needs many more helping hands. Until then, there is still a long way to go before we can wipe those sweats on our brows.

By Ashish Shrestha



Doctors and volunteers pose for a photo after the hectic day of work at the free health camp

Dr. Sampurna Tuladhar checking one of the hundreds of villagers who turned up at the free health camp organized by SEBS



Pennwood wins the trophy, Monica wins hearts



Pennwood academy students collecting the winning trophy from the chief guest

A traditional dance of fishermen from Dhimal community, performed by Pennwood Academy, won this year's 8th Binod Memorial Inter School Folk Dance Competition organized by SEBS.

Students of the Academy, attired in a typical Dhimal dress, not only won the hearts of the audience with their dance on "Saiwe Saiwe Saya" (meaning Namaste Namaste) but also bagged the Best Performance Trophy of the competition held on May 31 (Jestha 17) at the Royal Nepal Academy.

Held on the occasion of Visit Nepal Year '98, the competition is being organized every year in memory of Late Binod Khadka who was the coordinator of the first competition.

The competition is being organized to promote folk culture of Nepal and to enhance the healthy competition among the school students.

In the competition, a Bhojpuri dance of Rakuakali Higher Secondary School and a typical dance of the Musahar community of Terai region, performed by Galaxy Public School, won second and third spots in the competition.

The youngest dancer, five-year-old Monica Moktan of Mickey's International School not only

enthralled the audience but also walked away with the Best Female Dancer award while Wangchuk Lama of Buddha Academy won the Best Male Dancer award.

Chief guest Dipendra Purush Dhakal, secretary at the Ministry of Tourism and Civil Aviation, inaugurated the competition and gave away the prizes to the winners.

Principal of Budhanilkantha School N.P. Sharma gave away the prizes to the individual winners.

Inaugurating the competition, Dhakal praised SEBS' effort to promote folk culture of the country and said that this type of event will help promote Visit Nepal Year as well.

On the occasion, SEBS president Kosmos Biswokarma highlighted the activities of the organization.

On behalf of the coordinators Navin Sitaula, Chandraman Maharjan and Om Prakash Shrestha, Sitaula spoke on various aspects of the competition.

The dances were adjudged by prominent members of the jury on the basis of originality, presentation, expression, theme, costume and make up, song selection and stage coverage.

The jury members were Mrigendra Man Singh Pradhan, Subi Shah, Honey Shrestha, Chandrakala Rana and Kesh Narayan Shrestha.

Madhu Acharya compered the show which was participated in by 19 schools of the Kathmandu valley.

AHAA noodles partly sponsored the program.

Forum of Cultural Unity on Stage (FOCUS) of Budhanilkantha School performed Jhhaure and Jhangad dances during the break which was not included in the competition.

sebs folk dance

Participating schools

Baba Boarding	Jaun Hai Pokhara
Basanta Ritu	Jhyaure
Buddha Academy	Tamang Selo
Elite's Co-Ed	National song
Galaxy	Dance of Musahar community
Gillette Int'	Tamang selo
GEMS	Jhyaure
Gyanodaya Bal Batika	Pandur of Kumal community
Himalaya Secondary	Jaun jaun relaima
I.J. Pioneer	Nepali film song
L.R.I.	Ratyauli
Mickey's Int'	Newari
New Summit	Sakela chandi (Rai)
Pennwood Academy	Dhimal
Raktakali	Bhojpuri
RIBS	Rit khojda hainsa timro
Southpoint	Rasilo angur
Suryodaya	Rapti khola ko
Valley Public School	Folk dance



Glimpses of the Inter School Folk Dance Competition



JANGALI BADSHAH- This typical dance of the Musahar community performed by Galaxy School, won the third prize in the folk dance competition.

Top photo- Five-year-old Monica Moktan of Mickey's International School not only won the hearts of the audience but also walked away with the Best Female Dancer award in the 8th Binod Memorial Inter School Folk Dance Competition.

Galaxy wins painting competition

Galaxy Public School has won the running trophy in this year's Second Indra Pradhan Memorial Inter School Painting Competition organized by SEBS.

Second and third prizes in the Best Performance category went to the GEMS and Suryodaya Secondary School respectively in the competition held at Budhanilkantha School on February 19 (Falgun 7, 2054).

