

Progress Report for year 2019/2020

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The SEBS Executive Committee (Ex-Com) for 2019/2020 was elected on September 2, 2019 and the team took over the responsibility after a handover ceremony on November 4, 2019. During its first year of tenure, the Ex-Com conducted the following activities.

#### 1. Formation of Committees

### a. BNKS Support Committee

In order to streamline SEBS' support to Budhanilkanthat School, the Ex-Com formed the SEBS BNKS Support Committee under the leadership of Hemendra Bohra (978A). Members include Manusmriti Baral, Srijana Chettri (590B), and Tilak Dhital (7005D). SEBS has signed two MOUs with the school for:

### i. Guidance Counseling Support

This effort is led by Hemendra Bohra and Srijana Chettri, with active support of Uttam Sharma (849B) and several alumni volunteers. This team works closely with the Vice Principal to assist Budhanilkantha School's efforts around guidance counseling, including supporting senior students and recent alumni with preparation for college application and career advice. Activity highlights include:

- One-day externship to provide an opportunity for senior students to interact with alums at their workplace in their fields of interest. In January 2020, over a period of two weeks during the winter break, a total of 24 alums from 20 organizations hosted 31 students. The sectors covered included animation, architecture, banking, computer science, economic research, engineering, genetics, journalism, law, medical sciences and sales.
- During October 2019 February 2020, eight alums closely supported 25 students with their US college applications.
- Ongoing workshops on personal statements (essays) and application processes.
- Information sessions on applying to UWC, UK, MBBS, and Germany.
- **Support and mentoring** to prefects and club leadership to develop leadership skills.
- **Resource and sharing** through emails, MS Teams Channel, FB groups, online groups, Head of Houses.
- Recruited intern (part-time, with stipend)
- Support through dedicated email (<u>bnkssupport@sebs.org.np</u>) and office hours.
- Reached over 300 students/alums in the past year.



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• Helped several students register/pay for SAT during lockdown.

### ii. Digitally Transformed, Connected BNKS

The team led by Hemendra Bohra (978A) mobilizes SEBS and alumni-affiliated organizations and individuals to support the goal of a digitally transformed and connected BNKS. It plans to assist the school in hardware & infrastructure, software & applications, training and in defining the framework for digital transformation and crafting an IT policy.

A total of 35 laptops were purchased and donated to BNKS as part of the Covid Relief effort. Bharat Kandel (819B) is taking the lead in providing support with MS Teams, Office 365 and use of email, and helped migrate the school to the MS system. Saurav Khakurel is working on the network map.

#### b. BNKS Anti-Harassment and Anti-Discrimination Committee

The Ex-Com formed the BNKS Anti-Harassment and Anti-Discrimination Committee in response to recent articles and online discussions on harassment and discrimination that alum faced while at Budhanilkantha School. The Ex-Com reached out to current senior students of BNKS and recognizes the need to address the issues raised by the discussions by working closely with the school to improve the school environment. Bikash Gupta and Mansi Dahal lead the team and Barsha Dharel (685C) is the spokesperson. Vice Principal Deepak Kayastha has been nominated as the school representative to the committee.

The task force conducted its first formal meeting on August 21, 2020 with Vice Principals Deepak Kayastha and Timila Shakya Acharya Vice principals of the school confirmed to take the pointes discussed in the meeting and take the necessary steps required for signing up memorandum of understanding (MOU) between the committee and Budhanilkanth School

#### c. SEBS Emergency Task Force

With the onset of the COVID-19 pandemic, it was noted that SEBSers were also being affected by it directly and indirectly. A global meeting of SEBS decided to launch a coordinated effort to support its members and the community who were in need. In order to manage the donation drive effectively, the Ex-Com in consultation with SEBS-NA, SEBS-UK/Europe and SEBS Australia formed an Emergency Task Force led by Saugat Lama - 617C (SEBS Vice President) and includes Hemendra Bohra (978A), Supun Dahal (4051D), Tilak Dhital (7005D), Ganesh Chand - 3004D (General Secretary, SEBS UK/Europe), and Rajan Bhattachan - 878A (President,SEBS Australia).

Given SEBS' history of supporting its members and the community in general during times of natural disasters, health and medical needs, and other forms of financial



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crises and need, the Ex-Com plans to transform the SEBS Emergency Task Force to a standing SEBS Members Support and Emergency Relief Committee.

#### 2. Events

### a. Dashain Gathering



On September 29, 2019, the Ex-Com organized its first event, the Annual Dashain Gathering, at the Good Mixer Café Bhaisepati. The event was attended by over 60 participants from the first batch to recent graduates from 9000D.