In the individual category, Rajesh Prajapati of Galaxy walked away with the first prize while Sorit Man Baniya of English Preparatory School and Kofula Shrestha of Galaxy bagged the second and third prizes respectively.

The competition was participated by 53 students from 12 schools of Kathmandu and one from Kabhre, including 16 girl students. The participating students were from classes 4 to 10.

The participants were given three subjects to base their paintings on. The subjects were- Child rights/abuse, Effects of girl trafficking and Impact of over population.

The competition is being organized from last year in memory of famous artist late Indra Pradhan who was an art teacher in Budhanilkantha School. He was born in Ilam in



1944 and died in New Delhi in 1995.

Trained as an artist from Sir JJ School of Arts, Bombay, he exhibited many art exhibitions in Nepal and abroad. Exhibition of his arts was held in March this year at the Nepal Art Gallery where his 123 old paintings were on display.

SEBS started the competition expecting to explore the creative ability of school level students by facilitating them to express their imagination.

The winning paintings were evaluated by a jury of prominent artists of the country- Shashi Shah, Krishna Manandhar and Batsa Gopal Vaidya. These three are the members of the famous SKIB group of painters which also included late Indra Pradhan.

The paintings were adjudged on the basis of composition, imagination, technique and general impression.

The running trophy and other prizes were given by Pitambar Dahal, chairman of Budhanilkantha School Board of Governors, during the 8th Binod Memorial Inter School Folk Dance Competition held on May 31.

Chandraman Maharjan and Deepak Raj Wagle of SEBS coordinated the competition.

Participating schools

Amar Adarsha	two
Bluebird	five
Daffodil	five
EPS	two
Galaxy	five
GEMS	five
Gyanodaya	four
LRI	five
Mt. Valley	five
Panauti Children's Home	two
Pennwood	five
SOS Hermann Gmeiner	three
Suryodaya	five

On the auspicious occasion
of

the 28th birthday

of

HRH Crown Prince
Dipendra Bir Bikram
Shah Dev

we wish him

a prosperous and long life



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Budhanilkantha gave me confidence

By Ajaya Bhadra Khanal

In February 1997 I decided to spend a night at the police post in Pipal V.D.C., a village where seven people had been killed during the Maoist 'People's War'. I knew the risks involved in living under the same thatched roof with the police. But I decided to ignore the threat of an ambush that night—after living with Maoists and the local people in Rukum, I wanted to see things from a policeman's perspective.

As I lay there snug in the cold cloudy evening, listening to the frustration and nagging fear of the police in charge, I realized a world that was vastly different from my own. Apparently on the wrong side of the fence — due to no fault of his own — the gaunt looking sub-inspector had anxiety written over his face. He asked me why things had to be this way and why people misunderstood each other so much.

A lot of people have to suffer because they either refuse to free themselves from their self-made cocoons or cannot feel the world of others. In a society where most of the people are driven by their self interests, we need compassion to end the misunderstanding. It needs knowledge and hard work. But in the case of the unsettling People's War, all this was missing.

Journalism can be a very important tool in fostering understanding and creating a sense of identity. I believe that it is the role of journalism to deal with enduring human issues, and help (or lead) people in their search for truth, beauty and compassion. Although journalism should cover

daily issues, its contribution to meaningful social experience is one of the most important. Journalism is a mixture of art and utility and one should not be separated from the other.

In this context, as events happen around me I try to understand them differently and communicate them differently. I look beyond news and events and try to build patterns and trends. For me every cultural activity — whether written text, human behavior or social trend — is a sign or a semiotic act on the basis of which I try to create a new set of understanding. Every individual or institution has its own strategy for creating knowledge. Understanding the way they struggle to create a sense of purpose gives new insights into individuals and culture.

Trying to understand such strategies and communicating them has now become my guiding principle. But in adopting this I have come a long way from the childhood days in Tanahun, where I was born.

Until the time I was sent to Budhanilkantha School, a renowned public school, at the age of nine, my world consisted of the village experience — the paddy fields, lime-washed mud walls, buffaloes, dirt-covered children, colorful smell of rituals, chanting of mantras and excited adult voices discussing politics in the evenings. It also consisted of the exciting stories on my father's lap. Looking up into the night sky filled with the Plough and the question-mark-like Great Bear, I would then ask him, "Which is the farthest place from our village?" His answer would vary. "Humla (a far western district)," he would sometimes say. At other times he would say America, or, impatient at the repetition, point to the starlit sky. His answer never mentioned Rukum, or Taplejung, or Japan.

These were the days when the most remarkable experience of my life was being taken to Tanahunsur, the place from where the kings of Tanahun once ruled, and looking down far south to an eight kilometer stretch of the Prithvi Highway. The heavy first gear of old Tata buses would sound from somewhere far away and I would strain my eyes along a hazy line weaving through the green hills. My joy would know no bounds when, suddenly, I would see a speck moving along.

Budhanilkantha gave me...

It was a different world when I was enrolled at Budhanilkantha. And I still remember the time when I had a discussion with my cousin while I was in class eight. Bent on proving that my school was no better than his, he started on a Socratic dialogue asking me what was good about my school.

"We are taught geography where we learn all about the physical attributes of the earth and their influence on the living beings."

"So do we," he said. "Next."

As I tried to think all the good things about my school—the vast range of extra-curricular activities, the aids in teaching, the teachers, the excellent library—he refused to be convinced.

Deep down I knew that there was something better. But I could never put it in words.

I think I can never put it in words. Still I know that my life would have been different if I had not studied in Budhanilkantha School.

Combined with my nostalgic village years, the world that the books and teachers in

Budhanilkantha School opened to me has been a base from which I have been able to develop.

In fact one my achievements has been to acquire critical thinking skills and insights into understanding interdisciplinary issues. I have learnt to see the system of similarities and differences between various forms of artistic expression - cinema, music, photography, drama, painting and architecture — even while learning to see issues that spread from one field to another. While studying I have always remembered T. S. Eliot ("Where is the wisdom we have lost in knowledge? Where is the knowledge we have lost in information?") and have been careful never to be lost in the maze of information.

I now look at myself as a liberal individual and get a lot of satisfaction from the way my education has been. It has given me a strong sense of purpose, and a confidence to move ahead in the path I am taking.

** Khanal (batch of 1985) is managing editor of The Independent weekly*

श्री ५ युवराजाधिराज दिपेन्द्र वीर विक्रम शाह देव

सरकारको

२८ औं शुभ जन्मोत्सवको सुखद उपलक्ष्यमा

मौसूफ सरकारको सुस्वास्थ्य, सम्बृद्धि एवं दीर्घायुको लागि

हार्दिक मंगलमय शुभकामना टर्क्याउँदछौ ।

गेहाउण्ड इलेक्ट्रोनिक्स

तथा

ईमेज ट्यान्ल परिवार

SEBS founder president felicitated

His Majesty King Birendra Bir Bikram Shah Dev gave away a Letter of Appreciation to Bimal Nepal at a function organized in Budhanilkantha School to mark its Silver Jubilee on Mangsir 24, 2054.

The Letter of Appreciation was given by Budhanilkantha School for Bimal Nepal's contribution in the progress and reputation of the school.

Budhanilkantha School, which was established as the country's only national school in 2028 B.S., celebrated its Silver Jubilee organizing various activities throughout the year from Mangsir 2053 to Mangsir 2054.

Bimal Nepal is the founder president of



Society of Ex-Budhanilkantha Students (SEBS). Besides running a carpet factory, he is also working as a treasurer of Central Carpet Industries Association.

On the occasion
of

the 28th birthday
of

**HRH Crown Prince Dipendra Bir
Bikram Shah Dev**



we wish HRH

a very happy birthday

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First inter school food festival: A good experience

Society of Ex-Budhanilkantha Students (SEBS) organized a new event this year- SEBS Mela, a fun food fair- on 2nd Jyestha 2055 at the garden of Bhrikuti Mandap.

It was a different kind of Mela in the sense that it was the first-ever "Inter School Fun Food Festival."

The food festival was a competition among the participating schools. The schools were to put up food and/or games stalls. The food were prepared by the students themselves.

The games stalls were also organized by the students of their respective schools.