### b. Women's Networking Event

On January 4, 2020, SEBS conducted its first Women's Networking event Cocina Mitho Cha, Lazimpat. This was done to promote our female SEBSers to become active in SEBS community and also to build a strong connection of sisterhood among fellow alumni. The executive committee would also like to thank Hemendra Bohra for funding this event. Despite it being the first of its kind and the unfavorable weather of that day, a total 15 female **SEBSers** attended the event.







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#### c. Breakfast Club





In January 2020, the Ex-Com started organizing Saturday morning breakfasts at the SEBS office, as a means to provide an opportunity for members to connect in an informal setting on regular basis. Although

the plan was to hold the Breakfast Club at on alternate Saturdays, it is currently on hold due to the COVID-19 pandemic.

### d. Anti-Harassment Training

Following the approval of the SEBS Anti-Harassment Policy by the 37th AGM of SEBS, the Ex-Com organized a training for Ex-Com members as required by the policy. Srijana Chettri (590B), a SEBser who has professional experience on the issue, facilitated the workshop. Held on February 1, 2020, the workshop included an introduction to sexual harassment and harassment of all forms, legal provisions, contextual reference in terms of BNKs and SEBS, and provisions and Ex-Com responsibilities outlined in the policy.



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### e. 7-a-side Football Tournament



On February 2020, SEBS hosted a mini football league among members in Budhanilkantha School. Although SEBS expected to have more participation, tehre were enough members for two teams only.

### f. Hike to Shivapuri

On March 14, 2020, SEBSers hiked to Nagi Gumba located in Shivapuri National Park. Although the participation was not as expected, members enjoyed the day.



## 3. COVID Relief Project and BNKS Laptop Donation

With the global pandemic, many SEBSers were affected directly or indirectly by this crisis. The SEBS Emergency Task Force took the lead in coordinating SEBS' response to the pandemic, with support from the Ex-Com and SEBSers around the world including SEBS-NA, SEBS-UK/Europe and SEBS-AU. The efforts included:

 Collected data of SEBSers who could either support or were in need of various forms of support, including financial need, as people started to run



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- out of money due to lockdown or job loss, need for protective gear for health workers, mental health counseling, a space for isolation.
- Received 36 responses, out of which, 60% of the responses were from people willing to support for the cause. Among the people looking for support, most were suffering due to job layoff and others needed help as they were undergoing scarcity of basic resources. SEBS was able to support three members who were in need of immediate financial support. Members who were abroad and needed support were referred to SEBS-NA, SEBS-UK/Europe and SEBS-AU.
- Budhanilkantha School requested SEBS, SEBS-NA, SEBS UK/Europe and SEBS Australia for 35 laptops in order to effectively conduct online classes. The team in coordination with SEBS-NA, SEBS UK/Europe and SEBS Australia and individual SEBSers was successful in raising the funds required to purchase the laptops. Between May 29 and June 13, 2020, 35 laptops were delivered to Budhanilkantha School. The some amount of the remaining fund will be used to donate fewmore laptops to the post-SEE students' laptop pool of BNKS, when the school reopens while other will be transferred to SEBS emergency fund and will be utilized to help SEBSers.

### 4. Meetings and Consultation

Over the past year, the Ex-Com conducted meetings and consultations with various members as well as with external institutions.

# a. Meeting with Budhanilkantha School and Friends of Budhanilkantha School (FOBS)

Ex-Com members attended a couple of meetings with Budhanilkantha School and FOBS Ex-Com members to discuss the construction of an auditorium in School. The Ex-Com appointed Chandan Mishra as the SEBS representative to the Auditorium Construction Committee.

### b. Meeting with Past Presidents

On November 22, 2019 and July 11, 2020, the Ex-Com held meetings with past presidents to get support and advice on various contemporary issues. Sixteen past presidents were present in the meetings. Major points expressed in the meeting were following:

- Based on its constitution and its representation in the Board of Trustees (BOT) and School Management Committee (SMC) of Budhanilkantha School, SEBS is defined as an alumni organization.
- Registration as an NGO was required as per the laws of the country at that time of registration.



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- If required we can amend the constitution of SEBS, so that it reflects more clearly of its status as an alumni organization. SEBS could even reconsider re-registration with the appropriate authority.
- SEBS should prioritize its activities in the following manner: meeting the needs of its members, Budhanilkantha School and community, and the nation as a whole.

### c. Meeting with Batch Representatives

The Ex-Com held a general discussion with Batch Representatives on how SEBS could better communicate and support its members. The Ex-Com requested all batches to create their own 'Batch Fund' which can come as a financial aid for SEBS and SEBSers in times of emergency rather than raising fund on an ad-hoc basis.

### d. SEBS Global Meeting

The Ex-Com held an online, global discussion on how SEBS can support its members during the current COVID-19 pandemic. The meeting was organized by SEBS in coordination with SEBS-NA, SEBS UK/EUROPE, SEBS Australia and as well as SEBSers from different countries, including Japan, India, Spain. The SEBS Emergency Task Force was formed as a result of this discussion.