There were four schools in the fray- Galaxy Public School, ShriDewa Secondary School, Alpha's Secondary School and Paragon Public School.

With momo, chat, rolls, cutlet, hamburger to drinks, one could get anything as his/her wish. SEBS members, along with the schools, put up some games stalls like Hit the cans, Beat Michael Jordan, Choose the number and Bingo, to name the few. The basketball game, Beat Michael Jordan, put up by Paragon Public School was very popular among the visitors and students.

To liven up the environment, a musical group comprising of SEBS members- Ghintang, provided live music to all. Drinks and Ice cream stalls arranged by SEBS, provided relief to the people from the warm sunshine. A light drizzle provided a break to the participating students and volunteers.

This Mela was a new experience to SEBS as a whole. Though the number of participating schools was small, a new beginning was made. The Mela had its own share of difficulties and



This basketball scoring game of Paragon School was the most popular for youngsters

troubles. The putting up of stalls, organizing volunteers and getting sponsors were equally difficult. There were few who had some knowledge of organizing this kind of event. It was all the spirit of SEBS and teamwork which made this event possible. There is no doubt that many improvements need to be done in the future.

The achievement of this program was the experience gained and inception of a new SEBS activity which will increase inter school interactions in a fun filled way.

All the participating schools put their heart and soul to prepare food and arrange entertaining games.

In the end, ShriDewa Secondary School's food stall, with its rolls, cutlets and cool lassi, was chosen as the "Best Stall" of the day.

A crystal trophy was handed over to them by the principal of Budhanilkantha School, N.P. Sharma, during the 8th Binod Memorial Inter School Folk Dance Competition.

The four participating schools- ShriDewa, Galaxy, Paragon and Alpha's were also given the certificates for making the first ever event a successful one.



Budhanilkantha School principal N.P. Sharma giving away a trophy to the winner of Best Stall

Galaxy was one of the four schools to participate in the SEBS Inter School Fun Food Festival



Ghintang band performing a live music at the fun food festival

NSP provides scholarship to 125 students

Among various SEBS activities, Nationwide Scholarship Program (NSP) is the most outreaching and ambitious program taken up by the organization.

Under the program, SEBS raises funds and uses its nationwide network of ex-students to support the education of bright and needy high school students in various parts of the Kingdom.

Since its inception in 1991, 125 high school students from 32 districts of Nepal have benefited from the program. Out of these 61 have already graduated from high school, 15 have benefited partially and 51 are being sponsored this year in 18 districts.

The NSP is presently run by an autonomous working committee of four persons.

NSP working committee-

Laxman Udas Pandey (Acting chairman),

Sunil Sainju (International coordinator), Sushil Poudyal (Secretary) and Uddhav Shrestha (Treasurer)

Outgoing working committee-

Shyam K.C. (Chairman), Jagadish Bhattarai (Secretary), Anand Rajouria (Treasurer)

Besides these office-bearers, there are district coordinators in districts where the program has been undertaken.

**Nationwide Scholarship Program
Districtwise Glance 1998**

Districts	Total	Graduate	Partial	Ongoing
Baglung	3			3
Bajura	3	1	2	
Banke	3			3
Bardiya	2	2		
Chitwan	6	3		3
Dang	8	4		4
Dolakha	11	2		9
Doti	2	2		
Gorkha	6	1	2	3
Humla	2	2		
Kalikot	4	2	2	
Kapilbastu	5			5
Kaski	4	2		2
Kathmandu	1		1	
Mahottari	3	1	2	
Makwanpur	1			1
Morang	2	2		
Mugu	2		2	
Nawalparasi	4			4
Okhaldhunga	3	3		
Palpa	7	2		5
Panchthar	3	2	1	
Parbat	3	3		
Ramechhap	11	9	2	
Rautahat	1			1
Rolpa	2	2		

Siraha	10	8	2
Surkhet	2	2	
Syangja	3	3	
Tanahu	2		2
Tehrathum	4	3	1
Gulmi	2		
TOTAL	125	61	15

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sebs feature

A walk down the memory lane

By Sagun S. Lawoti

There's been quite a change in school. The girl students a major one. Maybe the present students may look over or might not find its relevance but ask a soul like me, who grew up seven years with no girls around, would exactly understand what I mean.

It was one of those old boys' reunion days- I know the term 'boys' is outdated and irrelevant now. I personally realized it through an experience. Like I said, it was of those days and we were gathered in the Assembly Hall. And suddenly a young woman walks in. So I turned to my side and asked, "Why is this girl here?" The obvious answer to that was: "She's an ex-student!"

Now, should minds like me be blamed?

In that sense, we 900A batch was one of the last to live through the 'only boys' spirit of the school- though we got to see two girl students join the O level. To recall, ours was also the last batch which never got to use the swimming pool.

Definitely not a conspiracy theory, but somehow, there existed a pool prior to our entry in 1981- it got spoilt, was the story narrated to us then. Also, blame it on our not-so-lucky fate, the existing pool was built right after we left in '88. But we should be grateful, there was Bishnumati river and Balaju pool which came to our rescue occasionally.

But more than that one should appreciate the fact that he or she got to study in Budhanilkantha School. One basic reason is, of course, the quality of education. But more than that, it was the atmosphere that institution brought up its products in. The school provided far better and more complete education than prescribed by the syllabus.

There was an important thrust in sports- that ranged from athletics to football to golf to shooting to orientation. The picture was similar with public speaking, theatre works, music, film shows, photography and the rest. That definitely showed on the overall personality development.

However, there never existed any professional counselling- besides the guidance from some teachers on personal level which could be compared to the ones you get at home and elsewhere in our kind of society.

Now my personal experience.

My academic performance went down towards the end of my schooling. This brought up concern in Headmaster down to Housemaster and teachers, not to mention my family. Be it at home or at school- with due respect to their concern and effort to get me going good- I should admit, that sound of the 'lecture' I received was similar.

To sum up, all had but the same thing to tell. Be serious, if you don't be so now, then when will you be? SLC (the Iron Gate) is so close, if you don't do well now when will you? Your performance will have an immediate effect on your career. So study hard!

To cut the story short, the punchline was study! study! and study. And at one point, it had become so repetitive, I used to just sit through those sessions for the heck of it. I mean listening to those concerned voices had become so routine that, later, it had little or no impact on me.

But let me compare this to my situation in Bangalore from where I did my graduation. Overall, my situation was no better. I had the same feeling in me! I'm good with class proceedings, can exactly understand what's going on but never can do well with the revision. So I fail.

But that slowly changed, it started with my

A walk down the...

visit to the college student counsellor- who used to come three days a week, three hours each time. There I was not only told of the importance of study and the need for personal effort, but also shown the way to do it.

She made me study time table- breaks for tea, lunch, newspapers etc. included- and asked me to follow it. First time in life, this soul with all those 'lectures' behind was told to study this way. More important, I was asked to come back. And follow ups soon changed my attitude and also my performance.

In other words, she was a coach who not only talked of the need and the importance of scoring goals, but also enlightened the team on strategy and the ways to score. Now wouldn't that a make a difference?

**Lawoti is a journalist associated with
The Independent weekly*

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a prosperous and long life



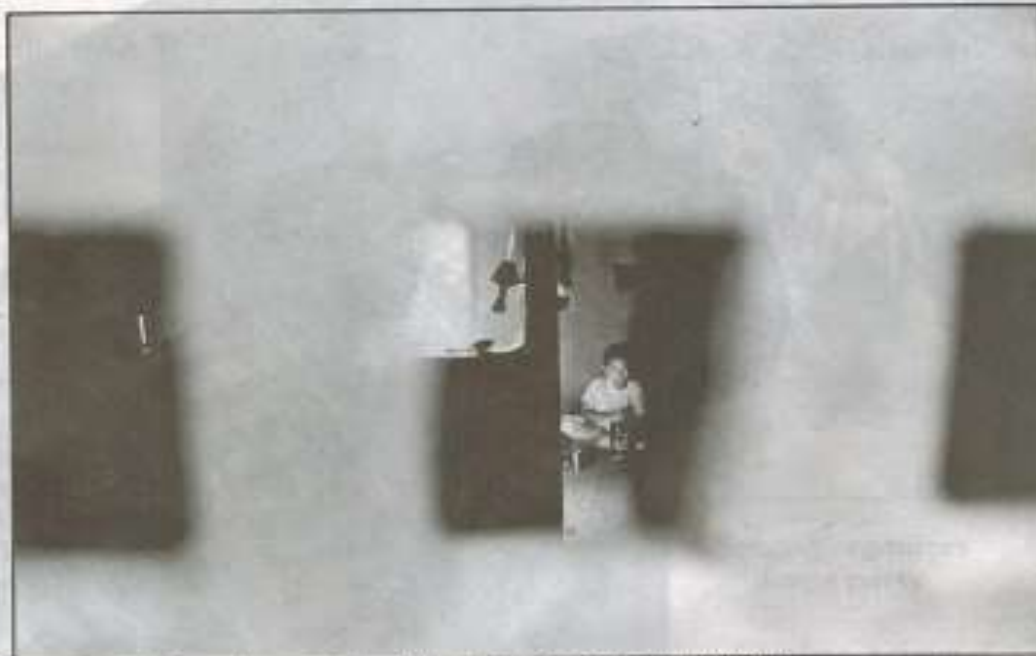
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Sagun exhibits his creations