### 5. Updates

### a. Batch Representatives

The Ex-Com has updated and completed the list of batch representatives and reached out to all representatives. Please find the list as an annex at the end of this report.

#### b. SEBS Database

Srijana Chettri (590B) coordinated this effort, with Chandraman Maharjan, Hemendra Bohra (978A), and Rastra Bhushan Khadka (267B). This effort merges previous efforts at data collection and aims to collect information that would enable SEBS to be more effective at facilitating networking and member support. Till date, a little over 800 members have filled in their details.

In order to address the need for guidance around data use and protection, the team reached out for support to develop a data policy. Anjib Shakya and Hitesh Karki provided technical support in drafting the SEBS Data Policy, and Anjan Neupane (817C) and Bolaram Pandey (904A) provided legal review support. The initial draft policy was reviewed by the Ex-Com, and then shared with SEBS-NA, SEBS-AU, and SEBS-UK/Europe for inputs. The updated draft was then shared for feedback from



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the general SEBS membership. The team submitted the final policy to the Ex-Com for approval at the AGM.

## c. National Scholarship Program (NSP)

NSP dispersed the amount to Rukmi Ghorasainee from Bloom Nepal as per last year's contract. No new scholarship was provided this school year because of the COVID-19 pandemic and closing of the school.

NSP is looking forward to awarding scholarships to BNKS students as well as needy students studying in public schools of the country. It is also considering supporting some students as well as educational activities of the Sri Devi School at Suryabinayak Municipality, Bhaktapur. The school was reconstructed by SEBS after the 2015 earthquakes.

### 6. Changes in SEBS Executive Committee

The following changes took place in the executive committee 2019/2020 within the past year.

- Prabhat Giri (4133 D), Treasurer, moved to Australia for his further studies.
- Tilak Dhital (7005 D) was appointed as the new Treasurer.
- Vidhan Rana (349 C) joined as the Immediate Past President
- Abhishek Basnyat (879 B), Rajendra Khatri (051 C) and Aastha Neupane (9002D) joined as nominated members to the Ex-Com.