Journalist Sagun Sunder Lawoti staged his debut solo photo exhibition, "Space and Perception, a voyage with the lens" at NAFA Art Gallery from March 28 to April 3.

HRH Crown Prince Dipendra Bir Bikram Shah Dev graced the exhibition unofficially during the week at NAFA.



Room with a view: One of the photographs in Sagun's exhibition

SEBS president Kosmos Biswokarma was on hand to welcome the Crown Prince who keenly went through the photos displayed at the exhibition.

Earlier, former Prime Minister Lokendra Bahadur Chand inaugurated the exhibition.

Sagun who took up photography as a hobby had put 58 colour and black and white photographs on display.

Like his subjects, the locales for his creations also varied- from Panchthar to Rome and from Kathmandu to Western Samoa.

His skill lied in recreating a sense of wonder at the space around him by defamiliarising its contents.

His characteristics as it appeared from the exhibition lay in evoking patterns of light and shadow that are slightly removed from the scenes you see everyday.

The artist says, "The photographs on display were my response to time, situation, place and event. It could be said that's how I reacted through the viewfinder in those fraction of seconds."



Sagun Sunder Lawoti

From the Visitor's Book

"Very impressive. I wish you all the best."
Crown Prince Dipendra

"You have produced a wonderful collection of photographs. Many interesting perspectives."
Jan Salter

"Good work, as the title suggests you have the vision (perception) which quite often people lack." Capt. K. B. Limbu

"Good work, keep it up," Pradeep Yonzon



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SEBS members trek to Shivpuri

As decided earlier by the SEBS executive committee meeting, a group of SEBS members went for a short trek to Shivpuri hill, overlooking Budhanilkantha School, on Poush 15, 2054.

Starting from Mohan Pokhari above Budhanilkantha temple, the SEBS members went up to the Shivpuri hill and came back through the Tokha route during the day-long trek.



Ghintang organizes dance party

Ghintang, a group of 7th 'B' batch students, organized a dance party at Dakshinkali Club Resort on May 2 (Baisakh 19).

Termed as the Ghintang's Cool Spring Dance Party, the program turned out to be a successful one as about 200 people gathered around the poolside while some swayed their body in western music.

HAPPY NEW YEAR!

Some of the SEBS members celebrating Nepali New Year in Baisakh at the SEBS office



We wish

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1 Year	11.75	13.00	13.75	-	12.00	13.25	14.00	-	12.20	13.50	14.25	-
2 Years	12.20	13.50	14.25	15.21	12.40	13.70	14.50	15.50	12.60	13.90	14.75	15.71
3 Years	12.50	13.80	14.65	16.11	12.60	13.90	14.75	16.24	12.80	14.10	15.00	16.51
4 Years	12.70	14.00	14.90	16.68	12.80	14.10	15.00	16.81	13.00	14.25	15.25	17.01
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Komal Karki	Rajesh Babu Shrestha
Mahendra Lawati	Abhinav Narsingh Rana
Suresh Acharya	Gajendra Bohara
Vijaya Narayan Shrestha	Madan Limbu
Susham Man Singh	Amitabh Rajauria
Bir Bahadur Dangora	Biswodhar Tuladhar
Chandan Acharya	Pranab MS Pradhan
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Umesh Shrestha	Gyanendra Pradhan
Shailendra Sapkota	Rajan Nepal
Bhaskar Upadhyaya	Sunil Piya
Raghubir Pandey	Meghendra Shahi
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Those who want to become life member of SEBS, you have to be the ex-student of Budhanilkantha School and pay Rs. 1,000.

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SEBS upcoming events

SEBS Sandhya-

This cultural program is being organized by SEBS every year to raise funds for its other social activities.

This year's program, to be held at the Royal Nepal Academy hall on July 4 (Ashadh 20) Saturday, will include an hour-long comedy of famous comedian duo Madan Krishna Shrestha and Haribansha Acharya. Their program called "Remote Control" will also include Rajaram Poudel, Kiran K. C. and Dilip. The first half of the program will be a musical one with young and old pop artists rendering their best songs. Senior pop artists include Sunil Upadai and Sanjaya Shrestha while the younger generation is represented by none other than Navin Bhattarai, who is not only a famous pop star at present but is also a member of SEBS. Beside them artists like Mohan Bhusal, Mamta Dipbim, Guess Who, Sharmila Bardewa and Kusum Bhattarai will also entertain the audience. Angel's Band will play the music.

SEBS Reunion-

The reunion of ex-students of Budhanilkantha School will be held at Budhanilkantha School on July 11 (Ashadh 27). The reunion day will start with football, volleyball and basketball matches with the school teams. Lunch will be provided in the school.


AGM-

Annual General Meeting of SEBS will be held on the Reunion day on July 11 (Ashadh 27) at the assembly hall of the school. The election for the new executive committee for the year 1998/99 will also be held on the same day.

You and Your Career-

A career guidance program for school leaving students- You and Your Career- will be held on July 24 (Shrawan 8) at the auditorium of Godavari Alumni Association (GAA). The program will be jointly organized by SEBS and GAA. This is the first time that the alumni of St. Xavier's School and Budhanilkantha School have joined hands to organize a program.

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of
the 28th birthday
of
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a prosperous and long life



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OCCUPATION :

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Please fill this form and drop at SEBS Office,
Contact 411390 or send it to P.O.Box: 3616, Kathmandu
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(SEBS)

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a very happy and prosperous birthday
a prosperous and long life



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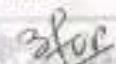
SOCIETY OF EX-BUDHANILKANTHA STUDENTS
PO BOX 3616, KATHMANDU, NEPAL

RECEIPT & PAYMENT ACCOUNT for the year ended on 16th July, 1997


<u>Receipt</u>	<u>F.Y. 1996/97</u> Rs.	<u>Payment</u>	<u>F.Y. 1996/97</u> Rs.
Opening Balance :		Expenses Mentioned	
Cash in Hand	710.42	Printing & Stationary	3,939.50
AD Bank(Ratnapark)	17,277.44	Renewal & Registration Fee	590.00
AD Bank(Bagbazar)	629.74	Maintenance	569.00
Fixed Fund (Opening)	200,000.00	Misce. Exp.	56.00
Income :		Newspaper & Periodicals	1,044.00
Election 2053/054	2,984.00	Telephone Charges	6,482.20
Life Memberships	7,000.00	Salary & Allowance	42,270.60
General Memberships & Renewals	2,844.00	General Body Exp.	7,939.75
Donation for Computer Fund	3,670.00	SOTR Publication	1,161.00
Donations	5,919.50	Health Camp 2053	1,463.50
Income for Rent	34,218.00	Office Rent	36,744.00
NSP Grant	12,000.00	Reunion 53	12,122.00
Dance Competition	241.00	You & Your Career	591.00
SEBS Sandhya 2053	50,000.00	Closing Balance :	
Election 2054/55	1,212.00	Cash in Hand	7,105.55
SEBS Sandhya 2054	18,372.00	AD Bank(Ratnapark)	56,635.72
FDR Interest	22,324.92	AD Bank(Bagbazar)	2,910.13
Saving Interest	2,220.93	Fixed Funds	200,000.00
	381,623.95		381,623.95


As per our separate report of even date


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