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### Annex

## **Batch Representatives**

BatchRepresentativesA100Lok Subba (160A), Radheshyam Joshi (143A)A200Piyush Kayastha (223A), Mahendra Lawoti (216A) Karun Thapa (365A), Bhaskar Upadhyay (329A), Rabindra Kumar Uprety (300A), Bimal Kumar Khadka (334A), Laxman Pun (367A)A400Raju Tamot (435A)A500Suman Meher Shrestha (533A)A600Dhan Bahadur Lama (626A)A700Jiblal Pokharel (713A), Praveen Raj Chalise (794A)A800Mahesh ShresthaA900Anup Lal Manandhar (988A)B000Pranab Lohani (014B), Utsav Maden (080B),Sikhar Bahadur Swar (033B)B100Sujan Subedi (135A), Bidur Adhikari (171B)B200Sujit Baskota (229B)B300Laxman Udas Pandey (328B), Lojak Lama Ruit (315B), Sushil Paudyal (303 B)B400Anjib Shakya (479B)B500Samrat Dahal (526B), Krishna Chhetri (503B)B600Rajendra Adhikari (656B)B700Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B)B800Upendra Born, Shyam Nepal (803B)B900Bishan Wagle (952B)C000Kaushal Sapkota (041C)C100Bickey Rimal (111C)C200Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)C300Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)C400Shrochis Karki (444C), Aakash Mohpal (411C)C500Bishnu Bahadur Thapa (568C)	Batch	Representatives
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B100 Sujan Subedi (135A), Bidur Adhikari (171B)  B200 Sujit Baskota (229B)  B300 Laxman Udas Pandey (328B), Lojak Lama Ruit (315B), Sushil Paudyal (303 B)  B400 Anjib Shakya (479B)  B500 Samrat Dahal (526B), Krishna Chhetri (503B)  B600 Rajendra Adhikari (656B)  B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B)  B800 Upendra Bom, Shyam Nepal (803B)  B900 Bishan Wagle (952B)  C000 Kaushal Sapkota (041C)  C100 Bickey Rimal (111C)  C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)  C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)  C400 Shrochis Karki (444C), Aakash Mohpal (411C)	A900	Anup Lal Manandhar (988A)
B200 Sujit Baskota (229B) B300 Laxman Udas Pandey (328B), Lojak Lama Ruit (315B), Sushil Paudyal (303 B) B400 Anjib Shakya (479B) B500 Samrat Dahal (526B), Krishna Chhetri (503B) B600 Rajendra Adhikari (656B) B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B) B800 Upendra Bom, Shyam Nepal (803B) B900 Bishan Wagle (952B) C000 Kaushal Sapkota (041C) C100 Bickey Rimal (111C) C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C) C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B000	Pranab Lohani (014B), Utsav Maden (080B),Sikhar Bahadur Swar (033B)
B300 Laxman Udas Pandey (328B), Lojak Lama Ruit (315B), Sushil Paudyal (303 B)  B400 Anjib Shakya (479B)  B500 Samrat Dahal (526B), Krishna Chhetri (503B)  B600 Rajendra Adhikari (656B)  B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B)  B800 Upendra Bom, Shyam Nepal (803B)  B900 Bishan Wagle (952B)  C000 Kaushal Sapkota (041C)  C100 Bickey Rimal (111C)  C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)  C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)  C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B100	Sujan Subedi (135A), Bidur Adhikari (171B)
B400 Anjib Shakya (479B) B500 Samrat Dahal (526B), Krishna Chhetri (503B) B600 Rajendra Adhikari (656B) B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B) B800 Upendra Bom, Shyam Nepal (803B) B900 Bishan Wagle (952B) C000 Kaushal Sapkota (041C) C100 Bickey Rimal (111C) C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C) C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B200	Sujit Baskota (229B)
B500 Samrat Dahal (526B), Krishna Chhetri (503B)  B600 Rajendra Adhikari (656B)  B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B)  B800 Upendra Bom, Shyam Nepal (803B)  B900 Bishan Wagle (952B)  C000 Kaushal Sapkota (041C)  C100 Bickey Rimal (111C)  C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)  C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)  C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B300	Laxman Udas Pandey (328B), Lojak Lama Ruit (315B), Sushil Paudyal (303 B)
B600 Rajendra Adhikari (656B) B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B) B800 Upendra Bom, Shyam Nepal (803B) B900 Bishan Wagle (952B) C000 Kaushal Sapkota (041C) C100 Bickey Rimal (111C) C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C) C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B400	Anjib Shakya (479B)
B700 Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B) B800 Upendra Bom, Shyam Nepal (803B) B900 Bishan Wagle (952B) C000 Kaushal Sapkota (041C) C100 Bickey Rimal (111C) C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C) C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B500	Samrat Dahal (526B), Krishna Chhetri (503B)
B800 Upendra Bom, Shyam Nepal (803B)  B900 Bishan Wagle (952B)  C000 Kaushal Sapkota (041C)  C100 Bickey Rimal (111C)  C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)  C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)  C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B600	Rajendra Adhikari (656B)
B900 Bishan Wagle (952B)  C000 Kaushal Sapkota (041C)  C100 Bickey Rimal (111C)  C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)  C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)  C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B700	Pukar Malla(718B), Sriprasad Bhandari (720B), Chandra Maharzan (768B), Pasang Lama (763B)
C000 Kaushal Sapkota (041C) C100 Bickey Rimal (111C) C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C) C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B800	Upendra Bom, Shyam Nepal (803B)
C100 Bickey Rimal (111C)  C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)  C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)  C400 Shrochis Karki (444C), Aakash Mohpal (411C)	B900	Bishan Wagle (952B)
C200 Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C) C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	C000	Kaushal Sapkota (041C)
C300 Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C) C400 Shrochis Karki (444C), Aakash Mohpal (411C)	C100	Bickey Rimal (111C)
C400 Shrochis Karki (444C), Aakash Mohpal (411C)	C200	Bibek Joshi (286C), Deepak Shah (212C), Suman Mandal (263C), Surya Prasad Dulal (269C)
	C300	Abishek Ghimire (311C), Sophiya Shrestha (308C), Bijaya Babu Shiwakoti (355C)
C500 Bishnu Bahadur Thapa (568C)	C400	Shrochis Karki (444C), Aakash Mohpal (411C)
	C500	Bishnu Bahadur Thapa (568C)
C600 Paurakh Rajbhandary (6122C), Puja Sharma (653C)	C600	Paurakh Rajbhandary (6122C), Puja Sharma (653C)
C7000 Purnima Ghale (7113C)	C7000	Purnima Ghale (7113C)
C8000	C8000	
C9000 Shambhujit Balayar (909C)	C9000	Shambhujit Balayar (909C)



Progress Report for year 2019/2020

D1000	Abhishek Upadhyaya Ghimire (106D)
D2000	Sabril Lamichhane (205D), Prabhat Bhattarai (2112D)
D3000	Subhaya Man Nakarmi (3145D)
D4000	Prithvi Khadka (4080D)
D5000	
D6000	
D7000	Era Poudel (7039D)
D8000	Mallika Pudasaini (8060D)
D9000	Siddhartha Bikram KC (9132D), Anjila Rijal (9004D)